



“ It was the **beginning**
of a conversation that
I intend to keep going. ”

Carrying the Conversation Forward

Letter from Lori

On Aug. 13 we welcomed **U.S. Congressman Mark Alford** to Bothwell for a 30-minute visit. Alford represents Missouri’s 4th District in Congress, which includes Sedalia and Pettis and Benton counties. We gave him a glimpse of our 95-year history, our role as a city-chartered hospital and our importance as one of the largest employers in the region.

We were joined by **Sedalia Mayor Andrew Dawson** and state **Representative Brad Pollitt**, who each spoke to the importance of having a strong, independent hospital in our community. Before Alford left we shared with him the same information documents I am sharing with you today (pages 4–6).

Our time together was short yet meaningful. We had the chance to show him some of the ways Bothwell is unique. We saw **K9 Officer Ringo** in the lobby, and Congressman Alford was interested to learn how Ringo has reduced the need for staff to physically intervene with patients.

In the CCU, **Dr. ShiAnne Farris**, one of our third-year rural family medicine residents, shared why she chose Sedalia and her plans to stay with us after her residency is completed. Congressman Alford asked her thoughtful questions about her training and experience here.



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Sedalia, MO 65301

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Carrying the Conversation Forward (Continued)

Next, we walked through our busy Emergency Department with **Director Mike Shipp** and **Dr. Nathan George**. Alford heard firsthand about the acuity we see every day and the importance of having a hospital in Sedalia with the capabilities we have.

Looking ahead, Congressman Alford was extremely interested in the **Independent Hospital Network**, which is a group of hospital CEOs that started meeting last year to improve our hospitals' financial strength and operational efficiency. We also talked about how funds from the Rural Transformation Program in the recently signed federal budget reconciliation bill could help get this group's work going. I believe this kind of collaboration has the power to make a real difference for hospitals like ours.

The goal I had for Congressman Alford's visit was for him to leave thinking, "I like that place. I want to help them." I believe we accomplished that. More importantly, it was the **beginning** of a conversation that I intend to keep going. My commitment remains to leave no stone unturned in ensuring Bothwell continues to provide care in this community for another 95 years.



Stay well. Be well.

Independent Hospital Network Gaining Steam

The Independent Hospital Network is a group of independent hospital CEOs across Missouri who are working together to buy supplies at lower cost and negotiate better reimbursement. The group of 28 CEOs and staff from two congressional offices met on Aug. 22 at North Kansas City (NKC) Health. We spent the day hearing from three companies that have helped independent hospitals in other states work together. By the end, the group had narrowed to a clear frontrunner for who we believe can help us build a network in Missouri.

Next steps include confirming founding members and selecting a partner through a survey, followed by additional planning meetings this fall. The focus will be on creating scale so that we can negotiate better reimbursement with payers and succeed in value-based contracts that involve financial risk.

GET WELL. STAY WELL. BOTHWELL.

Mission, Vision and Values

Our Mission

Together, we work to provide compassionate and safe care to our family, friends and neighbors, while remaining proudly independent.

Our Vision

Our health care team will be our region's first and most trusted choice for care.

Our Values

Our values inspire our behaviors, which create who we are to each other every day.

- **Community** – Our community is our family.
- **Purpose** – Our purpose, your care.
- **Integrity** – Integrity is our reputation.
- **Joy** – Joy is our strength.

EMPLOYEE PHARMACY

Open Monday – Friday

7:30 – 11 am and

11:30 am – 4 pm

Hospital Ground Floor

660.827.9495

CLINIC MEDICATION DELIVERIES

HELP US HELP YOU!

Please remember our delivery drivers have a schedule to follow to ensure time-sensitive materials are returned to the hospital on time.

1. If you receive a text message that your medication is ready, call ext. 9495 to tell us if you are working or not working that day.
2. If you are expecting medication and have not received a text message, call us.
3. If you have a new medication and want to start it the same day, call us. Morning deliveries go out by 8:30 am and afternoon deliveries go out by 12:30 pm. By notifying us, we can watch and get it processed ASAP. If not, we might miss seeing it sneak in.
4. If a new prescription is not received in time for same-day delivery, call us. We can put it on the inpatient pharmacy side for evening pickup. Inpatient pharmacy hours are 6:30 am – 10 pm Monday – Friday and 8 am – 4:30 pm on weekends.

TOP 5

REASONS TO USE YOUR BOTHWELL EMPLOYEE PHARMACY!

- 1 **SAVE MONEY**
- 2 **SCRIPT TRANSFER IS EASY**
- 3 **CONVENIENCE**
- 4 **IT'S FOR ALL EMPLOYEES**
- 5 **MORE THAN SCRIPTS**

Want to learn more?

Call Pharmacist Jessica Moon at 660.827.9495 or stop by the pharmacy on the hospital's ground floor.

Hours:

7:30 am – 4 pm Monday–Friday;
closed for lunch 11–11:30 am

MORE THAN A HOSPITAL

Bothwell's Role, Challenges and Resolve



Our Mission

Together, we work to provide compassionate and safe care to our family, friends and neighbors, while remaining proudly independent.



Who We Are

Bothwell is more than a hospital. For 95 years, we've been a trusted part of this region, caring for people in their most important moments. We are deeply rooted in this community and grounded in the values of community, purpose, integrity and joy.

As a city-chartered, nonprofit, independent health center, **we have never received local tax support**. What we've built has come from hard work, strong partnerships and a lasting commitment to the people we serve.

Our mission is to provide safe and compassionate care to our family, friends and neighbors while remaining proudly independent. That mission guides everything we do, and it's why we remain dedicated to serving this region now and into the future.

Every dollar invested in Bothwell strengthens the regional economy. We are not just care providers; we are a pillar of economic vitality in west-central Missouri.

A Critical Community Asset

- 95 years of continuous service to the region
- 24,000 Emergency Department visits annually
- 318,000+ patient visits annually
- 24 outpatient clinics, including in Cole Camp, Lincoln and Warsaw
- 1000+ employees, the largest employer in Sedalia
- 25+ new physicians and providers in the last two years
- 150 physicians and advanced practice providers employed or directly contracted
- 6 family medicine resident physicians (two graduates; six currently in training) in Missouri's first rural residency and a vital pipeline for the future

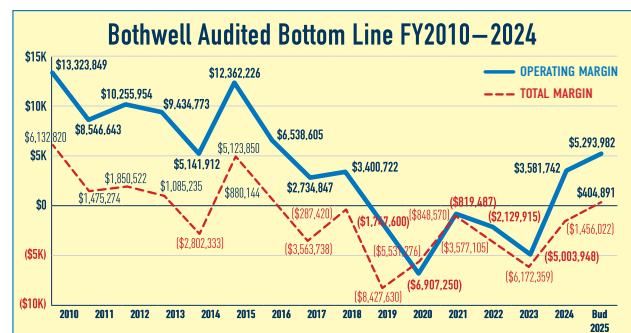
We are not just a hospital, we are a lifeline.

Tracking Our Financial Reality

The chart below shows our audited total margins over the last decade. Despite multiple years of financial strain, FY2024 marked our first year of positive operating income since 2018. That progress came even as we provided **\$21,668,489** in uncompensated care last year alone.

Total margin reflects more than just day-to-day operations. It's about whether we can reinvest in the future. It's like a savings account: when the margin is negative, there's nothing left to save or grow.

Bothwell isn't closing. We're navigating a broken reimbursement system with resolve, strategy and transparency. This snapshot helps underscore why we need structural reform and targeted investment in rural care.



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GET WELL. STAY WELL. BOTHWELL.

What Puts Us At Risk, and Why It's Fixable

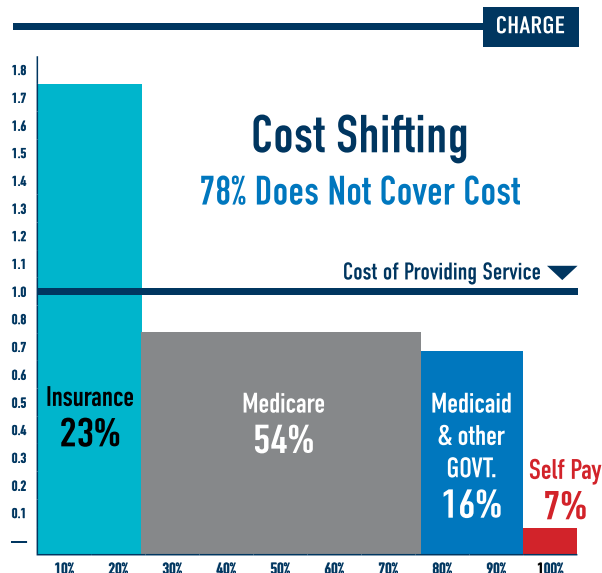
We were recently included on a national list of hospitals "at risk of closing" due to three years of negative total margins. While the label raised concerns, it doesn't tell the whole story.

