**JUNE 2018** 

# BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



### THE BOTHWELL LEGACY

# Chance encounter leads to family connection

A visitor's request for a restaurant recommendation led to an opportunity to connect a living

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Deborah Mullins

relative of John Homer Bothwell with the famous Sedalian's namesake hospital. At the center of the story is Deborah Mullins, an environmental services worker at Bothwell Regional Health Center.

Deborah also works at Hotel Bothwell in downtown Sedalia. That's where one afternoon last month a couple — visitors to Sedalia who were staying at the hotel — asked Mullins if she could recommend a good restaurant.

**READ MORE ON THE NEXT PAGE** ▶





SWEET SUITES!

New digs
for new moms

THE MONTH Rashel Golub

'GET WELL. STAY WELL.'
A WINNING CAMPAIGN
Show-Me Excellence Awards

MAKING THE SWITCH Meditech conversion set for July 1

**GET WELL. STAY WELL. BOTHWELL.** 



From left, Bothwell CFO Steve Davis, Charles and Suzanne Bothwell, Bothwell CEO Jimmy Robertson, and Deborah Mullins, an environmental services worker at the hospital who introduced the Bothwells to Davis and Robertson after she met the relatives of John Homer Bothwell while they were visiting Sedalia.

### **CHANCE ENCOUNTER, From Page 1**▶

In the course of the discussion, the gentleman explained he was Charles Bothwell, the great, great nephew of John Homer Bothwell, whose donation helped to birth the hospital in 1930. Charles and his wife, Suzanne, were visiting the town where his relative had such a significant impact.

When Mullins returned to work at the hospital the next day, she shared the story with CEO Jimmy Robertson, who asked her if she would be able to track down the couple and invite them to the hospital that bears Mr. Bothwell's name.

"I went to the hotel, and I was able to find them and invite them to the hospital," Mullins said. "They were able to get a tour and learn a bit of its history and see first-hand the lasting impact Mr. Bothwell had on this community."

After a tour of the hospital, Robertson presented

"They were able to see first-hand the lasting impact Mr. Bothwell had on the community."

- Deborah Mullins

the Bothwells with several historical prints of the property and a book about its history.

"It was pretty special to be able to show John Homer's relative how much his legacy has meant to Sedalia and the region over the years," Robertson said. "And it wouldn't have happened if not for Deborah's friendliness and her willingness to follow through and make that connection."

### 'GET WELL. STAY WELL.'

**Bothwell rebranding campaign** scores at MAHPRM Awards

# Hospital recognized by state health-care marketers

Bothwell's "Get Well. Stay Well. Bothwell." rebranding campaign received five awards at the Missouri Association for Healthcare Public Relations and Marketing (MAHPRM) "Show-Me Excellence Awards" at Lake of the Ozarks.

The rebranding campaign, produced for the hospital by Callis Integrated Marketing in Sedalia, was launched in 2017 and continued throughout the year and into 2018.

The Bothwell campaign took first place in the "Print Advertising greater than \$1,500" category. Competing against much larger health systems, such as SSM Health in St. Louis, St. Luke's in Kansasa City and MU Health Care in Columbia, the hospital also won awards in the "Annual Reports" category for its "Strong Hospital. Strong Community." print ad and in the Cooperative Partnership" category for the Health U program.

The awards were presented at a luncheon during the MAHPRM 2018 Summer Forum at Camden on the Lake at Lake of the Ozarks. Cliff Callis and Hannah Sartin of Callis Integrated Marketing accepted the awards on behalf of Bothwell at the awards luncheon.



Cliff Callis and Hannah Sartin of Callis Integrated Marketing hold the awards Bothwell Regional Health Center won recently at the Missouri Association for Healthcare Public Relations and Marketing's "Show-Me Excellence Awards" at Lake of the Ozarks.

### **AT-A-GLANCE**

1st Advertising, Print

> 2nd Advertising, Multimedia

Social/Interactive Media

**Annual Reports** 

Video

3rd Advertising, Outdoor

Cooperative Partnership "Healthy U"

### **MEDITECH 6.1 LAUNCH READY FOR JULY 1**

Bothwell Regional Health Center on July 1 will "go live" with its conversion to Meditech 6.1 electronic health records software, putting the hospital and its clinics on the cutting edge of health records technology.

The upgrade will let all Bothwell doctors share up-todate information with other providers within the health system, providing patients with immediate and easy access to tests, X-rays and other medical information via computers or other electronic devices.

In as few as 96 hours after visiting a provider, Bothwell patients will be able to log into their portal and access records generated by the visit. The system also makes it much easier to share electronic health records with other hospitals and health providers, which is key to ensuring quick and proper care for patients.

