

APRIL 2021

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



WHAT'S OUR SAFETY CULTURE?

A Letter from Lori

According to The Joint Commission (TJC), our accrediting agency, safety culture is “the product of individual and group beliefs, values, attitudes, perceptions, competencies, and patterns of behavior that determine the organization’s commitment to quality and patient safety.”

To fully achieve a culture of safety, we first need to understand our current reality. In mid-February, we opened the biennial Culture of Safety survey to all hospital and clinic employees. This survey is required by TJC, and your answers provide important feedback on what you think about patient safety at Bothwell compared to previous survey results and to other hospitals and medical offices (benchmarks).

During the two weeks the survey was open, 885 employees worked during that time period and 578 employees completed the survey, which is a participation rate of 65.3 percent. Thank you to everyone who took the time to take the survey. Your responses are valuable, appreciated and provide great insight.

Results are broken down by hospital and clinics. Your answers shed light on how well you think administrative and clinical leaders support patient safety, the level of teamwork that exists, whether there is open and clear communication and training about safety, if and how mistakes are reported and responded to, whether processes are regularly reviewed, and your staffing and workplace challenges.

[READ MORE ON NEXT PAGE ►](#)



SEE WHAT'S INSIDE!

NURSES WEEK RECOGNITION
HOSPITAL WEEK FUN
NEW SERVICES AT BME
EMPLOYEE OF THE MONTH
SIGN UP FOR LUB DUB



WHAT'S OUR SAFETY CULTURE? (CONTINUED)

A Letter from Lori

Overall, the hospital did well, with **74 percent rating patient safety as 'excellent' or 'very good'** compared to 67 percent for the benchmarks, which included 25 other hospital results from the year ending October 2020 (Fig. 1).

For clinics, results were benchmarked to 1,475 medical offices. For most of the individual questions, clinics performed better than the hospital; however, the overall patient safety rating was **67 percent 'excellent' or 'very good'** compared to 69 percent for the benchmarks (Fig. 2).

After reviewing all of the data and comments, it's clear we have opportunities to improve in nearly every area. My three takeaways for improvement include **safety practices, communication and training**.

As leaders, we understand that each step in a care process has the potential for failure because we are all good people working in a highly complex environment. The survey results allow us to identify specific challenges and opportunities related to changing the culture. Our safety culture should continually be surveyed and reviewed for improvements. Our safety culture should

foster trust in reporting unsafe conditions to ensure high-quality patient care. Our safety culture should be clear and understood and adopted by everyone in the organization.

Safety and quality of patient care is dependent on teamwork, communication and a collaborative work environment. To improve our safety culture, each department has been asked to develop its own action plan by May 5. As an organization, we will strengthen or start daily huddles in certain departments to address concerns, communicate safety issues and recognize safety catches.

Among Bothwell's vision, mission, values and strategic priorities to provide health and wellness services to the people in the communities we serve, our **No. 1 priority as a health center is to keep our patients safe**. Thank you for sharing your feedback and committing to work together to improve the tenets of a safety culture at Bothwell.



Fig. 1 Hospital. PATIENT SAFETY RATING COMPARATIVE RESULTS FOR

(Survey Item E1)

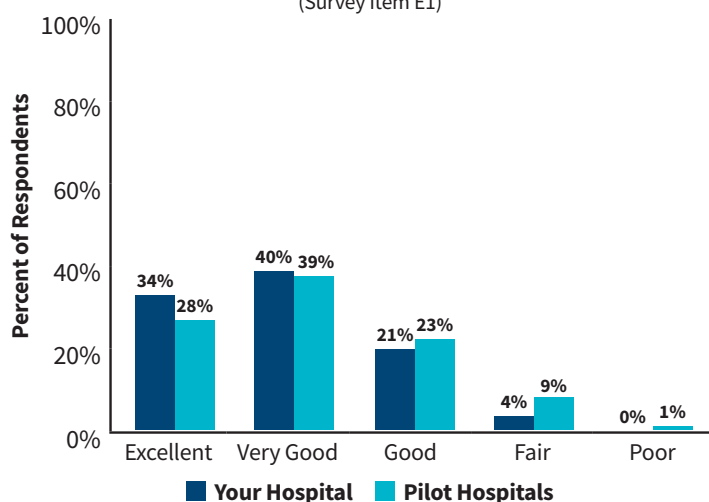
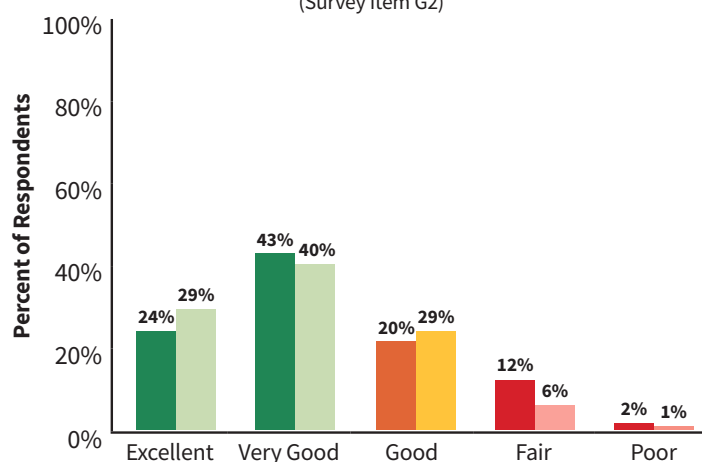


Fig. 2 Clinics. OVERALL RATING ON PATIENT SAFETY COMPARATIVE RESULTS FOR

(Survey Item G2)



Editor's note: Apologies to COVID Resource Coordinator Marie Willard for misidentifying her first name in last month's letter.

NURSES WEEK IS MAY 6-12 The Year of the Nurse

National Nurses Week is held each year from May 6-12. This year, Bothwell will celebrate our nurses and nursing support staff May 6-8 in order to not overlap with activities planned for Hospital Week, which is May 9-15.

The schedule of events for Nurses Week is as follows:

- **May 6** – Delicious treats made and prepared by Nurses Week Planning Committee members will be delivered to day and night shifts in departments and clinics that have nursing staff.
- **May 6, 2 pm** – Announcement of the Nurse of the Year, Nurse Assistant of the Year; DAISY Award; Pat Gaunt Scholarship Award; and mayoral proclamation; due to social distancing guidelines, only award nominees and their supervisors will be invited to attend. The event will be shown on Facebook Live on the Bothwell Facebook page, a Webex link will be sent to nursing managers and directors and the ceremony will be available to watch in the board room.
- **May 6, 3-5 pm** – Blessing of the Hands by Hospital Chaplain Rob Ayers and Leora Bremer, retired Bothwell nurse. Pastor Rob and Leora will be **on the floors from 3-4 pm** and in the Bill G. and Connie Spry McLaughlin Inter-Faith Chapel on the first floor of the hospital from **4-5 pm** for this special prayer.
- **May 6, 4 pm** – Game entries due in the Chief Nursing Officer's office, which is located in the Administration hallway on the ground floor of the hospital. Games will be emailed May 3 to nursing staff directors for distribution to nursing staff; games will also be available in break rooms. For each game entry turned into the CNO's office, participants will have one chance to win four prizes.
- **May 7** – More treats delivered to day and night shifts in departments and clinics that have nursing staff.
- **May 8** – Nursing department directors will deliver donuts and cookies to nurses in the hospital and at the Walk In Clinic.

We also challenge you and the community to thank a nurse. Leading up to May 6, you will have the opportunity to share your words of appreciation for all Bothwell nurses or a specific nurse on special Nurses Week thank you cards. Cards will be available on the floors and in the Café. Drop them in the box in the Café by May 3.

Notes will be shared and posted outside the Bothwell Café. Encourage your friends and family to participate on Facebook as well using the hashtag [#BothwellNurses](#)

**YEAR OF THE
NURSE**
2020  **2021**
EXCEL • LEAD • INNOVATE


ANA  **ENTERPRISE**


MAY 6-12


Thank a Nurse!

Share your words of appreciation for all Bothwell nurses or a specific nurse. Notes will be shared and posted outside the Bothwell Café.

