

MARCH 2018

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



WOUND HEALING CENTER Clinic recognized as Center of Excellence

Healogics, the nation's largest provider of advanced wound care services, recently named the Bothwell Wound Healing Center a Robert A. Warriner III, M.D., Center of Excellence for 2017, one of three wound care centers in Missouri to receive the award. Bothwell Wound Healing Center also was a Center of Excellence last year.

The Center of Excellence Award is given to wound care centers in the Healogics network that have met the highest level of quality standards for a minimum of two consecutive years. Among the criteria are patient satisfaction higher than 92 percent

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CEO CORNER
DAISY honors
hospital heroes

**EMPLOYEE OF
THE MONTH**
Christine Lloyd-Knipp

**BOTHWELL
FOUNDATION NEWS**
Apply for Pat Gaunt Scholarship

GET CREATIVE!
Design the Hospital Week T-Shirt

CEO CORNER

DAISY Award honors our front-line heroes — nurses



Jimmy Robertson

Last month in this column, I stressed our responsibility as a hospital to not merely provide the healthcare our community needs, but to provide that care in a way that inspires loyalty and appreciation. By treating our patients, their families and one another with courtesy, dignity and respect, we distinguish ourselves from other healthcare providers.

This is true for each and every one of us. But it's particularly true when it comes to our nurses. Typically people come to us when they're sick or injured. Often they are frightened or anxious. No one has more of an impact on how patients view this hospital than those workers on the front lines of providing healthcare — our nurses.

When you go out of your way to keep our patients and their families informed, when you respond promptly to their needs with empathy and compassion and treat their family and friends with patience and respect, you are doing it right. It's not easy. But more often than not — in life as well as in healthcare — the hard way is the right way.

I probably don't express it enough, but I am extremely proud of our Bothwell nurses. I have seen you consistently show your commitment to strive every day to give our patients the compassionate care they deserve. As a way of shining a spotlight on that commitment, Bothwell

More often than not — in life as well as in healthcare — the hard way is the right way.

is embarking on a new recognition program: The DAISY Award for Extraordinary Nurses. I want to thank Lizzy Ulmer, clinical education specialist, Stacie Robertson, nurse recruiter and educator, and Rose McMullin, chief nursing officer, for bringing The DAISY Award to Bothwell.

This award is a way to recognize and honor the incredible efforts our nurses perform every day. Only patients and their families may nominate a nurse for the award, and every three months a committee will select winners from among the nominations. This award celebrates the extraordinary work our nurses do every day, making a meaningful difference in the lives of our patients and their families.

But let me say this to all the other front line staff, from the admissions clerks to housekeepers and everyone in between: You are the nourishment that helps our daisies flourish. Thank you for being the rain and the sun to help grow our beautiful field of "DAISYs."

— **Jimmy Robertson**
Chief Executive Officer

HEALTH AWARENESS

March-April

Poison Prevention Week
(March 18-24)
Doctor's Day (March 30)
Medical Lab Week
(April 22-28)
Donate Life Month (April)

SHOUT OUT TO BOTHWELL LAB!

Medical Laboratory Professionals Week is April 22-28. Lab Week is an annual celebration of medical laboratory professionals and pathologists who play a vital role in health care and patient advocacy. Lab professionals are the unsung heroes in the medical community and are behind most diagnosis decisions.

Nationwide there are about 300,000 practitioners of clinical laboratory science, and the field has played an increasingly vital role in the diagnosis and prevention of disease.

Thank you to the laboratory professionals at Bothwell for continually striving to deliver quality results for each patient.



POISON PREVENTION WEEK

Did you know the Missouri Poison Center is a valuable resource for health care professionals?

Poison center pharmacists and nurses undergo

rigorous training in toxicology, are nationally certified as specialists in poison information and work under the direction of a medical toxicologist.

Poison specialists can follow poisoned patients throughout their hospital stay and continue to make treatment recommendations as necessary.

Hospital patients who are co-managed with the support of poison center experts experience shorter hospitalizations, which helps health care providers improve the quality of care and decrease overall health care costs.

