

SEPTEMBER 2018

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



PINKTOBER 2018

Foundation plans month-long campaign to raise awareness

Pinktober is a month-long, community-wide awareness campaign that helps residents in the Sedalia area learn more about breast cancer prevention and treatment.

To kick off Pinktober and the Bothwell Foundation's employee giving campaign, the Foundation is offering a **free coffee bar on Oct. 1 from 7-9:30 a.m. for employees in front of the Café.** Clinic employees will be treated later that week.

Bothwell is also raising awareness through a partnership with area businesses, which will feature

[READ MORE ON PAGE 2 ►](#)



DAISY AWARD
Congratulations
Shari Thomasson!

EMPLOYEE
OF THE MONTH
Lori Gano

COMMUNITY OUTREACH
Bothwell about town

FLU SHOT CLINIC
Time to get your flu shot!

Continued from the previous page

information about the Bothwell Foundation and breast cancer awareness.

Activities tied to Pinktober and benefiting the Bothwell Foundation include:

- Moore's Greenhouse and Floral Shop will host their 9th Annual **Bra Decorating Contest**. Contestants are encouraged to create and decorate a bra, which will be displayed at Moore's during the month of October. Vote for your favorite bra at \$1 per vote.
- **Central Bank of Sedalia** will sell Pinktober T-shirts throughout the month at its various branches.
- The **Sedalia Visual Arts Association** is displaying pink artwork in the Bothwell Café for sale with 25 percent of sales benefiting the Foundation.
- **Axis Salon** will offer pink highlights for the month of October. People can contact the salon directly at 827-1221 for an appointment.
- Sedalia Diet Doc is sponsoring a **Women Warrior Boot Camp — GO PINK!** on Oct. 6 at the SFCC soccer fields.
- Also on Oct. 6, Yeager's Harley Davidson in Sedalia is again sponsoring its **Paint the Road Pink Poker Run** for \$20 per rider.
- In November, KDRO Radio station in Sedalia is having a **No Shave November** fundraiser to benefit the Foundation and its breast cancer awareness efforts.

For more information, go to www.brhc.org/pinktober.

AT-A-GLANCE

Oct. 1

Pinktober kickoff with free employee coffee bar from 7-9:30 a.m. outside Bothwell Café.

Oct. 3

Pinktober shirts will be delivered to department directors by Oct. 3. Extras have been ordered and they can be purchased in the Foundation/Marketing office on a first-come, first-served basis or at Central Bank locations.

Oct. 6

Women Warrior Bootcamp at SFCC Practice Soccer Fields, 8-9:30 a.m.

Yeager's Poker Run, registration begins at 10 a.m.

Oct. 11

BRHC-sponsored Chamber Breakfast 7:30-9:30 a.m. at Best Western featuring Dr. Houman Nourkeyhani

Oct. 12

Von Holten Ranch CT2V National Championship Equine Soccer match

Oct. 15

Breathing Room: United We Flow Yoga Class, 6 p.m.

Oct. 31

Employee giving campaign ends

Nov. 3

Bothwell Foundation Benefit: A Night of Mystery and Intrigue

EMPLOYEE GIVING CAMPAIGN 2018 Why Ann Green wants to help

"I want my contribution to be the key to help other women and their families keep from going through some of the stress that I did."

"There was a questionable spot on your mammogram. We need you to come back in." That's what I heard the day after I had my very first mammogram. My mind couldn't help but race to the worst-case scenario.

Following my mammogram I had to go back in for a spot compression. Next came an ultrasound. Then that dreaded word "biopsy." I spent weeks between appointments trying not to worry, trying to keep my husband from worrying, trying not to make a big deal of it. But, "what if...?"

Perhaps you've gone through a situation similar to this or have a loved one who has. Your gift can help **BE THE KEY** to **UNLOCK THE DOOR** to quicker results for yourself and those of us who have been given that scary news: "We found a spot."

We've had the stereotactic biopsy option here at a Bothwell for many years, but it's a portable system that's only here a couple times a month. When I had my biopsy done in 2014, I had to wait to get scheduled because of the timing of when the system is actually available. My results turned out to be benign, but not knowing what my future was going to hold, struggling between fear and calm, hoping for the best, but recognizing that cancer could be in my future... Those



Ann Green, administrative assistant, Marketing and Foundation

weeks of waiting were tormenting.

