NOVEMBER 2018

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



ACCUBOOST

Bothwell first in state to add AccuBoost treatment option for breast cancer

Bothwell has brought to Sedalia a relatively uncommon technology to treat early-stage breast cancer. Bothwell's Susan O'Brien Fischer Cancer Center is the first in Missouri to offer the treatment option known as AccuBoost.

The treatment is thought to be safer and more effective than traditional methods, particularly for patients who opt for Breast Conservation Therapy (BCT).

Here's how it works: When a woman gets a lumpectomy, she typically

READ MORE ON PAGE 2 ▶



From left: Whitney Wessing and Erica Kammerich, radiation therapists; Dr. William Decker, radiation oncologist; Kara Sheeley, chief radiation therapist; and Russ Gerber and Jonathan Monson, physicists.



EMPLOYEE OF THE MONTH Lizzy Ulmer

NEW PROVIDERS Meet Dr. John Russell, Teri Martin, NP

BOTHWELL FOUNDATION 2018 Benefit a big success!

Continued from the previous page

undergoes several weeks of radiation to keep cancer cells from spreading to surrounding tissue. These treatments have drawbacks, such as burns on the skin and "scatter" radiation that can hit healthy organs.

AccuBoost instead uses a mammography machine to compress the breast and special applicators that deliver a much more precise dose of radiation to the targeted area. The tungsten applicators direct the radiation exactly where it's needed and away from where it's not. Because the therapy is non-intrusive, AccuBoost also eliminates device-related infections and complications.

"We're excited to be the first cancer center in Missouri to bring this technology to our patients," said Tom Bailey, chief operating officer at Bothwell. "When we talk about scatter dose, the less is better, and with AccuBoost, the radiation can be targeted much more precisely where it's needed, sparing the normal tissue from the radiation."

"We're excited to be the first cancer center in Missouri to bring this technology to our patients."

- Tom Bailey, Bothwell COO

Not every breast cancer patient needs boost treatment, but having the technology gives patients who do qualify for it, another treatment option. The hospital also is raising money to purchase a stereotactic table to help with diagnosis.

"We also have added a breast coil, which allows us to perform MRIs of the breast," Bailey said. That also helps to make a more accurate diagnosis.

BOTHWELL BOARD OF TRUSTEES INSTALLS NEW OFFICERS

The Bothwell Board of Trustees installed new officers at its most recent meeting on Nov. 27.

Cam Jennings was elected chairman, and Joyce Foster was elected to replace Jennings as secretary. Dave Floyd remains vice chairman of the board.

Former Chairman Larry Foster resigned from the board in October, citing personal reasons. Sedalia Mayor John Kehde appointed Jeff Wimann to complete Foster's term on the board.

The Sedalia City Council this month also increased the size of the board from nine to 11 members, adding Mayor Kehde and City Administrator Kelvin Shaw to the board.



Cam Jennings



Dave Floyd



Joyce Foster



Jeff Wimann



John Kehde



Kelvin Shaw

AROUND BOTHWELL

BOTHWELL INTERNAL MEDICINE WELCOMES DR. JOHN RUSSELL

A Sedalia native, Dr. John Russell, D.O., has joined the team at Bothwell Internal Medicine.

Dr. Russell is certified by the American Board of Internal Medicine and has practiced medicine for more than 27 years. He focuses on adult illness, all organ systems and a range of medical subspecialties.



Dr. John Rusell

Dr. Russell earned his Doctorate of Osteopathy at the University of Health Sciences in Kansas City, Missouri. He completed his residency at Saint Louis University Deaconess Hospital. He joins Gregory Doak, M.D., and Amr Edrees, M.D., at Bothwell Internal Medicine. To schedule at appointment, call 660-827-2730.

BOTHWELL SOCIAL WORKERS PASS LCSW EXAMS

Whitney Brooks and Claire Spotts, both social workers in Bothwell's Social Services Department, recently passed their exams to become Licensed Clinical Social Workers. Whitney and Claire have spent the past two years in supervision under Kiwi Popyk to become eligible to sit for the exam.

