Bothwell™
Regional Health Center

DECEMBER 2025

BILLBOARD

A Monthly Newsletter for Employees and Friends of Bothwell Regional Health Center



> "None of us controls everything, yet each of us controls something."



Understanding Our Audit and Our Path Forward

Letter from Lori

Over the past year, you have heard me talk about our financial turnaround work and the reality that rural health care is under real pressure. In December, our Board of Trustees received the results of our annual financial audit for the fiscal year that ended May 31, 2025. I want you to hear directly from us what it showed and what it means.

An audit is an independent review of our financial statements. It is not a performance review of departments and it is not a fraud or compliance investigation. This year's audit was more detailed than any we have had in recent memory because we asked our auditors to take the time they needed and leave no stone unturned. We did this in the spirit of transparency and accuracy after a year of turnover and rebuilding in our finance and accounting areas.

To help explain the findings in clear, everyday language, I asked **Eric Jones from Ovation Healthcare**, our consulting and financial services partner, to share a brief summary. His team has been walking alongside us as we strengthen our financial reporting and build a realistic path forward.

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GET WELL. STAY WELL. BOTHWELL.

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Content is due by the 15th of each month for that month's issue to jgregory@ecallis.com or jkgregory@brhc.org.

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Understanding Our Audit and Our Path Forward (Cont.)

Here is Eric's overview of the audit and what it tells us.

With the help of our audit partners at FORVIS MAZARS, Bothwell Regional Health Center has completed its financial statement audit for the fiscal year ending May 31, 2025. This process was more thorough than ever before; we asked our auditors to examine every detail of the financial reporting process, and board members supported that approach.

What the Audit Showed

- ***Decrease in Net Position:*** *The audit reported a $12.4 million decrease in our "Net Position." Net position is the difference between what we own and what we owe.*
- ***Why this happened:*** *Much of this decrease came from accounting adjustments such as updating the value of what we expect to collect from patient bills and recognizing expenses that were either not received or recorded prior to the audit process.*
- ***Important context:*** *While these numbers look large, they don't mean we lost that amount in cash. In fact, the audit also showed that we generated $1.204 million in cash from operations during the year. After considering other nonoperating sources of cash, paying $2 million in debt and investing more than $5.5 million in new equipment and technology, our overall reduction in cash and reserves was only $1.212 million.*

What This Means

- *The audit reflects accounting adjustments, not a collapse in financial health.*
- *We continue to generate cash from patient care and are investing in the future of our hospital.*
- *The audit gives us a clearer picture of where we can improve our financial reporting processes and Ovation Healthcare is assisting in that effort.*

Moving Forward

- *Patient registrations are up 4% this year, double our budgeted growth.*
- *Revenues have increased nearly 10% year over year.*
- *Cash collections from patient care are up $2.7 million (4%).*
- *Leadership has launched a balanced plan focused on both growing revenue and containing costs.*

Our Commitment

Strengthening Bothwell requires unity from our staff, leadership, board and community. Together, we are building a sustainable future for our health system.

I know these are big numbers and a lot of information. Here is what matters to me as your CEO.

Understanding Our Audit and Our Path Forward (Cont.)

First, this is about clarity, not blame. The audit gives us a more accurate picture of where we stood eight months ago, not where we are today. It reflects the impact of several years of financial pressure and a period of turnover in key finance roles. It does not say we are broken, and it does not say we are closing our doors.

Second, the audit confirms some important strengths. We are still solvent. Our assets are greater than our liabilities. Our debt is manageable with no balloon payments. We generated positive cash from operations and continued to invest in equipment, technology and facilities that support safe care. Our pension plan remains stable and funded. There was no finding of fraud, no compliance failure and no going concern (financial) warning. This is a turnaround situation, not a collapse.

Third, it shows us where to focus. Most of our cost increases are in a few areas we already know well: salaries, benefits and contract labor, along with certain professional services. Contract labor costs are already coming down as we grow our own workforce and reduce reliance on temporary staff. At the same time, outpatient growth, 340B and grant revenue and our Population Health work are aligned with national trends and helping our top line grow. Expense control is our primary lever now.

Finally, everyone has a role in the path forward. The decisions you make around scheduling, overtime, use of supplies, how quickly we move patients through care and how accurately we document, all add up. None of us controls everything, yet each of us controls something.

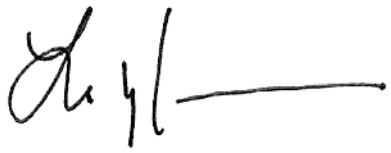
We will continue to be transparent around where we stand, what we are changing and how it is going. Halfway through this fiscal year, we are already seeing signs of progress: registrations are up, revenues are growing and cash collections have improved. That tells me our efforts to stabilize and grow are taking hold.

The audit and our financial recovery plan takes more than a letter to communicate, that is why at all department and clinic meetings in January I, or another member of SLT, will be attending to help everyone understand our audit results.

We will stay strong and independent by addressing our challenges together. Our goal is the same as always: to provide compassionate, safe care to our family, friends and neighbors and to keep that care close to home.

Thank you for the work you do every day and for the way you support one another through change. I am grateful to walk this path with you.

Stay well. Be well.



Mission, Vision and Values

Our Mission

Together, we work to provide compassionate and safe care to our family, friends and neighbors,
while remaining proudly independent.

Our Vision

Our health care team will be our region's first and most trusted choice for care.

Our Values

Our values inspire our behaviors, which create who we are to each other every day.

- **Community –** Our community is our family.
- **Purpose –** Our purpose, your care.
- **Integrity –** Integrity is our reputation.
- **Joy –** Joy is our strength.

