

SEPTEMBER 2023

BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



GALVANIZING THE TROOPS

Letter from Lori



Deidre and I along with MHA President and CEO Jon Doolittle in front of the U.S. Capitol

Board Chair Deidre Esquivel and I spent a whirlwind two days traveling to Washington, DC on Sept. 19 and 20 for the Missouri Hospital Association's (MHA) annual rural advocacy trip. The time is an opportunity for rural hospital senior leaders and board members to meet with our federally elected senators and representatives.

The goals of the trip are to develop relationships with our elected congressmen and their legislative aides, educate them on issues and challenges facing rural health care and be part of a support group with other people who understand and experience these challenges firsthand. (It's not quite "misery loves company," but it's close.)

This is the third year we have been invited to participate in the trip, and it featured the largest state contingency ever. In a typical year about 35 people attend, yet this year more than 60 attended. Why the increased interest? Because time is of the essence. All rural hospitals in the state are facing the same challenges: costs are up, payments are down and Congress wants to cut more from us.

Consumers, payers and policymakers often criticize hospitals for the cost of care.

[READ MORE ON NEXT PAGE ►](#)



SEE WHAT'S INSIDE!

FLU VACCINE TIME

**CULTURE OF SAFETY SURVEY
OPENS SOON**

EXPANDING UROLOGY CARE

STERILE PROCESSING OPEN HOUSE OCT. 12

BLUE JEANS FOR BOTHWELL OCT. 25

GALVANIZING THE TROOPS

Letter from Lori

From information provided to attendees by MHA, “attempts to reign in health care costs come in the form of incremental reductions in hospital reimbursement, pressures from commercial insurers, skepticism of hospitals’ tax-exempt status and attacks on the 340B program.”

It’s not just one of these threats that is a concern to rural health care leaders but each of them. We took these issues with us as we met with Sen. Josh Hawley, Sen. Eric Schmitt and Congressman Mark Alford and shared our personal stories with them.

What challenges do rural Americans face? They’re older, sicker, poorer and more vulnerable than people in suburban areas where there are more commercial insurance payers. In turn, government payers are the majority in most rural communities who pay below the cost of care. At Bothwell, that percentage is over 75%; in suburban areas, those numbers are reversed. To preserve access to care in rural areas, we need to be paid better and that is the message we need to keep sharing with our legislators and others who can help us so we can continue caring for our communities.

After our trip, I asked Deidre a few questions about her experience advocating at the national level for Bothwell and other rural hospitals.

What was your goal for the trip?

“The opportunity to network with other Missouri hospitals provided valuable insight to me as a board member. My goal for the trip was to hear what challenges other rural hospitals are facing, alert our legislators to those challenges, and ask for assistance from the federal government. We have one common goal ... to work together to provide exceptional health and wellness services to our communities.”

What was your biggest takeaway?

Nearly all of the rural hospitals represented are experiencing the same obstacles as Bothwell. “Changes in health care delivery, the high cost of prescription drugs, staffing shortages, and cumbersome and complicated federal and state regulations all require flexibility, additional resources and new strategies for hospitals to meet the needs of their communities.”

What’s next?

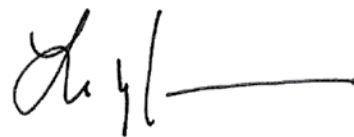
“It is important to protect and support rural health facilities to ensure their sustainability. We will continue to work with legislators on a federal and state level to advocate for Bothwell.”

How can the rest of us help?

“Bothwell Regional Health Center provides care close to home and serves as an economic anchor in our community. By continuing to support Bothwell, we can all help contribute to the overall health and wellbeing of the regions we serve.”

If you would like to know about advocating for rural health care to your legislators, please come see me. It will take all of us beating the drum.

Stay well. Be well.



HAVE INSURANCE QUESTIONS? WE CAN HELP

Human Resources staff is available to help employees with questions or issues with health care bills and the new insurance plan. Please call ext. 9540 or stop by the office located on the hospital’s ground floor to get help.

FLU VACCINES

Important Dates and Information

Per CMS guidelines, the flu vaccine will be available beginning Oct. 2, and employees are **required** to either receive the vaccine or request an exemption if you do not already have one. There are several options for getting your flu shot this year:

From Employee Health

- Visit Employee Health Nurse Rita Mergen, LPN, in her office on the hospital's ground floor from **6:30 am to 1:30 pm Mondays (through December) and from 6:30 am to 3 pm Tuesday through Friday.**
- Rita also plans to visit hospital floors and departments. Email her at rmergen@brhc.org to coordinate a time.

In the Employee Pharmacy

- Visit the Employee Pharmacy on the hospital's ground floor from **7:30 to 11 am and 11:30 am to 3:30 pm Monday through Friday.**

Bothwell Clinics

- Clinic staff will have their vaccinations delivered and administered by clinic staff.

From Your Provider

- If you elect to see your physician or practitioner for vaccination, provide proof to your director or Employee Health by Dec. 31.

Any employee covered by this policy who fails to comply with the vaccination requirement by Dec. 31, will be suspended without pay for one week, during which they may comply and return to work. If an employee remains non-compliant at the end of the suspension period, it will be presumed the employee is resigning their employment.

Medical staff and other credentialed professionals who fail to comply with this policy may have their privileges administratively suspended until they provide proof of compliance or until the end of the influenza (October through March).

Find the full Annual Influenza Vaccine policy on the IntraWeb>Policies>Infection Control.

Flu vaccine is required to be received no later than Dec. 31.

Deadline to complete exemption form with Human Resources is Nov. 15 if not already on file.

CULTURE OF SAFETY SURVEY

Your Input is Important

Take the Culture of Safety Survey to help us understand our top patient safety priorities, what processes need to be improved and whether new programs are working. The survey is confidential, can be completed anonymously and takes less than 15 minutes.

On top of fun prizes, Human Resources will distribute ice cream treats to all employees if there is 75% participation in the survey. If 95% participate, everyone will receive a BBQ meal!

Watch your Bothwell email for the survey links, and turn in the survey confirmation page by 4:30 pm Oct. 13 to Human Resources or email lwatterson@brhc.org.

PROVIDING A SAFE ENVIRONMENT

K9 Ringo and K9 Handler Joins Security Team



K9 Officer Ringo and handler Mike Van Deusen began patrolling the hospital in September.

About Ringo

May 2021 – Born in Jessen, Germany

March 2023 – Purchased by and trained at Von Der Haus Gill Police K9 Academy in Wapakoneta, Ohio

August 2023 – Met his handler, Mike Van Deusen and spent four weeks training together

September 2023 – Certified by the National Association of Professional Canine Handlers as a certified security and explosive detection team

September 2023 - Reported for duty to Bothwell Regional Health Center

About Mike

Mike Van Deusen, a former member of Security Forces in the United States Air Force, has extensive K9 handling experience. He attended the Department of Defense Military Working Dogs Handler Course and Military Working Dogs Trainers Course. Van Deusen was assigned as the trainer for his base's military working dog teams, and he was promoted to Kennel Master, where he managed his assigned base's military working dogs program.