[#BothwellNurses](#)

**YEAR OF THE
NURSE**
2020  **2021**
EXCEL • LEAD • INNOVATE

ANA  **ENTERPRISE**





MAY 6-12


Thank a CNA!

Share your words of appreciation for all Bothwell CNAs or a specific CNA. Notes will be shared and posted outside the Bothwell Café.

[#BothwellNurses](#)

**YEAR OF THE
NURSE**
2020  **2021**
EXCEL • LEAD • INNOVATE

ANA  **ENTERPRISE**



HOSPITAL WEEK IS MAY 9–15

Bothwell's Bring on Summer Kickoff

Using the five pillars of Bothwell's Strategic Plan, which are **People, Care, Community, Growth and Operational Excellence**, the Employee Engagement Committee has developed a fun five-day schedule of summer-related events to celebrate Hospital Week with our team members. We hope everyone can participate in these events throughout the week!

Monday, May 10 – PEOPLE

- **Free Coffee and Pastries, 7–9:30 am, Bothwell Café:** The Bothwell Foundation will host a Coffee and Pastry Bar outside the Café. Show your Bothwell badge at the Ozark Coffee kiosk and receive a free **small** drink of your choice. Then grab a delicious scone, coffee cake or muffin (gluten-free available). All food items will be individually wrapped. Pastries and coffee will be delivered to clinics and to night-shift employees..
- **Bothwell Bingo Kicks Off:** All employees will receive a Bingo card next week and throughout Hospital Week Bingo numbers will be drawn and emailed and displayed on a poster outside the Café. Winning cards should be turned into Human Resources to redeem prizes. *Traditional Bingo rules apply.*

Tuesday, May 11 – CARE

- Total Fitness Gym is offering free gym and class passes for employees May 12–18. Watch your email for a coupon.
- Anytime Fitness is offering free weekday passes from 10 am to 6 pm May 10–14 and May 17–21 with proof of Bothwell badge.
- SC Fuel is offering a discount for Bothwell employees with proof of badge. Details to follow.
- Healthy lifestyle tips from the Bothwell{ness} Committee will be emailed.

Wednesday, May 12 – COMMUNITY

- **Support Mercy Rest Stop, 11 am–1 pm, Bothwell Café:** Representatives from Mercy Rest Stop will be available to provide information about the efforts to raise funds to construct a building that will provide the homeless and nearly homeless with 24/7 sanitary restroom facilities, 24/7 water source, showers for personal hygiene, a laundry facility, and a cooling and warming station for safe escape from severe weather.
Buy 50/50 raffle tickets (cash only, please) and pick up an employee giving form to make a donation to support the fund-raising campaign. Bothwell will match up to \$2,000 of all money donated by employees.
Learn more about Mercy Rest Stop online at <https://mercyreststop.org/>
- **Free Box Lunch Pickup, 11 am – 1:30 pm and 5–7 pm, Bothwell Café:** Pick up a delicious box lunch prepared by Lamy's and meet and greet members of the Employee Engagement Committee, Senior Leadership Team and Board of Trustees who will help hand out lunches. Lunches will be delivered to clinics.

Thursday, May 13 – GROWTH

- **Can You Guess Who?** Watch your email and the digital displays in the Café to match baby photos to today's photos of the 13 employees who are currently working at Bothwell and have been employed the longest. **Turn in your answers to Human Resources by 4:30 pm May 12.** Correct answers will be entered into a drawing for a prize. Answers will be emailed and posted on the Café displays on Thursday.
- **Let's Read!** Announcing the Bothwell Book Club! If you are interested in joining, please email Lauren Thiel-Payne at lthiel@brhc.org. Let's grow by reading together.

[READ MORE ON NEXT PAGE ►](#)

HOSPITAL WEEK IS MAY 9–15 (CONTINUED)

Bothwell's Bring on Summer Kickoff

Friday, May 14 – OPERATIONAL EXCELLENCE

- **It's Bothwell Spirit Day!** Enjoy this “no pay, spirit day” by wearing your favorite Bothwell shirt or gear and show your Bothwell pride. No dollar bills required!
- **Tailgate Menu Day:** Enjoy traditional tailgate menu items in the Café, which will be decorated with spirit and 90th anniversary items.
- **Who Will Win?** Mercy Rest Stop 50/50 raffle winner drawn.

ALL WEEK

- Purchase Mercy Rest Stop 50/50 raffle tickets from **11 am to 1 pm outside the Café or from 7 am to 4:30 pm Monday through Friday in Human Resources (cash-only, please).** Tickets are \$1 for 1 ticket; \$5 for 6 tickets or \$20 for 50 tickets. Grand prize is 50% of the total tickets sold! Pay by credit card or order your raffle tickets online at <https://brhcfoundation.ejoinme.org/2021BRHC>.
- **Bothwell Foundation T-Shirt Sale!** All t-shirts will be \$5. Stop by the foundation office on the second floor from 8 am to 4:30 pm Monday through Friday during Hospital Week to view all available inventory. Limited quantities and sizes available.

NOW

The American Hospital Association (AHA) seeks feedback from health care workers for National Hospital Week song and video.

- As National Hospital Week approaches with the theme **Inspiring Hope through Healing**, the AHA would like to honor the entire community of hospital and health system team members for all of their work.
- To say thank you, AHA is collaborating with Musicians on Call to produce an original song and video inspired by the words of health care workers. To contribute to these and other efforts during National Hospital Week, AHA invites health care workers to share their feedback online or via social media with the tag [#hospitalweek](#) of what has inspired them throughout the pandemic. AHA will share these responses both through the song, video and other activities during National Hospital week. [Click here](#) to find out more about getting involved.

Hospital Week 2021 has been planned by the Employee Engagement Committee, which creates fellowship opportunities for team members to have fun and get to know each other.

If you are interested in joining this group or have engagement ideas, please email any member listed below.

Mary Holloman, co-chair
Linda Watterson, co-chair
Terri Deer
Mary Lou Grose
Lisa Irwin
Dana Kelchner

Rick Langdon
Angela Longan
Teresa Luyet
Cynthia McKeon
Jamie Poppinga
Andrea Smith

Annette Smith
Randy Smith
Whitney Stevens
Jody Teague
Lauren Thiel-Payne

DR. KUHLMANN JOINS AASM BOARD Sleep Specialist Begins Board Term in June

Dr. David Kuhlmann, Bothwell Regional Health Center's sleep medicine specialist, has been elected to the American Academy of Sleep Medicine (AASM) board.

Established in 1975, the AASM is the only professional society for sleep medicine working to advance sleep care and enhance sleep health to improve lives. The organization's functions include the accreditation of sleep medicine facilities in the United States. Kuhlmann was certified as a board member on April 17 and his term begins June 14.

"There was a need to get more representation from rural areas and small community hospitals on the AASM board," Kuhlmann said. "I am honored to be able to serve as one of these voices."

Kuhlmann will complete the remaining two years of the past president's three-year term and can run again for a second three-year term. His role will be to help with accreditation issues as he's previously served as the AASM Chair of Accreditation and has been an AASM site visitor for over a decade.

Kuhlmann received his medical degree from the University of Kansas Medical Center, Kansas City, Kansas. He completed a residency in Neurology at the University of Indiana in Indianapolis. Kuhlmann is board certified by the American Board of Sleep Medicine. He has been at Bothwell for 15 years and previously served as a board member for the hospital.

"We're extremely proud of Dr. Kuhlmann's hard work and his new service on the AASM board," said Lori Wightman, Bothwell CEO. "He has made an impact on so many patients' lives and the community. Now he will be able to make a larger impact in the world of sleep medicine."

Kuhlmann is also writing a chapter in a book called "Sleep Medicine," originating from late author Michael Aldrich, a director of the University of Michigan Sleep Fellowship. To honor Aldrich, Kuhlmann and other Michigan Sleep fellows are working to update the original text. Kuhlmann's chapter will discuss Polysomnography, which is in-lab testing and home sleep apnea testing.

"Sleep medicine is changing so quickly with at-home testing and smart devices," Kuhlmann said. "I feel like I have ideas that could help educate people about sleep disorders to keep growing the field of sleep medicine."

For more information about Dr. Kuhlmann and sleep medicine services, contact Bothwell Sleep Center at 660.827.9573.