Last year brought signs of improvement. We continue to meet our obligations and carry virtually no debt. Yet like hundreds of rural hospitals across the country, we remain at risk, constrained by a payment system not built for communities like ours.

Unlike many rural hospitals, we offer both primary and specialty care across multiple counties, including 24/7 emergency services and surgical and OB care. That breadth of care makes us an essential infrastructure.

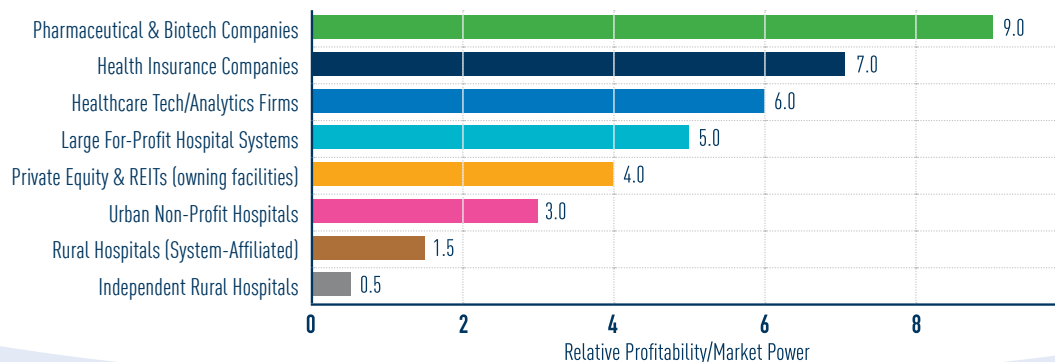
The diagram below highlights the cost-shifting imbalance between reimbursement sources.

Medicare and Medicaid account for the majority of our patients, yet both pay well below the cost of care. The result? A flawed model where commercial insurance and self-pay patients are expected to make up the difference, something that's no longer viable in today's economy.



Bothwell: Bottom of the Health Care Food Chain

Rural independent hospitals are at the bottom of the health care food chain; ironically those providing direct care are not the ones who profit.



GET WELL. STAY WELL. BOTHWELL.

Not Mismanagement, Systemic Issues

Our financial challenges are not a leadership failure, they're the result of:

- Reimbursement from government payers that doesn't cover costs
- No local tax support despite being city-chartered
- Too large to be a critical access hospital
- Rising costs for staffing, equipment, supplies and technology
- Historic underinvestment in rural health infrastructure
- Additional employees needed for prior authorizations, denied management
- Desire to remain (proudly) independent

What We're Doing to Protect Access and Sustainability

Despite the systemic constraints, we are taking deliberate steps to strengthen our future:

- Reducing contract labor and improving internal cost controls
- Partnering with other independent hospitals to share resources (Independent Hospital Network)
- Exploring alternative revenue sources
- Increasing grant applications and expanding philanthropy

These aren't temporary fixes, they are long-term strategies aimed at preserving services, protecting our workforce and ensuring access to safe care for our community.

Needs with No Means

- Robots for general surgery and orthopedics – essential for physician recruitment – **\$3 million**
- New Education Center – includes CNA training, simulation labs for medical students, residents and high school CAPS students; supports clinical rotations for State Fair Community College; offers virtual and community education – **\$8 million**
- Infrastructure upgrades – roofs, chillers, Wi-Fi, cardiac monitors, elevators – **\$6 million**
- Medical office building build-out to expand access – **\$14 million**
- Partial replacement hospital – **\$110 million**

NEW PRESSURES



Mandatory CMS TEAM Participation

Starting Jan. 1, the Centers for Medicare & Medicaid (CMS) **Transforming Episode Accountability Model (TEAM)** will require certain hospitals, including Bothwell, to take part in episode-based payments for common surgical procedures.

- TEAM shifts more financial risk to hospitals by tying payments to care coordination, quality and patient outcomes over a full "episode of care."
- Industry groups warn that the model favors larger systems with more resources, while smaller independent hospitals face heavy compliance costs and steep penalties if they fall short.
- Compliance requires new data analysis, reporting and process changes — adding to administrative overhead without additional reimbursement to offset the expense.

It will cost **\$25,000** just for a consultant who has a contract with CMS to interpret and manage the data CMS sends us, a necessary investment to protect revenue and avoid penalties. National analysis shows TEAM could carry up to **\$14 million** annually in penalties or incentives for similar systems, underscoring the stakes.

New CMS Structured Measures

Alongside TEAM, new federal quality reporting requirements will expand data collection, tracking and reporting for multiple CMS programs. While these changes support patient safety, they require more non-direct care staff to gather and manage the data — another cost burden that doesn't directly improve revenue.

The 340B Rebate Pilot Program

HRSA has announced a 340B rebate pilot program for 2026. If adopted, covered entities would pay wholesale acquisition cost upfront for eligible drugs, then submit rebate claims to manufacturers and wait (typically) six months for payment of rebate.

- **Financial impact:** Based on last year's data, Bothwell could spend over \$1 million more upfront to purchase the same medications, then wait for rebate payments.
- **Example:** We currently pay \$0.04 for a box of four syringes of Enbrel®. Under non-340B pricing, that cost is nearly \$8,000, which means our cost in upfront Enbrel® purchasing costs alone will be around **\$450,000**, compared to **\$2.32** last year.

GET WELL. STAY WELL. BOTHWELL.

HOT TOPICS

Hot topics are the ones generating interest and debate in the Café, in break rooms, in offices or hallways. Whether you call them water-cooler conversations or “hey, what’s going on” questions, here’s where you’ll find answers and information.



From the Expert

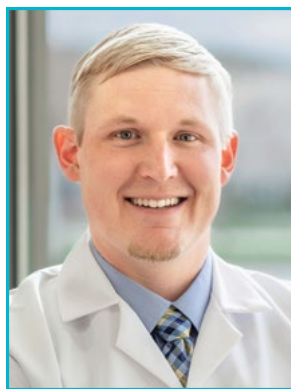
From the Clinic to the Sidelines: Helping Families Stay Healthy

Dalton Lohsandt, MD

Whether you need help managing a chronic condition, want to live a more active lifestyle or are recovering from an injury, I’m here to help.

As a board-certified family and sports medicine physician, I see patients of all ages at Bothwell Family Medicine. From routine checkups and diabetes care to joint pain and sports injuries, my goal is to provide care that helps you stay healthy and keep doing the things you enjoy.

Before joining Bothwell, I completed a sports medicine fellowship at the University of Alabama and served as a team physician for university athletics. I’m now back in Missouri, close to home, and happy to be part of this community again. You may even see me on the sidelines at local high school games or at our Saturday morning injury clinic.



[READ MORE ►](#)



Matthew Wirt Joins Bothwell Board of Trustees

Matthew Wirt, Sedalia city administrator, has joined the Bothwell Board of Trustees. Wirt fills a designated seat tied to his municipal role and brings more than 20 years of public service experience, including leadership in public safety, infrastructure planning and city operations.

SATURDAY SPORTS INJURY CLINIC RETURNS AUG. 30

Our free Saturday clinic for student-athletes is back starting Aug. 30.

Held from 9–10 am at Bothwell PEAK Sport & Spine, the clinic offers walk-in evaluation and treatment recommendations for serious, non-emergency sports injuries.

Care is provided by Dr. Evan Stout, Dr. Dalton Lohsandt and Bothwell PEAK athletic trainers. Open to high school and college athletes through Nov. 1.

[READ MORE ►](#)

Partnering to Grow the Nursing Workforce

Bothwell is partnering with State Fair Community College to help address the nursing shortage and support students pursuing a PN or ADN degree.

Through this collaborative program, Bothwell covers tuition, books and fees for SFCC nursing students in exchange for clinical work at the hospital during school and a commitment to full-time employment after graduation.

So far, 14 students have taken advantage of the opportunity.

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Officials with Bothwell Regional Health Center and State Fair Community recently recognized its collaborative partnership to help address the region's nursing shortage. Front row, Michele Laas, Bothwell chief nursing officer and Dr. Brent Bates, SFCC president; back row, from left to right, Marvin Smoot, Bothwell Clinic Operations vice president; Lesley Jackson, Bothwell nurse recruiter and educator; Megan Elwood, Bothwell Nurse Residency coordinator; Elisa French, SFCC nursing student; Nicole Wright, SFCC nursing student; Tara Weber, SFCC PN program director; Kayla Kimbrough, SFCC ADN program director; Allison Brosch, SFCC Health Sciences dean; Dr. Michael Murders, SFCC Academics and Student Success vice president; and Jo Lynn Turley, SFCC legislative program manager.

