



Bothwell Regional Health Center Community Health Needs Assessment August 2016

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Executive Summary

The people served by Bothwell Regional Health Center in Pettis and Benton counties in central Missouri live in a rural area that includes many unique qualities that citizens have the opportunity to experience and enhance their quality of life.

Education and cultural experiences are readily available. State Fair Community College's flagship campus is located in Pettis County with other locations throughout the central Missouri region. The Daum Museum of Contemporary Art and the Liberty Center Association for the Arts provide arts and entertainment.

People seeking outdoor recreation can choose among many activities including a robust park system in Sedalia, bike riding on the Katy Trail and fishing or water sports on nearby Truman Lake or Lake of the Ozarks. Sedalia, located in Pettis County, serves as home to the Missouri State Fair, which attracts approximately 400,000 visitors annually as well as the annual Scott Joplin music festival.

Employment opportunities include manufacturing, agriculture, small business, labor, education and health care with job growth projections by 2022 noted in agriculture, telecommunications, brick laying and health care. The April 2016 unemployment rates for Missouri were 4.3 percent, 4.4 percent for the west central Missouri region, 4.3 percent for Pettis County and 5.2 percent for Benton County.

The community and region provide opportunity to leverage resources to address health issues identified in this community health needs assessment. The collection and analysis of primary survey and available secondary data from various sources identifies three key themes from which efforts to improve health status and health outcomes may focus.

Increase Access to Primary Care, Mental Health and Dental.

Survey respondents are aware of a lack of access to basic primary health care services including mental and dental health services. Forty-three percent of respondents identified adult primary care services as lacking and 47 percent indicate physicians are not accepting new patients and thus are unable to identify a personal physician or primary care provider. Further complicating access, nearly 23 percent of respondents indicate their insurance is not accepted by at least some physicians. Thus, the respondents identified the ability to pay for care, the cost of health care, and the lack of health insurance as the first, third and fifth most pressing issue in their community.

Secondary data support the community perspective regarding limited access to basic services. The current uninsured rate for both counties combined is 21 percent with nearly one in five adults living in poverty and for children one in four Pettis County youth and nearly one in three Benton County children under age 18 living in poverty.

The Robert Wood Johnson County Health Rankings 2016 report denotes the ratio of primary care physicians to residents lags behind Missouri (1,439:1) for both Benton County (2,370:1) and Pettis County (2,015:1).

Similarly the severe shortage of dentists is noted in Benton County with more than twice as many residents per dentists (4,733:1) as compared to Missouri (1,920:1) or Pettis County (2,110:1).

The consequences of reduced access are noted in the data such as the higher than expected rates for preventable hospitalizations, a measure that assesses access to primary care and care coordination.

Healthy, Active Living and Reduction of Obesity.

Obesity among adults, obesity among children and lack of physical activity ranked as the second, sixth and seventh most pressing health issues based on community survey data. Nearly 30 percent of respondents have been told by a physician that they have high cholesterol or hypertension. Further, 16 percent have been told they have diabetes, which likely does not include the greater number at risk of diabetes. These same survey respondents identified health education for diet and exercise as being a primary need in this community.

The secondary data support this focus. Hospitalizations and emergency department visits for heart disease, ischemic heart disease, COPD and asthma are higher than Missouri averages and suggest opportunities for coordination with primary care and other community partners.

Preventable hospitalizations for diabetes are significantly higher for Benton County (18.5 per 100,000) and Pettis County (18.8 per 100,000) than Missouri (13.4 per 100,000).

Enhance Services to Address Mental Health and Substance Abuse.

The community, based on survey responses identified several health issues as pressing that may be categorized broadly under mental health. Specifically, illegal substance abuse was identified by 50 percent of respondents ranking forth among the most pressing issues. Tobacco use among adults and teenagers, prescription drug abuse, overall mental health and alcohol dependency were noted by approximately 30 percent of respondents and ranked in the top 15 health issues identified.

County-level secondary data are less readily available for these issues, but those data available do indicate health issues exist. According to data compiled by the CAPE Project (Community Assessment and Education to Promote Behavioral Health Planning and Evaluation) funded by the Department of Health and Human Services' Substance Abuse and Mental Health Services Administration, Pettis County rates for incidence of depression, child abuse, domestic violence and suicide are worse than those for the state overall. Hospitalizations in Benton County for alcohol and drug poisoning (5.2 per 100,000) are nearly double the state rate (3.62 per 100,000). Further, opioid misuse and abuse has been identified across Missouri and the United States as a growing crisis. In Missouri, hospitalizations for abuse and misuse increased 137 percent and 108 percent in the west central Missouri region from 2005 – 2014.

Recommendation

Identifying specific populations and specific health behaviors and health outcomes that are influenced by the three health issues will enable providers and the community to focus resources and attention on priority areas. Of greatest importance is access to coordinated care to promote secondary prevention and chronic care management.

A myriad of strategies may be employed to address these seemingly disparate health issues. For example, working with community citizens, partner organizations and providers to educate about the prevalence of people at-risk of diabetes provides a platform to promote primary prevention through physical activity and healthy eating; implement simple screening tools in organizations and primary care

settings to identify people at risk of diabetes; and, incorporate care coordination with specialists to reduce complications such as heart disease. Although implementation may be broad, focused implementation and evaluation must target specific populations or organizations to determine the effect. Health status and health outcomes will not change notably, across a community, within a three-year period of time. However, health outcomes such as preventable hospitalizations for short-term complications of diabetes may suggest improved access and care coordination within primary care settings.

Addressing mental health and substance abuse must be a long-term strategy. The many factors including lack of access, stigmatization, and factors contributing to all substance abuse including prescription, illicit, alcohol and tobacco use require the cooperation of many partner organizations. However, based on survey respondents, the community may be ready to begin addressing this very complex health issue.



Community Defined

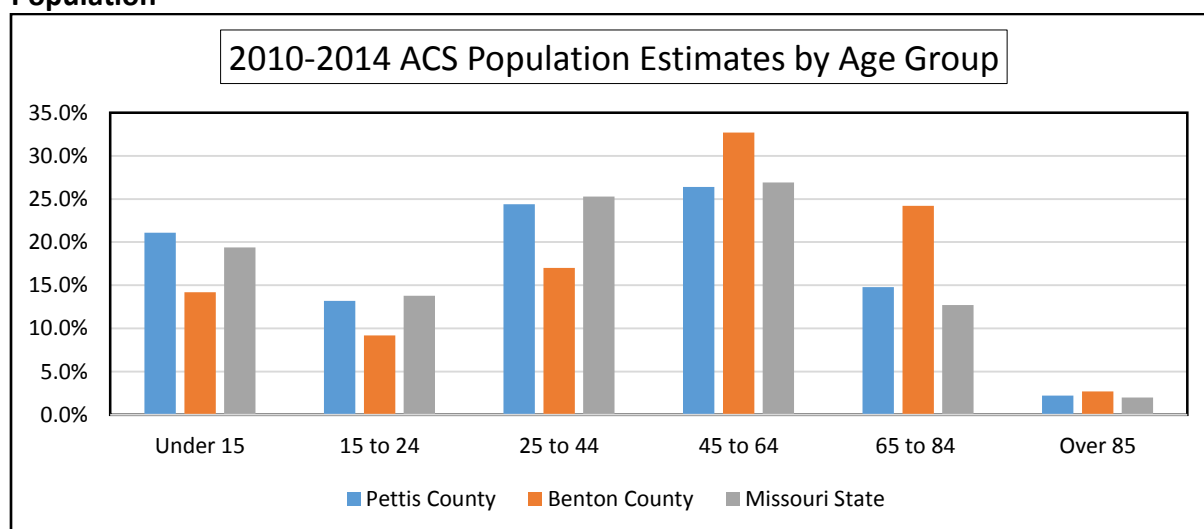
Bothwell Regional Health Center's primary service area includes Pettis and Benton counties. It also extends into a 40-mile radius that reaches six contiguous counties, including Saline, Johnson, Henry, Moniteau, Morgan and Cooper counties. Specific data was not collected for the secondary market area.

Demographic/Education/Socio-Specific Economic Indicators

Pettis County and Benton County Demographics and Population

According to the 2010-2014 American Community Survey 5-Year Estimates, it is evident that the distribution of the population by age for Benton County had a lower number of people under the age of 44, compared to Pettis County and Missouri. On the same note, it is evident that Benton County had a higher percentage of people over the age of 45, compared to both Pettis County and Missouri.

Population



Source: U.S. Census Bureau, 2010-2014 American Community Survey 5-Year Estimates

The table below shows the distribution between rural and urban populations according to the U.S. Census Bureau's, 2010 [Decennial Census](#). It is clear that Benton County has a significantly higher percentage of its population living in rural areas compared to Pettis County, Missouri and the U.S. Accordingly, Benton County has the lowest number and percentage of population living in urban areas. Coincidentally, Pettis County has the second lowest number of its population living in urban areas at 62.22%, with Benton County at 13.46%. While Missouri's urban population is higher than both jurisdictions at 70.44%, it is lower than that of the nation at 80.99%.

Report Area	Total Population	Urban Population	Rural Population	Percent Urban	Percent Rural
Pettis County	42,201	26,258	15,943	62.22%	37.78%
Benton County	19,056	2,565	16,491	13.46%	86.54%
Missouri	5,988,927	4,218,371	1,770,556	70.44%	29.56%
United States	312,471,327	252,746,527	59,724,800	80.89%	19.11%

Source: U.S. Census Bureau, [Decennial Census](#). 2010. Source geography: Tract

According to the table below which highlights the race distribution between Pettis and Benton counties and the state of Missouri, it is evident that both counties have a higher White population than the state's White population of 85% with Benton County at 97.1% and Pettis County at 93.0%. Data further reveals that both counties have a significantly lower Black or African American population at 0.3% for Benton County and 4.2% for Pettis County, compared to 12.6% for Missouri. Pettis County has a significantly higher Hispanic or Latino population at 7.8%, compared to 3.8% for the Missouri and 1.7% for Benton County. According to Bothwell's 2013 community health needs assessment, it is evident that the rate of Hispanic ethnicity has grown steadily in Pettis County from 4.5% in 2002, 6.8% in 2006, 7.2% in 2010 and now at 7.8%, according to the U.S. Census Bureau's, 2010-2014 American Community Survey 5-year estimates.

Race Description

Race Description			
	Pettis County	Benton County	Missouri
White	93.0%	97.1%	85.0%
Black or African American	4.2%	0.3%	12.6%
Hispanic or Latino	7.8%	1.7%	3.8%
American Indian & Alaskan Native	0.9%	1.9%	1.3%
Asian	1.1%	0.3%	2.2%
Native Hawaiian & Pacific Islander	0.3%	0.0%	0.2%
Some Other Race	3.7%	0.4%	1.3%

Source: U.S. Census Bureau, 2010-2014 American Community Survey 5-Year Estimates



2014 Demographics and Socio-Economic Factors

2014 Demographics and Socio-Economic Factors			
	Pettis County	Benton County	Missouri
2014 American Community Survey 5-Year Estimates.	42,213	18,961	6,028,076
Percent of residents over the age of 25 who are a high school graduate or higher	82.6%	85.0%	88.0%
Percent of residents over the age of 25 who have bachelor's degree or higher	16.7%	11.8%	26.7%
Percent of population that speaks English less than very well	3.8%	0.3%	2.2%
Average household size	2.55	2.26	2.48
Median household income	\$39,624	\$33,145	\$47,764
Percent of population living below poverty level	18.8%	19.7%	15.6%
Percent unemployment	4.3%	5.3%	4.3%
Percent of children under age 18 in poverty	25.0%	30.4%	21.5%
Total number of people who receive SSI*	871	554	126526

Sources: U.S. Census Bureau, 2010-2014 American Community Survey 5-Year Estimates

Missouri Department of Economic Development, April 2016 data

*Supplemental Security Income is a federal cash assistance program that provides monthly payments to low-income residents.

According to the 2014 Demographics and Socio-Economic Factors table above, derived from the 2010-2014 American Community Survey 5-Year Estimates, it is evident that Missouri has a higher percentage of residents over the age of 25 who are a high school graduate or higher at 88%, compared to 82.6% for Pettis County and 85% for Benton County. It appears that the same trend is evident in the category of the percentage of residents over the age of 25 who have a bachelor's degree or higher at 26.7% for Missouri, 11.8% for Benton County and 16.7% for Pettis County respectively. Pettis County, on the other hand, has the highest percentage of population that speaks English less than very well at 3.8% compared to Benton County at 0.3% and Missouri at 2.2%. This may have been partly as a result of the increasing Hispanic or Latino population, according to the most recent population estimates by race. Missouri's median household income of \$47,764 is substantially higher than both jurisdictions with Pettis County at \$39,624 and \$33,145 for Benton County. The percentage of population living below the poverty level and children under age 18 living in poverty, is highest in Benton County at 50.1% followed by Pettis County at 43.8% and Missouri at 37.1%.



Occupations by Projected Growth

According to 2012 estimated employment data, brickmasons and blockmasons account for the largest estimated occupation with the highest projected growth in 2022, compared to all other occupations.

[Top](#)

Top 10 Occupations by Projected Growth						
Occupation	Employment		Change		Annual Average Openings	Outlook
	Estimated 2012	Projected 2022	Numeric	Percent		
473011 - Helpers--Brickmasons, Blockmasons, Stonemasons, an	5	8	3	60%	NA	54 - Above Average B+
191013 - Soil and Plant Scientists	2	3	1	50%	NA	52 - Well Above Average A
291081 - Podiatrists	2	3	1	50%	NA	52 - Well Above Average A
499052 - Telecommunications Line Installers and Repairers	27	39	12	44.4%	2	52 - Well Above Average A
499096 - Riggers	9	13	4	44.4%	NA	54 - Above Average B+
472021 - Brickmasons and Blockmasons	108	153	45	41.7%	5	52 - Well Above Average A
292032 - Diagnostic Medical Sonographers	13	18	5	38.5%	NA	52 - Well Above Average A
193092 - Geographers	8	11	3	37.5%	NA	52 - Well Above Average A
312011 - Occupational Therapy Assistants	24	33	9	37.5%	2	54 - Above Average B+
132052 - Personal Financial Advisors	20	27	7	35%	1	52 - Well Above Average A

Source: Missouri Economic Research and Information Center, 2015

Community Characteristics

Bothwell Regional Health Center serves an area diverse in agriculture and manufacturing industries. Pettis County is home to State Fair Community College, which has programs in nursing, radiologic technology, dental hygiene, occupational therapy assistant, health care specialist with emphasis in nurse aide, pharmacy technology, and health information technology. Tourism in Pettis County is driven by the presence of the Missouri State Fair which hosts about 400,000 visitors during the annual event each August. Additionally, the fairgrounds is the venue for many events throughout the year. The Katy Trail and Sedalia's annual Scott Joplin Festival attract visitors to the community as well.

Located on U.S. Highways 50 and 65, Pettis County enjoys the comforts of rural communities with urban life and the Lake of the Ozarks within an hour's drive. It is a community rich in arts and entertainment with the Daum Museum of Contemporary Art housed on the campus of State Fair Community College and the Liberty Center Association for the Arts located in downtown Sedalia. The community boasts a healthy parks system in Sedalia with seven parks, two outdoor aquatic centers, walking trails and a skate park.

A spirit of giving runs deep in Pettis County. Beginning with its foundation, Sedalia has been home to folks who know the importance of giving back to the community. Even Bothwell Regional Health Center, which opened in 1930, was the result of an effort by John Homer Bothwell to build a hospital in Sedalia. He pledged \$150,000 in seed money and encouraged the community to also support the project. The community has strong foundations benefitting education and health care, a United Way organization that allocates more than a half-million dollars to community agencies each year, and Open Door Ministries, which serves as a food pantry and thrift shop, and provides financial assistance to low-income families.

In Benton County, Truman Lake and the Harry S. Truman Dam and Reservoir Visitor Center attract many visitors. The amenities attract many retirees. Currently, Harbor Village — a project of Katy Trail Community Health, the Warsaw Senior Center, and Pathways Community Behavioral Health — is a 24,800-square-foot facility that houses multiple health and social services. These services include: personal care managers, senior meals, adult care programs, recreational and educational programming for adults, wellness programs, financial and insurance assistance, and an entrepreneurial business center.

Other Health Services

In addition to Bothwell Regional Health Center, Pettis County is served by Katy Trail Community Health, a federally qualified health center, the Pettis County Health Center and several private practice providers. Specialty care available in Sedalia includes cardiology, obstetrics/gynecology, ear/nose/throat, orthopedics, general surgery, neurology, oncology (hematology and radiation), rheumatology, pulmonology, nephrology, pain management, sleep medicine, urology and podiatry. Several privately owned therapy/rehab treatment centers are available as well as a private diagnostic center.

In Benton County, Bothwell Health Center-Truman Lake offers primary care, therapy, women's health and radiology services. The Benton County-Warsaw area is also served by Katy Trail Community Health, Golden Valley Memorial Healthcare's primary care clinic and the Benton County Health Department.

Access to primary care and dental services is an issue for both Pettis and Benton counties and is clearly demonstrated by the 2016 Robert Wood Johnson Foundation County Health Rankings. There are 355 more people covered by one primary care physician in Benton County than Pettis County. It is clear that both counties have a higher ratio than Missouri. The picture is starker in regard to access to dental services in Benton County where there is one dentist for every 4,733 people in the county, which equates to 2,813 more than the current Missouri rate.

2016 County Health Profile Comparisons			
	Missouri	Pettis County	Benton County
Clinical Care, (rank out of 115 MO counties)	N/A	85	96
Uninsured	16%	20%	20%
Primary care physicians	1,439:1	2,015:1	2,370:1
Dentists	1,920:1	2,110:1	4,733:1
Preventable hospital stays	65	88	90
Diabetic screening	86%	82%	83%
Mammography screening	62.2%	57.0%	57.6%

Source: RWJF County Health Rankings, 2016

According to the 2016 Robert Wood Johnson Foundation County Health Rankings, Pettis County has a more favorable ranking in Clinical Care at 85 out of 115, compared to Benton County at 96 out of 115 counties in Missouri. Both counties have a slightly higher uninsured resident rate at 20% compared to Missouri's 16%. Benton County has the highest ratio of primary care physicians per population at 2,370 to 1, followed by Pettis County at 2,015 to 1 and finally 1,439 to 1 for Missouri. Both counties lag behind in diabetic and mammography screening compared to Missouri and have a substantially higher number of preventable hospital stays at 90 for Benton County and 88 for Pettis County, compared to 65 for Missouri.

Primary Research Process

Public Survey

To gather primary data from our market area, we employed the use of a survey instrument for quantitative data and multiple focus groups for qualitative data.

Survey Layout and Design

The Community Health Needs Assessment Survey was a questionnaire-style survey based from a template provided by the Missouri Hospital Association. The 66-question survey had three sections: health behaviors, medical care and services, and demographics. All questions, with the exception of one, were multiple choice. One open-ended question, "What health or community services should Bothwell Regional Health Center provide that are currently not available?" was used to identify gaps in services. The demographic section was placed at the end of the survey to head off any barriers respondents may have felt when answering questions about income, age and insurance status.

Methodology

The survey was available online at brhc.org, and paper copies were widely distributed throughout Pettis and Benton counties. The survey period was Sept. 15 to Dec. 31, 2015. To incentivize participation, respondents were entered into a drawing for a \$100 Visa gift card. Our goal was to collect enough completed survey to be statistically significant for the combined population of both counties (66,000) with a 5% margin of error. This meant we need to have at least 382 completed surveys. We received a total of 458 completed surveys. Paper surveys were entered into the same online survey service used to collect online responses to more easily analyze results. Paper surveys were distributed to the following locations:

- Bothwell Regional Health Center
- Bothwell OB/GYN
- Bothwell Health Center-Truman Lake
- Cole Camp Clinic
- Katy Trail Community Health
- Pettis County Health Center
- Pettis County Community Partnership
- Local office of the Department of Health and Human Services
- Sedalia Senior Center
- Warsaw Senior Center
- Sedalia Housing Authority
- Benton County Health Department
- Amigos de Cristo Lutheran Church (translated into Spanish)
- Ukrainian churches (translated into Russian)

Underserved populations were targeted through distribution at the Pettis County Community Partnership (a clearinghouse for social service agencies, Sedalia Housing Authority, senior centers and Amigos de Cristo Lutheran Church. The survey was translated into Spanish and distributed to Amigos de Cristo Lutheran Church and Katy Trail Community Health.

The following tactics were employed to promote awareness and encourage participation in the survey.

- Articles in area newspapers
- Radio Public Service Announcements
- On-air talk radio programs on all stations in the market.
- Flyers promoting the \$100 gift card drawing were posted at all distribution locations
- Publication of information in two monthly Bothwell newsletters
- An article in Bothwell's consumer newsletter mailed to 11,000 homes within a 35-mile radius of Bothwell Regional Health Center, including all of Pettis and Benton counties
- E-mailed newsletters from both the Sedalia and Warsaw Chambers of Commerce
- Social media promotions

Primary Research Data

Participants Key Characteristics

		Primary Data Combined	Market Area Data Comparisons	
	Dimension	Survey Results	Pettis County	Benton County
Gender	Male	19%	49.06%	49.26%
	Female	81%	50.94%	50.74%
Race	White	97.9%	93%	97.1%
	Black	4%	4.2%	0.3%
	Other	2.1%	13.8%	4.3%
Ethnicity	African – Ethiopian, Nigerian	0.7%	Non-Hispanic-Latino 92.15%	Non-Hispanic-Latino 98.32%
	Central or South American	7.4%		
	European – Italian, German, French	58.6%		
	Hispanic/Latino	3.2%	7.85%	1.68%
	Other (Not specified)	30.3%	N/A	N/A
Insurance Coverage	Medicare	27.8%	20.2%	33.2%
	Medicaid	16%	22.58%	22.85%
	Employer	64.5%	N/A	N/A
	Private	18.8%	N/A	N/A
Education	High School	19.4%	N/A	N/A
	College Degree	43.5%	56%	47%
	Graduate	17.4%		
Household Income	\$100,000 or more (Rates >75,000 for Secondary Data)	14.5%	26.45%	20.07%
	\$80,000 - \$99,999	11.9%		
	\$60,000 - \$79,999 (Rates <75,000 for Secondary Data)	15.4%	This rate is for under \$75,000 75.7%	This rate is for under \$75,000 79.93%
	\$20,000 to \$59,999	42.3%		
	less than \$20,000	15.9%		
Homeowner/renter	Homeowners	73.8%	N/A	N/A
	Renters	20.1%	N/A	N/A

Sources: Survey results, Community Commons and County Health Rankings

Summary of Key Findings

Key findings reveal that the Pettis and Benton counties share many commonalities. Most of Benton County's population lives in rural areas, which is in contrast with Pettis County and Missouri, where most of the population lives in urban areas, according to the most recently completed Decennial Census by the U.S. Census Bureau. When it comes to race description, both counties have a higher White population compared to Missouri. Pettis County has a significantly higher Hispanic or Latino population compared to Benton County and Missouri. Evidently, retrospective data and a review of the last completed community health needs assessment shows that this population has increased from 4.5% in 2002 to 7.8%, which equates to a 73% increase. Compared to Missouri and Benton County, Pettis County has a higher percentage of its population speaking less than fluent English. Data further reveals that both counties have a higher number of uninsured residents and ratio of primary care physicians/dentists per population, compared to Missouri.

Results from the most recently completed community health assessment survey shows that over 50% of the respondents mentioned that they had been told by a physician that they had either high cholesterol or hypertension. Survey results further reveal the top three pressing health issues in their community are ability to pay for care, obesity in adults, and cost of health care. When asked about their preference on what they would like the health education to focus on, the top three responses were diet and exercise, stress management and drug abuse.

Health Behaviors

Have you ever been told by a doctor you had high blood pressure?		
	Percent	Count
Yes	41.3%	188
No	58.7%	267

Have you ever been told by a doctor you should lose weight for health reasons?		
	Percent	Count
Yes	36.4%	165
No	63.6%	288

According to the most current survey, 41.3% of respondents stated they had been told by a physician that they had high blood pressure. On the same note, 36.4% were told to consider losing weight for health reasons.

Are you currently trying to lose weight?		
	Percent	Count
Yes	60.5%	271
No	39.5%	177

During the past month have you participated in any physical activities?		
	Percent	Count
Yes	79.2%	358
No	20.8%	94

Of the 448 respondents to the survey on health behaviors, 60.5% stated that they were trying to lose weight compared to 39.5% who were not currently trying to lose weight. Results further reveal that of the 452 respondents to the question on whether they had participated in any physical activity in the last 30 days, only 79.2 percent said “yes,” compared to 20.8% who responded “no.”

Have you smoked more than 100 cigarettes in your life?		
	Percent	Count
Yes	40.6%	182
No	59.4%	266

Do you smoke now?		
	Percent	Count
Yes	15.2%	64
No	84.8%	379

When asked if they had smoked more than 100 cigarettes in their life, of the 448 respondents, 40.6% responded “yes,” while 59.4% answered “no,” to this question. On the same note, 15.2% responded that they still smoke, while 84.8% responded that they no longer did.

Have you ever been told by the doctor that you have one of the following conditions?		
Adult asthma	8.7%	39
Angina or coronary artery disease	1.6%	7
Bacterial pneumonia	2.5%	11
CHF (congestive heart failure)	1.6%	7
Diabetes or high blood sugar	16.4%	73
Heart attack	2.7%	12
Stroke	1.3%	6
High cholesterol	27.8%	124
Hypertension	29.1%	130
COPD	4.9%	22
Cancer	8.1%	36

According to the most current survey results, 27.8% of respondents reported that they had been told by their doctor that they had high cholesterol while 29.1 were told they had hypertension. Diabetes at 16.4% was the third most diagnosed condition followed by adult asthma at 8.7%, cancer at 8.1%, and COPD at 4.9%.

Medical Care and Services

How long has it been since you last visited a doctor for a routine checkup?		
	Percent	Count
Within past year	80.1%	355
Within 2 years	7.7%	34
Within past 5 years	5.2%	23
5 or more years	5.2%	23
Never	1.8%	8

Of the 433 respondents answering whether they had visited a doctor for a routine checkup within the past year, 80.1% reported that they had. On the same note, 7.7% reported that they had visited a doctor for a routine checkup within the last two years, 5.2% within the past five years, 5.2% over five years and finally, 1.8% reported that they had never seen a doctor for a routine checkup.

Do you have a dentist you can see?		
	Percent	Count
Yes	84.7%	375
No	15.3%	68



When asked if they had a dentist that they can see, 84.7% of the 443 respondents responded, “yes,” compared to 15.3% who stated, “no.” The table below shows that 14.5% of the respondents answered that they had difficulty finding a dentist. On the question regarding difficulty finding a specialist, nearly 53% responded they were seeking bone and joint, dental, diabetes, mental health or nerve and brain specialists.

If difficulty finding a specialist, what kind were you seeking?		
	Percent	Count
Bone and joint specialist	20.3%	14
Cancer specialist	0.0%	0
Children’s specialist	7.2%	5
Dentist	14.5%	10
Diabetes specialist	15.9%	11
Heart specialist	4.3%	3
Lung and breathing specialist	4.3%	3
Mental health specialist	13.0%	9
Nerve and brain specialist	10.1%	7
Women’s health specialist	4.3%	3
Other (please specify)	44.9%	31

Do you have a substance abuse counselor you can see?		
	Percent	Count
Yes	26.4%	117
No	73.6%	326

Do you have a mental health specialist you can see?		
	Percent	Count
Yes	40.0%	177
No	60.0%	266

When survey participants were asked if they had a substance abuse counselor that they could see, 73.6% of them answered “no,” while 26.4%, answered “yes.” On the same note, when asked if they had a mental health specialist they can see, 60% replied “no,” while 40% answered “yes.”

Following are reasons why people reported that they or a member of their household had difficulty finding a doctor within the past two years.

Couldn't get a convenient appointment.	17.0%	9
Didn't know how to get in contact with one.	5.7%	3
Doctor was not taking new patients.	47.2%	25
No transportation.	0.0%	0
Would not accept insurance.	22.6%	12
Other (please specify).	37.7%	20

The table below shows the response received when asked the question regarding medical services most needed in their community. A majority reported adult primary care services as the area of greatest need at 43.6%, followed by counselling/mental health services at 33.9%, alcohol and drug abuse treatment at 28.2% and emergency/trauma care at 27.7%.

What medical services are most needed in your community?	
Adult primary care services	43.6%
Alcohol and drug abuse treatment	28.2%
Cancer treatment	16.9%
Counseling/mental health services	33.9%
Diabetes care	17.1%
Emergency/trauma care	27.7%
Heart care services	12.2%
Orthopedic care (bone and joint)	13.9%
Pediatric services	12.0%
Women's services (obstetrics / gynecological services)	9.2%
Other (please specify)	21.9%

The following table shows rank-ordered responses received from survey participants when asked what they thought to be the most pressing issue in their community. The top five responses were the ability to pay for care, obesity in adults, cost of health care, drug abuse and the lack of health insurance.

What do you think are the most pressing health problems in your community?		
Ability to pay for care	66.10%	286
Obesity in adults	55.40%	240
Cost of health care	53.60%	232
Drug abuse – illegal substances	49.90%	216
Lack of health insurance	46.70%	202
Obesity in children and teenagers	42.50%	184
Lack of physical activity	40.60%	176
Tobacco use/smoking among adults	39.70%	172
Cancer	34.20%	148
Prescription medication too expensive	34.20%	148
Tobacco use / smoking among teenagers	31.60%	137
Drug abuse – prescription medications	30.50%	132
Mental health	30.00%	130
Alcohol – dependency or abuse	28.90%	125
Lack of dental care	27.00%	117
Heart Disease	24.20%	105
Lack of transportation to health care services	19.60%	85
Teen pregnancy	17.30%	75
Domestic violence	14.30%	62
Alcohol – underage binge or abuse	12.70%	55
Child abuse	12.20%	53
Lack of prenatal care	4.20%	18

The table below reflects the top three health education services needed per survey responses received. Diet and exercise ranked number one at 50.1%, stress management at 41.8%, and drug abuse at 37.9%.