Do's and Don'ts

Though Ringo is friendly and loves people, it is important he is allowed to focus on his job, which is to protect and serve patients, visitors and staff at Bothwell Regional Health Center. Educate yourself on what to do and not do around him.

Do

- Act normal and work as you usually would
- Respect the team's space, giving them room to work
- Employees should treat the K9 Security team as you would any other coworker

Don't

- Do not feed Ringo anything
- Do not pet or attempt to hug or hold him
- Avoid making sudden movements near Ringo
- Avoid any outbursts near him

Why a K9 Officer?

In 2022, nearly 14,000 calls were made to the Bothwell Security team that included 274 combative patients, 30 employees assaulted and physical force used 49 times. Law enforcement was called for assistance an average of 2.5 times per month.

In response to these incidents of violence, the Bothwell Foundation launched a campaign to raise \$52,000 to add a K9 officer to the Security team. The foundation's Special Prospects and Annual Support committees both garnered support from donors, and the Bothwell Auxiliary added a generous donation. In late 2022, the campaign goal was met; the foundation continues to accept donations for additional expenses and ongoing costs.

With Ringo and Mike on the Bothwell team, we expect to see an increased sense of safety in our facilities and a significant decrease in aggressive behavior and incidents of violence over time.

Welcome to the team, Ringo and Mike!

Audio and Video Remote Interpreting Services



Bothwell Regional Health Center is proud to partner with Propio Language Services for all translation and interpretation needs.



Studies show the use of professional interpreting services improves patient outcomes, decreases 30-day readmissions and shortens length of stay in hospitals. Effective communication is key to providing and receiving exceptional health care. Bothwell and Propio both believe everyone deserves a voice and, together, we can make it happen.

Propio Language Services offers three convenient ways to receive interpreting assistance. Get connected with an interpreter via phone call, Propio ONE app or website. To help prepare you for your interpreting session, instructions are listed below.



Phone

- Call 660.262.4959
- Provide your first and last name
- Provide your location
- Enter client ID: 19629
- If you have trouble connecting to the line, call the back-up service line at 1.866.386.1284



Propio ONE App or Web

- Download the Propio ONE app on your mobile device OR go to one.propio-ls.com
- Enter user code: 0P9cwh
- Choose audio or video
- Provide your first and last name
- Provide location



BOTHWELL IN THE COMMUNITY Supporting the Cole Camp Fair

Cole Camp and Lincoln clinics staff and their family members participated in the parade at the Cole Camp Fair on Sept. 7. Shoutout to these team members for representing Bothwell in the community!

EDITOR'S NOTE

Tammy Lynde-Egbert's name in the list of Missouri State Fair volunteers in the August issue should have been Tammy Lynde-Adermann.



PERSONNEL NEWS

Welcome Alissa Karnes

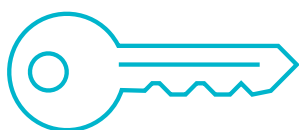


Karnes is the new clinic director over Azan Clinic, Internal Medicine Specialists, Pulmonary Specialists and Urology Services.

Before coming to Bothwell, she worked at Compass Health Network since 2000 and was most recently the Senior Director of Regional Support Services where she provided oversight and senior management for administrative support services at 42 office locations.

"I have worked in health care all my life, albeit a different track," she said. "My professional focus has always been behavioral health. I am truly excited to begin this new chapter of my career and thrilled to be working with such wonderful people who obviously care deeply about serving this community. I am so happy to be a part of this team!"

Karnes and her husband, Neal, have been married 24 years and live in Warrensburg. They have two grown sons and three fur babies. She is originally from Louisiana, loves to cook and enjoys making jewelry in her spare time.



KEY AWARDS

Dietary Line and
Register Personnel
Carrie Brown
Ellen Stevens
Stacy Riley
Terrance Cline

Lucy Hughes
Savanna Bouldin
Sonjia Sapp
Sara McLemore
Robert Wideman
Natalie Paxson

Bobbie Dorr
Kylie Musgrave
Sondra Barber
Amanda Westhues
Stephanie Roberts
Michelle Powers

Rebecca Leiter
Donna Cline
Cynthia Gale

PERSONNEL NEWS

Nurse Practitioner Joins Cole Camp and Lincoln Clinics



Samantha Kelly, a board-certified Family Nurse Practitioner, has joined Cole Camp and Lincoln clinics.

Samantha has been a critical care nurse for four years and received a master's degree in Family Nurse Practitioner from Maryville University in St. Louis, Missouri. She earned a bachelor's degree in Nursing from Missouri Valley College in Marshall. She has experience working with trauma and emergency interventions and seriously ill patients at MU Health Care, as well as three years as a nurse at Bothwell.

As a third-generation nurse, she is excited by the opportunity to be a source of trust and comfort for patients when they are sick or just in need.

"I decided to go back to school and become a nurse practitioner because I knew I wanted to help people on a different level," she said. "I am very passionate about health care and my community, so I am blessed to be able to stay close to home and join both clinics as a provider."

Samantha lives in Cole Camp with her husband, Noah, and their cat and three dogs. In the fall and spring, you can always find them fishing on the weekends. They also enjoy spending time with family and friends, traveling, going to concerts and being on the lake. In her free time, she stays active by teaching softball pitching lessons and playing on an adult volleyball team.

PERSONNEL NEWS

Nurse Practitioner Joins Clinics Off Broadway



Stacey Dobbs, a board-certified Family Nurse Practitioner, has joined Bothwell Clinics Off Broadway, which includes Walk In Off Broadway and Eldenburg Family Practice.

Dobbs has been a nurse for over 20 years and received a master's and bachelor's degree in Nursing from Saint Louis University. Her experience includes working in hospital emergency departments, occupational and sports medicine, and surgical units. She also was a Nurse Practitioner at Bothwell Truman Lake in Warsaw for four years providing family medicine care.

After gaining experience in a large health care organization's urgent care, Dobbs decided to return to Bothwell because she missed working in a community close to home and building relationships with her patients.

"Although each of my previous jobs pushed me outside of my comfort zone and gave me the opportunity for personal and professional growth, I returned to Bothwell because they have been the best facility I have worked for," Dobbs said. "They have both aspects of a larger organization but maintain the closeness of a smaller facility."

Dobbs will work with Dr. Steven Eldenburg and Nurse Practitioner Jennifer Buckingham to care for patients of all ages for their urgent health care needs at Walk In Off Broadway and see patients by appointment at Bothwell Eldenburg Family Practice.

Walk In Off Broadway is located at 700 S. Hancock and hours are 7 am to 6 pm Monday through Friday.

To make an appointment with Dobbs at Bothwell Eldenburg Family Practice, call the clinic at 660.827.7998.

SPECIALTY CARE

Expanding Urological Services

As early as Oct. 17, we will begin a partnership with Kansas City Urology Care (KCUC) to offer additional urological services to patients in the hospital and in the clinic.

Dr. Jason Anast, Dr. Mirian Boci and a to-be-named Nurse Practitioner will join the medical team and begin caring for patients.



Jason Anast, MD, is a board-certified urologist with clinical fellowship training in robotics and laparoscopic procedures. Dr. Anast is a member of the American Urological Association and the Endourological Society and has served on numerous professional leadership positions over the course of his career. Dr. Anast has also published numerous papers and articles in his field.

