

APRIL 2023

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



MOVING FORWARD WITH CONFIDENCE

Letter from Lori

I have written in this space several times about **Bothwell Forward**, our **2020–2025 Strategic Plan**, which was developed in fall 2019 by a team of internal and external stakeholders and is our road map to where we want to go. The crux of the plan is summed up in the **Strategic Aim Statement**.

Bothwell Regional Health Center will be an innovative and trusted partner that provides safe and compassionate care in an engaging place to work and thrive that fosters strong relationships with the people and communities it serves.

Broken down, this simply means we want to be the organization that people turn to first. We want to be the community's health care experts, be a good neighbor, and we want people to choose us to work here, practice here and receive care here.

To reach those goals, we organize our annual objectives around five pillars that remain unchanged, **People, Care, Community, Growth and Operational Excellence**. There's a saying I like to use when we talk about goals and these annual objectives, "Write your goals in granite and your plans in sand." That just means we musn't ever lose sight of the goal, "to be the organization that people turn to first" while we change and evolve each year by developing these plans that help march us toward the goal.

The Leadership Team has been working over the last month to develop these FY24 objectives that will be presented to the board along with the budget in May. We still have a bit of work to do on a few that need more defined measures; however, the framework is there.

[READ MORE ON NEXT PAGE ►](#)



SEE WHAT'S INSIDE!
INTRODUCING BRHC ALERT
NURSES WEEK AND HOSPITAL
WEEK HAPPENING IN MAY
MIRACLE ON 14TH STREET
PROGRAM UPDATED
INTRODUCING K9 DILLINGER

MOVING FORWARD WITH CONFIDENCE

Letter from Lori (Continued)

Beneath each of these objectives are tactics, or the projects, ideas and work we will do to achieve them. For example, the Patient Experience Team is working on a number of tactics to help improve patient experience - improving the number of survey responses, distributing thank you cards at discharge and in the mail, inpatient rounding by leaders and follow-up on survey comments are examples.

It's all of our responsibilities to parse these objectives and find ways to be successful. Environmental and Dietary Services staff can absolutely impact patient experience through words and deeds that exceed our patients' expectations and help put them at ease while here with us. A friendly hello and 'how may I help you' to someone in the hallway is another way to engage and impact the relationships we're creating at every touchpoint.

What can you do? Review the objectives and talk to your director about your ideas. We're all in this together, and it will take all of us to continue to move Bothwell forward with confidence.

PEOPLE

We strive to recruit, develop, retain and inspire a highly talented and actively engaged team of professionals to maximize our patients' experience.

1. Reduce open positions by 25% (from/to numbers TBD)
2. Reduce turnover from 21% to 18% rolling 12-month average
3. Achieve a 10-point percentile increase in patient experience for departments that have baseline data
4. Reduce workplace assaults and use of force by 30% (FY22 =74; FY23=TBD)
5. Expand Professional Development program to three additional disciplines

CARE

We will provide comprehensive, patient focused, compassionate quality care through teamwork and community collaboration, healing the mind as well as the body.

1. Work with community partners to decrease the barriers for patients to achieve their optimum health status (measurement TBD)
2. Increase shared savings and quality incentives earned by 25% (baseline dollars determined July 1)
3. Improve access to care by decreasing the third next available by 50% for outpatient and clinician new patients. (Outpatient from 11.6 to 5.8 days, and new patient from 15.74 to 7.87 days)
4. Accomplish standards for all time sensitive diagnosis (Trauma, STEMI, Stroke, Sepsis)
5. Strengthen mental health partnerships to serve clinic patients
6. Achieve Cancer Center accreditation

MOVING FORWARD WITH CONFIDENCE

Letter from Lori (Continued)

COMMUNITY

We will create partnerships in our community to educate and empower stakeholders to make sound decisions regarding their health care, partnering with them every step of the way to build a healthier community.

1. Increase Medicaid enrollment by 20% of eligible adults in Pettis County from 24% to 28.8% and in Benton County from 25.8% to 31%.
2. Partner or create transportation options for our patients to access care
3. Promote choices that improve health outcomes.

GROWTH

By our action we will be a complete medical staff capable of meeting the health care needs of our community resulting in tremendous growth in operations.

1. Achieve 20 visits per day at Walk In Off Broadway while maintaining volume at Walk In Winchester
2. Increase number of unique patients seen by 3%
3. Reduce appointment no-show rate to 5%

OPERATIONAL EXCELLENCE

Through engaged employees with a consistent focus on excellence, continuous improvement, eliminating waste, and process controls reducing variability, we will implement an organization-wide review that will lead us to the utmost quality in patient care and financial stability.

1. Achieve revenue net margin of (% TBD)
2. Maintain 340B status
3. Implement point-of-service collections for hospital-based services
4. Reduce insurance denials from 0.6% to 0.5% (\$400,000)
5. Improve perioperative efficiency (block utilization – 55%; first case start times 80%)

Stay well. Be well.



PAY INCREASE UPDATE

Many of you have had questions about the potential for a wage increase. From January through March, we were not in a financial position to approve a \$1/hour pay increase for employees that would add \$160,000 a month to the budget permanently. The pay increase discussion will be folded into the FY24 budget process because the board wants to revisit the topic in the context of the entire budget. They want to pay employees at market—we don't want to lead or lag—and we have been working hard on our financial recovery plan to be able to provide the market increases needed.

BE ALERT. BE INFORMED. BRHC Alert

BRHC ALERT

What is BRHC Alert?

Bothwell has partnered with Rave Mobile Safety to offer an emergency notification system. We use BRHC Alert to communicate physical or cyber emergencies and weather situations at any facility to employees and other Bothwell stakeholders via email, text and phone messages.

Learn more about the types of situations the system will be used for and answers to frequently asked questions at brhc.org/alert.



NEED HELP?



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PERSONNEL NEWS

Kudos and Congrats



Lisa Irwin

Lisa Irwin, Human Resources and Support Services vice president, earned a master's degree in Business Administration from Columbia Southern University this month. Well done, Lisa!



Laura Weisenburger

Congratulations to **Laura Weisenburger, RN**, on being named Perioperative Services Director. Weisenburger was formerly Nursing educator/recruiter.

Andrew Driskell, certified medical assistant at Bothwell Orthopedics & Sports Medicine, was recently accepted into the Physician Assistant program at Drury University in Springfield. Driskell was last year's recipient of the Hickman Excellence award from the Bothwell Foundation.



From left, Dr. Brian Hughes, Athletic Training program director and professor; Kiburz; and Dr. Molly Cuffe, assistant professor.

Dr. Douglas Kiburz, physician at Bothwell Orthopedics & Sports Medicine, was recognized by the University of Central Missouri Athletic Training program with the Bob and Sandy Russell Service Award on Friday, April 21.