Please select the type(s) of health education services most needed in your community?	
Diet and/or exercise	50.10%
Stress management	41.80%
Drug abuse	37.90%
Smoking cessation and/or prevention	37.20%
Cancer screening	32.60%
Alcohol abuse	30.70%
Diabetes	28.90%
Child abuse/family violence	25.40%
Alzheimer's disease	24.70%
Sexually transmitted diseases	15.70%
Asthma	7.40%
HIV/AIDS	5.80%

Focus Group Summary

Three focus groups (one in Pettis County and one in Benton County) were held gathering health information from a variety of professionals in the community. Pettis County focus group members included an OB/GYN physician, the Pettis County Sheriff and juvenile officers, employees from the Senior Center, community industry leaders, and public health professionals and educators.

The top health problems identified by the Pettis County groups were mental health issues, transportation, chronic diseases such as diabetes and heart disease, and housing. Other issues identified were lack of health literacy, tobacco, dental health, and STD's.

The group discussed at length that poverty and lack of education were key reasons for the identified issues. They also indicated limited access to care and high levels of illegal drug use as significant causes.

Implementation strategies discussed to improve these shortcomings were that there needs to be greater engagement in the community. Ideas identified were to take the education to different venues in the community and to include an entertainment factor.

The group believed that Bothwell could be a center point in providing a roadmap to community resources, and physicians and key hospital members need to be involved in policy change.

The Benton County focus group members included nursing professionals, elected officials, hospital and clinic administration, and public health professionals.

The members identified transportation, access to care, chronic health conditions, and tobacco as the key health problems in Benton County. The members felt that the issues exist due to high percentage of retirees and elderly in conjunction with poverty. They also felt that the rural nature of Benton County contributed to the health issues.

The group said continued improvement of collaboration of resources and a community presence will improve health disparities and is the main role of BRHC. Technology and its capabilities were also discussed as an avenue to reach a larger number of remote individuals.

Focus Group Participants

Name	Position	Organization
Stephanie Hanning	Community Outreach Coordinator	Bothwell Regional Health Center
Rachel Dowler	Communications Coordinator	Bothwell Regional Health Center
Lisa Church	Director, Foundation & Communications	Bothwell Regional Health Center
Hannah Funk	Student Intern	University of Central Missouri Community Health Program
Chris Stewart	Executive Director	Katy Trail Community Health
JoAnn Martin	Administrator	Pettis County Health Center
Kevin Bond	Sheriff	Pettis County
Erica Cox	Director	Pettis County Juvenile Office
Jason Sharp	Director of Oncology	Bothwell Regional Health Center
Steve Davis	Chief Financial Officer	Bothwell Regional Health Center
Joe Keary	Director, Emergency Department	Bothwell Regional Health Center
Natalie Newville	Housing Case Manager	Pettis County Community Partnership
Tammy Drum	Benton County Services Director	Care Connection for Aging
Shery Fogle	Pettis County Services Director	Care Connection for Aging
Dr. William Smith	Physician, OB/GYN	Bothwell OB/GYN Associates
Erin Wilson	Nursing Instructor	State Fair Community College
Brenda Moore	Director	Sedalia Senior Center
Sara Antibus	Volunteer/Spanish language translator	Multiple social service agencies
Trinka Wiltse	Nurse	Pettis County Health Center
Mary Lou Shane	WIC Director	Pettis County Health Center
Rose McMullin	Director, Clinical Services	Bothwell Regional Health Center
Pat Sturges	Nursing Director	Sedalia 200 School District
Ed Orr	Chaplain	Tyson Foods
Erica Jenkins	CQI Coordinator	Royal Oaks Hospital/Compass Health
Irv Jensen	Coordinator	Benton County Health Coalition
Linda Viebrock	Administrator	Benton County Health Department
Rhonda Hutton Gann	Nursing Director	State Fair Community College
Michelle Kreisler	Presiding Commissioner	Benton County
Marlon Hammond	Private Citizen	Lincoln

Others invited, but did not attend:

Chief John DeGonia or representative, Sedalia Police Department
Elvera Satterwhite, Amigos de Christo, Spanish Lutheran ministry
Charlie Ackerman, Pettis County Administrator
Cheri Heeren, Pettis County Community Partnership
Mayor Steve Galliher or City Administrator Gary Edwards
Jack Menges, Director, Open Door service center
Mike Gardner, Director, Pettis County Ambulance District
Staff, Benton County Ambulance District

Secondary Research Process

Secondary data was derived from various local, state and national data sources and was reviewed and analyzed. Findings will be key in helping to identify the gaps in need of attention in these communities. Data from the U.S. Census, Missouri Department of Health and Senior Services' Missouri Information for Community Assessment, Community Commons, Centers for Disease Control and Prevention and the University of Wisconsin's Robert Wood Johnson Foundation County Health Rankings are a few examples of secondary data sources that were used in this process. Data from the primary service areas was benchmarked against state and national data whenever possible to identify emerging trends. Findings from these results will be the basis for any decision-making and will ensure that resources will be allocated where they are needed most. Bothwell Regional Health Center has contracted with MSC on a fee-based service to complete their 2016 community health needs assessment.

Secondary data contained in the 2013 community health needs assessment has been updated to reflect the most current information available. Sources used in the collection of secondary data follows:

- U.S. Census Bureau
- Missouri Department of Health and Senior Services
- Centers for Disease Control and Prevention
- U.S. Bureau of Labor Statistics
- University of Wisconsin's Robert Wood Johnson Foundation County Health Rankings
- Missouri Kids Count Data Center
- Missouri Division of Behavioral Health and the Substance Abuse and Mental Health Services Administration
- Pettis County Community Partnership
- Royal Oaks Hospital Community Needs Assessment
- Community Commons
- Agency for Healthcare Research and Quality

Secondary Research Data

Secondary data findings revealed both counties had substantially higher preventable hospitalizations from diabetes compared to Missouri. The chronic disease comparison profile demonstrates that heart disease and cancer are the top two causes of death and both counties are trending higher than Missouri. This coincides with the age-adjusted, leading causes of death profile, as both counties show higher mortality rates compared to Missouri. While Benton County shares chronic lower respiratory disease as the third leading cause of death with Missouri, stroke/other cerebrovascular disease is the third leading



cause of death in Pettis County. Both counties have lung and bronchus cancer as the leading cancer incident site. When it comes to safety, both counties have a higher rate of self-inflicted injury hospitalizations. Subsequently, Pettis County has had a higher number of motor vehicle hospitalizations and ED visits compared to Benton County and Missouri. Consequently, Pettis County had higher poisoning from gas, cleaner or caustic hospitalizations, which may in part, be attributed to the large number of manufacturing jobs that can potentially lead to the increased probability of such incidents.

Of the two counties and Missouri, Benton County had higher hospitalization rates and deaths resulting from alcohol and drug poisoning. According to law enforcement events related to alcohol and drug abuse as published in the 2015 Status Report on Missouri's Substance Use and Mental Health, both counties, as well as Missouri, have seen a decrease in the number of alcohol/drug-related traffic accidents resulting in injuries and fatalities. When it comes to general maternal and child health indicators, both counties performed worse than Missouri on most. Benton County had the highest infant mortality rate, while Pettis County had the best rate, even when compared to Missouri and the nation.

A careful review of the women's health profile through 2011, reveals that heart disease deaths, hospitalizations, and intentional injuries top the list of prevalent issues affecting women across the board. Although both counties are trending higher than Missouri when it comes to heart disease deaths, hospitalizations and intentional injuries for women also are higher than Missouri's rates. Results from the 2010-2014 Missouri Student Survey conducted for grades six through 12, used to uncover current substance abuse patterns, shows that Benton County recorded higher abuse of alcohol, cigarettes, chewing tobacco, marijuana and prescription drugs not prescribed for the student, compared to Pettis County and Missouri. Generally, the top three substances that students across the three jurisdictions reported abusing most within the last 30 days were alcohol, cigarettes and marijuana. The most current communicable disease case count reveals that Campylobacteriosis, Salmonellosis and Cryptosporidiosis were the top three reported diseases in 2011. The incidence rate for Salmonellosis portrays an increasing trend for the last three years, while a decline has been seen for Cryptosporidiosis and Campylobacteriosis. One disease that has seen a drastic decline is Shigellosis when we compare case counts from 2011 to 2010.

On a majority of the public safety/domestic violence indicators tabulated on this assessment, both counties had better results than Missouri, although most of the county level data had fewer than 20 cases, which would otherwise compromise the validity and reliability of the results. Since 2010, Pettis County has, by far, had the highest juvenile law violation referrals for the 10-17 age group.

Prevalence of Chronic Disease Risk Factors

Behavioral Risk Factors

According to County Health Rankings data, Pettis County had the highest percentage of adults who were found to be obese at 35% compared to 31% in Benton County. Both rates were slightly above the current rate of 31% for Missouri. Currently 32% of residents in Benton County reported that they were physically inactive, compared to 31% in Pettis County. Both Pettis and Benton counties had a higher prevalence of diabetes at 14% each, compared to 13% for Missouri. While 76% of Missourians reported to have access to exercise opportunities, only 63% in Pettis County and 50% in Benton County responded "yes" to this question.

According to the table below, per data provided by the CDC, Missouri has a higher percentage of adults who are overweight and obese. It is evident that more adults are not engaging in leisure time physical activity. Data further reveals that the nation has a higher percentage of adults meeting aerobic and muscle strengthening guidelines.

2014 Data	Missouri	Nation
Adults overweight	30.2%	28.9%
Adults obese	35.4%	35.2%
Adults who engage in no leisure time physical activity	25%	23.7%
Adults meeting aerobic and muscle strengthening guidelines	17.4%	20.2%

Source: CDC, 2014

Although Pettis and Benton counties both have seen a decline in adult smoking since the results of the 2013 community health needs assessment, Pettis County continues to have smoking rates higher than Missouri, while Benton County has reported rates lower than those in Missouri.

According to the 2011 MICA County Level Study, the behavioral risk factors chart below demonstrates the top three factors that people believe may be caused by smoking cigarettes are low birth weight, heart attack and stroke. This percent prevalence is evenly distributed across all three jurisdictions. Compared to the other two jurisdictions, it is evident that a higher number of people in Pettis County believe that colon cancer and impotence can be caused by smoking cigarettes, as shown by the slightly higher prevalence rates.

Behavioral Risk Factors			
	Percent Prevalence		
Believe smoking cigarettes causes	Pettis County	Benton County	Missouri
Heart attack	79.9%	74.1%	77.1%
Colon cancer	50.3%	33.9%	36.1%
Stroke	77.3%	68.2%	73.0%
Low birth weight	87.8%	80.9%	86.6%
Impotence	60.2%	44.7%	52.3%

Source: MICA County Level Study 2011

Preventable Hospitalizations

According to DHSS's MICA, preventable hospitalizations (also called ambulatory care sensitive conditions) are "diagnoses for which timely and effective outpatient care can help to reduce the risks of hospitalization by either preventing the onset of an illness or condition, controlling an acute episodic illness or condition, or managing a chronic disease or condition."

The 2013 preventable hospitalizations table below shows that both Pettis and Benton counties have higher diabetes hospitalizations compared to Missouri. Pettis County has the highest number of hospitalization for bacterial pneumonia followed by Missouri and Benton County respectively. Although some of the data results presented are unstable given the low numerator value, Pettis County has the highest total number of hospitalizations, of the diagnoses selected, followed by Missouri and Benton County respectively.

2013 Preventable Hospitalizations

Preventable Hospitalizations: 2013			
	Pettis County	Benton County	Missouri
Diagnosis	Rate	Rate	Rate
Angina	1.5 *	0.3*	0.3
Asthma	11.1	7.5*	10.5
Bacterial pneumonia	20.6	7.5	16
Chronic obstructive pulmonary disease	9.9	11	10.1
Congestive heart failure	10.2	3.9*	9
Diabetes	18.8	18.5	13.4
Hypertension	2.4 *	1.4*	2.6
Immunization preventable	*	0.3*	0.1
Total for Selection	74.5	50.4	62

Source: MICA 2013 Preventable Hospitalizations Statistics
Rate per 10,000. Age-adjustment uses Year 2000 Standard Population.
*Rate considered unstable and numerator less than 20.

According to the 2013 community health needs assessment, Pettis County has seen improvement in the number of hospital readmission rates since 2010. The dramatic improvements in readmissions could be due to Project RED (Re-Engineered Discharge), Comprehensive Unit-based Safety Program/Catheter-Associated Urinary Tract Infections (CUSP/CAUTI) and other efforts made by Bothwell Regional Health Center.

Bothwell Regional Health Center was recognized by the American Hospital Association and the Health Research & Educational Trust for its success in decreasing hospital readmissions. Project RED aims to improve the hospital discharge process and reduce readmission rates for patients with congestive heart failure and is one of the largest quality improvement initiatives ever undertaken by the Centers for Medicare and Medicaid Services.

Bothwell Regional Health Center also was recognized by the Missouri Center for Patient Safety for reducing CAUTI rates and for 100% data submission for the CUSP/Stop CAUTI collaborative project.

According to AHRQ, the average length of a hospital stay was 4.5 days in the U.S. in 2012. According to the same report, 56% of those stays were medical, 21.8% were surgical, and 22.2% were maternal or neonatal respectively. Bothwell Regional Health Center has similar averages for length of stay. The overall length of stay for FY2016 was 4.29, while the average length of stay for Medicare patients was 4.12 days.

Emergency Department Diagnosis

Listed below are the top reasons for visits to Bothwell Regional Health Center's ED in 2015, broken down by sex and age.

Diagnosis	Total	Female	Male	Ped	Teen	Adult	Geriatric
Urinary Tract Infection	433	352	81	48	40	205	140
Acute URI NOS	432	242	190	193	35	180	24
Chest Pain	298	159	139	0	7	207	84
Pneumonia, Organism NOS	293	142	151	52	6	118	117
Otitis Media Nos	274	141	133	210	16	46	2
Nausea w Vomiting	225	121	104	49	14	130	32
Syncope and Collapse	224	142	82	7	13	125	79
Lumbago	222	123	99	4	5	183	30
Noninf Gastroenterit Nec	220	133	87	22	19	139	40
Other Chronic Pain	211	133	78	1	4	184	22
Headache	202	127	75	13	18	155	16
Acute Pharyngitis	198	110	88	61	35	98	4
Anxiety State	186	129	57	2	18	143	23
Bronchitis	185	110	75	12	4	138	31
Dental Disorder	184	111	73	2	6	176	0
Open Wound Finger	181	59	122	16	24	120	21
Acute Upper Respiratory Infection, Unspecified	177	111	66	80	15	75	7
Chest Pain NOS	175	88	87	2	1	124	48
Sprain of Ankle NOS	174	106	68	19	38	108	9
Unspec Constipation	171	104	67	36	13	89	33
Obstr Chronic Bronchitis W (Acute Exacerbation	161	98	63	0	0	63	98

Bothwell Regional Health Center is the only ED in Pettis and Benton counties. There were 25,261 total visits to the ED in 2015. A little over 13% of patients seen in the ED were admitted to the hospital for treatment or observation.

	Patients	In Patient	Observation	In Patient%	Observation%
January	2,052	204	72	9.94%	3.51%
February	1,838	177	81	9.63%	4.41%
March	2,246	190	118	8.46%	5.25%
April	2,149	167	112	7.77%	5.21%
May	2,091	194	103	9.28%	4.93%
June	2,088	184	81	8.81%	3.88%
July	2,195	170	112	7.74%	5.10%
August	2,258	168	132	7.44%	5.85%
September	2,230	188	92	8.43%	4.13%
October	2,152	154	100	7.16%	4.65%
November	1,958	161	83	8.22%	4.24%
December	2,004	177	87	8.83%	4.34%
TOTAL	25,261	2,134	1,173	8.45%	4.64%

Chronic Diseases

Chronic diseases are among the most common, costly, and preventable of all health problems in the nation, according to the CDC. The CDC reports, four modifiable health risk behaviors — lack of physical activity, poor nutrition, tobacco use, and excessive alcohol consumption — are responsible for much of the illness, suffering, and early deaths related to chronic diseases.

According to the 2003-2013 chronic disease comparisons profile published by DHSS' MICA, the top three reasons for hospitalizations were heart disease, ischemic heart disease and arthritis/lupus. Heart disease, ischemic heart disease, and cancer respectively were the top three reasons for deaths, while the top three reasons for ED visits were heart disease, COPD and arthritis. Pettis County had significantly higher hospitalizations due to asthma compared to Benton County and Missouri.

Chronic Disease Comparisons Profile			
Chronic Disease Comparisons Profile	Pettis County	Benton County	Missouri
Heart Disease-Death (2003-2013)	218.9	219	216.8
Heart Disease-Hospitalizations (2009-2013)	149	135	123.1
Heart Disease-ED Visits (2009-2013)	11.6	12.1	14.7
Ischemic Heart Disease-Deaths (2003-2013)	120.3	133.8	144.7
Ischemic Heart Disease-Hospitalizations (2009-2013)	55.8	51	38.3
Prostate Cancer-Hospitalizations (2009-2013)	2.7	2	2.3
COPD-Hospitalizations (2009-2013)	37.6	28.1	22.6
COPD-ED Visits (2003-2013)	11.1	7.3	5.6
Asthma-ER Visits (2009-2013)	4	3.3	5.3
Asthma-Hospitalization (2009-2013)	43.1	10.9	12.5
Arthritis/Lupus-ED Visits (2009-2013)	7.9	6.7	10.3
Arthritis/Lupus-Hospitalizations (2009-2013)	43.1	47	42.3
Cancer-Death (2003-2013)	206.4	213.4	188
Cancer-Hospitalizations (2009-2013)	38.3	38.3	33.1

Source: Missouri Department of Health & Senior Services' MICA 2003-2013 data.

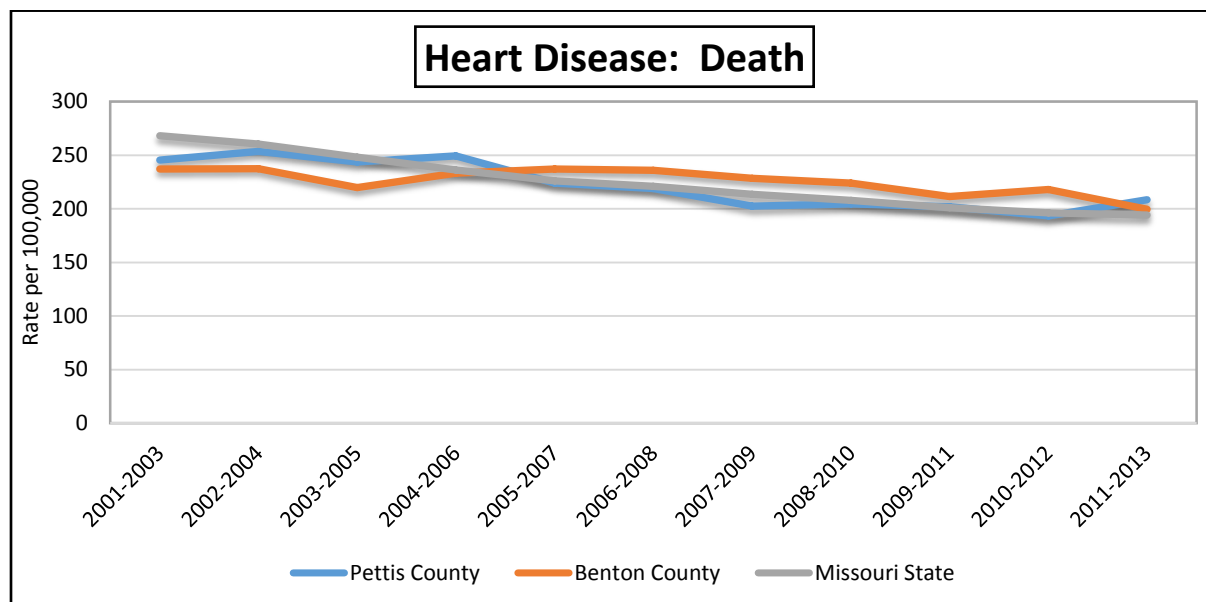
Rates are per year per 100,000 population and are age-adjusted to the U.S. 2000 standard population.

Death rates are per year per 100,000 population and are age-adjusted to the U.S. 2000 standard population.

Hospitalization rates are per year per 10,000 population and are age-adjusted to the U.S. 2000 standard population.

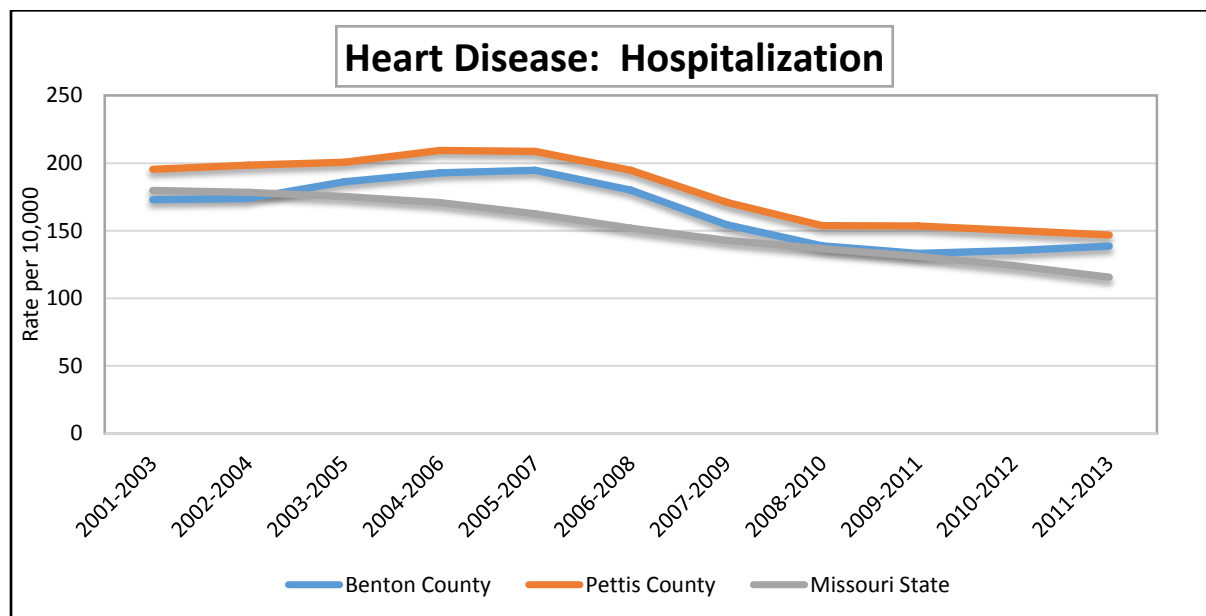
ED visit rates are per year per 1,000 population and are age-adjusted to the U.S. 2000 standard population.

The graph below shows a gradual decline in heart disease deaths across all three jurisdictions.



Source: Missouri Department Health & Senior Services' MICA

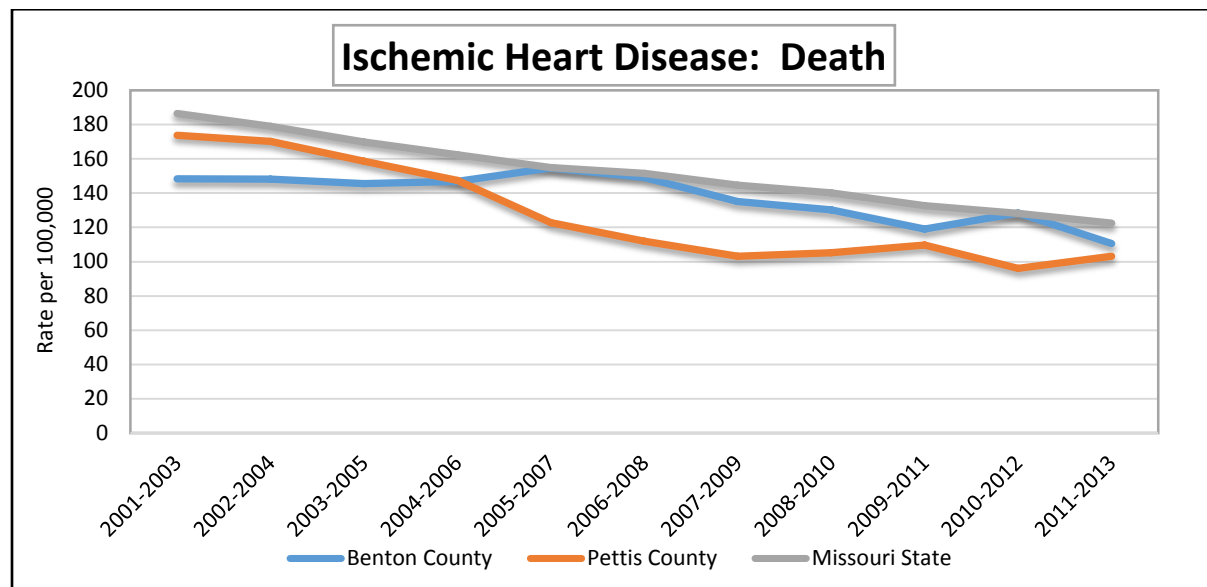
The graph below demonstrates that heart disease hospitalizations have declined between 2001 and 2013. Missouri has been trending lower than Pettis and Benton counties in general. Pettis County has more hospitalizations, followed by Benton County.



Source: Missouri Department Health & Senior Services' MICA

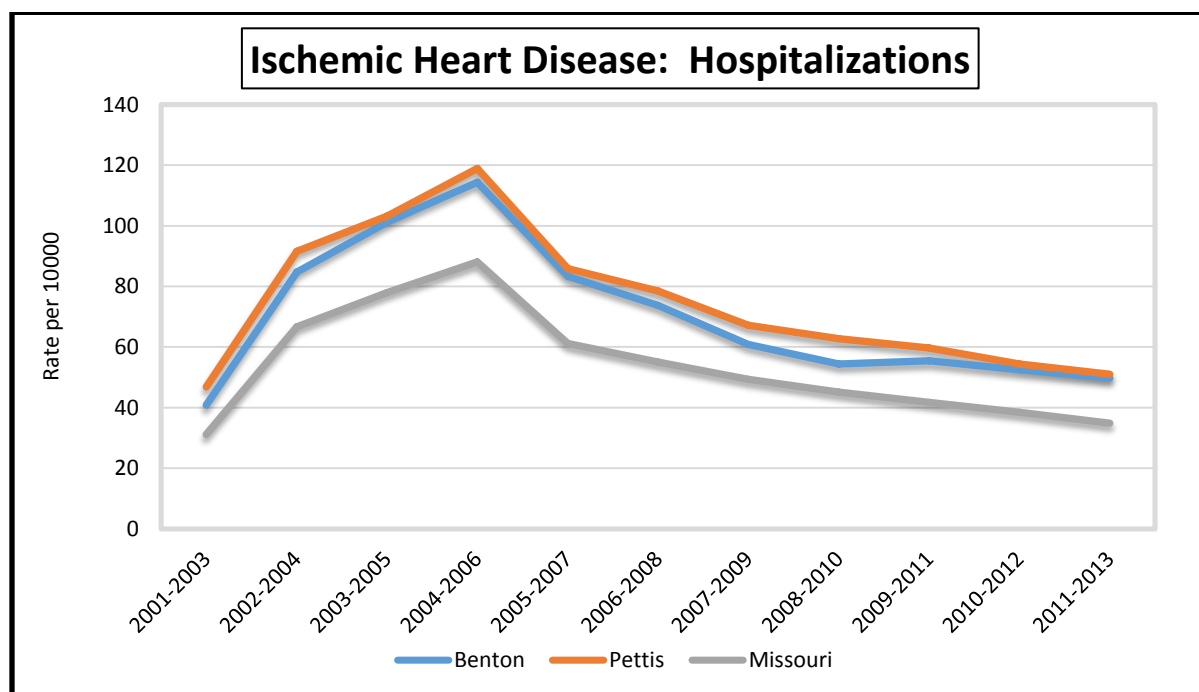


A declining trend of ischemic heart disease death is illustrated in the graph below. Missouri is experiencing more deaths compared to both Pettis and Benton counties. Pettis County has been trending lower than Benton County and Missouri since 2006.



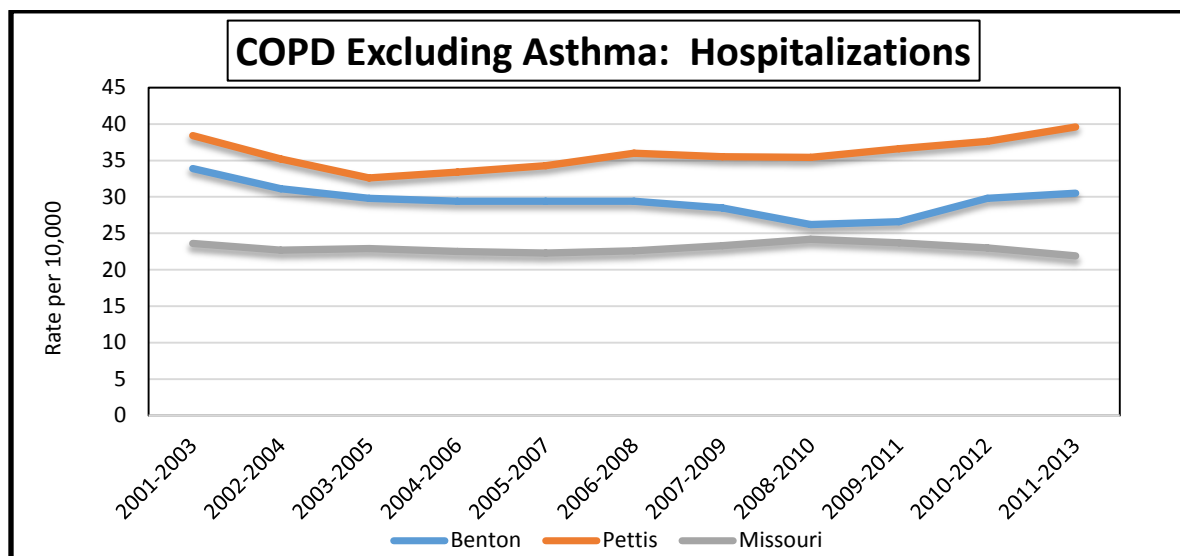
Source: Missouri Department Health & Senior Services' MICA

As shown in the following graph, Missouri is experiencing lower ischemic heart disease hospitalizations compared to Pettis and Benton counties. Pettis County has the highest hospitalization rate across the board.