He received his medical degree from Washington University School of Medicine in St. Louis and completed his general surgery and urologic surgery residencies at Barnes-Jewish Hospital / Washington University. Dr. Anast completed his robotics fellowship with Urology Associates of North Texas and was a National Institutes of Health (NIH) urology research fellow at the University of California, San Francisco. Dr. Anast has been with KCUC since 2016.



Mirian Boci, MD, received his medical degree from the University of Oklahoma College of Medicine in Oklahoma City, completed his General Surgery internship at Vanderbilt University Medical Center and is a 2013 graduate of Urological Surgery Program at Louisiana State University.

Dr. Boci is board certified and is licensed to practice in Kansas and Missouri. Dr. Boci's practice includes up-to-date medical and surgical management of genitourinary cancers, kidney stones, male and female incontinence, minimally invasive BPH procedures, sexual medicine, and Da Vinci robotic surgery, among others. He has been with KCUC since 2016.

CLINIC NEWS

Walk In Off Broadway Expands Hours

With the addition of Nurse Practitioner Stacey Dobbs to the Walk In Off Broadway medical team, hours for the clinic are now 7 am to 6 pm Monday through Friday.

ED HOSTS BIO MED STUDENTS Teaching the Next Generation

On Sept. 14, Lesley Jackson, Emergency Department manager, led a tour of the department for upper-level Smith-Cotton BioMed students and their teacher, Anna Singer. This field trip was for students in the Biomedical Innovation class who were researching for an upcoming design project. Students will be redesigning Emergency Departments to include innovations in equipment, devices, or changes in organization and floor plans.

Thank you Lesley and other ED staff for sharing your knowledge with the students!



DEPARTMENT NEWS Sterile Processing Installs Three-Bay Sink

Thanks to funds provided by the Bothwell Foundation, Sterile Processing was able to purchase and install a three-bay sink. In the past, The Joint Commission recommended an upgrade to three different sinks for appropriate cleaning practices. This industry standard provides the ability to properly follow each step to the cleaning and rinsing process.

A few features of the sink upgrade include an electronic timer, lighted hoods above each sink, a flushing system for cannulated instruments, automatic detergent dispensers, temperature monitors, reverse osmosis for the final rinse, a lighted wand for close inspections, brush holders, detergent baskets and ergonomic capabilities making it fit uniquely to each employee's needs. In addition to the new three-bay sink, Sterile Processing has also installed a new floor in the decontamination area and two new washers.



OPEN HOUSE OCT. 12

To celebrate Sterile Processing Week, which is Oct. 14–18, an open house will be held in the department from 8 am–4 pm Oct. 12 and include tours of the department, games, prizes and refreshments.

Sterile Processing is located on the hospital's ground floor between Environmental Services and Cardiac Rehab. All are invited to stop by!

EDUCATION DEPARTMENT NEWS

Med Sled Class

Don't miss the last Med Sled class of the year on Oct. 17. Med Sled training is offered to ancillary staff within the hospital required to help evacuate patients in the case of an emergency. It is offered multiple times throughout the day with a duration of one hour. If you plan to attend, register through HealthStream.

AWARDS AND RECOGNITION

SAFE Kit Community Partnership Award

Bothwell received the Phase III SAFE Kit Initiative Community Partnership Award from the Attorney General of Missouri for the team's vital assistance in completing the inventory of sexual assault kits with the state's SAFE Kit Initiative. The assistance Bothwell provided helped improve the state's capacity to investigate more sexual assault cases and work to obtain justice for victims of sexual assault.

EMPLOYEE ENGAGEMENT NEWS

Holiday Sharing Project

The Employee Engagement committee will host the Holiday Sharing Project again this year, and applications for need are due by Oct. 16.

This project was created to help Bothwell employees who find themselves in need of assistance during the holiday season. Requests for help might be food items, new or used clothing, a gift to make Christmas morning special for a little one, a gas card to help make it to doctors' appointments or other important necessities.

A display of various gift tags that contain the needed items will be placed on the Christmas tree in the Café. Employees will be able to select a gift tag(s) and purchase the item(s). Each department will collect their items and bring them to a centralized location closer to Christmas.

Arrangements for a confidential pick-up or delivery will be made with each adopted employee.

In the past couple of years, nine families have received help through the Holiday Sharing Project from fellow Bothwell employees. If you are in need of help, or you know of a coworker in need, please contact Linda Watterson in the Human Resources office at ext. 8876 or 829-8876 by Oct. 16. All names and details will be kept completely confidential.

We are excited to offer this again and look forward to warming more hearts as the year comes to an end.

TRUNK OR TREAT
SAVE THE DATE!
OCT. 27 | 5:30-7 PM

For employees and their families; location TBA

Sponsored by the Employee Engagement committee



BOTHWELLNESS QUARTERLY HEALTH CHALLENGES



October through December Challenge: **FINISH STRONG**



We're approaching what some say is the busiest time of the year – the kids are in school again and the holidays are bearing down. What better time to take time for yourself and make sure you're in good health physically and mentally. This quarter participate in these challenges that are part of the BRHC Wellness Plan.

- If you haven't already, schedule your annual wellness exam by calling Bothwell Employee Wellness Clinic at 660.827.7979. Be sure to send the name of your provider and the month in which you received your exam to bothwellness@brhc.org.
- Submit self-care and stress management tips that work for you when the to-do list is long, and demands are many to bothwellness@brhc.org. Suggestions may be shared in an issue of the Billboard.

Want to participate in this challenge?
It's super easy!

1. Send an email to bothwellness@brhc.org by Dec. 29.
2. Provide information that you completed one or both of the above challenges. (We are using the honor system.)
3. You'll be automatically entered in a prize drawing!

GET WELL. STAY WELL. BOTHWELL.

YOU KNOCKED OUR SOCKS OFF

Congratulations Desiree, Liz and Bart

The connections formed between a patient and their nurses can make an extraordinary impact and the care provided by Desiree Denton, RN in Same Day Surgery; Liz Hackett, RN/Charge Nurse in Same Day Surgery/PACU; and Bart Kuhns, CRNA, is a testament to that.

Recently, David Dick reluctantly brought his elderly father to Same Day Surgery for an outpatient procedure, knowing his father would make it a challenge. Upon arrival, his father had already refused to completely sign consents and other required documents.

They proceeded to Same Day Surgery where one of Mr. Dick's nurses asked to take him in a wheelchair to get weighed. Before David could warn them of his father's discontent, the nurse winked at him, so he played along.

Before long, Mr. Dick and his nurse returned, laughing and joking, with signed documents in hand much to the surprise of David.

Then, Bart Kuhns came in to discuss the anesthesia plan and immediately had a connection as he grew up next door to the family. Kuhns looked over the anesthesia plan and since he knew the patient's history, he switched to a more tolerable anesthesia type that would allow Mr. Dick to awaken quicker.

"What I originally thought would be an ordeal, turned out better than I could have imagined," David Dick said. "I am so grateful for the talented and caring people who took care of my father."

Liz and Desiree, thank you for your "patient whisperer" abilities. Bart, thank you for your willingness to customize the plan to meet Mr. Dick's needs. You all have knocked our socks off!



