

FEBRUARY 2024

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



EXCELLENCE IS NOT AN ACCIDENT, IT'S INTENTIONAL Letter from Lori

It's been a busy week with Custom Learning Systems (CLS) consultants on site for two days to take many of us through briefings and team orientations as we prepare to launch our **service excellence initiative**.

In March, we will share the initiative with everyone in the organization and begin the work to provide a 5-star hospital and clinic experience to our patients by creating a relationship-based, kindness-driven culture. This initiative will impact everyone who wears a badge at Bothwell—staff, nurses, physicians, providers, volunteers and board members.

One of the quotes I heard during the Leadership Team briefing especially resonated with me and I believe it's an important one for all of us to know and remember, **"Excellence is not an accident, it's intentional."**

Every day each of us goes about our work and lives, yet are we taking action or making decisions with intention or are we on autopilot and not questioning why or doing tasks because that's the way it's always been done? It's easy to stick with old habits because it takes a lot of mental energy to form new habits. This is the work we'll be asking of all of you ... to form new habits and make excellence in your work intentional.

The fruit of this work is having a shared goal to offer the best experience possible for our employees and our patients. We want people to want to work or practice here and to seek care here.

[READ MORE ON NEXT PAGE ►](#)



SEE WHAT'S INSIDE!

MATCH DAY IS MARCH 15

WELCOME NP PEGGY VAN DYKE

CLINIC MOVES HAPPENING IN APRIL

UPCOMING FOUNDATION EVENTS

EXCELLENCE IS NOT AN ACCIDENT, IT'S INTENTIONAL (CONTINUED)

Letter from Lori

Also in March, is a shorter term project that aligns with this shared goal of service excellence. One of my first initiatives after joining Bothwell in June 2019 was to bring a group of internal and external people together to develop a new strategic plan called Bothwell Forward, 2020–2025. It's hard to believe that five years have almost passed since we started that work.

At the time, we discussed whether or not to review and revise the current **mission and vision statements** at the same time we wrote the strategic plan. Ultimately, we decided we wanted to wait because we believed that work would be best done separately with its own focus.

I'm excited to share that soon we will begin working to reimagine our current statements that have been around for more than 20 years. It's been a while since we have asked ourselves, "**Why do we exist?**" and "**What do we want to become?**" and a lot has changed in that time—a worldwide pandemic—a shift in the perception of health care—financial and staffing challenges—and our focus on service excellence.

In addition to writing our new vision and mission, we will uncover our **values**—beliefs and principles we believe are important to us—in the form of words or short phrases. We know our values already exist. Stating and sharing them won't replace the four key basics of safety, courtesy, professionalism, and efficiency, yet will further hardwire what we believe is important to the way we care for patients and work with each other with intention.

This process will be facilitated by the Callis team and include five focus groups made up of employees and members of the board and the foundation's board of directors, as well as an online survey for all employees.

When we're finished in a few months, we'll have new vision and mission statements and stated values. While it may have taken almost five years to get here, I think this is the best time. The work we're beginning with service excellence and the work to rediscover our why and reimagine our future will chart the course for developing our next five-year strategic plan that we will begin working on in the fall.

On a side note, I'm interested in hearing from any longtime employees who remember what our mission and vision statements were before the current ones. When we discussed them at an SLT meeting, the recollection was the current ones have been around since about 2002 or 2003. If you remember any previous mission or vision statements, drop me an email or stop by my office to share.

OUR WHY (Current) Mission

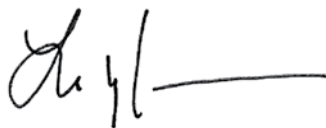
Working together to provide exceptional health and wellness services.

OUR FUTURE (Current) Vision

The best choice for exceptional care.

This historical information is important to our future work. Before we can plan for what lies ahead, we need to be reminded of how and why we started. We owe this work to John Homer Bothwell's vision when he established the John H. Bothwell Hospital Trust in 1926 and challenged citizens to create a hospital for the people of Sedalia.

Stay well. Be well.