To honor Dr. Kiburz, the hospital made a donation to the Bothwell Foundation.



Dr. Kiburz is installed as the 2023-2024 MSOA president

In February, Dr. Kiburz was elected President of the Missouri State Orthopedic Association (MSOA) at the organization's annual meeting in Columbia. He is the first four-term president in the history of the MSOA and will coordinate with the Missouri State Medical Association on orthopedic and health care issues leading up to the February 2024 annual meeting in St. Louis.



Donna Smith, Pharmacy Tech, is retiring, and while she didn't request a Retirement Tea event, her coworkers threw her a surprise party and gifted her with a tricked-out retro refrigerator for her "she-shed." Thank you, Donna, for 45 years of service to Bothwell!

SPRING HAS SPRUNG

Courtyard Gets Annual Makeover

Enjoy a quiet moment in the beautiful courtyard on the hospital's ground floor. Thanks, Facilities crew, for making it look great.



HELPING PATIENTS

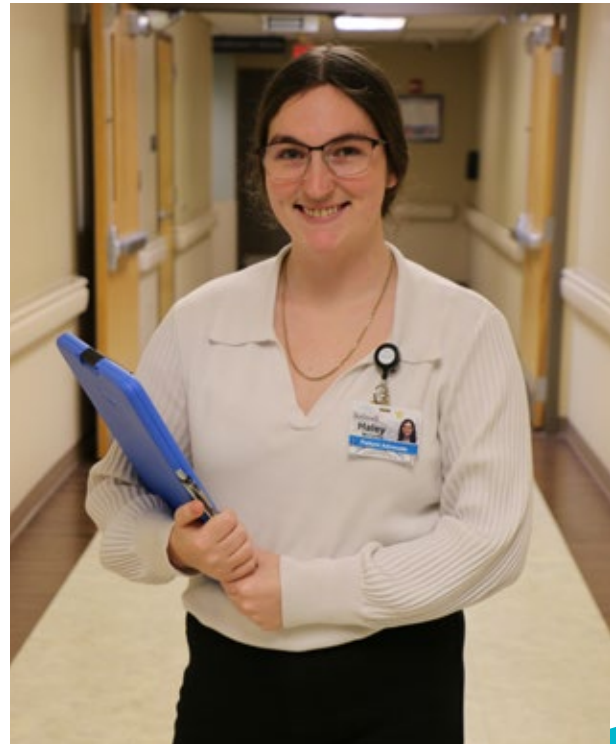
Encouraging Enrollment in MO HealthNet

It's important our patients know they have assistance when it comes to paying their health care bill. Haley McCarthy recently joined the Bothwell team as a patient financial advisor.

Her role is to encourage patients to apply for health coverage they may not have known they were eligible to receive. Haley visits with patients in the hospital and reaches out to those who receive outpatient services to walk them through the application process for MO HealthNet, Missouri's Medicaid program that helps people with limited income and resources with their health care costs.

McCarthy graduated from the University of Central Missouri with a bachelor's degree in Social Work. Her passion for health care began when she participated in Bothwell's Medical Explorers program as a teen. Though she did not choose to become a doctor or nurse, McCarthy's educational background in social work is allowing her to have an impact on the health care experience.

Bothwell patients who think they qualify for MO HealthNet can contact Haley at hmccarthy@brhc.org.



Haley McCarthy

PATIENT EXPERIENCE

Kudos and Compliments

Positive reviews, comments and messages create powerful pictures of the Bothwell experience. The following feedback was recently received either as a Google or Facebook review, Facebook public comment or direct message or from a patient satisfaction survey. Messages have been lightly edited for spelling and grammar.

“Dr. Cahill (Bothwell Family Medicine Associates) is the best doctor I’ve had, and her level of care is above and beyond any other doctor. She addressed each of my concerns, was very knowledgeable about everything, and stated things in a way that was very easy to understand. She explained everything thoroughly, and discussed my options, including the pros and cons of each. She is the reason I still drive to Sedalia to receive care, even after moving an hour away. Great doctors are hard to find, and she is amazing.”

“Jessica (Bothwell Health Center-Truman Lake), the new assistant was great. Friendly and respectful. Can’t say enough good about Dr. Hasek. She is compassionate, a great listener and is always smiling. The only reason I drive 30 miles is because of Dr. Hasek’s care.”

“Before I would had never said this. Before now, we would drive all the way to Marshall to go to the ER or even all the way to Columbia from Sedalia. Can no longer call Bothwell “Botchwell”. The ER department at the hospital has done a 180 in quality and performance.”

Ambulatory surgery: Everything went great, I appreciated all the nurses and doctors. I was kept very comfortable and informed. Thank you BRHC. Great job!!

Bothwell Orthopedics & Sports Medicine: Cannot say enough about the kindness and care of the nurses

Outpatient services: From the receptionist to the kind, caring ladies who administered the test, they were so kind. The technicians were Informative and made me feel important. Thank you.

Dr. Anders (Bothwell Pulmonary Specialists) is always comforting, caring and kind. He is very informative about my health issues and what we need to do to get me better.

Thank you for all you do to serve our patients and community each and every day. Each smile, touch, conversation and moment puts our patients at ease.

Online reviews help others feel good about choosing Bothwell. Every positive interaction with a patient is an opportunity to invite them to share their experience with others.

How to write a positive review on Google

The hospital and all the clinics each have a Google Business Profile page. Search Bothwell Regional Health Center or the clinic name and when the page comes up on the right, scroll down and select “write a review.”

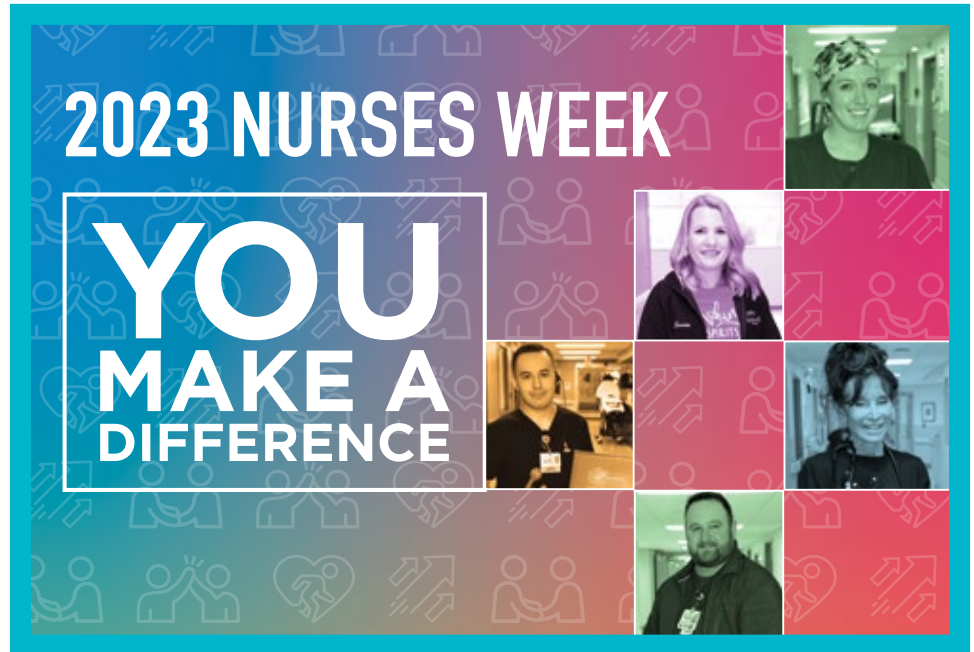
How to write a positive review on Facebook

Go to the Bothwell Regional Health Center page at facebook.com/bothwellregional, select “Reviews” in the menu bar and answer yes to the question, “Do you recommend Bothwell Regional Health Center?” and then write your review.

