



“If you carry joy in  
your heart, you can  
heal any moment.”

– Carlos Santana

## Joy is Our Strength

### Letter from Lori

As you know, the board gave final approval in late October to our new mission and vision statements and our values — **community, purpose, integrity and joy**. Over the next few months, I’m writing in this space about each value and what it means to me. This month, I’m focusing on joy.

When considering joy in health care, the words pleasure and delight may not come to mind because those words conjure a sense of playfulness and what we do feels more serious. Uncovering joy as one of our values means we already have it, we only need to tap into it in big and small

ways and reclaim it. From the beauty of modern medicine to the singular gratification of taking care of people who need us the most, joy is what motivates and sustains us. I like to call it the “fire in my belly.”

Some have described joy in health care as a deep and personal interconnectedness that happens when caring for someone in their most vulnerable moments, a “sacred moment” that happens when caring for patients. I didn’t expect musician Carlos Santana to provide me with a quote that almost perfectly exemplifies the joy we find in health care. Santana said, “If you carry joy in



CONTINUED ON NEXT PAGE ►

HOT TOPICS .....	7
RECOGNITION .....	13
PERSONNEL NEWS.....	17

COMMITTEE UPDATES .....	21
DEPARTMENT AND CLINIC NEWS .....	25
SERVICE EXCELLENCE INITIATIVE .....	26

FROM THE FOUNDATION .....	30
AUXILIARY NEWS .....	34
EVENTS.....	37

## Joy is Our Strength (Continued)

your heart, you can heal any moment.” Even the Hippocratic Oath references joy — “May I long experience the joy of healing those who seek my help.” I love the idea that joy makes healing possible.

For me, joy is meeting new people, figuring out problems and solving puzzles, navigating difficult situations and connecting ideas and people. For you, it may be something entirely different. What’s important is paying attention to or creating situations that allow you to reclaim your joy.

Earlier this month, we held the first of three meetings to develop our next strategic plan. The work we did in revising the mission and vision statements and uncovering our values was done first as they will be the foundation and guiding principles for the team as we create this three-year plan.

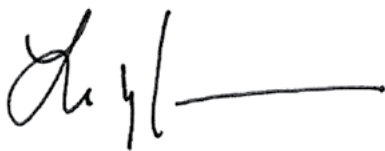
During a moment of sharing at that first meeting, I was struck by something Dr. Anders said. That day in clinic he had seen double digit numbers of patients yet remembered each interaction he had and said that he enjoyed each person and what they had to share. When he rounds at the hospital, he takes fun from kidding members of the IT team he sees in the hallway and joking with Rita as he passes her office on his way up to the unit. It was not so much his words but how his eyes and face lit up as he reflected on his day. That’s joy.

When I think about others who visibly show joy in their work like Dr. Anders, I include everyone who works in Radiology and the Cancer Center team. When I round, I love visiting the Radiology crew. As a group they are fascinated by what they do, and it shows.

The Cancer Center team is known inside and outside the hospital as a shining star. They are a tight-knit group that looks for ways to help and support their patients each and every day through the good and bad days. They truly like each other and never miss a dress-up day or the chance to share their joy and zest for life with others. (If you didn’t see their Spirit Week video, look for it in the Bothwell Trade & Engage Facebook group.)

In early January, the Service Excellence Council expects to receive the OASIS Service Standards and Internal Support team’s first draft of behavioral expectations, which will help inspire our behaviors and create who we are to each other every day. I would love to hear what joy means to you, and I challenge you to think of three people or departments at Bothwell that you believe exhibit joy every day.

**Stay Well. Be Well.**



## STRATEGIC PLANNING TEAM

Allison Brosch  
*State Fair Community College*

Ana Pahua

Brittani Geml

Bart Kuhns

Cassie Brown

Rob Ayers

Chelsea Casteel

Dawn Williams

Deidre Esquivel

Dana Kelchner

Dr. Eduard Rasputkov

Dr. Gabriel Anders

James Mahlon White  
*Benton County Enterprise*

Dr. Jared Engles

Kelvin Shaw

Lisa Irwin

Lori Wightman

Michele Laas

Dr. Meredith Norfleet

Kylie Moreno  
*Queen City CAPS Associate*

Marvin Smoot

Mike Waller  
*Katy Trail Community Health*

Dr. Philip Fracica

Tony Leal

Roy Pennington  
*Pettis County Ambulance District*

Dr. Stuart Braverman

Steve Davis

Taylor Robinson  
*Stanley Black and Decker*

Ron Webb, facilitator  
*Custom Learning Systems*



601 East 14th Street  
Sedalia, MO 65301

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Content is due by the 15th of  
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to [dkelchner@ecallis.com](mailto:dkelchner@ecallis.com) or  
[dkelchner@brhc.org](mailto:dkelchner@brhc.org).

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## **BOARD PROFILE**

### **Gregory Doak, MD**

#### **Tell us a little about yourself.**

I grew up on a farm just outside the small town of Vandalia, Missouri. The founder of the town declared it to be the Queen of the (east) Prairie. The prairie land there is very flat, and the social amenity score for Audrain County is fairly low. We raised beans, corn, wheat and livestock. In a similar way, before the junior college and then the Daum Museum, Pettis County had a similar score. The founder of Sedalia declared his town to be the "Prairie Queen." In many ways this area has been a good fit.

My father and mother had been in school at Mizzou; many of my father's brothers also went to college there after WWII. When it came time to go to college, I really had no notion but to go there. I was happy to stay there for medical school and then residency. I felt that I needed to stay in a smaller (farming oriented) community and thanks to Dr. Woolery and Dr. Wuellner, I was able to do so.

#### **How long have you been on the board and what offices/committees have you held?**

I have been on the board for two years. I chair the Board Quality and Safety committee, and I also serve on the Bothwell Foundation board as liaison member.

#### **CONTINUED ON NEXT PAGE ►**



The Bothwell Board of Trustees meets on the fourth Tuesday of each month at 5:30 pm in the hospital board room.

Members are appointed by the City of Sedalia Mayor and reviewed and approved by City Council. There are nine board seats, and five members are required to reside within City of Sedalia limits.

"Sedalia has a strong  
community of medical care."

**GET WELL. STAY WELL. BOTHWELL.**



## BOARD PROFILE (Continued)

Gregory Doak, MD



### **Why did you say yes to joining the board?**

Simply, because the mayor asked me. I had the privilege of being Chief of Staff for Bothwell Hospital and attended board functions, so hoped I could serve the medical community by my service with the Bothwell Board of Trustees.

### **What do you hope to accomplish during your term?**

To not embarrass myself.

### **Is there anything else you want to share?**

I have felt and still believe that Sedalia has a strong community of medical care, extending from the city officers to the board and on through executives, physicians, staff and volunteers. The task of remaining strong in these changing and challenging times shows no signs of becoming easier.



# Safety Rounding Tracker

Period 2: 10/01/24 – 01/31/25

Since May 2021, the Senior Leadership Team (SLT) has been regularly rounding on all departments and clinics. SLT members connect with frontline staff and ask questions ... all with the goal to enhance a climate of trust, discuss progress on performance metrics, identify issues that need solutions, recognize accomplishments, remove barriers to communication and process improvements, strengthen accountability, and provide opportunity for SLT members to learn about quality and safety in all departments. The Rounding Tracker charts what was discussed and the status of solutions. The tracker will appear regularly in the Billboard.

ORIGINATING DEPARTMENT	ROUNDED	DESCRIPTION	ASSIGNED TO	ASSIGNED TO (ADDITIONAL)	PROGRESS	START	OUTCOME
WOUND CENTER	Dr. Phil	Below on 8 hours of provider staffing	Marvin	---	75%	1/18/24	Marvin working out a solution with Dr. Dallo
PCU	Dr. Phil	Difficulties charging drugs from Omnicell. The system will charge for two vials even if only one is pulled out. They suggested that the machine charge on scan instead of charge on dispense.	Dr. Phil	Cole S.	50%	1/30/24	Dr. Phil talking to Cole about creating a multidisciplinary group and creating a charter. It will go live after implementation of Expanse.
OR	Michele	Creation of a multidisciplinary group to develop a more permanent solution with directing OR patients in the morning	Michele	---	50%	2/6/24	Sign was placed upfront, yet still needs additional work
DIETARY	Lisa	Staff would like a panic button to call for help at cash register, if needed.	Lisa	---	50%	3/12/24	Waiting on quote for Lynxicon button
CCU	Michele	Wallpaper is coming off the wall in CCU.	Michele	Rudy/Lucas	50%	7/23/24	Bid has been received. Will start painting wall soon.
WINCHESTER	Lori	Window seal broken	Lori	Rudy	50%	9/24/24	Window ordered in September. Estimated arrival time is 3 months.
BFM	Lori	Signage inside BFM hadn't been changed to Lohsandt and Raspatkov	Lori	---	25%	9/24/24	Sign needs to be changed from ENT/NEURO to Lohsandt and Raspatkov
RADIOLOGY	Steve	MRI Safe Walkers	Marvin	---	25%	12/24/24	7 MRI Safe Walkers have been ordered by Marvin. Awaiting arrival.