From left, Liz Hackett, Desiree Denton, Bart Kuhns, and David Dick

POSTSCRIPT

We are sad to share that shortly after his visit to the hospital for surgery, Mr. Donald Dick died peacefully at his home on Aug. 26. His son David said, "The week after my dad had the surgery was exceptional, and he was feeling good. All the care the staff gave him was extremely excellent."

PATIENT EXPERIENCE

Kudos and Compliments

Inpatient – “I had very good nurses during my stay, so don’t lose them. Michele, Sydney, Jordana, Seese, Olga and others were very nice and good RN, CNAs, etc. They all worked as a team.”

Outpatient Services – “I asked for a copy of lab test results and nursing staff cheerfully provided them in confidential manner. VERY PROFESSIONAL!”

Emergency Department – “I have nothing but positive things to say about this ER visit. Your people were ALL amazing and thoughtful in every aspect of my care. So thankful for them.”

Women’s Health and Newborn Care – “Jana was my nurse and she was so nice! I felt extremely comfortable with her! Brittany Freeman was my Nurse Practitioner and she was also AMAZING. These appointments are never fun but I had NO worries with these two!!”

Outpatient Services – “Dillon and Rob were two of the nicest young men I have ever met. Rob explained the process in very good detail, even while the imaging was getting ready to start. Dillon helped with snacks, walked me to the stress room and talked with me the whole way there. They made the whole process a lot less anxious for me and I want them to know I really appreciate that! It meant a lot!!”

Ambulatory Surgery – “My outpatient surgical procedure was stellar from the time I entered the facility until the time I was dismissed. My outcome has been very favorable as well.”

Truman Lake Clinic – “My doctor is the very best doctor I have ever had. She takes the time to explain everything to me. She goes over and above to make sure I get and stay healthy.”

Family Medicine Associates – “I am very impressed with my doctor. Dr. Norfleet is always listening and she gives great advice. I know I trust her decision on my care and I highly recommend her. Great staff from the moment I walked in to the time I checked out.”

Positive reviews, comments and messages create powerful pictures of the Bothwell experience. The following feedback was recently received either as a Google or Facebook review, Facebook public comment or direct message or from a patient satisfaction survey. Messages have been lightly edited for spelling and grammar.

Online reviews help others feel good about choosing Bothwell. Every positive interaction with a patient is an opportunity to invite them to share their experience with others.

How to write a positive review on Google

The hospital and all the clinics each have a Google Business Profile page. Search Bothwell Regional Health Center or the clinic name and when the page comes up on the right, scroll down and select “write a review.”

How to write a positive review on Facebook

Go to the Bothwell Regional Health Center page at facebook.com/bothwellregional, select “Reviews” in the menu bar and answer yes to the question, “Do you recommend Bothwell Regional Health Center?” and then write your review.

DAISY AWARD RECOGNITION Congratulations Donna Cline

Donna Cline recently received the DAISY Award for helping a fellow nurse through a stressful surgery.

Cline has been a Registered Nurse (RN) for 34 years and currently works in Same Day Surgery at Bothwell. She was nominated by Margaret Benson, RN on 2 Southwest.

"I recently had a major surgery at the hospital," Benson said.

"I knew the nurses and staff in Same Day Surgery were great, and I had complete trust and faith in my doctor. However, when the time came for me to say goodbye to my husband, I realized there was no turning back and fear set in. Donna was my nurse that morning. We had never met in person, but we do know each other professionally. I have frequently given Donna reports over the phone when my medical patients go to surgery. She could tell I was scared and nervous but was patient and kind to me. The conversation helped keep my mind from focusing on my fears."

After working at Bothwell for 30 years, Cline was humbled to receive the DAISY Award and was shocked during the award presentation.

"The DAISY Award means the world to me," Cline said. "It literally took my breath away when I was announced as the recipient. I love my job because, for the most part, I have just one patient at a time to whom I can provide comfort and compassion in hopes of easing their mind."

Congratulations, Donna!



An international award, the DAISY is awarded in more than 6,000 health care facilities and schools of nursing around the world, including 39 countries and territories. Bothwell Regional Health Center began recognizing its nurses with the DAISY Award in 2018.

- Jessica Wheeler
- Shari Thomasson
- Shasta Nardi
- Courtney Rumans
- Sarah Plante
- Connie Roll
- Ronda McMullin
- Sarah Fredrickson
- Sherri Egbert
- Leslie Shapley
- Seth Stotts
- Stacey Nassar
- Helen Fisher

To learn more or to submit a nomination, visit brhc.org/daisy.



Laura Weisensburger, Perioperative Services director, gives Donna Cline a congratulatory hug after her DAISY Award presentation.

DEPARTMENT SPOTLIGHT

Rehab Services

Let's get to know each other better! Department Spotlight highlights a department each month, what they do and who they support. Next up is Rehab Services led by Mike Trammell, PT, Rehab director, and Christel Harms, In-Patient Rehab supervisor.



Back row, from left: Rod Perez, physical therapist; Tanner Fuemmeler, physical therapist assistant; Lori Garrett, occupational therapist; Mary Mittenburg, speech-language pathologist.

Front row, from left: Joseph Velando, physical therapist; Sarah Knott, physical therapist assistant; Kaylei Gooch, certified occupational therapist assistant; Christel Harms, speech-language pathologist.

Not pictured: Brittney Lindstrom, certified occupational therapist assistant; Audrey Rush, occupational therapist; Courtney Minor, PRN physical therapist assistant; Nicole Boeschen and Natalie Leitzel, PRN certified occupational therapist assistants; Millie Cavanagh and Skyler Borman, PRN speech-language pathologists.

Department Team Members

Our department is divided into three individual disciplines: Occupational Therapy, Physical Therapy and Speech-Language Pathology.

Occupational Therapy consists of two full-time occupational therapists, Lori Garrett and Audrey Rush; two full-time certified occupational therapists, Brittney Lindstrom and Kaylei Gooch; and two PRN certified occupational therapist assistants, Nicole Boeschen and Natalie Leitzel.

Physical Therapy consists of two full-time physical therapists, Joe Velando and Rod Perez; two full-time physical therapist assistants, Tanner Fuemmeler and Sarah Knott, as well as a PRN physical therapy assistant, Courtney Minor.

Speech-Language Pathology consists of two full-time speech-language pathologist, Christel Harms and Mary Mittenburg, as well as two PRN speech-language pathologist's, Millie Cavanagh and Skyler Borman.

What does this department do?

The goal of Rehab Services is to make patients as functional as possible following a change in their health that impacts their mobility, daily living activities or communication abilities. This is accomplished through intra- and inter-disciplinary teamwork at Bothwell.

Physical therapy is essential in the recovery, management, discharge planning and rehabilitation of patients in the acute care setting. Our physical therapists assess a patient's ability to transfer, mobilize, and ambulate and provide exercises and techniques to help with these areas. They provide interventions to improve patient outcomes and decrease hospital stays and specialize in evaluating the mobility needs of patients, including recommending equipment and providing patient/family education.