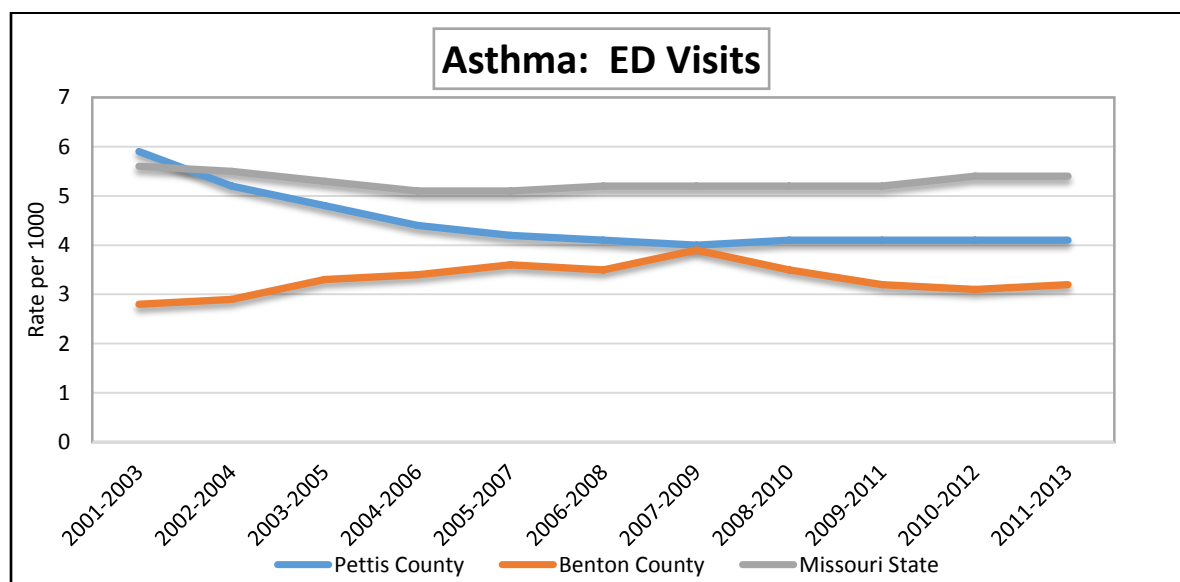
Source: Missouri Department Health & Senior Services' MICA

Pettis County is experiencing more hospitalizations due to COPD excluding asthma than Benton County and Missouri, with Missouri experiencing the least number of hospitalizations during the same time period.



Source: Missouri Department Health & Senior Services' MICA

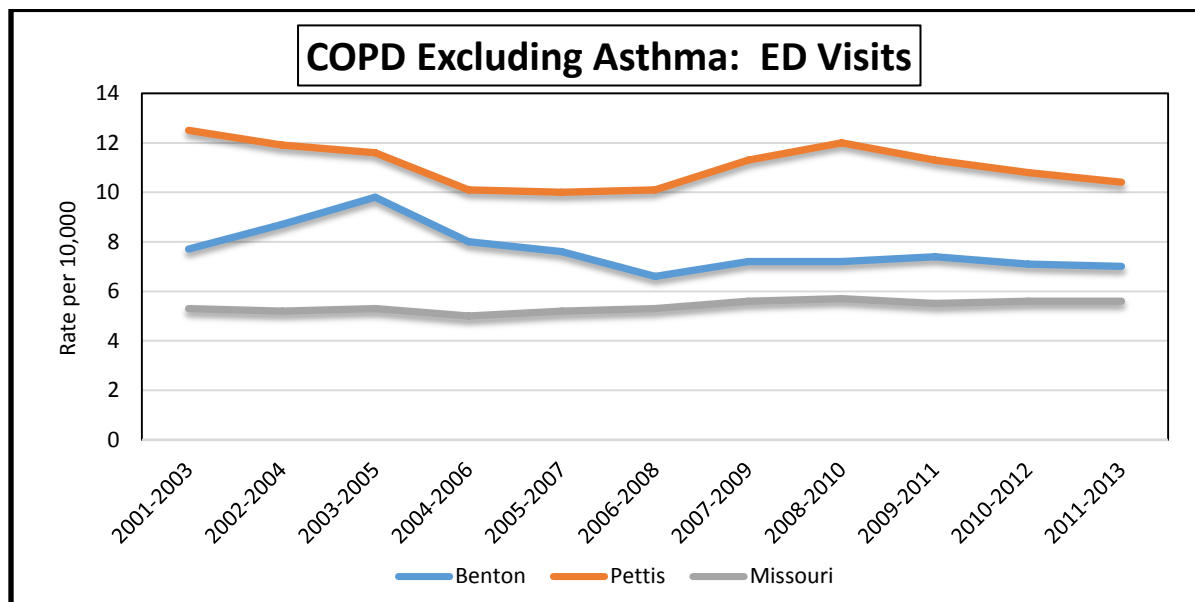
According to the graph below, both Pettis and Benton counties are performing better in terms of less asthma-related ED visits compared to Missouri. Benton County is trending lower than Pettis County.



Source: Missouri Department Health & Senior Services' MICA

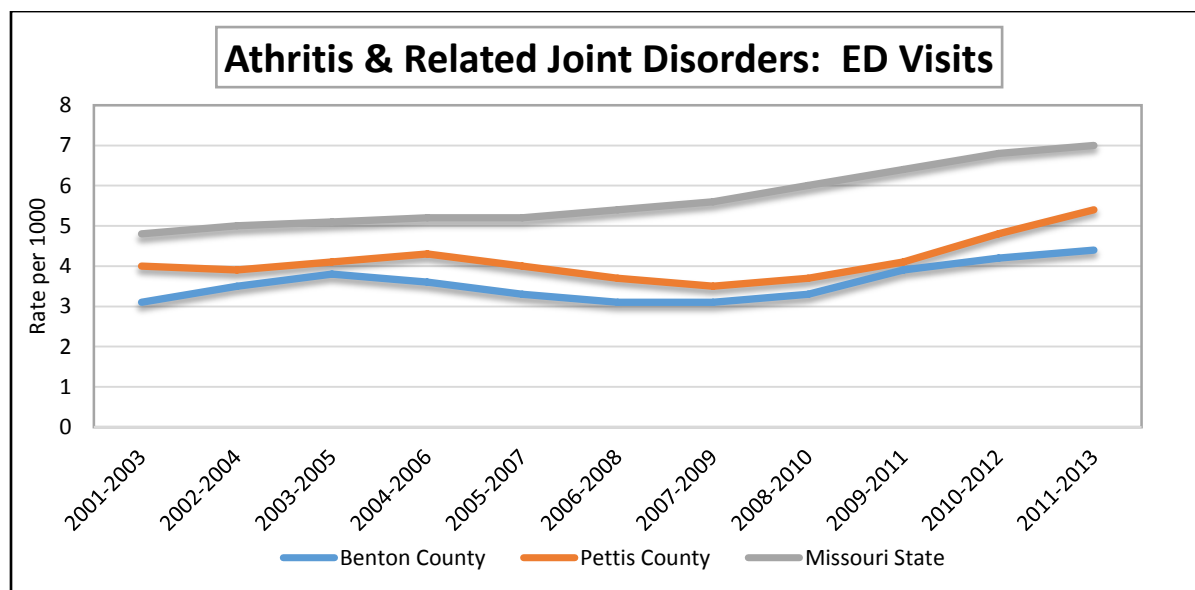


Missouri is trending lower than Pettis and Benton counties on ED visits for COPD excluding asthma. Pettis County has been experiencing more ED visits compared to Benton County and Missouri.



Source: Missouri Department Health & Senior Services MICA

The graph below illustrates that Missouri has had more ED visits for arthritis and related joint disorders followed by Pettis County. Benton County had the least number of ED visits during the same time period ranging from 2001 to 2013.



Source: Missouri Department Health & Senior Services' MICA

Leading Causes of Death

DHSS reports a life expectancy of 77.4 years in Pettis County, 76.1 years in Benton County, and 77.2 years in Missouri — all less than the U.S. average of 78.8 years (CDC, 2013). According to 2015 data by DHSS, the top 10 causes of death in Missouri in 2011 were heart disease, cancer, stroke, chronic lower respiratory disease, total unintentional injuries, diabetes, influenza and pneumonia, Alzheimer's

disease, kidney disease and suicide. Pettis and Benton counties share the same leading causes of death, heart disease and cancer, with the rest of the state. While both Benton County and Missouri share the three top leading causes of death, Pettis County shares the first two, while stroke/other cerebrovascular disease is the third leading cause of death in that county.

According to the table below outlining the leading causes of death between the three jurisdictions, it is evident that heart disease and all cancers (malignant neoplasms) are the top two causes across the board. Both Benton County and Missouri share chronic lower respiratory disease as the third leading cause of death, while stroke/other cerebrovascular disease is the third leading cause of death in Pettis County.

Top Causes of Death (2003-2013)

Leading Causes of Death 2003-2013 — Age-Adjusted Rate			
	Pettis County	Benton County	Missouri
Heart Disease	219	219.2	216.7
All Cancers (Malignant Neoplasms)	206.5	213.4	188.9
Chronic Lower Respiratory Disease	49.2	61.1	50.3
Stroke/Other Cerebrovascular Disease	52.4	60.2	47.8
Total Unintentional Injuries	45.7	60.4	47.5

Source: Missouri Department of Health & Senior Services' MICA 2003-2013 data.

Mortality rates are per year per 100,000 population and are age-adjusted to the U.S. 2000 standard population.

The most current data from DHSS shows that compared to Missouri, both Pettis and Benton counties have higher heart disease and cancer death rates. According to results from the 2013 community health needs assessment, heart disease deaths have declined for the two counties and Missouri. Pettis County heart disease death rates have dropped from 226.9 to 219, Benton County dropped from 232.6 to 219.2 and Missouri dropped from 245.6 to 216 respectively, per 100,000 population. The same trend is evident when it comes to cancer deaths, because while all three jurisdictions have seen a decline in deaths across the board. Benton County has seen the biggest drop from 230 to 213.4 deaths per 100,000 population, followed by Missouri which dropped from 197.7 to 188.9, and finally, Pettis County from 210.3 to 206.5 deaths. **Note:** All rates have been adjusted to the U.S. 2000 standard population.

Cancer:

The Bothwell Cancer Registry reported 284 new cases to the State of Missouri in 2015.

Data: 276 of these were analytic, which means they were diagnosed at Bothwell **and/or** received their first course treatment at Bothwell; eight were non-analytic, meaning they were diagnosed and receiving the first course therapy elsewhere.

Of these 276 cases, 183 were diagnosed at Bothwell Regional Health Center and 93 were diagnosed elsewhere, but received all or part of their first course treatment at Bothwell.

Fifty-three percent of these patients were diagnosed at Bothwell and received all first course treatment at Bothwell, which means that 47% went elsewhere after being diagnosed at Bothwell.

Stages of cancer diagnosed at Bothwell:

Stage 0: 7%
 1: 26%
 2: 19%
 3: 17%
 4: 31%

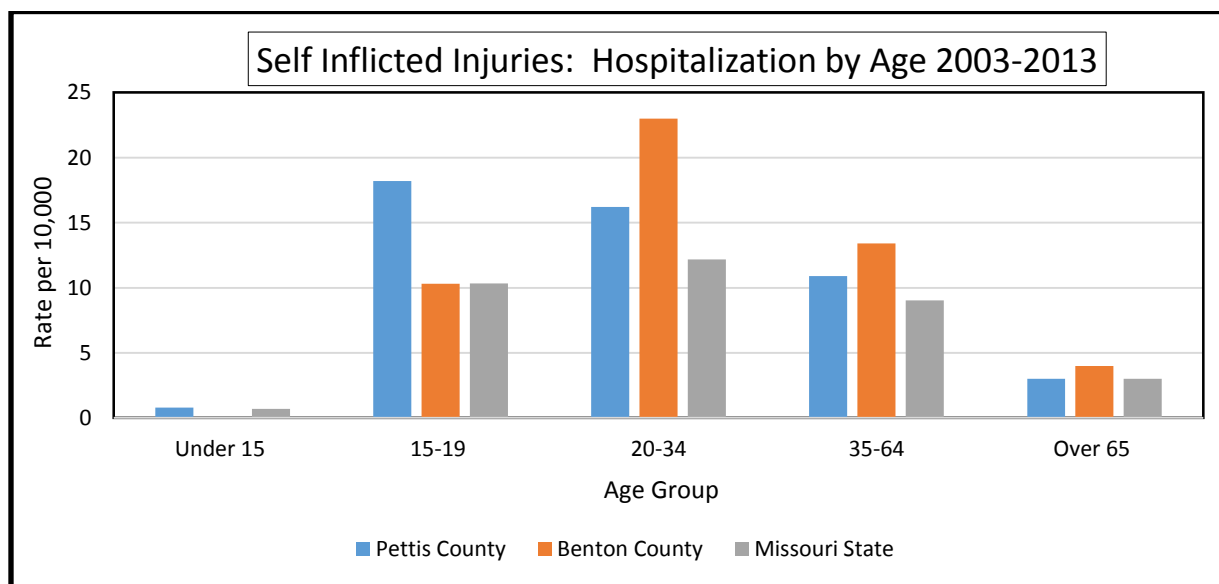
Top Eight Cancer Incidences		
Cancer Site	Pettis County	Benton County
Lung and Bronchus	15.5%	18.6%
Prostate	14.6%	16.2%
Female Breast	13.3%	12.6%
Colon and Rectum	9.5%	9.4%
Urinary Bladder	6.2%	5.2%
Non-Hodgkin Lymphoma	4.0%	4.0%
Pancreas	3.3%	3.2%
Leukemia	3.1%	2.7%

Injury

MICA data shows the Benton County rate for unintentional injuries is higher than the state rate for both deaths and hospitalizations. Motor vehicle traffic accident injuries were the most common injury type resulting in hospitalization in Pettis and Benton counties from 2003-2013. The hospitalization rate of 18.5 in Benton County for motor vehicle injuries was 8.58 higher than the Missouri rate of 9.92. Benton County has shown a disproportionate amount of hospitalizations due to self-inflicted injuries over the past decade of MICA reporting (2003-2013). Self-inflicted injuries are more commonly described as suicide attempts.

Hospitalization Rates for Self-Inflicted Injuries

The graph below shows Pettis County had the most hospitalizations for self-inflicted injuries in the 15-19 year old age group, compared to Benton County and Missouri. Benton County, on the other hand, had the highest number of self-inflicted injuries resulting in hospitalization for the 20-34 and 35-64 year old age groups. It is quite clear that the 20-34 year old age group had the highest number of self-inflicted injuries resulting in hospitalization, whereas the under 15 and over 65 year old age groups had the least number of hospitalizations in general.



Source: Missouri Department of Health & Senior Services Unintentional Injury Profile 2016

Unintentional Injuries

Unintentional Injuries						
	Hospitalizations			ED Visits		
	Pettis County	Benton County	Missouri	Pettis County	Benton County	Missouri
2003-2013						
Total Unintentional	61	76.3	53.82	97.4	85	86.81
Motor Vehicle	11.5	18.5	9.92	9.5	9.7	9.46
Poisoning: Gas/Cleaner/Caustic	0.3*	0.2*	0.23	0.3	0.2	0.25
Fire/Burn	1.9	1.9	1.27	1.8	1.5	1.52

Source: Missouri Department Health & Senior Services' MICA 2013

Hospitalization rates are per year, per 10,000 population, and are age-adjusted to the U.S. 2000 standard population.

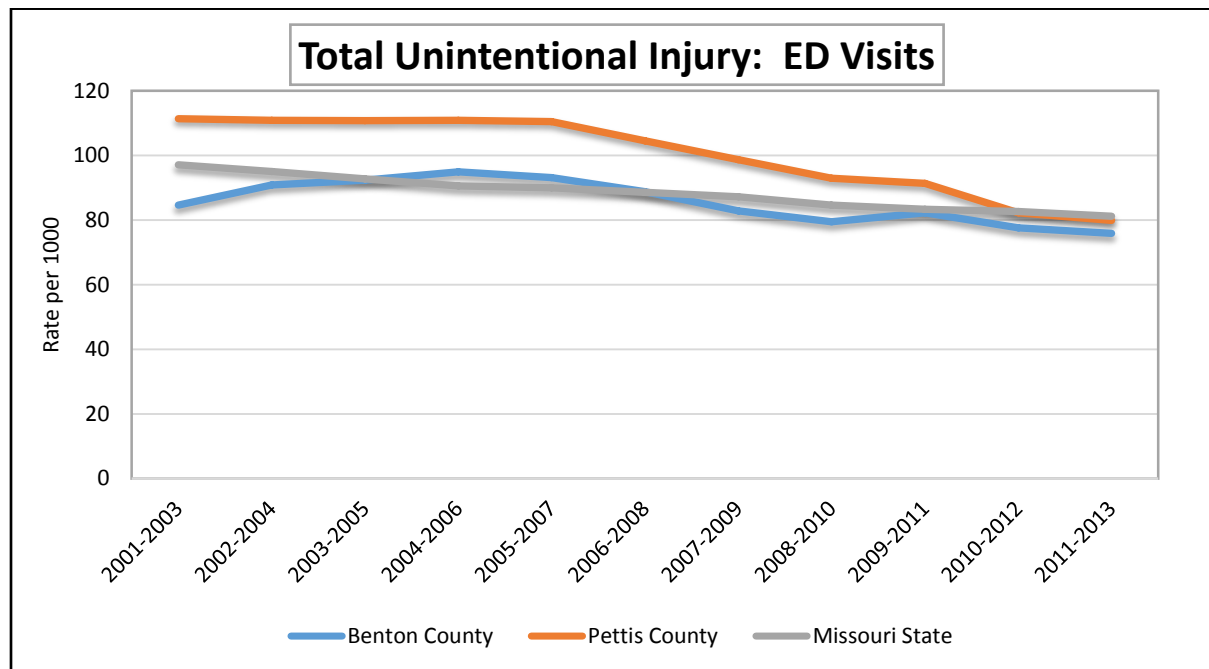
ED visit rates are per year, per 1000 population and are age-adjusted to the U.S. 2000 standard population.

Fewer than 20 events in numerator; rate is unstable.

The table above demonstrates that Benton County had the highest total number of hospitalizations from unintentional injuries followed by Pettis County and then Missouri. Benton County also has a substantially higher motor vehicle hospitalization rate compared to the other jurisdictions. When it comes to ED visits for unintentional injuries, Pettis County led the pack followed by Missouri and Benton

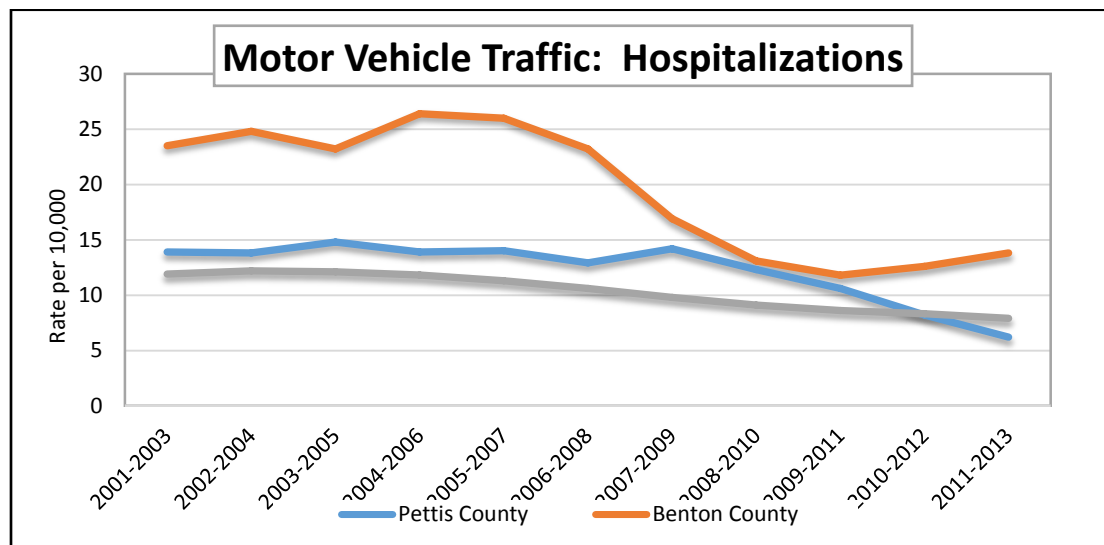
County respectively. Motor vehicle-related ED visits placed second after the total unintentional injury category.

The graph below reveals that while Pettis County has had higher total unintentional injury ED visits from 2001-2013, they now are performing better according to 2011 to 2013 results. This also demonstrates that we have seen a steady decline in these visits across all three jurisdictions.



Source: Missouri Department Health & Senior Services' MICA

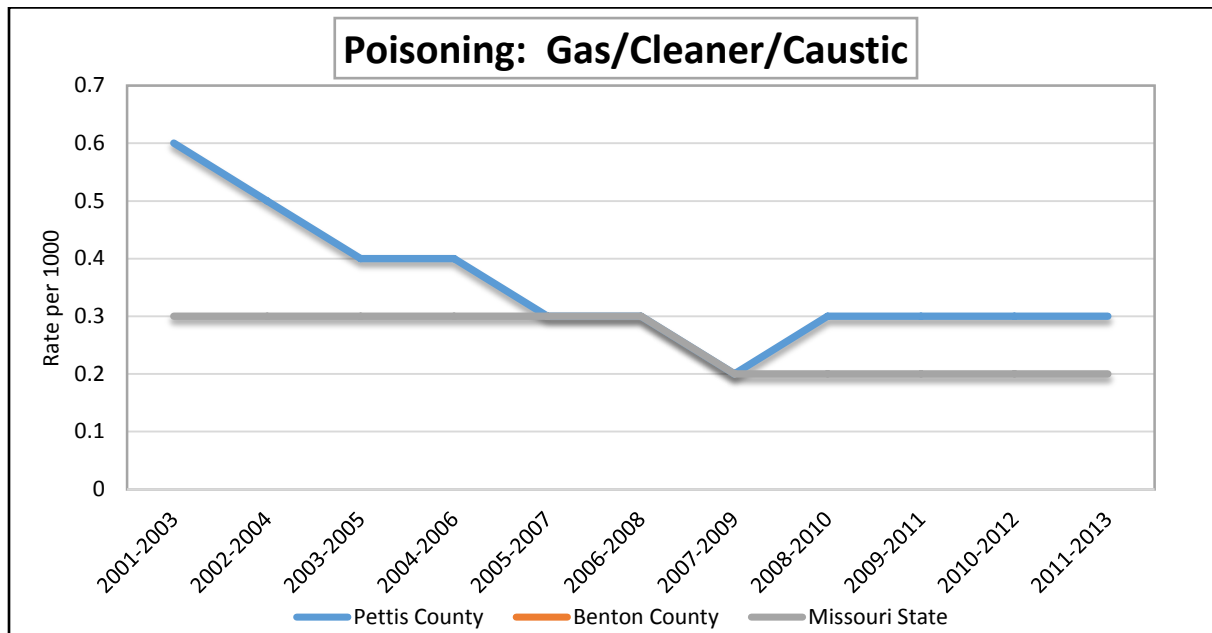
The graphical representation below depicts a declining trend in the number of motor vehicle traffic hospitalizations for all three jurisdictions. Benton County has seen the greatest decline, but has been trending higher than Pettis County and Missouri during the entire analysis period. While Missouri has trended lower than both jurisdictions during this time period, Pettis County seems to be changing their dynamic according to the most current data provided for 2011-2013, where they have had the lowest number of hospitalizations compared to Missouri and Benton County.



Source:



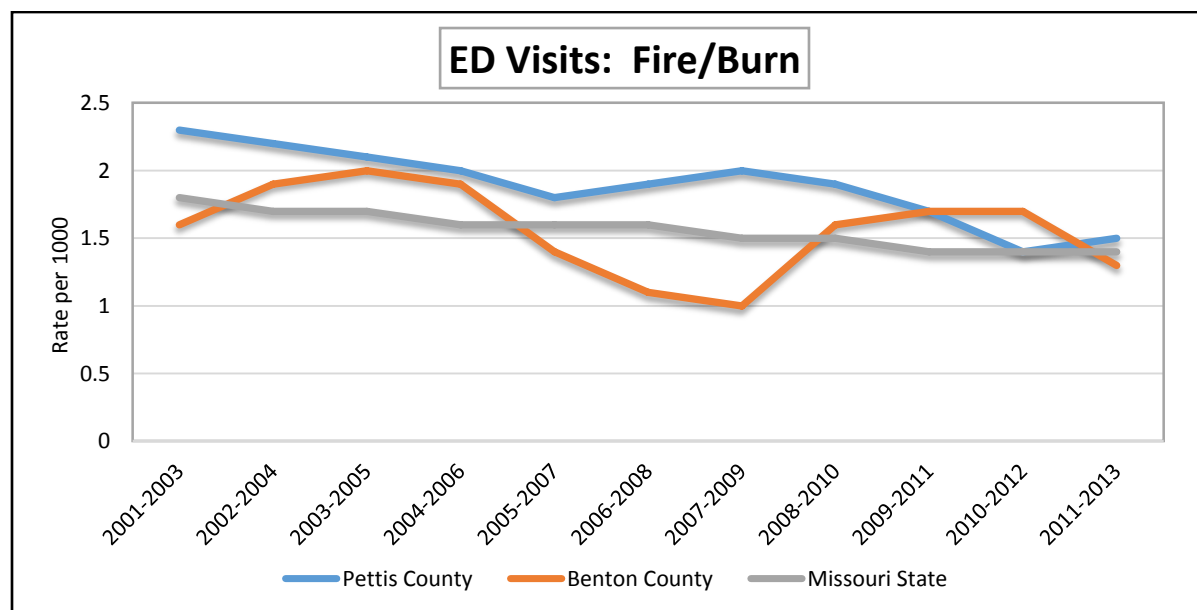
Pettis County had more gas/cleaner/caustic-related poisonings compared to Missouri. No data was available for Benton County during the same time period.



Source: Community Data Profiles, Missouri Department of Health & Senior Services

*Data unavailable for Benton County.

The graph below reveals a declining trend in fire/burn ED visits especially for Pettis County. Benton County has experienced more variation than the other two jurisdictions as depicted by the shifting trendline. The 2011-2013 data shows an emerging trend of Benton County performing better than Pettis County and Missouri.



Source: Missouri Department Health & Senior Services' MICA

According to the table below, it is evident that Missouri experienced fewer injuries at work compared to Pettis and Benton counties. Higher rates for both counties may have been the result of the low number of cases captured for the analysis. (Low numbers lack validity and reliability.)

2003-2013	Pettis County Death Rate	Benton County Death Rate	Missouri Death Rate
Injury at Work	2.7*	3.2*	1.47

Source: Missouri Department Health & Senior Services' MICA/2003-2013

Per year, per 100,000 population and age-adjusted to the U.S. 2000 standard population.

*Fewer than 20 events: numerator is unstable.

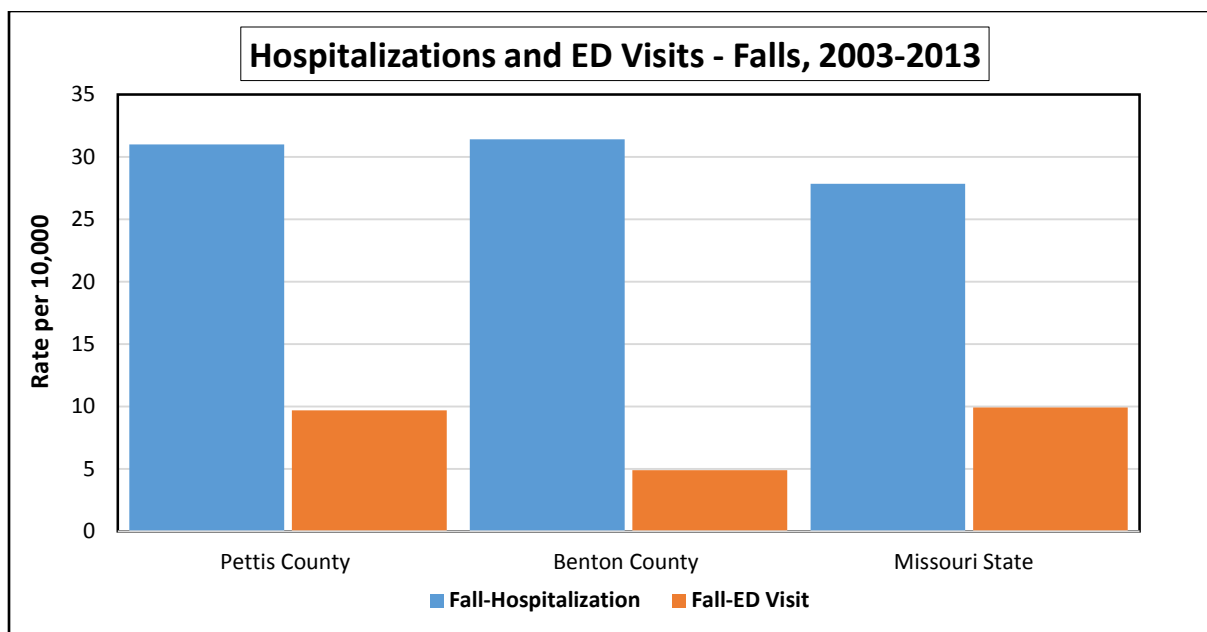
According to the falls table below, Benton County had the lowest rate for falls ED visits, but the highest rate for falls hospitalizations compared to the other jurisdictions. Pettis County and Missouri had minimal variation in falls hospitalizations and ED visits.