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# Safety Rounding Tracker (Continued)

Period 2: 10/01/24 – 01/31/25

ORIGINATING DEPARTMENT	ROUNDED	DESCRIPTION	ASSIGNED TO	ASSIGNED TO (ADDITIONAL)	PROGRESS	START	OUTCOME
CCU	Dr. Phil	Foley insertion added to the rapid sequence information order set	Dr. Phil	Sarah	100%	10/22/24	
CCU	Dr. Phil	Skin assesment pictures	Dr. Phil	Michele	100%	10/22/24	Policy was reviewed and found to be informative.
EDUCATION	Steve	Installing cameras outside Education Center. Ordered additional wire to complete	Bob	Nightwatch	50%	1/30/24	Cameras have been installed at the Education Center.
OB	Lori	Staff reported that they have had patients with two Spanish dialects that are not covered with our translation services.	Lori	Maggie	100%	7/16/24	Propio offers 300 different languages and is available on the IntraWeb.



## GET PAID TO LEARN AND BE A CNA!

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- Hands-on training
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To apply or learn more information about classes, contact Becky Eldenburg [reldenburg@brhc.org](mailto:reldenburg@brhc.org)

# HOT TOPICS

Hot topics are the ones generating interest and debate in the Café, in break rooms, in offices or hallways. Whether you call them water-cooler conversations or “hey, what’s going on” questions, here’s where you’ll find answers and information.



## 2025 COMMUNITY HEALTH NEEDS ASSESSMENT SURVEY

### We want YOUR feedback!

Over the next few months, we are conducting our triennial Community Health Needs Assessment (CHNA) and requesting feedback from the community through a survey that is available until **Jan. 2, 2025**.

The online survey is available at [brhc.org/health-survey](http://brhc.org/health-survey). Printed copies will be at all Bothwell clinics and at community health partner locations including Pettis County Health Center, Katy Trail Community Health and Benton County Health Department by the first week of December. It takes about 10 minutes to complete and all responses are confidential. Include your email address to be entered into a drawing for a \$100 Visa gift card!

## Flu Vaccine Requirement

Per CMS guidelines employees are required to either **receive the flu vaccine by Dec. 31 or have an exemption on file with Human Resources**.

Beginning Jan. 1, employees with an exemption are required to wear a mask at all times until the end of flu season. Any employee covered by this policy who fails to comply with the vaccination requirement by Dec. 31 will be suspended without pay for one week, during which they may comply and return to work. If an employee remains non-compliant at the end of the suspension period, it will be presumed the employee is resigning their employment.

Medical staff and other credentialed professionals who fail to comply with this policy may have their privileges administratively suspended until they provide proof of compliance or until the end of the influenza (Oct. – March).

Find the full Annual Influenza Vaccine policy on the Intranet>Policies>Infection Control.



# Meditech Upgrade Coming June 2025

The process of migration to Meditech Expanse 2.2 has begun and we are slated for a go-live of **June 24, 2025**. This transition represents a significant investment in enhancing our health care system's efficiency, flexibility and patient-centered care.



## Key Benefits of the Upgrade

- **Enhanced User Experience:** The Meditech Expanse platform offers an intuitive, web-based interface designed to improve ease of use for all team members.
- **Improved Patient Care:** With access to enhanced data analytics and reporting tools, clinicians will have even better insights, supporting more informed decision-making and improved patient outcomes.
- **Mobile Compatibility:** Expanse's mobile-friendly design enables greater flexibility, allowing our team to provide care on the go.

## Project Overview and Support

Our transition team, made up of Leadership, IT and Clinical Champions, is working to ensure this upgrade is seamless. As we approach go-live, we will offer comprehensive training sessions for all staff to ensure familiarity with the new system.

Helpful videos are available on the IntraWeb > Meditech Support.

Meditech recommends that no changes be made to our existing environment except for regulatory, Joint Commission or other state or federal mandates. Any changes that are made will need to be dual-maintained in both our current system and Expanse 2.2 TEST, as we have done in previous upgrades. Each Meditech Dictionary has a Report/History feature that helps track changes.

## Timeline and Next Steps

- **Preparation and Testing:** Ongoing system configuration and testing through early 2025. Instructional videos have been shared with providers and nurses.
- **Training:** Comprehensive training sessions for all staff will begin in spring 2025. Core teams and super users will play a large role in training as we get closer to the go-live date.
- **Go-Live: Mark your calendars for June 24, 2025!**

## The Pulse: New IntraWeb to Debut in Early 2025

Work on building the new intraWeb environment is continuing. We have named it "The Pulse" to communicate its important role and something "to pay attention to, to monitor and keep your finger on" as it will include organizational news, events and department information.

Enhancements will include an improved user experience and better search capabilities. Each department will have its own site where it can keep information and resources that are available to everyone in the organization or kept private within their department.

In January, all department site stewards will be asked to provide information about their departments and direction on what content on the current intraWeb needs to move to the new intraWeb. Additionally, site steward training will be held.

The intraWeb is meant to be a dynamic repository of information. The goal is to go live with the new site around the beginning of March and continue moving and adding information.



# Marketing and Communications Updates

Callis, Bothwell’s marketing partner, handles all marketing and communication needs for the hospital, clinics and the Bothwell Foundation. Over the next few months, **Josie Gregory** will become the main contact for marketing requests as **Dana Kelchner** transitions to a different role at Callis. Leisha Nakagawa in the Bothwell Foundation and Marketing office will continue to support some marketing duties including sponsorship and promo item requests.

During the transition, please email Josie and Dana on all communications to ensure continuity of services.

Dana will continue to be the project manager for the intraweb refresh and work on Bothwell projects mainly around strategy and writing.

## Contact Josie and Dana for:

- Logo usage for all Bothwell entities
- Advertising including print, radio and social media
- Design services for external publications
- Public relations including press releases and communication with media outlets
- Provider photos
- Billboard E-newsletter - share your news items and story ideas
- Website updates including content changes, new web pages, online event calendar and web sliders
- Digital displays in the hospital and at Healing Arts Center
- Facebook posts
- Printed items including flyers, posters and elevator bulletin boards for external events/news

## Contact Leisha for:

- Bothwell-branded promotional items
- Sponsorship opportunities
- Health fairs and community event coordination

## Contact Information



**Josie Gregory**  
jgregory@ecallis.com  
660.826.2822



**Dana Kelchner**  
dkelchner@ecallis.com  
660.826.2822 | 660.221.3598



**Leisha Nakagawa**  
lnakagawa@brhc.org  
Ext. 8855

# Bothwell's Health Insurance and Professional Fees

Bothwell offers two levels of health insurance coverage for employees regularly scheduled to work 60 hours or more per pay period. One of the benefits of Bothwell's health insurance is when using services provided by Bothwell facilities and providers, the cost is fully covered other than co-pays at the clinics (Standard Plan) and the ED (Standard and Premium Plans).

While Bothwell services are fully covered, there are times when professional fees may be charged as companies outside of Bothwell are involved in your care. These companies include but are not limited to Boyce & Bynum for lab work and Alliance Radiology for imaging readings.

A professional fee refers to a fee billed by a provider for treatment, procedure(s) or testing in a medical facility. For example, when an x-ray is taken, a radiologist charges a professional fee, which covers the actual interpretation of the exam. The radiologist sends a separate bill from the outside group for the professional fee.

If you receive a bill related to your care at Bothwell from an outside provider, remember only Bothwell facilities and providers are fully covered under the health insurance plan.

## Top Baby Names of 2024

The list of top names for babies born at Bothwell Regional Health Center in 2024 includes a selection of unique and timeless names. Ten girl and 10 boy names hold the title of most popular compiled from the list of the 386 babies born through Dec. 16 at Bothwell.