AT-A-GLANCE

National Poison Prevention Week was March 18-24, and Bothwell wants to remind you to:

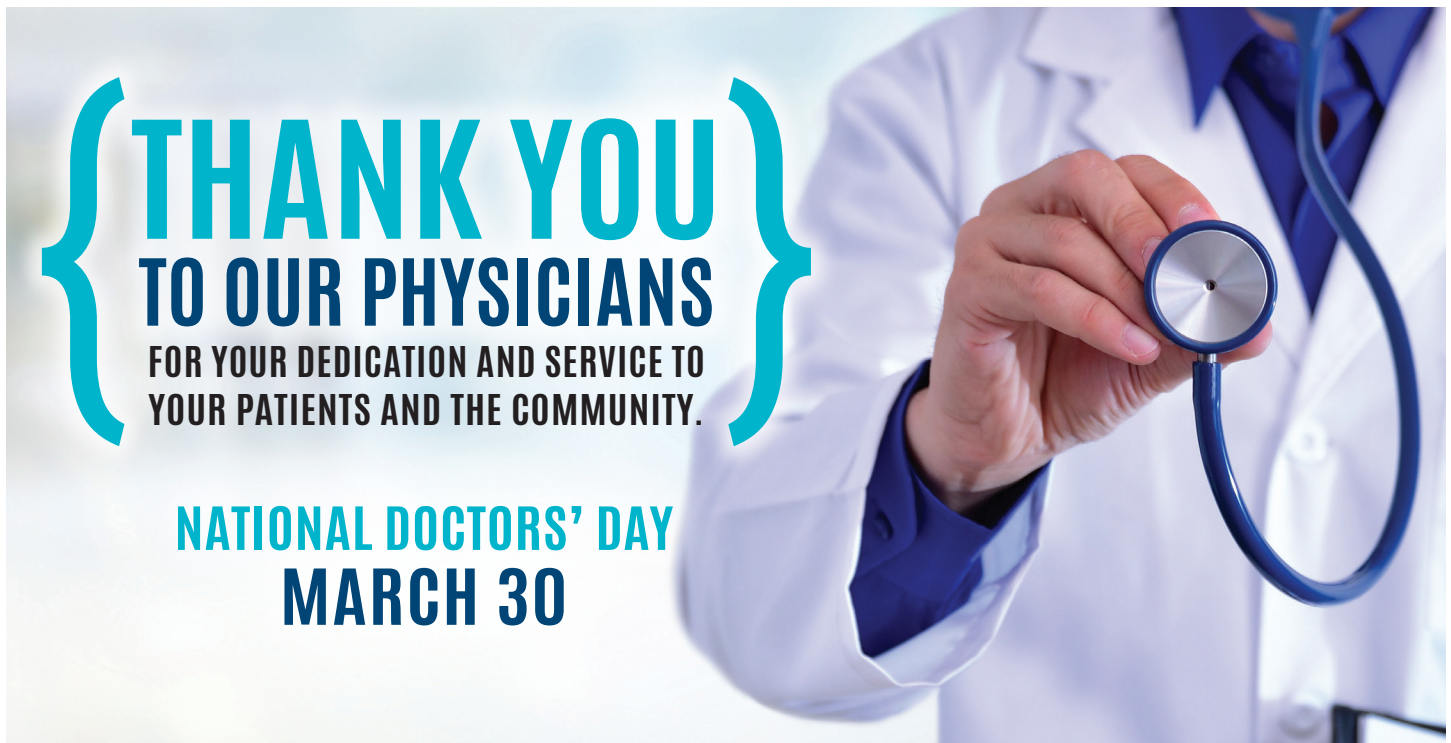
Inspect your entire home for any medicines or household products, such as detergents, cleaning products, pesticides, and chemicals that might not be stored properly.

Always store medicines And household products up high, away and out of sight from children

If you think someone has been poisoned, call the Missouri Poison Center's hotline, any time, day or night at 800-222-1222.

