AUGUST 2018 BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



A LEGACY OF GENEROSITY Lovealls' kindness lives on in donation to Bothwell

Gene Loveall, a dear friend of Bothwell Regional Health Center and the Sedalia community, died on Aug. 4. He and his wife, Frances, leave behind a legacy of generosity and kindness that will continue to make a difference for years to come.

The Lovealls moved to Sedalia in 1987 after selling a chain of western wear stores they opened in North Carolina after Gene retired from the Marine Corps.

They returned to Missouri, because it was Gene's home state. He grew up on a dairy farm near Chilhowee, one of 11 children. Gene and Frances bought 40 acres outside the west city

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EMPLOYEE OF THE MONTH Leslie Shapley

COMMUNITY OUTREACH Bothwell around town

> PINKTOBER SHIRTS Order yours today!

LOVEALLS, From Page 1 >

limits of Sedalia, and it wasn't long before he opened Gene's Boots & Hats in the Thompson Hills Shopping Center.

Today, Dr. and Mrs. Doug Kiburz own that 40 acres where the Lovealls built their first home in Sedalia. "Gene had cleared the 40 acres by hand and kept it up like a golf course like the Marine he was," Dr. Kiburz said. "Frances kept the house white-glove clean. Connie and I love the land hopefully as much as Gene and Frances."

In 2003 Frances suffered a stroke, and after four long weeks of driving back and forth to Columbia, Gene was able to bring her back to Sedalia, where she received an additional three weeks of inpatient care in the Skilled Nursing Unit at Bothwell Regional Health Center. After being released from the hospital she returned regularly for out-patient therapy through Bothwell's Cardiac Rehabilitation Department. "Frances basically had to relearn how to do a lot of things, and the people (at Bothwell) helped me get her back," Gene Loveall said.

Dave Floyd, former president of the Bothwell Foundation, recently shared a memory of the couple. "I remember Gene thanking the staff during Frances' rehab, specifically mentioning how they shared in his joy when she had to bake a cake to test her ability. He lovingly thanked the therapists in helping to get her to bake 'the best cake he ever had!'"

Several years later in 2008 Gene received treatment himself at Bothwell when he battled prostate cancer. Gene had praised radiation oncologist Dr. William Decker and the staff of the Susan O'Brien Fischer Cancer Center for the "Frances basically had to relearn how to do a lot of things, and the people (at Bothwell) helped me get her back."

Gene Loveall

treatment and care after his diagnosis.

Inspired by the care they both received at Bothwell, in 2011 the Lovealls decided to make a \$100,000 donation to the Bothwell Foundation, establishing the Frances Loveall Stroke Recovery Fund and the Gene Loveall Cancer Services Fund.

"The Lovealls knew firsthand how important these services are to the community, and their donation will help other patients who face the same health issues," Floyd said.

These funds have paid for various pieces of equipment and other items to benefit patients at the hospital.

Married for 66 years, whatever the Lovealls did, they did together. Gene bid his bride farewell when she passed in October 2016. After her death, his life just wasn't the same, and he joined her on Saturday, Aug. 4, 2018.

The Lovealls were a rare and beautiful couple poised and genteel while still being down to earth and warm. Their presence will be missed, but their legacy of generosity will continue for years to come. Thank you, Gene and Frances!

COMMUNITY OUTREACH Bothwell makes the rounds in our community

SPORTS MEDICINE CLINIC

On Wednesday, Aug. 15, Bothwell **Regional Health Center sponsored** a free Sports Medicine Clinic at Smith-Cotton High School for area coaches, athletic directors, trainers and student athletes and their parents. Speakers included Dr. Kelly Edwards and Dr. Evan Stout of Bothwell Orthopedics & Sports Medicine, athletic trainers from Bothwell PEAK Sport and Spine, Athletic Director Rob Davis of Smith-Cotton High School, and Dave Slifer, head women's basketball coach at the University of Central Missouri.

Dr. Doug Kiburz of Bothwell Orthopedics & Sports Medicine was the emcee for the program.







Dr. Kelly Edwards

free "Sports Medicine Injury Clinic" every Saturday through Oct. 27 at 3222 W 16th Street. This is an opportunity for athletes who suffer a sports injury on Friday night to have a physician or physical therapist examine them the next morning.



Team Building

- Selfless mature players playing with passion for each other.
- Bench players accepted role and enjoyed the journey.
- Big minute players treated their teammates we and made them feel important.

Above: Dave Slifer, head women's basketball coach at the University of Central Missouri, discussed the Jennies' run to become the NCAA Division 2 National Champions last season.



Dr. Evan Stout

Stout and PEAK also are providing a



BOTHWELL VOLUNTEER DAY AT THE MISSOURI STATE FAIR

Volunteers from Bothwell staffed the water pavilions at the Missouri State Fair on Aug. 11 and 12.