### **WOMEN'S HEALTH**



Women's Health Director Janet Bombella, center, congratulates Clyde and Candice Ditto of Sedalia on the birth of their son, Everett O'Neil Ditto. The Dittos were the first family to welcome a new baby in the recently remodeled birthing suites at Bothwell.

## BOTHWELL BABIES' FIRST HOME JUST GOT A LITTLE 'SUITE-ER'

Bothwell's Women's Health Center recently welcomed its first baby born in its remodeled birthing suites.

Everett O'Neil Ditto was born on June 11. He's the son of Clyde and Candice Ditto of Sedalia. The Dittos were the first family to be guests in the remodeled rooms in the Women's Health Department at the hospital, which recently converted nine patient rooms into six larger rooms with new looks and finishes.

"It was so nice to finally have the rooms open and see the families enjoy them," said Janet Bombella, director of Women's Health. Bombella said the much larger bathrooms in the suites seem to be the biggest hit with expectant moms. "It's like staying in a fancy hotel," one patient told Bombella.

### **EVENT CELEBRATES CANCER SURVIVORS**

On June 2, the Susan O'Brien Fischer Cancer Center held its first National Cancer Survivor's Day event. More than 70 survivors and their loved ones attended the event, which was held at the Celebration Center at First United Methodist Church in Sedalia. The celebration was sponsored by the Bothwell Foundation.

"We wanted to do something to celebrate our patients and their loved ones," said Ashley Shandley, a radiation oncology nurse at Bothwell who spearheaded planning for the event. "Our patients really become our family. Their battle is long and hard, but we want them to know that we are here fighting with them."

Some of the survivors shared the story of their battles, and Dr. Matt Triplett, hematologist and oncologist, was the keynote speaker. In his remarks, Dr. Triplett explained that although a diagnosis of cancer is devastating news, he has seen the disease transform patients and their families.



Bothwell Cancer Center staff pose for a group photo at the National Cancer Survivors Day Celebration on June 2. .

"Cancer is a horrible thing, but it can develop a sense of gratitude in individuals," he said. "We have seen families come together and let go of old anger and quarrels. It can be a wake-up call. Church families and friendships are strengthened as patients are provided meals and prayer chains are started. There is a sense of coming together."

# **EMPLOYEE OF THE MONTH Rashel Golub**

Rashel Golub is the Bothwell Employee of the Month for June. Golub, a medical lab tech in Pathology, was praised in her nomination for her willingness to help her colleagues and for her "phenomenal" attitude.

"Rashel is an absolute joy to be around. She always has a positive attitude and a smile on her face," the nomination said.

According to the nomination, Golub consistently goes above and beyond her assigned duties to help her fellow techs and the phlebotomists.

"Rashel has a strong moral compass and would never steer you wrong," the nomination added. "She believes strongly in patient care and satisfaction and always follows procedures."

Congratulations, Rashel, on being named Employee of the Month for June.



Rashel Golub

### **Sparkle Award**



The Sparkle Award this month went to the Cardiology staff for excellent hand hygiene.

### ORDER YOUR BOTHWELL LOGO WEAR TODAY!

Purchase Bothwell logo wear by visiting the online Bothwell Logo
Wear Store and a portion of each purchase will go to support the Bothwell Foundation.

To browse items available, go to the Intraweb > What's New > Bothwell Logo Wear Store and print out an order form. Once the order has been processed, you will receive a confirmation email with payment options.

To date, \$412 has been given back to the Foundation through Logo Wear purchases.

#### **NEW EMPLOYEES**

Alexis Amos Nursing Administration
Diana Atwell Dietary
Lisa Bailey Critical Care
Renae Barb 2 Southwest

Emily Beyers Patient Financial Services

Robert Blacklock Security
Matalyn Boeschen Orthopedics
Reagan Braverman Nursing Administration

Jaquay Buckner
Katelyn Buxton
Jamie Chavez
Teresa Cornelius

Nursing Administration
Nursing Administration
Women's Health
Skilled Nursing

Kendall Cox Environmental Services

Miranda Crosier Women's Health

Ann DeFusco Security

Erick De Guzman Emergency Department
Paula Diggins Radiation Oncology
Jaime Dodson Nursing Administration
Grace Edgar Nursing Administration
Jack Franklin Nursing Administration

Cindy Gail Surgery

Randy Hahn Environmental Services
Shelly Harms Same Day Surgery
Cindy Harris Respiratory Therapy
John Hewett Environmental Services