Congratulations, Whitney and Claire!



Whitney Brooks

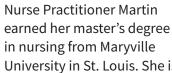


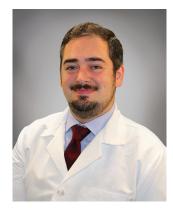
Claire Spotts

EAR, NOSE AND THROAT WELCOMES DR. ANDREW FUSON, TERI MARTIN

Andrew Fuson, M.D., and Teri Martin, FNP, are the newest providers at Bothwell Ear, Nose and Throat.

Dr. Fuson is a temporary provider while a permanent ENT physician is being recruited. He earned his medical degree from Louisiana State University and completed his residency at George Washington **University Medical Center** in Washington, D.C., with a focus on otolaryngology head and neck surgery. Dr. Fuson treats people of all ages for various common conditions such as ear and throat infections, allergies, asthma and tonsillitis. With his additional training, he also specializes in head and neck masses, facial trauma, skin lesions, sinonasal disorders and more.





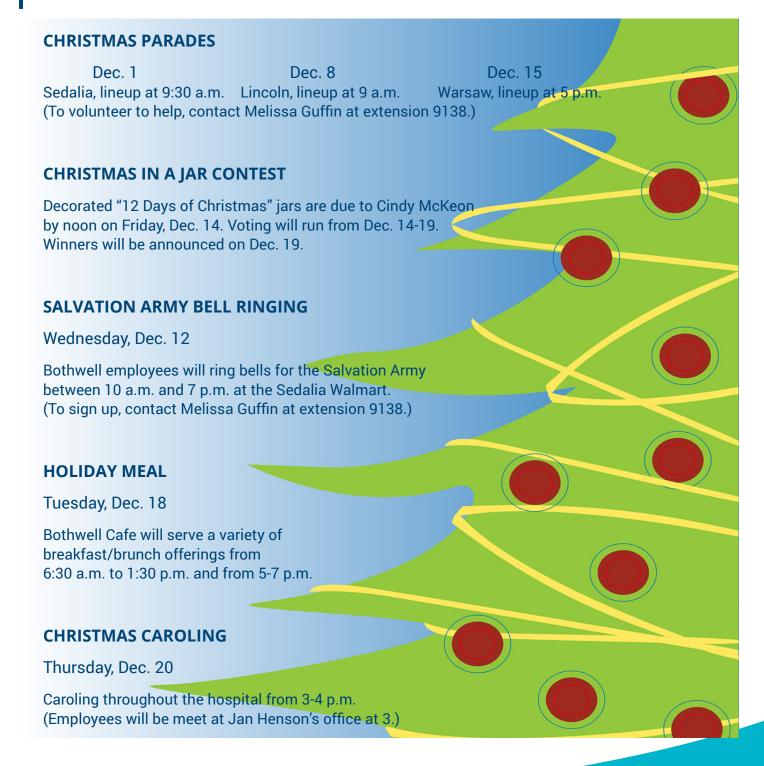
Dr. Andrew Fuson



Teri Martin, FNP

University in St. Louis. She is a family nurse practioner, certified through American Nurses Credentialing Center. Before coming to Bothwell Ear, Nose and Throat, Martin was a charge nurse for 11 years at Lee's Summit Medical Center. She also has worked as an adjunct nursing instructor at State Fair Community College in Sedalia and as a circulating and scrub nurse in the operating room at University of Kansas Hospital in Kansas City, Kansas.

BOTHWELL HOLIDAY HAPPENINGS



EMPLOYEE OF THE MONTH Lizzy Ulmer

Lizzy Ulmer is the BRHC Employee of the Month for November. Ulmer, a clinical education specialist, was praised in her nomination for her positive attitude and her commitment to patients and colleagues.

"Everything Lizzy does is with a smile and a cheerful attitude," the nomination said. "She takes pride in her work and is very friendly, respectful and polite."

The nomination said Ulmer is eager to help her coworkers and other departments.

"Lizzy is professional in every sense of the word. She treats everyone with compassion and consideration," the nomination added.