The hospital also provided free blood pressure checks and health information from 9 a.m. to 6 p.m. on Aug. 9 and 15. A total of 371 blood pressure checks were done over the two days. Thanks to all who helped represent Bothwell at the State Fair!



Andrea Kiso, an RN in Case Management, checks the blood pressure of a visitor to the Senior Lounge at the Missouri State Fair on Aug. 15.

COMMUNITY OUTREACH WORLD BREASTFEEDING WEEK

Bothwell sponsored a "World Breastfeeding Week" celebration on Aug. 1 at Smallcakes in Sedalia.

The cupcake and creamery shop provided free mini "smash cakes" and ice cream, and employees from Bothwell, along with representatives of Pettis County WIC and the Pettis County Health Department, provided informational materials on breastfeeding.





Janice Johnson, seated, a registered nurse in Women's Health and a boardcertified lactation consultant, provides material to a visitor at the World Breastfeeding Week celebration at Smallcakes. At left, staff at Smallcakes provided free "smash cakes" and ice cream to visitors at the event.

Bothwell offering CPR, First Aid classes on Sept. 8

Bothwell Regional Health Center will offer a cardiopulmonary resuscitation (CPR) and first aid class for the community on Saturday, Sept. 8. The CPR class will be held from 8 a.m. to 12:30 p.m. and the first aid portion will be from 1 p.m. to 4 p.m. Both classes will be in the Bothwell Education Center at 600 E. 14th Street.

Students will learn how to provide CPR to an adult, child or infant, as well as how to use an automated external defibrillator (AED) on adults and children older than 1. Students in the first aid component will learn basic first aid and other skills to use during medical and injury emergencies.

This course is designed for anyone who wants to

learn CPR and first aid, including corporate and retail employees, security, law enforcement, health and fitness staff, and those who need a completion card in CPR, AED and/or first aid.

It is a credentialed program and includes a skills test. The course does not meet the needs of healthcare providers requiring certification. Course curriculum is provided by the American Heart Association.

The cost of the class is \$35 for CPR/AED or first aid, or \$50 for both the CPR/AED and first-aid components. Preregistration is required and can be completed by contacting Community Outreach Coordinator Melissa Boeschen at 660-827-9138 or mboeschen@brhc.org. Class size is limited.

EMPLOYEE OF THE MONTH Leslie Shapley

Leslie Shapley is the BRHC Employee of the Month for August. Shapley, a registered nurse in Progressive Care, was praised in her nomination for her great attitude and willingness to always help out her colleagues.

"She always has the best attitude towards her patients," the nomination said. "She has pride in what she does and who she works for."

The nomination said Shapley is the first to respond whenever her coworkers need help. "I can always count on her to help with anything that needs to be done," the nomination said. "Leslie is a very good nurse. She is always professional with everything she does."

Congratulations, Leslie, on being named Employee of the Month for August.



STAR AWARDS

Ashley Barnes Pediatrics Debbie Billings Cardiology Margaret Brando **Respiratory Therapy** Jovana Cervantes-Cruz Radiology Human Resources Deb Clemmer Conni Cooper Radiology Sandra Cornine 2 Southwest Kim Cox Admitting Lauren Cox Information Services **Russell Dedrick** Radiology Jacey Etter **Progressive Care** Natalie Ficken Radiology Kathy Friedly Information Services Mark Harms **Plant Maintenance** Brooke Huskisson **Progressive Care** Amy Johnson 2 Southwest Janice Johnson Women's Health

Tony Labuary Amber Larsen Dena Leggiero **Chris Lemoine** Terri McCarthy Sarah McCoy Sarah Priesendorf Carolyn Rhoads Susan Roe Alex Schlobohm Suzy Trapino Yaneth Uvario Robin Wagenknecht Jackie Webb Megan Wheeler Lakota Wiskur

Pediatrics Radiology **Progressive Care** Radiology **Patient Financial Services** Radiology Orthopedics Admitting Orthopedics Wound Healing Center **Skilled Nursing** Admitting Same Day Surgery Admitting **Emergency Department** Radiology

EMPLOYEES IN THE NEWS

ADMITTING DEPARTMENT'S PROUD MILITARY MOMS

Three colleagues in the Admitting Department at Bothwell all have daughters currently serving in the Air Force. As a sign of their support for each other, Jewell Smith, Kim Cox and Glenda Richardson bought matching T-shirts that say:

"I am a texting, calling, hopeful-thinking, sometimes crying, email-checking, packageshipping, hug-waiting, hero-raising, always loving, military mom."







Airman Lexie Cox

Sr. Airman Tiffany Jackson



Proud military moms: From Left: Jewell Smith, mom of Master Sgt. Anne Kirby; Kim Cox, mom of Airman Lexie Cox; and Glenda Richardson, mom of Sr. Airman Tiffany Jackson.