RURAL HEALTH CARE SPOTLIGHT Showcasing Medical Education Initiative

Marvin Smoot, Clinic Operations vice president, recently attended the 37th annual AHA Rural Health Care Leadership Conference in Florida and delivered a presentation prepared by Chief Medical Officer Dr. Philip Fracica on the value of building a culture of teaching to support physician recruiting.

Speakers were directed to give a seven-minute presentation explaining their hospital's experiences addressing workforce challenges. Each was expected to include background information, the challenge or opportunity, the solution and the results. Smoot spoke about Bothwell's "grow your own" strategy through an emphasis on medical education, in particular the Bothwell-University of Missouri Family Medicine Residency and the program's results. He also participated in a panel discussion.

Bothwell Board of Trustees Chair Deidre Esquivel and member Jo Lynn Turley also attended the conference.



MATCH DAY 2024 IS MARCH 15 Two New Residents Coming in July

In the fourth and final year of medical school, students apply and interview for residency—a three-to-five-year competitive program depending on their choice of specialty—to complete their medical training and become eligible to sit for board certification.

The interview season culminates with Match Day when fourth-year medical students across the country simultaneously learn where they will complete their residency training. On March 15, we will learn the names of the next two medical students who will join current resident physicians Dr. Brittany Pendergraft, Dr. Levi Harris, Dr. ShiAnne Farris and Dr. Logan Stiens in the Bothwell-University of Missouri Family Medicine Residency. The pair will begin the program July 1 as physicians and complete the next three years of their medical training at MU Health and Bothwell.

We're excited to learn who matches with the program on March 15 so watch for details about their names and hometowns.

PERSONNEL NEWS

Welcome NP Peggy Van Dyke

Peggy Van Dyke, a board-certified Family Nurse Practitioner, has joined Bothwell Eldenburg Family Practice and will provide care for women's health patients on Tuesdays and Wednesdays.

Van Dyke has been a nurse practitioner specializing in women's health and working with Dr. Elmer Van Dyke at Women's Health & Surgical Center since 2007. She received a Doctorate of Nursing Practice from University of Alabama in Birmingham, a master's degree in Nursing from University of Missouri - Columbia and a post master's certificate in Family Nurse Practitioner from Graceland University in Independence, Missouri. She earned a bachelor's degree in Nursing at Northeast Missouri State University in Kirksville and began her nursing education at State Fair Community College where she became a Licensed Practical Nurse in 1976.

Van Dyke said she builds trust with her patients by understanding everyone is unique and recognizing the importance of building relationships, listening and being truthful, showing empathy and being sensitive to their concerns.

"My patients are my priority," she said. "Although this is a physical move for me to a new clinic, the quality and access to care will not change. I am excited about welcoming new patients and working in collaboration with Dr. Eldenburg as we strive for excellence in women's health care. It's my goal to be an effective team member and work collaboratively with all providers and those in the health care space."

When she's not in the clinic, Van Dyke and her husband, Elmer, enjoy spending time outdoors, planting things, watching them grow and soaking in the beautiful backdrops of nature. They also have three rescue cats and grandchildren with whom they enjoy spending time.

To make an appointment to see her, call the clinic at 660.827.7998 or Centralized Scheduling at 660.829.8888.



KUDOS AND CONGRATS

Nurse Resident Success

Congratulations to these Nurse Residents who recently passed the National Council Licensure Examination (NCLEX) to earn their RN certifications. Well done!

Kasidy Oberdorfer – Women's Health and Newborn Care

Mikaleigh Lasater – Women's Health and Newborn Care

Hailey Colvin – Women's Health and Newborn Care

Alexis DuPont – Women's Health and Newborn Care

Reilly O'Shea – Progressive Care Unit

Rachel Mittenburg – Emergency Department

Bothwell's Nurse Residency is a yearlong program for recent nurse graduates with fewer than 12 months of experience and provides ongoing education and patient care under the supervision of veteran nurses.

CLINIC NEWS

BFMA and OB/GYN Clinics to Swap Locations

Work and plans are well underway for Bothwell Family Medicine Associates to move to the first floor of the Healing Arts Center where Bothwell OB/GYN Associates is currently occupied and for the OB/GYN clinic to move to BFMA's current location at 3401 W. 10th Street.