2003-2013	Pettis County	Benton County	Missouri
Fall-Hospitalization	31	31.4	27.84
Fall-ED Visit	9.7	4.9	9.91

Source: Missouri Department Health & Senior Services' MICA/2003-2013

Hospitalization rates are per year, per 10,000 population and are age-adjusted to the U.S. 2000 standard population.

ED visit rates are per year, per 1000 population and are age-adjusted to the U.S. 2000 standard population.

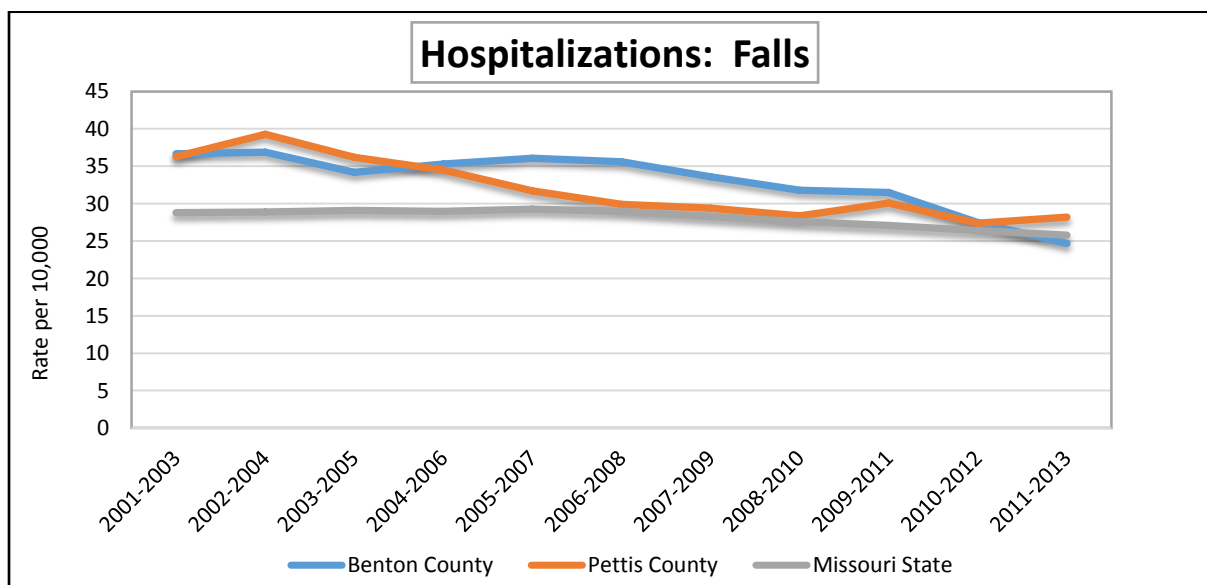


Source: Missouri Department Health & Senior Services' MICA/2003-2013

Hospitalization rates are per year, per 10,000 population and are age-adjusted to the U.S. 2000 standard population.

ED visit rates are per year, per 1000 population and are age-adjusted to the U.S. 2000 standard population.

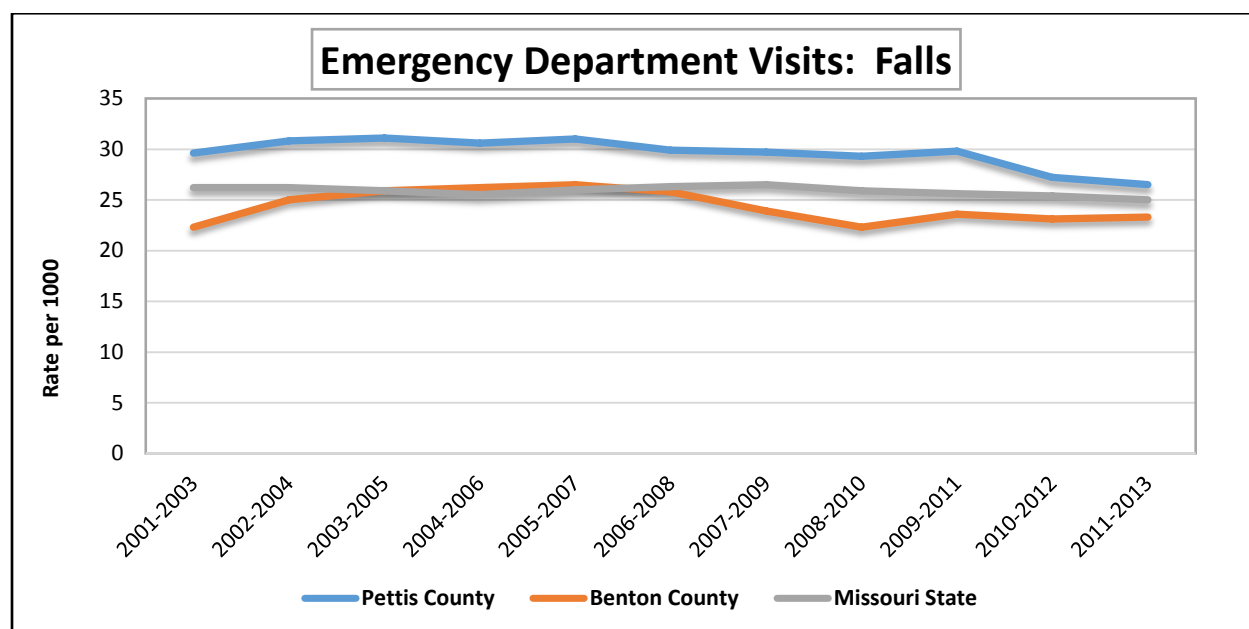
While we have seen a slight decline in falls for all three jurisdictions, for the first time, Benton County performed better than Pettis County and Missouri during the 2011 to 2013 reporting period. Missouri has had the least number of falls hospitalizations, while Benton County had the most during the 2001-2013 reporting period.



Source: Community Data Profiles, Missouri Department of Health & Senior Services

All rates are per year, per 1000 population and are age-adjusted to the U.S. 2000 standard population.

The graph below shows that Pettis County has had more falls ED visits compared to the other two jurisdictions. Benton County seems to have had fewer ED visits due to falls during the 2001-2013 analysis period.



Source: Community Data Profiles, Missouri Department of Health & Senior Services
All rates are per year, per 1000 population and are age-adjusted to the U. S. 2000 standard population.

Drug and Alcohol Abuse

Using MICA and Missouri Department of Mental Health data, the events listed below examine drug and alcohol abuse that impact the residents of Pettis and Benton counties in comparison to Missouri. According to the Missouri Division of Behavioral Health and the Substance Abuse and Mental Health Services Administration, the manufacture of methamphetamine has been particularly problematic for Missouri, however, the number of lab seizures have dropped throughout the last decade. Specifically, Missouri has a reduced number of lab seizures from 2,788 in 2004 to 1,045 in 2014. Benton County had six methamphetamine laboratory seizures in 2004 and none in 2014. During the same timeframe, Pettis County had 13 methamphetamine laboratory seizures in 2004 and none in 2014.

According to the alcohol and drug-related health impacts table below, Benton County had the highest number of deaths from alcohol/drug poisoning, followed by Missouri and Pettis County respectively. On the same note, Benton County had the highest number of alcohol/drug-related hospitalizations, followed by Pettis County and Missouri.

Alcohol and Drug-Related Health Impacts

2003-2013	Pettis County	Benton County	Missouri
ED Visits: Alcohol/Drug Poisoning*	0.6	0.5	0.68
Hospitalization: Alcohol/Drug Poisoning**	3.7	5.2	3.62
Death: Alcohol/Drug Poisoning	7.1	12.5	11.67
Opioid Abuse and Misuse – Emergency Department Visits and Hospitalizations – Percent Increase from 2005-2014.	108% (region)	108% (region)	137%

Source: Missouri Department of Health & Senior Services, Unintentional Injury Profile 2013

Missouri Hospital Association Hospital Industry Data Institute, *HIDI HealthStats*, October 2015

Mortality rates are per year, per 100,000 population and are age-adjusted to the U.S. 2000 standard population.

Hospitalization rates are per year, per 10000 population and are age-adjusted to the U.S. 2000 standard population.

ED visit rates are per year, per 1000 population and are age-adjusted to the U.S. 2000 standard population.

*Excludes those not traffic-related.

**Includes drowning involving watercraft.

Findings from the 2013-2015 Status Report on Missouri Substance Use and Mental Health by the Missouri Department of Mental Health, reveal that Pettis County had a substantially higher arrest rate for people driving under the influence. The results further reveal that Pettis County had a higher number of alcohol and drug-related traffic accidents resulting in fatalities compared to Benton County.

According to results from the 2013 community health needs assessment, there seems to be progress in the right direction as Pettis County has experienced a decrease in the number of driving under the influence arrests from 251 to the current 163. During the same time period, the number of traffic accidents resulting in injuries caused by alcohol and drug use have declined from 48 to 31. Benton County has seen a drop in the number of driving under the influence arrests from 124 to 94, while traffic accidents resulting in injuries caused by alcohol and drug use have declined from 16 to 12 during the same time period. Missouri has seen increases across three of the four categories, with a decrease in methamphetamine lab incidents from 1960 to 1495.

Law Enforcement Events Related to Alcohol and Drug Abuse

	Pettis County	Benton County	Missouri
Traffic Accidents: Alcohol/Drugs — Fatalities	5	1	212
Traffic Accidents: Alcohol/Drugs — Injuries	31	12	3061
Driving Under the Influence: Arrests	163	94	29,341
Methamphetamine Lab Incidents	3	3	1495

Source: Missouri Department of Mental Health, 2015 Status Report on Missouri's Substance Use and Mental Health



Maternal and Child Health Indicators

General Maternal and Child Health

A review of the DHSS' MICA prenatal profile indicators shows that Benton County performed worse than Missouri in the following areas: mothers that utilized prenatal Medicaid and prenatal WIC, and more mothers reporting they smoked during pregnancy. On the same note, Pettis County reported statistically higher than Missouri's rates in six of the 10 indicators in the following areas: inadequate prenatal care, prenatal Medicaid, prenatal WIC, prenatal food stamps, weight gain less than 15 pounds — term Singleton, and mothers reporting they smoked during pregnancy. A review of the infant health profile shows that Benton County's outcomes related to morbidity and mortality were not any different from Missouri. Pettis County's data showed that they performed better than Missouri on pre-term births (less than 37 weeks gestation) and low birth weight indicators respectively. Their results on other morbidity and mortality indicators were not any different from Missouri's.

According to the table below, Benton County had the highest rates for mothers who reported smoking during pregnancy, when compared to the other two jurisdictions. Both counties had higher prenatal Medicaid, prenatal WIC, and prenatal food stamps, compared to Missouri rates. Out of the three jurisdictions, Pettis County had the highest live births and fertility rate, mothers' education less than 12 years, and WIC infants-ever breast fed. Benton County had significantly higher non-hospital live births and high risk not delivered in OB Level II/III rates, compared to Pettis County and Missouri.

Event	Pettis	Benton	Missouri
Prenatal Medicaid	52.1	54.8	43
Prenatal WIC	63.3	59.6	45.2
Prenatal Food stamps	37.6	38.2	33.1
Mother Smoked During Pregnancy	22	31.2	17.5
Mothers Education Less than 12 Years	23.5	20.9	15.95
Mother > 15% Underweight for Height	5.1	5.4	4.85
Live Births & Fertility Rate	74	62.9	65.02
Out of Wedlock Births	39.8	42.3	40.34
Spacing Less than 18 Months	12.5	13.4	12.06
Abortions	61.2	60.7	124.55
Repeat Abortions	22.2	23.4*	40.64
Abortions Mother under 18	11.5*	17.7*	18.27
Preterm Births (Less than 37 Weeks Gestation)	10.6	11	12.23
WIC Infants-Ever Breast Fed	74.5	71.9	66.14
Non-Hospital live births (2009-2013)	19	40	16.12
High Risk not Delivered in OB Level II/III (2009-2013)	36.1	65.6	10.73
Cesarean Sections	33	34.3	31.61
Healthy Live Births/(known pregnancies) (2009-2013)	86.1	89	80.84
Abortions/known pregnancies (2013)	5.9	4.8*	10.36
Four Plus Live Births	5.9	5.1	5.2

Source: Missouri Department of Health and Senior Services Maternal Delivery 2013
Rates are per 1,000 live births.

Trends

Areas that have improved from 2010-2014 — Pettis County:

- Births to mothers without high school diploma, decreased from 25.2% to 18.6%
- Low birth weight infants, decreased from 7.4% to 6.6%
- Infant mortality (per 1,000 live births), decreased from 6 to 5.5
- Annual high school drop outs, decreased from 0.9% to 0.4%

Areas that have declined from 2010-2014 — Pettis County:

- Children under 18 in poverty, increased from 24.5% to 26.4%
- Child deaths ages 1-14 (per 100,000), increased from 11.3 to 26.8
- Child abuse and neglect (per 1,000), increased from 40 to 52.3
- Out-of-home placement entries (per 1,000), increased from 2.4 to 7
- Teen unintentional injuries/homicides/suicides, ages 15-19 (per 100,000), increased 34.4 to 35.6
- Births to teens, ages 15-19 (per 1,000), increased from 45.9 to 48.6

Areas that have improved from 2010-2014 — Benton County:

- Low birth weight infants, decreased from 7.0% to 6.9%
- Infant mortality (per 1,000 live births), decreased from 9.7 to 2.5
- Teen unintentional injuries/homicides/suicides, ages 15-19 (per 100,000), decreased from 144.8 to 20.6
- Annual high school drop outs, decreased from 2.5% to 2.1%
- Births to teens, ages 15-19 (per 1,000), decreased from 60.2 to 35.8
- Children under 18 in poverty, decreased from 35.1% to 21.8%

Areas that have declined from 2010-2014 — Benton County:

- Child deaths ages 1-14 (per 100,000), increased from 7.1 to 14.7
- Out-of-home placement entries (per 1,000), increased from 0.6 to 4.2
- Births to mothers without high school diploma, increased from 19.7% to 21.8%
- Child abuse and neglect (per 1,000), increased from 49.9 to 62.1

Women's Health

According to the women's health profile through 2011 shown below, it is evident that the top three issues identified are heart disease-deaths, heart disease-hospitalizations, and intentional injury-self-inflicted injuries. Benton County had the highest number of hospitalizations for diabetes and chronic lower respiratory disease resulting in death compared to Pettis County and Missouri. Both counties had substantially higher rates for hysterectomies, and lower breast cancer-mastectomies compared to Missouri.

Women's Health Profile through 2011			
Cause	Pettis County	Benton County	Missouri
Heart Disease-Deaths	180.8	173.8	189.24
Heart Disease-Hospitalizations	133.9	126.5	117.38
Breast Cancer-Mastectomies	4.5	5.6	6.38
Chronic Lower Respiratory Disease-Deaths	44.3	51.7	43.2
Diabetes Mellitus-Hospitalizations	17.8	18.1	16.49
Pneumonia and Influenza-Hospitalizations	54.2	49.7	41.67
Intentional Injury-Self-Inflicted Injuries	167.7	175.8	157.49
Inflammatory Pelvic Disease ED Visit	3.4	2.4	3.26
Menstrual Disorder ED Visit	2.9	2.1	2.42
Hysterectomies	72.5	67.7	48.96

Source: Missouri Department of Health and Senior Services' MICA 2013

Cause, death and injury rates are per year, per 100,000 population and are age-adjusted to the U.S. 2000 standard population

Hospitalization rates (including mastectomies and hysterectomies) are per year, per 10,000 population and are age-adjusted to the U.S. 2000 standard population.

ED rates are per year, per 1,000 population and are age-adjusted to the U.S. 2000 standard population.

* Fewer than 20 events in numerator; rate is unstable.

Currently, according to the National Women's Health Indicator's database, the entire state of Missouri ranks 50th (out of the 50 states) in women smoking during pregnancy, and also had poor rankings in a variety of other health indicators, including heart disease (43rd), total cancer (43rd), lung cancer (48th), women who eat 5+ vegetables a day (45th), and routine checkup in the past two years (47th). Also, in 2007, Missouri compared to the entire U.S. is a part of the lowest quintile in the percent of children who exclusively breast-fed for the first three months with 28.2 percent of Missouri women breast-feeding exclusively in the first three months compared to 33 percent for the nation.

http://www.healthstatus2010.com/owh/pdf/Aug11_BF3Mo.pdf

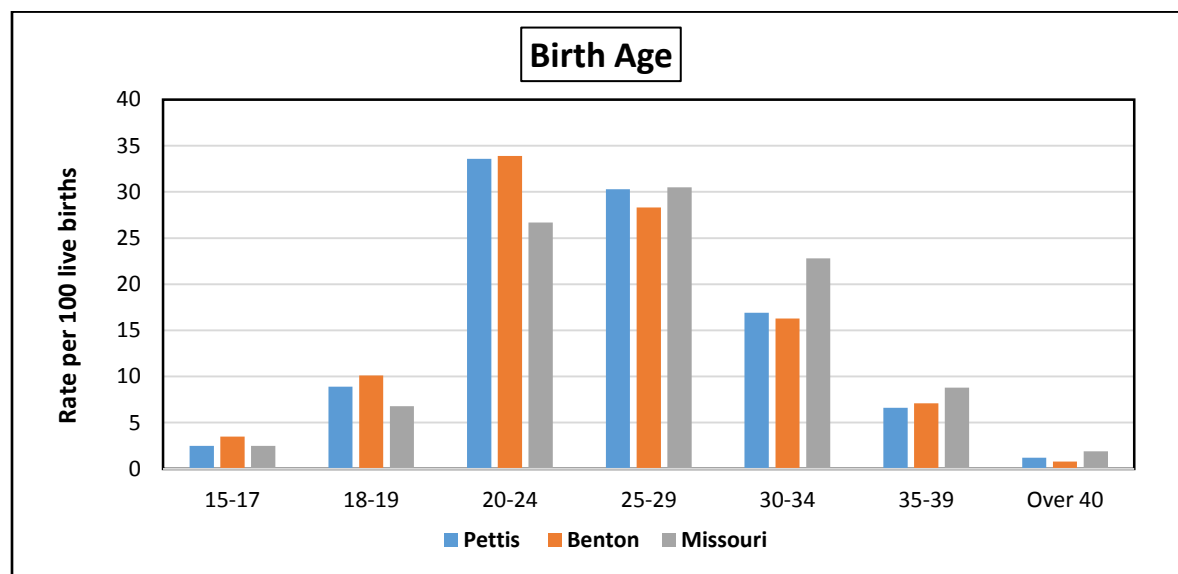
Maternal Health

Current Missouri data from DHSS' MICA reveals that compared to Whites, African Americans had twice the number of mothers who had inadequate prenatal care, nearly twice the number of children born with a low birth weight, and more than twice the number of infant deaths per 1,000 live births.

According to the most recent community health needs assessment completed by Bothwell Regional Health Center, minority health, most notably Hispanic women's maternal health, continued to show a disparity compared to the majority population. According to the Missouri Foundation for Health, Hispanic mothers are more than twice as likely not to receive adequate prenatal care compared to the White population.

Maternal Age

The graph below illustrates that Benton County had a higher number of births for mothers 29 and under, compared to Pettis County and Missouri. Missouri leads in births for women 30 and over. It is evident that most births occur between the ages of 20 and 29 years, while the lowest occur in the over 40 year old age group.



Source: Missouri Department of Health and Senior Services Reproductive Health Profile 2013

Rates are per 100 live births.

*Fewer than 20 events in numerator; rate is unstable.

Birth Spacing

According to the table below that highlights the birth spacing rate of less than 18 months, Benton County reported a higher rate, followed by Pettis County.

2005-2009		
Birth Spacing Rate Less than 18 Months		
Pettis	Benton	Missouri
12.5	13.4	12.06

Source: Missouri Department Health & Senior Services' MICA/2005-2009
Rate per 1,000 live births.

Birth spacing of less than 18 months is higher in Benton County than Pettis County and Missouri. Research shows that mothers and babies are much healthier if there is at least 24 months between pregnancies. A pregnancy within 18 months of giving birth is associated with an increased risk of low birth weight, small size for gestational age and pre-term birth. Closely spaced pregnancies do not give the body enough time to recover from the physical stress of one pregnancy before moving on to the next. For instance, it is evident that pregnancy and breast-feeding can deplete the mother's stores of essential nutrients, such as iron and folate.

High-Risk Pregnancy

2015 data from the Pettis County Health Center depicts the number of high risk pregnancies that occurred.

	High risk	Smoked during pregnancy	Mother age 13-19	Less than 12 years of education	Mother 20 years with multiple pregnancies	Late entry/ Inadequate prenatal care	2 risk factors	3 risk factors	Total births
Jan.	23	8	2	8		5/8	9	2	56
Feb	21	5	9	14		5/4	8	9	45
Mar	25	9	4	5		10/5	6	2	55
Apr.	23	4	5	10	1	7/8	2	4	51
May	24	7	2	6		10/6	8	4	47
June	18	5	2	5		7/7	6	0	36
July	30	13	1	8		16/14	8	4	50
Aug.	31	9	5	13		13/7	14	1	61
Sept.	32	8	4	14		7/7	7	5	60
Oct.	18	4	2	8		5/7	9	1	39
Nov.	25	9	2	9		8/8	12	5	46
Dec.	35	5	9	4		8/15	7	4	51

Teen Pregnancy

According to the 2009-2013 MICA, Pettis and Benton counties continue to have high levels of teen pregnancy.

2009 to 2013 Birth Age			
Birth Age	Pettis	Benton	Missouri
Under 15	0.1*	0.1*	0.1
15-17	2.5	3.5	2.5
18-19	8.9	10.1	6.8
20-24	33.6	33.9	26.7
25-29	30.3	28.3	30.5
30-34	16.9	16.3	22.8
35-39	6.6	7.1	8.8
Over 40	1.2	0.8*	1.9

Source: Missouri Department of Health and Senior Services Reproductive Health Profile 2013
Rates are per 100 live births.

*Fewer than 20 events in numerator; rate is unstable.

The table above on birth age depicts that both Pettis and Benton counties had higher rates than Missouri in the 18-24 birth age category. Benton County had a slightly higher rate in the 15-17 birth age group in comparison to Pettis County and Missouri. Missouri, on the other hand, had higher rates of birth for ages 25 and older.

According to the child health table below, Missouri had higher birthrates for the birth weight low, WIC low, and very low categories compared to Pettis and Benton counties. Benton County, on the other hand, had the highest rate for the high birth weight category of over 4000 grams and more. Both counties had higher rates of breastfeeding sometime during infancy, and immunizations up-to-date, compared to Missouri. When it comes to weight and height metrics, Missouri's rates were higher than the two counties in the WIC over or equal to the 95th percentile, and WIC risk for overweight categories respectively. Pettis County had the highest rates for under the 10th percentile, and 1< or = 10th percentile for height and weight categories.



Child Health				
		Pettis County	Benton County	Missouri
Birth Weight - very low (less than 1500 grams)		1.7	0.8	1.6
Birth weight - low (less than 2500 grams; includes very low)		8.4	7.3	9.4
Birth weight - high (4000 grams or more)		9.3	9.6	7.6
Birth weight - WIC - low (500 - 2500 grams - inclusive)		7.9	7.3	9.2
Breastfed sometime during infancy		58.9	59	53.5
Immunizations up-to-date		89.6	90.7	86.7
Height for age - short (less than 5th percentile)		3.5	4.2	5.3
Weight for height and gender (BMI) - overweight		14	13.6	15.9
Weight for height - CDC - under (less than 10th percentile)		5	3.8	4
Weight for height - WIC - under (< or = to 10th percentile)		5	3.8	4
Weight for height - WIC - normal (> 10th and < 95th percentile)		78.8	80.8	78.5
Weight for height - WIC - over (> or = to 95th percentile)		16.2	15.4	17.5
Weight for height - WIC - risk of overweight (85th to 95th percentile)		16.3	16.9	18.6
Weight for height and gender (BMI) - risk of overweight (85th to 95th percentile)		13.9	17.1	18.5

Source: Missouri Department of Health and Senior Services WIC Participants Profile 2013
Rates Per 100 Crude Rate

Other measures of child well-being included:

	2010	2014
Minority children	23.8%	24.6%
English Language Learners	19,986	27,268
Child receiving child care assistance (per 1,000)	115.3	158.1
Licensed child care capacity (per 1,000)	105.8	116.7
Children receiving temporary assistance	4.8%	3.7%
Children receiving SNAP	37.5%	34.7%
Children enrolled in Mo HealthNet for Kids	36.9%	36.1%

Source: Kids Count in Missouri 2016 Data Book

Infant Deaths

According to the table below, Benton County had the highest infant mortality rate, while Pettis County had the lowest compared to Missouri and the U.S.

Report Area	Total Births	Total Infant Deaths	Infant Mortality Rate (Per 1,000 Births)
Pettis County	3,090	13	4.2
Benton County	885	8	9.5
Missouri	399,460	2,876	7.2
United States	20,913,535	136,369	6.5

Source: Community Commons Database 2006-2010.

Childhood Obesity Data

Using information from 2010-2015 MO WIC data from the Pettis County Health Center, there is a higher increase in overweight or at-risk children; maternal smoking has stayed about the same compared to the entire state. Pettis County has a significantly higher overweight or at-risk children category compared to the state.

Childhood Obesity			
	Pettis Percent		State Percent
Obese Children (2-5 years)*			
	2010	13.1	10.9
	2015	13.8	10.5
Overweight or At-Risk Children**			
	2010	19.8	19.6
	2015	33.0	22.4
Maternal Smoking			
	2010	24.9	24.3
	2015	24.4	22.9

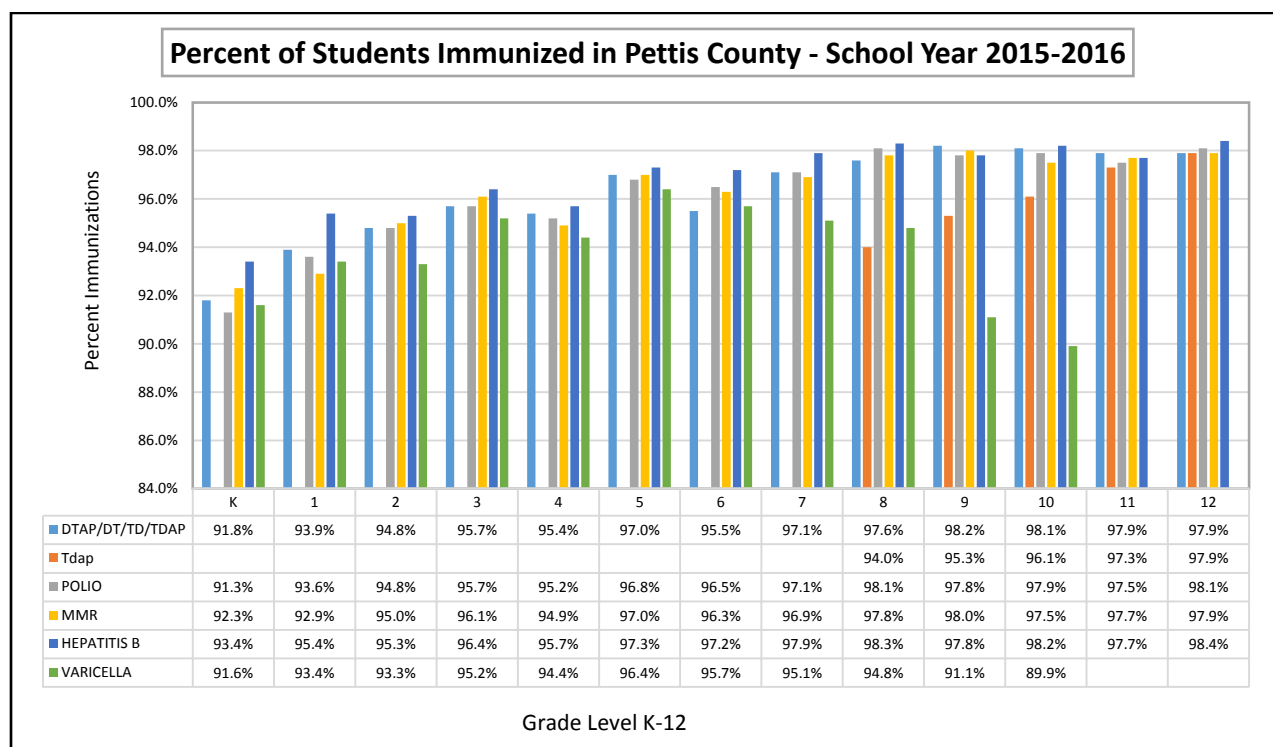
Source: 2014-2015 MO WIC Information Network System (MOWINS)

*Obese-BMI greater than or equal to 95%

**Overweight or at risk greater than or equal to 85% to <95%

Immunizations

Pettis County continues to be successful at reaching most of their children with their vaccination program. Data from the 2015-2016 school year shows that 96% of the DTAP/DT/TD/TDAP vaccinations were given to grades K through 12. Tdap immunizations for grades eight through 12, were 96%. Polio and MMR immunizations for grades K through 12, also were at 96%. Varicella for grades K through 10 had the lowest immunization rate at 94%. Some of the factors in why a small percentage of students did not get their vaccinations included students with proof of disease, medical exemption, religious exemption, noncompliant with immunization records, and noncompliant without immunization records. The table below shows the percent compliance of immunizations for students K-12th grade in Pettis County based on the results from the immunization assessment survey conducted for the school year 2015-2016 per the Missouri vaccination mandates.