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HOT TOPICS

Hot topics are the ones generating interest and debate in the Café, in break rooms, in offices or hallways. Whether you call them water-cooler conversations or "hey, what's going on" questions, here's where you'll find answers and information.

Bothwell™ Regional Health Center

From the Expert

Family Medicine with Obstetrics: One Doctor for the Whole Family

Alexandra Cooke, DO



Alexandra Cooke, DO

The convenience of seeing a single doctor who knows and cares for the entire family is hard to match. In one morning visit, I may check on a new mom to talk about how breastfeeding is going and how her mental health has been since delivery, help treat an older sibling's stomachache and see the baby for a routine check. Later that day, I might see grandparents, hear family updates and look through all the cute baby pictures. Caring for entire families during pregnancy, delivery and as they grow is one of the best parts of my job.

READ MORE ▶





REASONS TO USE YOUR BOTHWELL EMPLOYEE PHARMACY!

1. SAVE MONEY
2. SCRIPT TRANSFER IS EASY
3. CONVENIENCE
4. IT'S FOR ALL EMPLOYEES
5. MORE THAN SCRIPTS

Want to learn more?

Call Pharmacist Jessica Moon at 660.827.9495 or stop by the pharmacy on the hospital's ground floor.

Hours:
7:30 am–4 pm Monday–Friday; closed for lunch 11–11:30 am

Health Care Night at the Fred

FEB 11

Wednesday, Feb. 11
5:30 pm Lady Roadrunners vs. Mineral Area College
7:30 pm Men's Roadrunners vs. Mineral Area College
Fred E. Davis Multipurpose Center, 3201 W. 16th St.

All Bothwell employees are invited to the games as SFCC recognizes and celebrates health care organizations, highlights SFCC programs that support them and engages with members of the community in a campus athletic event.

FREE ADMISSION FOR BOTHWELL EMPLOYEES!

Stay tuned for more information on when tickets will be available for pickup.

Bothwell Mentorship Program

Our new mentorship program pairs a more experienced individual (the mentor) with a less experienced one (the mentee) to help mentees develop skills, achieve goals and navigate their careers by offering advice, support and a network of contacts from the mentor.

Mentor applications are available on The Pulse under the HR page or from Melissa Guffin in Human Resources. Mentee applications will open Feb. 1. Please return completed mentor applications to Melissa.

Who Can Be a Mentee?

- Open to all employees at any time in employment. A dedicated mentorship page will be available on The Pulse with program details and mentee sign-up instructions.

Who Can Be a Mentor?

- BRHC employment for at least 3 years (exceptions may be approved by the Super Mentor Team)
- Full-time or PRN Level 3 or 4 status
- Two peer references (one same department, one different department) and one leadership reference, each in a sealed, signed envelope (Current or former SEAs are exempt from reference requirements yet still need HR clearance)
- HR approval with no corrective action in the last year

Mentor-Mentee Pairing

- Mentors and mentees are matched across departments to keep the role distinct from a preceptor and encourage collaboration, and new-hire interest sheets guide matching.

Mentor Training

- Mentors must complete a HealthStream training before application processing. A structured mentor course will be offered on a regular schedule set by the Super Mentor Committee.

Program Commitment

- Plan for a minimum of one check-in a month for the first 3 months. Pairs may continue or conclude afterward with an updated agreement. Leaders will allow protected time for meetings, similar to SEA commitments. Mentors send a monthly email check-in to the Super Mentor Committee to support engagement and track success.

Top Baby Names of 2025

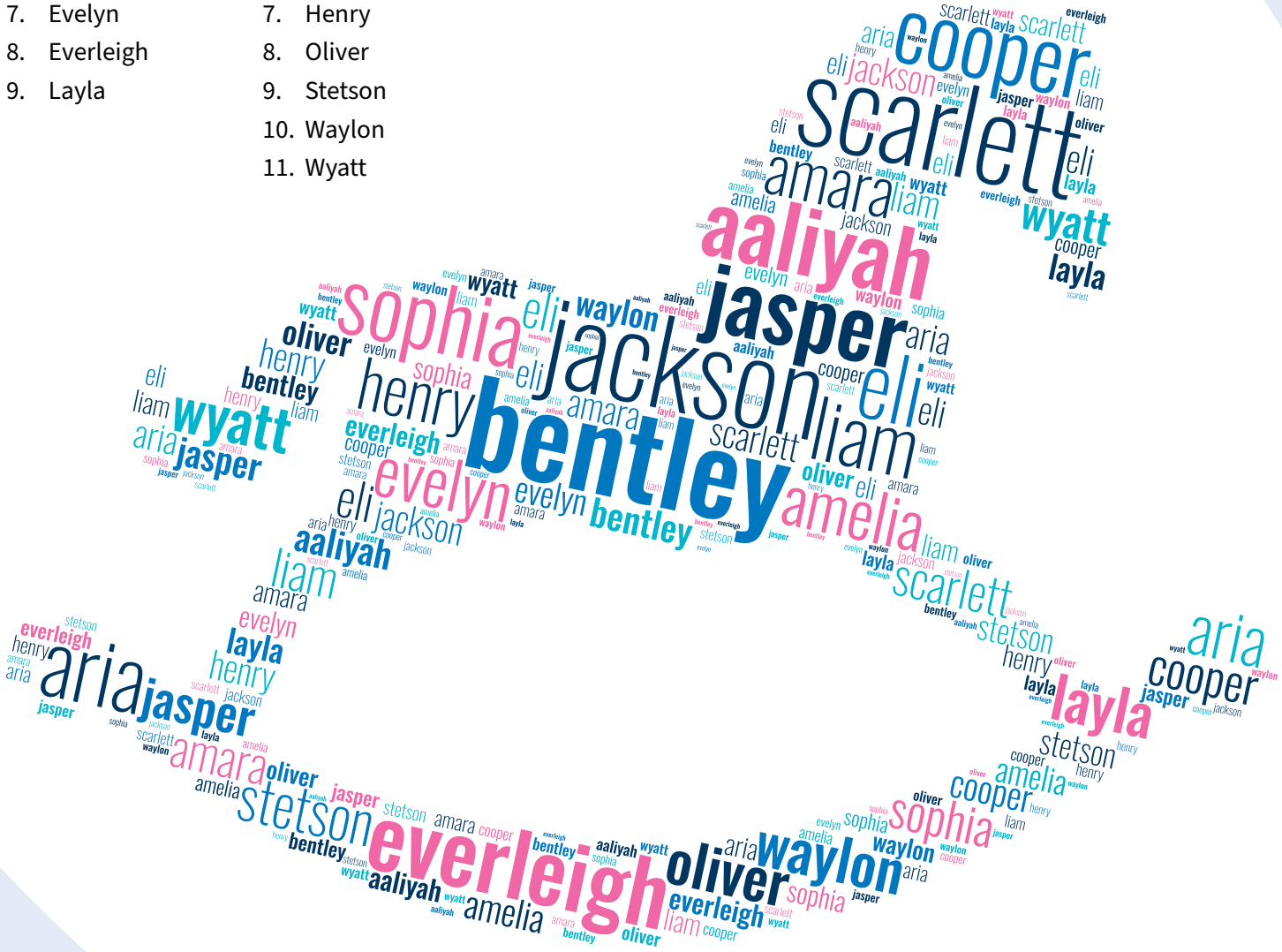
The list of top names for babies born at Bothwell Regional Health Center in 2025 includes a selection of unique and classic names. Nine girl and 11 boy names hold the title of most popular compiled from the list of the babies born through Dec. 18 at Bothwell.