Of our family medicine clinics, BFMA has the highest number of physicians and houses the Bothwell-University of Missouri Family Residency, which continues to grow. The move will provide additional exam rooms and meeting and teaching space for the residency and other medical education programs done in partnership with the University of Missouri School of Medicine.

Both clinics will be closed April 11 and 12 and reopen in their new locations on Monday, April 15. Phone numbers for each clinic will remain the same.



Bothwell Family Medicine Associates is moving to the first floor of the Healing Arts Center in April. The clinic will be in the space currently occupied by Bothwell OB/GYN Associates.



Bothwell OB/GYN Associates will move to the current location of Bothwell Family Medicine Associates on 10th Street.

CLINIC NEWS

New ENT to Start March 4

Dr. Peter Gochee (pronounced Go-shay) will start providing services at Bothwell Ear, Nose and Throat on March 4.

Dr. Gochee has extensive experience in serving rural communities as an ENT and brings much-needed specialization to the community.

He will be in surgery each Monday morning and in the clinic located on the third floor of the Healing Arts Center each Monday afternoon.

COFFEE SHOP NEWS

Looking for a New Cuppa Joe

Due to the recent departure of Ozark Coffee from the hospital's lobby, several new vendors are being interviewed to replace the service. A decision will be made soon.

The NUTMAN Company

COMING SOON!



200 Fine Quality Nuts • Chocolates • Snack Mixes & Candies

Thursday, March 14 | 8 am – 4 pm

Friday, March 15 | 8 am – 2 pm

Bothwell Café



Proceeds benefit Sedalia Pettis County United Way

We accept Visa, MC, Amex, Discover & Cash • Payroll Deduction is available

YOU KNOCKED OUR SOCKS OFF

Dr. Brittany Pendergraft

Dr. Brittany Pendergraft is a second-year resident physician in the Bothwell-University of Missouri Family Medicine Residency. At this month's board meeting she was recognized for the exemplary work she has been doing, especially recently on a day that gives new meaning to "all in a day's work."

On Valentine's Day, Dr. Pendergraft ...

- Rounded on 10 inpatients with Dr. Cahill
- Admitted two patients with Dr. Cahill
- Managed three laboring patients with Dr. Todd. Two of these women were patients she had taken care of throughout their medically complicated pregnancies.
- Delivered those babies and then admitted them to the hospital
- Sutured a head laceration that happened on the floor
- Successfully intubated a patient who coded, which also happened to be her first code. Despite excellent care, the patient passed away.
- Compassionately broke this sad news to the patient's wife of 60-plus years and other family members. This family showed her empathy in return by expressing their gratitude and apologizing when they saw she was moved to tears.

Her day was not the typical day, yet showed the beauty and breadth of family medicine. Thank you, Dr. Pendergraft! We are immensely proud of you and are grateful you are part of our medical team caring for our community. You have most certainly, "knocked our socks off."



Dr. Misty Todd, residency program director; Dr. Brittany Pendergraft and Lori Wightman

TOP 5

**REASONS TO USE YOUR
BOTHWELL
EMPLOYEE PHARMACY!**

- 1 **SAVE MONEY**
- 2 **SCRIPT TRANSFER IS EASY**
- 3 **CONVENIENCE**
- 4 **IT'S FOR ALL EMPLOYEES**
- 5 **MORE THAN SCRIPTS**

Want to learn more?

Call Pharmacist Jessica Moon at 660.827.9495
or stop by the pharmacy on the hospital's ground floor.

Hours are 7:30 am–4 pm Monday–Friday;
closed for lunch 11–11:30 am

PATIENT EXPERIENCE

Kudos and Compliments

Positive reviews, comments and messages create powerful pictures of the Bothwell experience. The following feedback was recently received either as a Google or Facebook review, Facebook public comment or direct message, or from a patient satisfaction survey. Messages have been lightly edited for spelling and grammar.

Emergency Department – “Denice, Tony, Crystal, Bri and the RNs who helped me were all excellent and provided great care. They helped save my life that day and I will always be grateful for them.”

Pain Clinic – “I was early for my appointment but they still got me right in! They always take time to listen and address all questions, whether it be one or 20. They are very patient and sympathetic to my concerns. By far the friendliest hospital staff on the planet!”

