JUNE 2020

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



LESSONS FROM COVID-19

A Letter from Lori

Ralph Waldo Emerson said, "The mind, once stretched by a new idea, never returns to its original dimensions."

If you're like me, you've had more than one new idea or insight since March when COVID-19 upended everything we know about life.

As we ramped up our COVID preparations, communication with our health and government partners accelerated. Before COVID, I would periodically talk with JoAnn Martin at the Pettis County Health Center or Eric Dirck at the Pettis County Ambulance District. When we activated our Command Center to implement emergency management planning and response, we began daily calls with several partners. Managing and communicating during a crisis reveals a great deal about people. I am proud of how all of us worked together to engage, adapt and make decisions with speed and care. The positive is that I now know a great deal more about each person in our group and this shared experience has bonded us together.

We also found new ways to communicate with the public. With the help of Callis, our marketing team, we hosted several "Myth or Fact" episodes for Bothwell Facebook followers using Zoom and Facebook Live.

READ MORE ON NEXT PAGE ▶



WELCOME! New Providers Join Team

BENEFITS NEWS
Health Care
Voucher Program

DAISY AWARD Congratulations Sarah Plante!

GET WELL. STAY WELL. BOTHWELL.

LESSONS FROM COVID-19 (CONTINUED)

A Letter from Lori



We followed up those conversations with an "Ask the Doc" show featuring Dr. Carozza from Bothwell OB/GYN Associates and Sarah Price and Dr. Lind from Bothwell TLC Pediatrics answering questions from the community. The positive is that the show was well received and we will be continuing the series.

On a personal note, I saw a report about coronavirus isolation leading to a bread-baking bonanza and found firsthand that stores were quickly out of ingredients like flour and yeast. A smart person would make the connection that all that bread and other goodies were getting eaten by somebody. Admittedly, I was one of those somebodies, which is the reason I now walk regularly with Dr. Joanna Anderson, SFCC's president. The positive is that quarantine snacking has led to a relationship that I may not have had time to have before COVID.

On June 17, I celebrated (quietly) my one-year anniversary as your CEO. I am happy that we are beginning some return to normalcy both in the hospital and our lives, and I am looking forward to resuming working in hospital departments and clinics and sharing my experience with you in my Friday emails. I have missed visiting with you. Before COVID, I had visited 36 departments, and I'm only halfway done! Unfortunately, we likely won't resume the monthly CEO Lunches for a while because we can't properly socially distance and still enjoy our time together.

I do think, however, that too much has happened for us to return completely to the way our lives were before. And honestly, I wouldn't want to because I believe there are lessons and positives even in calamity. To paraphrase Emerson, we've stretched our minds (and for some of us, our pants) and we will never be the same.

What new ideas or insights have you learned over the last four months? I'd like to hear them.

Hyl-

NEW PROVIDERS

Trio Joins Bothwell OB/GYN Associates

Dr. Loraine (Lori) Nolla, Tracey Arwood, certified nurse midwife, and Leah Crouse, nurse practitioner, have joined Dr. Michael Carozza, Dr. David Oberkrom, and Megan Ray, nurse practitioner, at Bothwell OB/GYN Associates.



Loraine Nolla, M.D., FACOG

Dr. Loraine (Lori) Nolla is board certified in obstetrics and gynecology. She has been serving Bothwell patients as a locum physician and was recently hired full-time. A locum physician is a fully qualified doctor who temporarily works in the place of the regular physician when that physician is absent in order to ensure seamless and timely care for patients.

Nolla is from Wichita, Kansas, graduated from the University of Kansas School of Medicine and completed her residency at the KU School of Medicine-Wichita. She has nearly 25 years of experience in caring for women and their health issues. Nolla also is a Fellow of The American Congress of Obstetricians and Gynecologists.

"My prospective patients should know that I will be upfront and honest with them. If I can't help them, I will find someone who will."



Tracey Arwood, CNM

Tracey Arwood is a certified nurse midwife and most recently worked at Western Missouri Medical Center in Warrensburg.