### Girls

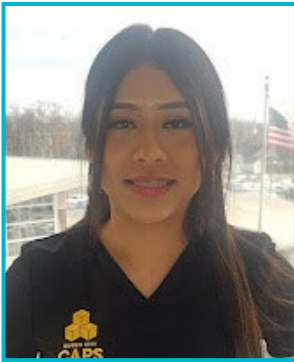
- |             |            |
|-------------|------------|
| 1. Chloe    | 6. Evalina |
| 2. Penelope | 7. Hadley  |
| 3. Aurora   | 8. Jayla   |
| 4. Brynlee  | 9. Melanie |
| 5. Eliza    | 10. Nova   |

### Boys

- |                    |              |
|--------------------|--------------|
| 1. Grayson/Greyson | 6. Miles     |
| 2. Waylon          | 7. Alejandro |
| 3. Jackson/Jaxon   | 8. Braxton   |
| 4. Daniel          | 9. Jeremiah  |
| 5. Henry           | 10. Levi     |



## Queen City CAPS



Hello, my name is **Elizabeth Rodriguez**. I am a 16-year-old junior at Smith-Cotton High School, and I have lived in Sedalia my entire life. I am interested in the health care field because I want to help others and make a positive impact on people's lives. I am also drawn to health care because it is an ever-evolving field, which provides endless opportunities for growth and innovation.



I joined CAPS because I wanted to gain a better understanding of the health care field and acquire professional, real-world experiences. I am grateful for this program, which has

allowed me to develop the knowledge and skills that will help me in my future career.

I plan to attend State Fair Community College. After completing my studies there, I hope to enroll in a nursing program to become a critical care nurse with a special focus on neurology. I want to work closely with patients who have life-threatening neurological conditions and provide them with the care they need.

During my rotations, I've had the opportunity to witness fascinating experiences, such as observing an epidural procedure in my Labor and Delivery rotation. I also had the unique experience of seeing a helicopter fly out while on my rotation with Social Services with **Kiwi and Jennifer**. I am incredibly thankful for all my preceptors who took time out of their day to provide us CAPS associates with learning experiences. I also want to extend my gratitude to our host site, Bothwell Regional Health Center, for providing such a great environment for learning.



Hello! My name is **Anna Singer** and I am the Instructor for the Medicine and Healthcare strand of CAPS. I'm originally from Montgomery City, Missouri. After graduating from Mizzou, I worked in Wisconsin and Minnesota for several years before returning to central Missouri. Prior to becoming a CAPS instructor I taught the biomedical courses at Smith-Cotton High School for six years.

I received a bachelor's degree in Agbusiness Management from the University of Missouri-Columbia, a Master of Arts in Teaching from the University of Central Missouri, and an Education Specialist degree from William Woods University. I was excited to become a CAPS instructor so I could help students make connections between their interests and specific career paths that align with their passions.

It's been great to see our CAPS associates out on the floor in the hospital and in clinics interacting with professionals in the careers they are interested in. Those one-on-one experiences are invaluable as staff share their experiences, challenges and successes, which truly offer a realistic view of the field. As we head into the second semester, our associates will continue their "rounding" experiences in their top three areas of interest. In addition, associates will focus on identifying "client projects," by looking for ways to help out in a particular hospital or clinic department.

Thank you to the Bothwell organization for the willingness to embrace the CAPS program and serve as our host site. I would like to give a huge shout out to **Kim Perez** for her dedication in helping our associates navigate the health care field and facilitating the "rounding" experiences for them.

# Reducing Waste Starts With Us

In September, Bothwell Regional Health Center was selected by the Centers for Medicare & Medicaid Services (CMS), along with several other acute care hospitals, for participation in the Transforming Episode Accountability Model (TEAM).

TEAM, which begins Jan. 1, 2026, is a mandatory, episode-based, alternative payment model, in which selected acute care hospitals will coordinate care for people with traditional Medicare undergoing one of the surgical procedures included in the model and assume responsibility for the cost and quality of care from surgery through the first 30 days after the Medicare beneficiary leaves the hospital.

In addition, TEAM includes a **voluntary Decarbonization and Resilience Initiative**, through which CMS will assist participants in increasing quality of care by addressing threats to patient health and the health care system presented by climate change.

In response to the voluntary component, we have established a Green Team that is working on a “going green” program. While the team works on goals and strategies, they have a few easy recommendations that we can all implement to help reduce waste in our own areas:

- Consider paper-free meeting agendas
- Bring your own cup/mug to the Café for drinks instead of using styrofoam cups
- Use dishes instead of styrofoam in the Cafe, especially if you don't leave the Café for meals
- Talk about ways to reduce waste in your areas in your huddles and share them with team chairs Rudy Reyes, [rreyes@brhc.org](mailto:rreyes@brhc.org) and Maggie Schaffer, [mschaffer@brhc.org](mailto:mschaffer@brhc.org).



## Green Team Mission

Improve patient wellness by creating a healthier environment. We focus on reducing pollution and energy use to support the well-being of our patients and the planet.

## Green Team Vision

We envision a future where Bothwell Regional Health Center promotes patient health through sustainable practices, achieving carbon balance while ensuring the best care. Our goal is to inspire a healthier world, starting with our patients.



**JAN. 23**  
**7:30 AM–5 PM**  
**BOTHWELL CAFÉ**





# RECOGNITION

Recognition acknowledges exemplary individual and team efforts, how we volunteer in support of our community and kudos. From awards to shout-outs, this is the place to celebrate and show appreciation.



## KEY AWARDS

### NOVEMBER

Cathy Booze  
Christina Swank  
Staci Ward  
Amber Yearout  
Dee Dee Gilmore  
Kristen McCullough  
Valentina Garnik  
Roman Gorbulia  
Pam Smith  
Pam Smith  
Rachelle Mateo  
CJ Palmer  
Randy Smith  
Casey Langston  
Justin McCarthy  
Teresa Frazier  
Savannah Reed  
Pam Smith  
Tabbatha May  
Kristina Kresse  
Lori Garrett  
Rod Perez  
Tanner Fuemmeler  
Brittiany Lindstrom  
Kristen Darrah  
Shelby Osburn  
Lynda Beasley

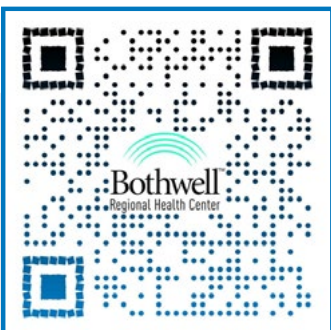
## December Employee of the Month

**Kristen McCullough**, RN, Medical and Surgical Unit/2 Southwest, is our December Employee of the Month for going beyond her duty of in-patient care and helping a patient's son organize their parent's medications after hospital discharge. McCullough was nominated by Social Worker Kiwi Popyk-Wyatt.



*"A patient's son called after discharge and asked for help with medications," Popyk-Wyatt said. "Kristen contacted the patient's physician to ensure the medication list was correct and asked about antibiotics from an outpatient culture. She then called the Pharmacy to arrange for the medications. After multiple conversations with the son, she asked him to bring in the patient's medications and she set up two weeks worth of medications for the patient."*

McCullough contacted Popyk-Wyatt about home health and financial assistance, knowing the importance of keeping the patient out of the hospital and in the comfort of their own home. Well done, Kristen!



## Employee of the Month

### Electronic Nomination Form

**LIVE NOW!**

Scan the QR Code or  
Find the Link on the IntraWeb

## Shout Outs

Each year, there are recognition days, weeks or months that are created to bring awareness to medical professionals. Take some time in January to thank the people in these departments for the important work they do.

- Jan. 12 National Pharmacist Day
- Jan. 23–29 National CRNA Week
- January is National Blood Donor Month



## You Knocked Our Socks Off

Dr. Daron Olmsted, Emergency Department physician, and everyone who works in the ED tip their hats to Nurse Practitioner **Dee Dee Gilmore**. Gilmore works full-time in the Cancer Center and PRN in the ED. For her extraordinary dedication and work ethic, Gilmore was recognized with a “You Knocked Our Socks Off” award at this month’s board meeting.

On a recent shift together in the ED, Olmsted said Gilmore was acting as the provider in triage (PIT). The PIT is either a nurse practitioner or physician assistant who conducts a patient’s medical screening exam to rule out an emergency medical condition and moves the highest-acuity level patients to an exam room while others remain in the waiting room.

“Every room in the ED was full and there were about 20 patients in the lobby,” Olmsted said. “Dee Dee worked so hard examining patients, starting the documentation and beginning the needed workups. It was because of her efforts we were able to see every one of the lobby patients and have zero people waiting to be seen at the end of our shift together. That is a testament to her tenacious work ethic and the excellent care she provides for our community’s patients. EVERYONE wants Dee Dee to work with us full time in the ED!”