NURSES WEEK 2023 You Make a Difference

National Nurses Week is held each year from May 6–12. This year, Bothwell will celebrate our nurses and nursing support staff May 3–6 in order to not overlap with activities planned for Hospital Week from May 7–13.

Drawings will be held daily for various prizes!



WEDNESDAY, MAY 3

Treat Trolley

Candy bars, fresh fruit, mini sodas and waters, granola bars, etc. will be distributed on the hospital floors by cart and to the clinics by the Treat Trolley Truck

THURSDAY, MAY 4

You were “Mint” to Make a Difference

Coffee, hot teas, hot chocolate and mints distributed by cart on the floors

FRIDAY, MAY 5

Nacho Average Nurse

Nacho bar in the Café

Awards Ceremony, 2 pm, Café

Program will include the announcement of the Nurse of the Year, Nursing Support Person of the Year, Professional Development Inductees, and information about auxiliary scholarships. The event will be shown on Facebook Live on the Bothwell Facebook page.

Blessing of the Hands

- **1 pm** at Pettis County clinics by Hospital Chaplain Rob Ayers and Tammy Walker
- **12:30 pm** at Cole Camp clinic by Dr. Donald K. Allcorn
- **1:15 pm** at Lincoln clinic by Dr. Donald K. Allcorn
- **2 pm** at Warsaw clinic by Dr. Donald K. Allcorn
- **3 pm** Bothwell Café by Hospital Chaplain Rob Ayers and Leora Bremer

SATURDAY, MAY 6

Strawberry shortcakes for day and night shifts

There also are “Thank a Nurse” and “Thank a Nursing Support Staff” cards again this year! Cards will be available in departments and on a table outside Café. Place finished cards in the mailbox, and they will be posted on the wall.

HOSPITAL WEEK

• MAY 7-13 •

Best Darn Staff Ever

The Employee Engagement committee has developed a fun five-day schedule of Wild West events to celebrate Hospital Week. All employees will automatically be entered into a drawing for cash gift cards. Participate in fun games like Bingo, a scavenger hunt and a poker run for extra chances to win!

Monday, May 8 • Hats Off to You and Come Wet your Whistle

- Meet us at the Café Watering Hole for root beer floats from 11 am-1:30 and 5-7:30 pm.
- Wear your favorite Western hat (work appropriate)
- "Wild West" photo scavenger hunt begins!

Tuesday, May 9 • Happy Trails

- Join us in the Café for a trail mix bar from 11 am-1:30 pm and 5-7:30 pm
- Games in the Corral (courtyard) from 11 am-1:30 pm and 5-7:30 pm

Wednesday, May 10 • We're Wild About You

- Free Chuckwagon BBQ: Come and eat some down home grub in the Café from 11 am-1:30 pm and 5-7:30 pm! It will be a rootin' tootin' good time.
- Poker Run: Draw cards from 7 am to 3 pm at Human Resources, Volunteer Desk, Centralized Scheduling, Radiology check-in desk and Marketing/Foundation office
- Western Wear Casual Day (work appropriate)

Thursday, May 11 • You "DONUT" Know How Much We Appreciate You!

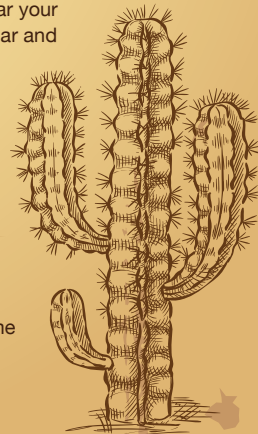
- Come join us for wagon wheels (donuts) and high falutin' coffee punch in the Café from 7-10 am
- Games in the Corral (courtyard) from 7-10 am

Friday, May 12 • Gratitude Stampede

- It's Bothwell Spirit Day! Enjoy this "no pay, spirit day" and wear your favorite Bothwell shirt or gear and show your Bothwell pride.
- Gratitude Note: Write a card for a coworker and drop it in a Pony Express Mailbag in the Café

All Week

- BINGO
- Wild West Word Search
- What's Your Wild West Name
- Scavenger Hunt
- Wanted Photos in the Café



Watch your Bothwell email for event details! Post your photos in the Bothwell Trade & Engage Facebook group under the Discussion tab.

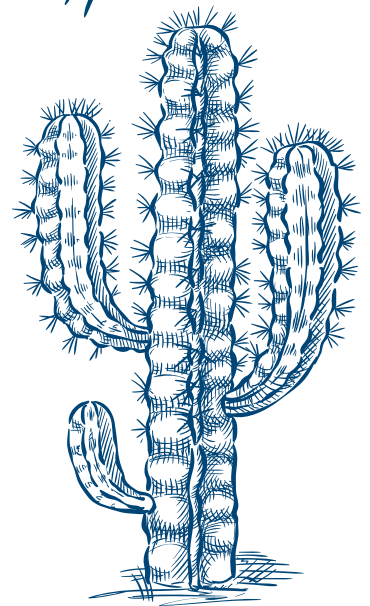
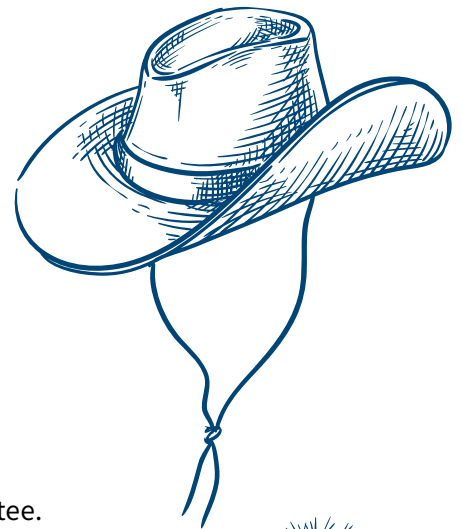
BEST DARN STAFF EVER

Wild for Bothwell Photo Scavenger Hunt!