Same Day Surgery – “All the staff we interacted with before, during and after my procedure were friendly, helpful and made sure my wife and I were comfortable and well cared for. They were wonderful!”

Bothwell Truman Lake in Warsaw – “I’ve been seeing Chelsea Casteel for a couple of years and she is the best doctor I’ve seen. She listens and cares and makes sure all of my needs are met.”

Bothwell Family Medicine Associates – “Skylar was fantastic! She was very upbeat, thorough, answered questions she could answer, and seemed to enjoy what she does.”

Online reviews help others feel good about choosing Bothwell. Every positive interaction with a patient is an opportunity to invite them to share their experience with others.

How to write a positive review on Google

The hospital and all the clinics each have a Google Business Profile page. Search Bothwell Regional Health Center or the clinic name and when the page comes up on the right, scroll down and select “write a review.”

How to write a positive review on Facebook

Go to the Bothwell Regional Health Center page at facebook.com/bothwellregional, select “Reviews” in the menu bar and answer yes to the question, “Do you recommend Bothwell Regional Health Center?” and then write your review.

EMERGENCY PREPAREDNESS NEWS

Welcome to EP Corner!

EP Corner is the one-stop shop where employees can learn what to do in the event of an emergency with information straight from the EOC Quick Reference Guide. It's required to keep the guide in a visible location so it is readily accessible when needed.

Each month, we will highlight a different section from the guide and bring awareness that being prepared for emergencies is everyone's responsibility.

This month let's highlight **code yellow**.

What is a code yellow?

A code yellow is used in the case of severe weather. Depending on the situation, you may hear a *Weather Watch* or a *Tornado Warning* issued over the overhead announcement system.

What should I do in the case of a *Weather Watch*?

Existing conditions that favor the formation of a tornado qualify for a weather watch. If a weather watch is announced, employees should:

- Close all doors, windows and drapes
- Turn off all unnecessary electrical equipment, but leave lights on
- Secure files and loose or movable objects
- Limit elevator usage
- Review tornado plans
- Proceed with normal operations

What should I do in the case of a *Tornado Warning*?

A tornado warning is issued when a funnel cloud has been sighted in the area. If a tornado warning is announced, employees should:

- Return to their designated work area using the stairs
- Ensure doors, windows and drapes are closed
- Ensure loose or movable objects are secure
- Follow your departmental plan
- Be prepared to seek immediate shelter

Take Note

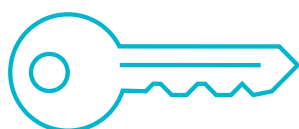
- Individuals who receive the weather statement call for their specific department must notify the manager on duty and contact necessary personnel.
- Employees must be prepared to move all individuals to a safe area per the departmental plan and move unsecured equipment and hazardous chemicals to a safe area, if time allows.

LEARN TO SAVE A LIFE

Non-Clinical Heartsaver Adult AED Class

Non-clinical staff or any Bothwell employee interested in the Heartsaver AED course should register in Healthstream. The next class is **March 22** and lasts about 2½ hours.

Employees or community members interested in the public four-hour AED/CPR course (that includes infants) and the four-hour First Aid course can register for the next one happening on March 16 with the Education Center by calling 660.827.9516 or emailing classes@brhc.org. Each course lasts four hours. Cost is \$45 for each course and \$60 to take both.



KEY AWARDS

Ashley O'Bannon	Sandra Stephens	Faith Smith	Christa Albin
Kaela Reeves	Trisha Miller	Rocio Rodriguez	Brenda Adams
Michele "Muffy" Potts	Robin Goodwin	Sharon Stuber	Kristen McCullough
Kasidy Oberdorfer	Susan "Lynne" Reed	Martha "Mimi" Johnson	Eric Rader
Sherry Schwartz-Banner	Will Gravitt	Mildred "Bobbi" Dorr	Jan Devore
Luis Medina	Dr. Traci Kristofik	Rimma Listratenko	All PCU Staff
Marina Seaton	Trinity "Mattie" Green	Lindsey Snurr	Christina Oelrichs
Stacy Riley	Ken Blen	Cassandra "Cassi" Gassen	Tina Propheter
Emily Kullman	Katherine Rosales	Nailya Tikhonov	Savanna Bouldin
Mike Snow	Christina Swank	Mikayla Doll	Rick Langdon
Lauren Harris	Sophie Widel	Jana Kennedy	