Occupational therapy in the acute care setting assists patients in regaining valuable skills used to complete everyday tasks with the focus on functional tasks including self-care, cognition, vision and functional mobility. They provide exercises and adaptations to improve functional independence in everyday living tasks. They work closely with other disciplines and advocate for the patient upon discharge to the safest, most independent setting. Prior to being discharged, our OT team provides education to the family and patients.

Speech-language pathology in the acute care setting addresses oral motor, swallowing, voice, cognitive linguistic and language deficits. SLPs provide evaluation and treatment of swallowing disorders, which may include conducting and interpreting a videofluoroscopic exam (MBS). They provide intervention for speech and language disorders resulting from strokes, head injury, respiratory issues, head and neck cancer, and other medical complications. Speech-language pathologists collaborate with many professionals within the hospital system, including physicians, nurses, other rehabilitation providers, dietitians, social workers and case managers.

How would you describe your team?

The Rehab Services team is passionate about helping patients improve and succeed. They are often problem solvers, creating solutions for patients to be as independent as possible in their environment.

What other departments does this department support?

Rehab Services interacts with multiple disciplines throughout the day. Patient status and recommendations are shared with physicians, nursing staff, case management/social work, respiratory therapy, patients and their family on a daily basis. Rehab teams help educate staff during skills lab days and upon new hires in BTT transfer techniques, lift usage, gait belt usage, dysphagia screenings and dysphagia management/tray setup. PT and OT also participate in patient education and training of pre-op joint patients.

What is one thing other people at Bothwell may not know about this department?

Rehab Services is more than mobility or getting someone out of bed. The department consists of three disciplines working together to help the patient be as independent as they can be in their daily activities, functional mobility, communication and swallowing needs.

DIRECTORS

Interested in having your department featured in this spot? Send an email to Dana Kelchner in Marketing and Communications at dkelchner@brhc.org for details.

SEPTEMBER EMPLOYEE OF THE MONTH

Shelby Osburn

At Bothwell, each one of us has the potential to make a profound difference in the lives of others, especially during critical moments. Each employee's dedication to ongoing training and preparation could be the key to saving a life one day.

In recognition of a selfless act and unwavering commitment to patient care, Emergency Department Care Technician Shelby Osburn is our September Employee of the Month. While working as a clerk in the ED, she exhibited courage and performed life-saving CPR on a patient who did not have a pulse. Osburn was nominated by Lindsay Willis, ED care technician.

"A man rang the outside doorbell stating his wife was unresponsive," Willis said. "Shelby quickly got up, went to the patient, recognized she had no pulse and immediately began CPR in the vehicle."

Willis said she witnessed Osburn maintain her professionalism and demonstrate no matter what position someone is in, each has the ability to act quickly and save someone's life.

"Shelby deserves more than this award," Willis said. "Her quick actions and ability to use her training efficiently helped save this person's life."

Congratulations, Shelby, on being named September Employee of the Month!



NEW EMPLOYEES

August

Danielle Anderson
*Bothwell Orthopedics
and Sports Medicine*

Angela Cash
Emergency Department

Colleen Cline
Pathology

Delia Coffey
Admitting

Daniel Cowgill
Environmental Services

Stacey Dobbs
*Bothwell Eldenburg
Family Practice*

Bobbi Doyel
Surgery

Anna-Clara Eckhoff
PCU

Tamena Estes
Walk-In Clinic

Celeste Filis
*Patient Financial
Services*

Brenda Franklin
Housekeeping

Keyara Green
Admitting

Jackie Hansen
Walk-In Clinic

Shereese Harper
Housekeeping

Beatriz Hernandez-Arista
*Central Cardiac
Monitoring*

Nicka Khalilova
Hospitalist

Macy Labille
Dietary

Heather Lewis
*Bothwell Medical
Equipment*

Margaret Masoner
Respiratory Therapy

Natashia McMullin
*Bothwell Family
Medicine Associates*

Jamie Morris
Pathology

Cesley Paredes
Emergency Department

Audrie Pritchard
*Bothwell Family
Medicine Associates*

Jessica Roberts
Housekeeping

Katherine Rosales
Pathology

Breanna Thoennes
Dietary

Michael Van Deusen
Security

Lauren Votava
Emergency Department

Kylie Wilder-Green
Pharmacy

Alleson Wood
Dietary

WORKPLACE SAFETY

Do's and Don'ts of Sharps Safety

Help keep yourself and others safe when it comes to sharps. More than 20 pathogens have been reportedly transmitted from needlesticks. By practicing safe sharp handling, the risk of exposure from a contaminated needle can be reduced for yourself and others. Follow these tips to help keep yourself and coworkers safe.

DO

- Make sure you have all items needed before starting
- Plan safe handling and disposal of sharps before any procedure
- Activate the device's safety features
- Keep your fingers away from the tip
- Immediately dispose of contaminated needles in the sharps disposal container
- Check soiled linen for misplaced sharps before sending to wash

DON'T

- Leave the sharps on a bed or table to dispose of later
- Throw sharps in the trash
- Fill sharps container past the fill line
- Put your fingers into the sharps container

SOUTHWEST DOOR UPDATE

Limited Access Happening Soon

The southwest doors on the hospital's ground floor will soon be converted to electronic access for security reasons.

Only people with approved badge access, which includes employees and some patients seeking specific care on the ground floor will be able to use the entrance.

People will still be able to exit the hospital through the southwest doors.

MARKETING AND COMMUNICATIONS NEWS

Crisis Communications Workshop

On Sept. 27, CEO Lori Wightman, Jennifer Evert, emergency management and Dana Kelchner, marketing and communications, attended a workshop on crisis communications at the 2023 Missouri Association for Healthcare Public Relations and Marketing Forum. They heard a moving presentation about a mass shooting at Saint Francis Hospital in Tulsa, Oklahoma, on June 1, 2022 and participated in a tabletop exercise. Each workshop attendee had the opportunity to be interviewed or part of a press conference after being prepped by their tablemates.



HUMAN RESOURCES NEWS

Honoring Our Veterans

Human Resources wants to honor all Bothwell employees who serve or have served in the military. In an effort to make sure all appropriate individuals are included, please contact Linda Watterson in HR at ext. 8876 with the following information by Oct. 6:

- Employee name
- Dates of service
- Branch of military
- Military photograph
- Rank
- Current photograph (or we can use your badge photo)

There is no action needed for employees who were on the military listing last year, unless there has been an update.

HUMAN RESOURCES NEWS

Health Insurance and Professional Fees

Bothwell offers two levels of health insurance coverage for employees regularly scheduled to work 60 hours or more per pay period. One of the benefits of Bothwell's health insurance is full coverage of costs when using services provided by Bothwell facilities and providers, with the exception of co-pays at the clinics (Standard plan) and the Emergency Department (Standard and Premium plans).

While Bothwell services are fully covered, professional fees may be charged in the case that external companies are involved in your care. A professional fee refers to a fee billed by a provider for treatment, procedure(s) or testing in a medical facility.

For example, when an x-ray is taken, a radiologist charges a professional fee, which covers the actual interpretation of the exam. The radiologist sends a separate bill from the facility for the professional fee. These companies include, but are not limited to, Boyce & Bynum for lab work and Alliance Radiology for reading of imaging.