Arwood and her husband, Chris, have a bundle of kids, dogs, cats, chickens, and a goat. As foster parents they like to spend time doing activities as a family. They especially enjoy the outdoors, attending their kids' sporting events, gardening, hiking, and camping. Arwood's happy place is in her hammock under the trees reading a good book.

Arwood grew up in Wichita, Kansas, but has been in Missouri most of her adult life. She received a Bachelor of Health Science degree from Truman State University in Kirksville,

Missouri, and completed her nursing degree at Barnes-Jewish College of Nursing in St. Louis. She completed the Community Nurse-Midwifery Education Program specialty track while also earning a Master of Science in Nursing degree from Frontier Nursing University in Hyden, Kentucky.

"Midwife means 'with women,' and I love being with my patients through joy and tears. There are many misconceptions about midwives. Midwives are unique in that they can provide extra time with patients at the bedside, answering questions and supporting them in their wishes through labor. I also care for women throughout their lives, including birth control, annual well-woman exams, breast concerns, bleeding irregularities, and menopause."



Leah Crouse, WHNP

Leah Crouse has 20 years of experience as a women's health nurse and recently earned certification as a Family Nurse Practitioner and a Master of Science degree in Nursing from Cox College in Springfield, Missouri.

Crouse moved to Sedalia from Springfield in March. She and her husband, Bobby, are a blended family with six sons. She enjoys reading, spending time with family, camping, hiking, and exploring new places with her husband on their motorcycle.

"Women's health is something I feel passionate about. I hope that my patients feel comfortable with me and know that I will be sensitive

to their needs and open to questions and their concerns. I love that I can share life's journey with other women."



Dr. Ashley Tardieu Joins Bothwell Family Health

Dr. Ashley Tardieu joins Dr. Robert Miley and Nurse Practitioners Sherry Schwartz, Stephanie Bollinger and Audrianna Ruffel at Bothwell Family Health.

Tardieu and her husband live in Sedalia and when she's not working they enjoy working on their land that includes dogs and chickens. She also enjoys hunting, fishing, camping, and time spent on the water and around a fire with friends.

Tardieu received her undergraduate degree in neuroscience and biology from the University of Wisconsin and completed medical school in 2014. She completed a residency in rural family medicine at Louisiana State University in Shreveport where she participated in the LSU School

of Medicine's Rural Scholars Track that trains physicians committed to practicing primary care medicine in rural areas.

"I chose to become a physician, particularly a family medicine physician, because I love the opportunity to work with patients of all ages. Family medicine allows me to develop long-term relationships with my patients and see them through the healthy and sick times in their lives."

Misty Todd, M.D. Joins Bothwell Cole Camp Clinic

Misty Todd, M.D. is a family medicine physician who will practice at Bothwell Cole Camp Clinic starting in August. Todd attended medical school at the University of Missouri and completed her residency through the University of Missouri Family Medicine Residency program. During the residency, Todd was the Chief Resident. She was also named the MAFP resident of the year due to her advocacy and dedication to the specialty of Family Medicine.

Matthew Roehrs, D.O. to Join Bothwell

Matthew Roehrs, D.O. is a family medicine physician who will join the Bothwell team August 2021. Roehrs attended medical school at A.T. Still University and is currently completing his residency training through the University of Missouri Family Medicine Residency program.

Welcome to all our new providers!

BOTHWELL BOARD OF TRUSTEES NEWS

Thank You to Departing Members

At its June meeting, the Bothwell Board of Trustees said goodbye to departing board members Jeff Wimann, David Floyd, T. Brody Kempton, David Kuhlmann, M.D., and William Woolery, M.D. In February, Sedalia City Council appointed Bishop Paul Jones to the board to complete John Warder's term, which expires June 2021. One seat remains unfilled.

The current board of trustees includes:

- · Cam Jennings, Chairman
- · Stafford Swearingen, Vice Chairman
- John Kehde, Secretary
- · Joyce Foster, Member
- Kelvin Shaw, Member
- Bishop Paul Jones, Member
- · TBD, Member

Meetings are held at 7 p.m. on the fourth Tuesday of each month in the board room.