HEALTH AWARENESS

Doctors' Day



DESIGN THE HOSPITAL WEEK T-SHIRT

Hospital Week is May 6-12, and all BRHC employees will receive a free Hospital Week T-shirt. Show off your creative side by entering the T-shirt design contest. The winner will receive a \$50 gift card and the winning design will be featured on this year's Hospital Week T-shirt.

This year's theme is "Everyday Heroes" to celebrate the women and men who support the health and well-being of their communities through dedication and care from the heart.

The entry deadline is Friday, April 6. Submit your entry digitally to Melissa Boesch at mboesch@brhc.org, or your entry may be hand-delivered to the Marketing Department or sent via inter-office mail.

DONATE LIFE AT-A-GLANCE

April is National Donate Life Month.

Sign up to be an organ and tissue donor either online at ShareLifeMidwest.com or at the DMV when you renew your driver's license.

Encourage your friends and family to join the donor registry.

Wear blue and green on April 13 to increase awareness.

Say yes to donation and share life with those who need it most.

EMPLOYEE OF THE MONTH

Christine Lloyd-Knipp

Christine Lloyd-Knipp is the BRHC Employee of the Month for March. Lloyd-Knipp, an aide in the Sterile Processing Department, was praised in her nomination for her commitment to proper safety standards and procedures and for her positive attitude.

“Even in change, she is always the first to say, ‘It’s new, but we can do it,’” the nomination said. “She is friendly, respectful and always accepts challenges with constructive feedback.”

According to the nomination, Lloyd-Knipp goes “above and beyond” to help patients and colleagues, training new staff members and taking on additional duties when the department is short-handed.

“Her skills are A-plus,” the nomination added. “She is honest, dependable, respectful, and a team player. She takes pride in her work, and is a huge asset to our team.”

Congratulations, Christine, on being named Employee of the Month for March.



Christine Lloyd-Knipp

NEW EMPLOYEES

Alecia Anderson	Emergency Department
Javier Banuelos	Housekeeping
Kelly Bolin	Skilled Nursing Unit
Jackie Dabney	Progressive Care Unit
Kristen Dean	OB/GYN
Shawna Fisher	Surgery
Heather Franken	2 Southwest
Macayla Johnson	Progressive Care Unit
Joleene Landsberg	2 Southwest
Kathi Lyons	Ear, Nose & Throat
Maggi Mahalovich	Dietary
Katelan Meyers	Orthopedics & Sports Medicine

Shelby Mullins	Housekeeping
Julia Parker	Dietary
Roxana Paxton	Dietary
Megan Rosales	Emergency Department
April Rowland	Pathology
Pat Ruybol	Housekeeping
Jennifer Smith	Sterile Processing
Delanie Swisegood	Housekeeping
Doug Tatman	Dietary
Charlessa Thomas	2 Southwest
Shari Thomasson	Orthopedics
Yuliya Vykhovanets	Internal Medicine



SEDALIA ST. PAT'S PARADE

Thank you to the Bothwell employees and their family members who joined us March 17 for the Downtown Sedalia St. Patrick's Day Parade!