Source: Pettis County Immunization data

Missouri Vaccination Mandates

Vaccines Required for School Attendance	Doses Required by Grade												
	K	1	2	3	4	5	6	7	8	9	10	11	12
DTaP/DTP/DT ¹	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+	4+
Tdap ²									1	1	1	1	1
MCV (Meningococcal) ³									1				2
IPV (Polio) ⁴	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+
MMR ⁵	2	2	2	2	2	2	2	2	2	2	2	2	2
Hepatitis B	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+	3+
Varicella ⁶	2	2	2	2	2	2	2	1	1	1	1	1	No doses required, however vaccination is highly recommended

Source: Missouri Department of Health & Senior Services

Adolescent Health

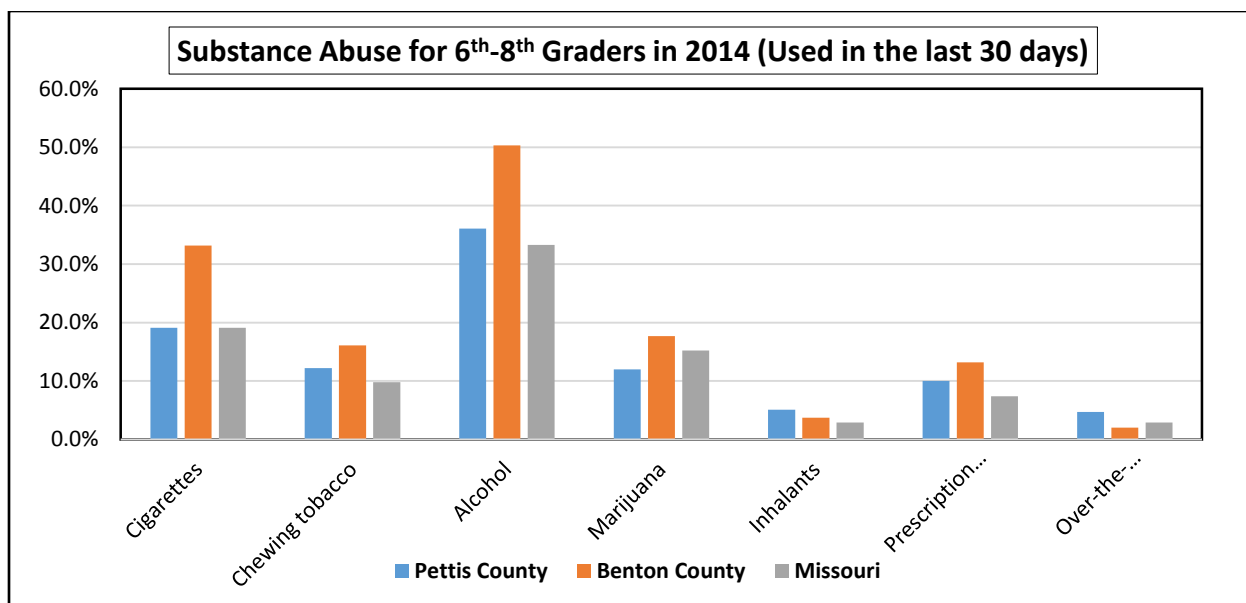
Adolescent Health Coalition has been working on substance abuse issues. Billboards have been placed in the community as well as a small assessment of parents and youth serving adults (primarily schools) which identified tobacco, alcohol and marijuana as the substances most commonly abused by youth in Pettis County. Coalition members have continued to offer reproductive health education programs at Smith-Cotton Junior High School and Smith-Cotton High School. The last Missouri Student Survey for which data is available is the 2014. The 2016 data has not been released. According to results from the 2010-2014 Missouri Student Surveys that were conducted for grades six through 12, it is quite clear that Benton County had the highest percentage of students that agreed to have smoked cigarettes, chewed tobacco, used alcohol, marijuana, inhalants and used prescription drugs not prescribed for them within the last 30 days. Pettis County had the second highest rates with the exception of marijuana use, in which they scored lower than both Benton County and Missouri. Missouri's rates were much lower than those of the two jurisdictions, excluding use of over-the-counter medications for non-medical use.

Current Substance Abuse for Grades Six through 12 (Used in the past 30 days)

Substance Abused	2014		
	Pettis County	Benton County	Missouri
Cigarettes	19.1%	33.2%	19.1%
Chewing tobacco	12.2%	16.1%	9.8%
Alcohol	36.1%	50.3%	33.3%
Marijuana	12.0%	17.7%	15.2%
Inhalants	5.1%	3.7%	2.9%
Prescription drugs not prescribed for student	10.0%	13.2%	7.4%
Over-the-counter medications for non-medical use	4.7%	2.0%	2.9%

Source: Missouri Institute of Mental Health, 2010-2014 Missouri Student Surveys

According to the 2010-2014 Missouri Student Survey, alcohol was the most widely used substance by the students within the last 30 days, followed by cigarettes, marijuana and chewing tobacco. Over-the-counter medications and inhalants were used the least.



Source: Missouri Institute of Mental Health, 2010-2014 Missouri Student Surveys

Using the determinates below, the 2010-2014 Missouri Student Survey for grades six through 12, identified the mental health of students. Benton County received worse scores in 2014 compared to responses received in 2012, and also compared to Pettis County and Missouri for the same time period.

	Pettis County		Benton County		Missouri	
	2014	2012	2014	2012	2014	2012
Were you sad?	17.1%	19.4%	23.4%	20.5%	20.2%	18.5%
Were you grouchy or irritable, or in a bad mood?	23.6%	24.8%	29.0%	24.9%	25.2%	24.1%
Did you feel hopeless about the future?	11.8%	12.6%	15.1%	8.7%	11.8%	10.9%
Did you feel like not eating or eating more than usual?	18.0%	16.3%	20.7%	18.9%	17.5%	17.0%
Did you sleep a lot more or a lot less than usual?	17.6%	20.1%	20.4%	26.2%	18.4%	20.1%
Did you have difficulty focusing on your school work?	24.4%	21.1%	26.9%	25.9%	24.1%	23.0%

Source: Missouri Institute of Mental Health, 2010-2014 Missouri Student Surveys

Feeling hopeless about the future and having difficulty concentrating on schoolwork are areas of concern, as these indicators can have an impact on other health-related issues such as adolescent pregnancy and high school graduation rates. For young people who feel hopeless, the ability to make choices that impact the future can be difficult.

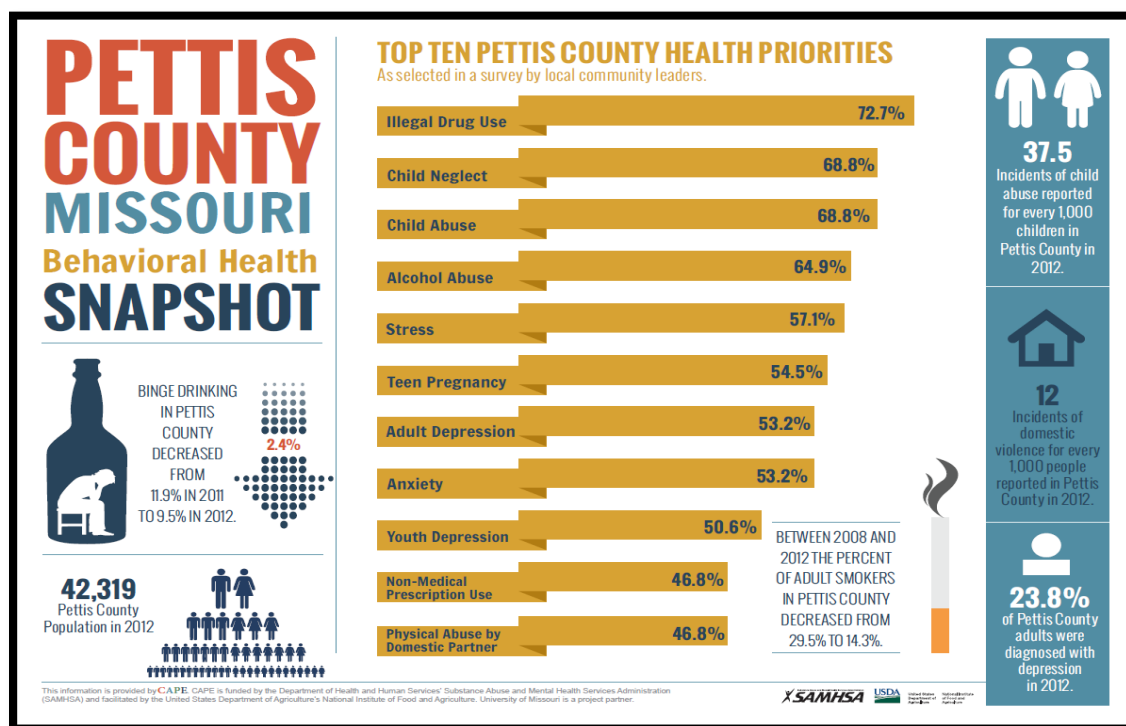
Mental Health

In 2014, 454 Pettis County residents received treatment for serious mental illness at publicly-funded facilities. The most common diagnosis for the central region of Missouri, which includes Pettis County, as well as the entire state, was mood disorders. Mood disorders are classified as mania, major depression, and bipolar disorder. In the Central Missouri region, 19.3 percent of residents age 18 and over have had mental distress in the past 12 months and 4.2 percent having had a serious mental illness. Nationwide, one in four adults, approximately 61.5 million Americans, experience mental illness in a given year. Individuals struggling with serious mental illness are at a higher risk for homicide, suicide, and accidents as well as chronic conditions including cardiovascular and respiratory diseases, as well as, substance abuse disorders. In 2015, Pettis County had nine residents commit suicide.

A survey conducted by Royal Oaks Hospital/Pathways Community Health as part of its community health needs assessment found that 88 percent of community respondents feel access to mental health services were available when needed. Perceived gaps were highest in the areas of abuse/neglect services (child/elder), bully prevention, and drug or alcohol rehabilitation services (30-day treatment programs). Support for active military and their family is another issue. According to the 2014 County Health Rankings, there is one mental health provider for every 782 residents in Pettis County.

	2010	2011	2012	2013	2014	2015
Number of Suicide Deaths	0	2	8	8	4	9

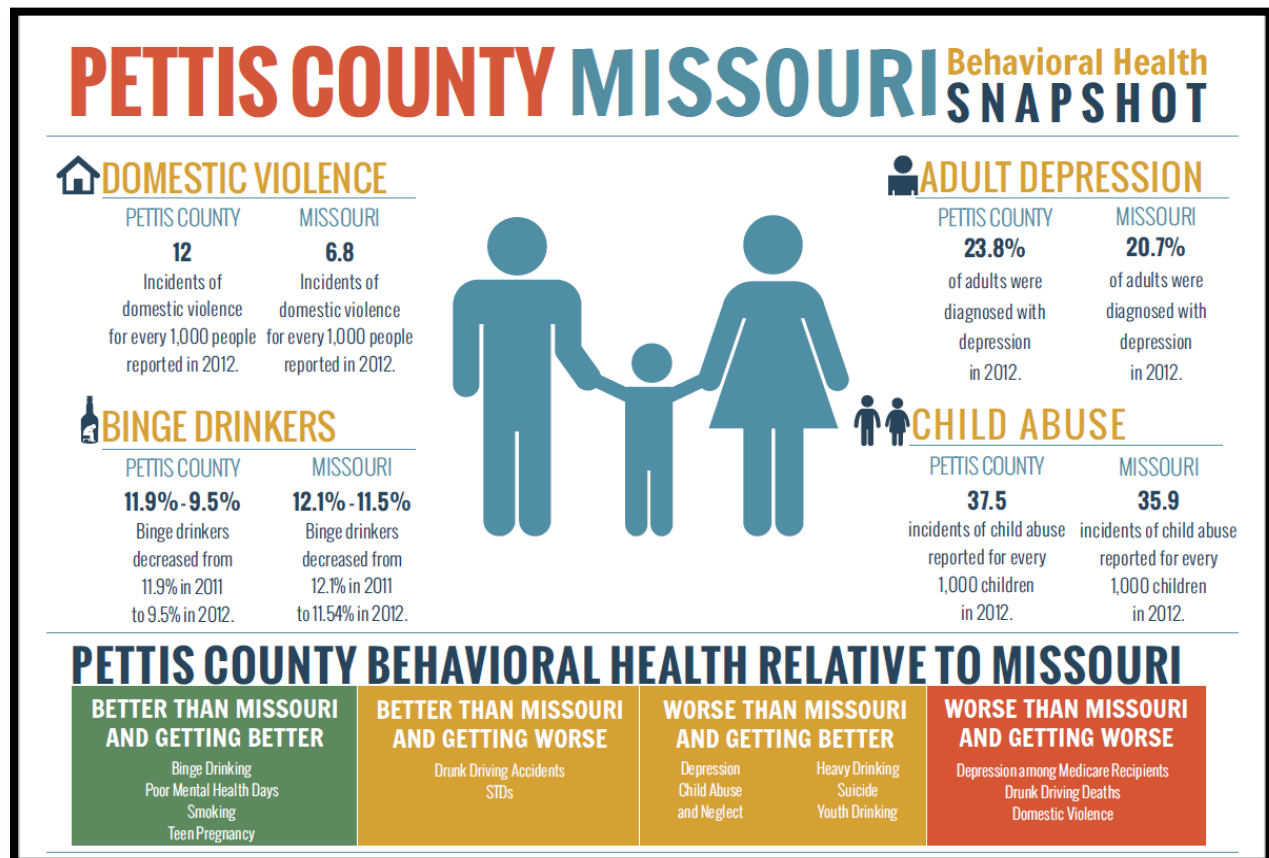
Pettis County Behavioral Health Snapshot



Source: Community Assessment and Education to Promote Behavioral Health Planning and Evaluation, 2014

A 2014 survey by Pettis County community leaders revealed the top ten behavioral health priorities with illegal drug use, child neglect, and child abuse at the top of the list.

The infographic below further reveals that Pettis County is doing better than Missouri in binge drinking, poor mental health days, smoking and teen pregnancy, while it shows a declining performance in depression among Medicare recipients, drunk driving deaths and domestic violence.



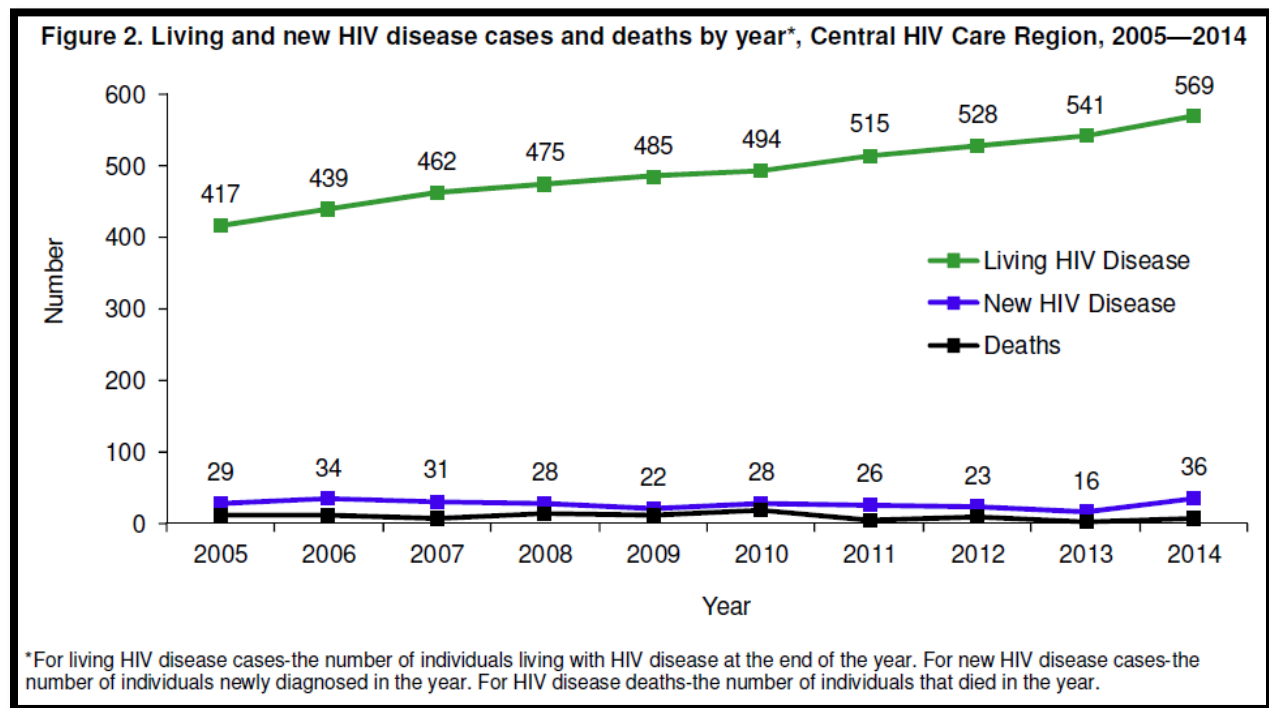
Source: Community Assessment and Education to Promote Behavioral Health Planning and Evaluation, 2014

Prevalence of Infectious Disease

Communicable Disease Rates

According to the 2014 epidemiologic profiles data for the Central HIV Care Region, out of the 569 people living with HIV disease, 76% were males, while only 26% were females. Even though the proportion of those living with HIV was significantly higher among whites, the rate of those living with HIV disease among blacks/African Americans was 7.1 times higher than the rates among whites. The Men Who Have Sex With Men category had the highest number of newly diagnosed cases and cases of those living with HIV, Stage 3 (AIDS), and HIV disease in the Central region in 2014. Chlamydia and Gonorrhea continue to be an issue for Pettis County according to the 2015 Bureau of Reportable Informatics data.

The graph below depicts the number of people diagnosed and living with HIV disease is on the rise, while the number of new HIV cases and deaths has stabilized.



Source: 2014 Epidemiologic Profiles of HIV, STD and Hepatitis in Missouri

The table below shows that Boone County had the highest number of people living with HIV disease among MSM and inject drugs in the Central HIV Care Region in 2014.

Table 9. Living HIV disease cases in men who have sex with men and inject drugs, by geographic area, Central HIV Care Region, 2014

Geographic Area	Cases	%
Boone County	17	50.0%
Cole County	3	8.8%
Marion County	3	8.8%
Pettis County	2	5.9%
Remaining Counties	9	26.5%
CENTRAL HIV CARE REGION TOTAL	34	100.0%

Source: 2014 Epidemiologic Profiles of HIV, STD and Hepatitis in Missouri

Pettis County had a significantly higher incidence rate of Chlamydia, Gonorrhea and Syphilis compared to Benton County in calendar year 2015, according to the table below.

2015 Reportable Sexually Transmitted Diseases, by County

County	Diagnosis	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total
Pettis	Chlamydia	15	19	31	21	17	12	23	9	7	13	12	18	197
	Gonorrhea	1	1	4	9	10	6	4	2	4	3	2	4	50
	Syphilis					1								1
Benton	Chlamydia	3	1	5	5		2		3	10	1		1	31
	Gonorrhea					1		1	2	2				6
	Syphilis													

Source: Bureau of Reportable Informatics, 2015

According to the most recently published communicable disease data, the leading diseases are Campylobacteriosis, Salmonellosis, Cryptosporidiosis, Pertussis, and Giardiasis respectively. This report also was used for the 2013 community health needs assessment and will be updated with a more current report when it is available.

Case Counts of Selected Communicable Diseases — Missouri

	2011	2010	2009	2008	2007	2006	2005
Animal Rabies	29	63	65	64	38	66	73
Campylobacteriosis	919	1054	770	815	722	686	714
Cryptosporidiosis	495	548	193	195	214	283	246
E coli O157:H7	122	105	68	76	80	90	75
Ehrlichiosis*	194	142	167	227	222	99	41
Giardiasis	344	426	524	468	515	548	522
Haemophilus influenzae**	80	87	63	72	42	39	37
Hepatitis A	17	30	27	45	24	45	32
Hepatitis B, Acute	60	67	47	38	40	62	159
Hepatitis C, Acute***	8	6	0	2	5	27	13
Legionellosis	57	37	65	71	50	22	31
Lyme Disease	8	5	10	13	10	6	17
Meningococcal Disease	15	23	27	26	18	15	28
Mumps	11	10	15	8	12	170	4
Pertussis	438	604	1015	561	118	308	656
Q Fever	1	3	3	5	12	11	13
Rocky Mountain Spotted Fever	270	278	253	407	315	163	128
Salmonellosis	900	843	657	764	764	766	801
Shigellosis	182	1582	1046	227	1276	658	1017
Strep Disease, Group A Invasive	151	142	94	97	91	91	74
Strep Pneumoniae, Drug Resistant	105	94	74	93	65	44	37
Tuberculosis Disease	98	107	80	107	118	104	108
Tularemia	21	18	13	21	35	14	27
West Nile Fever	4	0	0	3	16	12	13
West Nile Encephalitis/Meningitis	6	3	5	12	61	51	17
Season****	11-12	10-11	09-10	08-09	07-08	06-07	05-06
Influenza	20474	17739	30567	11137	30978	14845	12960

Source: Missouri Department of Health & Senior Services, 15 Year Report, 2011

Ehrlichiosis (Beginning in 1999, numbers reflect a total incidence of both HGE and HME, beginning in 2006 also included is Ehrlichiosis, Other or Unspecified)

**Haemophilus influenzae (includes HIB Meningitis and Other Invasive - Other Invasive became reportable in 1990)

***Hepatitis C became reportable in 1997.

****Influenza season crosses two calendar years beginning in week 40 of the first year and ending in week 20 of the second year.

^Tuberculosis disease incidence officially reported to the CDC through National Electronic Telecommunications Surveillance System. Actual incidence was 131 cases.

Below is a table showing Pettis County's communicable disease investigation totals for 2015. Animal bites, heat-related injuries, and Hepatitis C accounted for the highest number of investigations completed.

Disease	Investigations
Anaplasmosis Phagocytophilum	1
Animal bites	66
Campylobacter	22
Carbon monoxide poisoning	5
Chemical Inhalation / Ingestion	2
CJD – Creutzfeldt-Jakob Disease	
Cryptosporidiosis	1
E-coli O157 H7	3
Ehrlichiosis	8
Giardia	1
Haemophilus Influenza - Invasive	
Heat Related Injury	73
Hepatitis A***	4
Hepatitis B***	9
Hepatitis B - Perinatal	1
Hepatitis C	39
Hypothermia	2
Influenza	
Invasive Staph Aureus	1
Invasive Strep. Group A	2
Legionellosis	
Lyme-like Disease	1
Measles***	1 (no case)
Meningitis (some types are ***)	
Mononucleosis	1
Mumps***	1
Paragonimus	
Pertussis***	5
Rabies Prophylaxis	6
RMSF	20
Salmonella	5
Shingles	2
Shiga Toxin 1	3
Shiga Toxin 2	1
Shigella	1
Smoke Inhalation	1
TB Infection	Average of 7 per month on meds
TB Disease	1 on meds
TB testing	563
Varicella***	3
West Nile	1

***Vaccine Preventable

Source: Pettis County Health Department Communicable Disease Totals, 2015

Vaccine-Preventable Infections

According to a report highlighting the epidemiology of vaccine-preventable diseases in Missouri, the Northwest counties of Missouri including Pettis and Benton counties had a total of 41 reported pertussis cases, per 2015 data. NOTE: Cases in 2015 might have exceeded that number, depending on when this data was collected. Since 2012, Missouri has seen a decline in pertussis across the board.

Environmental Health Risk Indicators

Pettis County has a high rate of housing built before 1950 when compared to the U.S. as a whole, and has a median home age of 47 years old, compared to 33 years old for the U.S. According to the Missouri Housing Development Commission, 30.9 percent of houses were built before 1950, compared to 23.6 percent for the entire state. Many of the older houses located in Sedalia and its surrounding towns are rental properties. This is particularly true of the larger homes in Sedalia that have been subdivided into apartments. As a result of these older homes, there is a risk for increased blood lead levels (around 1.7 percent of children in Pettis County have elevated lead levels).

Pettis County, like most of Missouri, is placed in a Level 2 radon zone, meaning that there is moderate potential for levels of radon around 2 and 4 pCi/L (picocuries per liter). The Environmental Protection Agency, as well as DHSS, believe that houses with 4 pCi/L or higher will require remediation to prevent further possible health effects. According to MICA data from 2011, a prevalence rate of 24.5 percent of county level survey respondents said that they live with someone who smoked cigarettes. Regarding the same study and question, the prevalence rate for Benton County was 31 percent, while Pettis County was at 26.8 percent. According to the same report, the current prevalence rate for people reporting to smoke cigarettes in both counties has declined, as has Missouri.

Cigarette smoke can lead to further radon exposure in the home. The state of Missouri, through DHSS, offers free radon testing for its residents.

The City of Sedalia adds fluoride to their water, while other surrounding areas in the county have naturally occurring fluoride, requiring no additional fluoride. The Pettis County Health Center has continued the Dental Coalition to address the lack of dental care for children in Pettis County. The Dental Coalition, in collaboration with State Fair Community College dental hygiene students and local dentists, has been offering assessments and dental sealants for third graders throughout Pettis County. School nurses offer a fluoride rinse for students living in areas with low fluoride in their water.

The tables below show data for 3rd and 7th graders who have received services from the Dental Coalition from 2014-2015 to 2015-2016 school years. According to the health department, a total of 2066 sealants were done during the same time period.

Data derived from the local public health agency, per the tables below, shows that 65% of routine dental screenings were done on 3rd grade students, while only 35% of 7th grade students received screenings. The data further reveals that 63% of routine screens performed on 3rd grade students were done primarily in four schools: Parkview, Heber Hunt, Skyline and Horace Mann; while 27% were completed in the seven remaining schools.



2014-2016 School Years

School	3 rd Grade Students – Dental Screenings	Referred
St. Paul's Lutheran	15	0
Green Ridge	43	5
Smithton	77	3
Heber Hunt	127	7
Skyline	119	3
Parkview	144	4
Dresden	21	1
Washington	81	2
LaMonte	30	3
Houstonia	29	4
Horace Mann	112	5
Totals	798	37

Source: Pettis County Health Department, 2014-2015

The table below demonstrates that 78% of 7th grade dental screenings were performed in Sedalia Middle School, while the remaining 22% were completed in the remaining five schools.

2014-2016 School Years

School	7 th Grade Students – Dental Screenings	Referred
Hughesville	7	2
Green Ridge	9	3
Smithton	52	1
Sedalia Middle	340	15
Dresden	11	0
LaMonte	17	3
Totals	436	24

Source: Pettis County Health Department, 2014-2015

A major improvement in the access to dental care for children has been the dental program through Katy Trail Community Health Center, a federally qualified health center. Since the inception of the Dental Coalition program and the Katy Trail Community Health Center program, there has been a statistically identifiable drop in the number of kids who require emergency dental services. The trend of improved dental care is especially important to improving the overall health of the children of the community, as research has shown improved dental health can improve overall health.

Although access to dental services has improved for children, but continues to be a challenge for adults. Katy Trail Community Health Center provides limited dental services for adults and many Pettis County residents do not have dental insurance.

Public Safety/Domestic Violence

When compared to the rest of the state, both Pettis and Benton counties had a lower incidence of hospitalizations, ED visits and death from events such as assault, cut or pierce, firearm, blunt objects, and fights. According to the most current 2003-2013 report from DHSS, it is evident that there has been a decline in the rates of the aforementioned events, when we compare current data to the community health needs assessment that was completed in 2013.

The table below shows that both Pettis and Benton counties had slightly lower rates of assault deaths compared to Missouri. While most of the other results from these two counties are considered unstable due the low number of events in the numerator, they are trending lower than Missouri rates.

2003-2013 Data	Pettis County	Benton County	Missouri
Assault-Death	5.0	5.7*	7.17
Assault-Hospitalizations	1.8	2.3	2.95
Cut-Pierce-Hospitalization	0.2*	0.6*	0.46
Firearm-Deaths	1.4*	3.8*	5.11
Firearm-Hospitalizations	0.1*	0.3*	0.80
Fight-ED Visit	2.0*	2.1	1.78
Blunt Object-ED Visit	0.3	0.3	0.43

Source: Community Data Profiles, Missouri Department of Health & Senior Services, 2003-2013

Death rates are per year, per 100,000 population and are age-adjusted to the U.S. 2000 standard population.

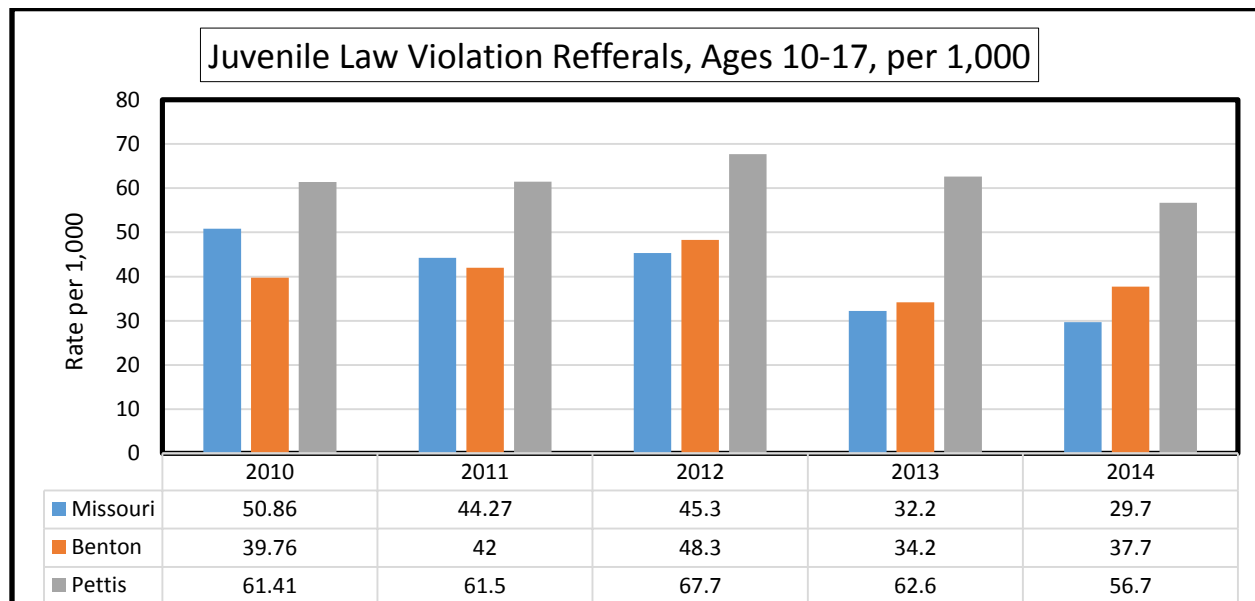
Hospitalization rates are per year, per 10,000 population and are age-adjusted to the U.S. 2000 standard population.