Allison Holman Nursing Administration

Lucy HughesLaundryVirginia HutchersonCardiac RehabTimothy JacksonSecurity

Chance Johnson Nursing Administration

Brittany Kellerman OB/GYN
Chester Mackiewicz II Security
Lee Anne Marquez De Guzman Critical Care
Todd Nappe Security
Jamie Nolting Pharmacy

Erin O'Connor Nursing Administration
Jennifer Owen Nursing Administration

Kelsey Pabst Skilled Nursing Angela Petree Women's Health

Natania Piper Urology
Dr. Scott Roethle Anesthesia

Mercedes Sangster Labor and Delivery

Cynthia Sees Endoscopy
Michelle Sewell Orthopedics
Jayce Simoncic Surgery

Chelsie Snapp Skilled Nursing
Morgan Steck Pathology
Ellen Stevens 2 Southwest

Kenna Stout Health Info. Management

Tabitha Strathman Pathology

Kayla Thompson Respiratory Therapy
Chris Trotter Environmental Services

Deborah Troxel Dietary
Lindsey Woodall 2 Southwest

### **STAR AWARDS**

Amber Allain Family Health Clinic Willy Arnold **Environmental Services** Tom Bailey Administration Pam Ball Pathology Makenzie Bicker **Skilled Nursing** Melissa Boeschen Marketing Kelly Bolin **Skilled Nursing** Women's Healthcare Janet Bombella

Kathy Brown Cardiac Rehab Maria Bunch Critical Care Kim Carlos Emergency Department
Terrance Cline Nursing Administration
Krystal Coleman Clinic Mid Level Professional

Kim Cox Admitting

Aaron Davis Information Technology

Steve Davis Administration Kristen Dean OB/GYN Clinic

Terri Deer Dietary

Glenda DeKeyser Orthopedics & Sports Medicine

**READ MORE STAR AWARDS ON PAGE 7** ▶

### STAR AWARDS

We salute these Bothwell employees for excelling in efforts to promote the BRHC mission and adhere to the Standards of Behavior.

Janeice Dodick Bobbi Dorr Breanna Dothage Angela Doyle Jay Eastlick Sherri Egbert Hannah Ellis Jenny Force Luly Gamayunova Linda Garbarz Kerry Glenn Ann Green Elizabeth Green Kim Hagan Millie Harms Jan Henson Veronica Hiller Missie Hopkins Sherri Hopkins Bonnie Jackson Lesley Jackson

Sandra Jerome

Karen Kain

Jani Kempf

Patty King

Kory Kephart

Randy Kreisel

Michele Laas

Macayla Johnson

Angela Kammeyer

Administration **Skilled Nursing** Pathology OB/GYN Clinic Marketing **Emergency Department** Ear, Nose & Throat Clinic **Respiratory Therapy** Pathology 2 Southwest **Budget & Reimbursement** Marketing Orthopedics & Sports Medicine 2 Southwest Endoscopy **Nursing Administration** Information Technology Pain Clinic Sterile Processing Clinic Dr. Oberkrom **Emergency Department** Clinic Billing **Progressive Care** Accounting **Diabetes Center Emergency Department** Truman Lake Clinic

Clinic Dr. Smith

Critical Care

Plant Management

Rick Langdon Kristin Largent Regina Lawson Leah Mahin Francine McRae Jordan Mullins **Brad Nicholson** Dr. David Oberkrom Teresa Pennock Kim Perez Jamie Poppinga Nicole Porter **Muffy Potts** Alisha Rameriz Jennifer Reed Jennifer Rehmer Marilyn Richardson Saudi Robbins Jimmy Robertson Stacie Robertson Lauren Robinson Shirley Schlobohm Alisha Schroeder Leslie Shapley Kara Sheely Randy Smith Andrea St Clair Diane Stark Keri Talbott Rebekah Thompson **Janet Torres** Katie Touchstone Ryan Walker Cheryl Ward Tammy Weber **David White** Dianne Williams Tiffany Willis **Heather Woolery** Delia Zimmerman

Materials Management Patient Financial Services Pathology Patient Financial Services **Emergency Department** Critical Care Pharmacy Clinic Dr. Oberkrom Health Information Management **Nursing Education** Patient Financial Services **Progressive Care** Women's Healthcare Clinic Dr. Schwartz Clinic Mid Level Professional Cardiology **Skilled Nursing** Women's Healthcare Administration **Nursing Education Skilled Nursing Nursing Administration Emergency Department Progressive Care** Radiation Oncology Plant Management Women's Healthcare Endoscopy Admitting Women's Healthcare **Bothwell Family Health** Critical Care **Environmental Services** Patient Financial Services **Environmental Services** Plant Management 2 Southwest **Pharmacy Cancer Care** Sterile Processing

### **ORTHOPEDICS & SPORTS MEDICINE CLINIC**

# **Bothwell hosting 2nd Annual Sports Medicine Symposium on Aug. 15**

The Bothwell Orthopedics and Sports Medicine Clinic will host a free sports medicine symposium Aug. 15 for area athletic directors, coaches, trainers, parents and athletes.