The scavenger hunt will begin on Monday, May 8 and conclude on Monday, May 15. For proof of completion, all photos will need to be posted in one post on the Bothwell Trade and Engage Facebook group under the Discussion tab by 9 am on Monday. Title your post "Hospital Week Bothwell".

Participate in the Scavenger Hunt for extra chances to win in the overall drawing.

- ☐ Submit the following photos for the Scavenger Hunt:
- ☐ Take a photo of the building you work in.
- ☐ Grab a photo with a coworker.
- ☐ Snag a photo of an activity from each day during Hospital week!
- ☐ Take a photo with someone from another area/department.
- ☐ Find a Bothwell logo somewhere and take a picture!
- ☐ Take a selfie with your boss/team leader.
- ☐ Find someone who has decorated their desk with family pictures.
- ☐ Take a silly group photo in your area or department.
- ☐ Find an employee drinking coffee and take a picture.
- ☐ Take a picture with someone from the Employee Engagement committee.
- ☐ Make a video about why you love working here.
- ☐ Find someone with a birthday this week and take a picture!
- ☐ Take a video of your best western dance moves.
- ☐ Take a picture of the team member in your area/department that has worked at Bothwell the longest! Make sure to post when they started.
- ☐ Take pictures that represent each letter in the word BOTHWELL. Be creative!
- ☐ Mark your calendars and stay tuned for additions and details!



**Turn in by 9 am May 15 to
Human Resources for an extra
chance at prize drawings!**



Turn in by 9 am May 15 to
Human Resources for an extra
chance at prize drawings!

WHAT IS YOUR WILD WEST NAME?

USE YOUR FIRST INITIAL TO FIND YOUR FIRST NAME

- | | |
|---------------|--------------|
| A = Curley | J = Mojo |
| B = Ropin' | K = Lefty |
| C = Billy | L = Smokey |
| D = Smiley | M = Whiskey |
| E = Blueridge | N = Moody |
| F = Poppy | O = Trapper |
| G = Shotgun | P = Amarillo |
| H = Buckey | Q = Shorty |
| I = Whitney | R = Dakota |



- S = Cactus
 T = Dutch
 U = Reckless
 V = Pale Face
 W = Beauford
 X = Paco
 Y = Gonzales
 Z = Mad Dog

USE YOUR MIDDLE INITIAL TO FIND YOUR MIDDLE NAME

(If you don't have a middle name, take the last letter of your first name)

- | | | |
|-----------------------|---------------------|-----------------------|
| A = The Lucky | J = The Ruthless | S = The Sharp-Eyed |
| B = The Terrible | K = The Wanted | T = The Wild |
| C = The Fearsome | L = The Stubborn | U = The Unruly |
| D = The Hot-Tempered | M = The Desperate | V = The Paranoid |
| E = The Lone | N = The Mule-Headed | W = The Angry |
| F = The Back-Stabbing | O = The Happy | X = The Blood-Thirsty |
| G = The Cross-Eyed | P = The Crazy | Y = The Rotten |
| H = The Bad | Q = The Lawless | Z = The Big |
| I = The One-Eyed | R = The Saddlesore | |

USE THE LAST INITIAL TO FIND YOUR LAST NAME

- | | |
|------------------------|-----------------------|
| A = Gambler | J = Gold-Digger |
| B = Apache | K = Stagecoach-Robber |
| C = Water Trough Diver | L = Sharp-Shooter |
| D = Gunslinger | M = Flapjack |
| E = Outlaw | N = Bronco |
| F = Bushwacker | O = Rattlesnake |
| G = Bearcat | P = Cotton Mouth |
| H = Jailbreaker | Q = Deadwood |
| I = Itchy Trigger | R = Cowboy |



- S = Sheriff
 T = Ranger
 U = Lightfoot
 V = Sundance Kid
 W = Rustler
 X = Buffalo Hunter
 Y = Rawhide
 Z = Ranger

HELP SAVE A LIFE

May 5 Blood Drive

We will host a blood drive from 10:30 am to 3 pm May 5 in the Education Center at 600 E. 14th in conjunction with Community Blood Center.

Appointments are preferred, and walk-ins will be accepted as capacity allows. To make an appointment, visit

[Sign Up Now](#) or call Lisa Nelson at 816-216-4771. Participants should bring a photo ID or donor ID card.

Community Blood Center, established over 60 years ago, serves hospitals in the Greater Kansas City metropolitan area, as well as eastern Kansas and western Missouri.



SEAT BELT SAFETY CHECK

Missouri Seat Belt Awareness Initiative

On May 12, from 6–8:30 am, Shari Riley, Time Critical Diagnosis coordinator, and others will participate in this statewide initiative and check seat belt use for staff in the parking lots near the Emergency Department and the Education Center.

According to the Missouri Coalition for Roadway Safety, a seat belt reduces the risk of fatal injury by 42%. Remember to buckle up to stay safe when driving.

PREPPING TEENS FOR BABYSITTING

Safe Sitter Course Happening in May 20

Have a tween interested in earning money by babysitting? We are offering a Safe Sitter course on Saturday, May 20 for children in grades 6 to 8. Class hours are 8 am–2:30 pm and cost is \$35. This is the perfect opportunity to ensure your child is ready to enter the world of babysitting.

For more information or to register, contact the Education Center at 660.827.9516 or email classes@brhc.org. Registration deadline for the class is May 8.

The next class date is Aug. 5.

GET PAID TO LEARN

CNA Classes Forming

Want to be a Certified Nurse Assistant? We offer paid on-the-job training, classroom work from the comfort of your home and hands-on training. Full- and part-time positions are available. **Dates for 2023 classes are June 7 and Sept. 13.** To apply or learn more information about classes offered, call Laura Weisenburger, Nursing Education educator/recruiter, at 660.829.7758.

HELPING EACH OTHER

Miracle on 14th Street Program Updated

In 2005, Bothwell Regional Health Center created the Miracle on 14th Street Employee Assistance Fund, which provides financial assistance to Bothwell employees experiencing a qualifying event or emergency that may cause undue hardship.

Who is eligible for funds?

Any current full- or part-time Bothwell employee who has successfully completed their probationary period is eligible to apply for assistance.

What is a qualifying event?

Applicants and/or intended recipients must have a documented event or emergency situation that has caused the undue hardship. This event or emergency may be a single occurrence, a combination of circumstances or events that call for immediate action, or any pressing needs following a sudden and unexpected series of events.

Examples of emergency situations that could be considered as a basis for assistance include but are not limited to fire, natural disasters such as a flood, tornado, etc. resulting in destruction of the primary residence (rental properties are excluded); loss of employment of spouse; death in immediate family; or life-altering incidents.