Congratulations, Lizzy, on being named Employee of the Month for November!



Lizzy Ulmer

Taylor LaBounty

NEW EMPLOYEES

David Adereyko Ear, Nose & Throat Mary Anderson **Environmental Services** Monica Brant Pain Clinic Breauna Buckner OB/GYN William Caddell **Environmental Services** Cozetta Chalfant **Repiratory Therapy Dalton Christian** Physical Therapy **Judy Davis** Labor and Delivery Cathy DeJonge **Skilled Nursing** Doris Ellis Same Day Surgery Rachael Free 2 Southwest Jonni Gainous Pathology Samantha Gravitt 3 Southwest Dietary **Hunter Harvey April Jacobs** Dietary Jessica Jimenez **Environmental Services**

Environmental Services

Teresa LaRose Teresa Martin Galina Morgunenko Shannon Oblinger Amy O'Brien Megan Parks **Becky Payne Kelsey Potter Brittany Rhoads** Brandi Rockett Dr. John Russell Heather Sadler Summer Self Tatyana Shevchenko **Christina Shipps** Cassandra Wilson **Janice Young**

3 Southwest Pathology Ear, Nose & Throat **PACU Emergency Department** Health Information Services. Surgery Dietary **Health Information Services Skilled Nursing Environmental Services** Internal Medicine Health Information Management 2 Southwest 2 Southwest Dietary Ear, Nose & Throat

Orthopedics & Sports Medicine

Carla Keele

SALUTES!

These staff members were singled out by patients and their family members through complimentary messages to Patient Advocate Blaire Riley. Our "Salutes" for November go out to:

Todd Nappe Security Lesa Poola 2 Southwest 2 Southwest Toiya Pitts Susan Nelson 2 Southwest 2 Southwest McKenzie Kusgen

Brooklin Hunnel Wayne Smither Kaylene Wheeler **Becky Leiter**

Lizzy Clark Pam Ehlers

Twanna Ashley Julie McCammon Erick De Guzman Sarah Fredrickson **Grace Edgar**

PACU

Perioperative Services **Surgical Services Surgical Service**

PACU PACU

Emergency Department Emergency Department Emergency Department Emergency Department Emergency Department

STAR AWARDS

Terrance Cline

Amber Allain **Bothwell Family Health Dustin Bell Environmental Services** Kelly Bolin **Skilled Nursing**

Women's Health Janet Bombella Sandi Bowlby Truman Lake

Mary Box **Emergency Department** Occupational Therapy Gina Braden Whitney Brooks **Social Services** Gracie Bruha Same Day Surgery

Nursing Administration Kim Cox Admitting

Diane Crouch Same Day Surgery **Steve Davis** Administration Bobbi Dorr **Skilled Nursing** Janette Dunkel Truman Lake Pamela Eckhoff Cole Camp

Sherri Egbert **Emergency Department**

Sharon Eikel Truman Lake Christa Frame **Skilled Nursing** Marcia Gorrell **Social Services** Ann Green Marketing

Respiratory Therapy Cindy Harris **Brooklin Hunnell** Same Day Surgery

Brooke Huskisson Critical Care

Lesley Jackson **Emergency Department**

Tim Jackson Security

Olga Jaquez **Progressive Care** **Christine Jones** Same Day Surgery

Denny Jones PACU Angela Kammeyer Dietary Sue Kitto Orthopedics Joy Knox **Family Medicine** Todd Nappe Security

Linda Long Cole Camp Stephanie Louiselle Cole Camp

Patient Financial Services Terri McCarthy

Susan McMannama Cole Camp Truman Lake Kailyn McMillin

Patti Meek **Patient Financial Services** James Neal Materials Management Diana O'Connor Patient Financial Services

Stacey O'Donnell Cancer Care

Shelby Osburn **Emergency Department**

Christina Pakhnyuk 2 Southwest Natalie Paxson **Skilled Nursing** Sarah Priesendorf Orthopedics