At its June meeting, the Bothwell Board of Trustees recognized five outgoing board members and presented each with a gift. Front row, from left to right: Outgoing trustees Dr. William Woolery, Dr. David Kuhlmann, David Floyd, and Jeff Wimann; not pictured, Brody Kempton; middle row, from left to right: Lisa Irwin, Human Resources director; Joyce Foster, trustee; Stafford Swearingen, board vice chair; Mayor John Kehde, trustee; Lori Wightman, CEO; and Dr. Phil Fracica, chief medical officer; and back row from left to right: Rose McMullin, chief nursing officer; Cam Jennings, board chair; Keith Morrow, clinic operations vice president; Kelvin Shaw, trustee; Bishop Paul Jones, trustee; and Steve Davis, chief financial officer.

COMMUNICATION CORNER

Communicating Between Departments

In order to facilitate better communication between departments, the Communication Committee asks that everyone print and use the Communication Tool shown below, which demonstrates how to share appropriate information and ask questions if more information is needed.

The tool can be accessed on the Intraweb under Forms/Miscellaneous Forms.

In addition to helping streamline communication between departments, knowing about and acknowledging this tool is especially important due to several upcoming surveys.

Thank you!

COMMUNICATION TOOL						
Handoff Communication for	Handoff Communication	<u>NOTES</u>	Before Phoning the Practitioner:			
All Nursing Departments to include:	for Specific Nursing Departments:	ASK if more information is needed	☐ Have I seen & assessed this patient myself? ☐ Are there standing orders or clinical guidelines			
Self-Introduction (Calling/Receiving) Patient Name, DOB Code Status Allergies Current Diagnosis Pain/Nausea Meds Given Procedures Performed Mentation/Guardian	OR/PERIOP ALSO NEEDS: NPO Status Weight Consent Signed Beta Blocker Given if needed Pacemaker/Defibrillator How Travels H&P on Chart Jewelry Removed		for reference? Do I have the following at hand: Patient chart/computer documentation MAR with list of current meds, med allergies/ intolerances IV fluids – type and rate Most current vital signs If reporting lab work, date and time done, results of previous tests for comparisons Code Blue status Have I read the following: The most recent practitioner's progress notes Notes from the previous shift nurse For consultation, have I discussed this call with: My lead nurse and/or the Patient Care			
Interpreter/VRI needed Drains/Wounds	Hearing Aids/Contact Removed		• My lead nurse and/or the Patient Care • Coordinator or the Rapid Response Team When you call:			
IV Size and Location IV Fluids on pump Lab Results Applicable	Swing Bed ALSO NEEDS: Last BM		□ Remember to identify: • Yourself and your unit • The patient and room number/location □ Know the admitting diagnosis/date of admission			
Oxygen Vital Signs Precautions (fall/contact) Limb Alert Activity Diet Family Present	ED - CCU - PCU - ORTHO - 2SW - PEDS - WHC BEFORE CALLING REPORT: Admit orders MUST BE present including: Resuscitation Status Oxygen if applicable Diet Order Activity Order Pain Med if applicable Antiemetic if applicable		□ Briefly state: • The problem • When it happened/started • How severe it is □ What do you expect to happen as a result of this phone call? □ Document • With whom you spoke • Time of call • Summary of conversation □ If practitioner orders treatments or diagnostic tests • Write down the order • Read it back for clarification □ Complete the order process as per policy			

COMMUNICATION CORNER (CONTINUED)