Other qualifying events include time-limited, specific events that place an individual, who otherwise was not experiencing financial distress, in a position of temporary financial hardship.

What is the process to request assistance from the fund?

Applications can be made by employees requesting assistance or by employees who are requesting assistance on an employee's behalf. Applications are can be obtained from Human Resources or on the IntraWeb.

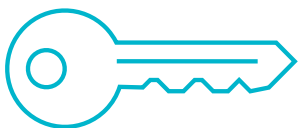
What is changing?

The maximum amount that can be requested per application has been raised to \$1,000, and the process has been made easier and less restrictive. These funds are available to help our coworkers in need and are meant to be used.

The Senior Leadership Team reviews and approves all requests.

How can I contribute to the fund to help my coworkers?

The Bothwell Foundation is the Miracle fund's fiscal agent. The fund relies completely on voluntary contributions to the foundation from employees in the form of cash, check or payroll deduction. Contributions from non-employees may also be accepted.



KEY AWARDS

Chelsea Otto

Pam Bruns

Stephanie Roberts

Emma Stone

Danielle Howser

Kristen McCullough

Mildred "Bobbi" Dorr

Paige Johnson

Heather Avey

Emma Stone

Ashley Schroder

Kimberly Cox

Debra Fairman

Kimberly Burchett

Julie May

Stacy Riley

Veronika Mezentsev

Eric Rader

DEPARTMENT SPOTLIGHT

Laboratory/Pathology

Let's get to know each other better! Department Spotlight highlights a department each month, what they do and who they support. Next up is Laboratory and Pathology led by Director Cindy McKeon.



From left, around the outside, Abby Hunsburger, phlebotomist; Bella Conley, phlebotomist; Jessica Bronson, section lead; Rachael Morgan, section lead; Callie Rogers, histology tech; Alex Olefir, med lab technician; Tatyana Logvinenko, phlebotomist; Michelle Burgin, med tech/blood bank supervisor; Maria Tikhonova, phlebotomist; Dana Binder, Quest processor; Brianna Welch, phlebotomist

Middle: Cindy McKeon, director; CJ Palmer, lab assistant

Front: Kristin Cloe, lab assistant; Terri Martin, med lab technician

Not pictured: Rebecca Clifton, Microbiology Section Lead; Teri Schilb, LIS Section Lead; Tamara Johnson, Chief Tech; Brittnie Bernhardt, Med Lab Technician; James Crowe, Med Technologist; Elayne Gordon, Med Technologist; Myra Lopez, Med Lab Technician; Madeline Montgomery-Collins, Histology Tech; Tori Routon, Radiology Technologist; Michael Toco, Med Lab Technician; Crystal Luke, Med Lab Technician; Savanah Hudson, Phlebotomist; Regina Lawson, Phlebotomist; Chelsi Luckie, Phlebotomist; Michelle Riley, Phlebotomist; Amanda Merrill, Phlebotomist; Victoria Sharp, Phlebotomist; Morgan Shockley, Phlebotomist; Angelia Ulmer, Phlebotomist

DIRECTORS:

Interested in having your department featured in this spot? Send an email to Dana Kelchner in Marketing and Communications at dkelchner@brhc.org for details.

What does this department do?

We perform accurate and timely tests that are used to diagnose, treat and facilitate wellness by our practitioners for the community of patients we serve.

How would you describe your team?

Our team is capable of multitasking at a fast pace, handling hundreds of specimens and processing thousands of results daily. Our team is highly educated with advanced degrees, certifications and specialties within the pathology field of science. A strong laboratorian is highly organized and detail-oriented, which helps maintain the laboratory's consistent standardization of reporting results. The laboratorians' goals are to provide safe, quality and accurate results daily so that practitioners and nursing divisions can provide excellent care to our patients and the community.

What other departments does this department support?

The lab supports all nursing wings, surgery, Emergency Department, Bothwell clinics and patients from Pettis and other surrounding counties.

What is one thing other people at Bothwell may not know about this department?

The laboratory technical staff collectively has 212 years of experience.

What is a recent accomplishment of this department?

The lab passed our most recent CAP inspection for accreditation on Aug. 24, 2022. The lab must complete our own department specific inspection every two years whereas the hospital's inspections are held every three years. The lab reviews and monitors compliance for 1,239 separate standards. Of this year's inspection – we were cited on just eight of those standards of which four standards were corrected on site. Four other need minor verbiage revisions to procedures or the process of correction was already being put into place prior to the inspection as we understood the laboratory was deficient. So, ultimately our score on this year's inspection was a 99.7% success rate.

APRIL EMPLOYEE OF THE MONTH

Jessica Moon

In the pharmaceutical industry, it's important to be focused on the details and deliver services as efficiently as possible. Our Employee Pharmacy at Bothwell offers that and more.

Pharmacist Jessica Moon is our April Employee of the Month for her dedication to employees' pharmaceutical needs and excellent communication skills. Moon was nominated by Pharmacy Director Brad Nicholson.

"Jessica has had to really dig in deep to resolve issues within our new pharmacy benefits program," Nicholson said. "She is doing everything she can to ensure our employees are receiving the best care possible."

Nicholson said Moon is an effective, timely communicator and is intentional in maximizing the hospital's resources.

"Jessica does an outstanding job each and every day," Nicholson said. "She provides personal service to every employee beyond most, if not all, retail pharmacies."

Congratulations, Jessica, on being named the April Employee of the Month!



NEW EMPLOYEES

March

Kora Belt

Dietary

Lina Doeve

*Patient Financial
Services*

Dale Evans

Clinic Housekeeping

Emily Hatcher

Nursing Administration

Cynthia Hoehns

Bothwell Family Health

Erika Hout

Cole Camp Clinic

Elizabeth Hyatt

Same Day Surgery

Kristina Kresse

Emergency Room

Janel Locke

SED Intern Med

Hannah Marshall

Ultrasound

Shelbi Mootz

Walk-In Clinic

Ashley Needham

Housekeeping

Breanna Pratam

Nursing Administration

Breanna Sims

2 Southwest

Lilly Soendker

Dietary

Ekaterina Tikhonova

Nursing Administration

Jeanne Tunis

2 Southwest

YOU KNOCKED OUR SOCKS OFF Congratulations Callie Rogers

Callie Rogers, Histology tech section lead, believes in delivering quality for her patients. So when the usual biopsy equipment was replaced with an alternative device that was not delivering the same precise results, Rogers lobbied for the return of the better, more efficient equipment.

Dr. Steve Foster, with Bothwell Urology Services, was pleased with Rogers' determination and care for her patients.

"A good biopsy can make all of the difference in providing quality patient care, and Callie recognized that," Foster said. "She not only took the steps to start receiving the proper equipment again, but she also made a poster demonstrating the differences between specimens that were collected by the new device and what was obtained by the previous equipment."