FROM THE BOTHWELL{NESS} COMMITTEE Get to Know Your Wellness Committee

BOTHWELLNESS

The goal of the Wellness Committee is to increase employee participation in wellness activities including diet, activity, mindfulness and overall health improvements.

Meet the committee members:



**Melissa Guffin (co-chair),
Corporate Health Consultant**

Health and wellness is important to me not only physically, but mentally as staying healthy has so many positive outcomes for yourself, family and friends. My family history is not a pleasant one, and heart disease runs

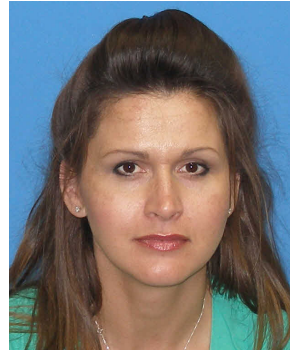
rampant on both sides. In spite of this, I try to be more proactive about my health rather than reactive. I do this by participating in CrossFit at Total Fitness Gym, and have recently taken up hot yoga and strength training at home with my husband in the evenings via an online platform, Jen's Get Fit Group.



**Mary Holloman (co-chair),
Human Resources Manager**

As a member of Bothwell Human Resources the last 12 years, I very much enjoy my current role as the Human Resources Manager. I believe wellness is important in maintaining both physical and mental health. The more

active I am, the better I feel all around. I enjoy going for long bike rides with my family on the Katy Trail, walking and occasional hiking. My hope is that being part of the Wellness Committee will motivate me to work toward my goal of continued, good health.



**Rita Mergen,
Employee Health Nurse**

Although I started working at Bothwell in February 1985, I have been your Employee Health Nurse since 2010. During my time at Bothwell, I have learned and observed firsthand that wellness is very important. I recently

experienced a pulmonary embolism in September 2020, which came as a surprise as I had no underlying risk factors. My family and I had a big realization of how important it is to be healthy and to take care of our bodies. I now wear a smartwatch to remind me to move, track more steps and activities. I also recently began a body pump class and joined a healthy eating Facebook group as well.



**Pam Thompson,
Charge Nurse of Endoscopy
and PACU**

I have been employed at Bothwell for more than 40 years. I have been dedicated to exercise and wellness since I was 18 years old. I started with running and race walking and even won a medal at

the Bothwell Foundation's Lub Dub. I also enjoy doing workout videos of Zumba taught by my daughter, Dana, at several facilities, weight training and now yoga. I'm convinced that my good health record is a result of my wellness commitment.

FROM THE BOTHWELL{NESS} COMMITTEE Get to Know Your Wellness Committee



Kara Sheeley, Director of Oncology Services

I've been employed at Bothwell for 8 ½ years and I've learned that as health care workers, we need to take care of ourselves so we are here to take better care of others. Wellness is all encompassing of our mind, emotions and

physical being and it is so important to take care of each one of those. My husband and I enjoy playing outside with the kids, taking hikes or walks, and we are currently trying to teach our youngest how to ride his balance bike.



Kathy Woolery, RN, Certified Diabetes Care and Education Specialist (CDCES) in Cardiopulmonary Rehab and Diabetes Education Departments

Wellness is important to me for physical, mental, spiritual and overall general health. After 18 years of working at

Bothwell, I feel I am a role model for my daughters and patients. Wellness has helped me manage stress, recover quicker from acute illness and two knee surgeries and will hopefully prevent chronic illness. I have also sought out the help of mental health professional counseling intermittently throughout the years during difficult times. Wellness activities I enjoy and that have played a role in my life include running, recreational sports, being social with friends and family, attending church and travel/vacation.



Shasta Balke, Clinical Documentation Improvement Specialist

While I have been at Bothwell for a year, I was here previously from 2009-2013 in the ED as an Aide, and on the SNU as an LPN. Wellness is important to me because many diseases can

be eliminated with the proper diet and exercise. I got into health and wellness after I had my first child seven years ago. I wanted to lose all the baby weight I had gained and I was able to do just that by exercising and improving my nutrition and later helping my sister lose weight to lower her medications for diabetes. Every year, as a family, we run the Turkey Trot and the Firecracker Mile. My family is my life and I want to be the best that I can be for them.



Janeice Dodick, Executive Assistant to CEO

During my 16 years at Bothwell I have found that wellness impacts every aspect of our life. I haven't always been the most fit person but I know when I move more and eat a balanced diet, it impacts my well-being for the better

both mentally and physically. I love High Intensity Interval Training (HIIT), yoga, pilates, circuit training, and my favorite activity is playing with my grandbabies. A fun fact about me is I am terrified of heights, but I love zip lining, and I can't wait to do it again.

FROM THE BOTHWELL{NESS} COMMITTEE Get to Know Your Wellness Committee



**Rachel Owens,
Director of Finance**

I have been with Bothwell for 10 years. Wellness is important to me because it affects every aspect of my life. If I am making positive health choices, my mental health reflects that. Four years ago, I really started to focus on my physical fitness.

This has impacted how I am able to move and function throughout all of my daily activities. I enjoy functional fitness, Olympic weightlifting and rowing.



**Lisa Irwin,
Executive Director of HR
and Support Services**

I have been with Bothwell for 23 years. Nutrition, exercise and mental wellness is vital to achieving a healthy and fulfilling life. Implementing exercise into my daily routine, along with massage, has

prevented the need to have surgery. Wellness in one word? Volleyball. It is a stress reliever, marks exercise off of the list and is fun.



**Courtney Price,
RN in Cancer Center**

I have always been interested in health and fitness, so being involved in this committee was a no brainer. I enjoy lifting weights daily along with group fitness classes, like Zumba. Since I work in Oncology, I know how important it is to

have an active and healthy lifestyle, and preventative medicine and exams play an important role as well.



**Lauren Thiel-Payne,
Bothwell Foundation
Executive Director**

I have been with Bothwell for four years. Wellness matters because everything we do and every emotion we feel relates to our well-being. It is important to achieve optimal wellness in order

to subdue stress, reduce the risk of illness and ensure positive interactions. Working in a hospital, we get to see firsthand, the importance of wellness. Each summer I look forward to water aerobics. This summer we are even doing a "Water Babies" class for the boys. We also enjoy going on walks, like the Bothwell Foundation's Lub Dub. We try to do activities that we can do as a family.

BOTHWELLNESS



Front View



Back View

\$15



BECOME
RECHARGED
IN YOUR
HEALTH
COMMITMENT



Lanyard Clip
\$5

Get recharged in 2021 looking and feeling good!

BothWellness t-shirts for sale

Turn \$ and forms in to Mary Holloman, Human Resources by May 28.

Funds raised will go in to the BothWellness Committee Fund to distribute prizes to participants throughout the year.

Orders Due
May 28

ORDER INFORMATION

Name: _____

Phone: _____

Email: _____

Department: _____

Adult Shirt Size (unisex): \$15 each

☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Shirt Quantity: _____

Badge Lanyard Clip \$5 each Quantity: _____

For questions about shirt orders contact x8876

Payment Options:

☐ Cash ☐ Check OR

☐ Payroll Deduction—Will be deducted on June 11

Employee ID #: _____

Total Amount Due: \$ _____

Turn in completed form and payment to

Mary Holloman, Human Resources

If paying in cash—**EXACT CHANGE ONLY**

Make checks payable to:

BRHC and write "BothWellness Shirt" in memo

LAB WEEK 2021

Recognizing Our Laboratory Professionals

Medical Laboratory Professionals Week was April 18–24. The week is an annual celebration of medical laboratory professionals and pathologists who play a vital role in health care and patient advocacy. Bothwell's lab is located on the first floor of the hospital, and there are 32 current staff members. The team provides the best diagnostic methodology available helping physicians and clinicians make safer and accurate diagnoses providing patients with more effective treatments.

From October 2020 to March 2021, the lab has processed 16,801 standard COVID tests and 1,369 rapid Covid tests.

From January to March 2021, 498 rapid COVID antigen tests have been processed.

We extend our appreciation to Bothwell's lab staff and recognize the importance of their role in every aspect of health care, especially during our response to the COVID-19 pandemic. Thank you for your hard work!