Communicating Between Departments

COMMUNICATION TOOL				
NOTES: Who (Who is calling/phone number):				
	Patient Location:			
What (Subject):	Test Procedure:			
When (Time of call/due date):	Orientation: Alert/Oriented Confused			
when (Time of Catt/due date):	Mobility: Wheelchair Cart Patient Bed			
Where (If applicable):	Patient on Oxygen: Yes No Liters			
	IV: Lock Running fluids on pump No IV			
Why/How (Repeat/clarify particulars):	Pain Meds in last hour: Yes No			
	What med?			
COMMUNICATION ETIQUETTE/ FOUR STANDARDS:	Cardiac Monitor: Yes No			
Safety – Ultimately all of us are concerned with the safety of our patients. Whatever is done will effectively impact our patients.	Appropriately disrobed for exam: Yes No			
Efficiency – The efficiency with which we work determines our effectiveness. We should be efficient in order to be good stewards of our time, energy and funds.	If no, advise staff to disrobe			
Courtesy – Treat everyone with courtesy, dignity and respect. It's how we want to be treatedon all levels!	Infection Control Precautions: N/A			
Professionalism – In taking care of our patients, maintaining a professional persona helps them accept their care, treatment, outcome, and they will	Contact Droplet			
most likely respond in kind.	Code Status: DNR Full Code			
When answering a call from any media (phone, radio, pager, etc.), pause before saying anything. There is a definite beat/lapse while the connection is made. "Administration. Good morning, this is Jan!" but the caller hears"ing, this is Jan!" On the radios, acknowledge caller first. Say 'over' at the end of each transmission; response is required. Transmissions allow only one to speak at a time.	Meds only Code			
Three other items that should be considered:				
1) Tone of voice – If you sound tired or exasperated, it shows.				
2) Be kind – Look at yourself in a mirror when answering any call and smile. Your response often sets the mood for the entire call.				
3) Thank you! Say thank you as often as needed.				
CODE BLUE	RAPID RESPONSE Dial 1111 stating Rapid Response to room XXX			

to be paged overhead

stating Code Blue in room XXX

PROTECTING PATIENTS AND EMPLOYEES

Patient Safe Handling Initiative

Bothwell's accrediting agency, The Joint Commission, along with the Occupational Safety and Health Administration and the American Hospital Association recommended that we implement a patient safe handling program to help reduce injuries.

The **Safe Patient Handling and Mobility Committee** was subsequently created and comprises frontline and clinical employees from all nursing areas, ancillary departments and clinics who have the most input into patient care needs.

The patient safe handling program is essential because it will reduce the fears patients experience during lifting because staff are competent in their abilities to use equipment; help lower costs and injuries to both patients and staff; improve employees' job satisfaction; and improve patient satisfaction.

The committee's objectives are to:

- Collect baseline data including patient handling activities that are highest risk for staff and patients, types and causes of injuries to staff, causes of damages to equipment, and where injuries occur and how often
- Provide patient handling recommendations that will help lower costs and injuries to patients and staff
- Assess current equipment and provide recommendations for future equipment needs, e.g. ceiling-mounted lift systems, lateral transfer devices, sit-to-stand lifts, friction-reducing devices, gait belts, as well as equipment storage
- Develop a current equipment inventory and locations of equipment in order to help decrease the amount
 of staff time is used to locate equipment and make it easier to access, as well as increase the likelihood that
 equipment will be used
- Assist in establishing quick-reference "if/then" algorithms to help staff select appropriate techniques and equipment quickly and easily
- Help in establishing "how to use" videos for equipment that can be found on the intraweb
- Help in establishing uniform equipment throughout the hospital and clinics so staff can use equipment no matter where they work, either permanently or temporarily
- Encourage increased use of the equipment

The committee welcomes input from all employees. If you have questions or would like more information, please talk to your department's team member. The committee meets at 2:30 p.m. on the first Thursday of each month in the board room.

EMPLOYEE BENEFITS

Health Care Voucher Program Remains FY21

During the FY21 budget planning process, it was approved that the annual \$500 certificate that covers services provided and billed by Bothwell Regional Health Center for eligible employees, spouses and dependent children will remain in effect.



Sarah Plante

DAISY AWARD Congratulations Sarah Plante!

For Sarah Plante, patient well-being is the most important part about being a nurse.

A registered nurse, Plante works in Bothwell Regional Health Center's 2 Southwest medical department. On Feb. 28, she became the most recent recipient of the hospital's DAISY Award, given to a nurse who best exemplifies competent and compassionate care.