BABY CAFE MARCH 5

Talk with a Doc Series

Baby Café will host Dr. Jennifer Dickinson, PT, with Mid-Missouri Pelvic Health as a special speaker. Dickinson is a pelvic health specialist and licensed doctor of Physical Therapy and will talk about pelvic floor health and how therapy can help improve bladder and bowel function, painful intercourse, pregnancy aches and pains, labor and delivery prep, postpartum recovery, pelvic pain, prolapse and more.

March 5 | 4-6 pm

Bothwell Hospital

Inside Women's Health and Newborn Care on the first floor (enter from the unit's lobby)

babycafé

TALK WITH THE DOC:

Pelvic floor health, labor and delivery prep, postpartum recovery and more!



— Mid-Missouri —
PELVIC HEALTH

Dr. Jennifer Dickinson, PT

NEW EMPLOYEES

January 2023

Margaret Bartley

Dietary

Cameron Belmore

*Bothwell Family
Medicine Associates*

Kassidy Bridges

PCU

Leslie Butler

Case Management

Pamala Downey

Centralized Scheduling

Carrie French

Sterile Processing

Mary Hardy

Emergency Department

Shelby Jackson

*Bothwell Wound Healing
Center*

Shelda Jean

Nursing Administration

Latanya Johnson

*Women's Health and
Newborn Care*

Michelle King

PCU

Cierra Lawler

Dietary

Stephanie Maldonado

*Health Information
Management*

Charles McCormack

Housekeeping

Jennifer Schaffer

*Susan O'Brien Fischer
Cancer Center*

Dana Staus

Sterile Processing

Ashley Updyke

Admitting

Tevan Wyatt

2 Southwest

PREPPING TEENS FOR BABYSITTING

Sign up your
tween for our
**SAFE SITTER
COURSE**



When: April 20 (register by April 10 to save a spot)

Cost: \$35

Time: 8 am – 2:30 pm

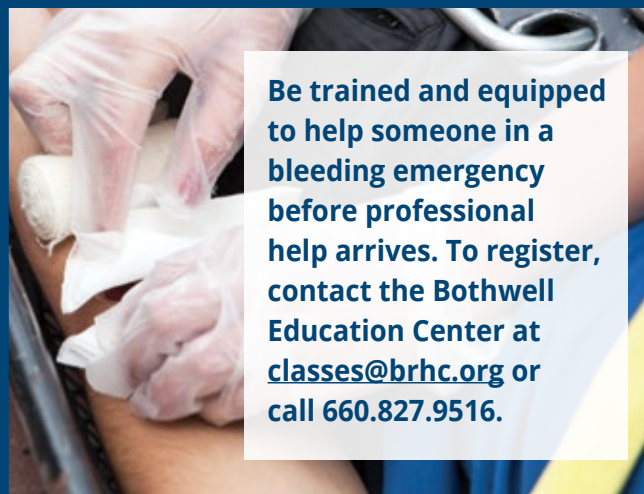
For: Students in grade 6 through 8

Location: Bothwell Education Center
600 E. 14th St., Sedalia

To register, contact the Bothwell Education Center
at classes@brhc.org or call 660.827.9516.



APRIL 19 • 8 AM – NOON • FREE
BOTHWELL EDUCATION CENTER
600 E. 14TH ST.



Be trained and equipped
to help someone in a
bleeding emergency
before professional
help arrives. To register,
contact the Bothwell
Education Center at
classes@brhc.org or
call 660.827.9516.

WORKPLACE SAFETY

Situational Analysis

Situational awareness is an on-the-job safety skill that is critical for hazard identification, effective decision making and accident prevention.

When you practice situational awareness at work, you should remain alert and aware of things such as:

- What potential hazards are nearby?
- What are the safe procedures for the tasks you are completing?
- What changes are happening that might affect your actions?
- What is going on all around you?

Situational awareness involves observation, comprehension and anticipation.

- You **observe** what is happening around you and take in all the aspects of the environment.
- You **comprehend** the situation you are experiencing.
- You **anticipate** what is likely to occur next based on what you understand to be happening.