STAR AWARDS

Dolores Banuelos	Respiratory Therapy	Tony Labuary	Pediatrics
Margaret Benson	2 Southwest	Jenine Lees	Progressive Care Unit
Janet Bombella	Women's Health	JD Lewis	Imaging
Margaret Brando	Respiratory Therapy	Diana Lindenmeyer	Respiratory Therapy
Jessica Brown	Nursing Administration	Dawn Madden	Orthopedics
Alecia Christensen	Orthopedics	Renee Maher	Respiratory Therapy
Whitney Clawson	Critical Care Unit	Shasta Nardi	Skilled Nursing Unit
Donna Cline	Surgery	John Ndum	Respiratory Therapy
Deb Comine	Skilled Nursing Unit	Brad Nicholson	Pharmacy
Andrew Darrah	Information Services	Shelby Osburn	Emergency Department
Bobbi Dorr	Skilled Nursing Unit	Tammie Peace	Respiratory Therapy
Marc Dougherty	Imaging	Nicole Porter	Progressive Care Unit
Jay Eastlick	Marketing	Jimmy Robertson	Administration
Sherri Egbert	Emergency Department	Connie Roll	Skilled Nursing Unit
Kathy Ernst	Progressive Care Unit	Sharon Sawford	Pediatrics
Jacey Etter	Progressive Care Unit	Kimberleigh Schneider	Respiratory Therapy
Beth Everts	Physician Recruitment	Jason Sharp	Oncology
Jenny Force	Respiratory Therapy	Kara Sheeley	Oncology
Ramona Gibbs	Progressive Care Unit	Karen Shelby	Orthopedics
Ann Green	Marketing	Diane Stark	Endoscopy
Belinda Harper	Emergency Department	Lauren Thiel	Foundation
Talesha Hoffman	Pathology	Kayla Thornton	Skilled Nursing Unit
Sarah Hopper	Critical Care Unit	Marie Tucker	Pediatrics
Brooke Huskisson	Progressive Care Unit	Jeanne Waters	Surgery
Lena Hutsell	Pathology	Rob Wideman	Nuclear Medicine
Charolett Johnson	Respiratory Therapy	Debbie Williams	Emergency Department
Janet Kindle	Respiratory Therapy	Annie Wolf	Skilled Nursing Unit

FOUNDATION NEWS

Lub Dub Run is April 28

Volunteers are needed for race, which includes 10K and 5K runs, a 5K walk and a kids run.

To prevent heart disease and increase awareness of its effects, Bothwell Regional Health Center Foundation is proud to sponsor the 11th Annual Lub Dub Run, presented by the Missouri Heart Center.

The Lub Dub Run is Saturday, April 28, at Bothwell Regional Health Center. The Lub Dub Run, named after the sound of a healthy heartbeat, benefits the Camye Callis Gaspard Memorial Heart Fund, which helps finance improvements in cardiovascular treatment at BRHC in Pettis and Benton counties.

The Lub Dub Run includes 10K and 5K runs, a 5K walk and a kids run. All events begin and end at the Bothwell Regional Health Center's south parking lot on East 15th



Runners take off from the start of the 2017 Lub Dub Run at Bothwell Regional Health Center. Organizers are hopeful for better weather for this year's event, slated for April 28, rain or shine.



New this year: All volunteers will receive a special Lub Dub volunteer shirt!

Street. Registration is online at www.brhc.org/LubDub2018.

For more information or to volunteer, call the Bothwell Foundation at 660-829-7786.

Heart disease is the leading cause of death for men and women in the United States. Every year, one in four deaths is caused by heart disease. The good news is heart disease often can be prevented

HEALTHY HEART TIPS

To lower your risk of heart disease:

Watch your weight.

Quit smoking and stay away from secondhand smoke.

Control your cholesterol and blood pressure.

If you drink alcohol, drink only in moderation.

Get active and eat healthy.

when people make healthy choices and manage their health conditions. Communities, health professionals, and families can work together to create opportunities for people to make healthier choices.

FOUNDATION NEWS

Nursing scholarships available

The Pat Gaunt Leadership in Nursing Scholarship is for aspiring nurses, nurses looking to advance their career, or nurses seeking specialized training.

To be eligible, applicants must work for Bothwell or sign a contractual agreement stipulating he or she will work at the hospital for an agreed-upon time. Applicants must also be residents of Pettis or adjacent counties. Additional eligibility requirements are stated on the application.

The scholarship was created through a bequest from the estate of Patricia Gaunt, who was a registered nurse at Bothwell from 1969 until her retirement in 2001. Her bequest provides resources for other nurses to obtain additional training enhance patient care.

The deadline to apply is April 13. Application forms are available at www.brhc.org, under the “What’s New” tab on the IntraWeb, or by calling the Bothwell Foundation office at ext. 7786. Scholarship recipients will be announced in May during Bothwell’s Nurses Week celebration.

The Bothwell Foundation also is offering \$500 medical career scholarships to graduating high school seniors who plan to pursue a degree in health care. There are multiple scholarships available, which will be awarded to high-achieving students from Pettis and Benton counties.