Plante was nominated for the award by a patient who had recently received a lifechanging diagnosis of congestive heart failure, an incurable heart condition.

"Sarah is a special person," the patient said of Plante. "I was here for just two days, but in that time, she was not only my nurse, but my little sister, a confidant, and most of all a friend. I was feeling down about my diagnosis, but Sarah put on her superhuman cape and made me want to strive to deal with my illness."

Plante said she loves getting to know her patients and caring for them on a professional and personal level.

"My favorite part about my job is forming relationships with my patients and their family members," she said. "Their hospital stay is improved by having a nurse they can trust and depend on to make sure their needs are met and that they are heard... I know how scary it is to be on the other side of things, and having a nurse who has your best interests at heart eases your mind and helps you focus on healing."

The nominator said that before forming a relationship with Plante, they had seriously considered ending their life when they returned home. However, Plante provided hope.

"She probably doesn't realize it, but Sarah saved my life," they said. "Her attention, caring manner and just a true shining light coming from her changed my mindset. My entire life changed because she took five minutes to listen to me and my problems. Sarah is truly a godsend, and I thank God I was placed in her path."

Bothwell's Chief Nursing Officer Rose McMullin presented Plante with a certificate commending her for being an "Extraordinary Nurse." She also received a DAISY Award pin and a sculpture called "A Healer's Touch," hand carved by artists of the Shona Tribe in Africa. Also, a DAISY Award banner recognizing her will hang on the nurses' desk in 2 Southwest, and Plante's name will appear on the DAISY Foundation website.

"The DAISY Award is one of the greatest honors a nurse can receive because the nomination comes from a patient or their family," McMullin said. "Sarah is a compassionate and caring nurse. She is well-liked by her peers, and she clearly is making a difference in the lives of her patients It's just so gratifying to recognize our nurses for their dedication to patient care, and Sarah deserves this honor."



From left, Lori Wightman, Bothwell CEO; Sarah Plante; and Rose McMullin. Bothwell Chief Nursing Officer.

READ MORE ON NEXT PAGE ▶

DAISY AWARD (CONTINUED) Congratulations Sarah Plante!

Plante was inspired to become a medical-surgical nurse after her grandmother was diagnosed with thyroid cancer.

"I was inspired to become an RN after watching nurses care for my grandmother," she said. "I remember the compassionate care they provided during those trying times. One of my favorite things to remember during trying days of nursing is 'remember why you started', and for me, my reason was to make a difference in the lives of others. It means the world to me that a patient appreciated my care so much that they would nominate me for the DAISY Award and validates why I became a registered nurse."

The DAISY Award for Extraordinary Nurses was started in 1999 in Glen Ellen, California, by members of the family of Patrick Barnes, who died at the age of 33 of complications from an autoimmune disease. The care his nurses provided was the inspiration for the DAISY (Diseases Attacking the Immune System).

An international award, the DAISY is awarded in more than 2,800 health care facilities in all 50 states and in 17 other countries.

Bothwell Regional Health Center began recognizing its nurses with the DAISY Award in March 2018. Jessica Wheeler, Shari Thomasson, Shasta Nardi, and Courtney Rumans are previous recipients.



Sarah Plante, center, surrounded by some of her 2 Southwest colleagues.

PLEASE NOTE: These photos were taken prior to the hospital's mask requirement due to the COVID-19 pandemic.

FEBRUARY EMPLOYEE OF THE MONTH

Rachel Vieth



Rachel Vieth

Rachel Vieth is the Bothwell Employee of the Month for February. Vieth is a ward clerk in the Emergency Department and was recognized for her leadership and dedication.

"Rachel is the driver of our busy department," the nomination said. "She is one of the most efficient ward clerks I have ever worked with, and we are fortunate to have someone so committed to our patients and their care."

The nomination said that Vieth ensures all information is efficiently and properly organized, even during stressful situations, and she can answer almost any question relating to her job that is asked of her.