BOTHWELL MEDICAL EQUIPMENT OFFERS NEW SERVICES

Easy CPAP Supply Reordering; Patient Hub App

Do you know that Bothwell Medical Equipment (BME) has a new service for CPAP patients? When you're eligible for new supplies, you'll receive an automated call and all you have to do is answer a few easy questions to get your sleep therapy supplies quickly on the way to you!

BME also now has a patient app that makes it easy to communicate with staff, upload insurance information, update contact information, order supplies and make payments. If you shop at Bothwell Medical Equipment, download **Patient Hub by Brightree** in your app store and call BME for the required registration code to create an account and get started!

If you have questions about either of these new services, call BME at 660.826.4909.



NEED DRUG AND CARE DECISION INFORMATION?

Lexicomp and UpToDate Mobile Apps Make Accessing Information Easier

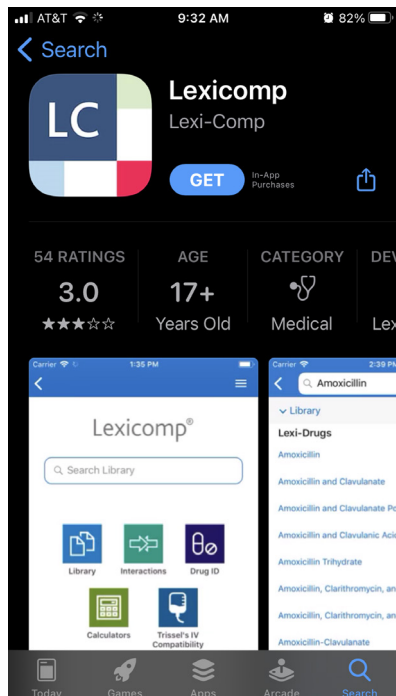
Bothwell has purchased **Lexicomp and UpToDate**, which are two health care software solutions from Wolters Kluwer. In addition to being accessible on the Intranet, both tools have **mobile apps** that make them easy to use on phones and tablets.

LEXICOMP

Lexicomp offers a variety of drug information references and decision support tools to meet the needs of pharmacists, prescribers, nurses, advanced practice nurses and physician assistants in a range of care settings. The tool is a valuable resource and can be used in addition to or in place of Epocrates.

Mobile App: The Lexicomp mobile app gives you point-of-care access to clear, concise and relevant drug and clinical information. Download the app in your app store. Use the quick reference guide on the following pages for tips on how to get the most out of the app.

Intranet: The Lexicomp link is on the right side under “Quick Links”.

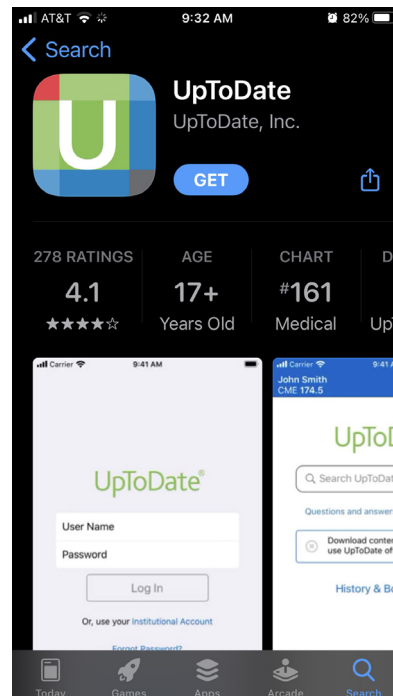


UPTODATE

UpToDate features more than 25 medical specialties and helps you make appropriate care decisions and drive better outcomes. It delivers evidence-based clinical decision support and provides continuing medical education (CME). If you click on a drug in UpToDate it automatically launches Lexicomp.

Intranet: The link to UpToDate is on the Intranet home page. Use the tip sheet on the following pages to get registered, which will allow you to download the mobile app. Providers should log into UpToDate with a personal account, which is free to all employees. This enables CME credits to be tracked when an UpToDate topic is reviewed.

Mobile App: Download the UpToDate app in your app store.





Health

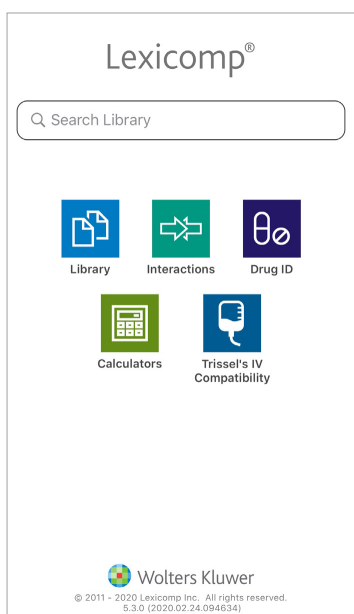
Lexicomp® on Mobile

Quick Reference Guide



Tips for getting the most out of your drug information app

Lexicomp mobile apps from Wolters Kluwer give healthcare professionals point-of-care access to clear, concise and relevant drug and clinical information. Interactive tools and drug databases are available for the most popular smartphones and tablets, including iPad®, iPhone®, iPod touch®, and Android™ devices.



Q Search Library

SEARCH BAR

Search on the home screen allows you to quickly connect to the answers you are seeking.



LIBRARY

Access all the informational databases in your mobile subscription, which may include:

- Core drug monographs with information on dosing, warnings, potential adverse reactions, administration, and more
- Pediatric and neonatal drug information
- Medication patient education
- Dental reference databases



INTERACTIONS

Analyze a patient's entire drug and natural product profile, identify potential interactions, and obtain patient management options.



DRUG ID

Identify loose or unlabeled medications by searching based on imprint(s), dosage form, color(s), and/or shape. Database includes images of more than 22,000 drug products.



CALCULATORS

Access more than 130 medical calculators designed to assist you with drug dosing, conversions, drip rate, organ function and more in both adult and pediatric patients.



TRISSEL'S IV COMPATIBILITY

Determine the compatibility and stability of IV drugs in a wide variety of solutions and combinations with this tool that incorporates content from Trissel's™ 2 Clinical Pharmaceutics Database by Lawrence A. Trissel.

Quick tips for using your drug information app:

► Search for a drug or other topic:

- Type drug or search term into search bar on home screen.

Q Search Library

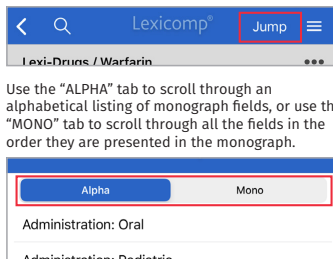
- OR choose the "LIBRARY" icon, select the magnifying glass icon at the top of the screen, and enter your search term in the search bar at the top of the screen.



► Jump to a field in a drug monograph:

No more scrolling and searching – jump straight to the information you need!

- Open any monograph.
- Smartphone users: hit the "JUMP" button in the upper right-hand corner; tablet users: you automatically have a split-screen view with field list.

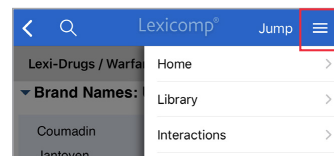


- Use the "ALPHA" tab to scroll through an alphabetical listing of monograph fields, or use the "MONO" tab to scroll through all the fields in the order they are presented in the monograph.

- Tap on the field you want.

► Navigate back to the home screen and other recent locations:

- Tap the "hamburger menu" (three horizontal lines) in the upper right of the screen. This drops down a menu that enables you to select "HOME" to return to the home screen, or to easily jump to any other tools, the library, your bookmarks, recent search history, or your preferences.



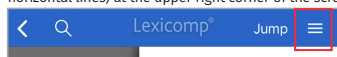
- **Android users:** The back arrow in the upper left will also return you to the home screen.
- **iPad/iPhone users:** Your back arrow in the upper left will return you to a list of recently visited monographs.

Lexicomp® on Mobile

Quick Reference Guide (continued)

Return to recently viewed monographs:

- From any screen, tap the "hamburger menu" (three horizontal lines) at the upper right corner of the screen.



- Select "HISTORY" from the drop-down menu to view a reverse chronological listing of recent monographs you have viewed.

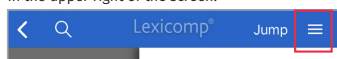


- Tap on any monograph title to open the monograph.