BOTHWELL NURSE WINS TOP PRIZE AT FOCUS ON MISSOURI AG PHOTO CONTEST

Jody Teague, a nurse at Bothwell, recently received Best of Show in the 2018 Focus on Missouri Agriculture Photo



Contest. Teague's photo of a cattle drive beat out more than 1,000 entries.

The annual contest is hosted by the Missouri Department of Agriculture and highlights the work of amateur photographers from across the state. Winning photos were displayed in the

Agriculture Building during the Missouri State Fair.

Teague told the Sedalia Democrat this was the first time she has entered a contest for photography. Teague and her husband Kevin own a 160-acre cattle and horse farm near Cole Camp. Her winning photo "Pure Joy" depicts a cattle drive with members of the Windsor Livestock Auction Market in the lead. Teague also took runnerup in The Farmer's Life category for her photo, "A Hard Day's Work," showing her husband branding cattle.



Jody Teague's photo "Pure Joy" won best of show in the 2018 Focus on Missouri Agriculture Photo Contest.

All photos of the 2018 Focus on Missouri Agriculture Photo Contest may be viewed on the department's Flickr stream.

For more information, visit Agriculture.Mo.Gov.

FOUNDATION NEWS Foundation gives grants to area hospices

The Bothwell Regional Health Center Foundation recently presented grants to two hospices to help them better serve the needs of terminally ill patients and their families.

The Foundation presented grants of \$555 each to the Benton County Hospice and Crossroads Hospice Charitable Foundation. The grants were made from hospice-specific donor funds the Foundation oversees. "Because these funds are from donors, we want to ensure we continue to use them as the donors intended," said Foundation Director Lauren Thiel.





The Bothwell Foundation recently presented \$555 grants to the Benton County Hospice (above) and Crossroads Hospice (left). Each year the Foundation makes the grants to the area hospices from donations provided to the Foundation to help meet the needs of terminally ill patients and their families.

Save the date!

The Bothwell Foundation is hosting an employee giving campaign starting Oct. 1. All the funds raised through the campaign will go towards projects that benefit our facility, employees, patients and visitors. Additional details will be provided to directors and in the September Billboard.

Pinktober T-shirts for sale!

The Bothwell Foundation is selling Pinktober T-shirts. All proceeds will benefit the Stereotactic Breast Biopsy system campaign.

Complete a Pinktober T-shirt order form, which can be found on the IntraWeb, and submit payment by Sept. 12. Online orders can be made at www.brhc.org/pinktober. T-shirts are \$20 and a polo shirt is \$30. Checks should be made payable to the Bothwell Foundation.

Employees may wear Pinktober

shirts on Fridays during October. For more information, contact Lauren Thiel at Ext. 7786.





Bothwell Café artwork is available for purchase

The Sedalia Visual Arts Association is displaying art in the cafeteria. Did you know it was available for purchase?

To buy artwork or for additional information contact Glenda at 660-458-6575. Artwork will be changed out on Sept. 17. Twenty-five percent of all sales benefits the Bothwell Foundation.

AUXILIARY NEWS

BOTHWELL AUXILIARY AWARDS THREE HEALTH CARE SCHOLARSHIPS

The Bothwell Auxiliary recently awarded three \$2,500 scholarships to students in health care. Nursing scholarships were given to Samantha Unkel and Stephanie Nicholson, and the Bellamy Scholarship, named for longtime auxiliary volunteer Anna Marie Bellamy, went to Brittany Maher.

Unkel is in the last year of a Bachelor of Science program at Missouri Valley College in Marshall while working at Bothwell. Nicholson is a registered nurse at Bothwell and is working on a master's degree in nursing to become a nurse practitioner. Maher is in the radiologic technician program at State Fair Community College, where she will graduate in May.

Karen Suroff, chairwoman of the BRHC Auxiliary Scholarship Committee, said the Auxiliary was pleased to increase the scholarships this year from \$1,500 each to \$2,500.

"Congratulations to our scholarship winners," Suroff said. "The committee wishes them all the best as they



The Bothwell Auxiliary recently awarded a health care scholarship to Samantha Unkel, pictured with Auxiliary scholarship committee members, from left, Sue Heckart, Karen Suroff, (Unkel), and Peggy Curran.



From left, scholarship winner Stephanie Nicholson, Suroff, scholarship winner Brittany Maher and Curran.

continue in their health care careers. It's our hope that each of them will return to Bothwell and continue to serve our community in the future."

SPARKLE AWARD



The Sparkle Award went to the Cancer Center for excellent hand hygiene and for their patient safety awareness, contacting Infection Control when needed for circumstances that could put patients at risk for infections.

STROKES SEMINAR SET FOR SEPT. 27

The Bothwell Auxiliary will host a seminar on strokes at 2 p.m. on Sept. 27 in the Education Building.