Thank you, Dee Dee, for your commitment to Bothwell and everyone you care for in the ED and the Cancer Center.



*From left, Lori Wightman, CEO, Dee Dee Gilmore and Dr. Daron Olmsted*



## Healing Hero Award

Congratulations to **Melissa Knipp-Hall**, Charge RN in the Progressive Care Unit, for receiving the September Healing Hero award! Melissa received a certificate and a gift card.

## Noting a Milestone

On March 29, 2024, **Dr. Misty Todd**, family medicine and obstetrics physician, led the first fully family medicine/ OB staffed cesarean section at Bothwell. According to Dr. Todd, the last time this happened was around the early 2010s when Dr. Eldenburg stopped delivering babies. Since then, babies have been exclusively delivered by OB/GYN physicians.

This milestone is creating more access for women to deliver their babies at Bothwell. Dr. Todd and Dr. Alyssa Emery with Bothwell Family Medicine Associates, as well as all six resident physicians, are family medicine physicians who provide prenatal care and deliver babies.

*From left, Karolina Kondratyuk, LPN/Surgical Tech; Dr. Brittany Pendergraft, third-year resident; Dr. Misty Todd; Becky Leiter, RN; Kaslyn Gail, Charge RN; and Cory Williams, CRNA in Anesthesiology.*



I would like to thank our Bothwell family for all the prayers, support, messages and kindness offered after my son, Corbin, suffered cardiac arrest on Dec. 8.

He is alive and home now with an implanted defibrillator. Praise the Lord.

Thanks,  
Sherri Egbert, RN  
Surgery



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HOSPITAL  
EMPLOYEES  
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- Certificate of Deposit (CD)



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Sedalia, MO 65301



# Bothwell in the Community

## Leadership Team Supports Community Santa



The Leadership Team held its annual Secret Santa lunch benefiting Pettis County Community Santa on Dec. 13. Each leader picked another leader's name and purchased a child's item that represented their personality or job. There were lots of laughs and some pretty spot-on gifts. We are excited to help support Community Santa's mission to "make the magic of the season for all who believe!"





# PERSONNEL NEWS

Look here for updates on new hires, promotions, retirements, achievements, birthdays and other staff-related news. Our organization is a busy and vibrant place to work. Personnel news helps keep everyone informed about our greatest asset ... our people.



## EMPLOYEE ASSISTANCE PROGRAM

- 24/7 Support, Resources and Information
- Confidential Emotional Support
- Work-Life Solutions
- Legal Guidance
- Financial Resources
- Confidential Counseling
- Free Online Will Preparation
- Help for New Parents

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**Online:** [guidanceresources.com](http://guidanceresources.com)

**Web ID:** EAPBusiness

**TTY:** 800.697.0353

**App:** GuidanceNow

## New Physicians and Advanced Practice Providers

### Kristen Strasser, MD

*Susan O'Brien Fischer Cancer Center*

#### Education:

MD – University of Missouri-Kansas City

Residency – University of Missouri-Kansas City

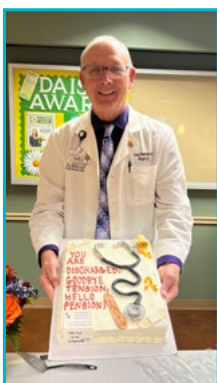
Fellowship – University of Missouri-Kansas City

**About:** Dr. Strasser lives on a farm with her husband, three daughters ages 13, 11 and 8, and 2-year-old twin sons. Her passion for hematology and oncology stemmed from her parents' diagnoses with cancer. They lost their battle when she was young and her goal is to provide quality care to cancer patients and to enhance their quality of life. Outside of work, Dr. Strasser likes to cook, write, plant herbs and vegetables, fish and watch Chiefs football.

**Fun Fact:** Dr. Strasser and her family have chickens and an orchard. They plan to add sheep and possibly a reindeer next year!



[READ MORE ►](#)



## Moves and Retirements

Congratulations to Pharmacist **Justin May** who has been named Director of Pharmacy following **Brad Nicholson's** retirement on Dec. 31.

Congratulations on your next chapter, Brad!

# From Coworkers to Engaged: Workplace Friendship Leads to Proposal

A sweet friendship between two Bothwell employees that started a year ago turned into a sweet marriage proposal in the Café on the day before Thanksgiving.

**Ronnie McClure** and **Robin Goodwin** both work at Bothwell. Robin started in May 2022 and is a Certified Nurse Aide, and Ronnie began in October 2023 in Environmental Services. He also is a Service Excellence Advisor and Ambassador in the Service Excellence Initiative.

"I came to work at Bothwell after my wife was cared for here," McClure said. "We had been married for 39 years, and she died in August 2023. Everyone took such great care of her that I knew I wanted to work here."

McClure met Goodwin at Christmas time last year and they had their first date on Feb. 10, 2024.

"Ronnie started bringing me soda, coffee and snacks, and we became friends," Goodwin said. "We both know about loss so I helped him with the sadness of losing his wife and caring for him when he became ill earlier this year."

McClure said he was depressed after his wife died and that Robin encouraged him to get a hobby.

"I bought a 1950 Chrysler Windsor and have been refurbishing it," he said. "That and her friendship have really helped me find happiness again."

After McClure popped the question, the couple had engagement photos taken with the car in front of the hospital. Photos were taken by EVS team member Mesa McBride.

## Congratulations, Ronnie and Robin!



Ronnie McClure and Robin Goodwin met at Bothwell last Christmas and became engaged in the Café on Nov. 27 in a surprise proposal. The couple's wedding date is June 7, 2025.



## IT PAYS TO HAVE FRIENDS!

### Refer a friend and make extra money

Earn rewards while sharing the Bothwell love with friends and family in the Employee Referral Program!

- All employees can take part in the referral program with the exception of the Senior Leadership Team and HR personnel.
- Department/Clinic Directors are eligible if the person referred is someone outside of your own department(s).
- Referring employees must be free of corrective action and have been employed by Bothwell for a minimum of six months.
- Referred candidates must be new to Bothwell and have not previously worked here within the past 36 months, not currently involved in any active recruitment processes and applying for a benefit-eligible position.

*\*Three payouts of \$250 each will be made to the referrer at the employee's 30-, 90- and 180-day milestones.*

More information and the referral form can be found on the Intranet > HR Corner and on the public website at [www.brhc.org/careers/additional-information/](http://www.brhc.org/careers/additional-information/). This new program was developed by the Referral and Onboarding OASIS team.



## Welcome to These New Team Members!

**Samantha Altena**  
*Nursing Administration*

**Kelli Anders**  
*Bothwell Orthopedics & Sports Medicine*

**Gabrielle Anderson-Harvey**  
*Bothwell TLC Pediatrics*

**Leslie Barnes-Berry**  
*Clinic Leadership*

**Pamela Berg**  
*Linen*

**Cole Bisges**  
*Progressive Care Unit*

**Kendra Bloess**  
*Population Health*

**Samantha Candelas**  
*Walk-In Clinic*

**Antonette Delgado**  
*Pathology*

**Sidney Douglas**  
*Nursing Administration*

**Nike Draine**  
*Progressive Care Unit*

**Angela Dunagan**  
*Medical and Surgical Unit, 2 Southwest*

**Kesha Fairchild**  
*Health Information Management*

**Devlyn Fry**  
*Emergency Department*

**Whitney Hartley**  
*Surgery*

**Elizabeth Hogan**  
*Same Day Surgery*

**Kayla Huddleston**  
*Housekeeping*

**Mackenzie Humphrey**  
*Radiology*

**Abdul-Somed Mohammed**  
*Pathology*

**Alexa Mujica**  
*Nursing Administration*

**Zachary Nadolny**  
*Critical Care Unit*

**Svetlana Nagorniuk**  
*Housekeeping*

**Svitlana Oleynik**  
*Nursing Administration*

**Vanessa Perez**  
*Nursing Administration*

**Caitlyn Rich**  
*Progressive Care Unit*

**Schuntell Roth**  
*Admitting*

**Morgan Saimon**  
*Housekeeping*

**Abigail Steinman**  
*Critical Care Unit*

**Shaylin Torimino**  
*Emergency Department*

**Laura Wauchope**  
*Centralized Scheduling*

**Noreen Yap**  
*Pathology*

**Dr. Michael Yuh**  
*Bothwell Internal Medicine Specialists*

**Marla Zimmerman**  
*Nursing Administration*



### REASONS TO USE YOUR **BOTHWELL** EMPLOYEE PHARMACY!

- 1 SAVE MONEY
- 2 SCRIPT TRANSFER IS EASY
- 3 CONVENIENCE
- 4 IT'S FOR ALL EMPLOYEES
- 5 MORE THAN SCRIPTS

#### Want to learn more?

Call Pharmacist Jessica Moon at 660.827.9495 or stop by the pharmacy on the hospital's ground floor.