Foster said he is proud of Rogers for taking it upon herself to make change and provide compelling evidence to support her cause.

"She truly went above and beyond to serve her patients," he said.

For her diligence, Callis was recognized at the April board meeting with a "You Knocked Our Socks Off" award.



From left, Cindy McKeon, Lab director; Callie Rogers, histology tech; Dr. Dennis Johnson, pathologist; and Dr. Steve Foster

CONNECTING THROUGH EXERCISE Cardiac Rehab Launches Community Exercise Program

The Cardiac Rehabilitation team has launched a community exercise program that is open to adults of all ages. The purpose behind the program is to educate people on the importance of exercise, provide a safe place to exercise and offer participants a way to connect with others.

Read more about this initiative at [Community Exercise](#).

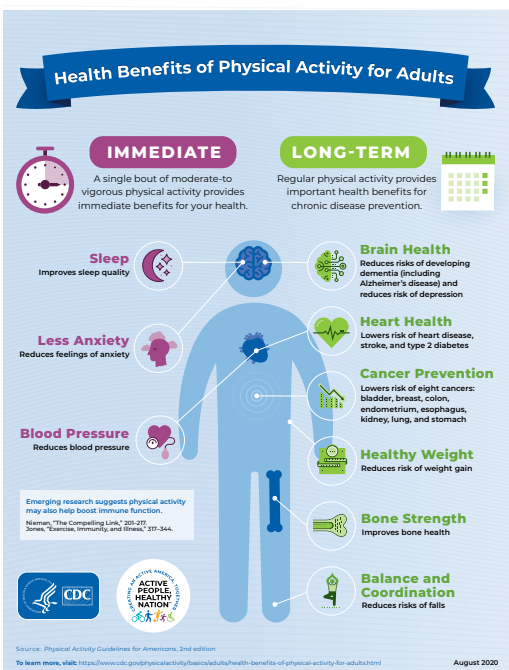


The Bothwell Cardiac Rehabilitation team, from left, includes Mackenzie Hoffman, RN; Kathy Woolery, RN; Supervisor Melanie Davis, PTA; Teresa Shroyer, RN (sitting); Bev Crawford, RN; and Rochelle Werneke, RN.

BOTHWELLNESS QUARTERLY HEALTH CHALLENGES



April through June Challenge: **SPRING INTO MOTION**



Regular physical activity is one of the most important things you can do for your health. This quarter make a commitment to learn about the benefits of an active lifestyle and get moving!

Participants will be entered into a drawing for prizes at the end of each quarter.

- Participate in the Lub Dub 5K/10K Walk/Run and 10-Week Challenge; learn more at brhc.org/lubdub
- Play or try a new sport
- Get outside with your family, friends or pets and have fun
- Read more about the [Benefits of Physical Activity](#)

Note: Due to the valuable features offered in the new health insurance plan, completing activities no longer count toward reduced premiums.

Want to participate in this challenge? It's super easy!

1. Send an email to bothwellness@brhc.org by June 30.
2. Provide information that you completed one or more of the above challenges. (We are using the honor system.)
3. You'll be automatically entered in a prize drawing!

GET WELL. STAY WELL. BOTHWELL.

MOST EPIC WEEK EVER

THANK YOU



\$30,513 Raised

Thank you to everyone who participated in the MOST EPIC WEEK EVER! We hope you had a great time enjoying the activities and learning how the Bothwell Foundation cares for our employees and patients.

It is wonderful to have amazing employees like you who believe in the hospital where you work, and we are so thankful for your support of the foundation.

Here are some fun facts from our first Most EPIC Week Ever!



800
Snack Packs
Delivered

751

Breakfast Boxes Delivered



176
Trivia Sheets
Returned



22
BINGOs
Won

((ONE))
Fire Alarm
Sounded

55
Batches of
Popcorn Popped



79
Departments/Clinics
Gave

289
EPIC Club Members

37%
of Employees
Joined EPIC Club



The amount of fun and
food had with your
Bothwell coworkers:
PRICELESS



FOUNDATION NEWS EPIC Week Prize Winners

These departments had 100% participation in the EPIC Week employee fund drive, and three were selected to receive Sonic drinks for everyone.



Cardiac Cath Lab



Bothwell Orthopedics & Sports Medicine



Cancer Care



Cancer Care



Congrats to the Pharmacy for garnering the most Facebook votes and winning the "best dressed" for 90s Dress-up Day.



- Administration
- Cancer Care
- Cardiac Cath Lab
- Cardiac Rehab
- Chaplain
- Employee Pharmacy
- Endoscopy
- Foundation
- Human Resources
- Marketing and Communications
- Medical Staff Office
- Nursing Education
- PBX
- Physician Recruitment Office
- Same Day Surgery
- TLC Imaging
- Cancer Care
- Radiation Oncology
- Speech Therapy
- Sterile Processing
- Truman Lake Clinic
- Medical Equipment
- Materials Management
- Pain Clinic
- Orthopedics & Sports Medicine
- Occupational Health

FOUNDATION NEWS

EPIC Club Members

Congrats to the these employees who won the basket raffles for returning their pledges to financially support the foundation.



Vida Grandfield, Dietary Services



Michelle Burgin, Med Tech/Blood Bank Supervisor



Donna Cline, Surgery



Michele Hotsenpiller, Bothwell Family Health

FOUNDATION NEWS

EPIC Club Members

Thank you to these employees for joining the EPIC Club, the employee giving arm of the foundation. To learn how you can become a member, contact Lauren Thiel-Payne at lthiel@brhc.org.

Theresa Acklin
Christa Albin
Amber Allain
Sarah Anderson
Tracey Arwood
Michael Ashford
Charles Ayers
Ronda Bachman
Rebecca Balch
Leah Bargfrede
Jamie Barklage
Ashley Barnes
Annette Bauer
Kendra Baumgartner
Sarah Bell
Margaret Benson
Lynh Best
Cecile Bircher
Robert Blacklock
Kenneth Blen
Debra Bobbitt
Ragin Boise

Jennifer Bottcher
Natalya Boychuk
Deborah Bredehoeft
Carrie Brown
Monnie Burgin
Kevin Butler
Tiffany Buxton
Cynthia Byrd
Julie Cahill
Michael Carozza
Chelsea Casteel
Kenneth Caton
Toni Catron
Jessica Cawthon
Brandy Chamberlin
Sharon Clark
Peggy Clark-Stanger
Trudy Clawson
Donna Cline
Ruth Cramer
Tiffany Crowell
Kirsten Darrah