There are many factors that will reduce situational awareness that workers must be aware of and make an effort to avoid, including:

- Rushing through a task
- Mental or physical fatigue
- Complacency
- Poor communication
- Distractions
- Daydreaming, loss of focus
- Stress

Use the **SLAM method** to be helpful in increasing situational awareness.

- **Stop** – Think before you act. Consider the task and make sure you understand what needs to be done.
- **Look** – Carefully observe the work area to find potential hazards.
- **Assess** – Evaluate the hazards and make sure you have the proper tools, training and PPE to be safe.
- **Manage** – Make changes, ask questions and take the actions you need to continue to work safely.



BOTHWELL IN THE COMMUNITY

Open Door Game Night Challenge

The Wellness Warriors team of Lori Wightman and Darren Grove, Lucas and Kara Sheeley and Jessica Moon and Danielle Stewart, reigned supreme at the Open Door's "Minute to Win it" game night challenge on Feb. 24.

The team won the competition and learned a lot about teamwork!

HUMAN RESOURCES NEWS

Missouri Valley College – Valley Visit Day

Stop by and visit with a Missouri Valley College admissions representative from **11:30 am – 1 pm March 5** outside the Café. Learn about the many degree programs available and discuss the opportunity to further your education with special Bothwell discounts.



VALLEY VISIT DAY

March 5, 2024
11:30am - 1:00pm
Outside the Café

Come visit with a Missouri Valley College admissions representative to discuss furthering your education. Ask about special BRHC discounts.



TUITION & FEES 2024 - 2025	
Full - Time (12-18 Credits)	
Tuition:.....	\$22,000
Room & Board:.....	\$11,300
Fees:.....	\$1,700
Total for on-campus.....	\$35,000

Over 90% of MVC students receive institutional aid.

BACHELOR DEGREES

<ul style="list-style-type: none"> Accounting ●● Agribusiness ● Art ● <ul style="list-style-type: none"> • Studio Arts • Visual Arts • Graphic Design Art Education K-12 Biology ● <ul style="list-style-type: none"> • General • Conservation • Pre-medical / Pre-veterinary Biology Education 9-12 Business Administration ● Communication Studies ● Computer Information Systems Computer Science Criminal Justice ●● <ul style="list-style-type: none"> • Corrections/Probation & Parole • Juvenile Justice • Law Enforcement Dance ● Early Childhood Education Birth-3 Economics ●● Educational Studies Elementary Education 1-6 ● English ● <ul style="list-style-type: none"> • Writing Studies • Literary Studies Exercise Science ● Finance ● History ● 	<ul style="list-style-type: none"> Interdisciplinary Studies ● Management ● <ul style="list-style-type: none"> • Entrepreneurship • Sports Management Marketing ●● Mass Communications ● <ul style="list-style-type: none"> • Broadcast • Journalism Mathematics ● Middle School Education <ul style="list-style-type: none"> • Agricultural Education • Mathematics • Science • Language Arts • Social Science Mild/Moderate Cross Categorical Special Education K-12 Nonprofit Management ● <ul style="list-style-type: none"> • Human Services • Recreation Administration Nursing BSN <ul style="list-style-type: none"> • LPN to BSN ● • MSN-FNP ● Physical Education Psychology ●● Social Studies Education 9-12 Sociology ● Speech/Theatre Education 9-12 Theatre
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● Denotes minor offered in same area.
● Denotes online program in the same area.

MINORS

- Agronomy
- Animal Science
- Business
- Chemistry
- Ethics and Society
- Forensic Science
- Performing Arts
- Political Science
- Sociology
- TESOL

GRADUATE DEGREES

- Community Counseling
- Educational Administration ●
- Masters of Nursing ●

ASSOCIATE DEGREES

- Early Childhood Studies
- Liberal Arts ●
- Small Business Management ●

EDUCATION CERTIFICATIONS

- Early Childhood Special Education PK-3
- English 9-12
- Health K-12
- Mathematics 9-12

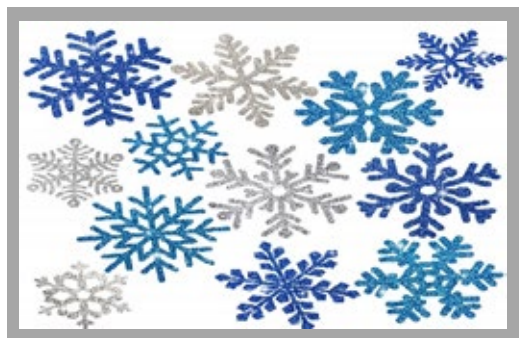


Apply today at
go.moval.edu or
by scanning the
QR code.