Girls

1. Scarlett
2. Sophia
3. Aaliyah
4. Amara
5. Amelia
6. Aria
7. Evelyn
8. Everleigh
9. Layla

Boys

1. Bentley
2. Jackson
3. Jasper
4. Liam
5. Cooper
6. Eli
7. Henry
8. Oliver
9. Stetson
10. Waylon
11. Wyatt



GET WELL. STAY WELL. BOTHWELL.

Holiday Meal and Christmas Cheer

On Dec. 16 and 17, team members from across Bothwell gathered for a Christmas meal prepared by Dietary Services. Thank you to everyone who made the meal possible and helped serve, decorate and keep things running smoothly.

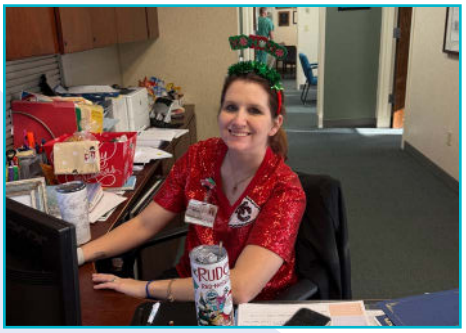
A special thank you to those who dressed as our favorite holiday characters and spread Christmas cheer throughout the hospital and clinics.










CONTINUED ON NEXT PAGE ▶

Holiday Meal and Christmas Cheer (Continued)

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Holiday Meal and Christmas Cheer (Continued)

Thank you to everyone who joined us for Christmas Caroling and helped brighten the day for patients and coworkers.





Queen City CAPS



Kaylen Carey

Hello! My name is **Kaylen Carey,** and I am currently an 11th grade student at Smith-Cotton. I am 16 years old, from Sedalia. I'm thrilled to be part of the CAPS program and have the opportunity to explore the world of health care firsthand.

I am particularly interested in pediatrics. I enjoy learning about how medical professionals care for patients in that area and the ways they make a difference in people's lives. During my time here, I hope to gain a deeper understanding of hospital operations, patient care and the day-to-day responsibilities of health care providers. I have always been inspired to pursue the medical field by witnessing the compassion and dedication of doctors and nurses, and by my own desire to help others in meaningful ways.

So far, I've had the opportunity to observe doctors' visits in a pediatric office, how you treat patients in the PACU, and one of the other many things is how you take care of younger kids. It has all been educational and eye-opening. I would also like to give a special shout-out to Katelyn Milberg for their guidance, patience and encouragement in our OT clinical. They were truly made for teaching and making sure I had the best experience!



Kadyn Innes

My name is **Kadyn Innes,** and I am a 16-year-old 11th grader from Sedalia. I am excited to be part of the CAPS program and to explore the medical field. I became interested in orthopedics after breaking my clavicle in football freshman year and receiving care from Dr. Stout for knee problems. Seeing how he helped me recover and improve my strength inspired me to consider a career in medicine.

Being able to shadow Dr. Stout and see what he does on a daily basis has been an incredible experience. I've learned how he evaluates patients, reads X-rays and plans treatments, and watching him work has made me realize that I could pursue this path myself. During my time in the program, I hope to gain more insight into patient care, medical decision-making and the teamwork involved in a clinic setting, and later what it's like in the operating rooms.

One of the highlights of my experience has been the opportunity to observe real orthopedic cases and learn directly from Dr. Stout. He has gone above and beyond by teaching me and answering all my questions, making this experience inspiring and educational.

Bothwell in the Community

Leadership Team Supports Community Santa

Bothwell™ Regional Health Center



The Leadership Team held its annual Secret Santa lunch benefiting Pettis County Community Santa on Dec. 5. Each leader picked another leader's name and purchased a child's item that represented their personality or job. There were lots of laughs and some pretty spot-on gifts. We are excited to help support Community Santa's mission to "make the magic of the season for all who believe!"
















