

APRIL 2019

# BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



## BOTHWELL WELCOMES NEW CHIEF EXECUTIVE OFFICER

### Lori Wightman, RN, MHA, FACHE

Bothwell recently announced the placement of Lori Wightman as its new chief executive officer.

Wightman and her husband, Darren, come to Sedalia from Ada, Oklahoma, where she served as president of Mercy Hospital Ada, a position she held the past five years. She previously served as vice president of operations for Regional Health Services at Allina Health in Minnesota, as well as president of New Ulm Medical Center in New Ulm, Minnesota, and as president of Unity Hospital in suburban Minneapolis.

"I was drawn to this position because it is a community hospital and it has such community support."



Lori Wightman

**EMPLOYEE  
OF THE MONTH**  
Shelby Osburn

**HOSPITAL/NURSES WEEK**  
Activities planned  
for May 10, 13-17

**VOLUNTEERS OF THE YEAR**  
Hospital honors Marian Tilman  
and Donna Peakes

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## HOSPITAL WEEK/NURSES WEEK

Slate of activities planned for May 10, 13-17



### Nurses Week (May 6-12)

The hospital will celebrate National Nurses Week with a Nurses Tea and Celebration beginning at 2 p.m. on Friday, May 10 in the Education Center Auditorium.

Nurses Week is celebrated each year from May 6-12. May 12 is the birthday of Florence Nightingale, considered the founder of modern nursing.

The week is devoted to highlighting the diverse ways in which registered nurses work to improve health care.

The Nurses Tea and Celebration will include:

*A proclamation by Sedalia Mayor John Kehde*

*Presentation of Pat Gaunt nursing scholarships*

*Presentation of the DAISY Award winner*

*Nurse of the Year and Support Staff of the Year*

*“Blessing of the Hands” ceremony*

### Hospital Week (May 12-18)

Each year, Bothwell takes the opportunity to honor and thank all the dedicated employees who are part of the Bothwell family.

# HEALING HAPPENS HERE

**GET WELL. STAY WELL. BOTHWELL.**

Activities planned for Hospital Week include:

#### Monday, May 13

*Employee Appreciation Gift & Donuts*

#### Tuesday, May 14

*Employee Appreciation Meal*

Meal times are 11 a.m.-2:30 p.m. and 5-7:30 p.m.

#### Wednesday, May 15

*Service Milestone Awards Banquet*

Employee of the Year also will be named at the Service Awards ceremony from among the 12 monthly winners in 2018.

#### Thursday, May 16

*Celebrate with Cookies!*

#### Friday, May 17

*Celebrate with Ice Cream Bars!*



## WIGHTMAN: Continued from the front page

“I am honored to be asked to lead Bothwell Regional Health Center,” Wightman said. “Both Darren and I are looking forward to our next new chapter in Sedalia.”

Wightman is a registered nurse with a master’s degree in healthcare administration.

She received an associate’s degree in nursing from North Dakota State University, a bachelor’s degree in nursing from Minnesota State University-Moorhead, and a master’s degree in health administration from University of Colorado-Denver.

Cam Jennings, chairman of the Bothwell Board of Trustees, said the board is looking forward to working with Wightman.

“Lori has a deep understanding of patient needs and a history of focusing on quality, sustainable growth and the engagement of patients, medical staff and employees,” Jennings said. “We are very pleased at her

appointment and look forward to the collaboration of her partnership with the board and senior executive leadership as we navigate the active landscape of independent health care organizations.”

In an interview with the Sedalia Democrat newspaper, Wightman said she has been in health care most of her life, growing up with a father who was a hospital administrator and a mother who was a nurse. Formerly a nurse, Wightman has worked in hospital administration for most of the past 20 years.

“Most of my experience, I’ve been drawn to community hospitals,” she told the Democrat. “I just feel like you can make more of an impact on the health of the community, being involved in the community from a personal and organizational perspective.

“I like that the people we care for are our neighbors and friends and family,” she added. “I was drawn to this position because it is a community hospital and it has such community support.”

## NEW EMPLOYEES

Deb Agnew	Pathology
Katrina Blanco	Emergency Department
Kirsten Darrah	Admitting
Gabby Flores	Pathology

Natalie Karagianis	Same Day Surgery
Candice Palmer	Pathology
Mariah Peterson	2 Southwest
Soledad Rodriguez	Progressive Care
Frank Rouse	Environmental Services



## HELPING HANDS

### Bothwell celebrates its volunteers with appreciation banquet

They typically are the first people one sees when entering the hospital. They greet visitors as they enter the main lobby of Bothwell Regional Health Center, and they work behind the counter at the hospital's gift shop.