Hours are 7:30 am–4 pm Monday–Friday;  
closed for lunch 11–11:30 am

# HAPPY BIRTHDAY

## January

Diana Sokolowski.....2	Ronda Bachman.....11	Kyle Hull.....22
Marina Seaton.....2	Kelly Crosswhite.....11	La'Chelle Moore.....22
Alexis Dupont.....3	Jeri Perkins.....11	Teresa Friedlander.....23
Linda Jeffress.....4	William Brown.....11	Kami Jetmund.....23
Shannon Hoey.....4	Marc Dougherty.....12	Stephanie Johnson.....23
Jacquelyn Snow.....4	Dr. Julie Cahill.....13	Alexis Kresse.....23
Tasha Stokes.....4	Dr. Brianna Kroeger-Murray.....13	Britain Allen.....24
Sondra Barber.....4	Kimberly Burchett.....13	Denis Antonov.....24
Bridget Summers.....5	Samantha Queathem.....13	Kara Sheeley.....25
Karen Kain.....6	Shawnda Conner.....13	Brittani Geml.....25
Mimi Johnson.....6	Heidi Schwartz.....14	Devin Lefevers.....25
Lynn Catron.....6	Amanda Westhues.....14	Lindsey Edwards.....25
Carrie Brown.....7	Janna Ralston.....14	Samantha Altena.....25
Amanda Sportsman.....7	Brian Hermanson.....15	Abbie Foffel.....26
Ryley Landers.....7	Christina Oelrichs.....15	Kimberly Woodard.....26
Sophie Widel.....7	Kiersten Labus.....16	Tyler Hanisch.....26
Abigail Steinman.....7	Tina Propheter.....16	Debbie Hagle.....27
Elizabeth Holman.....8	Tom Fairfax.....17	Sarah Hopper.....27
Connie Berglund.....8	Hana Lingenfelter.....17	Yana Stasyuk.....27
Nayleshka Luna.....9	Megan Ray.....18	Samantha Kelly.....28
Kalyn Sharp.....9	Jason Pals.....19	Courtney Staus.....28
Swietlana Czerniak Garrett.....9	Dr. Peri Ananth.....19	Steve Davis.....29
Daria Tikhonova.....9	Brittany Freeman.....19	Rachelle Mateo.....29
Alicia Hofstetter.....10	Abigail Sipe.....19	Ciara Smith.....29
Amy Walker.....11	Kristy Starke.....20	Jennifer Rehmer.....30
	Christine Matacua.....20	Cheryl Glines.....30
	Brianna Welch.....20	Amanda Foote.....30
	Kayla Butler.....21	Kristyn Boehmer.....30
	Tory Kroeschen.....21	Dr. David Kuhlmann.....31
	Grace Linn.....22	Jovana Cervantes-Cruz.....31
		Alaina Farkas.....31





# COMMITTEE UPDATES

Meetings ... meetings ... meetings. There are currently over 50 standing committees working on a variety of topics and issues that keep Bothwell moving forward. From the Board of Trustees to the Patient Family Council, important work happens in committees every day.



## Do You Work Out?

Bothwell{ness} Committee

**Did you know that if you provide proof of your workouts or movement eight times per month that you can be recognized for your efforts?**

Email your screenshots or records of your workouts/movement to [mguffin@brhc.org](mailto:mguffin@brhc.org).

*\*Effective Jan. 1, 2025*

Are you interested in walking/jogging/running a 5K, 10K or half marathon in 2025? Reach out to Jilene Streit at [jstreit@brhc.org](mailto:jstreit@brhc.org) or Melissa Guffin at [mguffin@brhc.org](mailto:mguffin@brhc.org) for assistance in tailoring a plan to meet your goals and needs!



**GET WELL. STAY WELL. BOTHWELL.**



## HEALTH BENEFITS OF CASHEWS

- Protects Against Narrowed Arteries
- Helps You Live Longer
- Contains Antioxidants
- Reduces Risk Of Heart Disease & Stroke
- Prevents Memory Loss
- Reduces Osteoarthritis Symptoms
- Helps Manage Colitis Symptoms



## HEALTH BENEFITS OF LOW IMPACT WORKOUTS

Whether you are protecting your knees, need to be quiet, stay inside, or want to change it up, consider these activities for a low impact workout



Swimming



Yoga



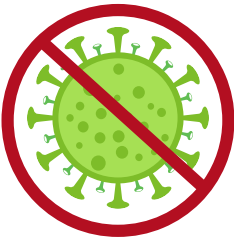
Meditation



Walking



Weight Training



## AVOID THE FLU

**YOU** are your best defense against viruses and other infections. Follow these simple tips to keep you and your family healthy:

- Wash Your Hands
- Avoid Touching Your Eyes, Nose And Mouth
- Use Alcohol Based Hand Sanitizer
- Disinfect Your Home
- Get Vaccinated
- Stay Home When You Are Sick





## 2024 Holiday Events

The Employee Engagement team planned a full slate of fun events in December, and we appreciate everyone's support and participation. Check out some of these photos and see more under the Discussion tab on the [Bothwell Trade & Engage Facebook group](#). Not a member of the group yet? Just request access! The group was created specifically for employees to have a place to post items for sale, seek items or services wanted and share photos from engagement activities.

Congratulations to the **Centralized Scheduling** team for winning the People's Choice award in this year's holiday creativity contest!







On Dec. 20 and 23, members of our team were helped by Smith-Cotton High School's New Score in caroling around town at area nursing homes and in the hospital.

Our float entry won **FIRST PLACE** in the business category in the Sedalia Area Chamber of Commerce Christmas parade on Dec. 7. Kudos and thanks to **Daryl McNew, Randy Kreisel, Kevin Kares, Jami Sleeper, Julie May, Christy Mitchell, Rudy Reyes and Mackenzie Hoffman** for their commitment and dedication to working on the float and making it a success.



## Holiday Sharing Project

We collected 346 gifts for our Holiday Sharing Project and were able to provide support, gifts and meals to 18 families. Thank you to everyone who donated to make this holiday season a little brighter and less stressful for some of our Bothwell families.

A special shout out to **Bailey McGinnis** for assisting with the project in multiple ways. She was instrumental in helping keep things organized and on track, aiding in shopping for materials and items and encouraging her staff to adopt not one, but two families. Also, many thanks to **Kara Sheeley** and the **Cancer Center staff** for the use of their space and assistance with wrapping gifts.

## Free Coats for Winter

Thank you to everyone who contributed to our Winter Coat Drive. For those who need them, there's an ample selection available for pick up in the back of the Education Center.



# DEPARTMENT AND CLINIC NEWS



Find updates specific to particular departments including announcements on projects, achievements, changes and upcoming events. Communication between departments and to everyone in the organization is key to a well-oiled machine.

## Slips, Trips and Falls

### Human Resources

The goal is to keep health care workers safe by promoting safety awareness. Every day slips, trips and falls seriously injured more people than any other type of accident, outside of automobile accidents. Look for these common hazards and take time for these simple precautions:

#### **Slippery Surfaces**

- Beware of wet or soiled floors, especially in the lobby, hallways, patient rooms and the cafeteria.
  - Clean up spills immediately when you can or get help.
  - Place warning signs in front of the wet area or get someone to do it.
- During rainy or icy weather:
  - Wipe off shoes on mats provided in the lobby and at entrances.
  - Encourage employees and visitors to use umbrella covers when provided.

#### **Tripping Hazards**

- Keep all cords out of the way or covered. Pay special attention to:
  - IVs in patient rooms
  - Monitors in the ED and OR
  - Electrical cords in office areas
- Keep all desk drawers, file cabinets and doors closed, specifically in office areas and at nurses' stations.
- Return patient monitoring and patient transfer equipment to their proper place after use.
- Watch your step, especially in cluttered or obstructed work areas, areas with uneven surfaces, on sidewalks and in parking lots and garages.

#### **Footwear**

- Wear shoes with slip-resistant soles, particularly in patient care areas and in the cafeteria.
  - Avoid high-heeled shoes, smooth soles and clogs.