BOTHWELLNESS QUARTERLY HEALTH CHALLENGES



January through March Challenge: **Emotional Wellness**



Shorter days, cold weather, and stress from the holidays can be challenging, leading to increased stress, sadness, and even depression. Emotional wellness is the ability to control stress and openly express emotions. This quarter let's raise each other up emotionally, and also commit to making time for ourselves!

Participants will be entered into a drawing for prizes at the end of each quarter.

- Using the snowflake provided in this Billboard, say something nice and uplifting about another BRHC employee
- Show compassion for yourself by scheduling time for relaxing, meditation, yoga, or socializing with friends

Want to participate in this challenge?

It's super easy!

1. Submit snowflake recipient's name or description of how you uplifted yourself to bothwellness@brhc.org by March 31.
2. You'll be automatically entered in a prize drawing!

GET WELL. STAY WELL. BOTHWELL.

FROM THE BOTHWELL{NESS} COMMITTEE

Snowflake Wellness Challenge

To be entered in the quarterly prize drawing for participating in this challenge:

- Completed, cut out snowflakes may be turned in to the Human Resources office to be posted for sharing the positivity. Write your name on the back to receive credit for participation. Snowflakes will be distributed to the recipient at a later date.
- If you prefer to keep your snowflake personal and give it to the recipient yourself, email bothwellness@brhc.org with your recipient's name.



STRETCHING YOUR HEALTH CARE DOLLARS

Want ways to save money on drug and/or Medicare costs?
Join us for this seminar to learn about state, federal
and manufacturer programs that can help.



Who should attend? Those receiving Medicare
and/or caring for someone who receives benefits.

Thursday, March 7

11:30 am – 1 pm

Bothwell Education Center

Auditorium

600 E. 14th St., Sedalia

Box lunch provided

*Presented by Missouri SHIP –
State Health Insurance Assistance Program*

To RSVP or for more information,
contact Lauren Thiel-Payne at
lthiel@brhc.org or 660.829.7786

**FREE
EVENT!**

**FREE
LUNCH!**


Bothwell
Foundation

*This event is sponsored by Bothwell Foundation's
Community Relations Committee.*

Scan the
QR code to
learn more ►



FOUNDATION NEWS

Memorials and Donations

In memory of Dorothy O'Rourke

David and Rhoda Moore
Andrew and Mary Treuner
Pamela Barb
Bothwell Regional Health
Center Auxiliary
Kathy and Paul Beykirch

In memory of Robert May

Justin and Michelle May
Robert and Phyllis May
Michael Beecher
Kenneth and Janet Drenon
Cole and Alexandra Simoncic
Stanley and Terry Bohon
Kevin Bredhoeft Construction

SAVE THE DATES!

**MOST
SUPER
EPIC
WEEK EVER
APRIL 8-13**



The poster features a man in a grey hoodie and a blue baseball cap with a red logo, holding a microphone. He is standing in front of a stadium with a large scoreboard displaying 'LUB+DUB' and '5K/10K WALK/RUN'. The Bothwell Foundation logo is in the top left corner. The text on the poster includes:

Bothwell Foundation

APRIL 27, 2024

REGISTRATION NOW OPEN

All proceeds benefit the Camye Callis Gaspard Memorial Heart Fund

LUB+DUB 04.27.24

5K/10K WALK/RUN

BOTHWELL FOUNDATION

KEEP MOVING

In Memory of Rick Schlesselman 1964-2023

\$5 OFF FOR EMPLOYEES WHO REGISTER BY FEB. 29 WITH CODE BRHC2024.



GET PAID TO LEARN AND BE A CNA!

Want to be a Certified Nurse Assistant?