When a patient or guest at the hospital needs spiritual support, they are the chaplains who make themselves available day or night. They also can be found offering reading materials, toys and treats to hospital visitors via their "courtesy cart," which makes the rounds weekly at the hospital.

They are Bothwell's army of volunteers, and on April 25 the hospital celebrated the thousands of hours of service the volunteers from the American Red Cross, the Bothwell Auxiliary and the Chaplain Corps devotes to the hospital.

The appreciation luncheon was held at First United Methodist Church's Celebration Center at 1701 W. 32nd St. in Sedalia.

"We are here to celebrate the important and crucial service you provide to the hospital and the tremendous impact you make on the patients we serve," said Rose McMullin, interim chief executive officer at Bothwell. "You make an incredible difference to our patients and our community."

In all, Red Cross and Auxiliary volunteers worked almost 24,000 hours, valued at about \$600,000 in 2018.

[READ MORE ON NEXT PAGE ►](#)



LEFT: Marian Tilman received the Ida Hoffman Volunteer of the Year Award for 2018 from the American Red Cross for her service to the hospital. RIGHT: Donna Peakes received the Bothwell Auxiliary's Marian Tempel Volunteer of the Year Award for 2018.



On Thursday, April 25, Bothwell celebrated its Red Cross, Auxiliary and Chaplain Corps volunteers at an appreciation luncheon held at the United Methodist Church's Celebration Center in Sedalia. At right, guests select desserts from the selection set out for meal. Bothwell volunteers were recognized for their hours of service to the hospital. There are about 200 volunteers at Bothwell, and in 2018 they donated almost 24,000 hours of service valued at almost \$600,000.



## VOLUNTEERS: From Page 4

Some of the leading volunteers in terms of hours donated include, from the Red Cross, Carlene Ficken, 929 hours, and Steve Barnes, 846 hours. From the Auxiliary, Karen Kay Taylor donated 630 hours, and Ervene Nothwehr also achieved “gold” status by volunteering 571 hours. Four volunteer chaplains donated a total of 750 hours to the hospital.

Of special note was Jim Monroe, who volunteered 515 hours with the Red Cross, 396 hours with the Auxiliary and 200 hours with the Chaplain Corps, for a total of 1,111 hours volunteering at the hospital.

### Ida Hoffman Volunteer of the Year

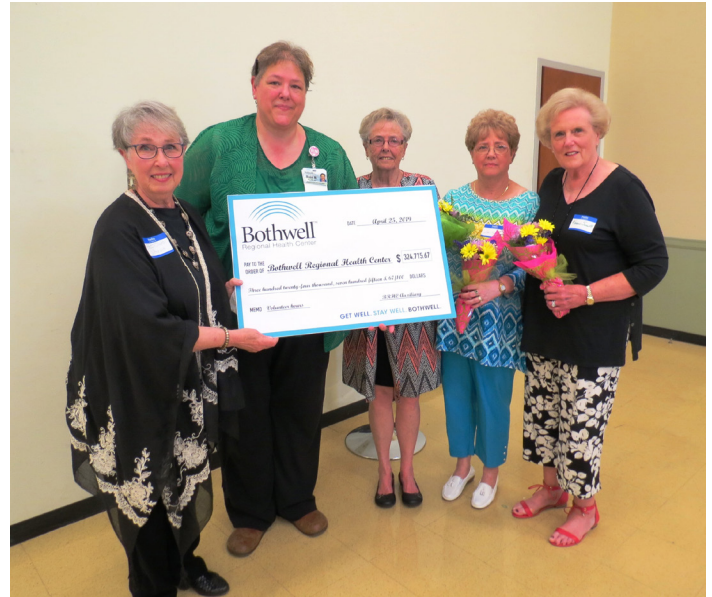
Marian Tilman received the Ida Hoffman Award as the Volunteer of the Year for the American Red Cross. She volunteered 343 hours at the hospital in 2018. The other nominee was a couple, Joe and Joyce Kolsky.