Clear your history of recently viewed monographs:

- Tap the "hamburger menu" (three horizontal lines) in the upper right of the screen.



- Select "HISTORY" from the drop-down menu to view a reverse chronological listing of recent monographs you have viewed.



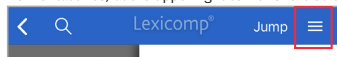
- Tap on "CLEAR ALL" on the righthand side of the gray bar header to clear your history.



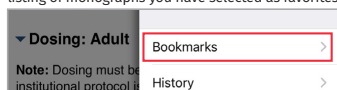
- Android users:** Select "YES" or "NO" from the pop-up box that appears to confirm if you want to clear history. **iPad/iPhone users:** Select "OK" or "CANCEL" from the box at the bottom of your screen to confirm if you want to clear history.

View your list bookmarks:

- From any screen, tap the "hamburger menu" (three horizontal lines) at the upper right corner of the screen.



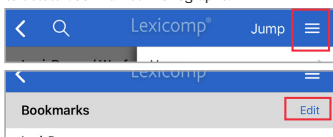
- Select "BOOKMARKS" to view a reverse chronological listing of monographs you have selected as favorites.



Add a monograph to your list of favorites:

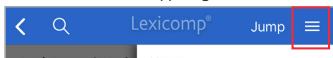
- Open any monograph.
- Tap the three dots in the gray header bar at the upper right-hand corner of the monograph. Select "BOOKMARK" from the drop-down menu.
- Repeat the process and select "REMOVE BOOKMARK" to remove the monograph from your saved list.

- You can also access your bookmark list from the hamburger menu on every screen and select "EDIT" to delete bookmarked monographs.

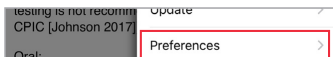


Increase or decrease the size of text in your app:

- From any screen, tap the "hamburger menu" (three horizontal lines) at the upper right corner of the screen.



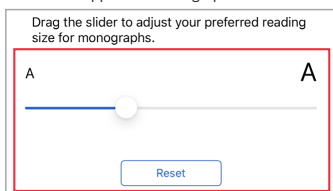
- Select "PREFERENCES."



- Select "TEXT SIZE."



- Use the slider to adjust your font size. **NOTE: iPad/iPhone users** will see the instructions on the screen change size to serve as an example of the font size that will be applied to monographs.

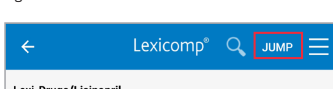


- Use the "RESET" button to return it to default size.

Customize monograph views and fields order:

- Android users only:** Keep your favorite fields at the top of any monograph.

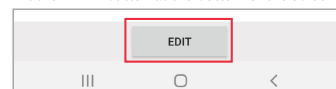
- Open any monograph.
- Hit the "JUMP" button in the upper right-hand corner; tablet users: select "SHOW FIELD LIST" in the upper right-hand corner.



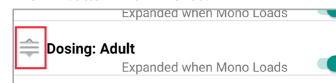
- Select the "MONO" tab.



- Hit the "EDIT" button at the bottom of the screen.



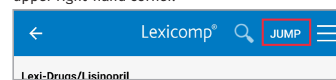
- Touch the triple line icon to the left of each monograph field and drag and drop to move fields up and down within the monograph display. Hit the "DONE" button when finished.



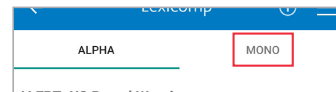
Set monograph fields to default as open or closed:

- Android users only:** Hide fields you rarely use to reduce monograph clutter.

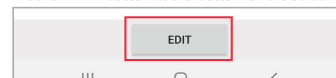
- Open any monograph.
- Hit the "JUMP" button in the upper right-hand corner; tablet users: select "SHOW FIELD LIST" in the upper right-hand corner.



- Select the "MONO" tab.



- Hit the "EDIT" button at the bottom of the screen.



- Use the slider to the right of the field name to mark fields as ON (open) or OFF (closed), and they will default to that setting. Hit the "DONE" button when finished.



NOTE: Not every function is available in every subscription. Some functions may not be available depending upon the databases you have downloaded.



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Please visit www.wolterskluwercli.com for more information or contact us at www.wolterskluwercli.com/contact/sales/

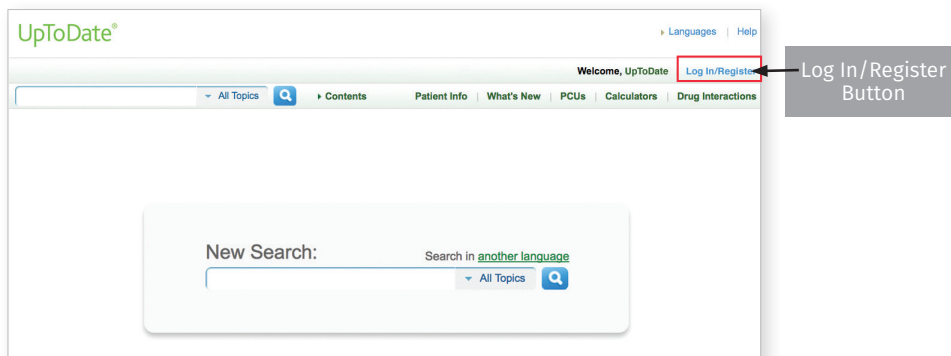
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04.20 | 45414

Health

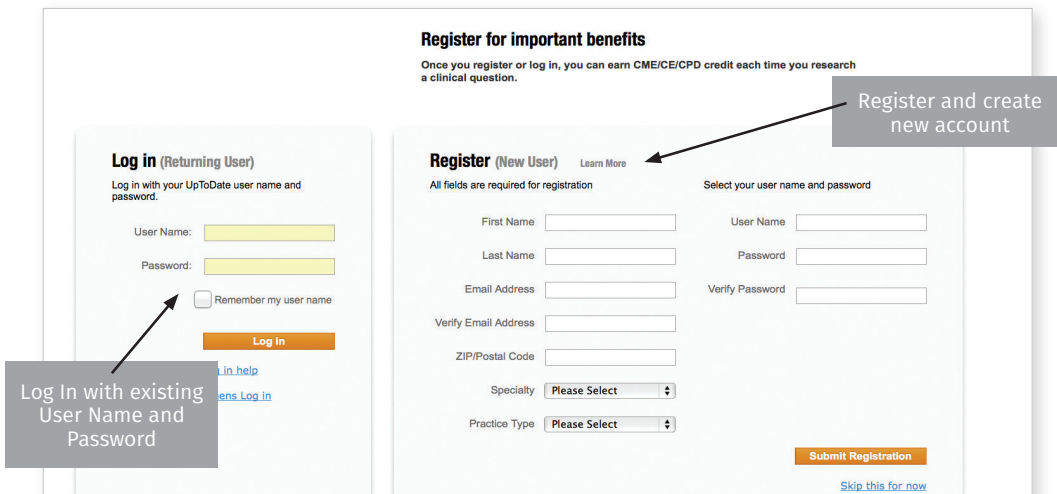
UpToDate® Anywhere Access Tip Sheet

GETTING REGISTERED

1. Access UpToDate by going to www.uptodate.com from any computer connected to your hospital or organization's network.
2. Click the Log In/Register button in the upper right corner of the screen.



3. To register, complete all fields on the right side of the registration page and then click Submit Registration.
Please note: You must register from within your hospital or organization's network to gain access to the Mobile App and accrue CME credits.
4. If you already have an UpToDate User Name and Password from a Personal Subscription or a previous access, log in on the left side of the registration page.



Upon completion of the registration process, you will receive a confirmation email from UpToDate with instructions on downloading the Mobile App.

You are now registered and able to download the Mobile App and earn CME credits!

MOBILE ACCESS

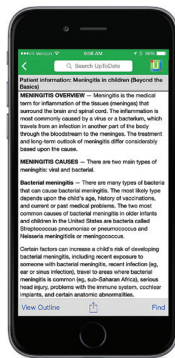
Once registered, you can install the Mobile App on up to two devices by following the instructions below:

1. On your smartphone or tablet, search for "UpToDate" in your app store and install the free app.
2. Open the UpToDate Mobile App upon completion of download.
3. Log in with your UpToDate User Name and Password. *You only need to do this once – the app remembers your User Name and Password.*

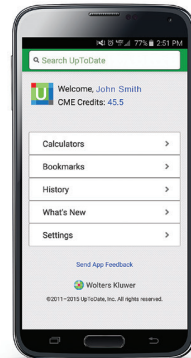
ACCESS UPTODATE ANYWHERE

- In addition to the Mobile App, you can access UpToDate from any computer with internet access.
- Simply go to www.uptodate.com and click the "Log In" button located in the top right corner of the UpToDate home page, and enter your User Name and Password.