"Rachel is always looking for ways to improve the department's performance," the nomination added. "She is knowledgeable, reliable and tackles every challenge she faces head on. I am so grateful for her and all her hard work. Bothwell is lucky to have her on our team."

Congratulations, Rachel, on being named Employee of the Month for February!

Editor's Note: Human Resources suspended selection of the Employee of Month during the COVID pandemic. The recognition program will resume in July.

WELCOMING SWEET BABIES Lullaby to Play on Intercom

Bothwell patients, visitors and employees will soon occasionally hear the soothing sounds of a lullaby on the intercom system. According to Hollie Dubroc, Labor and Delivery director, the music will play overhead each time a baby is born in the hospital.

"We are going to have a button by the doors on the way out of the labor and delivery unit," Dubroc said. "The new parents will be encouraged to 'push the button,' which will signify this important moment in their lives."

SAVE THE DATE

SCRUB SALE | JULY 30

Time and location/platform are to be determined based on the COVID-19 situation around the date of the sale.

Please watch your email for additional or updated information.

JOIN US FOR A FUN DAY AT THE MISSOURI STATE FAIR!

SATURDAY, AUG. 15, 9 a.m. to 8 p.m.

Bothwell will again assist with Water and Souvenir sales at this year's Missouri State Fair.

- Get a free Bothwell volunteer t-shirt
- · Get a free admission ticket and parking pass for the day you volunteer
- · Some locations have two spots per shift; others are single spots
- · Represent Bothwell and have fun at the Missouri State Fair
- A mask and hand sanitizer will be available for each volunteer
- You must be 18 or older to volunteer

Sign up at this link: https://www.signupgenius.com/go/8050e49a9af2ca3fe3-bothwell1 today.

Have questions? Contact Ann Green at agreen@brhc.org or ext. 8855.



SAVE THE DATE BAKER SHOE SALE

Bothwell Auxiliary is planning a Shoe Roads Production sale event, which offers the best of the best when analyzing footwear for professional use as well as the best offering of trendy products currently popular in the marketplace.

JULY 16 8 A.M. TO 3 P.M.

Please note that depending on the current COVID-19 situation around the sale date, this event will either be in person inside the Bothwell Cafeteria or an online event.

Please watch your email for additional or updated information.



Carla Anderson Holli Bircher Megan Elwood Sarah Fredrickson Lucy Hughes Serena Cronk
Rachel Umlauf
Jessica Craig
Brandy Chamberlin

PUTTING FACES WITH NAMES

New Employee Photos Now on Intraweb

Thanks to suggestions from employees, Human Resources and IT staff collaborated to post photos of new employees on the Intraweb. To see each month's new employee photos, along with their names, click on the "Bothwell Welcomes New Employees" link located at the top right of the Intraweb home page. There's no need to log in to see the photos!