Applications are available online at www.brhc.org/foundation/scholarships.aspx, at the offices of high school guidance counselors, or by calling the Bothwell Foundation at 660-829-7786. Applications must be mailed by April 13 to:

Bothwell Foundation
601 E. 14th St.
Sedalia, MO 65301

KICKIN' IT FOR A CURE

The Smith-Cotton Lady Tiger Soccer Team has scheduled their Kickin' It for a Cure Game to be on Monday, April 30. Order your T-shirt by turning in a completed order form and payment to the Marketing/Foundation office by April 13. Shirts are available in grey or pink and are \$10 each or \$13 for 2XL/3XL. Shirt forms are available on the IntraWeb or by contacting the Foundation office at ext. 7786. Please make checks payable to the Smith-Cotton Soccer Booster Club. All proceeds from the Kickin' It for a Cure Game benefit the Bothwell Foundation Cancer Services Fund. Make a donation of \$5 or more to wear jeans with your Kickin' It for a Cure shirt on April 30.



IN MEMORY OF

The following memorial donations were received:

In memory of Mike Milsap

Ditzfeld Container and Trash

In memory of Mr. Leonard Kindle

*Ag Coop Services, Inc
La Monte Community Bank
McGinnis Family Trust
Mr. and Mrs. Larry Allen
Ms. Carol Ann Best
Mrs. Leora Bremer
Mr. Clifford Bruner
Mr. and Mrs. Steve Bruner
Dr. and Mr. Julie Cahill
Ms. Teresa Clausen
Mrs. Mary Clifford
Mr. and Mrs. Charles Curr
Ms. Betty Davis
Mrs. Teresa Dillon
Mr. and Mrs. Joe Dove
Mr. and Mrs. Larry Drunert
Mrs. Ruth Ferguson
Mr. and Mrs. Larry Ficken*

BOTHWELL REPRESENTED AT 'GO RED FOR WOMEN' EVENT



From left, Mackenzie Huffman, cardiac rehab nurse; Kathy Brown, cardiac rehab supervisor; Kathy Woolerly, diabetes educator who also works in cardiac rehab; and Melanie Davis, cardiac rehab physical therapist assistant, attended the "Go Red For Women" luncheon March 24 at the Missouri State Fairgrounds.

*Ms. Elizabeth Green
Ms. Sara Grubb
Mr. and Mrs. Jack Hall
Ms. Jessica Johnson
Mr. and Mrs. Alvin Jording II
Mr. Roy Kehl
Mr. and Mrs. Brian Kiernan
Mr. and Mrs. Tracy Lorenz
Ms. Delores Maples
Ms. Mary Maples
Mr. and Mrs. Sammy Mehan
Ms. Rita Middleton
Ms. Barbara Montague*

*Mr. and Mrs. Stanley Moore
Mr. and Mrs. Jason Nelson
Mr. and Mrs. Curtis Reams
Mr. and Mrs. Mark Register
Mr. and Mrs. Larry Russell
Mr. and Mrs. Marvin Schouten
Mr. and Mrs. Richard Schouten
Ms. Laura Taylor
Ms. Virginia Taylor
Mr. and Mrs. Robert Thompson
Mr. Dale Wasson
Mr. and Mrs. Danny Whitfield
Ms. Elaine Williams*

TIPS FOR ALLERGY SEASON

By Dr. Bryan Stringham, Bothwell ENT

Spring is officially here. The rain awakens the green grass and beautiful flowers from their winter slumber. Unfortunately, for many people spring also brings nasal congestion, itchy eyes and a runny nose. Here are a few tips to consider as allergy season begins.

A topical nasal spray is the first line of defense for allergy sufferers.

These are non-addictive sprays that should be used daily to reap the full benefit. You may also consider an oral antihistamine, such as Claritin, Zyrtec or Allegra, which generally are used on an as-needed basis and should be taken 30 minutes to an hour before venturing out into the green, pollen-filled world.