New IntraWeb: The Pulse Updates

The new intraWeb went live on Aug. 21. There is a link on the current intraWeb to the new environment. While all content has not been moved over yet, everyone should be able to access the new environment.

If you have any questions, please contact Devin in IT.

Protecting Patient Privacy with Imprivata Access Intelligence

Maintaining patient privacy is an expectation for all Bothwell patients—whether the patient is a co-worker, family member, community member or even a celebrity. Protecting patient information is at the heart of our commitment to HIPAA compliance and patient trust.

To support this, Bothwell is now using **Imprivata Access Intelligence** software.

How it Works

Access Intelligence connects employee demographics from Paycor (Human Resources) with patient data in Meditech. The software operates 24/7/365 on the Bothwell network to monitor potential HIPAA violations. Any unusual activity generates alerts that are reviewed by the HIPAA Privacy Officer.

Common Reports Generated

- **Access After Hours** – Users accessing the EMR outside of normal business hours
- **Co-Worker Snooping** – Users accessing records of fellow employees
- **Deceased Patient Access Activity**
- **High Access of Employees** – More than 50 employee records accessed
- **High Access of Patients** – More than 100 patient records accessed in one day
- **Household Snooping** – Users accessing records of household or family members
- **One-Time Access** – A user accessing a medical record only once
- **Ad hoc reporting as needed**

What This Means for You

- Only access patient records when necessary for your job
 - Do not access your own record, or those of family, co-workers or others without authorization
 - Remember: All access is monitored and reviewed
- By working together, we can ensure Bothwell continues to protect the trust our patients place in us every day.

Natalie Sims, RHIA
HIPAA Privacy Officer

Aledade Summit Participation

On Friday, Aug. 22, Marvin Smoot, along with the Population Health team and Clinic Operations leaders, attended the Aledade Summit in Columbia, Missouri. The summit provided a full day of sharing best practices and engaging with expert speakers on strategies to improve population health.

Marvin represented Bothwell Regional Health Center by presenting its population health journey, highlighting the significant improvements made across all key metrics. He shared how Bothwell has consistently achieved Aledade goals and demonstrated measurable increases in HEDIS data, reflecting improved patient outcomes over the previous year.

The summit reinforced the importance of population health as a comprehensive approach to care, addressing the whole person's needs while leveraging data-driven strategies to enhance quality. Marvin emphasized that the combination of Bothwell's population health efforts and the ToRCH program sets the organization apart in its dedication to quality care and service to the community.



Your Bothwell Pension Plan: What You Need to Know

We know that retirement benefits are important, and many employees still have questions about the Bothwell Pension Plan. Here's a quick update to keep you informed.

Q: Is the Bothwell Pension Plan still active?

A: Yes! The Pension Plan is still active for employees who were hired before June 1, 2006. If you're in this group, the benefits you've earned are still there and remain a part of your retirement package.

Q: Is Bothwell still putting money into the plan?

A: Right now, Bothwell is not making additional contributions. But that's not a bad thing—here's why: the plan's investments are performing well, and those earnings are helping keep the plan funded.

Q: What does this mean for me?

A: Your pension benefits are safe and continue to be supported by the growth of the plan's investments. Nothing changes about the benefits you've already earned.

Q: Will this change in the future?

A: Like any pension plan, we keep a close eye on it. Bothwell works with outside experts to monitor funding and adjust if needed. If there are changes down the road, we'll keep you informed.

The bottom line: If you were hired before June 1, 2006, the Bothwell Pension Plan is still active, and your retirement benefits are supported by strong investment performance.

RECOGNITION

Recognition acknowledges exemplary individual and team efforts, how we volunteer in support of our community and kudos. From awards to shout-outs, this is the place to celebrate and show appreciation.



**Submit your Employee
of the Month
Nominations Online!**



**Scan the QR Code or Find
the Link on the IntraWeb**

Nominations should include specific situations, behaviors or events where **exemplary** behavior was demonstrated by a teammate.

Part of the OASIS Recognition and Awards team's new processes is to include the names of those who were considered for the Employee of the Month award. Nominees receive a copy of their nomination along with a certificate of consideration.

Congratulations to the other August nominees!

- Trudy Clawson
- Jamie Morris
- Brandon Cornine
- Ramil Ishmukhametov
- Kirstie Schultz

Employee of the Month August

The most challenging moments in health care are an opportunity to rise to the occasion and choose service excellence. This month's Employee of the Month is a shining example of what it means to act swiftly, think critically and care deeply, especially when the stakes are high.



Kristina Kresse, RN, is recognized as our August Employee of the Month for her decisive and life-saving action in the Emergency Department. When faced with a patient suffering from a recent stroke who spoke no English and was unable to fully communicate their medical history, Kristina did not hesitate. Drawing from EMS notes, input from family and limited patient communication, she quickly pieced together the clinical picture and activated a code stroke.

Thanks to her clarity under pressure, a serious brain bleed was identified early, vastly improving the patient's outcome. She accomplished all of this while mentoring a trainee, exemplifying professionalism and calm under intense circumstances.

Kristina's quick thinking and expertise prevented what could have been a significant barrier to critical treatment. Her work reflects the very best of what we strive for every day at Bothwell.

Congratulations, Kristina, on being named August Employee of the Month!

Key Awards

July



Kiley Hedgpeth
Teresa Luyet
Mattie Mergen
Ashley Fitzgibbon
Mattie Thies
Shane Cowgill
Steve Starke
Whitney Hartley

Grace Linn
Owen Rehmer
Cody Knutson
Stevie Galloway
Bethany Alford
Heather Lewis
Leslie Archambault
Jennifer Raines

Sharon Francis
Ashley Newton
Annette Bauer
Becca Dowell
Caitlin Weller
Christa Deuel
Jason Buxton
Will Gravitt

Shout Outs

Each year, there are recognition days, weeks or months that are created to bring awareness to medical professionals. Take some time in September to learn more about these health issues and thank the people in these departments for the important work they do.

Sept. 21: World Alzheimer's Day

Sept. 29: World Heart Day

Sept. 14–20: Neonatal Nurses Week

Sept. 15–19: National Surgical Technologist Day

September: Pain Awareness Month

September: Childhood Cancer Month

September: National Suicide Prevention Month



Submit your KEY Award Nominations Online!



Scan the QR Code or Find the Link on the IntraWeb

Given based upon excellence demonstrated in the four Key Basics for actions that promote quality patient care and increase patient satisfaction.

DAISY Award Winner

Congratulations, Mattie Mergen

Bothwell Regional Health Center recently presented its latest DAISY Award for Extraordinary Nurses to Mattie Mergen.

The DAISY Award is for patients and their families to nominate nurses who give outstanding, compassionate and skillful care. Mergen is a Registered Nurse and works in the hospital's Critical Care Unit (CCU); she was nominated by a recent patient, Ramona Mefford.

"On June 18, I came in for routine surgery," Mefford said. "There were complications from my surgery that placed me in the CCU. That's where I met my nurse, Mattie. She took control and remained calm while keeping me alert and calm during a scary time. Even when I was close to death, she still made me feel very safe and secure under her care. Mattie's ability to take control of the room while staying by my side was amazing. It really touched my heart that she kept my family in her thoughts by checking on them. The next day she even stopped by while at the hospital to check on me. Mattie is an amazing nurse with her incredible knowledge and bedside manner; she will touch many patients and families hearts."



[READ MORE ►](#)

Celebrating 15 Years of Excellence in Sleep Care

Congratulations to the Bothwell Sleep Center team for earning 15 consecutive years of national accreditation from the American Academy of Sleep Medicine.

This milestone honors the team's dedication to safe, high-quality care for patients with sleep challenges like insomnia, sleep apnea and more.

Here's to 15 years (and counting) of helping our community sleep better and live healthier.



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**BOTHWELL
HOSPITAL
EMPLOYEES
CREDIT UNION**

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- Education
- Vacation
- Emergency
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- Certificate of Deposit (CD)



bhecu@iland.net



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600 E. 13th St.
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PERSONNEL NEWS

Look here for updates on new hires, promotions, retirements, achievements, birthdays and other staff-related news. Our organization is a busy and vibrant place to work. Personnel news helps keep everyone informed about our greatest asset ... our people.



To see all physicians and providers and their services, visit brhc.org/find-provider/.

New Physician

Abrea Cridlebaugh, MD

Bothwell Family Medicine Associates

Education: MD – University of Missouri School of Medicine, Columbia

Residency: Family Medicine – University of Missouri-Columbia

About: Cridlebaugh is from near Marshall, Missouri, and originally studied agriculture before discovering a calling to health care through work in a nursing home. Her clinical interests include prenatal care, pediatrics, women's health, geriatrics, mental health and substance use treatment. She values relationships and listens closely to understand each patient's unique needs.