NEW EMPLOYEES

February

Shasta Balke Case Management

Shala Butler Housekeeping

Brittany Doyel 2 Southwest

Riley Hagedorn
Nursing Administration

Sadie Karigan

Nursing Administration

Dakota Lairmore

Dietary

Kirby Lewellyn Occupational Therapy

Damon Lutjen
Nursing Education

Troy Meier Plant Services

Danielle Smith

Progressive Care Unit

Maggie Sparks

Dietary

Mackenzie Walker Clinic Billing

Katherine Wooden Health Information Management

Melinda Yeager 3 Southwest

March

Alyssa Bailey 3 Southwest Whitney Benscoter Social Services

Sherry Bolyard Housekeeping

Kinna Cramer Labor and Delivery

Leah Crouse Bothwell OB/GYN Associates

Jennifer Gamber Bothwell Walk In Clinic

Vida Grandfield Dietary

Kayla Halvorson Pharmacv

Dalton Hermanson Nursing Administration

Ann Holm 2 Southwest

John Jackson Dietary

Brian Mcwhirter Biomedical

Chelsea Milligan

Surgery

Rachel Morgan Pathology

Shelby Mullins Housekeeping

Chelsey Pottorff Bothwell Medical Equipment Sara Reed Housekeeping

Mckenna Rios 2 Southwest

Lucas Sheeley Plant Services

Christopher Shelby

Surgery

Annette Smith Administration

Jacquelyn Strope
Emergency Department

Dr. Ashley Tardieu Both Family Health

Jim Voitl
Pathology

Sarah Walker Clinic Billing

Tyler Williams
Nursing Administration

April

Dr. Lori Nolla Bothwell OB/GYN Associates

Kimberly Braverman
Nursing Administration

Sara Dunn

Nursing Administration

Amy Carr

Nursing Administration

Allison Brosch
Nursing Administration

Verena Dennis 2 Southwest

May

Tracey Arwood Bothwell OB/GYN Associates

Krystal Burnett Pathology

Amra Dolic Administration

Elizabeth Dye Critical Care Unit

Kali Edwards Emergency Department

Annabelle Lorenz 3 Southwest

Mackenna Morgan Women's Health Clinic

Morgan Shockley *Pathology*

Emma Stone *Orthopedics*

Christina Thompson Emergency Department

Samantha Unkel Progressive Care Unit

Paula Williams
Critical Care Unit

BIRTHDAYS

HAPPY BELATED WISHES TO OUR APRIL, MAY AND JUNE BIRTHDAYS!



We are so sorry that due to suspending the Billboard in March, April and May that we missed sharing the names and dates of our employees who celebrated birthdays in April, May and June. We hope each of you enjoyed your special day!

Denice Hageman	1
Randy Kreisel	1
Tristan Rother	2
Janet Chance-Hetzler	2
Monica Brant	3
Amber Meinershagen	3
Mary Mittenburg	3
Chelsie Snapp	3
Jenny Tidmore	3
Maggie Sparks	3
Randy Smith	4
Julie Snow	4
Alex Schlobohm	4
Dena Jenkins	5
Christy Wilckens	5
Connie Roll	6
Mark Harms	6
Mike Ashford	6
Tanner Fuemmeler	6
Jonathan Beckman	6
Kerry Glenn	7
Hazel Ortiz Lopez	8
Patty Bock	9
Angel Abbett	9
Jenny Giffen	9
Jennie Vanderlinden1	0
Larry Whipple1	0
Barb Grechus1	0
Crystal Hoyes1	0
Ashley Walters1	0
Stephanie Bass1	1
Bailey Norman1	1
Rachel Hogan1	1

Bailee Vinson11
Calla Wiegel12
Jennifer Hofstetter12
Jennifer Harding13
Debbie Anderson14
Brenda Estes14
Mikayla Letchworth14
Jodie Rapp14
Donna Smith15
Shawna Asbury15
Michelle Noblitt15
Nichole Cramer15
Meghan Shirky16
Galina Morgunenko16
Dr. David Wuellner16
Karen Zimmerschied17
Lisa Eck17
Fran Craver17
Kelsey Ehlers17
Tiara Mason17
Gerald Young18
Trent Lankford19
Nick Williams19
Rachel Owens20
Callie Rogers20
Anya Turchin20
Whitney Watring20
Sara Reed20
Janeice Dodick21
Mary Holloman21
Dr. Traci Kristofik21
Gaylene Salazar22
Heather Smith23

Daniel Bridges	23
Adam Schreck	23
Helen Thoele	24
Erin Gottschalk	24
Madison Corle	24
eanette Kelly	24
Shala Butler	24
Daniel French	25
Amy Pangburn	25
im Voitl	25
Alicia Staus	25
Ray Ross	25
Casey Marker	25
Chelsey Pottorff	25
Morgan Shockley	25
Kristen McCullough	26
Laura Kaemper	26
illian Nienaber	26
Emma Stone	26
Audrey Rush	27
ohn Benscoter	28
Diane Bergman	28
Sue Srams	28
Amber Alexander	28
Anna Herring	28
ennifer Bottcher	29
Stacey Nassar	29
Donna Cline	30
Shirley Schlobohm	30
Brenda Cramer	31