Pollen and dust enter through the nose and cause a chain reaction of nasal irritation. A saline rinse is a great way to remove these offenders

before they have a chance to cause nasal symptoms.

Finally, allergy testing is simple and allows for better preemptive planning and could lead to immunotherapy for long-term relief.

For more information on allergy testing, contact Bothwell Ear, Nose & Throat at 660-826-5226.

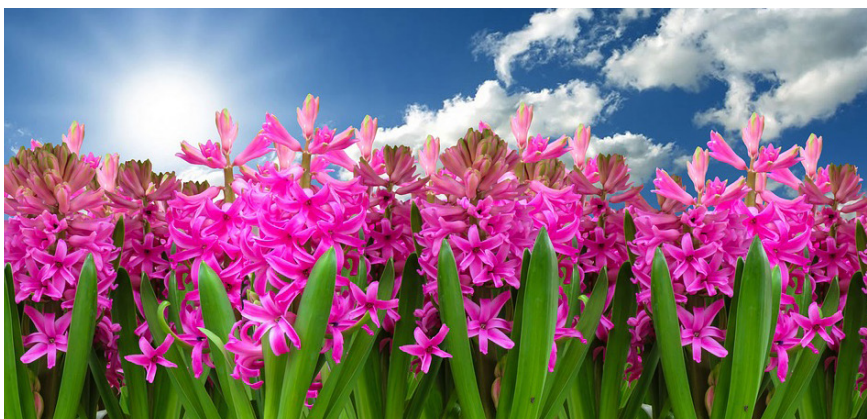


Dr. Bryan Stringham

APRIL

BIRTHDAYS

Brad Nicholson.....	1
Julie Mateja	1
Kim Perez	1
Dr. David Obberkrom.....	1
Sonya Cole	1
Dennis Gerken.....	1
Renee Maher	2
Leah Ann Bargfrede.....	2
Linda Long	3
Kathy Youkey	3
Otis McNew.....	4
Tia Demand	4
Jody Baslee.....	4
Kaslyn Gail	4
Madeline Kindle	5
Kristen Dean.....	5
Eric Walton.....	6
Lawrie Knox	6
Caitlyn Bridges	6
Hannah Stemberger	7
Peggy Rawdon	8
Gloria Washburn.....	8
Becca Wooldridge	9
Ru Wolfe.....	10
Eve Jennings.....	10
Dee Bowers.....	11
Liz Ambrose	11
Mimi Prenger	12



Brandon Cornine	12
Chad Hoagland.....	12
Jordyn Mullins.....	12
Diana O'Connor	13
Dr. Jared Engles.....	13
Megan Ferguson	14
Sarah Anderson	15
Caitlin Neill.....	15
Deb Clemmer	16
Alexsis Barnett	16
Ronda McMullin	17
Deb Hickman.....	17
Aaron Davis.....	18
Jennifer Price	19
Bev Crawford.....	19
Bailey Barnes.....	19
Heather Franken	19
Terrance Cline	20
Margaret Brando	20
Marie Bowlin.....	20
Sue Stevenson.....	20
Leslie Shapley	21
Kari Smith.....	21
Tammy Johnson	22
Travis Glenn.....	22
Kelly Burnett	22
Brandy Chamberlin.....	22
Holly Martin	22
Oksana Chobanu	24
Stephanie Sunderman	24
Whitney Heistand.....	24
Rebecca Leiter	25
Marilyn Richardson.....	25
Eric Fredrickson.....	25
Rebecca Balch	26
Caitlin Fincher.....	26
Clancy Spade	26
Kathy Johnson	27
Kim Carlos.....	27
Lesley Jackson.....	27
Talesha Hoffman.....	27
Liz Elwell	27
Victorie Hoover.....	28
Gina Staus.....	28
Carla Humphreys	29
Sharon Larsen	29
Abby Murray.....	29
Shannon Murley.....	29

AUXILIARY NEWS

Scrubs Sale is April 13

The Bothwell Auxiliary will have a Fashion Avenue Scrubs Sale in the Bothwell Café from 7:30 a.m. until 3:30 p.m. on Friday, April 13.