If you receive a bill related to your care at Bothwell from an external provider, remember only Bothwell facilities and providers are fully covered under the health insurance plan.

PATIENT SAFE HANDLING INITIATIVE

Member Update

The Fall Team and Patient Safe Handling Team is looking to update its members. These teams are a vital part of the hospital and clinic settings who help in reducing and preventing not only patient falls and injuries but staff members too.

Directors from all departments and clinics have been asked to recommend a team member they believe would be a good addition.

If you would like to join the team, please let your director know. Meetings occur bimonthly on the second Tuesday of the month and can be joined in person or via WebEx. The next meeting is Nov. 14.

FOUNDATION NEWS

Patient Room Remodel Special Project

The foundation is gearing up for a new project in 2024! We are raising funds to remodel patient rooms on 2 Southwest and PCU.

There are few details left to decide, and we want YOUR feedback. Play an instrumental role in the updates and help pick the finishing touches.

Check out the design board located near the 2 Southwest elevators that has options for wall mural designs, accent wall colors and side tables. Scan the QR on the poster near the board and tell us your opinions on your favorites!

The survey will close on Oct. 15.

Which is YOUR FAVORITE?



MEMORIALS AND DONATIONS

In Memory of Rick Schlesselman

Risink LLC
Susan Schlesselman
Steel Worx Solutions LLC.
Terry Harms
Septagon Construction Co.
4W Metal Building Supply Co. Inc.
Peter and Laurel Henderson
Alma and Leo Schlesselman
Larry and Jeanie Scott
Vincent and Linda Fox
Ken and Kim Weymuth
Eugene and Jonathan Beckham
Leroy and Diane Morarity
Terry and Rebecca Lynn
Gerald and Shirley Evans
Gesund 21 LLC – Dale Chapman
Rose and John Migliazzo
Robert and Robin Burdick
Brent and Kristie Schear

Perry Gorrell
Debbie Wheeler
Tracy and Joan Larimore
Joseph and Jeana Baalman
Mike and Rhonda Schlesselman
Dianne Simon and Bill Barrick
Fredrick and Jana Kennedy
John and Mary McIntosh
Bo Weaver
John and Jeana Cox
Joann Oelrichs
David and Betty Albrecht
Paul and Sandra Schlesselman
Wayne and Jennifer Unkel
David and Sara Jackson
Donna and Robert Brown
EOS Investment LLC.
Sandra Brown
Alice Braunstetter
Elizabeth Nedderman

Dean and Sue Haase
Robert and Claudia Wolf
Susan Roe
Sheila Weingart
Terri Paul
Lori Wightman
Seufert Construction
Randy and Wynne Akers
Linda Raftery

In Memory of Amanda Michelle May

Grace Linn

In Memory of Eliza Ross

Kenneth and Brenda Sprinkle

In Memory of Dennis Davis

Randy Joel Harris
Debra Foster

In Memory of Forest Allen

Marge and Bob Watson

BILLBOARD

All EPIC Club members can participate in a free dress down day or wear their favorite sports team shirt on the day of the tailgate.

The billboard features a central illustration of a pickup truck's bed. On the truck bed, there is a large, stylized sign that reads "GEAR UP FOR AN EPIC TAILGATE PARTY!". The sign is blue and white with a 3D effect. Surrounding the sign are various tailgating items: a red foam finger, a grill fork with a sausage, a spatula, and a beer bottle. Above the truck, the logos for the "Bothwell Foundation" and "epic Employee Partners Invested in Caring" are displayed. Below the truck, the event details are listed: "WEDNESDAY, OCT. 4 11 AM-1:30 PM" and "BOTHWELL HOSPITAL SOUTHWEST ENTRANCE PARKING LOT". A starburst graphic on the left contains text about EPIC Club clinic employees. A dark blue box on the right contains the RSVP deadline and contact information. At the bottom, a dark blue banner with white text encourages bringing game-day magic.

Bothwell Foundation

epic
Employee Partners Invested in Caring

GEAR UP FOR AN EPIC

TAILGATE PARTY!

This event is for EPIC Club members only.

**WEDNESDAY, OCT. 4
11 AM-1:30 PM**

BOTHWELL HOSPITAL SOUTHWEST ENTRANCE PARKING LOT

EPIC Club clinic employees will have their own tailgate party brought directly to them. Details will be provided.

RSVP BY SEPT. 27
Leisha Nakagawa | 660.829.8855 | lnakagawa@brhc.org

The EPIC Club is the employee giving arm of the Bothwell Foundation. EPIC stands for Employee Partners Invested in Caring, and the club recognizes Bothwell Regional Health Center employees who give a minimum annual gift of \$26 (\$1 per pay period) or more. To become a member, contact the Bothwell Foundation or see a member of the Employee Giving Committee.

Bring some game-day magic, team spirit and your appetites!

HAVE MEDICARE ON YOUR MIND?

Join us for this free Medicare Simplified seminar to learn more about Medicare coverage and ensure you make the most of your benefits.



Hear from a panel of experts including a Bothwell staff member and a representative from Missouri SHIP – State Health Insurance Assistance Program!

Thursday, Oct. 12

11:30 am – 1 pm

Q&A to follow

**Bothwell Health Center-
Truman Lake**

1765 Commercial St. | Warsaw

Box lunch provided

Please RSVP by Oct. 10 to lthiel@brhc.org or 660.829.7786.

**FREE
EVENT!**

**FREE
LUNCH!**

Learn more about Medicare today,
and feel empowered for your tomorrow.

Scan the QR code to learn more.




Bothwell
Foundation

This event is sponsored by Bothwell Foundation's Community Relations Committee.



Oct. 15 | 6:30 pm | Free

Pregnancy and Infant Loss Remembrance Day

Everyone in the community is welcome as we recognize and remember all babies who are no longer here. The event is a time for parents, families and friends to come together and be surrounded by peace and love.

- Remarks by Certified Nurse Midwife Tracey Arwood, Bothwell OB/GYN Associates
- Wave of Light Ceremony at 7 pm
- Refreshments

Event will be held outside, southeast of Bothwell Education Center at 600 E. 14th St., Sedalia
In the case of inclement weather, the event will be moved inside the Bothwell Education Center.

Learn more about this event at brhc.org/PILRD





GO CASUAL FOR CANCER CARE

Oct. 25

How Blue Jeans for Bothwell Works:

1. Register online at brhc.org/pinktober by Oct. 20 to be recognized on the Bothwell Foundation Facebook page.*
2. Your employees pay \$5 each to wear jeans and a cancer awareness T-shirt on **Wednesday, Oct. 25**. Proceeds will help area cancer patients.
3. Take photos of your employees who participate and share them on your social media with [#bluejeansforBothwell](https://twitter.com/bluejeansforBothwell), and we'll reshare your photos!



Order these cancer awareness T-shirts in the hospital's Gift Shop
or by calling the Volunteer office at 660.829.8855.

SUPPORT
THE BOTHWELL FOUNDATION'S
GENE LOVEALL CANCER SERVICES FUND!