RECOGNITION

Recognition acknowledges exemplary individual and team efforts, how we volunteer in support of our community and kudos. From awards to shout-outs, this is the place to celebrate and show appreciation.

Employee of the Month

December



Gwen Fields, Patient Care Coordinator, is our December Employee of the Month for her steady leadership, integrity and unwavering commitment to Bothwell's patients and staff.

As a highly knowledgeable and dependable PCC, Gwen is the go-to resource for questions and is known for being "the calm in the storm." Her consistent professionalism brings clarity and reassurance to every situation.

During a recent management transition, Gwen stepped in to manage timecards for the Emergency Department, a challenging task she handled with care, accuracy and a genuine desire to support her colleagues. Her initiative reflects her dedication to her team and the Bothwell community.

Gwen's integrity and thoughtful judgment make her a trusted voice whose recommendations are valued. Just as importantly, she brings warmth to every interaction, offering a kind word, a smile and a positive attitude that lifts those around her.

Gwen, thank you for your exceptional service and the steady positivity you bring to Bothwell.

Congratulations, Gwen, on being named December Employee of the Month!

Key Awards

November

Tina Propheter
Reagan Hockett

Courtney Stark
Kelsey Allen

Megan Bartley

Submit your Employee of the Month Nominations Online!

Scan the QR Code or Find the Link on the Intraweb

Nominations should include specific situations, behaviors or events where **exemplary** behavior was demonstrated by a teammate.

Part of the OASIS Recognition and Awards team's new processes is to include the names of those who were considered for the Employee of the Month award. Nominees receive a copy of their nomination along with a certificate of consideration.

Congratulations to the other December nominee!

- Rimma Listratenko

Shout Outs

Each year, there are recognition days, weeks or months that are created to bring awareness to medical professionals. Take some time in January to learn more about these health issues and thank the people in these departments for the important work they do.



- Cervical Health Awareness Month
- National Birth Defects Prevention Month
- National Blood Donor Month
- National Glaucoma Awareness Month
- Radon Awareness Month
- Stalking Awareness Month
- Thyroid Awareness Month
- Substance Use Disorder Treatment Month

Jan. 12: National Pharmacist Day
Jan. 18–24: National CRNA Week
Jan. 23: Maternal Health Awareness Day
Jan. 25: World Leprosy Day
Jan. 25: National IV Nurse Day

Submit your KEY Award Nominations Online!

Scan the QR Code or Find the Link on the Intraweb

Given based upon excellence demonstrated in the four Key Values for actions that promote quality patient care and increase patient satisfaction.



Veronika Mezentsev Earns PCCN Certification

Veronika Mezentsev, RN, a Progressive Care Unit nurse on days, recently earned her Progressive Care Certified Nurse (PCCN) certification through the American Association of Critical-Care Nurses (AACN). PCCN is a specialty certification for nurses who provide direct care to acutely ill adult patients in progressive/step-down units, and it requires meeting specific clinical practice requirements and passing a challenging exam.

Veronika has been part of the Bothwell team for five years. She is known on PCU for the compassionate way she cares for patients and families.

Congratulations, Veronika, on this achievement.

Healing Hero Awards

Congratulations to our most recent Healing Hero Award recipients for excellence in wound care documentation:

- Amy Pangburn, RN
- Monica De Guzman, RN

Each winner received a certificate and a gift card in recognition of their dedication to quality documentation and patient care. Thank you for your commitment!





Shining Stars at Bothwell

Career Journey Spotlight

Each month we will highlight a team member who has grown in their role through new certifications, expanded skills or career advancement at Bothwell. Help us recognize the stars who make great care possible. Submit your nominations to lirwin@brhc.org or jkgregory@brhc.org.



What was your first role at Bothwell?
Student Dietary support staff in 2000

What is your role today?
Lead CT Tech

What was your journey from when you started at Bothwell to now?
Student Dietary Support Staff → Radiology Assistant → Radiology Student Technologist → Radiology Technologist → Radiology Technologist/Clinic Lead → CT Technologist → Lead CT Technologist

Why did you choose health care?
I chose health care because it offered the opportunity to grow, learn and challenge myself while doing something meaningful. Each position I have had has allowed me to expand my knowledge and skills while continuing to serve patients and my community.

What drew you to Bothwell?
What drew me to Bothwell was the opportunity to learn and grow in a supportive environment while still helping and being with my community, family and friends.

What training/education/certifications do you have?
I have a degree in Radiologic Sciences with training and certifications in CT, CPR, EKG and Lab.

How has Bothwell supported your growth?
Bothwell helped support me by being flexible while I was going back to school and getting a degree. They helped guide me in a direction that has been rewarding and fulfilling.

Who mentored or encouraged you, and what did they do that helped most?
Several of my fellow coworkers both past and present encouraged me to continue my education and push me to where I am today.

How do you incorporate our core values into your work?
I incorporate our values by supporting our patients and team with compassion and respect. Supporting my community by providing quality care close to home, finding purpose in making a difference in others, showing integrity by being honest and holding others accountable to also follow our values and by bringing joy by bringing a positive attitude and trying to encourage others.

What advice would you give someone starting where you started?
I would advise them to continue pursuing their aspirations and remind them that Bothwell offers multiple avenues of employment — from doctors and nurses to radiology technologists, accountants, pharmacists and maintenance.





Julie May Earns Penny Pinchers Award

Julie May received the Penny Pinchers award for finding creative, practical ways to cut costs while keeping work running smoothly. Her steady focus on smart spending helps stretch resources further for our patients, teams and community.