UpToDate App for iOS®



UpToDate App for Android®



MAINTAINING ACCESS

- In order to maintain uninterrupted access to UpToDate Anywhere, you must re-verify your affiliation with your organization once every 90 days.
- To re-verify, log in to UpToDate with your User Name and Password by going to www.uptodate.com from any computer connected to your hospital or organization's network.

Please Note: In-application & email messaging will inform you of the need to verify affiliation if you have not done so by day 80. You will receive a second alert at day 90. If you fail to re-verify by day 90, you will lose mobile and remote access. To regain access, simply login to UpToDate with your User Name and Password while connected to your hospital or organization's network.

Contact information:
Wolters Kluwer
230 Third Avenue
Waltham, MA 02451-2222 USA
1-800-998-6374 | customerservice@uptodate.com

Please visit www.uptodate.com
for more information.

For further training support please
contact: training@uptodate.com



Wolters Kluwer

When you have to be right

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REV 06/16 | SKU #000493

PATIENT SAFE HANDLING INITIATIVE

Do You Know?

On the IntraWeb, there is a tab with all information related to the patient safe handling equipment available at Bothwell. There is a bright yellow icon, as shown in the screenshot photos below. Staff can find documents and videos on how to use various devices for a quick reference including gait belt usage and sling care.

Information can be updated as needed. Please send any suggestions to the **Fall Team and Safe Patient Moving Handling Committee**.

The screenshot displays the Bothwell Regional Health Center IntraWeb interface. The top navigation bar includes links for Site Actions, Browse, and Page. The main header features the Bothwell logo and the tagline "GET WELL. STAY WELL. BOTHWELL." Below this, a navigation menu lists various resources such as the IntraWeb, Antimicrobial Stewardship Committee, Directories, Education/Training, Forms, IntraWeb Search, Leadership and Training, Policies, Down-Time Order Sets, Time Critical Diagnosis, Physician Status, SDB, OmniLinkRX, OB Link, Micromedex, Time and Attendance, iSite (PACS), Medical Staff Privileges, and Fall Risk Resources.

The "What's New" section on the left lists several items, including a URL for "Pandemic - A Message of Perspective and Hope" and a link to the "January 2021 Billboard Newsletter". The "Fall Risk Resources" section on the right features a prominent yellow icon with a black silhouette of a person falling and the text "Fall Prevention".

The "Content Editor" section, titled "Welcome to the Document Center for: Fall Team and Patient Safe Handling/Moving committee", provides information about the resources available, including video and PDF operation guides, suggestions for various types of transfer for Golveo and Sit to Stand, gait belt usage guide, sling usage, and cleaning guide.

The "Documents" table lists the following resources:

Type	Name	Modified	Modified By
Folder	Golveo Lift	3/26/2021 2:02 PM	Hanna, Christal
Folder	Sit to Stand Lift (Sahna IT)	4/1/2021 11:43 AM	Hanna, Christal
Folder	Full	3/26/2021 12:46 PM	BRMC Sharapont
Folder	Gait-belt-usage	3/26/2021 11:41 PM	Hanna, Christal
Folder	Sling Care	4/1/2021 11:54 AM	Hanna, Christal

The "Training Resources" table lists the following resources:

Type	Edit	URL
Folder		Golveo: Operating the Lift
Folder		Golveo: Operating the Lift while talking
Folder		Golveo: Transfer Supine to Bed/Chair
Folder		Golveo: Rescue Lift Floor to Bed
Folder		Sit to Stand: Basic operation
Folder		Sit to Stand: Patient transfer

COMMUNITY BABY SHOWER HIGHLIGHTS

Janice Johnson, Women's Health lactation consultant, recruited a wonderful group of providers to accompany her to the Whiteman AFB Community Baby Shower on Saturday, April 10. The event was a great turnout as our Bothwell team was able to see over 230 active-duty national guard members and reservists, 114 children and 48 expectant mothers.



Dr. Stephanie Lind and Nurse Practitioner Sarah Price with Bothwell TLC Pediatrics



Certified Nurse Midwife Tracey Arwood at OB/GYN table



Bothwell TLC Pediatrics table at Whiteman Air Force Base



Dr. Misty Todd with Bothwell Cole Camp and Dr. Lisa Wadowski with Bothwell Family Medicine Associates



Janice Johnson at the Women's Health table



Janice with raffle winner



FEBRUARY EMPLOYEE OF THE MONTH Lauren Cox

The effects from the COVID-19 pandemic have caused extreme exhaustion and frustration for everyone, but Lauren Cox's positive attitude during this taxing time brought uplifting energy to staff.

Cox, RN, Clinical Informatics Specialist in IT, is Bothwell's February Employee of the Month. She was nominated by Rose McMullin, RN, Chief Nursing Officer.

According to the Centers for Disease Control and Prevention, many people are facing challenges as a result of the COVID-19 pandemic that can be stressful, overwhelming and cause strong emotions in adults and children alike. During stressful situations, tempers tend to run high and patience runs short.

McMullin was having challenges getting staff to fill in and help with the many hospital changes, including setting up a COVID-19 infusion clinic. "I called many individuals to ask for help. Numerous times I was told how busy they were," McMullin said.

After McMullin called to ask Cox for help, she was welcomed with a cheerful tone, and Lauren was happy to assist. Later, as much as McMullin wished she didn't have to ask, more patients were added to the schedule and she needed help again. Once again Cox responded and was willing to help without hesitation.

"This positive attitude and willingness to help was refreshing to hear, but also her teamwork and adapting to situations was above and beyond," McMullin said. Cox's continued enthusiasm to support the Bothwell team is recognized and appreciated.

Congratulations, Lauren, on being named February Employee of the Month!

HAVE YOU
RECOVERED FROM
COVID-19?
Give convalescent **plasma.**



Lab confirmed
positive swab or
antibody test
for COVID-19



Symptom free
for 14 days



Donate up to 8 times
Save up to 24 lives

TO GIVE CONVALESCENT PLASMA

- Go to savealifenow.org/cpdonor and complete the online registration form.
- Upload your lab confirmed positive swab or antibody test for COVID-19.
- A Community Blood Center representative will call you to make your appointment.

 Community
Blood Center
816.968.4081 savealifenow.org



NEWS YOU CAN USE

Marketing and Communications Department Updates

Callis, Bothwell Regional Health Center's marketing agency, handles all marketing and communication needs for the hospital and clinics. Due to staff changes at Callis, **Dana Kelchner** and **Andrea Smith** are now overseeing and managing the Bothwell account. **Ann Green**, Bothwell Marketing and Communications administrative assistant, continues in her role of assisting marketing efforts.

Contact both Dana and Andrea for:

- Logo usage for all Bothwell entities
- Advertising including print, radio, television, digital and social media
- Graphic design services
- Public relations including communication with media outlets
- Provider photos
- Billboard E-newsletter – share your news items and story ideas
- Website updates including content changes, new web pages, online event calendar and web sliders
- Digital displays around the hospital
- Facebook posts
- Printed items including flyers, posters and elevator bulletin boards
- Speaker coordination for community meetings
- All-users emails

Contact Ann for:

- Bothwell-branded promotional items
- Sponsorship opportunities
- Assistance with organizing community events

CONTACT INFORMATION

Dana Kelchner

dkelchner@brhc.org
dkelchner@ecallis.com
660.826.2822 | 660.221.3598

Andrea Smith

asmith@ecallis.com
660.826.2822

Ann Green

agreen@brhc.org
extension 8855

NEW EMPLOYEES

March

Tamara Anderson
3 Southwest

Sydni Cole
Ultrasound

Delayni Dollbaum
Bothwell Walk In Clinic

Alyssa Emery
*Bothwell Family
Medicine Associates*

Erica Franklin
Dietary

Dr. Paul Howard
Bothwell ENT

Sarah Krachenfels
3 Southwest

Madison Landers
Emergency Department

Madison McKeehan
Women's Health

Lindsey Moon
Accounting

Dr. Bruce Owens
Hospitalist

Katelen Roberts
Admitting

Daysha Weber
Housekeeping

COMMUNITY EVENT

"Let's Talk About This"



"LET'S TALK ABOUT THIS"

A Mental Health Awareness & Suicide Prevention

Free Community Event

SATURDAY, MAY 1

1:00 - 5:00 PM

GAZEBO PARK

2ND & OHIO - DOWNTOWN SEDALIA

Musical Performances

Spoken Word Performances

Visual Artists

Community Resources

Food Trucks

Giveaways & Prizes

See DeFeet's Facebook
event page for
participant information.