This is why I support this campaign. I want my contribution to **BE THE KEY** to help other women and their families keep from going through some of the stress that I did. BRHC employees are being challenged to raise at least \$10,000 of the \$300,000 overall goal for this campaign. If only 100 of us would give just \$5 a paycheck for two years, it would more than meet that challenge and **OPEN THE DOOR** to quicker results.

The Employee Giving form can be found on the Intranet. Payroll deduct is an option, or you can set up an ongoing contribution online at www.bhrc.org/2018campaign.

Will you be 1 of 100 at \$5/pay period? Join me!



DAISY AWARD

**Shari Thomasson
recognized for
outstanding care**

“My mom was a nurse. She was always my hero.”

It hasn't taken Shari Thomasson long to make an impact at Bothwell Regional Health Center.

A registered nurse for the past 17 years, Thomasson began working in Bothwell's Orthopedics Department seven months ago. On Sept. 14, she became the most recent recipient of the hospital's DAISY Award, given quarterly to a nurse who best exemplifies competent and compassionate care.

Thomasson was nominated for the award by a patient who underwent an outpatient knee procedure but was admitted to the hospital with erratic breathing. “Upon arrival, I was greeted by the most friendly, caring and understanding nurse,” the patient said of Thomasson.

“She had a smile on her face and a demeanor of love for her patients. She took absolutely wonderful care of me, seeing to my every need.”



Shari Thomasson reads her DAISY Award certificate while Stacie Robertson, center, and Lizzy Ulmer, right, present her with flowers and cinnamon rolls. Robertson and Ulmer are co-chairs of the DAISY Award Committee at Bothwell.

Bothwell Chief Nursing Officer Rose McMullin read from the nomination at the DAISY Award presentation, which was held outside the Orthopedics Department on the third floor of the hospital. When McMullin told her of the award, Thomasson covered a gasp with her hand before breaking out in a broad smile. Later, she said she was honored to receive the award.

“This is probably the best recognition I have ever received,” she said. “This award goes beyond clinical skills or education level. It’s a personal recognition that speaks to the nurse as a human being.”

The hospital presented Thomasson with a certificate commending her for being an “Extraordinary Nurse.”

[READ MORE ON PAGE 5 ►](#)



Thomasson holds the sculpture, “A Healer’s Touch,” hand-carved by artists of the Shona Tribe in Africa. The sculpture is part of her DAISY Award for Extraordinary Nurses.

Continued from the previous page

She also received a DAISY Award pin and a sculpture called “A Healer’s Touch,” hand-carved by artists of the Shona Tribe in Africa.

Also, a DAISY Award banner recognizing her will hang in the Orthopedics Department, and Thomasson’s name will appear on The DAISY Foundation website.

For Thomasson, working in orthopedics is challenging but rewarding.

“We have a lot of admissions and discharges each day, so it’s busy,” she said. “But it’s really great working with the Joint Program and seeing the patients each day improve their ambulation, strength and stamina. The Joint Program is an incredible opportunity for patients.”

Before becoming a nurse, Thomasson was a medical assistant for 16 years. With a health-care career spanning more than three decades, it’s not surprising that she can’t imagine doing anything else.

“My mom was a nurse, and she was always my hero. I think I became a nurse to pay homage to my mom,” she said. “But then I fell in love with the profession.”

Orthopedics & Sports Medicine simplifies comprehensive care

Beginning Oct. 3, the physicians at Bothwell Orthopedics and Sports Medicine will become Bothwell Regional Health Center employees. Also, patients will now receive one bill and one co-pay for physician clinic services. If you do have a co-pay, it will be collected at the time of your office visit. In other words: One clinic, one bill. The change is part of the clinic’s efforts to streamline operations and provide comprehensive orthopedic care, from initial evaluation through surgery, under one health system.

Bothwell’s team of orthopedic surgeons – Dr. Douglas Kiburz, Dr. Kelly Edwards and Dr. Evan Stout – offer patients more than 65 years of combined experience.



Shari Thomasson stands next to the DAISY Award banner outside ortho.

She said she was taught in nursing school to treat every patient as if they were a family member, a philosophy she has tried to exemplify throughout her career. It is that kind of care that the DAISY Foundation sets out to recognize and celebrate.