PERSONNEL NEWS

Look here for updates on new hires, promotions, retirements, achievements, birthdays and other staff-related news. Our organization is a busy and vibrant place to work. Personnel news helps keep everyone informed about our greatest asset … our people.

New Physician

Conor Haas, DO

Hospitalist



Education: DO – Arkansas College of Osteopathic Medicine – Fort Smith, Arkansas

Residency: Internal Medicine – Corinth, Mississippi

About: Originally from De Soto, Missouri, Haas' interest in physiology started in high school and grew into a passion for medicine. He earned his doctor of osteopathic medicine degree from Arkansas College of Osteopathic Medicine and completed an internal medicine residency with inpatient and outpatient training. He also brings experience with emergent procedures and inpatient response roles. He chose Bothwell because he trained in a facility that felt very similar and it seemed like a great transition.

Fun Fact: In his free time, Haas enjoys biking, fishing, lifting weights, working with computers and technology and exploring new interests.

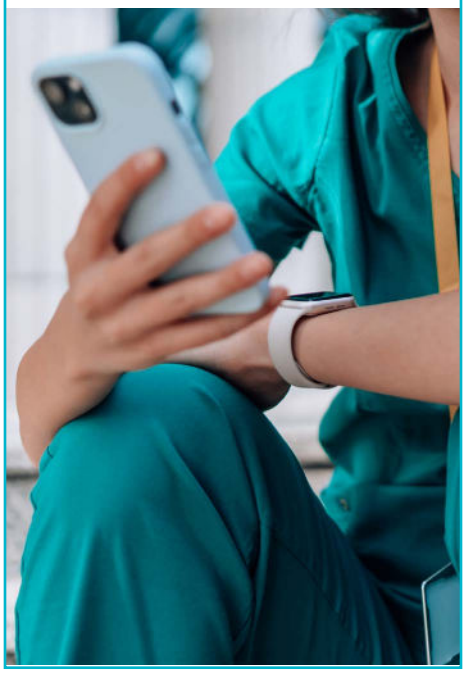
To see all physicians and providers and their services, visit brhc.org/find-provider/.

EMPLOYEE PERK!

T-Mobile

The T-Mobile Employee Discount Program is up and running. To learn more about personal discounts available to Bothwell employees, promotional discounts, offering and incentives on equipment, please contact the T-Mobile Work Perks team at 855.570.9947 or visit t-mobile.com/perks.

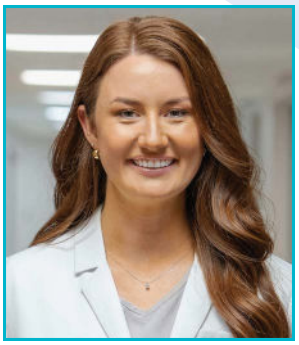
Mention you are a Bothwell Regional Health Center employee to receive this offer.



New Provider

Savannah Jeffries, DNP

Bothwell Walk In Off Broadway



Education: Doctorate of Nursing Practice – MU Sinclair School of Nursing, Columbia, MO

About: Sedalia native Savannah Jeffries joined Bothwell's walk-in clinics team and brings experience in emergency, trauma and cardiac intensive care. Her connection to Bothwell began in high school through the Medical Explorers program, which helped spark her interest in emergency medicine and guided her nursing path. In the walk-in setting, she treats common illnesses like colds and flu and performs minor procedures.

Fun Facts: Jeffries graduated from Sacred Heart School in 2016 and loves being back in her hometown. Outside of work, she enjoys spending time with family and friends, caring for her two golden doodles and cat, browsing antique shops, decorating her home and staying active through Pilates.

BOTHWELL HOSPITAL EMPLOYEES CREDIT UNION

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What's Offered?

BHECU offers multiple account options to fit your needs AND low interest rates!

- Christmas Club
- Education
- Vacation
- Emergency
- Kids Accounts
- Certificate of Deposit (CD)

600 E. 13th St.
Sedalia, MO 65301

bhecu@iland.net

(660) 827-9518

IT PAYS TO HAVE FRIENDS!

Refer a friend and make extra money

Earn rewards while sharing the Bothwell love with friends and family in the Employee Referral Program!

- All employees can take part in the referral program with the exception of the Senior Leadership Team and HR personnel.
- Department/Clinic Directors are eligible if the person referred is someone outside of your own department(s).
- Referring employees must be free of corrective action and have been employed by Bothwell for a minimum of six months.
- Referred candidates must be new to Bothwell and have not previously worked here within the past 36 months, not currently involved in any active recruitment processes and applying for a benefit-eligible position.

**Three payouts of $250 each will be made to the referrer at the employee's 30-, 90- and 180-day milestones.*

More information and the referral form can be found on the Intraweb > HR Corner and on the public website at www.brhc.org/careers/additional-information/. This new program was developed by the Referral and Onboarding OASIS team.



Welcome to These New Team Members!



Kaitlin Betts
Population Health



Sara Bond
Bothwell Internal Medicine Specialists



Ciaira Cain
Bothwell Family Medicine



Michael Dickerson
Pathology



Candice Eddleman
Admitting



Karrisa Harris
Nursing Administration



Kaylee Miller
Bothwell Health Center -Truman Lake



Dannah Pittman
Emergency Department



Damien Roe
Dietary



Kaylea Spain
Bothwell Family Medicine



Kathryn Staus
Population Health



Jessica Welch
Emergency Department



Jean Welge
Environmental Services

Logo Wear Website



Shop the Bothwell eStore for branded apparel and merch!

Shop for clothing, scrubs and hats at brhc.org/estore. The eStore link can also be found on the intraweb.

Site may not open in Internet Explorer; use Chrome or Firefox instead.