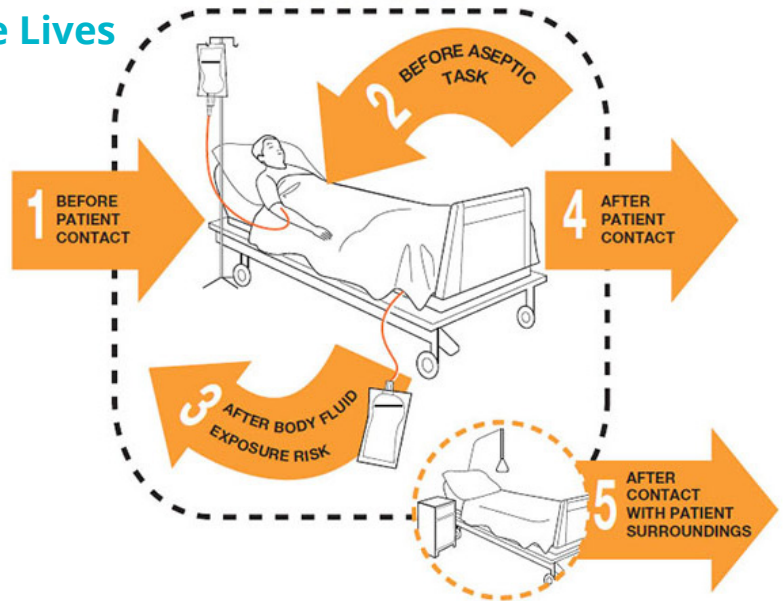


HAND HYGIENE

Clean Your Hands, Seconds Save Lives

The World Health Organization calls on health care workers and facilities to achieve effective hand hygiene action at the point of care. This refers to the place where all the elements come together: the patient, the health care worker, and care or treatment involving contact with the patient or their surroundings.

Hand hygiene should be performed when it is needed—at five specific moments—and in the most effective way is by using the right technique, with readily available products, at the point of care.



2021 WORLD HAND HYGIENE DAY — WEDNESDAY, MAY 5

SECONDS SAVE LIVES

— CLEAN YOUR —

HANDS!

World Health Organization

SAVE LIVES CLEAN YOUR HANDS

#HandHygiene
#CleanYourHands
#InfectionPrevention

FOUNDATION NEWS

Virtual Lub Dub 5K/10K Walk/Run AND 30-Day Challenge

There's still time to register and participate in the Bothwell Foundation Virtual Lub Dub 5K, 10K, 30-Day Challenge Walk/Run. Sign up online at brhc.org/foundation/



KEY AWARDS

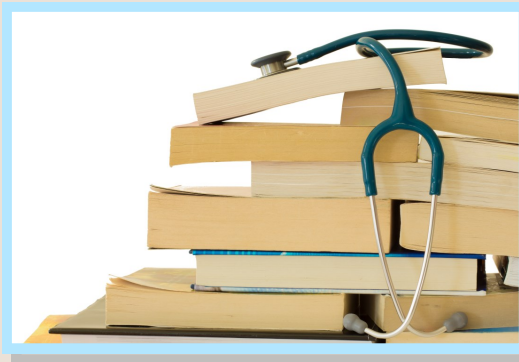
Alicia Staus
Kayla Thompson
Alex Schlobohm
Becca Dowell
Bob Blacklock
Heather Smith
Brandy Chamberlin
Marlayne Clark
Tiffany Lumpe
Kayla Thompson

Alex Schlobohm
Becca Dowell
Rebekah Thompson
Taylor Williams LaBounty
Bob Blacklock
Deeanna Bowers
Megan Elwood
Brooke Allee
Vicki Monath
Grace Sims

FOUNDATION NEWS Scholarships Available



Scholarships for Health Care Careers Available!



Apply for the Medical Careers
Scholarship today!

*Speak to your guidance counselor for
more information.*

TO BE ELIGIBLE, APPLICANTS MUST:

- Pursue post-secondary education in a health-care related area of study.
- Successfully completed a high school education or earned a general equivalency diploma.
- Be accepted into an accredited post-secondary educational institution and be enrolled in a health-related course of study.
- Be a US citizen.
- Be a resident of the Bothwell Regional Health Center market area (Pettis and Benton County).

**The Bothwell Foundation will award multiple \$500 scholarships in 2020.*

Application Deadline: May 21, 2021

Applications are available at your school, www.brhc.org/foundation/scholarships.aspx or by calling the Bothwell Foundation office at (660) 829-7786.

FOUNDATION NEWS Scholarships Available



PHYSICAL THERAPY SCHOLARSHIP AVAILABLE

Apply for the Nevin Almquist Physical Therapy Scholarship today!

The Bothwell Foundation encourages students to pursue a career in physical therapy and return to the communities we serve to help meet health care needs in our region.

The foundation's Nevin Almquist Physical Therapy Scholarship seeks to reward high-achieving students and help them with the expenses of post-secondary education.



ELIGIBILITY REQUIREMENTS:

- Applicant must be a U.S. citizen and a resident of the Bothwell Regional Health Center market area (within 100 miles of the Pettis and Benton County area).
- Applicant must have successfully been accepted into an accredited PT program and demonstrate a 3.0 or higher GPA.
- For Bothwell or PEAK employees, applicant must be a PT/PTA employed by Bothwell or PEAK to use the funds toward PT relevant CEU courses.

SCHOLARSHIP PARAMETERS:

The Bothwell Foundation will provide two scholarships:

- One – \$1,000 scholarship awarded to a student pursuing a Physical Therapy education.
- One – \$500 scholarship awarded to a Bothwell Regional Health Center or PEAK Physical Therapist or Physical Therapist Assistant to use toward PT relevant CEU courses.

The scholarship is a one-time award and is not renewable. However, a recipient may reapply for another scholarship in a succeeding school year.

**Applicant may be asked to interview with the Scholarship Committee.*

APPLICATION DEADLINE: MAY 21, 2021

Applications available under "Foundation Forms" on Bothwell Intranet, www.brhc.org or by calling the Bothwell Foundation office at 660.829.7786. Additional documentation is also required.

