NATIONAL NURSES WEEK 2019
AMERICAN NURSES ASSOCIATION

4 million REASONS TO CELEBRATE

GET WELL. STAY WELL. BOTHWELL.
Nursing care is special

Prospective patients will go where they feel they can get the best care, and where their dollars will be well spent. The nursing staff at Bothwell Hospital is one of the biggest reasons people rely on Bothwell.

Working under the guidance of Director of Nursing Irene Spears, R.N., 296 nurses staff 11 different nursing stations 24 hours a day, 365 days a year. Three shifts of supervisory, head nurses, R.N.’s, L.P.N.’s and highly-qualified nurse assistants and cleresters provide specialized nursing care for the following hospital areas:

Pediatrics: A nine-bed unit for children up to 12 years of age has special beds to meet the needs of children admitted there. Television, toys and books are available to provide entertainment and supervision.

Obstetrics: The maternity unit has two labor rooms, two delivery rooms, an examinating room, four beds near the nursery station for women with special problems or caesarean-section patients, 12 beds for post-partum care and others for emergencies. Family-centered care is available for those who choose it, and husbands who have participated in expectant-parent classes may be present during delivery. Visiting hours are 7 to 9 p.m. because of specialized routine care.

Nursery: The nursery is equipped to care for well babies and babies requiring special equipment or nurses’ care. Nurses may be in their mothers’ rooms from 8:30 a.m. to 5 p.m. except during visiting hours if certain criteria are met; all babies are returned to the nursery at night. Nursery personnel may be called for assistance at any time. If it is necessary to transfer a baby to another hospital, arrangements are made to do so in an expedient and appropriate manner.

ICU and CCU: The intensive care and cardiac care unit in a nine-bed unit with special beds and monitoring equipment designed to care for any patient needing close observation or special care. A registered nurse is always present.

Emergency Room: Emergency care services are available in the community 24 hours a day. A physician is either present or on call at all times. Casts are applied or removed, minor surgery is performed and many diagnostic tests are performed, as well as general emergency care being provided.

2 West, Medical/Surgical: About 150 beds are designated for surgical and medical patients in five different units. Patients are assigned to rooms according to their individual needs, such as age, illness and whether or not they smoke. The 2 West unit has 22 single-bed rooms, 18 for medical and 18 for surgical patients. Each room is equipped with an intercom so patients may talk
Having ‘courage to care’ sets nurses apart

By LINDA FAULHABER
Sedalia Democrat

Organizers were right on target in selecting “Nurses Have the Courage to Care” as the theme for National Nurses Week, Bothwell Regional Health Center employees said Tuesday.

“I think caring is a major component of being a nurse,” said Peggy Jewell, a family nurse practitioner in Bothwell’s new minor care clinic.

“Many times it’s not the high-tech skills we possess, it’s not that we can be excellent in diagnosing where the problem is or that we have great understanding of physiology. It’s simply the ability to care that makes the difference in a patient’s good or bad outcome,” she said.

Jewell was one of four Bothwell employees invited to discuss their views on nursing before peers at the hospital. The panel discussion was one of several activities planned in conjunction with National Nurses Week May 6 to 12.

“I didn’t grow up with the dream of becoming a nurse,” said Jewell, who started out majoring in speech and debate at Emporia State College, Kan. She changed her major after spending her freshman summer working with residents at a nursing home. She’d worked in the kitchen the previous two years.

Jewell said she “made a great nursing assistant” and learned to treat the elderly with dignity and respect — attitudes she has tried to instill in fellow health care professionals during her 20 years in nursing.

“I just cringe when I hear people complaining about the old people,” Jewell said. “I found out that summer and many, many times since then how much we have to learn from them.”

Like Jewell, Dora Shedl said she tries to follow the Golden Rule when treating patients.

“It’s the little things,” Shedl, a nurse for 30 years, said. “It’s closing the door at night when it’s noisy” on the ward. “It’s being quiet when you go into a room. It’s asking them if they need

Mary Jane Graves, an RN at Bothwell Health Center, talks with Kay Young from Greenridge, while checking her blood pressure Wednesday afternoon in conjunction with National Nurses week.

See NURSES, Page 2
THANK YOU FOR ALL YOU DO!