### Marian Tempel Volunteer of the Year

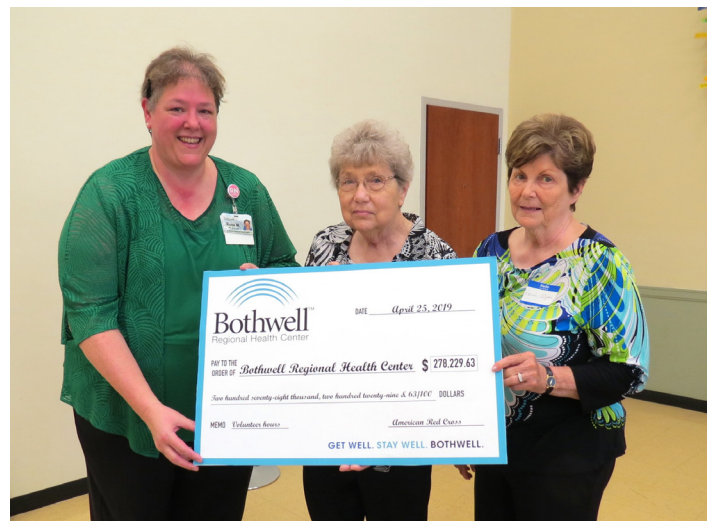
Donna Peakes received the Marian Tempel Volunteer of the Year Award from the Bothwell Auxiliary. Peakes volunteered 311 hours at the hospital in 2018. Other nominees for the award were Karen Suroff and Sara Lyles.



LEFT: Nominees for the Ida Hoffman Award, from left, Joe Kolsky, Joyce Kolsky and Marian Tilman are introduced at the volunteer appreciation banquet. RIGHT: Marian Tempel Award nominees were, from left, Sara Lyles, Donna Peakes and Karen Suroff.



ABOVE: Members of the Bothwell Auxiliary present a mock check for \$324,715.67, which represents the estimated value of the 12,769 hours of service Auxiliary volunteers gave the hospital in 2018. From left to right are Betty Sue Viterna, president of the Auxiliary, Bothwell Interim CEO Rose McMullin, and auxiliary members Donna Peakes, Sara Lyles and Karen Suroff. BELOW, L-R: McMullin poses with American Red Cross volunteers Carlene Ficken and Frieda Ingram with a mock check for \$278,229.63, representing the 10,941 total hours of service Red Cross volunteers gave the hospital in 2018.





## EMPLOYEE OF THE MONTH

### Shelby Osburn

Shelby Osburn is the BRHC Employee of the Month for April. Osburn, a tech in the Emergency Department, was praised in her nomination for her positive attitude and efficiency.

“She is always in a great mood and ready to do her job and help where needed,” the nomination said. “She makes everyone smile and spreads her positive attitude to others.”

The nomination said Osburn follows safety protocols and rules to ensure patient safety, and she “takes great pride” in her work.

“She works together with nurses and providers to get the job done and get it done efficiently,” the nomination added.

Congratulations, Shelby, on being named Employee of the Month for April.



Shelby Osburn

## SALUTES!

These staff members were singled out by patients and their family members through complimentary messages to Patient Advocate Blaire Riley. Our “Salutes” this month go out to:



Tia Ashley	Emergency Department
Shelbi Bishop	Emergency Department
Ruth Ann Cramer	Labor & Delivery
Alex Davis	Nuclear Medicine student
Linda Eckhoff	Radiology
Megan Elwood	Emergency Department
Rebecca Fite	Emergency Department
Sara Fredrickson	Emergency Department
Kris Freeman	Nuclear Medicine

Tanner Fuemmeler	Physical Therapy
Katie Hill	Admitting
Dawn Hoff	Radiology
Tammy Johnson	Truman Lake
Gia Kuhns	Labor & Delivery
Angela Leiter	Cardiology
Julie Mateja	Radiology
Bill Parris	Orthopedics & Sports Medicine
Kiwi Popyk	Case Management
Trish Reynolds	Nuclear Medicine
Jacqueline Snow	Emergency Department
Julie Snow	Orthopedics
Claire Spotts	Case Management
Joe Velando	Physical Therapy