The speakers include a physician from Boone Hospital, Bothwell Chief Nursing Officer Rose McMullin, and a panel of therapists.

NEW EMPLOYEES

Dakota Arnold Amy Bymaster Amanda Cormican Jessica Frizzell Zachary Groder Melanie Hoormann **Kimberly Justice Trent Lankford Courtney Lawson** Mikayla Letchworth Jillian Lisiakowski Miranda Marshall Julia Martin **Heather Micetich** Elizabeth Morrison Sherri Prather Grace Sampson Jason Smith Tracie Southerlin **Kiara Willis** Katlyn Wright

2 Southwest **OB/GYN Environmental Services Environmental Services** Pathology **Emergency Department Environmental Services Progressive Care Family Medicine** Neurology **Radiation Oncology Emergency Department** Internal Medicine Dietary Case Management Pain Management Pathology Plant Services Truman Lake Dietary **Occupational Therapy**

GET HEALTHY AND SAVE MONEY

Don't forget to participate in BRHC Rocks Health and Wellness 2018.

Employees must complete the program once every calendar year to recieve a reduction on medical insurance premiums. All activities for the program must be completed and certification forms turned in by Dec. 15, 2018. Forms can be found on the Intraweb > Popular Links > Human Resources Corner. Contact the Human Resources Department at 9540 for more information.

Skilled Nursing Unit treats patients to an ice cream social



Each month Kelly Bolin, foreground right, a recreation therapist in Bothwell's Skilled Nursing Unit, plans activities and parties tied to holidays or other events for the Skilled Nursing residents to celebrate. This month, the "dog days" of summer inspired an ice cream social.

New state law requires insurance to cover 3D mammograms

Starting this month, all health insurance will now cover 3D mammograms in Missouri.

The technology has been an option for patients, but not required to be covered by insurance.

Medicare and Medicaid already have covered 3D mammograms, but as of Aug. 28, all insurers in Missouri now cover 3D mammograms if that's what the patient wants. The Missouri Legislature passed the measure in this year's legislative session.

SEPTEMBER BIRTHDAYS

| Maria Gutierrez | 1 |
|-------------------|---|
| Karen Duensing | 2 |
| Stacey O'Donnell | 2 |
| Misty Watkins | 2 |
| Kelli Anders | 3 |
| Pam Bruns | 3 |
| Jenn Smith | 3 |
| Lisa Comfort | 3 |
| Evelyn Brandes | 4 |
| Tammy Hankins | 4 |
| Charolett Johnson | 4 |
| Hailey Dunnavant | 4 |
| Diane Crouch | 5 |
| Clarissa Burke | 5 |
| Lizzy Ulmer | 5 |
| Tammie Peace | 6 |
| Brad Cluff | 6 |
| Michele Laas | 7 |
| Stacy Davis | 7 |
| Richard Dawson | 7 |
| Audi Ruffel | 7 |
| Susan McMannama | 8 |
| Lizzie Clark | 8 |
| Mary Box | 8 |
| Millie Harms | 9 |
| Dr. Natania Piper | 9 |
| Khelcey Hyde | 9 |
| Bart Kuhns 10 | _ |



| Boris Ogorodnick11 |
|-----------------------|
| Heather Avey11 |
| Leah Hermanson12 |
| James Crowe12 |
| Laura Phillips13 |
| Alyson Joyce 13 |
| Cathy Harrison14 |
| Shannon Lopez14 |
| Amanda Cormican14 |
| Angie Dewitt15 |
| Christina Pakhnyuk16 |
| Debbie Bobbitt |
| David Beck18 |
| Alisha Schroeder18 |
| Blaire Riley18 |
| Sarah Steffens |
| Donna Sprinkle19 |
| Brooke Allee19 |
| Katherine Paul20 |
| Stacy Jenkins20 |
| Nathan Porter20 |
| Claudia Hernandez |
| Grace Edgar20 |
| Virginia Hutcherson20 |
| Natalie Ficken |
| Alex Swords21 |
| |

| Kelli Abbey21 |
|----------------------|
| Linda Keethler 22 |
| Mary Lou Grose22 |
| Ashley Heishman22 |
| Jessica Bohling22 |
| Shari Thomasson 22 |
| Sabrina Gooch22 |
| Tammy Walker23 |
| Michelle Franklin 23 |
| Cindy McKeon23 |
| Pavel Ogorodnik24 |
| Kayla Moellman24 |
| Malorie Weiss24 |
| Teresa Luyet25 |
| Gwen Fields25 |
| Denise Wernli25 |
| Dr. Jeffrey Sharp26 |
| Lindsey Schubert26 |
| Cindy Harris26 |
| Katie Hill26 |
| Zachary Groder26 |
| Teresa Melick27 |
| Pam Oswald27 |
| Marilyn Johnson27 |
| Suzy Tapino27 |
| Kim Justice27 |