Taylor Ragland Emergency Department

Sandy Rangitsch **Cancer Care Em Schofield PACU**

Alisha Schroeder **Emergency Department**

Tracie Southerlin Truman Lake

Ashley Walters Orthopedics and Sports Medicine

Jeanne Waters Surgery Tiffany Willis Pharmacy Annie Wolf **Skilled Nursing**

BOTHWELL FOUNDATION NEWS

2018 BENEFIT A BIG SUCCESS!

The 2018 Bothwell Foundation Benefit was held on Saturday, Nov. 3, at The Venue in Downtown Sedalia. Guests were able to view the brand new event venue (the old CW Flowers Building) while raising funds for the Bothwell Foundation's Stereotactic Campaign.

More than 260 guests socialized and enjoyed dinner, drinks and a short program featuring the story of Bothwell Regional Health Center patient Dharma Leon. After the program, guests were entertained by magician Josh Farley.

This year's event set a new record by raising more than \$106,000. Funds will be used towards the purchase of a stereotactic breast biopsy table for Bothwell Regional Health Center.

Thank you to all who attended, volunteered, and supported this year's event. We appreciate all that you did!

FINAL FUNDING REQUESTS FOR 2018 ARE DUE DEC. 12

Funding Requests are due to the Bothwell Foundation office by Dec. 12. The Bothwell Foundation Funding Request process and form can be found on the Intraweb under Forms/ Foundation Forms.

If you have any questions, please contact the Bothwell Foundation office at ext. 7786.





260 guests attended the 2018 Bothwell Foundation Benefit at The Venue in Sedalia. The event raised more than \$106,000. which will be used towards the purchase of a stereotactic breast biopsy table for Bothwell Regional Health Center





BOTHWELL FOUNDATION NEWS

EMPLOYEE GIVING DONORS

Laura Akin* Amber Allain** Sarah Anderson* Dakota Arnold Nichole Aulisio Tom Bailey** Lisa Bailey* Diane Bergman** Shelby Bergman** **Emily Beyers Dover Biery** Cecile Bircher* Patty Bock* Janet Bombella** Jennifer Bottcher Debbie Bredehoeft Leora Bremer Whitney Brooks** Kathy Brown Michelle Burgin* Kayla Butler* Rachel Caldwell** Jean Carter* Brandy Chamberlin* Jamie Chavez Trudy Clawson* Deborah Clemmer* Donna Cline* Tammy Coffey* Linda Cook Sarah Cordes* Debbie Cornine* Lauren Cox* Ruth Ann Cramer Bev Crawford* Diane Crouch*

Steve Davis* Terri Deer* Terri Deer Janeice Dodick** Marc Dougherty Bobbi Doyel Karen Duensing* Jay Eastlick Sherri Egbert** Mel Engelman Jessica Evans Pamela Evans* Beth Everts** Thomas Fairfax* Wendy Fairfax * Jenny Force** Philip Fracica* Kris Freeman* Teresa Friedlander Kelly Glascock** Kaylei Gooch Ann Green* Elizabeth Green* Mary Lou Grose Melissa Guffin** Montye Hagele* Haylee Hageman Christel Harms* Christy Harms Leslie Harris** Cathy Harrison* Tami Hesseltine* Ja Ellen Hickman Veronica Hiller* Dawn Hoff

Denise Hoffman*

Iennifer Hofstetter** Lucy Hughes David Jasper* Janice Johnson Kathy Johnson* Laura Johnson* Marilyn Johnson* Macayla Johnson Joshua Keeran Lillie Keinath** Jana Kennedy** Kory Kephart* Sue Kitto* Sarah Knott* Gia Kuhns* Emily Kullman* Michele Laas* Rick Langdon* Kristen Largent* Sharon Larson* Michael Lemler* Jolene Leonard Natasha Ligon Chet Mackiewicz Leah Mahin* Julie May* Cynthia McKeon* Rose McMullin* Patricia Meeks* Karla Melton Rita Mergen* Marsha Miyashiro* Beth Morrison* Keith Morrow* Todd Nappe

Mackenzie Hoffman*

Thank you to all our employees who participated in our first Employee Giving Campaign. Together, we raised \$28,309.