Laura Darrah
Melanie Davis
Steven Davis
Shannon Dawson
Cecelia Deer
Ann Defusco
Tia Demand
Desiree Denton
Jannette Devore
Reni Dietrick
Melissa Dillon
Rebecca Dowell
Hollie Dubroc
Becky Duncan
Janette Dunkel
Ryan Edwards
Steven Eldenburg
Rebecca Eldenburg
Megan Elwood
Michael Elwood
Jared Engles
Melanie Estes

Elizabeth Everts
Wendy Fairfax
Debra Fairman
Tonya Fairman
Leslie Fields
David Foland
Jenny Force
Philip Fracica
Sharon Francis
Brittany Freeman
Daniel French
Teresa Friedlander
Kaslyn Gail
Cynthia Gail
Brittani Geml
Risa Gillaspie
Dee Dee Gilmore
Cheryl Glines
Deana Goalder
Denise Goins
Kaylei Gooch

FOUNDATION NEWS

EPIC Club Members (Continued)

Robin Goodwin	Abbie Kargel	Jessica Moon	Shari Riley
Elayne Gordon	Chasatee Keeran	Rachael Morgan	Sabrina Rodewald
Lindsey Graham	Janet Kempf	Keith Morrow	Susan Roe
Vida Grandfield	Jana Kennedy	Irina Muromtseva	Connie Roll
Lennie Gray	Kory Kephart	Kimberly Murphy	Kathleen Rothwell
Barbara Grechus	Douglas Kiburz (1930s Social)	Brianna Murray	Heather Sadler
Elizabeth Green	Madeline Kindle	Leisha Nakagawa	Dana Sanders
Kimberly Greer	Patricia King	Todd Nappe	Sharon Sawford
Mary Grose	Michelle Kirkpatrick	Ashley Newton	Margaret Schaffer
Skylar Haase	Jennifer Klemme	Maria Nguyen	Teri Schilb
Elisabeth Hackett	Lawrie Knox	William (Brad) Nicholson	Shirley Schlobohm
Debra Hagle	Clara Kramer	Michelle Nieman	Robin Schroeder
Tammy Hankins	Emily Kullman	Loraine Nolla	Kirstie Schultz
Christel Harms	Michele Laas	Meredith Norfleet	Leslie Shapley
Leslie Harris	Rosa Lairmore	Ashley O'bannon	Kara Sheeley
Cynthia Harris	John Lairmore	Diana O'connor	Lucas Sheeley
Heather Hawkins	Susan Lamb	Stacey O'donnell	Meghan Shirky
Lori Hazell	Ricky Langdon	Kimberly Olejniczak	Michael Simon
Karla Heimsoth	Kristin Largent	Pamela Oswald	Cole Simoncic
Ashley Heishman	Rebecca Leiter	Chelsea Otto	Natalie Sims
Katie Hill	Sydney Lindgren	Rachel Owens	Jami Sleeper
Alexander Hoff	Grace Linn	Jason Pals	Jessica Smethers
Mackenzie Hoffmann	Emma Little	William Parris	Brian Smith
Jennifer Hofstetter	Marion Long	Katherine Paul	Annette Smith
Mary Holloman	Linda Long	Natalie Paxson	Randall Smith
Elizabeth Holman	Mary Lowe	Kimberly Perez	Ciara Smith
Victorie Hoover	Tiffany Lumpe	Rodrigson Perez	Julie Snow
Sarah Hopper	Teresa Luyet	Amanda Phelps	Diana Sokolowski
Tammy Horn	Leah Mahin	Jamie Poppinga	Deborah Spencer
Michele Hotsenpiller	Stephanie Mallory	Michel Popyk-Wyatt	Brenda Sprinkle
Crystal Hoyes	Elizabeth Martin	Chelsey Pottorff	Jana Sprinkle
Heather Hudanich	Julie Mateja	Michele Potts	Travis St Cyr
Steven Hughes	Julie May	Courtney Price	Rebecca Starkey
Emily Hughes	Terri Mccarthy	Linda Pritchard	Diann Steele
Carla Humphreys	Kristen Mccullough	Tina Propheter	Sandra Stephens
Lisa Irwin	Cynthia Mckeon	Tara Przybylski	Ellen Stevens
Tamara Jackson	Hannah Mclaughlin	Eric Rader	Whitney Stevens
Lesley Jackson	Eleesha Mcmillin	Donna Ramey	Leslie Stevenson
Timothy Jackson	Martha Mefford	Susan Rasa	Evan Stout
Linda Jeffress	Troy Meier	Megan Ray	Jessica Sullins
Jamie Jenkins	Rita Mergen	Susan Reed	Keri Talbott
Jeffrey Jenkins	Carson Meyer	Jaime Reed	Priscilla Tatman
Paige Johnson	Donald Mills	Kaela Reeves	Jody Teague
Megan Jones	Mary Mittenburg	Alona Reid	Lisa Theisen
Rachelle Joronen	Madeline Montgomery-	Carolyn Rhoads	
Angela Kammeyer	Collins	Glenda Richardson	

FOUNDATION NEWS

EPIC Club Members (Continued)

Lauren Thiel-Payne
Pamela Thompson
Rebekah Thompson
Misty Todd
Shelia Trent
Wes (Matt) Triplett
Skye Tuttle
Jennifer Unkel
Jennifer Vanderlinden

Robin Wagenknecht
Tammy Walker
Amy Walker
Jeanne Waters
Christina Watring
Linda Watterson
Jaclyn Webb
Laura Weisenburger
Jill Weller

Lisa Wells
Rochelle Werneke
Lori Wightman
Devin Wiley
Dianne Williams
Alyson Wilson
Robin Wollard
Cora Wood
Valery Woodmansee

Joyce Woods
Heather Woolery
Kathy Woolery
Amber Yearout
Christina Zimmerman
Delia Zimmerman

FOUNDATION NEWS

Learn to be Heart Smart Seminar

The foundation's Community Relations committee hosted its third educational seminar on April 20. Speakers included Dr. Henry Marquez with Missouri Heart Center-Sedalia; Angela Kammeyer, Bothwell dietitian and diabetes educator; Kathy Woolery, Bothwell cardiac rehab nurse and diabetes educator; and Rick Schlesselman, Bothwell Foundation board member, Lub Dub race director.

Marquez, a board-certified cardiologist, spoke about the differences between cardiac arrest and heart attacks. Kammeyer and Woolery focused on the importance of nutrition and exercise to heart health, and Schlesselman shared his personal experience of having a heart attack at age 36.

The seminar interesting and informative and can be watched on the Bothwell Foundation Facebook page at facebook.com/BothwellFoundation

The committee is planning future seminars including one in Sedalia and Warsaw about navigating Medicare.