"The most important part of medicine is meeting patients where they are and treating the whole person. I take time to listen and understand what matters to each patient so their care fits who they are and what they need."

Fun Facts: Cridlebaugh and her husband, Brody, have a young daughter. They enjoy fishing, gardening and spending time outdoors with family on the farm.



READ MORE ►

Moves

Please join us in congratulating Melissa Guffin on her new role.

Melissa has permanently assumed the responsibilities of Benefits Specialist. In addition to her current role as Employee Engagement Coordinator, she will now oversee insurance and benefits administration, including employee benefits inquiries, enrollment support, FMLA and workers' compensation.

EMPLOYEE PERK!

T-Mobile

The T-Mobile Employee Discount Program is up and running. To learn more about personal discounts available to Bothwell employees, promotional discounts, offering and incentives on equipment, please contact the T-Mobile Work Perks team at 855.570.9947 or visit t-mobile.com/perks.

Mention you are a Bothwell Regional Health Center employee to receive this offer.



Welcome to These New Team Members!



Summer Atwood
Environmental Services



Amber Brandes
Environmental Services



Emma Brosch
Nursing Administration



Elisha Davidson
Materials Management



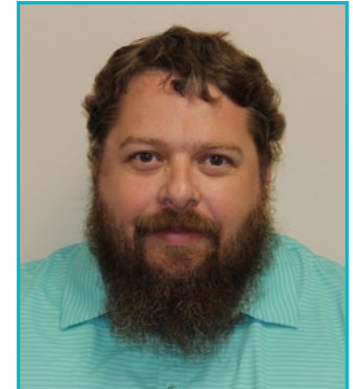
Olivia Felten
Progressive Care Unit



Amber Fillicetti
2 Southwest



Michael Hoffmann
Admitting



Cody Koehn
Critical Care Unit



Brenda Koob
Family Medicine Clinic



Abbie Marshall
Radiology



Sarah Rangere
Admitting

HAPPY BIRTHDAY



September

Abdul-Somed Mohammed	1
Ramie Nesmith	1
Krista Phillips.....	2
Stacey O'Donnell	2
Kelli Anders.....	3
Kristin Brownlee	3
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Dr. Henry celebrated his 85th birthday here at Bothwell on Aug. 22. He has been a pathologist for over 50 years and started at Bothwell in 2015. He says he is still learning something new every day, and thanks everyone for the well wishes.

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Gwen Fields	25
Jhonna Turner	25
Teresa Luyet.....	25
Amelia Jacobs.....	26
Cynthia Harris.....	26
Dr. Jeffrey Sharp	26
Katie Hill	26
Tina Lowe.....	26
Delphia Trapino	27
Laci McCammon	27
Pamela Oswald	27
Alesha Summers.....	28
Devin Wiley	28
Katherine Jackson.....	28
Lindsey Riley.....	28
Regina Hunt	28
Ylynn Lansin.....	28
Ashley Gieschen	30
Curtis Richardson	30
Dr. David Buvat	30
Emily Esselman	30
Micah Waddle	30
Ryan Edwards	30
Samantha Setzer	30
Troy Meier	30



Refer a Friend and Make Extra Money

Earn rewards while sharing the Bothwell love with friends and family in the Employee Referral Program!

- All employees can take part in the referral program with the exception of the Senior Leadership Team and HR personnel.
- Department/Clinic Directors are eligible if the person referred is someone outside of your own department(s).
- Referring employees must be free of corrective action and have been employed by Bothwell for a minimum of six months.
- Referred candidates must be new to Bothwell and have not previously worked here within the past 36 months, not currently involved in any active recruitment processes and applying for a benefit-eligible position.

**Three payouts of \$250 each will be made to the referrer at the employee's 30-, 90- and 180-day milestones.*

More information and the referral form can be found on the Intranet > HR Corner and on the public website at www.brhc.org/careers/additional-information/. This new program was developed by the Referral and Onboarding OASIS team.



KNOW YOUR EDUCATIONAL BENEFITS



Contact Human Resources to learn more!

COMMITTEE UPDATES

Meetings ... meetings ... meetings. There are currently over 50 standing committees working on a variety of topics and issues that keep Bothwell moving forward. From the Board of Trustees to the Patient Family Council, important work happens in committees every day.



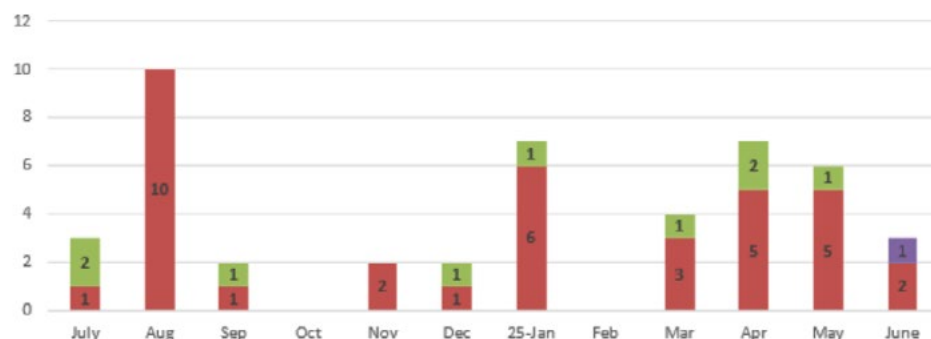
Fall Prevention is a Team Effort

Patient Safe Handling Committee

Fall prevention is a top priority at Bothwell and is the responsibility of every employee. Falls in patient care areas are a serious concern. Three percent of patients fall each year, and 30% of those falls result in injury. Research shows that 92% of patient falls are preventable. Reducing or eliminating falls leads to better patient outcomes. A single inpatient fall can extend a hospital stay by an average of 6.3 days and increase the cost of care by approximately \$18,658.

Bothwell's current fall rate: ■ No Harm ■ Mild Harm ■ Mod Harm ■ Severe Harm

2025 Inpatient Fall Severity



2025 Outpatient Fall Severity



Are You Ready for Some Football?

Football Fridays, where you can donate \$1 each week to the Bothwell Foundation to wear your favorite team's logo wear, kicks on Sept. 5.

Grab your gear and your dollar bills and get ready!



Fall Prevention is a Team Effort (Continued)

Patient Safe Handling Committee

The Fall TIPS (Tailoring Interventions for Patient Safety) program is an evidence-based fall prevention tool used at Bothwell. It is proven to reduce falls and fall-related injuries by involving patients and families in a structured and personalized care plan. The program emphasizes nurse-led education and communication with patients, families and the care team. Fall TIPS is used in more than 500 hospitals across the U.S. and is associated with a 25% reduction in inpatient falls.

Huddle boards and daily huddles should be used to communicate fall data and support staff awareness. Creating a culture of safety requires every employee's attention and accountability.



Wanted: Parade Volunteers

We will once again have a presence in this year's Cole Camp Fair Parade! If you'd like to help us out by participating, email Melissa at mguffin@brhc.org. The parade is at 7 pm **Sept. 5**, and we will meet at 6:45 pm.



Wild About Our Bothwell Family

2025 All Employee Celebration

Join us for an evening focused on celebrating the people who make Bothwell what it is. The event will be held **Saturday, Sept. 13** at the Heckart Community Center from 7:30 to 11 pm.

This event is free and open to all employees and their immediate family. While we're keeping this celebration cost-conscious, we believe it's important to come together and recognize the contributions of our Bothwell family. RSVP to mguffin@brhc.org or ext. 9406.



Contact Melissa
at ext. 9406 or
mguffin@brhc.org
by Sept. 14 to sign
up to participate!

Mac & Cheese Cookoff

Wednesday, Sept. 17

Bothwell Café, 11 am – 2 pm

Why Join?

- Sample delicious offerings
- Fun for ALL and FREE
- Show off your culinary skills
- People's Choice/Best Theme Award

Bingo Night

Friday, Sept. 26 at 6 pm

Bothwell Café

Join us for a fun-filled evening of bingo, prizes and great company. This FREE event is open to Bothwell staff and invited guests (adults only). Bring a dish or snack to share. RSVP by Sept. 22 to Melissa Guffin at ext. 9406.



25 SOFT Wellness Challenge

Bothwell{ness} Committee

A fresh take on the popular 75 Hard program, the 25 SOFT–Bothwell Edition is designed to help you build healthy habits in a fun and flexible way.

Each day, complete three of these five wellness actions:

- Move your body (walk, stretch, work out—whatever feels good)
- Drink 60+ ounces of water
- Eat mindfully (nourishing meals or meal prep)
- Read or listen to something inspiring for 10+ minutes
- Get outside for fresh air and sunshine

And one non-negotiable:

- Do an act of kindness—anything from holding a door to texting a kind word.