VISIT SITE ▶





January

Julie Edwards 1
Diana Sokolowski 2
Marina Seaton 2
Alexis Dupont 3
Linda Jeffress 4
Sondra Barber 4
Tasha Stokes 4
Shannon Hoey 4
Jacquelyn Snow 4
Kaitlyn Riley 5
Bridget Summers 5
Karen Kain 6
Martha Johnson 6
Lynn Catron 6
Hannah Barry 6
Amanda Sportsman 7
Ryley Landers 7
Carrie Brown 7
Sophie Widel 7
Abigail Steinman 7
Connie Berglund 8
Elizabeth Holman 8
Gerald Langille 8
Swietlana Czerniak Garrett 9
Jenna Funk 9
Daria Tikhonova 9
Alicia Hofstetter 10
Brooklyn Graves 10



Ronda Bachman 11
Kelly Crosswhite 11
William Brown 11
Amy Walker 11
Marc Dougherty 12
Shawnda Conner 13
Dr. Julie Cahill 13
Dr. Brieanna Kroeger-Murphy 13
Heidi Schwartz 14
Amanda Westhues 14
Janna Ralston 14
Brian Hermanson 15
Christina Oelrichs 15
Xenia Martinez Hernandez 15
Tina Propheter 16
Kiersten Labus 16
Tom Fairfax 17
Hana Lingenfelter 17
Megan Ray 18
Dr. Peri Ananth 19
Jason Pals 19
Munkhtuya Lantz 19
Kristy Starke 20
Brianna Welch 20
Christine Matacua 20
Tory Kroeschen 21
Grace Linn 22
La'chelle Moore 22
Kyle Hull 22
Teresa Friedlander 23
Kami Jetmund 23
Stephanie Johnson 23
Alexander Kresse 23
Britain Allen 24
Anhelina Ozeruga 24
Kara Sheeley 25

Brittani Geml 25
Devin Lefevers 25
Amber Fillicetti 25
Lindsey Edwards 25
Samantha Altena 25
Tyler Hanisch 26
Abbie Foffel 26
Delana Vogelsmeier 26
Debra Hagle 27
Sarah Hopper 27
Yana Stasyuk 27
Courtney Staus 28
Samantha Kelly 28
Megan Duppass 28
Steve Davis 29
Rachelle Mateo 29
Ciara Smith 29
Cheryl Glines 30
Jennifer Rehmer 30
Amanda Foote 30
Kristyn Meyer 30
Dr. David Kuhlmann 31
Xiomara Corpier 31
Nichol Gonzales 31
Alaina Farkas 31

COMMITTEE UPDATES

Meetings … meetings … meetings. There are currently over 50 standing committees working on a variety of topics and issues that keep Bothwell moving forward. From the Board of Trustees to the Patient Family Council, important work happens in committees every day.

Bothwellness Health Tips: Mental and Emotional Well-being

Bothwell{ness} Committee

Winter can be a tough season, so the Bothwellness Committee is sharing simple ways to support your mental and emotional health.

- **Stress management –** Try deep breathing, short meditation breaks or mindfulness apps to ease winter blues.
- **Social connection –** Fight isolation by reaching out to family, friends or colleagues for a quick check-in or shared activity.
- **Light therapy –** Consider using a light box or spending a few minutes outside during daylight hours for a boost in mood.
- **Hobbies and cozy spaces –** Create a warm, comfortable space at home and make time for hobbies and activities you enjoy.



Radiology



Cole Camp Clinic

Holiday Creativity Contest Winners

Congratulations to the Radiology team for earning the People's Choice award and to the Cole Camp clinic team for being named Committee Choice winners in this year's holiday creativity contest. Thank you for bringing creativity and team spirit to the season.

EMPLOYEE ASSISTANCE PROGRAM

- 24/7 Support, Resources and Information
- Confidential Emotional Support
- Work-Life Solutions
- Legal Guidance
- Financial Resources
- Confidential Counseling
- Free Online Will Preparation
- Help for New Parents