STAR AWARDS

Kelli Abbey	2 Southwest	Erica Kammerich	Radiation Oncology
Tom Bailey	Administration	Kory Kephart	Truman Lake Clinic
Sandy Bowlby	Truman Lake Clinic	Emily Kullman	Truman Lake Clinic
Maria Bunch	Critical Care	Susan Lamb	Radiation Oncology
Kim Cox	Admitting	Teresa Mitchell	Family Medicine Associates
Fran Craver	Emergency Department	Todd Nappe	Security
Aaron Davis	Information Technology	Cindy McKeon	Pathology
Russell Dedrick	Radiology	Rachel Owens	Accounting
Dawn Diamond	Progressive Care	Alicia Rayner	Case Management
Dawn Gehlken	Family Medicine Associates	Kay Schnack	Case Management
Travis Glenn	Truman Lake Clinic	David Seaborne	Progressive Care
Christy Harms	Family Medicine Associates	Kara Sheeley	Cancer Care
Christie Harrell	Clinic Billing	Jennifer Unkel	Quality Management
Jan Henson	Administration	Lisa Wells	Radiation Oncology
Ja Hickman	Administration	Whitney Wessing	Radiation Oncology
Sarah Hopper	Critical Care	Rebecca Wooldridge	Health Information Management
Olga Jaquez	Progressive Care	Heather Woolery	Cancer Care
		Christina Zimmerman	Radiation Oncology

SPARKLE AWARD



The Sparkle Award last month went to Facilities Management for the great work they did on 3 Southwest and for keeping the hospital parking lots clear and safe for patients and employees during multiple weather events in February and March.

## SPOUSE OF THE YEAR

### Bothwell tech receives Whiteman AFB award for mentoring spouses

Dover Biery, a CT tech in Bothwell's Radiology Department, recently received the Joan Orr Spouse of the Year Award at the Air Force Global Strike Command level for 2018.

Biery is one of the 106 key spouses at Whiteman Air Force Base. Her husband is retired Senior Master Sgt. John Biery, who served as the Low Observable Flight Chief with the 509th Maintenance Squadron.

The Joan Orr Award recognizes active-duty spouses and their significant community contributions. As a key spouse, Biery mentors other spouses at Whiteman. The key spouses receive training on a variety of issues including suicide prevention, financial counseling, operational security, new parent services and many other areas designed to help the spouses they mentor.



Photo by Airman Parker J. McCauley/U.S. Air Force

Dover Biery, a CT tech in the Radiology Department at Bothwell, recently received the Joan Orr Spouse of the Year Award from Whiteman Air Force Base.



## TREES DONATED FOR ARBOR DAY

Thank you to Dr. Douglas Kiburz, who again was kind enough to donate trees for hospital staff in honor of Arbor Day this year.

Dr. Kiburz donated red bud, white oak and Kentucky coffee trees, which were distributed to employees on a first-come, first-served basis. This continues a tradition Dr. Kiburz started several years ago in honor of Arbor Day, which in Missouri is observed on the first Friday of April. Arbor Day celebrates the benefits of trees and promotes their planting and care.

## CHANGE YOUR LIFE IN 16 WEEKS!

Blue Cross Blue Shield has developed a new program to assist employees enrolled in the Bothwell's Blue Cross and Blue Shield of Kansas City (Blue KC) to reduce members' risk of developing diabetes. The program is available free of charge to those members who qualify.

The 16-week program is followed by monthly sessions that can help participants lose weight, adopt healthy habits and significantly reduce their risk of developing diabetes. Through this benefit, members may also be able to participate in a national weight loss program such as Weight Watchers, Retrofit or HealthSlate.

To find out if you qualify for the program, take a one-minute quiz at [solera4me.com/bluekc](https://solera4me.com/bluekc). IF you have questions, contact Solera at 866-671-7759.



## FOUNDATION NEWS

### Another successful Lub Dub!

The Bothwell Foundation wants to thank all the 2019 Lub Dub volunteers, participants and supporters. “We appreciate all your help to put on another successful Lub Dub,” said Foundation Director Lauren Thiel. “We had 677 total registrants and over 120 volunteers!”

More details will be shared in the May Billboard.

BOTHWELL FOUNDATION  
**LUB DUB**  
5K/10K WALK/RUN  
APRIL 27 • 2019



### LUB DUB SHIRTS AVAILABLE FOR \$15

There are extra Lub Dub Collector's Shirts (grey) and participant shirts (yellow) available for \$15.

You can purchase between the hours of 8-11:30 a.m. and between noon and 4:30 p.m., Monday through Friday, in the Marketing/Foundation office. The office is on the second floor of the hospital, next to the Patient Care Coordinator's office.



Photos by Kevin Walker

ABOVE: Runners take off at the start of the 2019 Lub Dub on April 25.

LEFT: Samantha Unkel, a nurse intern in Critical Care, Jennifer Unkel, compliance officer in Quality Management, and Diana O'Connor, director of patient financial services, pose for a photo at Lub Dub.