Use the calendar on the following page to track your progress. Turn in your completed sheet to Melissa Guffin to earn a reward and shout out.

This is your chance to make small changes that add up to big impact—for yourself and those around you.

Let's lift each other up and spread healthy habits and kindness all around!

THE GOAL

Complete the challenge for at least 25 days. We hope you'll be inspired to keep going even longer!



25 soft monthly calendar checklist

Month of : _____

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Notes :



GET WELL. STAY WELL. BOTHWELL

GET WELL. STAY WELL. BOTHWELL.

Code Pink

Emergency Preparedness Committee

What is a Code Pink? A Code Pink is an infant or child abduction. Every employee has a responsibility to protect infants and children, not just hospital security.

What do I do if an abduction is suspected or has occurred?

If an abduction has occurred or you suspect one may occur, call ext. 1111 and ask for a Code Pink in your location. Refer to the instructions provided in your department or follow general instructions if you are not in your department at the time.

What are the next steps after a Code Pink is announced?

1. Be aware of your surroundings and events taking place around you.
2. Ask all visitors to promptly return to the main lobby.
3. Kindly ask to inspect any package or object large enough to conceal an infant.
4. Call ext. 1111 to report any unusual behavior, individuals not complying with your requests and anyone leaving the building.

Note: Be reminded the abductor may try to distract you, so stay alert.



GET PAID TO LEARN AND BE A CNA!

Want to be a Certified Nurse Assistant?

- Paid on-the-job training
- Classroom work from the comfort of your home
- Hands-on training
- Full- and part-time positions available

Next class starts Sept. 22

To apply or learn more information about classes, contact Becky Eldenburg reldenburg@brhc.org

DEPARTMENT AND CLINIC NEWS

Find updates specific to particular departments including announcements on projects, achievements, changes and upcoming events. Communication between departments and to everyone in the organization is key to a well-oiled machine.



Sharing ToRCH Success Stories

Population Health

The ToRCH program continues to make a real impact by connecting people with resources that improve health and quality of life.

A family of five was dealing with an air conditioner that barely worked. It would run for a bit but never blew cold air. When ACR, a Sedalia-based HVAC company, went out to check, they found a long list of issues: a major refrigerant leak, weak compressor, damaged line set, worn power lines and heavily corroded coils. The unit was over 40 years old.

Because of the size of the household, there was enough funding through the ToRCH program to provide a brand-new AC and furnace system. After it was installed, the family called to say how well it was working and how thankful they were.

Update on SC Fuel Partnership

Through the ToRCH program, we've made about 35 referrals to SC Fuel for meal support. Clients begin with two weeks of meals, and if they're consistently using them, they qualify for an additional two weeks. Every single person has raved about how good the food is and has requested that second round.

We're working to secure physician extensions so even more meals can be provided. We're grateful for our partnership with SC Fuel and their continued commitment to supporting ToRCH clients with care and compassion.

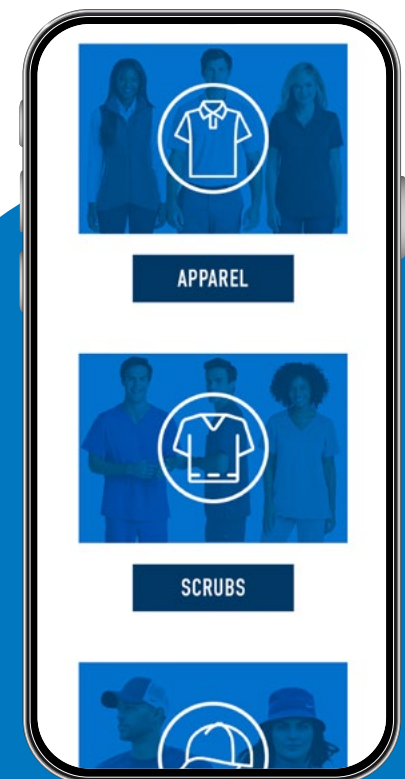


Logo Wear Website

**Shop the Bothwell eStore for
branded apparel and merch!**

Shop for clothing, scrubs and hats at brhc.org/estore. The eStore link can also be found on the intraweb.

Site may not open in Internet Explorer; use Chrome or Firefox instead.



VISIT SITE ►

Prevent Sprains and Strains: Stay Strong, Stay Safe

Human Resources

Every shift is a workout. Protect your body like the vital tool it is.

Smart Lifting Starts with You

Sprains and strains can slow you down, compromise patient care and lead to long-term injury.

Follow these simple guidelines to stay safe on the job.

Safe Lifting Tips

- Warm up first – Light movement or stretching prepares your muscles
- Stand close to the load – Holding items too far from your body increases strain
- Bend your knees, not your back – Use your legs to lift
- Get a secure grip – Ask for help or use equipment when needed
- Lower with control – Use the same safe form when putting items down

Avoid These Common Mistakes

- Twisting while lifting – Turn your entire body instead
- Tossing materials – Maintain control at all times
- Working while fatigued – Take breaks and stay hydrated
- Rushing – Prioritize safe movement over speed
- Reaching overhead – Use step stools or ladders for safety

Your safety protects you and your patients. Stay mindful, move smart and prevent injury.

Volunteers Needed

We are looking for two or three people interested in representing Bothwell at a table at the Pettis County Pride Picnic. The event is from 10 am–2 pm Sept. 27 at Hubbard Park Shelter 1.

If you would like to share information about Bothwell services and programs to the LGBTQ+ community and allies, please contact Leisha Nakagawa in the Marketing office at ext. 8855 or lnakagawa@brhc.org. Volunteering counts for credit toward the Professional Development program. Food will be provided for event volunteers.



Bothwell in the Community

Marketing

Another year, another successful Missouri State Fair. Thank you to everyone who volunteered at the Senior Lounge or helped run the water and souvenir stations. Your time and effort made a big impact.

This year brought record-breaking sales at the water stations and souvenir barn. We're grateful for your support in making it all happen.

Senior Lounge Volunteers

- Katelyn Buxton
- Julie Cahill
- Reagan Hockett
- Tamiko Hunter
- Annabelle Isenberg
- Taylor Joronen
- Cody Knutson
- Jesmi Reyes
- Marvin Smoot
- Alicia Staus
- Courtney Tanner
- Anna-Clara Vincent
- Kayley Woolery

Water Station Volunteers

- Sierra Ashley
- Jamie Barklage
- Ashley Barnes
- Stephen Barnes
- Amber Broderson
- Angela Cash
- Ruth Ann Cramer
- Dave Cramer
- Rebecca Embry
- Jennifer Evert
- Elizabeth Green
- Scott Green
- Mary Holloman
- Doug Holloman
- Sarah Hopper
- Joseph Hopper
- Lesley Jackson
- Tammy Jackson
- Bob Jackson
- Taylor Joronen
- Sarah Knotts
- Michele Laas
- Andy Laas
- Rick Langdon
- Debbie Langdon
- Laura Lawson
- Christy Mitchell
- Stacey O'Donnell
- Katherine Paul
- Christina Peritz
- Muffy Potts
- Eric Rader
- Heather Shoecraft
- Bellinda St. Cyr
- Steven Starke
- Sandy Stephens
- Tim Stephens
- Minerva Taylor
- Lisa Theisen
- Earl Theisen
- Robin Wagenknecht
- Rochelle Werneke
- Jeremy Werneke



Michele and Andy Laas



Lisa and Earl Theisen



Bob and Tammy Jackson

Bothwell in the Community (Continued)