Shasta Nardi* Susan Newsom* Ashley Newton** Brad Nicholson* Diana O'Connor Pavel Ogorodnik* Rachel Owens* William Parris* Natalie Paxson** Roxana Paxton Tammie Peace** Teresa Pennock Kim Perez** Sarah Plante Jamie Poppinga* Kiwi Popyk-Wyatt* Jennifer Raines* Patricia Reynolds* Marilyn Richardson Blaire Riley Celia Roasch* Susan Roe** Maggie Schaffer* Teri Schilb** Shirley Schlobohm Natalie Sims Jami Sleeper* Julie Slocum Randall Smith* William Smith Diana Sokolowski Tracie Southerlin*

Brooklyn Spencer Carolyn Claire Spotts** Donna Sprinkle Ellen Stevens Delanie Swisegood* Lisa Tanguay* Jody Teague* Lisa Theisen* Lauren Thiel** Christopher Trotter Elizabeth Ulmer** Jennifer Unkel Yaneth Uvario Jeremy Vesperman Tammy Walker* Margaret Walters Virginia Ward** Cheryl Ward* Denise Wernli Robert Wideman* Dianne Williams** Annie Wolf* Rebecca Wooldridge Brittainy Zimmerscheid*

^{*} Donating to Stereotactic biopsy campaign

^{**}Donating to multiple campaigns

FOUNDATION NEWS In Memory Of

The following memorials were received:

In memory of Dr. Donald Eldenburg

Central Missouri Podiatry Inc. Womens Health & Surgical Center

Ms. Lynda Alcorn

Mr. and Mrs. Charles Cordes

Mr. and Mrs. Marvin Gibson

Mr. and Mrs. Tom Kreisel

Mr. and Mrs. Ralph Moriarty

Mr. and Mrs. William Richardson

Mr. and Mrs. Mike Simon

Ms. Pam Vaught

Dr. and Mrs. William Woolery

In memory of Janna McQueen

Mr. and Mrs. Mike Simon

In memory of Benigna Hausam

Bothwell Nursing Leadership

Mr. John Hausam

Mr. Kenneth Hausam

Ms. Sue Kitto

Mr. and Mrs. Rick Langdon

Ms. Dawn Madden

Mr. and Mrs. Jeff Williams

In memory of Gene Loveall

Mrs. Lisa Church

In memory of Kay and Nellie Newman

Mr. and Mrs. Mike Simon

In memory of Theresa Gerber

Mrs. Barbara Hangas Mrs. Hermina Krause Mrs. Joyce McCambridge

In honor of Heather Cantrell's birthday

Mr. and Mrs. Michael Dunn

BOTHWELL PHARMACY SWITCHING DRUG INFORMATION SERVICES

During December, Bothwell Pharmacy will be making the transition from MicroMedex to a new drug information services company — LexiComp.

Employees will still be able to access LexiComp through the Intraweb, but will also be able to access it through UpToDate.

Pharmacy Director Brad Nicholson said LexiComp is easy to use. He plans to have three webinars on Tuesday, Dec. 4, with a recorded version available online. The one-hour webinars will be at 10 a.m., 2 p.m. and 5:30 p.m.

If you have any questions, contact Nicholson at extension 9497.

DON'T FORGET TO MAKE BENEFITS CHANGES BY DEC. 14!



A representative from Aflac discusses supplemental insurance options with Diane Crouch at an Open Enrollment Benefits Fair Nov. 16 at the Bothwell Education Center. Open enrollment will continue until Dec. 14. Employees may make changes to their benefits, including health, dental, vision, flexible spending, life insurance and Aflac insurance products during this time. Now also is the time to complete your 2018 BRHC Rocks Health and Wellness forms to get a reduced insurance premium for 2019. The forms are due to Human Resources by Dec. 14.