The DAISY Award for Extraordinary Nurses is aimed at honoring nurses not only for their skill but also their empathy and compassion toward patients. The award was started by the family of Patrick Barnes, who contracted and died from an auto-immune disease.

Bothwell Employees Credit Union hosting Christmas Club Tea

On Thursday, Oct. 11, the Bothwell Hospital Employees Credit Union will host its annual Christmas Club Tea from 10 a.m. to 5 p.m. at the credit union, which is just west of the hospital at 600 E. 13th St.

This is an opportunity for credit union members and non-members to learn about and participate in the credit union’s Christmas Club, setting aside money for the holidays.

Come to the Christmas Club Tea and put more fun in your holidays!

EMPLOYEE OF THE MONTH

Lori Gano

Lori Gano is the BRHC Employee of the Month for September. Gano, a registered nurse in Progressive Care, was praised in her nomination for her positive attitude and her commitment to her patients.

“She’s always positive with her patients,” the nomination said. “She shows equal compassion with each patient. No matter how busy she is, Lori is willing to help.” The nomination said Gano is dependable and responsible at all times. “She is always professional with her patients, the patient’s family, doctors and coworkers,” the nomination added.

Congratulations, Lori, on being named Employee of the Month for September.



NEW EMPLOYEES

Dakota Arnold	2 Southwest
Amy Bymaster	OB/GYN
Deborah Cannon	2 Southwest
Brandi Cole	2 Southwest
Amanda Cormican	Environmental Services
Toni Chambers	Dietary
Krystle Dawson	Environmental Services
Tyler Eckhoff	Dietary
Melanie Estes	Patient Financial Services
Tanner Fuemmeler	Physical Therapy
Jeffrey Green	Surgery
Kaylei Gooch	Occupational Therapy
Lisha Harmon	Dietary
Isabella Holt	Admitting
Melanie Hoormann	Emergency Department
Denny Jones	PACU
Larissa Laurence	Emergency Department
Courtney Lawson	Family Medicine
Mikayla Letchworth	Neurology
Natasha Ligon	Case Management

Miranda Marshall	Emergency Department
Tabatha May	Skilled Nursing
Karla Melton	Health Information Management
Lauren Nixon	Labor & Delivery
Armistead O’Neal	Radiology
Tricia Page	Surgery
William Parris	Orthopedics & Sports Medicine
Sherri Prather	Pain Management
Lindsey Snurr	Orthopedics
Tracie Southerlin	Truman Lake Clinic
Jennifer Stagner	Family Medicine
Paige Staus	Radiology
Kirstin Stone	Labor & Delivery
Jennifer Weis	Environmental Services
Brittney Williams	Physical Therapy
Mickaela Williams	Environmental Services
Katlyn Wright	Occupational Therapy
Janice Young	Orthopedics & Sports Medicine
Molly Young	Truman Lake Clinic

SALUTES!

As part of a new initiative to recognize Bothwell employees who exemplify the hospital's values, we'd like to give a shout out to the following employees.



These staff members were singled out by patients and their family members through complimentary messages to Patient Advocate Blaire Riley, who documented them and forwarded them to Bothwell CEO Jimmy Robertson.

Our "Salutes" for September go out to:

Dani Albrecht	Bothwell PEAK
Conni Cooper	Computed Tomography
Stacy Jenkins	Computed Tomography
Sara Keuper	Bothwell PEAK
Ashley Klein	Bothwell PEAK
Tricia Parker	Emergency Department
Alisha Schroeder	Emergency Department
Megan Wheeler	Emergency Department