Rick Schlesselman and Dr. Henry Marquez



Kathy Woolery, Angela Kammeyer and Rick Schlesselman

FOUNDATION NEWS

K9 Dillinger will Protect and Serve

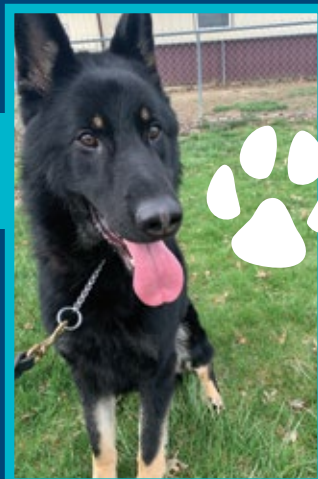
"Man's best friend" is a common phrase to describe the relationship between humans and dogs. For David Foland, Bothwell Security officer and K9 handler, he's getting a crash course in meeting his new best friend and coworker.

[Read more about K9 Officer Dillinger](#)

INTRODUCING K9 DILLINGER

Bothwell's newest Security Team member has been secured and is in training!

Age: 18 months
Breed: German Shepherd
Handler: David Foland
Specialties: Aggression Management and Bomb Detection
Goal: To Protect and Serve



Bothwell
Foundation

MEMORIALS AND DONATIONS

In memory of Dennis Davis

Dana Kelchner

BRHC Nursing Leadership

Lisa Irwin

Susan Roe

Robert and Victoria Chestnut

Michael Simon

Lauren Thiel-Payne

TOP 5

REASONS TO USE YOUR
BOTHWELL
EMPLOYEE PHARMACY!

- 1 SAVE MONEY
- 2 SCRIPT TRANSFER IS EASY
- 3 CONVENIENCE
- 4 IT'S FOR ALL EMPLOYEES
- 5 MORE THAN SCRIPTS

Want to learn more?

Call Pharmacist Jessica Moon at 660.827.9495 or stop by the pharmacy on the hospital's ground floor.

Hours are 7:30 am–4 pm Monday–Friday; closed for lunch 11–11:30 am

FOUNDATION NEWS

Creating New Leaders

Congratulations to Leisha Nakagawa, foundation administration assistant, on her graduation from the Sedalia Area Chamber of Commerce's Lead Sedalia program last week.

The goal of Lead Sedalia is to enhance the leadership skills of participants to improve Sedalia's future, familiarize participants with the community, establish effective peer relationships among participants, and educate participants on how to move people and ideas into action.



Jennifer Kutey, Lead Sedalia facilitator; Leisha Nakagawa; and Debra Andresen, Sedalia Area Chamber of Commerce executive director

FOUNDATION NEWS

Supporting the Bothwell Mission

On April 17, the new CT (Computed Technology) scanner arrived at the hospital. The Bothwell Foundation board approved funding the new machine as well as upgrading the CT scanner in the Cancer Center's Oncology department. More than \$843,000 was donated by the foundation to Bothwell Regional Health Center.

We wouldn't have been able to do this without all the volunteers and donations we have received throughout the year. Thank you so much for helping us make this possible!

FUN FACTS

- The new CT scanner weighs around 3,000 pounds (2,000 pounds less than our old machine!)
- It is a state-of-the-art Siemens 128-slice configuration that replaces the existing 64-slice scanner that was purchased over 13 years ago.
- The hospital's CT scanner is used at Bothwell 24 hours a day, 365 days a year.
- About 1,200 diagnostic scans are performed each month.
- Oncology's CT scanner was upgraded from a 16-slice configuration to a 32-slice scanner.





FREE MONEY

FOR HEALTH CARE EDUCATION AND TRAINING



The Bothwell Foundation manages several scholarship funds that create financial opportunities for students and employees pursuing their education in specific health care programs.

Hickman Excellence Award

Available to any Bothwell Regional Health Center employee who wants to pursue training to improve job performance and can include a certification, seminar, continuing education or any other means of performance improvement.

- Varying amounts awarded

Nevin Almquist Physical Therapy Scholarship

Available for students interested in the physical therapy field as well as current Bothwell or PEAK physical therapists who want to receive continuing education or training to help them serve patients.

- One \$500 award
- One \$1,000 award

FOR DETAILS AND
APPLICATIONS



ALL APPLICATIONS
DUE APRIL 28, 2023

Questions? Contact Lauren Thiel-Payne, Bothwell Foundation executive director, at lthiel@brhc.org or 660.829.7786.

MAY BIRTHDAYS



Lindsay Rasa..... 1	Dana Sanders 10	Brittainy Lindstrom 22
Kathy Dority..... 1	Dale Evans 11	Tatyana Logvinenko 22
Debbie Bredehoeft 1	Muffy Potts..... 12	Abigail Hunsburger..... 22
Fadia Mohamed..... 1	Destiny Jefferson..... 12	Elizabeth Green 23
Dianne Williams..... 2	Elvy Hinkson 13	Melissa Guffin 24
Amy Ritzo..... 2	Taylor Joronen 13	Dr. William Woolery 24
Carson Meyer..... 2	Sheila Sabala 13	Kelsey Buxton 24
Emily Hughes..... 2	Heidi Westermier..... 14	Mark Johnson..... 25
Jennifer Hutcheson..... 2	Verena Dennis..... 14	Dr. Ashley Tardieu..... 25
Katie Jackson 3	Hunter Johnson..... 14	Nathan Walsh 25
Karen Walters 3	Dr. Phil Fracica 15	Jonathan Lefevers..... 25
Angela Kammeyer 4	Amanda Wilkins..... 15	Karla Heimsoth..... 26
Eva Eubanks 4	Maria Cervantes Martinez 15	Lori Smith 26
Gina Foster..... 5	Stephanie Meyer..... 16	Trish Leix Fish 26
Amber Yearout..... 5	Dr. Daniel Woolery..... 16	Kim Thomas..... 26
Eileen Hensley 5	Bob Blacklock..... 16	Nailya Tikhonov..... 26
Amy Rose 5	Lindsay Willis 16	Emmanuel Marquez 27
Sydni Herrick 6	Jo Greer 17	Tiffany Camirand 27
Ellie Euer 6	Chanin Triplett..... 18	Danielle Cockriel 27
Ann Martin 7	Jenni Klemme 18	Jeanne Waters 29
Stephanie Walker 7	Brenda Adams 19	Elayne Gordon 30
Christine Kinshella 8	Kiwi Popyk-Wyatt..... 19	Robin Goodwin..... 30
Glenda Spinar 8	Shelby Bergman 19	Ashley Newton..... 31
Rob Wideman II 9	Timothy Cochran..... 19	Laura Seltzer..... 31
Cassie Kindle 9	Kendra Baumgartner 20	Janetta Smith 31
Lindsey Snurr 9	Kassidy Abney 20	
Tiffany Crowell..... 9	Ella Greenwald 20	
Becky Duncan..... 9	Alena Gething 21	
Jean Simon..... 10	Linda Watterson 21	
Natasha Boychuk 10	Victoria Stratton 21	