Send your collected donations by Oct. 27 to:

Bothwell Foundation

Lauren Thiel-Payne
601 E. 14th St, Sedalia, MO 65301
660.829.7786 or lthiel@brhc.org

*Registration is not required and individuals not associated with a company may donate online at brhc.org/foundation-giving/donate/. Select the Gene Loveall Cancer Services Fund in the "My donations is for" drop-down menu.

FOUNDATION NEWS

Medicare Simplified Seminar

The Bothwell Foundation Community Relations committee held a Medicare Simplified seminar on Sept. 11 at the Heckart Community Center that was open to the public. The seminar consisted of a guest speaker from Missouri SHIP, State Health Insurance Assistance Program, as well as advice from Dr. David Kuhlmann.

Save the date for a second Medicare Simplified seminar in Warsaw on Oct. 12 and “What Your Mama Never Told You” seminar on Nov. 9.



FOUNDATION NEWS

Blood Drive Results

The third annual Community Blood Drive, sponsored by Central Bank, was a success! Their goal was to collect 200 units of blood and they surpassed it with 228. Thanks to everyone who participated on our behalf, the Bothwell Foundation won the first place prize of \$2,500 with 55 donors!

Thank you to each person who participated in the challenge and donated to the cause!

TOP 5 REASONS TO USE YOUR BOTHWELL EMPLOYEE PHARMACY!

- 1 SAVE MONEY
- 2 SCRIPT TRANSFER IS EASY
- 3 CONVENIENCE
- 4 IT'S FOR ALL EMPLOYEES
- 5 MORE THAN SCRIPTS

Want to learn more?

Call Pharmacist Jessica Moon at 660.827.9495 or stop by the pharmacy on the hospital's ground floor.

Hours are 7:30 am–4 pm Monday–Friday; closed for lunch 11–11:30 am

FOUNDATION NEWS

Gifting Life-Saving Devices to the Community

An AED is a small, lightweight device that allows individuals and first responders to treat sudden cardiac arrest. The machine automatically analyzes the heart rhythm and when appropriate, it delivers an electrical shock to the heart to restore its normal rhythm.

Funds to purchase the devices were raised during the 2023 Wear Red for Women luncheon and auction. The committee's goal is to have AEDs in every place people work, learn, play or pray in Sedalia and Pettis County. Since the inception of the luncheon event in 2020, 72 AEDs have been placed in or committed to various locations.

The 2024 Wear Red for Women event is Feb. 23, 2024.



Sedalia-Pettis Amateur Radio Klub (SPARK)

From left: Rhonda Ahern, Wear Red for Women committee member; Lauren Thiel-Payne, Bothwell Foundation executive director; Richard Camirand, SPARK vice president; and Harry Burford, SPARK secretary.



WILS - Solutions for Independent Living in Sedalia

Front row, seated left to right: Lori Wightman, Bothwell CEO and committee co-chair; Deb Hobson, WILS executive director; Dianne Simon, Thompson Hills Investment Corporation vice president and committee co-chair

Middle row, left to right: Erica Elliott, Pettis County Health Center health educator; Brooklyn Shaffer, Pettis County Health Center RN; Kimberly Hamsher, WILS independent living case management; Samantha Jarvis, WILS independent living coordinator; Trish Henson, committee member; Robin Balke, committee member; Leslie Jones, WILS independent living case management; Dana Kelchner, committee member

Back row, left to right: Dawn Williams, Pettis County Health Center mental health coordinator; Rhonda Ahern, committee member; Shawn Bodunde, WILS independent living case management; Amy Holmes, WILS administrative assistant; Teresa Huffman, WILS resource development manager; Angelica Fisher, WILS disability support services-east assistant director; Lauren Thiel-Payne, Bothwell Foundation executive director.

Pettis County Health Center staff provided AED and CPR training to the Sedalia WILS team.



McDonald's Indoor Baseball Facility

From left: Trish Henson and Erica Petersen; committee members; Lauren Thiel-Payne, Bothwell Foundation executive director; Chuck Marshall; and Robin Balke, committee member.

FOUNDATION NEWS

Gifting Life-Saving Devices to the Community (Continued)



LifePointe Church

From left: Nikki Howell and Rhonda Ahern, committee members; Lori Wightman, Bothwell CEO and committee co-chair; Rusty Thomas, LifePointe Church pastor; Jeff Brant, LifePointe Church executive pastor; Lauren Thiel-Payne, Bothwell Foundation executive director; Susan Mergen, committee member; Dianne Simon, Thompson Hills Investment Corporation vice president and committee co-chair; Debra Andresen and Robin Balke, committee members



Hampton Inn

From left: Lauren Thiel-Payne, Bothwell Foundation executive director; Trish Henson, committee member; Victoria McGuire, Hampton Inn front desk clerk; Susan Mergen, committee member; Lori Wightman, Bothwell CEO and committee co-chair; Robin Balke, Rhonda Ahern and Lisa Irwin, committee members.



Holiday Inn

From left: Lisa Irwin, Trish Henson and Susan Mergen, committee members; Lori Wightman, Bothwell CEO and committee co-chair; Victoria McGee, Holiday Inn front desk clerk; Lauren Thiel-Payne, Bothwell Foundation executive director; Rhonda Ahern and Robin Balke, committee members.



Comfort Inn

From left: Rhonda Ahern, Trish Henson and Connie McLaughlin, committee members; Dianne Simon, Thompson Hills Investment Corporation vice president and committee co-chair; Mykel Schlotterbeck, Comfort Inn owner; Lori Wightman, Bothwell CEO and committee co-chair; Lauren Thiel-Payne, Bothwell Foundation executive director; Susan Mergen, Robin Balke and Lisa Irwin, committee members.

FOUNDATION NEWS

Gifting Life-Saving Devices to the Community (Continued)



Broadway Presbyterian Church

From left: Lucy Lemke Clark; Erica Petersen and Trish Henson, committee members; Lauren Thiel-Payne, Bothwell Foundation executive director; Joyce Taylor; Betsy Wiley; Mike Howard; Jim Taylor; Sandy Terrell; and Robin Balke, committee member.



Green Ridge Recreation Organization

Back row, from left: Susan Mergen, committee member; Cameron Netz; Jake Meyers; Chris Davenport

Middle row, from left: Trish Henson, committee member; Kari Tyler; Lauren Thiel-Payne, Bothwell Foundation executive director; Robin Balke, Laura Weisenburger and Lisa Irwin, committee members.

Front row, from left: Jackson Davenport and Layton Tyler



Open Door

From left: Trish Henson, committee member; Dianne Simon, committee co-chair; Lauren Thiel-Payne, Bothwell Foundation executive director; Amanda Davis, Open Door executive director; Lori Wightman, Bothwell CEO and committee co-chair; Rhona Ahern, committee member; Michelle O'Donnell, Open Door development director; Robin Balke, committee member.



New Hope Baptist Church

From left: Robin Balke and Rhonda Ahern, committee members; Dr. Bill Vance, New Hope Baptist security officer; Pastor Marc Knappe; Lori Wightman, Bothwell CEO and committee co-chair; Lauren Thiel-Payne, Bothwell Foundation executive director; Trish Henson, committee member; Carlene Ficken; and Dianne Simon, committee co-chair.