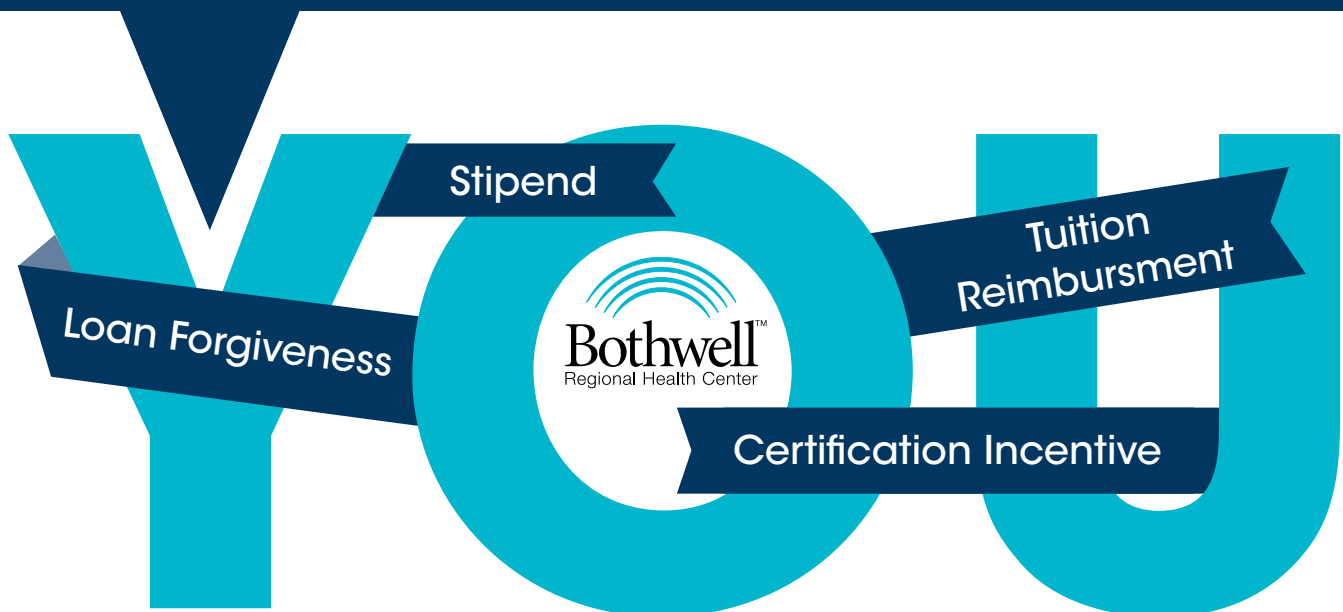
- Paid on-the-job training
- Classroom work from the comfort of your home
- Hands-on training
- Full- and part-time positions available

Next class starts March 18!

To apply or learn more information about classes, contact Becky Eldenburg reldenburg@brhc.org



KNOW YOUR EDUCATIONAL BENEFITS



Contact Human Resources to learn more!

MARCH BIRTHDAYS



Angelica Ulmer 1	Sonjia Sapp..... 12	Randy Durian 23
Haley Schuber 1	Pattie Fitzpatrick 12	Jennifer Evert 23
Lucy Baer 2	Daniel Cowgill..... 12	Karolina Kondratyuk 23
Susan Lamb 3	Christina Watring..... 14	Cesley Paredes 23
Sydney Lindgren 3	Jackie Webb 14	Camron Hooper..... 23
Amy Parker..... 3	Mike Parrish 14	Faith Smith 24
Jennie Zolecki 4	Kayla Thornton..... 16	Colin Farrell 24
Lynda Beasley..... 6	Katherine Wooden 16	Sydney Nichols..... 24
Reagan Hockett 6	Theresa Acklin 17	Beth Beesley 25
Josefina Theisen 6	Brenda Sprinkle..... 18	Marlayne Clark-Stanger..... 26
Katie McLees..... 6	Amber Brodersen 18	Erin Hawkins..... 26
Christie Harrell..... 7	Denise Goins..... 19	Kellie Iiams 27
Mike Snow..... 8	Dr. Assad Shaffiey 19	Will Gravitt 27
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