The event will be from 1-4 p.m. at the Smith-Cotton High School Auditorium. Topics that will be discussed include career options for athletic trainers, the long-term consequences of sports injuries, challenges of athletics administration, and recent advances in sports medicine.

The keynote speaker will be Dave Slifer, head women's basketball coach at the University of Central Missouri. He will discuss what goes into building a national championship program.



Other speakers include Dr. Evan Stout and Dr. Ryan Edwards of Bothwell Orthopedics and Sports Medicine; Rob Davis, athletic director at Smith-Cotton; and athletic trainers from Bothwell PEAK Sport and Spine in Sedalia. Dr. Doug Kiburz of Bothwell Orthopedics and Sports Medicine will emcee the event.

The free symposium is open to the public. To register, visit www.brhc.org/sportsmedicineclinic.

# SPORTS MEDICINE SYMPOSIUM

**WHEN**: 1-4 p.m., Wednesday, Aug. 15

**WHERE**: Smith-Cotton High School Auditorium

**TO REGISTER**: go to www.brhc.org/sportsmedicineclinic

### **VOLUNTEERS STILL NEEDED AT THE FAIR (AND YOU'LL GET A FREE T-SHIRT)**

Bothwell Volunteer Day at the Fair is Saturday, Aug. 11, and we still need a few volunteers.

Bothwell started a new tradition last year by staffing all seven water pavilions at the Missouri State Fair for one day. This year we want to try to cover them for two days. The plan is to fill Saturday's shifts first and then start trying to fill all the Sunday slots.

But we need your help!

Two people are needed for each four-hour shift between 9 a.m. and

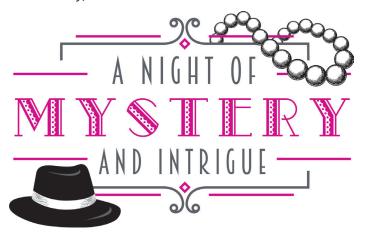
9 p.m. This is a great opportunity for community outreach. Plus, you'll get a free T-shirt!

To sign up to volunteer or to learn more, contact Melissa Boeschen at ext. 9138 or at mboeschen@brhc.org.

### **FOUNDATION NEWS**

Save the Date!
Bothwell Foundation Benefit

Saturday, Nov. 3 at "The Venue" in Downtown Sedalia



### IN MEMORY OF

The following memorials were received:

### In memory of Virginia Lee Kiburz

Ms. Susan Roe

### In memory of Herbert Quigley

H.I.M. Department

### In memory of John Best

Mr. Daniel Bahner

Ms. Carol Ann Best

Ms. Tina Chenault

Ms. Patricia Hicks

Mr. Steve Leimkuehler

Mr. and Mrs. William Salyer

Mr. Hal Smith Jr.

Mrs. Martha Spale

Mr. and Mrs. Anthony Spina

Ms. Rose Mary Tennill

Mr. and Mrs. Kenneth Vogl

Wood & Huston Bank

Materials Management

### **KICKIN' IT FOR A CURE**



The Smith-Cotton Lady Tiger Soccer Team held its Annual Kickin' It For a Cure Game on April 30 to raise funds for the Bothwell Foundation's Gene Loveall Cancer Services Fund. The game this year raised more than \$4,400.

### SUMMER SALE SUCCESS!

Thank you to all the employees who made the 2018 Summer Sale a success.

Your purchases brought in \$257 for the Foundation, plus your purchases helped to clear out some closet space!

### SCHOOL TEACHERS, COUNSELORS LEARN ABOUT HEALTH-CARE CAREERS

A total of 48 counselors and teachers from throughout the region recently toured Bothwell as part of a program funded by a "Pathways for Teachers" grant from the Missouri Department of Elementary and Secondary Education's Office of College and Career Readiness.

State Fair Community College wrote the grant to provide teachers and counselors from the college's region the opportunity to learn more about careers in health care.

Along with the tour, teachers learned about Missouri Economic Research and Information Center data on career demand, the variety of careers within a hospital setting, and funding for training available through Missouri Job Centers and the Workforce Innovation and Opportunity Act.