AUXILIARY SHOE SALE



Oct. 13 | 8 am – 4 pm | Bothwell Café

This Shoe Roads Production sale event offers the best of the best footwear for professional use as well as the best choices for trendy products currently popular in the marketplace.

GET WELL. STAY WELL. BOTHWELL.

AUXILIARY NEWS

Annual Volunteer Appreciation Luncheon

The Bothwell Auxiliary held its volunteer appreciation luncheon on Sept. 14. Nearly 50 volunteers gathered to celebrate yet another year of service at Bothwell and hear guest speaker Jennifer Kutey with Golden Egg Talent Development speak on "The Call to Serve" and receive award presentations and prize giveaways.

Auxiliary President Karen Kay Taylor presented Presidential Awards to members who volunteered their time in 2022 from 100 to 500-plus hours.

BRONZE RECOGNITION 100-249 hours

Terri Paul - 100
Janice Williams - 102
Donna Peakes - 120
Mona Ispen - 125
Sherri Matz - 128
Gerald Wolf - 137
Karen Cairer - 155
Leora Bremer - 160
Kay Butler - 165
Karen Hamilton - 175
Mary Luukkonen - 175
Dianne Pilate - 176
Karen Shackles - 188
Shirley McCown - 189
Ruby Price - 201
Susan Newson - 208
Sandy Mayfield - 227
Virginia McAllister - 234
Liz Webb - 235
Sara Lyles - 246

SILVER RECOGNITION 250-499 hours

Wilma Baslee - 254
Linda McCoy - 257
Joyce Grinstead - 272
Minerva Taylor - 283
Marian Tilman - 284
Linda Reed - 295
Allen Ispen - 315
Shirley Scrape - 318
Dale Bersano - 390
Carol Perkins - 392
Marge Watson - 395
Mary Allee - 405
Joe Kolsky - 406
Freida Ingram - 408
Joyce Kolsky - 409
Harry Burford - 419
Mary Sandidge - 433
Dorothy Poort - 456
Steve Barnes - 471
Judy Naylor - 477

GOLD RECOGNITION 500+ hours

Dorothy O'Rourke - 502
Jackie Butler - 541
Carlene Ficken - 596
Karen Kay Taylor - 628
Shirley Kindle - 668
Joyce Monroe - 771
Jim Monroe - 1167

Volunteers who have passed away since 2022 were also remembered.

- Helen Spruell
- Shirley Alexander
- Connie Beecher
- Mary Bingaman
- Earlene Knight
- Ruby Mark
- Janice Williams
- Susan Callis
- Shirley Scrape
- Nedra Zimmerschied

AUXILIARY NEWS

Annual Volunteer Appreciation Luncheon (Continued)



A check for \$518,371.80 that represents the value of all volunteer hours was presented by Auxiliary President Karen Kay Taylor to Bothwell CEO Lori Wightman.



Lauren Thiel-Payne, Foundation executive director, recognized Mary Allee (second from left), a volunteer in the Susan O'Brien Fischer Cancer Center, as the first recipient of the Sunshine Award. This award recognizes our volunteers who go above and beyond in the work they do.



Auxilian Marge Watson (center) was named the 2022 Auxiliary Volunteer of the Year as voted on by her peers. Other nominees were Shirley McCown and Linda Reed.



Thank you to the Bothwell Foundation team for organizing the event and to those who volunteered to help serve the meal!

Nominations for the Sunshine Award are accepted at any time throughout the year. To nominate a volunteer to receive the Sunshine Award, please fill out the nomination form and return to the Bothwell Foundation on the hospital's second floor or email it to Leisha Nakagawa at lnakagawa@brhc.org. The form is also on the IntraWeb and on the public website at brhc.org/careers/volunteer/.



*Annual
Christmas Club Tea
Thursday, October 12, 2023
600 E 13th Street
10 am - 5pm
Food and prizes!
Put more fun in your holidays!
Members & Non-Members*



OCTOBER

BIRTHDAYS



| | | | | | |
|-----------------------------|----|----------------------------|----|-------------------------|----|
| Jessica Moon | 1 | Lauren Cox..... | 15 | Michael Elwood | 24 |
| Baylee Senesac..... | 1 | Diann Steele..... | 15 | Melissa Bates | 24 |
| Kayla Fenwick..... | 1 | Jan Devore..... | 17 | Sherry Elliott..... | 25 |
| Amy Dey | 2 | Stacey Lindsay..... | 17 | Janet Torres..... | 25 |
| Theresa Shroyer | 2 | Jeff Jenkins..... | 17 | Courtney Price | 25 |
| Tina Wheeler..... | 3 | Shyla Camron | 17 | Donna Bell | 25 |
| Chrissy Frame | 3 | Sheri Meyer..... | 17 | Dr. Bruce Owens | 25 |
| Jessica Bronson | 4 | Amy Kirkman | 18 | Ashley Barnes | 26 |
| Jana Sprinkle | 4 | Lee Anne Marquez | | Madison Hendricks..... | 26 |
| Melanie Estes..... | 5 | De Guzman | 18 | Tabbatha May | 26 |
| Kathy Booze..... | 5 | Katelyn Buxton | 18 | Andrea Garcia | 26 |
| Amanda Wathen | 7 | Mariia Tikhonova..... | 18 | Lindsey Moon | 27 |
| Rik Hill..... | 7 | Rita Mergen..... | 19 | Danielle Anderson | 27 |
| Cheryl Currier | 8 | Sierra Ashley..... | 19 | Michele Burgin..... | 28 |
| Rosa Lairmore | 8 | Lexy Lawson | 19 | Tammie Weber | 28 |
| Nicole Griph..... | 8 | Cj Rhoads..... | 20 | Justin May..... | 28 |
| Dr. Alyssa Emery | 8 | Mackenzie Hoffmann | 20 | Nicka Khalilova..... | 28 |
| Kassie Wehmeyer | 9 | Rachelle Joronen | 20 | Robin Wagenknecht | 29 |
| Megan Jones..... | 9 | Kirsten Darrah..... | 20 | Mindy Loges..... | 29 |
| Chelsi Luckie..... | 9 | David Ryakhmyatullof | 20 | Melanie Austin | 29 |
| Natalie Paxson | 11 | Angela Cash | 20 | Delia Zimmerman | 30 |
| Debbie Billings..... | 11 | Shelbi Bishop..... | 21 | Hollie Dubroc..... | 30 |
| Sarah Fredrickson | 11 | Bailey Johnson | 21 | Sandra Roark | 30 |
| Tyler Williams | 11 | Emma Little | 21 | Alexander Hoff..... | 30 |
| Anthony Kresse..... | 12 | Donna Ramey | 22 | Staci Ward | 30 |
| Emily Kullman | 13 | Dawn Gehlken | 22 | Rose Livengood | 30 |
| Julie Mccammon | 14 | Andy Darrah..... | 23 | Linda Eckhoff | 31 |
| Kay Schnack | 14 | Vicki Howard..... | 23 | Jana Kennedy..... | 31 |
| Debbie Spencer | 14 | Ashley Cihy | 24 | | |
| Katharina Baumgartner | 14 | Tonya Fairman..... | 24 | | |