ED visit rates are per year, per 1,000 population and are age-adjusted to the U.S. 2000 standard population.

Trends are available only if each 3-year period of the moving average has an average of 20 or more events.

*Fewer than 20 events in numerator; rate is unstable.

According to the Missouri Kids Count county data for 2010, a downward trend of juvenile law violation referrals, ages 10-17 is evident. Pettis County had the highest rate of juvenile law violation referrals for the 10-17 age category for the last five years, ending in 2014. 2012 recorded the highest number of referrals, while 2013 recorded the least. Missouri and Pettis County seem to be experiencing a gradual decline of referrals annually since 2012, as opposed to Benton County which has seen a slight increase from 2013 to 2014.



Source: Missouri Kids Count, Office of Social Economic Data Analysis, 2014

Dissemination Plan

A requirement of the community health needs assessment is to disseminate the final report and make it widely available to the public. Bothwell Regional Health Center's plan for sharing the CHNA with the community is provided below:

- Post CHNA on the brhc.org web site
- Promote on Facebook page, facebook.com/bothwellregional
- Publish information regarding findings and availability of the report in the *Health Matters* the Bothwell Regional Health Center consumer newsletter mailed to 11,000 homes in the service area, and the Bothwell employee newsletter.
- Distribute press release regarding findings and availability of the complete report:
 - *The Sedalia Democrat*
 - *Benton County Enterprise*
 - *Cole Camp Courier*
 - *Lincoln New Era*
 - *Windsor Review*
 - KDRO/KPOW
 - KSIS/KIXX
 - KAYQ
 - Sedalia Area Chamber of Commerce weekly e-newsletter
 - Warsaw Chamber of Commerce e-newsletter
 - Pettis County Health Center monthly newsletter

Requests for printed copies may be made by contacting Bothwell Community Outreach, at 660/827-9138 or info@brhc.org. Printed copies for review will be available at:

- Bothwell Education Center
- Katy Trail Community Health
- Pettis County Health Center
- Pettis County Community Partnership
- Sedalia Senior Center
- Warsaw Senior Center
- Sedalia Housing Authority
- Benton County Health Department
- Amigos de Cristo Lutheran Church

Many of the places provided with a printed copy serve lower socioeconomic populations, medically underserved and the chronically ill.

Medical Services

Bothwell Regional Health Center

601 East 14th Street
Sedalia, MO 65301
660/826-8833
www.brhc.org

Bothwell Regional Health Center operates a 145-bed hospital in Sedalia, as well as a network of physician practices and out-patient diagnostic and treatment facilities. With a staff of about 820 employees and 100 physicians, BRHC provides a full range of diagnostic, medical and surgical services. These services include cancer care, cardiovascular care, obstetrics and gynecology, emergency services, orthopedics, rehabilitation therapy, pediatrics, outpatient services, diagnostic imaging, medical equipment and community outreach and education.

Katy Trail Community Health

821 Westwood Drive
Sedalia, MO 65301
1-877/733-5824 and 660/826-4774
www.katytrailcommunityhealth.org

Katy Trail Community Health (KTCH) provides primary health care for the community. KTCH has four locations in central Missouri to serve surrounding communities: Sedalia, Warsaw, Versailles and Marshall. KTCH is a federally qualified health center that offers medical, dental, and behavioral health services.

Pettis County Health Center

911 East 16th Street
Sedalia, MO 65301
660/827-1130
www.pettiscountyhealthcenter.com

Pettis County Health Center is a local public health agency that is supported by local taxes, by reimbursement from federal and state programs and by a sliding fee-for-service scale based on household income. Available services include general health and wellness screens, communicable disease control activities including immunizations, numerous child and adolescent health/safety programs, women's health services, WIC (Women, Infants, and Children) Food Supplement Program, and environmental public health services.

Dental Services

Katy Trail Community Health

821 Westwood Drive
Sedalia, MO 65301
1-877/733-5824 and 660/826-4774
www.katytrailcommunityhealth.org

Katy Trail Community Health (KTCH) provides primary health care for our community. KTCH has three locations in central Missouri: Sedalia, Warsaw, and Versailles. They offer medical, dental, and behavioral health services.

Dental Hygiene Clinic at State Fair Community College

3201 West 16th Street
Sedalia, MO 65301
660/596-7406
www.sfccmo.edu

Accepting appointments for patients of all ages and conditions of teeth. Services include: exam, cleaning, child cleaning and fluoride, bitewing radiographs, full mouth radiographs, and scaling and planning.

Mental Health Services

Burrell Behavioral Health

201 West 3rd Street
Sedalia, MO 65301
660/827-2494

Burrell Behavioral Health provides information and referrals, assessment, counseling, medication, crisis services, mental illness and substance abuse treatment, community psychiatric rehabilitation, case management, and education.

Katy Trail Community Health

821 Westwood Avenue
Sedalia, MO 65301
1-877/733-5824 and 660/826-4774
www.katytrailcommunityhealth.org

Katy Trail Community Health (KTCH) provides primary health care for our community. KTCH has three locations in central Missouri: Sedalia, Warsaw, and Versailles.

Pathways Community Health

Main Street
Sedalia, MO 65301
660/826-5885

Pathways offers individual, family and group out-patient counseling for children and adults. Services are designed to reduce symptoms and promote good mental health in a time-effective, compassionate manner through use of:

- Psychological assessments and evaluations
- Individual, family and group counseling
- Crisis intervention — including 24-hour crisis services
- Medication management and psychiatric evaluations

See Appendix for a complete listing of all community resources.

Appendix

Pettis County

County Seat: Sedalia

County Composite Rank

58

Population: 42,225

Outcome Measures	Number		Rate		Trend	Rank	
	2010	2014	2010	2014		State Rate	County Rank
Economic Well-Being							
Children under 18 in poverty	2,572	2,700	24.5%	26.4%	↓	21.3%	62
Births to mothers without HS diploma	152	108	25.2%	18.6%	↑	13.7%	70
Health							
Low birthweight infants ⁺⁺	233	194	7.4%	6.6%	↑	8.0%	27
Infant mortality (per 1,000 live births) ⁺	19	16	6	5.5	↑	6.4	47
Child Protection & Safety							
Child deaths, ages 1–14* (per 100,000) ⁺	5	12	11.3	26.8	↓	17.3	90
Substantiated child abuse/neglect & family assessments* (per 1,000)	432	553	40	52.3	↓	44.1	58
Children entering/re-entering state custody (per 1,000)	26	74	2.4	7	↓	5.2	73
Teen unintentional injuries/homicides/suicides , ages 15–19* (per 100,000) ⁺	5	5	34.4	35.6	↓	47.1	42
Education							
Annual high school dropouts	17	7	0.9%	0.4%	↑	2.5%	16
Births to teens, ages 15–19 (per 1,000)	69	67	45.9	48.6	↓	27.2	99

LEGEND: ↑ Better ↓ Worse → No Change

*Outcome not included in Composite County Rank

† Data based on 5-year time spans; 2005–2009 and 2010–2014

‡ If county population is less than 65,000, the figure represents a 5-year estimate (2010–2014)

Missouri KIDS COUNT 2016 Data Book Release

Indicators

Economic Well-being

Students enrolled in free/reduced price lunch	2010	60.8%
	2014	63.2%
Children under 6 in poverty [‡]	2010	20.3%
	2014	26.3%
Children in single-parent families [‡]	2010	27.2%
	2014	26.1%
Children in families receiving child care assistance (per 1,000 in poverty)	2010	82.1
	2014	58.1
Children in families receiving cash assistance	2010	5.8%
	2014	4.6%
Children in families receiving SNAP (food stamps)	2010	42.3%
	2014	41.4%
Average annual wage/salary	2010	\$32,456
	2014	\$33,779
Adult unemployment	2010	8.7%
	2014	6.1%

Health

Children eligible for MO HealthNet for Kids	2010	43.1%
	2014	42.7%
Children receiving public mental health services	2010	67
	2014	118

Education

English language learners	2010	540
	2014	583
Licensed child care capacity (per 1,000)	2010	201.7
	2015	159.9
Accredited child care facilities	2010	6
	2015	2
Juvenile law violation referrals, ages 10–17 (per 1,000)	2010	61.2
	2014	56.7

Demographic

Child population [‡]	2010	10,790
	2014	10,583
Children as % of total population [‡]	2010	25.6
	2014	25.1
Minority children [‡]	2010	18.5%
	2014	21.2%

Benton County

County Seat: Warsaw

County Composite Rank

57

Population: 18,806

Outcome Measures	Number		Rate		Trend	Rank	
	2010	2014	2010	2014		State Rate	County Rank
Economic Well-Being							
Children under 18 in poverty	1,180	995	35.1%	30.8%	⬆️	21.3%	87
Births to mothers without HS diploma	38	36	19.7%	21.8%	⬇️	13.7%	87
Health							
Low birthweight infants**	58	54	7.0%	6.9%	⬆️	8.0%	38
Infant mortality (per 1,000 live births)*	8	2	9.7	2.5	⬆️	6.4	9
Child Protection & Safety							
Child deaths, ages 1–14* (per 100,000)*	1	2	7.1	14.7	⬇️	17.3	37
Substantiated child abuse/neglect & family assessments* (per 1,000)	172	206	49.9	62.1	⬇️	44.1	87
Children entering/re-entering state custody (per 1,000)	2	14	0.6	4.2	⬇️	5.2	34
Teen unintentional injuries/homicides/suicides , ages 15–19* (per 100,000)*	8	1	144.8	20.6	⬆️	47.1	10
Education							
Annual high school dropouts	20	17	2.5%	2.1%	⬆️	2.5%	92
Births to teens, ages 15–19 (per 1,000)	30	16	60.2	35.8	⬆️	27.2	70

LEGEND: ↑ Better ↓ Worse → No Change

*Outcome not included in Composite County Rank

+ Data based on 5-year time spans; 2005–2009 and 2010–2014

■ If county population is less than 65,000, the figure represents a 5-year estimate (2010–2014)

Missouri KIDS COUNT 2016 Data Book Release

Indicators

Economic Well-being

Students enrolled in free/reduced price lunch	2010	61.1%
	2014	65.6%
Children under 6 in poverty■	2010	28.8%
	2014	27.4%
Children in single-parent families■	2010	20.1%
	2014	25.9%
Children in families receiving child care assistance (per 1,000 in poverty)	2010	69.2
	2014	38.2
Children in families receiving cash assistance	2010	8.0%
	2014	6.1%
Children in families receiving SNAP (food stamps)	2010	52.2%
	2014	45.0%
Average annual wage/salary	2010	\$28,023
	2014	\$29,253
Adult unemployment	2010	10.4%
	2014	7.6%

Health

Children eligible for MO HealthNet for Kids	2010	53.5%
	2014	48.0%
Children receiving public mental health services	2010	74
	2014	96

Education

English language learners	2010	0
	2014	5
Licensed child care capacity (per 1,000)	2010	71.7
	2015	83.8
Accredited child care facilities	2010	1
	2015	1
Juvenile law violation referrals, ages 10–17 (per 1,000)	2010	39.8
	2014	37.7

Demographic

Child population■	2010	3,446
	2014	3,318
Children as % of total population■	2010	18.1
	2014	17.6
Minority children■	2010	6.2%
	2014	6.3%

MISSOURI

2016



Overview

Rankings

Measures

Downloads

Compare Counties

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Ranked Measures | [Additional Measures](#)

	Missouri	Benton (BT) , MO X	Pettis (PT) , MO X
Health Outcomes	87	51	
Length of Life	85	27	
Premature death	7,700	9,300	7,200
Quality of Life	82	90	
Poor or fair health	16%	19%	21%
Poor physical health days	4.1	4.5	4.7
Poor mental health days	3.7	4.1	4.1
Low birthweight	8%	7%	7%
Health Factors	77	79	
Health Behaviors	25	102	
Adult smoking	21%	20%	23%
Adult obesity**	31%	32%	35%
Food environment index**	6.9	7.5	7.1
Physical inactivity**	26%	32%	31%
Access to exercise opportunities	76%	50%	63%
Excessive drinking	16%	13%	15%
Alcohol-impaired driving deaths	33%	33%	37%
Sexually transmitted infections**	453.8	137.1	479.7
Teen births	38	47	51
Clinical Care	99	90	
Uninsured	15%	22%	20%
Primary care physicians	1,420:1	2,700:1	2,010:1
Dentists	1,870:1	4,700:1	2,010:1
Mental health providers	600:1	2,090:1	810:1
Preventable hospital stays	59	71	77
Diabetic monitoring	86%	86%	80%
Mammography screening	62%	56%	58%
Social & Economic Factors	89	44	
High school graduation**	88%	91%	93%
Some college	65%	47%	56%
Unemployment	6.1%	7.6%	6.1%
Children in poverty	21%	31%	26%
Income inequality	4.6	4.4	4.0
Children in single-parent households	33%	26%	26%
Social associations	11.8	16.9	12.6
Violent crime**	452	305	357
Injury deaths	74	104	68
Physical Environment	63	77	
Air pollution - particulate matter	10.2	9.4	9.5
Drinking water violations		Yes	Yes
Severe housing problems	15%	14%	18%
Driving alone to work	82%	78%	80%
Long commute - driving alone	30%	42%	18%

2016

** Compare across states with caution

Note: Blank values reflect unreliable or missing data

Pettis County Resource Directory



2016-17

Pettis County Community Partnership

1400 S. Limit, Ste. 29

Sedalia, Missouri 65301

(660) 827-0560 www.PettisCommunityPartners.org

Toll Free: 1-855-827-0560

www.PettisCommunityPartners.org

Changes/additions/deletions, please e-mail pccp@iland.net

Updated 9-15-2016

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*This directory is generously compiled, published and maintained by
Pettis County Community Partnership*

What Does Pettis County Community Partnership Offer?

Pettis County Community Partnership (PCCP) serving Pettis, Morgan and Benton Counties

1400 S. Limit, Ste. 29

(660) 827-0560, voice (660) 827-0633, fax

Sedalia, MO 65301

1-855-827-0560 (toll free)

www.pettiscommunitypartners.org

on facebook: Pettis County Community Partnership

Our conference/meeting room is in Suite 28-A (2 doors south of our offices).

Youth and Family Services: Adolescent Coalition partner and the following:

Choosing the Best: We can provide materials for this research-based prevention program wjicj was designed to motivate youth to choose abstinence.

Baby Think it Over: To augment teen pregnancy prevention efforts in our area we have computerized babies that simulate what it is like to care for an infant. Additional materials include abstinence and infant safety. We have twenty diverse simulators of both genders, as well as infant carriers, fully-equipped diaper bags (diapers, bottles, formula, blankets, clothing, etc.) available to loan to schools, youth groups, scouts, and teen-serving organizations in our service area. (Free of charge as long as returned in same good condition.)

Fatherhood Initiative: We are partnering with Powerhouse Ministries in Marshall to bring **"Focus on Fatherhood"** to Pettis and Morgan counties. A substantial body of research documents that fathers bring many benefits to the lives of their children. This research highlights the importance of resident and non-resident fathers to their children's well-being. Many scientific studies link positive fatherhood involvement with: lower levels of lying, disruptive behavior, and depression; fewer externalizing and internalizing behaviors and less delinquency; higher self-esteem; and less sexual risk (later sexual debut, fewer partners, less likely to be diagnosed with a sexually transmitted disease).

The program initially targeted high risk fathers, young fathers, fathers facing poverty, fathers who have recent or long term lack of employment, fathers with a family history of legal issues or substance abuse, or fathers who have limited experience in interacting with their children. Through teaching the curriculum we have learned that fathers of all ages and stages can benefit from completing the Fatherhood course. And, men thinking about becoming fathers will greatly benefit from the curriculum and learning from existing fathers.

Food and Shelter:

MRCC Food Co-op: Partnering with the Missouri Rural Crisis Center, once each month we are able to offer people approximately \$40 worth of groceries for \$22. Co-op members pay an annual membership fee of \$10 and the \$22 monthly co-op fee each month they receive an order of food which includes bread, produce, paper products, and canned goods, as well as MRCC's own Patchwork Farms meat products. Members may request multiple orders at the same price per order. Additional meat may be ordered at reasonable rates. All participants of the food cooperative must be current MRCC members. Anyone may participate, regardless of income.

PCCP Housing Services: PCCP receives grants from various sources in order to assist people who are literally homeless, or imminently homeless, in securing stable housing. Skilled case managers interview potential clients to determine whether or not the client meets the funder's requirements for assistance. Assistance may be provided, as funds are available, to people who qualify. Determination is made on a case-by-case basis. Applications must be made in person. The list of items required for making an application is at the end of this section (see page 5).

P.R.O.P. – Putting Roofs Over People: PCCP facilitates this group of community partners to look at needs and coordinate resources to assist people who are homeless or imminently homeless. PCCP, Sedalia Housing Authority, MO Valley CAA, Open Door, Salvation Army, Habitat for Humanity, DFS, Sedalia Schools, CASA, The Embassy, churches, businesses, and individuals work together to combat homelessness and provide transitional housing assistance. The P.R.O.P. coalition is a mix of over 50 service-providers and caring people working to help the homeless and hurting. It meets at PCCP on the 4th Monday of each month.

Offender Reentry:

MO Reentry Process Steering Group: Community partners share and coordinate resources around housing, education, family support, employment, mental health and other issues. All with an interest in reentry are welcome to attend. Meetings are held on the first Monday of each month at noon in the PCCP conference room.

“THE ROC” – Reentry Opportunity Center: Ex-offenders can work with our staff to develop a plan for successful reentry and find out where to access what they need to have a smoother transition back to the community.

Multicultural Services: Cherishing diversity of our residents, PCCP strives to heighten cultural awareness and appreciation.

West Central Missouri Multicultural Forum: This group brings people and regional resources together to proactively (and reactively if necessary) address issues relating to education, health and welfare, business and industry, law enforcement, government, transportation, and community service learning. The Forum currently meets at 11:30 a.m. on the last Wednesday of each month in the PCCP conference room. All are welcome.

Family Nutrition Education (Spanish): Our educators help families learn how a well balanced meal promotes child development and adult health. University of MO Extension is our partner.

Cultural Awareness Activities: Periodic events such as Martin Luther King Day, Make A Difference Day and Global Village are the types of activities we have sponsored.

Volunteer Programs:

Medical Ride Program: We have a limited number of volunteers who can provide local and long distance medical transportation within our area. The rider is responsible for a co-pay based on one half of the reimbursement fee of \$.40 per mile. For example: transportation to Columbia would cost \$30 (half of the \$60 reimbursement). Minimum two days’ notice, but five to seven day notice is preferred. Very limited number of drivers available.

Open monthly meetings hosted by Pettis County Community Partnership:

- **Missouri Reentry Process (MRP) of Pettis County**--addressing reentry issues: 1st Monday at noon.
- **Inter-Agency of Pettis County**--addressing community needs: 2nd Monday at noon.
- **P.R.O.P. Putting Roofs Over People**--addressing homelessness issues: 4th Monday from 9:30 to 11:00 am.
- **And others. . .**

**Pettis County Community Partnership's
PROP (Putting Roofs Over People) Housing Program Process**

****ALL ADULTS IN HOUSEHOLD MUST COMPLETE AN APPLICATION**

To process your application for assistance, we MUST first have all of the following:

- 1. Photo ID for everyone 18 years and older in the home**
- 2. Social Security Cards for everyone in the home**
- 3. Proof of Income (ALL that apply to applicant household)**
 - a. Paystubs for the most recent 30 days**
 - b. Alimony/Child Support Payment Verification**
 - c. Interest or Dividend Income**
 - d. Self-Employed – last tax return & fill out Self-employment verification form**
 - e. Bank statement printout for checking & savings for 6 months (avg. balance)**
 - f. Certificate of Deposit (CD) statement**
 - g. Money Market Account statement**
 - h. Armed Forces Income**
 - i. Unemployment Income**
 - j. Whole Life Insurance Policy**
 - k. Food Stamps/TANF**
 - l. All Other Income or Cash**
 - m. Rental property value**
 - n. Real estate property value**
 - o. Social Security Award Letter – Current**
- 4. Eviction Notice/Foreclosure/Utility Shut-Off Notice**
- 5. Existing/current lease or mortgage statement (signed & dated)**
- 6. Intent to Rent (we provide as necessary)**

In order to provide housing or utility assistance, all housing units MUST pass a housing inspection—the unit must be SAFE, DECENT and SANITARY

This means that:

- All utilities MUST be on & working**
- All windows, doors, lights and plumbing must work!!!**
- It must have working smoke detectors.**
- There can be NO broken or boarded up windows or doors.**
- If there are more than two steps, there must be a sturdy handrail.**

PLEASE NOTE: No guarantees for assistance will be made until all documents are provided and approved, and the unit passes our inspection!!!!

Tips to seeking and receiving services as you utilize this guide:

Don't call an agency and expect services: most cannot provide help over the phone. If you have a question that you want answered, feel free to call and ask. However, if you are seeking services, service-providers require you to be in their office, in-person, with documentation of need.

You are more likely to receive nice, kind and helpful service if you are nice, kind and honest about your situation.

Revised 9/14/16

EMERGENCY NUMBERS

City	Ambulance	Non-Emergency Ambulance	Fire	Non-Emergency Fire	Police	Non-Emergency Police
Green Ridge	911	826-7400	911	826-6464	911	827-0052
Hughesville	911	826-7400	911	826-6464	911	827-0052
La Monte	911	827-0052	911	826-6464	911	347-5106 827-0052
Sedalia	911	826-7400	911	826-8044	911	826-8100
Smithton	911	826-7400	911	343-5432	911	827-0052

Pettis County Sheriff, 333 S. Lamine www.pettiscountysheriff.com 827-0052

Mo State Highway Patrol Troop A, Missouri State Fair Grounds, www.dps.state.mo.us 530-5627

Pettis County Crime Stoppers, 403 S. Lamine <http://www.pettiscountysheriff.com/crime-stoppers>
827-8477

LOCAL GOVERNMENT: City Offices

City	Department	Location	Zip	Phone
Green Ridge	City Hall	104 W. Pettis St.	65332	527-3541
Hughesville	Town Hall	Main Street	65334	827-5150
LaMonte	City Hall	107 North Main	65337	347-5606
Sedalia	Municipal Building	200 South Osage	65301	827-3000
http://ci.sedalia.mo.us				
	Animal Control			826-8100
	Animal Shelter	2900 West Main		826-5816
	Building Inspector			827-3000 ext.148
	City Collector			827-3000 ext.136
	Community Center	314 S. Washington	65301	827-3747
	Fire Chief	600 S. Hancock	65301	826-8044
	Housing Authority	500 Welch Court	65301	827-1400
	Housing Specialist	200 South Osage	65301	827-3000
	Mayor			827-3000 ext.144
	Park Department	3 rd & Park	65301	826-1845
	Planning & Zoning			827-3000
	Police Chief			827-3000 ext.166
	Post Office	405 East 5 th Street	65301	826-8887
www.spl.lib.mo.us	Public Library	311 West 3 rd St.	65301	826-1314
	Public Works Dept.			827-3000 ext.141
	Sanitation Department	901 East 3 rd Street	65301	827-3000
	Senior Center	312SouthWashington		826-0713
	Street Department	901 West 3 rd Street	65301	826-3357

Sedalia Area Chamber of Commerce, 600 E. 3rd St. (Katy Depot), www.sedaliachamber.com 826-2222

Sedalia Convention & Visitors Bureau, 600 E. 3rd St. (Katy Depot), www.visitsedaliamo.com 827-5295

Sedalia Downtown Development, 303 S. Ohio Ave, 827-6461

Pettis County Emergency Management, 319 S. Lamine, www.pettiscomo.com/home.html 827-4800

Economic Development Sedalia-Pettis County www.SedaliaMoED.com
3615 West Broadway, 3rd Floor , 827-0884

LOCAL GOVERNMENT: County Offices

County	Department	Location	Zip	Phone
Pettis County	Court House	415 South Ohio	65301	660-826-5000
www.pettiscomo.com	Auditor		65301	
	Circuit Clerk		65301	
	Collector		65301	
	County Assessor		65301	
	County Clerk		65301	
	County Commission		65301	
	Division 6		65301	
	Prosecuting Attorney		65301	
	Public Administrator		65301	
	Recorder of Deeds		65301	

Pettis County Crime Stoppers, 403 S Lamine, <http://www.pettiscountysheriff.com/crime-stoppers> 827-8477

Pettis County Health Center, 911 East 16th Street, www.pettiscountyhealthcenter.com 827-1130
WIC 827-4599

Pettis County Health Center is a local public health agency that is supported by local taxes, by reimbursement from federal and state programs and by a sliding fee-for-service scale based on household income. Available services include general health and wellness screens, communicable disease control activities including immunizations and STD's, numerous child and adolescent health/safety programs including car seats and bike helmets, women's health services including family planning and Show Me Healthy Women for older women, health education activities. WIC (Women, Infants, and Children) Food Supplement Program, and environmental public health services. Certified Copies of Birth and Death certificates are available in the office for a fee, but only if the birth or death occurred in Missouri.

It is the policy of the Pettis County Health Center to provide equal services to all applicants without regard to race, color, religion, gender, age, national origin, political belief, veteran status, and physical or mental disability.

At Pettis County Health Center we also now offer a Breastfeeding Drop Center for moms who have concerns or worries about breastfeeding can drop in during office hours to have their babies weighed and speak with a lactation consultant or other trained breastfeeding staff. Breastfeeding classes are available monthly. We also have a breastfeeding helpline that is answered after hours.

Pettis County Jail, 333 S. Lamine, <http://www.pettiscountysheriff.com/divisions/corrections> 827-0056

Pettis County Juvenile Office, 403 S. Lamine, Suite 9, www.pettiscomo.com 827-1062

Pettis County Road Department, Main & State Fair Boulevard , www.pettiscomo.com 826-7187

Pettis County Sheriff's Department, 319 South Lamine, www.pettiscountysheriff.com 827-0052

State and Federal Offices

<u>Missouri Department of Conservation</u> , Sedalia Service Center 2000 South Limit, Sedalia, MO 65301	www.mdc.mo.gov	530-5500
<u>Department of Corrections, Probation & Parole</u> 205 Thompson Road, Sedalia, MO 65301	www.doc.mo.gov	530-5530
<u>Department of Health and Senior Services</u> , 808 Westwood, Sedalia, Mo, 65301	www.health.mo.gov	530-5525
<u>Department of Mental Health-Development Disabilities Division</u> 1500 Van Diver Dr. Ste. 100 Columbia, Mo. Pettis County applicants may call toll free	www.dmh.mo.gov	1-888-672-1401
<u>Department of Natural Resources</u> , State Parks Division, 19349 Bothwell State Park Road, Sedalia, MO 65301	www.dnr.mo.gov	827-0510
<u>Department of Social Services-Children's Division</u> , 808 Westwood, Sedalia, Mo, 65301	www.dss.mo.gov/cd/	530-5900
<u>Department of Social Services-Family Division</u> 808 Westwood, Sedalia, Mo 65301	www.dss.mo.gov/fsd/	855-373-4636/530-5900
<u>Missouri Driver's Licenses Testing Location</u> (written & driving), Highway Patrol Office, Missouri State Fairgrounds, Monday, Tuesday, Wednesday, 8:30 to 12:00 12:30 to 4:25		530-5515
<u>Missouri Motor Vehicle, Drivers, & Marine Licensing</u> (Missouri Dept of Revenue), 3155 West Broadway, in Thompson Hills Shopping Center,		826-3316
<u>Missouri State Fair</u> , Connected to the National Guard Armory Building 2503 West 16 th . St. Sedalia, Mo. 65301	www.mostatefair.com	800-422-3247 or 530-5600
<u>Social Security Administration</u> , 3404 West 10 th Street, Sedalia, Mo. 65301	www.ssa.gov	1-877-405-5459
<u>Missouri Vocational Rehabilitation</u> 2115 West Broadway, Sedalia MO 65301	http://dese.mo.gov/vr/vocrehab.htm	530-5560
<u>Office for Civil Rights</u> Region VII-Kansas City 601 East 12 th Street Room 353, Kansas City, MO 64106		TDD 1-800-537-7697 1-800-368-1019
<u>Missouri State Government Information</u>	www.mo.gov	(573) 751-2000
<u>U.S.D.A- Agriculture Department</u> 1407 W. 32 nd St. Sedalia, Mo. 65301		826-3339
<u>U.S. Postal Service</u> 405 East 5 th Street, Sedalia, Mo. 65301		826-8887
<u>Missouri Commission on Human Rights</u> P.O. Box 1129, Jefferson City, MO 65102	www.labor.mo.gov	(573) 751-3325
<u>Missouri Job Center (Sedalia Career Center)</u> 215 E. 5 th St. Sedalia, Mo. 65301	www.jobs.mo.gov	530-5627

Other Missouri Help Numbers

Adoption Line and Foster Care	800-554-2222
American Heart Association	800-323-7883
Arson Hot Line, Fire Marshal	800-392-7766
Auto Safety Hot-Line, National Highway Traffic Safety Recall Information	800-424-9393
Child Support Enforcement	800-859-7999
Communicable Disease, Dept. of Health	800-392-0272
Consumer Hot Line, Missouri Attorney General's Office	800-392-8222
Council on Disabilities	800-877-8249
EBT Helpline	800-997-7777
HUD-Federal Agency-Discrimination, Fair Housing & Equal, Opportunity Hot Line	800-669-9777
Highway Patrol Road Conditions	800-222-6400
Legal Aid of Western Missouri (non-criminal matters)	800-892-2943
Missouri Tourism	800-877-1234
Public Service Commission, Utility Complaints	800-392-4211
SIDS (Sudden Infant Death Syndrome) Resources	800-421-3511
Social Security Administration, 3404 West 10th St.	800-772-1213
Veterans' Administration	800-827-1000
Welfare Fraud, Family Support System	800-392-1261

Who can I turn to in a crisis? Crisis Hotlines

<u>Adult Abuse Hotline</u>		1-800-392-0210
<u>Child Abuse Hotline</u>		1-800-392-3738
<u>Domestic Violence Hotline</u>	State-Wide 1-800-799-SAFE (7233)	Local (CASA) 1-800-894-1151
<u>Elderly Abuse Hotline</u>		1-800-392-0210
<u>Mid-Missouri Crisis Line</u>		1-888-761-4357
<u>National Runaway Safe line</u>		1-800-786-2929
<u>Missing Children Hot Line</u>		1-800-843-5678
<u>Narcotics Anonymous</u>		1-800-945-4673
<u>National Domestic & Family Violence</u>		1-800-799-7233
<u>National Sexual Abuse Hotline</u>		1-800-656-4673
<u>National Suicide Prevention Lifeline</u>	1-800-799-4889 TTY	1-800-273-8255
<u>National Victim Center</u>		1-800-394-2555
<u>Parental Stress Helpline</u>		1-855-427-2736
<u>Parents Anonymous of Missouri</u>		1-816-474-4588
<u>Poison Control Center - Missouri Regional Poison Center</u>		www.poison.org
7980 Clayton Road Suite 200, St. Louis, MO 63117		1-800-222-1222

<u>Runaway Children National Hotline</u>	1-800-621-4000
To Leave a Message for Parents from Child/or from Parent to Child	
<u>Runaway Children National Safeline</u> , Shelter-Medical Assistance	1-800-231-6946
<u>Suicide Hotline</u>	1-800-SUICIDE (784-2433)
<u>Veterans Crisis Hotline</u>	1-877-838-2838
<u>Youth Crisis Hotline</u>	1-800-442-4673

Crisis Help

American Red Cross, 112 West 4th Street, <http://american.redcross.org/pettiscountyhome> 827-0618

After hours emergencies: same number. Non-profit, humanitarian organization led by volunteers that provides relief to victims of disasters and helps military personnel, veterans and their dependents. The chapter sponsors hospital volunteers, first aid, CPR and swimming lessons, lifeguard training and HIV-AIDS educational programs, and community blood drives. Also provides emergency assistance to families in crisis.