COMMUNITY OUTREACH

Spooktacular Halloween









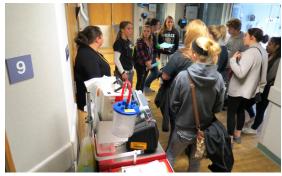


Bothwell was well represented at Halloween celebrations in the area, including in downtown Sedalia (above and upper left). In the photo middle left, Kailyn McMillin and Tracie Sutherlin of the Truman Lake Clinic manned a Bothwell booth at the Warsaw Halloween Hoopla. At bottom far left, from left, Linda Long, Stephanie Louiselle and Susan McMannama of Bothwell's Cole Camp Clinic passed out goodies at Cole Camp's Trunk or Treat celebration. In the photo at immediate left, from left, Melissa Guffin, Lana Kelly, Alisha Schroeder, and Megan Rosales handed out Bothwell glow-in-the-dark flying discs and fruit roll-ups to Sedalia trick-or-treaters.

COMMUNITY OUTREACH

SFCC Scholars Program Career Camp comes to Bothwell





Students pursuing their high school equivalency through SFCC's Scholars Program visited Bothwell as part of a Career Camp. Students learned about careers in health sciences, the training required and the occupational outlook. They ended the day with a tour of the hospital. At left, Labor and Delivery Nurse Rebekah Thompson talks to the group. Above, Critical Care Nurse Maria Bunch discusses her job with the group.

AUXILIARY NEWS

Early Bird? Night Owl? We've got you covered!

Just in time for Christmas, the Auxiliary will have it's Moonlight Madness and Sunrise Sale events in December.

The Sunrise Sale will be from 6 to 9 a.m. on Tuesday, Dec. 4, and Moonlight Madness will be from 8 p.m. to midnight on Wednesday, Dec. 5. Bothwell sales will be held outside the hospital Gift shop.

Stop by for discounts, refreshments and shopping for Christmas gifts.

Enter to win one of these snowmen





The holidays are just around the corner. Don't miss your chance to win one of these sledriding snowmen. The Bothwell Auxiliary is selling raffle tickets to win these festive snowmen, running through Dec. 15. Tickets are \$1 each or six tickets for \$5.

Tickets may be purchased in the Bothwell Auxiliary Gift Shop.

| DECEMBER | BIRTHDAYS

Tamara Johnson 1
Jody Teague1
Whitney Brooks1
Rani Nunez1
Tina Williams2
Sasha Sullivan2
Krystal Coleman2
Lori Garrett3
Kristin Cloe3
Liz Rooks3
Christa Albin4
Bob Cross6
Rebecca Fite6
Sharon Sawford7
Christina Zimmerman7
Karla Melton8
Kendra Parker8
Cozetta Chalfant9
Tricia Parker9
Faye Hunton10
Heather Ross10
Tony Labuary10
Tiffany Willis10
Mike Lemler10
Rick Langdon11
Sandi Bowlby12
Chris Lloyd-Knipp13
Cindy Gail14
Patti Meek 14



Paige Staus14
Jonni Gainous14
Melinda Yeager16
Lisa Irwin 16
Jamie Poppinga16
Bonnie Jackson 16
Emmily Dunnavant16
Karen Shelby17
Lily Plotnic17
Dakota Arnold17
Nicole Walker17
Leslie Stevenson18
Nathan Koeller19
Dr. Crystal Jones 19
Molly Young19
Teri Schilb20
Pam Ehlers22
Carlos Alegarbes Jr 22
Addie Thoennes 22
Jerod Harms22
Jenine Lees23
Lori Hazall 23

Katy Kuschel	. 23
Wendy Fairfax	. 24
Tara Przybylski	. 24
Rochelle Werneke	. 24
Whitney Fisher	. 24
Robin Bland	. 25
Lena Hutsell	. 25
Madeline Collins	. 25
Anne Tempel	. 25
Holly Rehmer	. 25
David Adereyko	. 25
Trish Deghelder	. 26
Rita Brown	. 26
Joan Kelley	.27
Ana Lopez	.27
Judy Davis	. 28
Katelynn Rogers	. 29
Timothy Jackson	. 29
Melissa Knipp-Hall	.30
Janette Dunkel	
Svetlana Shokur	