## MAKE SURE YOU RECEIVE YOUR W-2

### Human Resources

This year, we will be mailing W-2 forms directly to employee homes. If you've recently moved or had a change of address, please take a moment to update your information with Human Resources as soon as possible.

Having the correct address on file will help prevent any delays in getting your W-2. Please contact the HR office at extension 9540 to update your address, or if you have questions, we're here to help!

*Source: Midwest Employers Casualty*

# SERVICE EXCELLENCE INITIATIVE



The SEI is our three-year journey to enhance patient satisfaction and boost employee morale by providing a 5-star hospital and clinic experience to our patients and a relationship-based, kindness-driven culture. This space will be used to share news, activities and progress toward our goals.

## Our Goal

Be the best choice to work, to practice, to receive care.



## SERVICE EXCELLENCE INITIATIVE

PROVIDING A 5-STAR EXPERIENCE FOR ALL

## Year in Review:

### Service Excellence Initiative Year 1

As we reflect on the past year, we are proud to share the progress and milestones achieved in our ongoing journey toward becoming a 5-star employer and provider. Throughout the year, we took significant steps to elevate service excellence across our organization, focusing on employee engagement, patient satisfaction and continuous improvement.

In February, leadership engaged with Lynn Sullivan, Implementation Specialist from Custom Learning Systems, to kick off our Year 1 Service Excellence Initiative. This pivotal meeting set the tone for the work ahead, as we began shaping our roadmap toward achieving our goal of becoming a 5-star organization.



## SERVICE EXCELLENCE COUNCIL

**Michele Laas, Chair**

**Brittani Geml, Vice Chair**

Amber Allain,  
*Oasis Super Coach*

Heather Sadler,  
*SEA Super Coach*

Marvin Smoot,  
*Provider Super Coach*

Dianne Williams,  
*Survey Super Coach*

Mike Shipp,  
*CLS Education Coordinator*

Kiwi Popyk,  
*Service Recovery Champion*

Wendy Fairfax, *Scribe*

Rob Wideman,  
*DO IT/Service Huddle Champion*

Shania Underwood,  
*Implementation Coordinator*

Lori Wightman, *CEO*

## OASIS TEAMS

**Referral and Onboarding**

**Retention**

**Keywords**

**Service Standards/  
Internal Support**

**Awards and Recognition**

**SERVICE EXCELLENCE  
INITIATIVE ►**

A key foundation to our success was the establishment of the **Service Excellence Advisors (SEAs)**. We selected 50 of the “best of the best” frontline staff to serve as SEAs, and under the guidance of Lynn Sullivan, they led service excellence workshops for employees, physicians, volunteers and board members.

These workshops, which took place throughout the year, inspired 154 employees and three physicians to volunteer to become SEAs in Year 2, signaling the growing enthusiasm for service excellence across the organization.



*Service Excellence Advisors (SEAs)*



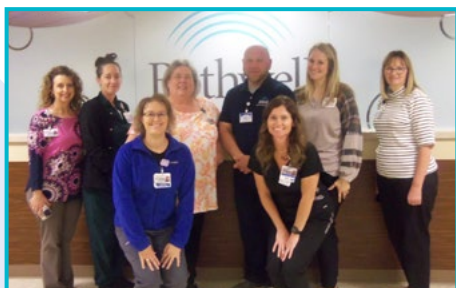
*Service Standards and Internal Support*



*Keywords and Conversation Starters*



*Retention*



*Onboarding*

We also launched the **Organizationally Advanced Service Improvement System (OASIS) teams**. Composed of leaders from various departments, these teams began working on key projects aimed at addressing organizational needs and fostering ongoing improvement. In Year 1, five OASIS teams were formed, focusing on the following areas:

- Service Standards and Internal Support
- Keywords and Conversation Starters
- Retention
- Onboarding
- Awards and Recognition

Some of the key achievements from these teams included standardizing the employee telephone directory, implementing an employee referral program and creating internal scorecards for departments not currently surveyed by HCAHPS.

In November, we conducted an Accountability Audit with Ron Webb, Vice President of Process Improvement at Custom Learning Systems. This virtual audit provided us with valuable insights into our service excellence efforts, including meetings with our Senior Leadership Team, Service Excellence Council, department managers, SEAs and OASIS team leaders. The audit revealed significant progress in our pursuit of a positive patient experience, including:

- Improvement in HCAHPS patient satisfaction scores across all 10 domains
- High levels of engagement and enthusiasm among SEAs
- Empowerment of frontline staff to take ownership of service excellence

While we've made great strides, the audit also identified key areas for improvement that will guide our focus for the upcoming year, including:

1. Developing LEAD teams to target improvements in key HCAHPS domains:
  - Transition of Care Domain
  - Communication about Medications
  - LEAD Team for the Clinics
2. Implementing the Blueprint for Success Assessment to further strengthen our foundation
3. Sharing comparative HCAHPS, CGCAHPS and EDCAHPS scores with medical staff to promote transparency and engagement



As we prepare for Year 2, we are excited to build upon the momentum we've established. We will host a Service Summit in January in the Hotel Bothwell ballroom, where we will celebrate the success of the first year and formally kick off the next phase of our Service Excellence Initiative.

Together, we will continue working toward our goal of becoming a 5-star employer and provider, creating a culture that values service excellence, employee engagement and the highest standards of care for our patients.

## Administration Q&A

At the end of each service excellence workshop, attendees have the chance to ask Senior Leadership Team members questions and submit written questions about any topic. In the past month, these two questions were received.

**Question:** This is the only MRI department I've worked in without a MRI safe walker. Is there a reason we don't have one to help with patient care?

**Answer:** We are not sure why we do not have one, yet Rachelle with Bothwell Medical Equipment has priced walkers that are safe to use in an MRI room and has placed an order for two. Marvin will let us know when they arrive.

**Question:** The last facility I worked at offered Walmart and Sonic gift cards along with Casey's to give patients more of a selection for service recovery.

**Answer:** The Service Excellence Council discussed having a variety of different gift cards yet decided on having just the Casey's card as their stores offer hot food and drinks. Limiting to one type of gift card also makes restocking easier given we have numerous service recovery kits in many geographic locations in the hospital and clinics.



# Patient Kudos and Compliments

Positive reviews, comments and messages create powerful pictures of the Bothwell experience. The following feedback was recently received either as a Google or Facebook review, Facebook public comment or direct message, or from a patient satisfaction survey. Messages have been lightly edited for spelling and grammar.

**Same Day Surgery** – “I want to give a positive shout out to the surgical team, Vickie, Donna, Sierra, Jenice Serrano and Ashley Clay. Also, my pre-op team Jamie and Lizzie. Thank you, thank you!”

**Bothwell Family Medicine Associates** – “Dr. Lisa Wadowski is the best doctor and has the best nurses.”

**Emergency Department** – “My nurse in the emergency room, Kyle, was excellent. He was very knowledgeable and stayed to help keep me calm during the procedures”

**Family Health** – “Dr. Tardieu and her entire staff are excellent! They each show respect, care and are the best at what they do. I could not ask for a better provider.”

**Outpatient Services** – “The PT tech was very good at her job. She explained everything so well and the exercises really helped. I’m looking forward to going back.”

**Truman Lake** – “My experience was absolutely amazing. The girls at the front desk were perfect and Dr. Fairchild went above and beyond to make sure that everything was good with my health.”

**Outpatient Services** – “This is the best place to go for mammograms!!”

**Thank you for all you do to serve our patients and community each and every day. Each smile, touch, conversation and moment puts our patients at ease.**

Online reviews help others feel good about choosing Bothwell. Every positive interaction with a patient is an opportunity to invite them to share their experience with others.

## How to write a positive review on Google



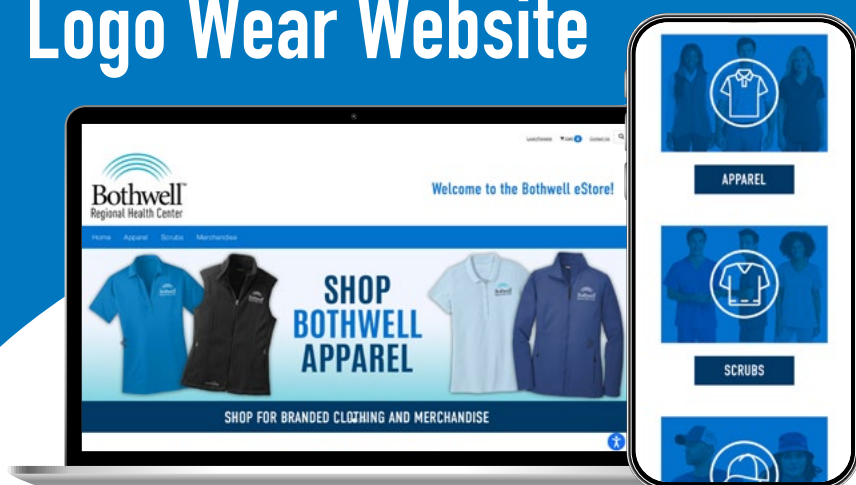
The hospital and all the clinics each have Google Business Profile page. Search Bothwell Regional Health Center or the clinic name and when the page comes up on the right, scroll down and select “write a review.”