Hollie Dubroc, a registered nurse in Labor and Delivery, discusses the birthing facilities in the Women's Health department with a group of teachers and school counselors from the area.

The group also went through training programs at State Fair CC and got hands' on experience. They also learned how to use career information within the classroom.

At Bothwell, the group visited the Cancer Center, Radiology,

Respiratory Therapy, the Pharmacy, Women's Health, Cardiac Rehab, the Lab and Orthopedics/2 Southwest.

Thank you to Stacie Robertson, Melissa Boeschen, Lauren Thiel, Ann Green and Haley Wheeler for serving as tour guides.

### **HOSPITAL HOSTS LUNCHEON FOR RETIREES**





About 90 retired employees of Bothwell Regional Health Center attended a luncheon June 21 at the Celebration Center at United Methodist Church in Sedalia. Each year the hospital celebrates its retired employees with a luncheon in their honor.

# I BIRTHDAYS

Denice Hageman1
Randy Kreisel1
Christy Goalder2
Lisa Hays2
Tristan Rother2
Janet Chance-Hetzler2
Monica Brant 3
Amber Meinershagen 3
McKenzie Kusgen3
Mary Mittenburg3
Chelsie Snapp 3
Randy Smith4
Jody Clymer4
Julie Snow4
Alex Schlobohm4
Mila Shevchenko 4
Dena Leggiero5
Christy Wilckens 5
Connie Roll6
Mark Harms6
Mike Ashford6
Kerry Glenn7
Patty Bock9
Larry Whipple10
Barb Grechus10
Susan Kelly10
Crystal Hoyes10
Ashley Walters10



Stephanie Bass1	1
Christy Watkins1	1
Calla Wiegel1	2
Jennifer Hofstetter1	2
Kenna Stout1	3
Debbie Anderson1	4
Brenda Estes1	4
Donna Smith1	5
Shawna Asbury1	5
Dr. William Smith1	6
Meghan Shirky1	6
Karen Zimmerschied 1	7
Lisa Eck1	7
Fran Craver1	7
Dustin Renfro1	7
Jessica Evans1	7
Gerald Young1	8

Rachel Owens	20
Callie Rogers	20
Anya Turchin	20
Dr. Paula Schwartz	20
Janeice Dodick	21
Mary Holloman	21
Gaylene Salazar	.22
Helen Thoele	24
Erin Pfeiffer	24
Daniel French	25
Amy Pangburn	25
Alicia Staus	25
Ray Ross	25
Casey Marker	25
Shelby Mullins	25
Laura Kaemper	26
Jill Nienaber	26
Audrey Rush	27
John Benscoter	28
Diane Bergman	28
Sue Srams	28
Amber Alexander	.28
Elizabeth Colley	28
Jennifer Bottcher	.29
Ahsley Vajen	.29
Stacey Nassar	.29
Marissa McLaughlin	.29
Erin O'Connor	.29
Donna Cline	30
Shirley Schlobohm	30
Bryce Weir	30
Kathy Ernst	31
Pronda Cramor	21

### **AUXILIARY NEWS**

**Next Scrub Sale Aug. 24** 

The Bothwell Auxiliary will have a Fashion Avenue Scrubs Sale in the Bothwell Café from 11:30 a.m. until 6:30 p.m. on Friday, Aug. 24.



### **DIANE LINDENMEYER RETIRES AFTER 40 YEARS OF SERVICE**







Staff in the Respiratory Therapy Department recently surprised Diana Lindenmeyer with a retirement party. Lindenmeyer retired from the department on June 22. The surprise dinner was held in her honor on June 20, where her colleagues in Respiratory Therapy presented Lindenmeyer with a plaque recognizing her 40 years of service.

# COMMUNITY OUTREACH

## **Dr. Schwartz presents** to Chamber Breakfast

Dr. Paula Schwartz of Bothwell OB/GYN Associates was the presenter at the Sedalia Chamber of Commerce's

monthly Chamber Breakfast on June 14.

The breakfast was sponsored by Bothwell Regional Health Center.



Dr. Paula Schwartz

Dr. Schwartz discussed the Centering Pregnancy Model, a new model to provide prenatal care for expecting mothers and their partners.

Through centering, groups of five to eight patients with similar due dates — along with their partners — have 10 meetings for two hours each, beginning at 12-20 weeks of gestation.

Dr. Schwartz said the centering model has shown to decrease the rate of pre-term and low-weight babies, increase breastfeeding rates, and leads to better pregnancy spacing.

After all patients have delivered, the centering group has a baby shower, where they can transition to possible group pediatric care.