DON'T FORGET THE CARD!

The Auxiliary Gift Shop has a variety of \$1 greeting cards.

New hours at the Gift Shop are 9 a.m. to 6 p.m., Monday through Friday, and from 1-5 p.m. on Saturday and Sunday.

AUXILIARY COURTESY CART MAKES THE ROUNDS



From left, Ashley Shandley, a registered nurse at the Cancer Center, and Auxiliary members Karen Surhoff and Marge Watson, are shown with the Auxiliary's "courtesy cart" outside the Cancer Center waiting area. Each Tuesday and Thursday, Auxiliary members take the cart throughout the hospital to hand out treats, snacks, stuffed toys, books and other items to patients and their families at the hospital.

BEST WISHES JD LEWIS!

JD Lewis, shown below with his wife, Betsy, recently retired after 19 years as the director of radiology at Bothwell. The hospital held a retirement reception for Lewis on March 1 with cake and punch, and presented him with a watch in appreciation for his service.

Best wishes, JD, on your retirement!



HEALING: From Page 1

and a wound healing rate of at least 92 percent within 30 days.

"We are proud of the Wound Healing Center at Bothwell," said CEO Jimmy Robertson. "Achieving this level

of distinction is a testament to the outstanding care the staff provides the patients and their families."

Bothwell Wound Healing Center offers highly specialized wound care to patients suffering from diabetic ulcers, pressure ulcers, infections

and other chronic wounds that have not healed in a reasonable amount of time. Advanced treatments include negative pressure wound therapy, bio-engineered skin substitutes, hyperbaric oxygen therapy, biological and biosynthetic dressings and growth factor therapies.

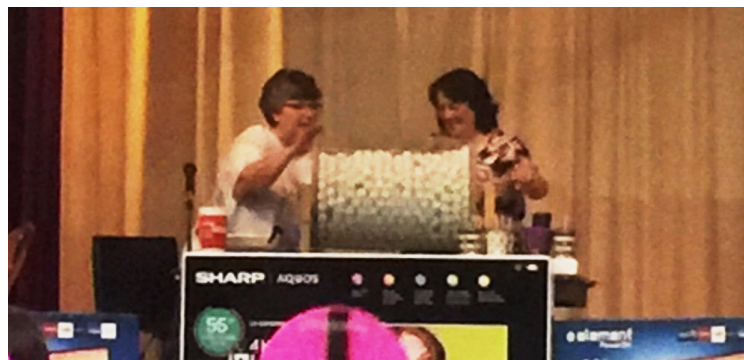
COMMUNITY OUTREACH

Quarter Mania in Warsaw

Representatives from Bothwell's Susan O'Brien Fischer Cancer Center and Bothwell Health Center — Truman Lake were part of a packed house on March 3 at the Warsaw Community Building for the 8th Annual Quarter Mania event sponsored by the BSJ Cancer Fighting Team.

Marilyn Johnson, director of the Truman Lake clinic, Dr. William Decker, a radiation oncology specialist at the Cancer Center, and Jason Sharp, director of the Cancer Center, participated in the potato bar and auction to benefit cancer care.

Proceeds from the sold-out event will go to the Hope Lodge in Kansas City, Bothwell's Cancer Center, and the Sarah Cannon Cancer Center at Research Hospital in Kansas City.



In photo above, Marilyn Johnson, right, director of the Bothwell Health Center — Truman Lake, helps out with the Quarter Mania auction March 3 at the Warsaw Community Building. In photo at left, Dr. William Decker, left, and Jason Sharp, right, also participated in the auction, which raised money for cancer care in the region.



Dr. Donald Allcorn

EASTER SERVICES IN CHAPEL

Dr. Donald Allcorn will lead Easter Morning services for patients and their families at Bothwell Regional Health Center's Chapel Learning Center.

The service will begin at 10 a.m. on Easter Sunday, April 1.

SPARKLE AWARD



The Sparkle Award this month went to the Laboratory for all the help the department provides to prevent infections and for its antibiotic stewardship efforts. .