## How to write a positive review on Facebook



Go to the Bothwell Regional Health Center page at [facebook.com/bothwellregional](https://facebook.com/bothwellregional), select “Reviews” in the menu bar and answer yes to the question, “Do you recommend Bothwell Regional Health Center?” and then write your review.

# Logo Wear Website



## Shop the Bothwell eStore for branded apparel and merch!

Shop for clothing, scrubs and hats at [brhc.org/estore](https://brhc.org/estore). The eStore link can also be found on the intranet.

Site may not open in Internet Explorer; use Chrome or Firefox instead.

**VISIT SITE ►**

# FROM THE FOUNDATION

Bothwell Regional Health Center has been at the center of healing for Pettis and Benton counties for generations. The Bothwell Foundation was formed in 2005 to assist the health center and provide resources to keep health care local, state-of-the-art and close to home.



## BOTHWELL FOUNDATION BOARD OF DIRECTORS

**James Mahlon White, President**

**Cliff Callis, Vice President**

James P. Buckley

Heather Cantrell

Jackie Butler, Auxiliary President

Lori Wightman, Bothwell CEO

Gregory Doak, MD,  
Board of Trustees Liaison

Sarah Anderson

Lindsey Benbrook

Cara Canon

Dr. William Decker

Erica Eisenmenger

Katelin Hladik

Shelly Kempton

Stafford Swearingen

Laura Weisenburger

Becky Williams

## Another EPIC 12 Days of Christmas

Thank you to all our EPIC Club members, and congratulations to the EPIC 12 Days of Christmas winners!

We now have over 70% of regularly scheduled employees as members. We are thankful for so many employees joining us this year and for all the amazing things you have allowed us to do to help employees.

Your donations this year will help remodel the courtyard on the hospital's ground floor creating a welcoming and relaxing space for employees and patients.

Special thanks to our amazing EPIC Club committee for its hard work recruiting members, coming up with creative ideas, and everything they do for EPIC—they truly are amazing and do great work.

Committee members include Sarah Anderson, Bothwell Pulmonary Specialists; Jamie Barklage, Surgery; Megan Elwood, Nursing Education; Wendy Fairfax, Quality Management; Tom Fairfax, IT; Will Gravitt, Environmental Services; Sarah Hopper, PCU/CCU; Tammy Jackson, CCU/Infusion and Procedure Center; Todd Nappe, Human Resources; Ashley O'Bannon, IT; Kim Perez, Nursing Education; Tracey Rapp, Quality Management; Lucas Sheeley, Facilities; Kara Sheeley, Cancer Center; Jami Sleeper, IT; Laura Weisenburger, Periop Services; and Devin Wiley, IT.

If you see any of them, please give them your feedback on the 12 Days of EPIC Christmas and thank them! They are so passionate about Bothwell and ensuring our employees are cared for.



Patti Snapp received the EPIC Pile of Cash of \$656



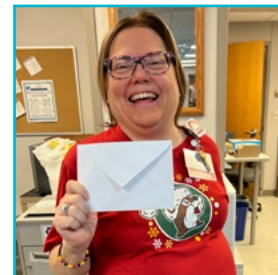
Kimberly McMillin received one of five massage gift certificates at Bodyworks Day Spa



Jennifer Haneline received one of four Kempf's \$100 gift cards



Linda Eckhoff received one of six Keurig K-mini single serve coffee makers



Kristin Largent received one of 12 Woods gift card for a turkey

# Honoring Dr. Woolery

Thank you everyone who donated to the foundation's patient room remodel campaign in honor of Dr. Woolery. This generosity means at least one room has been fully funded, and we continue to receive donations for a second room.

## Donors

Mike and Christa Albin

Jean Almquist

Doris Bernhoft

Betty Blackwell

Beryleen Dodson

Lisa Eck

Calvin and Gail Ekstrom

Debra Foster

Dr. Steve and Rita Foster

Barbara Freund and Debra Foster

Glenda Frisch

Carolyn Hays

Evelyn Hicks

Jim Holliday

Sally Keating

Chester and Dorothy Kirkpatrick

Grace Linn

Hartmann Living Trust

Virginia McAllister

Raymond McNish

Jeanie Mosier

Joe Musgrave

Paulette Myers

Donald Poage

Pat Rinehart

David Roehrs

Richard Shireman

Jerry Shull

Michael Snell

Micheal Stepp

Marilyn Treece

Helga Treuner

Arthur and Rita Twenter

Martin and Barbara White

Mary Winfrey

Leon and Donna Woolery

Candace Younce





## Wear Red for Women

Wear Red for Women, a Bothwell Foundation committee, recently presented several automated external defibrillators (AEDs) to local organizations. An AED is a portable, lightweight device that helps individuals and first responders treat sudden cardiac arrest by analyzing the heart rhythm and, if necessary, delivering an electrical shock to restore normal function.

Funds to purchase the devices were raised during the 2024 Wear Red for Women luncheon and auction. The committee's goal is to have AEDs in every place people work, learn, play or pray in Sedalia and Pettis County. Since the inception of the luncheon event in 2020, nearly 100 AEDs have been placed in or committed to various locations.

**The 2025 Wear Red for Women event is Feb. 28, 2025, and tickets will be available in January.**



*Bothwell Regional Health Center received three AEDs from the Bothwell Foundation's Wear Red committee. Front row, from left to right, Leisha Nakagawa, Bothwell Foundation volunteer and foundation specialist; Eddie Crouch and Connie McLaughlin, committee members; Dianne Simon, Thompson Hills Investment Corporation vice president and committee co-chair; Judy Naylor, Bothwell Auxiliary member; Lori Wightman, Bothwell Regional Health Center CEO and committee co-chair; Tim Jackson, Bothwell Security officer; Michele Laas, Lisa Irwin and Ashley Wooster, committee members; back row, from left to right, Angie Thomas, Trish Henson, Jami Sleeper, Meghan Funkhouser and Eric Petersen, committee members; and Mike Shipp, Bothwell Emergency Department director.*



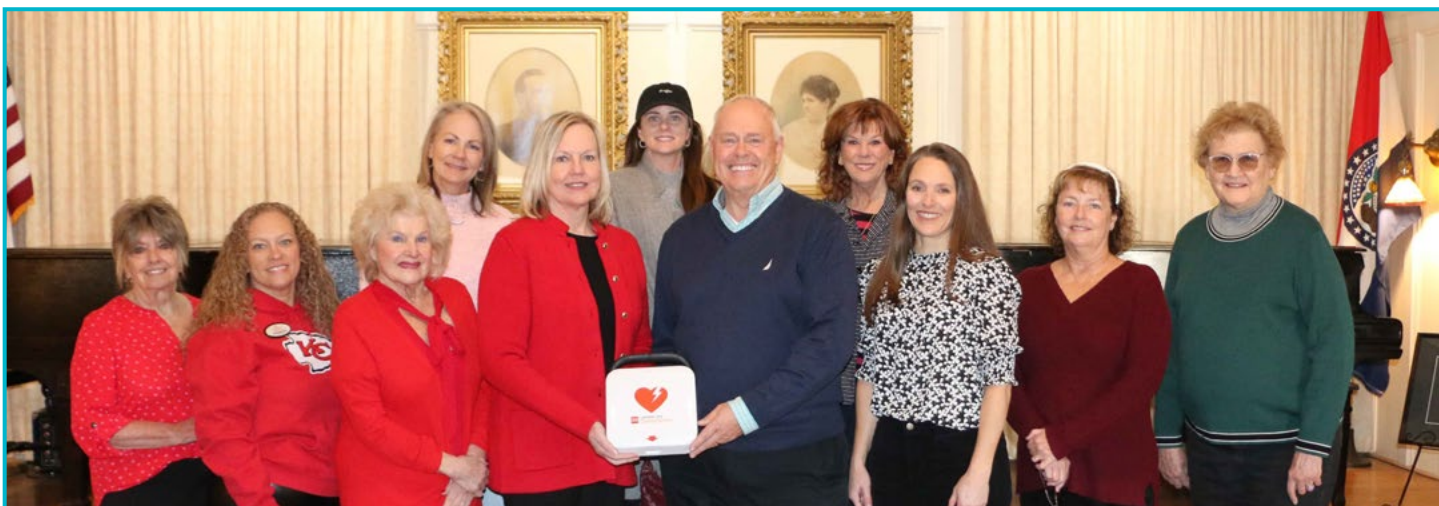
*E.W. Thompson Health and Rehab Center received an AED from the Bothwell Foundation's Wear Red for Women committee. Front row, from left to right, Ashley Wooster, committee member; Leisha Nakagawa, Bothwell Foundation volunteer and foundation specialist; Melinda McAloose, E.W. Thompson Human Resources director; Kathy Williams, E.W. Thompson administrator; Sara Meisner, E.W. Thompson Nursing director; Lori Wightman, Bothwell Regional Health Center CEO and committee co-chair; and Connie McLaughlin and Eddie Crouch, committee members; back row, from left to right, Trish Henson, Angie Thomas, Erica Petersen, Jami Sleeper and Meghan Funkhouser, committee members; and Dianne Simon, Thompson Hills Investment Corporation vice president and committee co-chair*