Battered Women Hotline 800-799-7233

Birthright, 1810 West 11th Street, www.birthright.org 826-9060 or 1-800-550-4900 24 hrs

Provides emergency pregnancy support services, free pregnancy testing, baby and maternity clothing and items, alternatives to abortion, information on adoption and baby development, and community referrals for assistance. All of our services are free. Hours are M-F, noon – 4 p.m.; others by appointment.

Citizens Against Spouse Abuse (CASA) 827-5555 or 1-800-894-1151

Women's shelter & Rape Crisis Center, crisis intervention counseling, temporary emergency shelter, referrals, children's programs, self-help and support groups, advocates, crisis response team, and Batterers Intervention Program. Also provides: Speakers' bureau for community education and awareness, programs available to groups, institutions, and schools, In-Service Training for all persons working with victims of physical and domestic violence, and Specialized Programs for business/industry, clergy, and medical & social service agencies.

Embassy, The See page 11

Family Support Division, Missouri Dept. of Social Services, 808 Westwood, www.dss.mo.gov/fsd
855-373-4636/660-530-5900

Public assistance including food stamps, temporary assistance, and Medicaid.

Missouri Valley Community Action Agency, 505 South Kentucky, www.mvcaa.net 826-0804

MVCAA Administrative Office, 1415 South Odell, Marshall, MO 65340 886-7476

Provides Section 8 Rental Assistance, Emergency Services- Energy Assistance, Rent, Weatherization, Housing Partnership, Head Start, and Adult/Family Literacy. **Head Start**, 314 South Washington, 826-0651, 353 Buckner Court, 826-9931

Open Door Benevolent Ministries, 111 West 6th Street, 827-1613

Food Pantry assists poverty-level individuals. Limited emergency financial assistance for rent and utilities. Medical assistance with fuel to provide transportation to see an out of town doctor as long as proof of appointment can be provided.

The Embassy 660-596-4427

The Embassy is a non-denominational, faith-based restoration ministry. The Embassy leads men and women who are in a normalcy of brokenness, deception, and manipulation to a new normalcy of a productive and joyful life in Christ. The program is designed for men and women who recognize they have life controlling problems and desire to change their life through a personal relationship with Jesus Christ. The program consists of spiritual and secular development. The spiritual development leads one through Christian fundamentals, study of the Bible, church attendance, and discipleship study. The secular development leads one through setting goals, education planning, gaining employment, and managing health and finances. Please visit our website, theembassyinc.org, for more information.

Where can I get counseling?

- Burrell Behavioral Health**, 201 West 3rd 827-2494
Provides information and referral, assessment, counseling, medication, crisis services, mental illness and community psychiatric rehabilitation, case management, and education.
- Central States Mental Health Consultants**, 108 West 5th Street, 1-800-870-0019, 827-0019
SATOP (State Alcohol Traffic Offenders Program)
- Community Counseling Services**, 1721 S. Ingram 827-9875
Staff specializing in: Individual and family counseling, play/art therapy, Military/Veteran issues and drug/alcohol assessment, treatment and recovery support. Some individual assistance with finding employment through ATR or individual agreements with John. Accepting various insurance companies including Medicaid and Medicare as well as EAP referrals.
- IMKO Workforce Solutions (Employment Staffing Agency)**, www.imko.com 1400 S. Limit Ste.20 826-4862
- Grief Consultant, LLC**, Connie Tinsley, Certified Thanatologist. 1917 W. Lamine Ave. 660-851-0616
- Julie Hardy LLC**, 3001 Clinton Road 829-1133
- Kitto, Gary C. Dr. & Associates**, 100 South Limit 826-7909
- Mefford, Vuagniaux & Associates PC** 121 E. Broadway 826-2380
A group of Therapists who provide psychological and counseling services to children, adolescents, adults, elderly, couples and families. Individual and Family Therapy services are offered with a full range of psychological testing including intellectual, personality and comprehensive psychological evaluations.
- Pathways**, 1700 W. Main Street www.pathwaysonline.org 826-5885
A not-for-profit community mental health center that provides comprehensive psychiatric, substance abuse treatment, prevention and education, and 24-hour crisis services. Pathways has met HSET (High School Equivalency Test) with Royal Oaks Hospital, Windsor, which allows for an even greater continuum of care for the consumers, individuals and families that Pathways serves. For more info or Royal Oaks Hospital, contact the corporate office or visit us on the web listed above.
- Recovery Lighthouse**, 417 W. Pettis Cell: 660-287-2345 827-HELP (827-4357)

Are there any support groups in Pettis County?

- Alcoholics Anonymous**, Ditzfeld Recovery Center, 417 West Pettis 829-2527
Meets Monday – Saturday at Noon and 7 p.m. and Sunday at 10 a.m. and 7 p.m. All open meetings.
Alcoholics Anonymous also meets at 517 South Lafayette 826-9608
Meet Monday and Saturday 8 p.m. for open meetings. Also has closed meetings.
- Spanish Speaking**, 984 West Morgan, Marshall, MO 65340, Meet Monday–Sunday 7–9 p.m. 886-9783
- Alzheimer's Support Group** –
Meetings are at 7 p.m. on the fourth Thursday of the month at Wesley United Methodist Church. (November and December meetings are on the third Thursday.) For more information, contact Betty Hopkins at (660) 281-0822.
- Celebrate Recovery**, The purpose of the Celebrate Recovery Ministry is to spend time together and 827-4833
Celebrate God's healing power in our lives through the Eight Recovery Principles based on the beatitudes
Cornerstone Baptist Church, 19856 HWY Y, Monday nights, dinner 6:00 p.m., meeting at 7:00 p.m. Also at
New Hope Baptist Church, 664 E. 16th. St. Thursday nights, dinner at 6:00 p.m, meeting at 7:00 p.m.
Contacts: Anthony 281-7878, Debbie 281-9898.
- Diabetes Support Group** – Bothwell Education Center, 600 E. 14th Street (660) 827-9334
Information on a variety of topics related to diabetes is provided to help individuals better manage their condition.
Meetings are at 11 a.m. on the third Tuesday of every other month at the Bothwell Education Center, 600 E. 14th St. For more information contact the Diabetes Education Department at (660) 827-9334.
- Domestic Violence Support Group** CASA 827-5559 Shelter Hotline 827-5555

- First Baptist Church**, 200 East 6th Street, 826-2160
Provides community ministry and youth ministries.
- Grief Recovery Support Group** – Bothwell Education Center, 600 E. 14th Street (660) 422-5804
This 8-week program provided by Crossroads Hospice will guide those who wish to resolve their loss issues and move beyond their grief to a richer quality of life. For upcoming sessions, contact Beth Hunt with Crossroads Hospice at beth.hunt@crossroadshospice.com.
- Healthy U Community Weight Loss Support Group**, Bothwell Education Center, 600 E. 14th St. 827-9138
Meets weekly at 5:30 p.m. on Thursdays. Provides support and education for people who are trying to lose weight in a safe and healthy manner. Call 827-9138 for more information.
- LaLeche League** 1701 West 32nd. St.
A support group for breastfeeding mothers. Meetings are held the First Tuesday of the month at 6:30 p.m. at Celebration Center, First United Methodist Church Hospitality Room.
- New Attitudes Weight Loss Support Group**, Christ & Trinity Lutheran Church, 827-5898
3201 Southwest Blvd.; Meets the first Wednesday of each month.
- New Hope Baptist Church**, 664 East 16th Street 826-6277
Provides Celebrate Recovery. Meets on Thursday night at 6:00 p.m.
- Parent Link**, <http://education.missouri.edu/orgs/parentlink/> 800-552-8522 Relay Missouri 800-735-2966
Dedicated to answering any parenting questions. We are a resource for families and professionals serving families. We serve all parents and caregivers including relatives, foster, and adoptive parents.
- Stroke Survivors Support Group** – Bothwell Education Center, 600 E. 14th Street (660) 827-9578
The group brings together people who have had a stroke and their families, friends and caregivers and provides the opportunity for learning and teaching about the causes, physical and psychological effects and the prevention of stroke. The group meets on a quarterly basis on the first Friday of these months from 11am to 12pm - March, June, September and December.
- The Baby Café**, Bothwell Education Center, 600 E. 14th St. 660-281-7358
Breastfeeding support is free for pregnant and breastfeeding moms. A registered, licensed center providing the highest standards of excellence in regards to breastfeeding information, help and support. Tuesdays 4:00 p.m. to 6:00 p.m.; Thursdays, 10:00 a.m. to 12:00 p.m. Closed on holidays and when Sedalia #200 schools are closed due to inclement weather. Walk-ins welcome.
- There is Hope Christian Ministries**, 660 East 16th Street 826-1225
Provides pregnancy tests, counseling by trained lay-counselors, information about pregnancy, abortion and alternatives, and abstinence support. Includes a maternity residence.
- TOPS Chapter No. 958**, First Baptist Church, 200 East 6th Street 826-2160
Provides group support for sensible weight loss. (Take Off Pounds Sensibly)
- Valley of Hope** P.O. Box 1023, Sedalia MO 65302 Debby Hostetter valleyofhope@yehoo.com 660-619-8048
A support group for grandparents raising grandchildren. Our mission is giving encouragement and hope to grandparents and children. A central hub for grandparents to obtain information and resources for raising children. We meet on the second Saturday of each month, 10:00a.m. to 12:00 p.m. at the Community of Christ Church, 2000 South Ingram in Sedalia, Missouri. Come and share things you have in common with other grandparents. The Missouri web site is: valleyofhopemissouri.org.

What educational services are available?

- Boys' & Girls Club of West Central Mo.** 314 South Washington, www.bgckids.com 826-8331
Administrative Office 3100 Aaron Ave. 826-8331 Smithton 343-3700
Provides before/after-school and summer programs at area public schools. Please call the administrative office to see what services are available in your community.
- Buckner Head Start Preschool Program**, 358 Buckner Court 826-9931
- Bureau of Child Care** www.acf.hhs.gov/programs/ccb www.sos.state.mo.us/adrules/csr/current/19csr/19c30-60.pdf
PO Box 320, Warrensburg, MO 64093 licensing/certification for in-home daycare provider 660-747-2751

C.A.C.T.U.S. Community and Children Teaming Up for Successwww.sedaliacactus.org

Provides school supplies to children in need.

827-0263

Center for Human services (CHS) 1500 Ewing Drive, www.chs-mo.org

826-4400

(Children's Therapy Center/Cooperative Workshops, Inc.)

Provides services and supports to children and adults with disabilities. Children's services include Missouri First Steps, (660-827-5004) Early Head Start, Therapeutic Aquatics, Early intervention, comprehensive child and development services, education services for children; water exercise, swim lessons and water walking. Adult services include Community Living: group living, individual supported living, and community supports; Employment services: Facility Based Employment, Job Preparation, Job Development, Supported Community Employment; and Service Coordination.

Child Care Aware of Missouri, www.mo.childcareaware.org

800-243-9685

Free services for parents, children, and providers. They offer home and classroom strategies, classroom observation, referrals for parents, educational materials, information about community resources, links to schools and series, and other requests as needed.

Childbirth Education, Bothwell Education Center, 600 E. 14th St.

829-8855

From labor and delivery to caring for a newborn, breastfeeding and infant safety, Bothwell Regional Health Center educate parents on what to expect. Three separate classes are designed to provide the information you need to get off to a good start with your newborn. Classes are free but preregistration is required.

Children's Therapy Center, 4515 W. Main, www.chs-mo.org

826-4400

MO First Steps, 827-5004. Early Head Start, Therapeutic Aquatics, Early intervention, comprehensive child and family development services, water exercise, swim lessons, and water walking, and education services for children.

Community CPR/AED/First Aid, Bothwell Education Center, 600 E. 14th St.

827-9138

Several times during the year, Bothwell offers a half-day course to teach participants how to provide CPR to an adult, child, or infant and how to use an automated external defibrillator (AED) for adults and children. Participants also may add an optional half day course on first aid for adults and children. The cost is \$35 per person for either CPR or First Aid, or \$50 per person to take both classes. Class sizes are limited and require registration. For more information or to find out class dates, e-mail classes@brhc.org or call (660) 827-9138.

Driver's Training, Willie Jenkins

826-9228

Family Child Care Provider Association

826-8437

Provide support for family child care providers and opportunities to build new relationships and network with other providers. Support meetings held in provider's homes Jan. Feb. Mar. and Sept. Oct. Nov.

Missouri Valley Community Action Agency, 505 South Kentucky, www.mvcaa.net

826-0804

MVCAA Administrative Office, 1415 South Odell, Marshall, MO 65340

886-7476

Provides Section 8 Rental Assistance, Emergency Services- Energy Assistance, Rent, Weatherization, Housing Partnership, Head Start, and Adult/Family Literacy. Head Start, 314 South Washington, 826-0651, 353 Buckner Court, 826-9931

Pettis County Early Childhood Cooperative, 2255 S. Ingram, www.sedalia200.org

827-8955

Parents as Teachers (PAT) & Early Childhood Special Education Services (ECSE), Title One Pre-School.

Safe Sitter, Bothwell Education Center, 600 E. 14th St.

827-9138

New babysitters will learn about injury management, childcare essentials, injury prevention, behavior management, the business of babysitting, CPR and how to care for a choking child or infant. Course materials are designed for children ages 11 to 13. Cost: \$35. Scholarships may be available. Call for class dates and registration materials.

Sedalia Area Literacy Council, 219 W. 3rd St.

Betty Albrecht 827-5082

The mission of the Sedalia Area Literacy Council is *Building a Reader and a Library One Book at a Time*. The goals of the Council are to formulate and participate in programs that will increase the literacy rate, promote reading, and link local business, education, and the community. Usually meets 3rd Tuesday, 8:30 A.M. at Boonslick Regional Library, except in summer.

Sedalia Housing Authority, 500 Welch Court

827-1400

Provides low-income housing with a library available for use by residents, CASA office on-site, and Head Start Buckner Court.

Sedalia School District #200, 2806 Matthew Drive www.sedalia200.com

829-6450

Providing public education to children Pre-K thru 12th (Early Childhood Special Education/Title I Preschool)

Smoking Cessation, Bothwell Education Center, 600 E. 14th St. 827-9138

Smokers who are ready to kick the habit can find the support and resources they need to be successful through Bothwell's smoking cessation course. Class follows the American Lung Association's eight-session "Freedom from Smoking" program. Cost: \$45. Scholarships may be available. Call for class dates or to register

State Fair Community College Adult Education and Literacy, 3201 W. 16th. www.sfcmo.edu 660 596-7289

Services include assisting adults to become literate and to obtain the knowledge and skills necessary for employment and economic self-sufficiency, assisting adults who are parents or family members become a full partner in the education development of their children, assist adults in completing high school, assist in transitioning from adult education to post-secondary education and training through career pathway, citizenship test preparation, and assist English language learners improve reading, writing, math, speaking and comprehending the English language.

The Baby Café, Bothwell Education Center, 600 E. 14th St. 660-281-7358

Breastfeeding support is free for pregnant and breastfeeding moms. A registered, licensed center providing the highest standards of excellence in regards to breastfeeding information, help and support. Tuesdays 4:00 p.m. to 6:00 p.m.; Thursdays, 10:00 a.m. to 12:00 p.m. Closed on holidays and when Sedalia #200 schools are closed due to inclement weather. Walk-ins welcome.

University of Central Missouri, Warrensburg, MO 64093, www.ucmo.edu 800-666-1461 (660) 543-8321

Child Care Resource Referral Line–Workshop on Wheels. Also, literature, child care training, resource lending library, advocacy information, and accreditation.

University of Missouri Extension/Lincoln University, 1012 A Thompson Boulevard, 827-0591

Programs include: Anger Management, Positive Discipline & Self-Esteem, Successful Aging, 4-H Youth Development, Building Strong Families, activities & leisure, Creativity Emotional Well Being, Intelligence, Memory & Learning, Relationships, Intimacy, Companionship, and Family, Volunteerism, Family Nutrition Education Program, Work, and **Focus on Kids**. Helping kids cope with divorce; parenting, plans, mediations separation. Call for class schedule and fee information.

Where can I find resources for persons with disabilities?

Center for Human services (CHS) 1500 Ewing Drive, www.chs-mo.org 826-4400

(Children's Therapy Center/Cooperative Workshops, Inc.)

Provides services and supports to children and adults with disabilities. Children's services include Missouri First Steps, (660-827-5004) Early Head Start, Therapeutic Aquatics, Early intervention, comprehensive child and development services, education services for children; water exercise, swim lessons and water walking.

Adult services include Community Living: group living, individual supported living, and community supports; Employment services: Facility Based Employment, Job Preparation, Job Development, Supported Community Employment; and Service Coordination.

Central Missouri Regional Center, 818 Westwood, www.dmh.mo.gov/cmrc, 1-888-672-1401

MRDD/Division of Mental Retardation Developmental Disabilities. Assists persons with developmental disabilities, who meet guidelines, access services they want and need (case mgmt., info, referrals and advocacy).

Dept. of Mental Health-Development Disabilities Div. 1500 Vandiver Dr Ste 100 Columbia, MO. www.dmh.mo.gov

Pettis County residents call toll free to apply. 1-888-672-1401

Employment of People with Disabilities, Governor's Council on Disabilities. 800-877-8249

Job Accommodation Network

For information on how to accommodate a specific individual with a disability call 800-526-7234, Voice/TDD, 800 877-781-9403 TTY, or 800-ADA-WORK, voice/TDD.

Rehabilitation Institute, 2903 W. Broadway, Helping those we serve to achieve greater independence 826-1555
at home, work, school and in the community.

Vocational Rehabilitation, 2115 West Broadway, <http://dese.mo.gov/vr/vocrehab.htm> 530-5560

Services for Missouri citizens who have disabilities and who want to be employed.

WILS -West-Central Independent Living Solutions, 1800 West Main St. <http://www.w-ils.org> 829-1980

1-866-558-5588. Provides consumer-controlled, community-based options promoting independence for people with disabilities including: Independent Living Services, Transportation Services, Attendant Services, Housing,

Recreational Services, Therapeutic Services, Internet Access, Computer Access, ADA Info and Technical Assistance, Employment Info, and Assistive Technology “loan closet.”

Where can I go to access the Internet?

Boonslick Regional Library, 219 West 3rd Street, 827-7111
Sedalia Public Library, 311 West 3rd Street, 826-1314
Sedalia Housing Authority, 500 Welch Court, 827-1400

What services are available to help me find a job?

Experience Works–Senior Work Solutions, POB 188, Clinton, MO 64735 www.experienceworks.org 800-368-7569

IMKO Workforce Solutions (Employment Staffing Agency), www.imko.com 1400 S. Limit Ste#20 826-4862

Missouri Job Center 215 East 5th Street www.jobs.mo.gov 530-5627
Assessment of skills, abilities, and needs; access to employment services, labor market information, job-search, and job-placement assistance; information on training, education, vocational rehabilitation, and credit counseling services.

The Division of Workforce Development has staff throughout the state dedicated to assisting veterans with career transition and employment services. Specialists are available to provide case management and develop career and job training opportunities for veterans, with special emphasis on veterans with defined barriers to employment. Facebook address is: Facebook.com/missouricareercentersedalia

Pettis County Community Partnership—PROP or ROC, 1400 S. Limit, Ste. 29 827-0560
Has Free Resume Guide to do-your-own Skill-Based Resume with Guide, templates, and samples of cover letters, Resumes, Reference Pages, Thank You notes, and the steps of the entire process of developing a potential employment situation that you truly want. Pick one up Free in the lobby. Limited assistance may be available to help you, too.

Vocational Rehabilitation, 2115 West Broadway <http://dese.mo.gov/vr/vocrehab.htm> 530-5560
Vocational Rehabilitation services help people with disabilities obtain and maintain employment. Types of services that may be provided include: vocational exploration to determine what services are required for you to become employed, guidance in choosing suitable employment, counseling, time-limited physical or mental restoration, assistive devices, vocational training, transportation cost assistance, job related tools and licenses, help in developing job-seeking skills, assistance finding a job.

@Work Fairway Personnel Services (Temporary Staffing Agency), 1710 West 9th Street 826-9300

Workforce Development Board, Inc. of Western Missouri, 3208 West 16th Street 827-3722
Develop, establish, and maintain streamlined local employment/training delivery system in WIA 4.

Are there any homeless shelters in the area?

CASA, (Domestic and Homeless Shelter) 827-5555 or 1-800-894-1151
For women who have been a victim of domestic violence.

City Union Mission, Kansas City, MO. (816) 474-9380

Faith House, Clinton, MO, Transitional Housing, (660) 885-6067, Domestic violence shelter 800-801-7883

Harbor House, 602 N. Ann, Columbia MO 65202. (573) 442-1984
Provides shelter to homeless women, men, and families with children.

Harvest House, Boonville, MO, Homeless, transitional shelter. (660) 537-4278

House of Hope, Lexington MO, Domestic violence shelter. (660) 259-4766 1-888-259-6795

Lighthouse, Marshall, MO, Domestic Violence shelter. 1-888-831-0988

Place at the Lake, Benton County, MO, Domestic or sexual violence shelter for men women & children 866-374-9044

Salvation Army--Center for Hope Housing, Jefferson City, MO. (Families and Individuals) (573) 635-1975

Where can I get help with housing?

American Red Cross, 112 West 4th Street www.redcross.org 827-061
Non-profit, humanitarian organization led by volunteers that provides relief to victims of disasters and helps military personnel, veterans and their dependents. The chapter sponsors hospital volunteers, first aid, CPR and swimming lessons, lifeguard training and HIV-AIDS educational programs, and community blood drives. Also provides emergency assistance to families in crisis.

Citizens Against Spouse Abuse (CASA) Business line 827-5559 Hotlines- 827-5555 or 1-800-894-1151
Women's shelter & Rape Crisis Center, crisis intervention counseling, temporary emergency shelter, referrals, children's programs, self-help and support groups, advocates, crisis response team, and Batterers Intervention Program. Also provide: Speakers' bureau for community education and awareness, with programs available to groups, institutions, and schools, In Service Training for all persons working with victims of physical and domestic violence, and Specialized Programs for business/industry, clergy, medical & social service agencies.

Commerce Building Lofts 230 South Ohio 826-1721
Affordable housing.

Deerbrook Villas 960 Mitchell Rd. Affordable Housing 829-2821

Grace Living Center 120 State St. Clarksburg, MO, 660-466-0079
Long term transitional living center for women living with addictions. Women's re-entry program.

Habitat for Humanity P.O. Box 1523 (65302) www.sedaliahabitatforhumanity.org 826-1918
Habitat for Humanity International is a nonprofit, ecumenical Christian housing ministry. Seeks to eliminate poverty housing and homelessness from the world, and to make decent shelter a matter of conscience and action. Habitat invites people of all backgrounds, races and religions to build houses together in partnership with families in need.

Liberty-Tambo Apartments 1400-1402 Liberty Park Blvd. Sedalia, MO 660-827-3161
HUD approved income based subsidized housing for seniors. Age 62 and over. Centrally located across from Liberty Park. Limited access entry and a camera security system for your protection. Climate controlled interior hallways. Pets welcome. Resident activities. "Equal Housing Opportunity

Lincoln Hubbard Apartments 711 N. Osage 827-5171
Affordable housing for persons 55 and older.

Missouri Valley Community Action Agency, 505 South Kentucky, www.mvcaa.net 826-0804
MVCAA Administrative Office, 1415 South Odell, Marshall, MO 65340 886-7476
Provides Section 8 Rental Assistance, Emergency Services- Energy Assistance, Rent, Weatherization, Housing Partnership, Head Start, and Adult/Family Literacy. Head Start, 314 South Washington, 826-0651, 353 Buckner Court, 826-9931

Place at the Lake, Benton County, MO, 866-374-9044
A domestic or sexual violence shelter for men, women and children.

Pettis County Community Partnership 1400 S. Limit, Ste. 29 827-0560
Provides rental assistance for those who qualify. Assistance depends on availability of funds. Also helps with birth certificates.

Olsen West Apartments, 883 Olsen Road 827-2484
Affordable housing for persons 65 and older.

<u>Saddlewood Apartments</u> , 3201 W. 10 th Street Affordable housing for elderly.	826-6133
<u>Sedalia Heights</u> , 900 Westwood Ave. Affordable housing.	829-1588
<u>Sedalia Housing Authority</u> , 500 Welch Court Provides low-income housing, library and computer lab with internet access available for use by residents, CASA office on-site, and Head Start-Buckner Court.	827-1400
<u>Sedalia Villa</u> , 904 Winchester Drive Affordable housing.	829-1588
<u>There is Hope Christian Ministries</u> , 660 East 16 th Street Provides pregnancy tests, counseling by trained lay-counselors, information about pregnancy, abortion and alternatives, and abstinence support. Also provides a maternity residence.	826-1225

Where can I get help with food?

<u>Community Café</u> , 417 West Pettis, Provides free evening meal. Served at 5:00 -- and must be done by 6:00 pm.	Monday-Friday
<u>Family Support Division, Missouri Department of Social Services</u> , 808 Westwood Offers public assistance programs including: food, stamps, temporary assistance, and Medicaid.	885-373-4636/660-530-5900
<u>Free Lunch by Open Door at former Salvation Army Building</u> , 1200 E. Broadway serving noon to 1:00 p.m..	
<u>Meals on Wheels</u> , 2311 West Main, 8:30-12:30	826-5039 Meal Delivery
<u>MRCC Food Co-op at Pettis County Community Partnership</u> , 1400 S. Limit, Ste. 29 Partnering with the Missouri Rural Crisis Center, once each month we offer people approximately \$35 worth of groceries for \$22. Co-op members pay an annual membership fee of \$10 and the \$22 monthly co-op fee, then each month they receive a supply of food includes bread, produce, paper products, and canned goods, as well as MRCC's own Patchwork Farms meat products. Additional meat may be ordered at reasonable rates. All participants of the co-op program must be current MRCC members. There are no income restrictions.	827-0560
<u>Open Door Benevolent Ministries</u> , 111 West 6 th Street Food Pantry gives assistance to poverty-level individuals. Limited emergency financial assistance.	827-1613
<u>Pettis County Health Center</u> , 911 East 16 th , www.pettiscountyhealthcenter.com Pettis County Health Center is a local public health agency that is supported by a special county tax, by reimbursement from federal and state programs and by a sliding fee-for-service scale based on household income. Available services include general health and wellness screens, communicable disease control activities including immunizations and STDs, numerous child and adolescent health/safety programs including car seats and bike helmets, women's health services including family planning and Show Me Healthy Women for older women, health education activities. At Pettis County Health Center we also now offer a Breastfeeding Drop-in Center for moms who have concerns or worries about breastfeeding can drop in during office hours to have their babies weighed and speak with a lactation consultant or other trained breastfeeding staff. Breastfeeding classes are available monthly. We also have a breastfeeding helpline that is answered after hours. WIC (Women, Infants, and Children) Food Supplement Program , and environmental public health services. Certified Copies of Birth and Death certificates are available in the office for a fee, but only if the birth or death occurred in Missouri. It is the policy of Pettis County Health Center to provide equal services to all applicants without regard to race, color, religion, gender, age, national origin, political belief, veteran status, and physical or mental disability.	827-1130 WIC 827-4599
<u>Sedalia Senior Center</u> , 312 South Washington. Serves daily lunches for seniors. Arrangements may be made for delivery of meals to homebound seniors.	826-0713

Where can I find additional resources for children and families?