Bellinda St. Cyr and Steven Starke



Jennifer Evert and Taylor Joronen



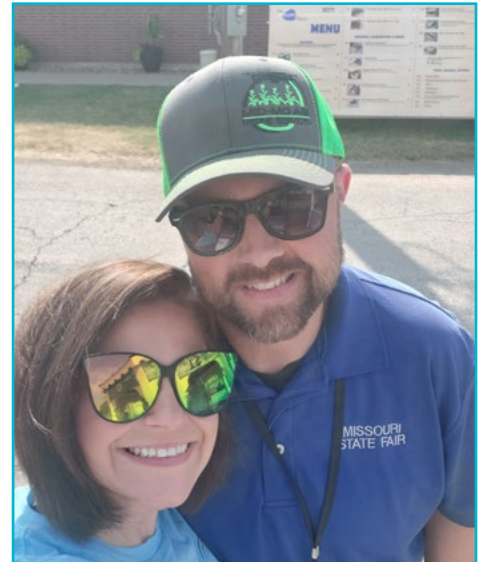
Angela Cash and Amber Broderson



Alicia Staus



Joe and Sarah Hopper



Bellinda and Travis St. Cyr



Sierra Ashley, Jamie Barklage, Stacey O'Donnell and Katherine Paul



Jamie Barklage and Katherine Paul

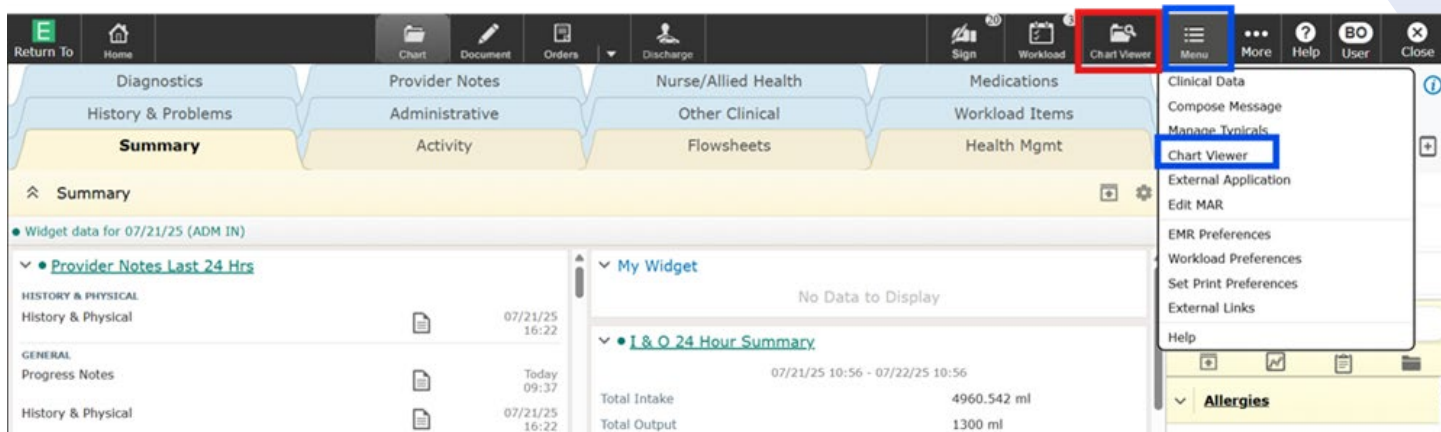
Meditech Tip of the Month

IT and Informatics

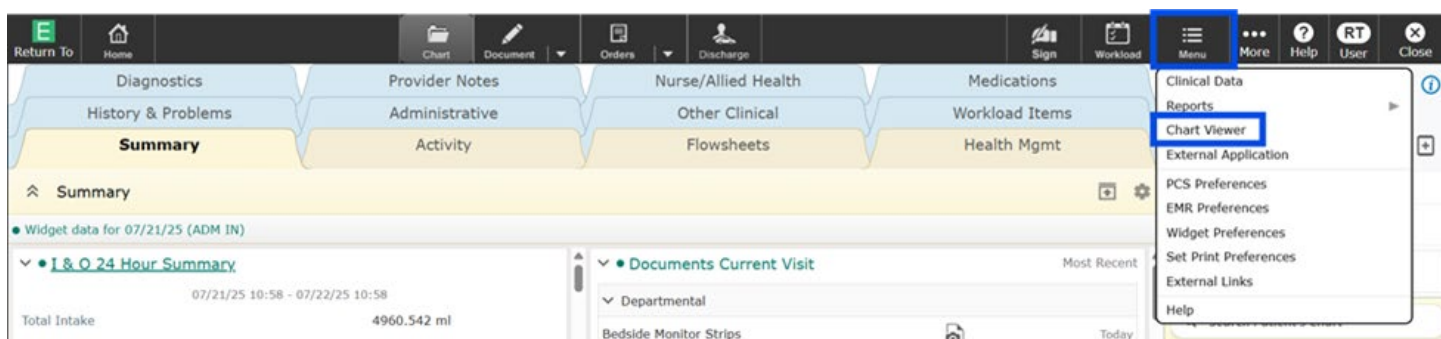
Do you know that you can open the patient's chart in a separate web browser window to navigate the chart and place orders all while you are documenting?

Chart Viewer: The Chart Viewer allows you to open your patient's chart while simultaneously documenting or ordering for your patient in your original tab. As you continue to work in your patient's chart the Chart Viewer displays any changes to the health record in real time and automatically stays in sync if you move to a new patient's chart. The Chart Viewer is available in the Acute, ED and Ambulatory settings.

Physicians/APPs: Find the **Chart Viewer** button in the upper right black navigation bar or **Chart Viewer under the Menu button.**



Nursing/Ancillary/Support Staff: Find **Chart Viewer under the Menu button** in the upper right black navigation bar of the chart.



SERVICE EXCELLENCE INITIATIVE

The SEI is our three-year journey to enhance patient satisfaction and boost employee morale by providing a 5-star hospital and clinic experience to our patients and a relationship-based, kindness-driven culture. This space will be used to share news, activities and progress toward our goals.



SERVICE EXCELLENCE COUNCIL

Michele Laas, Chair

Justin May, Vice Chair

Amber Allain,
OASIS Super Coach

Maggie Schaffer,
LEAD Team Coordinator

Kirsten Darrah,
SEA Super Coach

Toni Catron,
Ambassador Super Coach

Marvin Smoot,
Provider Super Coach

Marc Dougherty,
Survey Super Coach

Mike Shipp,
CLS Education Coordinator

Kiwi Popyk,
Service Recovery Champion

Wendy Fairfax, *Scribe*

Rob Wideman,
DO IT/Service Huddle Champion

Shania Underwood,
Implementation Coordinator

Lori Wightman, *CEO*
Lisa Irwin, *HR Liason*

OASIS TEAMS

**Referral and Onboarding
Retention**

**Service Standards/Internal Support
Awards and Recognition
Throughput**

LEAD TEAMS

**Transition of Care
CG-CAHPS
Denominators**

**SERVICE EXCELLENCE
INITIATIVE ►**

Our Goal

Be the best place to
work, to practice,
to receive care.



**SERVICE
EXCELLENCE
INITIATIVE**

PROVIDING A 5-STAR EXPERIENCE FOR ALL

Monthly Update

Thank you to everyone who participated in the Service Excellence Initiative workshops. Your engagement helps strengthen our culture of quality and compassion. Check this space each month for updated patient experience scores, star ratings, a quick refresher on one of the key topics covered in the workshops and other SEI news to help us keep improving, together.

Press Ganey Scores

Tracking Our Progress

Each month, we will share our latest patient experience scores by service line, along with a rolling average and our national percentile rank. This gives us the opportunity to celebrate what we're doing well and stay focused on where we can grow. Patient experience is one of the best reflections of the care we provide, and sharing these results helps us stay accountable and connected to our mission.

- **July Score:** Our most recent month's performance
- **Rolling Average:** Trend since February 2025
- **Percentile Rank:** How we compare nationally to similar hospitals and practices

CONTINUED ON NEXT PAGE ►

Press Ganey Scores (Continued)

Tracking Our Progress



SERVICE LINE	JULY SCORE	ROLLING AVG (Feb-Jul 2025)	PERCENTILE RANK (July)
Outpatient	82%	82%	33rd
Inpatient	73%	65%	65th
Emergency Dept.	68%	56%	28th
Ambulatory Surgery	92%	81%	79th
Medical Practice (Mean Score)	94.5%	94%	47th

Press Ganey Star Ratings

Current Overall Rating



Bothwell’s current **overall** Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) star rating is **3 out of 5**. This places us in the middle of the national comparison group, showing consistency in many areas while highlighting opportunities for growth in others.

Patient feedback provides a clear picture of where we are excelling and where we can do better. Our strongest ratings continue to be in areas such as nursing communication, staff responsiveness, discharge information and cleanliness. At the same time, scores related to physician communication, medication explanations, quietness and likelihood to recommend show opportunities for improvement. Reviewing these results helps us celebrate progress while focusing on actions that matter most to patients.