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Call: 877.595.5281

Online: guidanceresources.com

Web ID: EAPBusiness

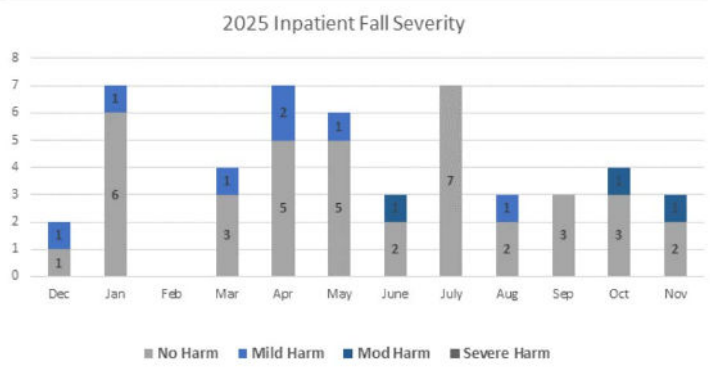
TTY: 800.697.0353

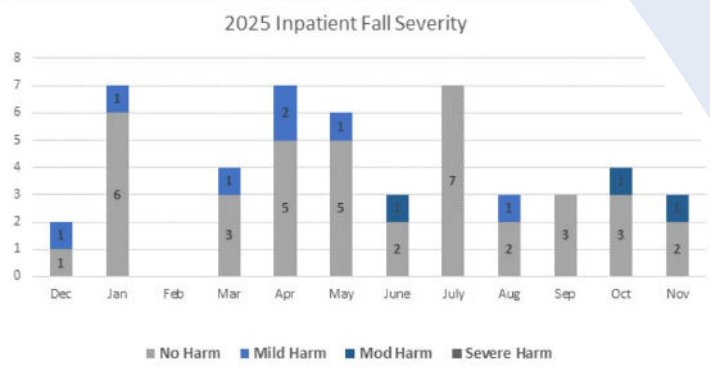
App: GuidanceNow

Fall Prevention Campaign

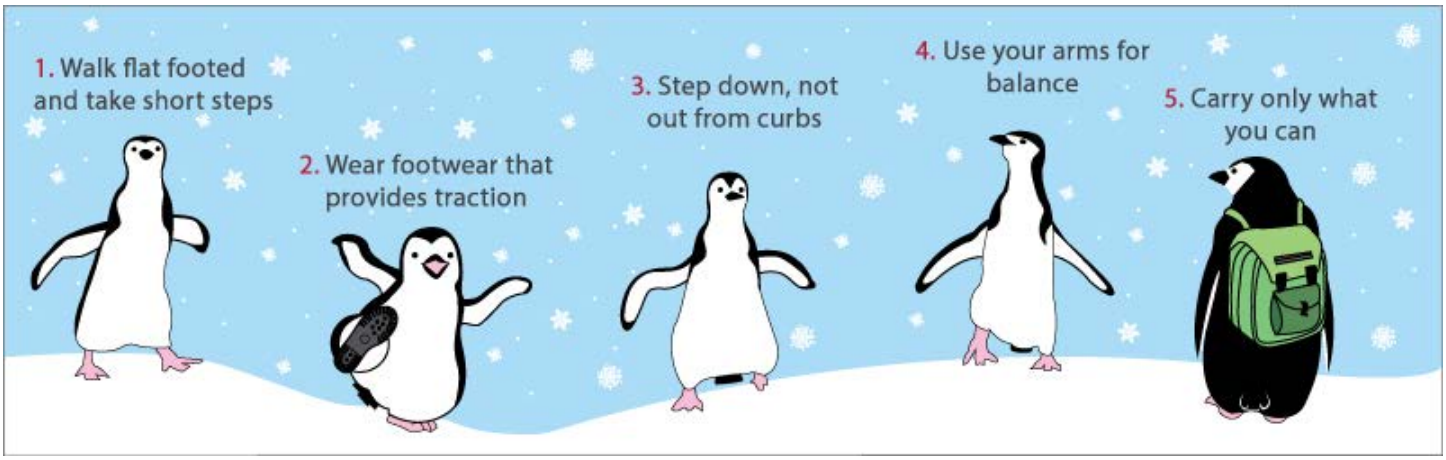
Patient Safe Handling Committee

Since the launch of the hospital-wide fall reduction plan, we have seen an improvement in overall fall numbers, as demonstrated on the dashboard graphs. We need to stay diligent and ensure the evidence-based fall prevention techniques learned during the campaign are implemented consistently and ingrained in our daily tasks. These prevention techniques include the TIPS program, gait belts, non-skid socks, bed/chair alarms and frequent rounding with the 4Ps. Current sampling of inpatient units for compliance with the TIPS program has revealed the following: TIPS posters in rooms: 100%; TIPS posters completed: 25%; and gait belts in rooms: 53%.





Remember to follow the penguins' lead to reduce a fall on ice and snow.





2025 Winter Coat Drive

We are collecting new and gently used coats in Human Resources on the hospital's ground floor through January. Please drop off donations this month so those in need can use them as the season turns colder. Thank you.

Contact Melissa Guffin at ext. 9541 for more information.

25 SOFT Wellness Challenge

Bothwell{ness} Committee

THE GOAL

Complete the challenge for at least 25 days. We hope you'll be inspired to keep going even longer!

A fresh take on the popular 75 Hard program, the 25 SOFT–Bothwell Edition is designed to help you build healthy habits in a fun and flexible way.

Each day, complete three of these five wellness actions:

- Move your body (walk, stretch, work out—whatever feels good)
- Drink 60+ ounces of water
- Eat mindfully (nourishing meals or meal prep)
- Read or listen to something inspiring for 10+ minutes
- Get outside for fresh air and sunshine