Foster Grandparent Program 1812 N. Main St. Higginsville, Mo. fgpexec@gmail.com 660 584-7421
Senior adult volunteers enhancing children's lives.

Child Safe of Central Missouri, Inc., 102 East 10th Street, www.childsafehouse.org 888-829-3434
Provides services and referrals to victims of child sexual or physical abuse. Provides resources for the fight against, and prevention of child sexual and physical abuse.

What medical services are available?

Bothwell Regional Health Center, 601 East 14th Street, www.brhc.org 826-8833
Bothwell Regional Health Center operates a 140-bed hospital in Sedalia, as well as a network of physician practices and out-patient diagnostic and treatment facilities. With a staff of about 850 employees and 100 physicians, we provide a full range of diagnostic, medical and surgical services. These services include cancer care, cardiovascular care, obstetrics and gynecology, emergency services, orthopedics, rehabilitation therapy, pediatrics, outpatient services, diagnostic imaging, hospice, home health, medical equipment and community outreach and education.

Central Missouri Regional Center, 818 Westwood, www.dmh.mo.gov/cmrc 1-888-672-1041
MRDD/Division of Mental Retardation Developmental Disabilities. Assists persons with developmental disabilities, who meet guidelines, access services they want/need (Case management, information & referrals, and advocacy).

Childbirth Education, Bothwell Education Center, 600 E. 14th St. 829-8855
From labor and delivery to caring for a newborn, breastfeeding and infant safety, Bothwell Regional Health Center educates parents on what to expect. Three separate classes are designed to provide the information you need to get off to a new start with your newborn. Classes are free, but preregistration is required.

Community CPR/AED/First Aid, Bothwell Education Center, 600 E. 14th St. 827-9138
Several times during the year, Bothwell offers a half-day course to teach participants how to provide CPR to an adult, child, or infant and how to use an automated external defibrillator (AED) for adults and children. Participants also may add an optional half day course on first aid for adults and children. The cost is \$35 per person for either CPR or First Aid, or \$50 per person to take both classes. Class sizes are limited and require registration. For more information or to find out class dates, e-mail classes@brhc.org or call (660) 827-9138

Dental Hygiene Clinic at State Fair Community College 3201 West 16th St. www.sfccmo.edu 596-7406
Accepting appointments for patients of all ages and conditions of teeth. Donate your time and teeth and provide the students in the Dental Hygiene program valuable clinical experience. Services include: exam, cleaning, child cleaning and fluoride, bitewing radiographs, full mouth radiographs, and scaling and planning.

Family Support Division, Missouri Department of Social Services 808 Westwood Av. 855-373-4636/660-530-5900
Financial assistance and food stamps for those who qualify. Health insurance if meet income guidelines.

Katy Trail Community Health (KTCH), 821 Westwood Drive 1-877-733-5824 and 826-4774
Katy Trail Dental 826-1908. Provides emergency dental services to adults and children; preventative and restorative services to children. KTCH accepts all forms of insurance including MC+ plans and Medicaid.

MO HealthNet for Kids, Missouri's Health Insurance Program, www.dss.mo.gov 888-275-5908

Pettis County Health Center, 911 East 16th Street www.pettiscountyhealthcenter.com 827-1130
Pettis County Health Center is a local public health agency that is supported by local taxes, by reimbursement from federal and state programs and by a sliding fee-for-service scale based on household income. Available services include general health and wellness screens, communicable disease control activities including immunizations, and STDs, numerous child and adolescent health/safety programs, including car seats and bike helmets, women's health services, including family planning and Show Me Healthy Women for older women, health education activities. WIC (Women, Infants, and Children) Food Supplement Program, and environmental public health services.
(continued on next page)

Certified Copies of Birth and Death certificates are available in the office for a fee, but only if the birth or death occurred in Missouri. It is the policy of Pettis County Health Center to provide equal services to all applicants without regard to race, color, religion, gender, age, national origin, political belief, veteran status, and physical or mental disability. At Pettis County Health Center we also now offer a Breastfeeding Drop-in Center for moms who have concerns or worries about breastfeeding can drop in during office hours to have their babies weighed and speak with a lactation consultant or other trained breastfeeding staff. Breastfeeding classes are available monthly. We also have a breastfeeding helpline that is answered after hours.

Prescription Drug Drop Box, 319 S. Lamine Ave.

827-0052

Located in the Pettis County Sheriff's Office lobby. The lobby is open 24 hours a day, seven days a week and expired prescription medication may be dropped off at any time.

Rx Outreach, www.rxoutreach.com

1-800-769-3880

A patient assistance program (PAP) that offers low-cost prescription drugs to uninsured individuals and families as well as those who have limited prescription drug coverage.

Smoking Cessation, Bothwell Education Center, 600 E. 14th St.

827-9138

Smokers who are ready to kick the habit can find the support and resources they need to be successful through Bothwell's smoking cessation course. Class follows the American Lung Association's eight-session "Freedom from Smoking" program. Cost: \$45. Scholarships may be available. Call for class dates or to register

Tel-Link

800-TEL-LINK 800-835-5465

Monday-Friday (8am-5pm), recorded message for all other times Tel-Link will connect you to: Local Health Departments, Social Service Agencies, Community Health centers, prenatal clinics, Crisis pregnancy centers, Family planning clinics, Woman, Infants and Children (WIC) agencies, Well-child clinics, Child care resource and referral agencies, Pediatric and delivering hospitals, Child support enforcement agencies, Area offices for children with special health care needs, Domestic violence shelters, Alcohol and drug abuse treatment centers, Sexual assault centers, Sexually Transmitted Diseases (STDs) Treatment Centers, Mental Health Centers, Non-emergency medical transportation services (Medicaid-eligible only), and Other health care agencies.

University of Missouri School of Dentistry, www.umkc.edu

Kansas City, MO

(816) 235-2100

What In - Home Services are available?

Four Seasons In-Home Services, LLC 1801 S. Limit, www.thecaretokeeppyouhome.com

877-890-2130

Serving the 26 surrounding counties. Also in Clinton at 1603 S. Ohio St. Four Seasons in-Home Services provides quality care for all individuals who wish to remain in the comfort of their own home. We provide personal care, homemaker chores, meal prep. and cooking, companionship/respite as well as nursing duties. We have many avenues for funding our services. For information or a free in-home assessment call Melinda at 660-351-0361

Tiffany In-Home Services 1400 S. Limit, #26, Sedalia MO Kathryn Hickman www.tiffanycare.com 660-826-7766

We provide affordable services for you or a family member or other loved one that needs help with physical needs at home rather than a nursing facility. Five categories of help are: Respite Care, Personal Care, Advanced Personal Care, Homemaker Care, and Licensed Nurse Visits.

Oxford Health Care, 1400 Heriford Rd. Suite 104, Columbia, MO. www.oxfordhealthcare.net

800-749-6555

Provides care from just a few hours a day to round the clock care. Home health services including skilled nursing such as wound care, IV therapy, disease teaching and medication management. Physical, occupational, speech and personal therapy such as bathing and toileting. In-home and consumer directed services provides support such as bathing, personal care, housekeeping, laundry, meal preparation, medication set up, and shopping to individuals on Medicaid and show a need for assistance. Private duty service can be tailored to specific needs in home, in hospital, or at a facility.

What Senior Services are available?

Bothwell Regional Health Center 600 E. 14th Street

826-8833

Diabetes Education, 827-9334
Cardiac Rehab, 827-9556

Therapy, 827-9576
Wound Healing Center, 827-2525

Oxford Home Health 1400 Heriford Rd Suite 104 Columbia, MO www.oxfordhealthcare.net 800-749-6555
In-home and consumer directed services, private duty care, lifeline and telemonitoring available 24/7

Sedalia Senior Center /District III Area Agency on Aging 312 South Washington 826-0713
Foster fellowship and support healthy, independent living for older persons, serve and deliver meals, information & assistance services, nutrition and health education, health screening, assistance with insurance questions, housing and home safety information, Medicare/Medicaid assistance, consumer education, elder abuse education and tax assistance, Transportation services, Senior Community Service Employment Program, legal Assistance, In-Home services, homemaker chore, personal care, and rest for caregiver, telephone reassurance and visiting.

Sedalia Senior and Disability Services / Pettis County, 808 Westwood Avenue 530-5525
Promote and maintain the quality of life for older adults and persons with disabilities, investigate allegations of abuse, neglect and exploitation as reported via the: **Adult Abuse Hotline. . . (800) 392-0210** Intervention to prevent institutionalization, which may include: personal care, homemaker, nursing, meal preparation, etc.

University of Missouri Extension/ Lincoln University 1012 A Thompson Boulevard 827-0591
Anger Management, Positive Discipline & Self-Esteem, Successful Aging, 4-H Youth Development, Building Strong Families, Successful Aging Program, Activities & Leisure, Creativity Emotional Well Being, Intelligence, Memory & Learning, Relationships, Intimacy, Companionship, and Family, Volunteerism, and Work.

What Military Services are available?

Child Care Aware of Missouri-Give Army Parents a Break (866) 892-3228
Call if you are looking for free child care support to: run errands, attend appointments, have quiet time, workout, grocery shop, read a book, and more. Qualified families include deployed Army National Guard and deployed Army Reserve, Army Recruiters, Drill Sergeants, and ROTC Cadre.

What Veteran's Services are available?

Community Counseling Services, 1721 S. Ingram 827-9875
Staff specializing in: Individual and family counseling, play/art therapy, Military/Veteran issues and drug/alcohol assessment, treatment and recovery support. Some individual assistance with finding employment through ATR or individual agreements with John. Accepting various insurance companies including Medicaid and Medicare as well as EAP referrals.

Missouri Job Center: 215 E. 5thSt. www.jobs.mo.gov 530-5627
The Division of Workforce Development has staff throughout the state dedicated to assisting veterans with career transition and employment services. Specialists are available to provide case management and develop career and job training opportunities for veterans, with special emphasis on veterans with defined barriers to employment. Intensive services also available. Our Face book link: Facebook.com & look for "Missouri Job Center - Sedalia".

Missouri Veterans Commission: Dennis McElroy 816 Westwood 530-5544
MVC provides services to veterans and their surviving families. We assist with filing compensation, pension, burial, and education claims. We also assist with applications for VA Voc Rehab. Basically, anything to do with the VA we assist with, including eligibility for VA home loans, follow-up responses for VA claims submitted by the VMC.

Pathways, 1700 W. Main Street www.pathwaysonline.org 826-5885
Supported Services for Veterans and their Families. **SSVF** provides a continuum of specialized housing services, case management, linkage to veteran and mainstream benefits, temporary financial assistance and other supportive services in order to address housing stabilization for very low income veterans and their families who are homeless or who are at risk of being homeless.

Are there any Faith-Based Restoration Ministries?

The Embassy

660-596-4427

The Embassy is a non-denominational, faith-based restoration ministry. The Embassy leads men and women who are in a normalcy of brokenness, deception, and manipulation to a new normalcy of a productive and joyful life in Christ. The program is designed for men and women who recognize they have life controlling problems and desire to change their life through a personal relationship with Jesus Christ. The program consists of spiritual and secular development. The spiritual development leads one through Christian fundamentals, study of the Bible, church attendance, and discipleship study. The secular development leads one through setting goals, education planning, gaining employment, and managing health and finances. Please visit our website, theembassyinc.org, for more information.

What multicultural services are available?

Family Nutrition Education at the Pettis County Community Partnership, 1400 S. Limit, Ste. 29

827-0560

Offers nutrition education and related services to Spanish-speaking residents.

The Missouri Multicultural Network

<http://www.mssc.edu/missouri/>

A project of the Institute of International Studies at Missouri Southern State College in Joplin, MO. Locate information in English and Spanish about: Banking, Community, Education, Immigration, Internet/telephone, Language, Law/legal services, Media, Public Safety, Refugee Resettlement, Religion, Employment, Fire Protection, Health, Housing, Social Services, Transportation, and utilities. Free online citizenship course (prepare for INS naturalization process). <http://www.mssc.edu/missouri/citizenship.htm>

State Fair Community College Adult Education and Literacy, 3201 W. 16th. www.sfcmo.edu

660 596-7289

Services include assisting adults to become literate and to obtain the knowledge and skills necessary for employment and economic self-sufficiency, assisting adults who are parents or family members become a full partner in the education development of their children, assist adults in completing high school, assist in transitioning from adult education to post-secondary education and training through career pathway, citizenship test preparation, and assist English language learners improve reading, writing, math, speaking and comprehending the English language.

West Central Missouri Multicultural Forum of Pettis County Community Partnership

827-0560

1400 S. Limit, Ste. 29. Brings people and area resources together to proactively (reactively if necessary) address issues relating to education, health and welfare, business and industry, law enforcement, government, transportation, and community service learning. The Forum usually meets at PCCP's Conference Room on the last Wednesday of March, June, September and November. Please call to double check on meeting dates.

Are there any churches with services in languages other than English?

Amigos de Cristo, 11th & Thompson Boulevard, Services in **Spanish**

826-2788

First Baptist Church of Sedalia, 200 East 6th Street, Services in **Spanish**

826-2160

First United Methodist Celebration Center, 1701 West 32nd Street, Services in **Spanish**

827-2993

Parkview Christian Church, 1405 East 16th Street, Services in **Ukrainian**

826-3624 or 366-4394

Primera Iglesia Bautista, 201 East 6th Street, Services in **Spanish**

826-0621

St. Patrick's Catholic Church, 415 East 4th Street, Services in **Spanish**

826-2062

The Slavic Christian Church, 520 South Osage, Services in **Ukrainian**

Word of Life Evangelical Christian Church, 3851 South Park, Services in **Ukrainian**

Which agencies have Spanish-speaking translators on staff?

Bothwell Regional Health Center, 601 East 14th Street www.brhc.org 826-8833
Medical translation services provided in multiple languages.

Children's Therapy Center, 1500 Ewing Drive www.chs-mo.org 826-4400
Missouri First Steps. 827-5004

Pettis County Community Partnership 1400 S. Limit, #29 (Spanish/English only) 827-0560

Pettis County Health Center 911 East 16th Street www.pettiscountyhealthcenter.com 827-1130

Pettis County Health Center is a local public health agency that is supported by local taxes, by reimbursement from federal and state programs and by a sliding fee-for-service scale based on household income. Available services include general health and wellness screens, communicable disease control activities including immunizations, and STDs, numerous child and adolescent health/safety programs, including car seats and bike helmets, women's health services, including family planning and Show Me Healthy Women for older women, health education activities. WIC (Women, Infants, and Children) Food Supplement Program, and environmental public health services. Certified Copies of Birth and Death certificates are available in the office for a fee, but only if the birth or death occurred in Missouri. It is the policy of Pettis County Health Center to provide equal services to all applicants without regard to race, color, religion, gender, age, national origin, political belief, veteran status, and physical or mental disability.

At Pettis County Health Center we also now offer a Breastfeeding Drop Center for moms who have concerns or worries about breastfeeding can drop in during office hours to have their babies weighed and speak with a lactation consultant or other trained breastfeeding staff. Breastfeeding classes are available monthly. We also have a breastfeeding helpline that is answered after hours.

Katy Tail Community Health, 821 Westwood 826-4774

Sedalia Housing Authority 500 Welch Court 827-1400
Provides low-income housing, library and computer lab with internet access available for use by residents, CASA office on-site, and Head Start-Buckner Court.

Where do I call to get my utilities turned on?

AT & T Telephone, Customer Service 800-464-7928

Central MO Electric Co-op, County Residents, 22702 North Highway 65, 826-2900

Empire District Gas Co., Customer Service 800-424-0427

Kansas City Power & Light, Customer Service, (816) 471-5275 or 888-471-5275. Emergency Service 888-544-4852

Sedalia Water Department, 111 West 4th Street 826-1234 Emergency Service: 826-1236

Where can I get help with my utilities?

American Red Cross, 112 West 4th Street, www.redcross.org 827-0618

Non-profit, humanitarian organization led by volunteers that provides relief to victims of disasters and helps military personnel, veterans and their dependents. The chapter sponsors hospital volunteers, first aid, CPR and swimming lessons, lifeguard training and HIV-AIDS educational programs, and community blood drives. Also provides emergency assistance to families in crisis.

Family Support Division, Missouri Dept. of Social Services 808 Westwood Avenue 855-373-4636/660-530-5900
Financial assistance and food stamps for those who qualify. Health insurance if meet certain income guidelines.

Missouri Valley Community Action Agency, 505 South Kentucky www.mvcaa.net 826-0804
MVCAA Administrative Office, 1415 South Odell, Marshall, MO 65340, 886-7476

Provides Section 8 Rental Assistance, Emergency Services-Energy Assistance, Rent, Weatherization, Housing Partnership, Head Start, Adult/Family Literacy, and Career Services. **Head Start**, 314 South Washington, 826-0651, 353 Buckner Court. 826-9931.

Open Door Benevolent Ministries, 111 West 6th Street

827-1613

Food Pantry and Community-Oriented Builder gives assistance to poverty-level individuals and agencies in the county. Limited emergency financial assistance available to qualifying applicants.

Where can I get help with transportation?

THE BUS – Community Transportation Partnership, 107 W. Pacific (AMTRAK Depot)

827-2611

Anyone can ride THE BUS. A scheduled bus service, Monday – Friday 6:30 a.m. until 5:30 p.m. and Saturday – 8:30 a.m. until 4:30 p.m. Cost is \$2.50 one way for adults, and children 12 and under, 50 cents. Children under 4 will need a car seat. For more information such as deviation from scheduled service, accessible service, routes and schedules please call 827-2611.

Medical Ride Program at Pettis County Community Partnership, 1400 S. Limit, Ste. 29

826-4212

Medical rides only provided on minimum donation basis. By appointment at least 4 days in advance of appt. Very limited number of drivers available.

OATS Transportation Service, 107 W. Pacific (AMTRAK Depot)

827-2611

Cost is \$2.50 for adults one way. 50 Cents for children. Children under 4 will need a car seat.

Sedalia Senior Center/District III Area Agency on Aging, 312 South Washington,

826-0713

Where can I Report Unsafe Working Conditions?

OSHA, www.osha.gov, Kansas City Area is 1-816-483-9531, St. Louis Area is 800-392-7743. If unsafe conditions persist in environment, you have right to report to the Occupational Safety and Healthy Administration (OSHA).

Is there help for ex-offenders returning home to Pettis County?

MO Reentry Process Steering Team Community partners share and coordinate resources around housing, education, family support, employment, mental health and other issues. All with an interest in reentry are welcome to attend. Meetings are held on the first Monday of each month at noon in the PCCP conference room. 1400 S. Limit, Ste. 28-A in the State Fair Shopping Center.

“THE ROC” – Reentry Opportunity Center at Pettis County Community Partnership

827-0560

1400 S. Limit, Ste 29 (State Fair Shopping Center)

We are your partners on the path to successful reentry. Ex-offenders can work with our staff to find out where to access resources they need to have a smoother transition back to the community. **Special employment training opportunities** are sometimes available through special grants received.

Pettis County Jail Ministry Team

"Smitty" (James M. Smith) 660-343-5779
Bill Griffith 660-827-0562

KAIROS OUTSIDE

for more info contact: Martha 660-826-3649

Kairos Outside is designed to support the families of men and women who are, or have been incarcerated in the state and federal correctional facilities, as well as county jails and other offender programs. Kairos Outside provides a support weekend for women who have a relative or friend who is, or has been, incarcerated.

The spouses, parents, other relatives and friends of the incarcerated often "do time" right along with their relative or friends. It is important for them to know that they are not alone and that there is a Christian Community that cares about them. This support is provided in a safe environment where they will have a chance to interact with other women who are in similar situations and learn how to form small groups of support thereby giving them strength in their life journey. Please visit www.koeastmo.org

Alphabetical Listing

@Work Personnel Services	1710 West 9 th Street	826-9300
Adoption Line and Foster Care		800-544-2222
Alcoholics Anonymous	417 West Pettis	829-2527
Alzheimer's Support Group	Wesley UMC at 1322 West Broadway for more info contact Betty Hopkins	660-281-0822
American Heart Association		800-323-7883
American Red Cross	112 West 4 th Street	827-0618
Amigos de Cristo	11 th & Thompson Boulevard	826-2788
Area Agency on Aging	312 S. Washington	827-0713
Arson Hot Line	Fire Marshal	800-392-7766
AT&T Telephone	Customer Service	800-464-7928
Auto Safety Hot Line	National Highway Traffic Safety Recall Information	800-424-9393
Battered Women Hotline		800-799-7233
Birthright of Pettis County	1810 West 11 th Street	826-9060 or 1-800-550-4900 24 hrs
Baby Cafe	600 E. 14th St.	600-281-7358
Boonslick Regional Library	219 West 3 rd Street	827-7111
Bothwell Education Center	600 E. 14 th St.	281-7358
Bothwell Hospice	3143 W. Broadway	829-2700
Bothwell Regional Health Center	601 East 14 th Street	826-8833
Bothwell Wound Healing Center	667 E. 15th St.	827-2525
Boys & Girls Club of W. Central MO	3100 Aaron Ave. (offices)	826-8331
Buckner Head Start Preschool	358 Buckner Court	826-9931
"The BUS" - Transportation Service	107 W. Pacific	827-2611
Bureau of Child Care	P.O. Box 320, Warrensburg, MO 64093	660-747-2751
Burrell Behavioral Health	201 West 3rd	827-2494
C.A.C.T.U.S.	Community & Children Teaming Up 4 Success	827-0263
CASA	Citizens Against Spouse Abuse	827-5555
Celebrate Recovery	Cornerstone Church	1-800-894-1151
Center for Human Services (CHS)	New Hope Baptist 1500 Ewing Drive	827-4833
Central Missouri Regional Center	818 Westwood	826-4400
Central MO Electric Co-op	22702 North Highway 65	1-888-672-1041 826-2900
Central States Mental Health Consultants	108 West 5 th Street	827-0019
Childbirth Education Classes	600 E. 14th	829-8855
Child Care Aware		866-892-3228
Children's Division Missouri Department of Social Services	808 Westwood	530-5900
Children's Therapy Center	4515 W. Main	826-4400
Child Safe of Missouri		888-839-3434
City Union Mission	Kansas City, MO	(816) 474-9380
Commerce Building Lofts	230 S. Ohio	826-1721

Communicable Disease	MO Dept. of Health	800-392-0272
Community Counseling Services	1721 S. Ingram	827-9875
Community Resource Service	1721 S. Ingram	827-9875
Consumer Hot Line	MO Attorney General's Office	800-392-8222
Council on Disabilities		800-877-8249
CPR/First Aid (BRHC)	600 E. 14 th St.	827-9138
Deerbrook Villas	960 Mitchell Rd	829-2821
Dental Hygiene Clinic at State Fair Community College	3201 West 16th Street	596-7406
DMV-Department of Motor Vehicle	3135 West Broadway	826-3316
Diabetes Support Group	600 E. 14 th St.	827-9334
Diversified Staffing	1400 South Limit	826-4862
Domestic Violence Support Group		827-5559
Driver's Training		826-9228
EBT Helpline		800-997-7777
Embassy, The		660-596-442
Empire District Gas Co.	Customer Service	800-424-0427
Employment of People with Disabilities	Governor's Committee	800-877-8249
Experience Works – Senior Workforce Solutions	P.O. Box 188, Clinton, Mo 64735	800-368-7569
Faith House		800-801-7883
Family Child Care Association		826-8437
Family Nutrition Education (FNEP)		855-373-4636
Family Support Division, Missouri Department of Social Services	808 Westwood Avenue	660-530-5900
Experience Works-Senior Solutions		800-368-7569
First Baptist Church	200 East 6 th Street	826-2160
First United Methodist Celebration Center	1701 West 32 nd Street	827-2993
Foster Grandparent Program	Marshall	660-584-7421
Grace Living Center	120 State St	660-466-0079
Grief Consultants LLC	1917 W. Lamine	660-851-0616
Grief Support Group	600 E. 14 th St.	660-422-5804
Habitat for Humanity	P.O. Box 1523	827-5162
Harbor House	602 North Ann	(573) 442-1984
Harvest House	Boonville	(660) 537-4278
Highway Patrol Road Conditions		800-222-6400
House of Hope	Lexington	259-4766
HUD- Federal Agency-Discrimination	Fair Housing & Equal Opportunity Hotline	800-669-9777
IMKO Workforce Solutions		826-4862
Employment Agency	1400 S. Limit Ste.20	
Julie Hardy LLC	3001 Clinton Rd.	829-1133
Kansas City Power and Light	Customer Service	(816) 471-5275 or 888-471-5275
Kairos Outside	www.koeastmo.org	Martha 826-3649
Katy Trail Community Health	821 Westwood	826-4774
Kitto, Gary C. Dr. & Associates	100 South Limit	826-7909
Legal Aid of Western Missouri (non criminal matters)		800-892-2943
Liberty-Tambo Apartments	1400-1402 Liberty Park Blvd.	827-3161
Lighthouse	Marshall	831-0988

Meals on Wheels	2311 West Main	826-5039
Medical Ride Program at PCCP	1400 S. Limit, Ste. 29	826-4212
Mefford, Vuagniaux & Associates PC	121 East Broadway	826-2380
Missouri Job Center	215 E. 5 th St.	660-530-5627
MO Valley Community Action Agency	505 South Kentucky	826-0804
MO HealthNet for Kids		888-275-5908
MO Veterans Commission	816 Westwood	530-5544
MRCC Food Co-op	1400 S. Limit, Ste. 29	827-0560
MVCAA Administrative Office	1415 South Odell, Marshall, Mo. 65340	886-7476
New Attitudes Weight Loss Support Group	3201 Southwest Boulevard	827-5898
New Hope Baptist Church	664 East 16 th Street	826-6277
OATS Transportation Service	107 W. Pacific	827-2611
Open Door Benevolent Ministries	111 West 6 th Street	827-1613
OSHA	Kansas City Area St. Louis Area	816-483-9531 800-392-7743
Oxford Home Health Parent Link	1400 Heriford Rd Suite 104, Columbia	800-749-6555 800-552-8522 800-735-2966
Parkview Christian Church Pathways	1405 East 16 th Street 1700 W. Main Street	826-3624 826-5885
Pettis Co. Community Partnership	1400 South Limit, Suite 29	827-0560
Pettis County Health Center	911 East 16 th Street	827-1130
Place at the Lake	Benton County	866-374-9044
Prescription Drug Drop Off	319 S. Lamine Ave	827-0052
Primera Iglesia Bautista	201 East 6 th Street	826-0621
Psychological Consultants of Sedalia	3001 Clinton Road	829-1133
Public Service Commission	Utility Complaints	800-392-4211
Putting Roofs Over People (PROP)	1400 S. Limit, Ste. 29	827-0560
Reach to Recovery		829-7792
Recovery Lighthouse	417 W. Pettis St.	827-HELP
“ROC” Reentry Opportunity Center	1400 S. Limit, Ste. 29	827-0560
Rehabilitation Institute	2903 W. Broadway	826-1555
Restoration Ministry (The Embassy)		660-596-4427
Rx Outreach		1-800-769-3880
Safe Sitter	600 E. 14 th St	827-9138
Salvation Army	1200 East Broadway	826-1525
Salvation Army Center of Hope Transient Housing		(573) 635-1975
Salvation Army Thrift Store	601 South Ohio	826-5553
SATOP		888-403-1017
Sedalia Area Literacy Council	219 W. 3 rd . St.	
Sedalia Heights	900 Westwood	829-1588
Sedalia Housing Authority	500 Welch Court	827-1400
Sedalia Public Library	311 West 3 rd Street	826-1314
Sedalia School District #200	2806 Matthew Drive	829-6450
Sedalia Senior Center/District III	312 South Washington	826-0713

Area Agency on Aging		
Sedalia Villa	904 Winchester Dr.	829-1588
Sedalia Senior Services/Pettis County	808 Westwood	530-5525
Sedalia Water Department	111 West 4 th Street	826-1234
Senior and Disability Services/Pettis County Fund for Frail & Elderly	808 Westwood	530-5525
SIDS (Sudden Infant Death Syndrome) Resources		800-421-3511
Smoking Cessation Classes	600 E. 14 th St.	827-9138
Social Security Administration	3404 West 10 th Street	877-405-5459
St. Patrick's Catholic Church	415 East 4 th Street	800-772-1213
State Fair Community College		826-2062
Adult Basic Education	3201 West 16 th Street	530-5815
Stroke Survivors Support Group	600 East 14 th Street	660-827-9578
Tel-Link		800-TEL-LINK
The Baby Cafe	600 E. 14 th St.	800-835-5465-
THE BUS—Community Transportation Partnership	2501 West Main Street	660-281-7358
The Embassy, Restoration Ministry		827-2611
The Missouri Multicultural Network	http://www.mssc.edu/missouri/	660-596-4427
The Missouri JOB Center	215 East 5 th Street	530-5627
There is Hope Christian Ministries	660 East 16 th Street	826-1225
Tiffany In Home Services	1400 S. Limit Ste#26	826-7766
TOPS Chapter No. 958	200 East 6 th Street	826-2160
University of Central Missouri	Warrensburg, MO	(660) 543-8321
University of Missouri Extension/Lincoln University	1012 A Thompson Boulevard	
UMKC School of Dentistry	Kansas City, MO	(816) 235-2100
Valley of Hope	P.O. Box 1023	660-619-8048
Veterans' Administration		800-827-1000
Vocational Rehabilitation	2115 West Broadway	530-5560
West Central Missouri Multicultural Forum	1400 S. Limit, Ste. 29	827-0560
WILS -West-Central Independent Living Solutions	1800 W. Main St.	829-1980
Workforce Development Board, Inc. of Western Missouri	3208 W. 16 th Street	827-3722

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Harvest House	(660) 537-4278	Medical Ride Program	826-4212
House of Hope	888-259-4766	OATS	827-2611
Lighthouse	888-831-1998	Sedalia Senior Center	826-0713
Place at the Lake	866 374-9044		
Salvation Army	(573) 635-1975		
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There is Hope	826-1225		