## AUXILIARY NEWS

### APPLY NOW FOR ONE OF THREE \$2,500 SCHOLARSHIPS FROM BRHC'S AUXILIARY

The Bothwell Auxiliary will award two \$2,500 scholarships for nursing education and an additional \$2,500 scholarship, a memorial to Anne Marie Bellamy, to a health care worker.

Applications are now available at the Bothwell Regional Health Center Gift Shop. The deadline to apply is June 30.

## 'THE POWER OF YES' IN ACTION

During the Bothwell winter forums, Interim CEO Rose McMullin discussed a new Bothwell initiative called "The Power of Yes" to encourage employees to make suggestions on ways the hospital can better serve patients and the community.

One of the first examples of how "The Power of Yes" is working is through the distribution of heated blankets for patients. The idea was the brainstorm of Erin O'Connor, an intern working in Patient Financial Services. A senior at the University of Missouri, O'Connor is scheduled to graduate in May with her Health Science degree. She also works part-time as a certified nursing assistant at Bothwell. The warm blankets are handed out when patients come for tests or are admitted to the hospital.

"We all can do our part in caring for our patients when they are checking in for their tests or direct admit," said Diana O'Connor, director of patient financial services. "By giving them a warm blanket, we hope to make them more comfortable while showing them how much we care about them."

## Communication Corner

Any vendor or company representative that visits the hospital should be signed in and logged into the



Reptrax system, which records vendor and sales representative contacts with the hospital.

Vendors should check in with Rick Langdon in Material Management (extension 9501) and must wear their Reptrax-issued ID badge.

If an employee is entering an area of the hospital where they typically don't interact or work, it's always a good idea to check in with that department's reception area. Employees should always:

- Be sure your employee identification badge is properly displayed.
- Identify yourself to the receptionist or reception area staff.
- Give the purpose of your visit.

Employees also should reach out to any visitors or colleagues they see who might need help and offer it to them.

This could be a visitor, a vendor, a patient, a new employee... anyone.

Always be ready to help out!



## MAY

# BIRTHDAYS

Lindsay Rasa .....	1
Kathy Dority .....	1
Debbie Bredehoeft .....	1
Dianne Williams .....	2
Emily Hughes .....	2
Rosie Douglas .....	3
Holly Gentges .....	3
Angela Kammeyer .....	4
Dawn Madden .....	4
Eva Eubanks .....	4
Amber Yearout .....	5
Eileen Hensley .....	5
Leora Bremer .....	6
Sydni Cole .....	6
Ann Martin .....	7
Christine Kinshella .....	8
Brittany Mullins .....	8
Rob Wideman .....	9
Cassie Kindle .....	9
Lindsey Snurr .....	9
Emily Mayo .....	9
Jan Henson .....	10
Eric Makowsky .....	10
Natasha Boychuk .....	10
Jack Ballard .....	11
Chris Trotter .....	11
Muffy Potts .....	12
April Jacobs .....	13
Heidi Westermier .....	14



Veronica Hiller .....	14	Melissa Guffin .....	24
Dr. Philip Fracica .....	15	Dr. William Woolery .....	24
Harliegh Tubbs .....	15	Mark Johnson .....	25
Laura Johnson .....	15	Karla Helmsoth .....	26
Stephanie Meyer .....	16	Lori Smith .....	26
Dr. Dan Woolery .....	16	Mindy Vesperman .....	26
Bob Blacklock .....	16	Trish Reynolds .....	26
Kenny Jobson .....	17	Taylor Labounty .....	26
Jenni Klemme .....	18	Kim Thomas .....	26
Branda Adams .....	19	Winnie Mullins .....	27
Kiwi Pipyk .....	19	Courtney Rumans .....	27
Shelby Bergman .....	19	Kasey Fredendall .....	27
Kendra Baumgartner .....	20	Debbie Agnew .....	28
Teresa Albertson .....	21	Jeanne Waters .....	29
Alena Gething .....	21	Denny Jones .....	29
Brittainy Zimmerschied .....	22	Elayne Gordon .....	30
Rickey Christian .....	22	Suzanne Mathis .....	30
Elizabeth Green .....	23	Hannah Ellis .....	30
Susan Vincent .....	23	Sheila Amos .....	31
Samantha Howard .....	23	Ashley Newton .....	31
Tony Mitchell .....	24	Laura Seltzer .....	31