## Wear Red for Women (Continued)



State Fair Community College received four AEDs from the Bothwell Foundation's Wear Red for Women committee. Two devices were placed in the Hopkins Student Services Center and Dental Hygiene Clinic, and two will travel with athletic teams. Front row, from left to right, Ashley Wooster and Trish Henson, committee members; Ashley White, Bothwell PEAK Sport & Spine athletic trainer at SFCC; Kaleigh Moore, SFCC Dental Hygiene student; Dr. Andra Ferguson, SFCC Dental Hygiene program director; Dr. Brent Bates, SFCC president; Lori Wightman, Bothwell Regional Health Center CEO and committee co-chair; Leisha Nakagawa, Bothwell Foundation volunteer and foundation specialist; and Eddie Crouch, committee member; back row, from left to right, Darren Pannier, SFCC athletic director; Allison Brosch, SFCC Health Sciences dean; Erica Petersen, committee member, Keith Acuff, SFCC Finance and Administration vice president; and Jami Sleeper, Angie Thomas and Meghan Funkhouser, committee members



Heard Memorial Club House received an AED from the Bothwell Foundation's Wear Red for Women committee. Sorosis, a ladies cultural organization founded in 1889, and Helen G. Steele Music Club, established in 1893, hold meetings in the Heard House. Front row, from left to right, Sharon Sawford, RN, Bothwell Regional Health Center; Ashley Wooster and Connie McLaughlin, committee members; Dianne Simon, Thompson Hills Investment Corporation vice president and committee co-chair; Jeff Wimann, Heard House board trustee; Stacey Beard, Sorosis treasurer and Heard House board treasurer; Patricia Palmer, Heard House secretary; and Mary Wood, Sorosis president; back row, from left to right, Trish Henson and Terra Nelson, committee members; and Lori Wightman, Bothwell Regional Health Center CEO and committee co-chair.

# AUXILIARY NEWS

Our volunteers are a vital part of the services we provide to our patients and their families. Through their supportive and significant contributions, they add a personal touch to the hospital, making it a warm and friendly place.



We have amazing  
volunteers at  
Bothwell.  
**JOIN US!**



## Thank You, Virginia and Joyce!

Two long-time volunteers were recognized at the annual Christmas Tea. **Virginia McCallister** and **Joyce Monroe** are retiring from the Bothwell Auxiliary board after many years of service. We thank them for their support and leadership over the years.



Would you like to talk  
to someone about  
being a volunteer?

Contact Volunteer Specialist  
Leisha Nakagawa

660.829.8855

[lnakagawa@brhc.org](mailto:lnakagawa@brhc.org)





# Auxiliary Christmas Tea Awards

At its annual Christmas Tea, the Bothwell Auxiliary awarded funds to several departments in the hospital to purchase needed items and equipment and awarded \$2,000 scholarships to two employees working on advanced degrees.



**Nursing Education** received replacement parts for its current Nurse Anne simulator and a Life/Form GERI complete nursing skills manikin. The equipment will be used for ongoing nurse training and education.

*From left, Megan Elwood, Nurse Residency program coordinator; Kim Perez, Nursing Education director; and Jackie Butler, Auxiliary president.*



**The Emergency Department (ED)** received a hands-free tonometer, which measures inside eye pressure, and a central line simulation training device.

*From left, Tony Leal, ED manager; Mike Shipp, ED director; and Jackie Butler, Auxiliary president*



**The Medical and Surgical Unit on 2 Southwest** is our largest patient care unit and received three bar code scanners that will enhance patient safety and streamline processes.

*From left Dianne Williams, Medical and Surgical and Surgical Short Stay units director and Jackie Butler, Auxiliary president*

## Auxiliary Christmas Tea Awards (Continued)

**Leisha Nakagawa** and **Crystal Hoyes** each received \$2,000 from the Auxiliary. Nakagawa is the Bothwell Foundation Specialist and Volunteer Coordinator and is pursuing a Master of Business Administration degree at University of Central Missouri in Warrensburg. In her application, she said she will apply the knowledge and skills gained to increase her impact in her current role at Bothwell, invest in her professional growth and give back to her organization.

Hoyes is a Financial Analyst in Bothwell's Accounting department and will begin the Master of Business Administration program at Western Governors University in January 2025. In her application, she said the degree will expand her knowledge of concepts and processes she is using in her current job and will equip her with the qualifications needed to pursue a path to a leadership role at Bothwell.



*The Bothwell Auxiliary recently awarded two \$2,000 scholarships to Bothwell employees pursuing advanced degrees. From left, Sue Heckart, Auxiliary Scholarship Committee member, Crystal Hoyes and Leisha Nakagawa, Bothwell employees; Jackie Butler, Auxiliary president and Scholarship Committee member; and Shirley Evans, Auxiliary Scholarship Committee chair.*

Shirley Evans, Bothwell Auxiliary Scholarship Committee chair, said she and the other committee members were impressed by the outstanding quality of the applications and excited to make the two awards

“Based on their past performance, the committee expects these women to be successful in their graduate degree programs and excel in their roles at Bothwell,” she said.

The Scholarship Committee includes Evans, Sue Heckart, Carolyn Sperry and Auxiliary President Jackie Butler.

The Auxiliary has allocated funds to its nursing scholarship program since 2003 and has given nearly 50 scholarships totaling more than \$70,000. Nursing scholarships have been a priority for the Auxiliary because of the critical shortage of qualified nurses and that focus will continue in 2025.



# CALENDAR OF EVENTS

Designed to be an at-a-glance view of our upcoming events, activities or classes, check out what's on the Bothwell calendar in the next few months.



## JANUARY

### Pettis County Baby Café

**Jan. 3, 17, 31, 10 am–12 pm**

**Jan. 7, 21, 4–6 pm**

Breastfeeding Support Group

Women's Health and Newborn Care Lobby

Hospital First Floor

### Six-Week Grief Recovery Group

**Starts Jan. 14, 6:30–9 pm**

Bothwell Hospital, Room 385

[brhc.org/resources/classes-support-groups/grief/](http://brhc.org/resources/classes-support-groups/grief/)

### Cancer Support Group

**Jan. 21, 4 pm**

Susan O'Brien Fischer Cancer Center

*Virtual option available, call 660.829.7792 for details*

### Scrub Sale

**Jan. 23, 7:30 am–5 pm**

Bothwell Café

*Hosted by the Bothwell Auxiliary*

### Certified Nurse Assistant (CNA) Class

**Jan. 27**

On-site training for current employees who want to be CNAs

Contact Becky Eldenburg at [reldenburg@brhc.org](mailto:reldenburg@brhc.org)

FEB

11

### SAVE THE DATE

**Psychological First Aid Training**

**Feb. 11, 9 am–4 pm**

**Education Center, Auditorium**

Join Tamara Fish, Missouri Department of Mental Health Disaster and Crisis Response Liaison, to learn how to assist people in the immediate aftermath of disaster and terrorism, identify the five early intervention principles and learn ways to care for yourself before, during and after a disaster.

**If you plan to attend, please email Jennifer Evert, Emergency Preparedness manager, at [jevert@brhc.org](mailto:jevert@brhc.org).**



**Tickets go on sale in early January.**

Submit events by the 15th of each month to [dkelchner@brhc.org](mailto:dkelchner@brhc.org).