EMPLOYEE ENGAGEMENT

NEW! Bothwell Buy/Sell/Search/Trade Facebook Group

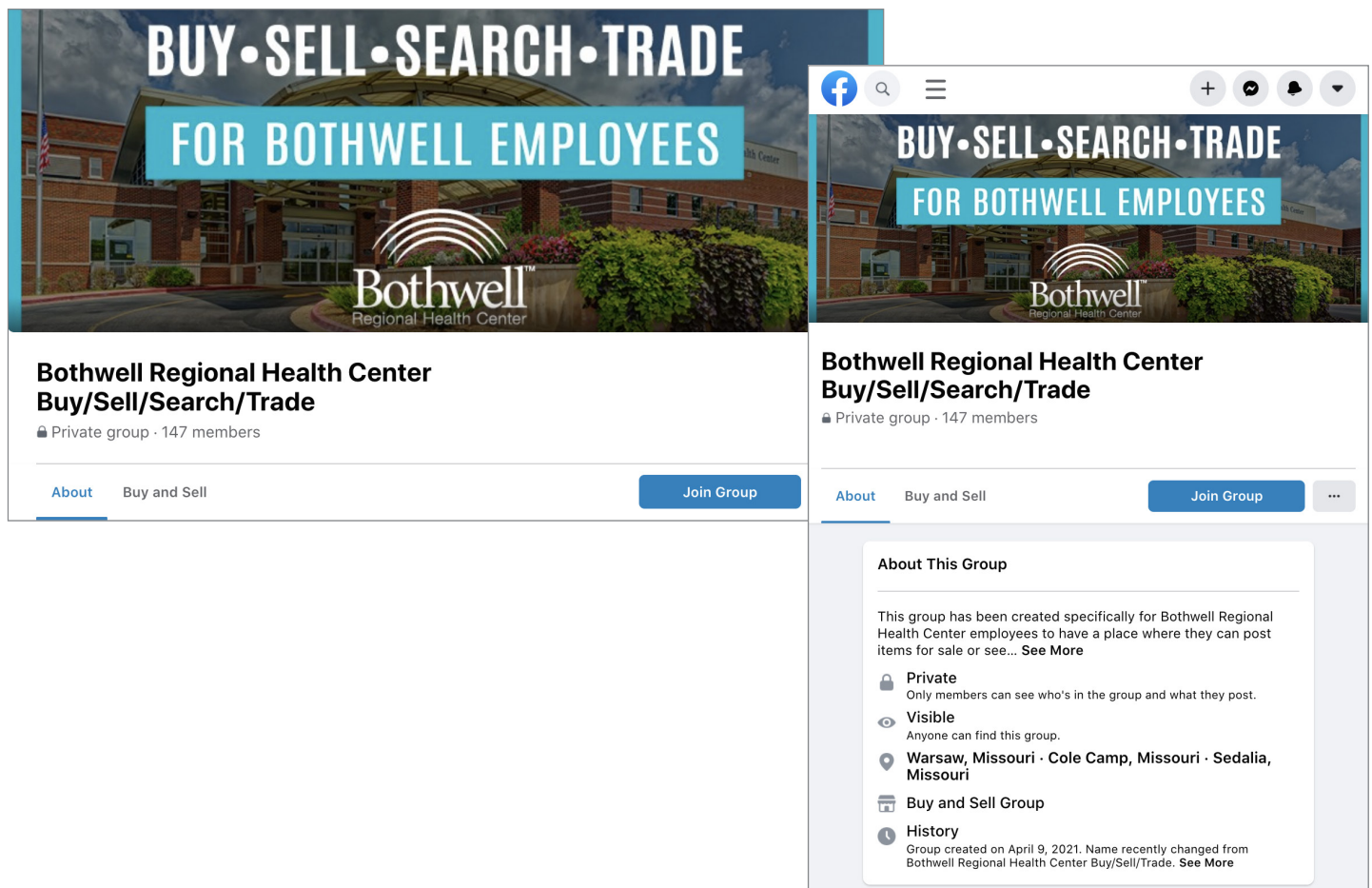
The Bothwell Employee Engagement Committee has developed a Bothwell Buy/Sell/Search/Trade Facebook group. This group has been created specifically for Bothwell employees to have a place where they can post items for sale or seek items or services wanted.

This is a private Facebook group that you must request to join. On Facebook, search “**Bothwell Regional Health Center Buy/Sell/Search/Trade**” and ask to “Join.” Throughout the day, several Facebook administrators will admit Bothwell employees to the group. A direct link to the group can be found here:

facebook.com/groups/205425140985398

As a reminder, we ask that everyone be respectful with one another on this site.

All items must be legal, and a legal transaction that does not violate the law or Facebook’s policy or the rules of the page.



AUXILIARY NEWS

Red Cross Volunteers Merge with Auxiliary

Beginning May 1, the American Red Cross front-desk volunteers will merge with Bothwell Auxiliary. These volunteers are the first people to greet patients and visitors who walk through the main entrance at Bothwell. The volunteers provide information to ensure patients and visitors arrive at their destination. They deliver flowers, mail, newspapers and official paperwork to patients; transport patients upon admission and dismissal; and provide other services requested by health center staff.

Due to a successful shift to working virtually, the American Red Cross will close 10 offices across the region, including the one located in Pettis County. As a result, the American Red Cross volunteers were asked to join Bothwell's Auxiliary. There are currently 28 active American Red Cross volunteers who will work the front lobby. Although these changes are taking place, the American Red Cross remains committed to Pettis County and the volunteers in the area.

AUXILIARY NEWS

Bakeless Sale

In place of the annual ice cream social, Bothwell Auxiliary is holding a Bakeless Sale from June 1 to July 1. Members have been asked to donate funds they would have spent to prepare items to sell. Stop by the Gift Shop on the first floor to donate to the event and support the auxiliary. Hours are 9 am to 5 pm Monday through Friday, 10 am to 2 pm Saturday and 1 to 5 pm Sunday.

**All proceeds raised are returned to Bothwell by helping purchase health care equipment and providing scholarships.*

MEMORIALS AND DONATIONS

IN MEMORY OF JACK VEULEMANS

Excerpt from a letter to Bothwell Regional Health Center written by Jack's daughter:

"Our father spoke so lovingly of all the staff at Bothwell. In his final hours he said, 'Please tell all the nurses, doctors, and staff thank you and I love them.' Words cannot express the true admiration and appreciation we have for all the Bothwell staff and caregivers."

Charles and Vicki Homan

Jerry Ann Mayfield

Steven and Laura Burger

G-7 Farms, Marvin and Sande Gibson

Charities Aid Foundation of America

IN MEMORY OF SUE PRIVITT

Peggy Jenkins

Mark and Theresa Palmer

Bryan and Carmen Brock

MAY BIRTHDAYS



Lindsay Rasa.....	1
Kathy Dority.....	1
Debbie Bredehoeft.....	1
Drew Rubert.....	1
Dianne Williams.....	2
Carson Meyer.....	2
Emily Hughes.....	2
Jennifer Hutcheson.....	2
Rosie Douglas.....	3
Holly Gentges.....	3
Angela Kammeyer.....	4
Eva Eubanks.....	4
Gina Foster.....	5
Amber Yearout.....	5
Eileen Hensley.....	5
Leora Bremer.....	6
Sydni Cole.....	6
Vanna Hillsman.....	6
Ann Martin.....	7
Christine Kinshella.....	8
Brittany Mullins.....	8
Morgan Byerly.....	8
Rob Wideman.....	9
Cassie Kindle.....	9
Lindsey Snurr.....	9
Tiffany Crowell.....	9
Jan Henson.....	10
Natasha Boychuk.....	10
Dana Smith.....	10

Christina Thompson.....	10
Caty Delarosa.....	10
Jack Ballard.....	11
Chris Trotter.....	11
Muffy Potts.....	12
Kelsey Capelton.....	12
Dalton Hermanson.....	12
Elvy Hinkson.....	13
Katelyn Milberg.....	13
Kari Meyers.....	13
Fernando Rivera.....	13
Heidi Westermier.....	14
Veronica Hiller.....	14
Verena Dennis.....	14
Dr. Philip Fracica.....	15
Maria Cervantes Martinez.....	15
Stephanie Meyer.....	16
Dr. Daniel Woolery.....	16
Bob Blacklock.....	16
Lindsay Willis.....	16
Jenni Klemme.....	18
Brenda Adams.....	19
Kiwi Popyk-Wyatt.....	19
Shelby Bergman.....	19
Mohamed Matrane.....	19
Timothy Cochran.....	19
Kendra Baumgartner.....	20
Jamie Johnson.....	20
Kelly Mutch.....	20

Kassidy Abney.....	20
Alenda Gething.....	21
Stephanie Fetherland.....	21
Linda Watterson.....	21
Brittainy Lindstrom.....	22
Elizabeth Green.....	23
Melissa Guffin.....	24
Dr. William Woolery.....	24
Mark Johnson.....	25
Dr. Ashley Tardieu.....	25
Karla Heimsoth.....	26
Lori Smith.....	26
Trish Leix.....	26
Taylor Labounty.....	26
Kim Thomas.....	26
Winnie Mullins.....	27
Courtney Rumans.....	27
Emmanuel Marquez.....	27
Joshua Countess.....	27
Lindsey Young.....	28
Jeanne Waters.....	29
Elayne Gordon.....	30
Ashley Newton.....	31
Laura Seltzer.....	31
Sheryl Burns.....	31
Janetta Smith.....	31