Individual Measure Ratings

MEASURE TYPE	MEASURE NAME	STAR RATING
Domain	Communication with Nurses	★★★★☆
	Response of Hospital Staff	★★★★☆
	Communication with Doctors	★★★★☆
	Communication About Medicines	★★★★☆
	Discharge Information	★★★★☆
Question	Cleanliness of Hospital Environment	★★★★☆
	Quietness of Hospital Environment	★★★★☆
	Rate Hospital 0–10	★★★★☆
	Recommend the Hospital	★★★★☆

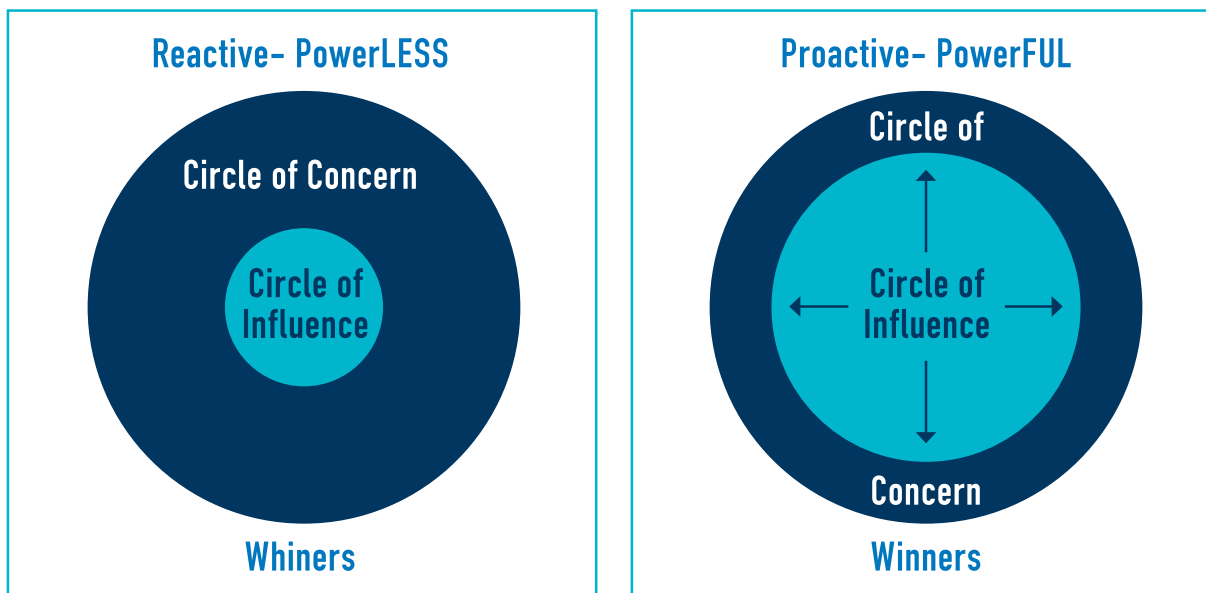
Featured Key Topic

Using Our Power of Choice to Be a Good Influence

- We have choices. How you feel is up to you.
- Who controls how we set our priorities?
- Conclusion: We're either **WHINERS** or **WINNERS**.

WHINERS – Blame others for their situation, create lots of excuses = **POWERLESS**

WINNERS – Take responsibility, are accountable, can change = **POWERFUL**



**Adapted from the 7 Habits of Highly Effective People by Stephen Covey*

Four Keys to Personal Power

1. Don't let the things you can't control interfere with the things you can.
2. Love what you do.
3. Stand for something.
4. Expect the best.

Support people's best selves!

Notable Quotables

"There's nothing you can do about that?"

No, there's always something you can do about that." — David K. Reynolds, Ph.D.

"No one can make you feel inferior without your consent." — Eleanor Roosevelt

OASIS Team Spotlight

Throughput

This OASIS team is focused on decreasing the throughput time of the patient from the time they come through the doors of our Emergency Department to the time of disposition either to their home, an alternate facility or admitted into the hospital. The team is multi-departmental, involving ED, Radiology, Laboratory, EVS and medical staff, e.g., hospitalists, ED medical staff, Urology, Radiology, CMO, etc.). Areas of focus for process improvement to reduce time resulting in enhanced care and treatment of the patient include:

- Triage and Registration Process Improvement
- Transition to Inpatient Process Improvement
- ED Nursing Engagement
- Ancillary Department Integration – Radiology
 - » KUB ordering process
 - » CT Scanning Rate
- Ancillary Department Integration – Laboratory
 - » Blood specimen collection process
 - » Order set re-evaluation of lab tests
 - » Point of Care testing vs. Lab testing
- Staffing workflow

The overall goal of the ED Throughput Oasis Team is to decrease ED patients' dwell times, improve the admission process and decrease overall times related to lab studies, CT scan/Radiology testing, as well as improve triage times on arrival.

SEA Synergy Meeting – Post Workshops

Following the Year 2 Service Excellence Workshops, SEAs met with Lori Wightman, CEO, Shania Underwood, Implementation Coordinator, and Kirsten Darrah, SEA Super Coach to reflect on their experiences and plan for Year 3.

Key Takeaways

- SEAs expressed interest in maintaining the momentum of the initiative beyond the workshops.
- A request was made to involve a content expert in the train-the-facilitator sessions to ensure consistent, accurate delivery across all groups.

Team Bragging Video

A team led by Kyle Hull successfully wrapped up production of this year's Team Bragging Video. The theme was inspired by the 1970s-era Beatles, bringing a fun and nostalgic vibe to the project. As part of the creative challenge, the video was required to include a few specific elements: an identified CEO, the symbol "Star," the word "25," and a bonus reference to Brian Lee. The team delivered a creative and engaging piece that captured all required elements while showcasing our culture and talent.

The video was submitted to Custom Learning Systems and the winner will be announced during the HealthCare Service Excellence Conference on **Nov. 11.**

Patient Kudos and Compliments

Positive reviews, comments and messages create powerful pictures of the Bothwell experience. The following feedback was recently received either as a Google or Facebook review, Facebook public comment or direct message, or from a patient satisfaction survey. Messages have been lightly edited for spelling and grammar.

Bothwell Orthopedics & Sports Medicine

"Dr. Kiburz and his staff are top-notch!" — Satisfied Patient

Outpatient Services

"Julie is wonderful. Always makes you feel comfortable. She and Christina are very professional." — Satisfied Patient

Bothwell Sleep Center

"The receptionist is kind, she gave me and asked for the information needed." — Satisfied Patient

Thank you for all you do to serve our patients and community each and every day. Each smile, touch, conversation and moment puts our patients at ease.

UPCOMING EVENTS

Sept. 30

- Year 2 Progress Check Up

Oct. 27

- Transition Support Call
- Ambassador Overview

Online reviews help others feel good about choosing Bothwell. Every positive interaction with a patient is an opportunity to invite them to share their experience with others.

How to write a positive review on Google



The hospital and all the clinics each have Google Business Profile page. Search Bothwell Regional Health Center or the clinic name and when the page comes up on the right, scroll down and select "write a review."

How to write a positive review on Facebook



Go to the Bothwell Regional Health Center page at facebook.com/bothwellregional, select "Reviews" in the menu bar and answer yes to the question, "Do you recommend Bothwell Regional Health Center?" and then write your review.

Service Summit Award Nominees – Year 2

We are proud to recognize the following individuals and teams nominated for their exceptional contributions to the Service Excellence Initiative.

Each nominee is eligible for a Pinnacle Achievers Award. Of those honored as Pinnacle Achievers, one will be selected as the Summit Award Recipient during the Night of Excellence at the HealthCare Service Excellence Conference. Recipients will receive a certificate of recognition and the prestigious Summit Award.

Exceptional Employee (non-clinical)

- Jason Pals
- Jill Weller
- Jessica Smethers

Exceptional Employee (clinical)

- Cole Simoncic

SEA First Year

- Jessica Smethers
- Stephanie Johnson
- Kyle Hull

Exceptional Nurse

- Kami Jetmund
- Brittani Geml

Motivating Administrator

- Marvin Smoot

Exceptional Implementation Coordinator

- Shania Underwood

Ambassador Super Coach

- Toni Catron

OASIS Team

- Awards and Recognition

Empowering Manager

- Julie May
- Bailey McGinnis

Customer-Focused Provider

- Sherry Schwartz-Banner

Customer-Focused Physician

- Julie Cahill

DO IT Project Award

- SPD Department



FROM THE FOUNDATION

Bothwell Regional Health Center has been at the center of healing for Pettis and Benton counties for generations. The Bothwell Foundation was formed in 2005 to assist the health center and provide resources to keep health care local, state-of-the-art and close to home.



BOTHWELL FOUNDATION BOARD OF DIRECTORS

James Mahlon White, President

Cliff Callis, Vice President

James Buckley

Heather Cantrell

Lori Wightman
Bothwell CEO

Jackie Butler
Auxiliary President

Dr. Gregory Doak, MD
Board of Trustees Liaison

Scott Benbrook

Cara Cannon

Whitney Cromley

Dr. William Decker

Erica Eisenmenger

Katelin Hladick

Shelly Kempton

Diana Nichols

Kara Sheeley

Laura Weisenburger

Becky Williams

Save the Date: EPIC Club Tailgate Party



Memorials and Donations

In memory of Marin Dougherty

Julie Mateja

Lori Wightman

In memory of Stanley Harms

Michael and Joy Simon

In memory of Maurice Ben Benskin

Diane Lambert

PREPARED TO CARE:

Support & Resources for Caregivers

Sept. 23 | 5:30 pm
Heckart Community Center –
Community Room C, 1800 W. 3rd St.