STAR AWARDS

Carla Anderson	Environmental Services	Margie Hartford	Bothwell Medical Equipment
Debbie Anderson	Environmental Services	Tierra Henderson	Cardiology
Shawna Asbury	Skilled Nursing	Laura Hewett	Dietary
John Bencoter	2 Southwest	Sarah Hopper	Critical Care
Debbie Billings	Cardiology	Kory Kephart	Truman Lake Clinic
Leora Bremer	Nursing Education	Katy Kuschel	Cardiology
Matalyn Boeschen	2 Southwest	Angela Leiter	Cardiology
Maria Bunch	Critical Care	Erika Locke	Hospitalists
Rachel Caldwell	Skilled Nursing	Christine Matacua	2 Southwest
Lizzie Clark	Same Day Surgery	Haley Montgomery	Case Management
Deb Cornine	Skilled Nursing	Jordyn Mullins	Critical Care
Bobbi Dorr	Skilled Nursing	Shelby Osburn	Emergency Department
Rosie Douglas	2 Southwest	Mike Parrish	Central Cardiac Monitoring
Kelly Eaton	Truman Lake Clinic	Jennifer Rehmer	Cardiology
Jacey Etter	Progressive Care	Kay Schnack	Case Management
Christa Frame	Skilled Nursing	Trish Shrock	Environmental Services
Eric Fredrickson	Bothwell Medical Equipment	Jason Smith	Facilities Management
Daniel French	Facilities Management	Diana Sokolowski	Cardiology
Cindy Gail	Surgery	Helen Thoele	Cardiology
Kaslyn Gail	Critical Care	Jaclyn Webb	Admitting
Stevie Galloway	2 Southwest	Megan Wheeler	Emergency Department
Sara Garcia	Cardiology	Karen Wienberg	2 Southwest
Ramona Gibbs	Progressive Care	Annie Wolf	Skilled Nursing
Travis Glenn	Truman Lake Imaging	Amber Yearout	Truman Lake Clinic
Tammy Hankins	Bothwell Medical Equipment		

AROUND BOTHWELL

FLU SHOT CLINICS



Don't forget to set aside a moment for your annual flu shot! Flu vaccines will be available for employees on Oct. 1 in the employee health office from 7:30 a.m. to 3 p.m., Monday through Friday. Flu Vaccine Clinics also will be held throughout October.

WHAT: Flu shot clinics for BRHC employees

WHERE: Bothwell Café, Private Dining Room

WHEN: Oct. 9: 6:45-8:30 a.m., 5-6:30 p.m.

Oct. 12: 6:45-8:30 a.m., 11 a.m.-1:30 p.m.

Oct. 16: 6:45-8:30 a.m., 11 a.m.-1:30 p.m.

Oct. 24: 6:45-8:30 a.m., 11 a.m.-1:30 p.m.

NOTE: Employees who do not receive a flu shot by Nov. 15 will be required to wear a mask when around patients until the employees are vaccinated or meet the declination requirements. For additional information, please contact Employee Nurse Rita Mergen at ext. 7796.

INFECTION CONTROL FAIR

Bothwell employees and staff are invited to attend an Infection Control Fair on Friday, Oct. 19 in the Education Center.

Flu shots also will be available during the IC Fair.

CULTURE OF SAFETY SURVEYS

When it comes to safety, it's crucial that employees serve as watchdogs on safe practices, which is why it's important for employees to participate in Bothwell's Culture of Safety Survey. The survey, which must be completed between Oct. 15-31, is confidential and can be completed anonymously. It takes less than 15 minutes, but yields important information for attaining the 2018 National Patient Safety Goals, which are part of Bothwell's overall culture to improve safety and patient outcomes. Hospital employees can take the survey online by clicking the applicable icon at the center top of the IntraWeb.

For added incentive, Bothwell will give all employees up to three free lunches at the Café depending on the overall participation rate:

- 50 percent participation: All employees will get 1 free meal.
- 70 percent participation: Employees will receive 2 free meals.
- 90 percent participation: Employees will receive 3 free meals.



BOTHWELL AUXILIARY BOOK FAIR

Don't miss the Auxiliary Book Fair next month in the Bothwell Café. The sale will feature new merchandise in addition to books. The dates and times are:

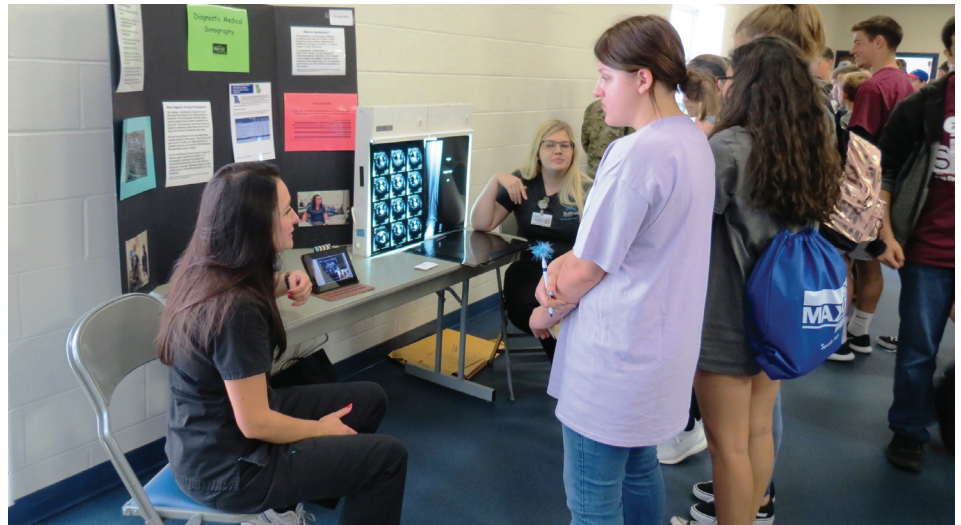
Oct. 24

10 a.m. to 6:30 p.m.

Oct. 25

7:30 a.m. to 2:30 p.m.

COMMUNITY OUTREACH SFCC Career Fair



Several representatives of Bothwell attended a Career Fair Sept. 25 at State Fair Community College. About 1,500 high school and middle school students from throughout the region attended the fair. In photo, upper left, Tiffany Willis, a pharmacy tech, speaks with students about career opportunities. At left, Brittainy Zimmerschied of occupational therapy speaks with students. Above, Bailey Barnes and Alina Chernioglo explain diagnostic medical sonography to a group of students. Also in attendance on behalf of Bothwell were Haley Wheeler from Human Resources, Director of Emergency Services Sherri Egbert, speech therapist Skyler Borman, and Health Information Management's Teresa Pennock.

FALL PUBLIC SAFETY FAIR



LEFT: Sherri Egbert, director of Emergency Services at Bothwell, checks the blood pressure of a visitor to the Fall Public Safety Fair, which was held Sept. 22 at the State Fairgrounds. ABOVE: Egbert prepares to take the blood pressures of a couple who brought their children out to the Public Safety Fair.

OCTOBER

BIRTHDAYS

Joyce Saltsgaver.....	1
Luba Tsurkan.....	1
Jessica Wheeler	1
Amy Dey	2
Amanda Newsom	2
Theresa Shroyer.....	2
Sadie Sangster.....	2
Tina Wheeler.....	3
Christa Frame.....	3
Alisha Ramirez.....	3
Kathy Schroeder.....	4
Jeremy Vesperman	5
Hayley Robbins.....	5
Angela Petree	5
Melanie Estes.....	5
Kelsey Pabst.....	6
Mary Jo Hays.....	8
Josh Keeran.....	8
Natalie Paxson.....	11
Debbie Billings.....	11
Sarah Fredrickson	11
Maeghan Johnson	12
Yaneth Uvario.....	12
Missy Swope	12
Emily Kullman.....	13
Laura Akin	14
Julie McCammon	14
Kay Schnack.....	14



Lauren Cox.....	15
Jan Devore.....	17
Jeff Jenkins	17
Amy Kirkman	18
Lee Anne De Guzman.....	18
Katelyn Buxton.....	18
Rita Mergen	19
CJ Rhoads	20
Mackenzie Hoffmann	20
Rachelle Joronen	20
Tia Murray	21
Chet Mackiewicz.....	21
Donna Ramey	22
Justin Woodridge.....	22
Dawn Gehlken	22
Andrew Darrah.....	23
Kayla Thompson	23
Cheryl Ward	24
James Steele	24
Stephanie Brown.....	24
Sherry Elliott	25
Janet Torres	25
Linda Adams.....	25
Courtney Price.....	25
Ashley Barnes.....	26
Stephanie Bollinger	26
Regan Hargrave.....	26
Tabatha May.....	26
Sarah Priesendorf	27
MichelleSmith.....	27
Dr. Scott Roethle	27
Michelle Burgin	28
Tammie Weber.....	28
Justin May	28
Robin Wagenknecht.....	29
Paula Kappelman	29
Delia Zimmerman	30
Hollie Dubroc.....	30
Linda Eckhoff	31
Jana Kennedy.....	31