Are you caring for a loved one? Whether you're just beginning your caregiving journey or have been walking this path for some time, this free community seminar is here to support you.

Join us for an evening of guidance, encouragement and practical information that will help you navigate the emotional, legal and medical aspects of caregiving with compassion and confidence.

What You'll Learn:

- Preparing for in-home care and support
- Understanding hospice care and what to expect
- Estate and legal planning tips
- Funeral pre-planning and practical next steps
- How to talk with your loved one about end-of-life wishes

This is a judgment-free space where you can ask questions, learn from professionals and connect with other caregivers walking a similar path.

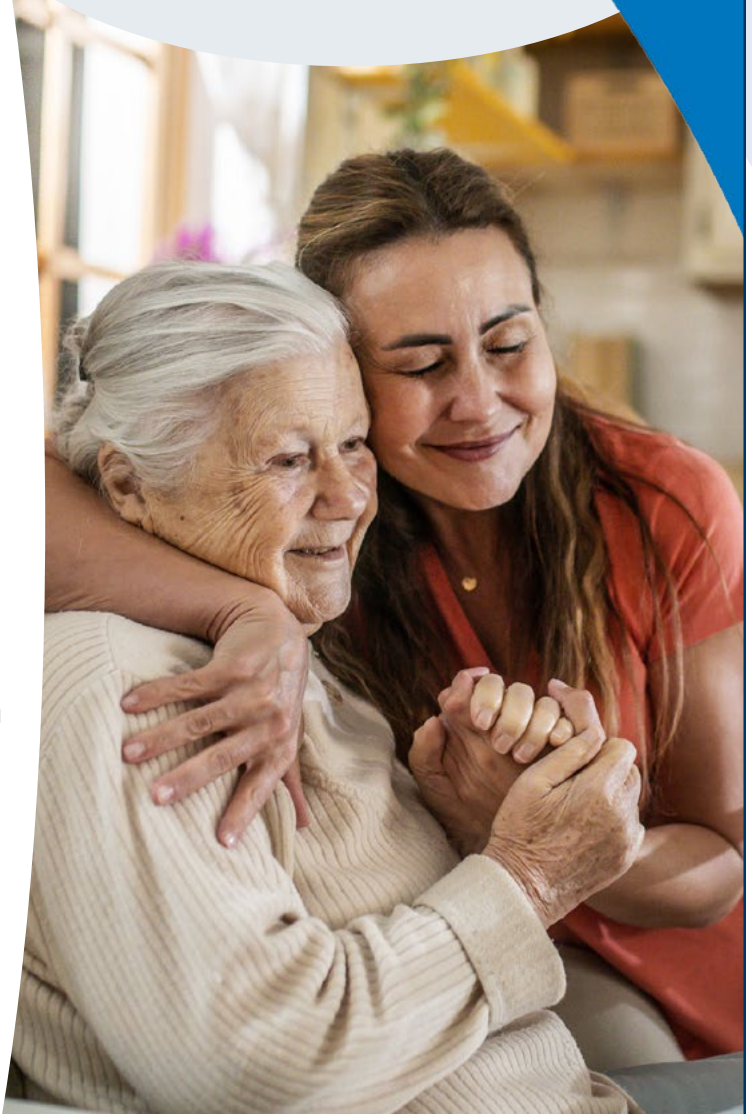
Presenters:

Tammy Wilkey - Family Caregiver Coordinator
with Care Connection for Aging Services

Kiwi Popyk-Wyatt – Bothwell Social Worker

Refreshments provided. Come hungry for knowledge and leave with peace of mind, plus a snack to enjoy while you listen.

Sponsored by:



RSVP or Questions?

Contact Lauren Thiel-Payne at
660.829.7786 or lthiel@brhc.org.

Heroes Come in all Types!

CHARITY CHALLENGE BLOOD DRIVE

Stop by our
booth to receive
a special
"Thank You"
cookie



First United Methodist Church | 916 Thompson Blvd | Sedalia

The Bothwell Foundation is competing in the fifth annual Charity Challenge Blood Drive sponsored by Central Bank, and we need YOU to help us defend our 2024 first-place finish and win \$3,000!

All presenting donors for the Bothwell Foundation receive a **FREE**, specially-designed shirt!



Thursday, Sept. 18
Noon – 6 pm



Friday, Sept. 19
Noon – 6 pm



**AND go home with a FREE
limited edition challenge
T-shirt or a Chiefs T-shirt!**

While supplies last

Employees must register online at savealifenow.org/group; Group Code: EH4K or scan the above QR codes. Once you register, forward the registration confirmation and your T-shirt size to Lauren Thiel-Payne, Bothwell Foundation executive director, at lthiel@brhc.org. Questions? Call Lauren at 660.829.7786.



AUXILIARY NEWS

Our volunteers are a vital part of the services we provide to our patients and their families. Through their supportive and significant contributions, they add a personal touch to the hospital, making it a warm and friendly place.



It's Almost Ice Cream Social Time!

The Bothwell Auxiliary is excited to host its annual ice cream social that raises money to support Bothwell programs and initiatives.

This year's event is set for **4-7 pm Sept. 18**, in the southwest parking lot. Tickets are \$5 and include ice cream, dessert and a drink. Kids 5 and under are free.

Food trucks in attendance include Talagios Pizza and Dick's Corn Dogs. There will be a free-will donation cake walk, a Gift Shop sidewalk sale, live dessert auction at 6 pm and a raffle to win a \$100 gift card to Dairy Queen and a Yeti cooler.



1 Raffle Ticket = \$5 or 3 Raffle Tickets = \$10

Purchase event and raffle tickets in the Gift Shop. The raffle winner will be drawn Sept. 18 during the event.

Bring the Sweetness!

We need your help to make our event a success. We're looking for:

- Baked goods to serve: cookies, pies, brownies, cakes and more. Homemade or bakery bought, every treat helps make the night extra special.
- Specialty desserts for the auction: think beautifully decorated cakes, signature pies or gourmet treats that people will bid on to take home.

CONGRATULATIONS TO AUXILIARY SCHOLARSHIP RECIPIENTS

The Bothwell Auxiliary recently awarded six \$2,500 scholarships to area students pursuing Nursing degrees. Front row, from left, Laura Granados, Lexi Anderson, Kaitlyn O'Dell, Sara McLemore and Mattie Mergen, students; not pictured, Amber Fillicetti. Back row, from left, Carolyn Sperry, Shirley Evans, Sue Heckart and Jackie Butler, Auxiliary Scholarship committee members.

[READ MORE ►](#)



CALENDAR OF EVENTS

Designed to be an at-a-glance view of our upcoming events, activities or classes, check out what's on the Bothwell calendar in the next few months.



SEPTEMBER

Pettis County Baby Café

Two hours each week

Bothwell Hospital

Women's Health and Newborn Care

For more details visit, www.facebook.com/PettisCountyBreastfeedingCoalition

Cole Camp Fair Parade

Sept. 5, 7 pm

300 W. Main St., Cole Camp

See page 18 for more information.

2025 All Employee Celebration

Sept. 13, 7:30 – 11 pm

Heckart Community Center – Sedalia

RSVP by Aug. 22

See page 18 for more information.

Cancer Support Group

Sept. 16

Susan O'Brien Fischer Cancer Center

Virtual option available, call 660.829.7792 for details

Mac & Cheese Cookoff

Sept. 17, 11 am – 2 pm

The Bothwell Café

See page 18 for more information.

Charity Challenge Blood Drive

Sept. 18 and 19, Noon – 6 pm

First United Methodist Church

916 Thompson Blvd., Sedalia

See page 32 for details.

SEPTEMBER (CONTINUED)

CPR/AED and First Aid Class

Sept. 20

CPR/AED: 8 am – 12:30 pm

First Aid: 12:30 – 3:30 pm

Bothwell Education Center

\$45 per person for either CPR/AED or First Aid, or \$60 per person to take both classes.

To register or for more information, contact classes@brhc.org or call 660.827.9516.

Certified Nurse Assistant (CNA) Class

Sept. 22

On-site training for current employees who want to be CNAs

Contact Becky Eldenburg at reldenburg@brhc.org

Six-Week Grief Recovery Group

Next Class Starts Sept. 23, 6:30–9 pm

Bothwell Hospital, Room 385

brhc.org/resources/classes-support-groups/grief/

Bingo Night

Sept. 26, 6 pm

The Bothwell Café

See page 19 for more information.

OCTOBER

Stop the Bleed

Oct. 10, 8 am – Noon

FREE

To register or for more information, contact classes@brhc.org or call 660.827.9516.

Cancer Support Group

Oct. 21

Susan O'Brien Fischer Cancer Center

Virtual option available, call 660.829.7792 for details