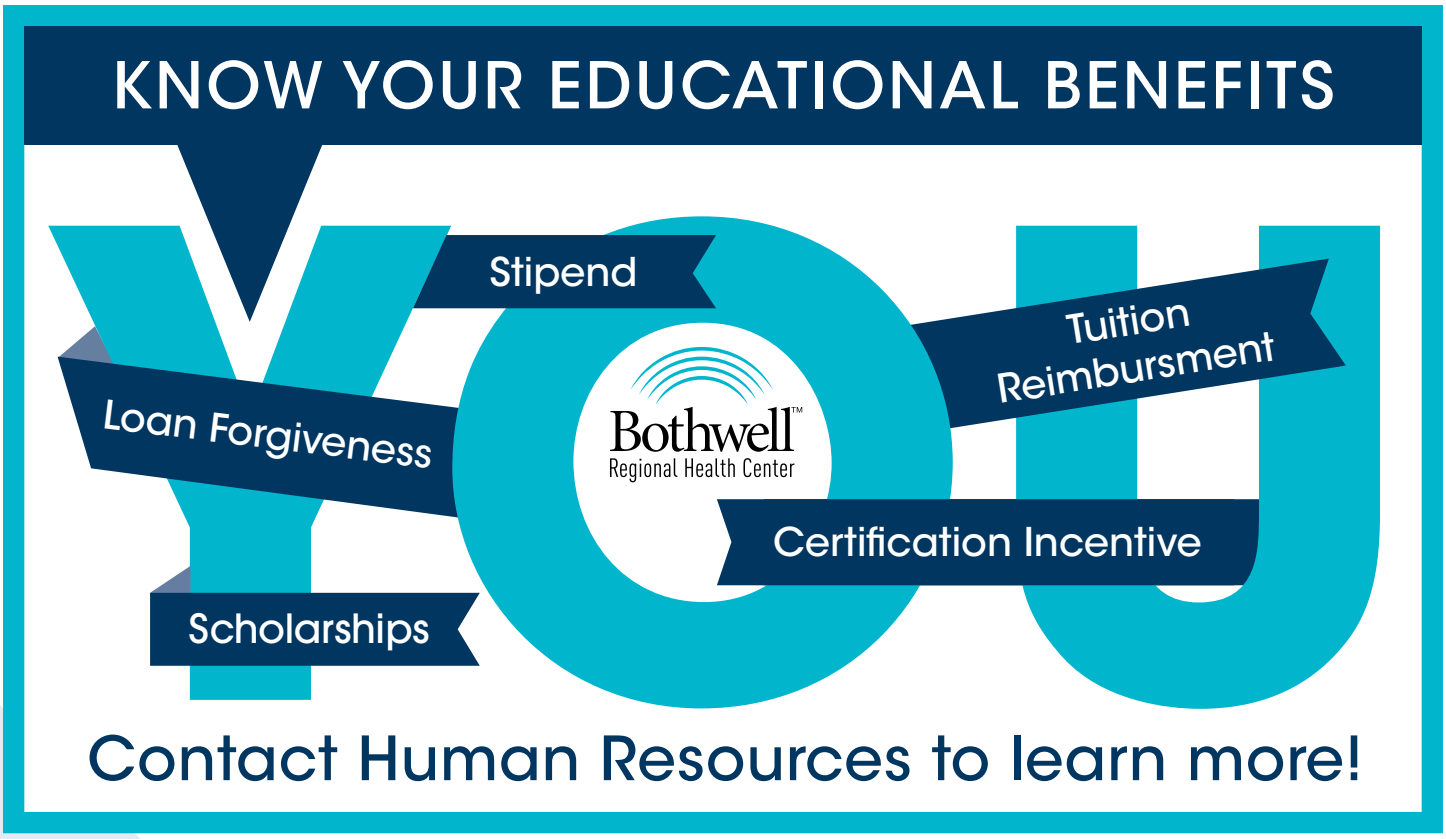
And one non-negotiable:

- Do an act of kindness—anything from holding a door to texting a kind word.

Use the calendar on the following page to track your progress. Turn in your completed sheet to Melissa Guffin to earn a reward and shout out.

This is your chance to make small changes that add up to big impact—for yourself and those around you.

Let's lift each other up and spread healthy habits and kindness all around!



25 soft monthly calendar checklist

Month of : _____

1 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	2 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	3 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	4 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	5 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND
6 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	7 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	8 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	9 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	10 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND
11 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	12 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	13 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	14 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	15 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND
16 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	17 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	18 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	19 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	20 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND
21 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	22 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	23 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	24 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND	25 ○ Hydrate ○ Move ○ Mind ○ Meal ○ Reset ○ BE KIND

Notes :

Bothwell™
Regional Health Center

GET WELL. STAY WELL. BOTHWELL.

DEPARTMENT AND CLINIC NEWS

Find updates specific to particular departments including announcements on projects, achievements, changes and upcoming events. Communication between departments and to everyone in the organization is key to a well-oiled machine.

Congrats Nurse Residents

Education Department

Our immersive and individualized Nurse Residency program provides the education, support and guidance new nurse graduates need to transition to their new role. We're excited to share that members of our January 2025 class recently completed the program and are working full-time in the hospital.

The Nurse Residency program empowers new nurses to be confident, competent and compassionate caregivers. For more information about the program, visit brhc.org/careers/nursing/ or contact Megan Elwood, program coordinator, at melwood@brhc.org.



Front row, left to right, Irene Slivinskiy, RN, Progressive Care Unit; Reagan Hockett, RN, Emergency Department; Liv Kemp, RN, Emergency Department; Jesmi Reyes, RN, Medical and Surgical Unit / 2SW; Tamiko Hunter, RN, Medical and Surgical Unit / 2SW; Back row, left to right: Mattie Thies, RN, Critical Care Unit; Ashley Fitzpatrick, RN, Critical Care Unit; Jade Stevenson, RN, Emergency Department; Haley Schuber, RN, Emergency Department; Abby Steinman, RN, Critical Care Unit; Devlyn Fry, RN, Emergency Department

EMPLOYEE PHARMACY

Open Monday – Friday
7:30 – 11 am and
11:30 am – 4 pm

Hospital Ground Floor
660.827.9495

CLINIC MEDICATION DELIVERIES

HELP US HELP YOU!

Please remember our delivery drivers have a schedule to follow to ensure time-sensitive materials are returned to the hospital on time.

1. If you receive a text message that your medication is ready, call ext. 9495 to tell us if you are working or not working that day.
2. If you are expecting medication and have not received a text message, call us.
3. If you have a new medication and want to start it the same day, call us. Morning deliveries go out by 8:30 am and afternoon deliveries go out by 12:30 pm. By notifying us, we can watch and get it processed ASAP. If not, we might miss seeing it sneak in.
4. If a new prescription is not received in time for same-day delivery, call us. We can put it on the inpatient pharmacy side for evening pickup. Inpatient pharmacy hours are 6:30 am – 10 pm Monday – Friday and 8 am – 4:30 pm on weekends.

ToRCH Success Stories

Population Health

Kendra Bloess, a Bothwell social worker, connected with a woman at Mercy Services United who was walking there just to take showers. During their conversation, Kendra learned the woman owns her own home, yet she did not have working pipes in her bathroom.

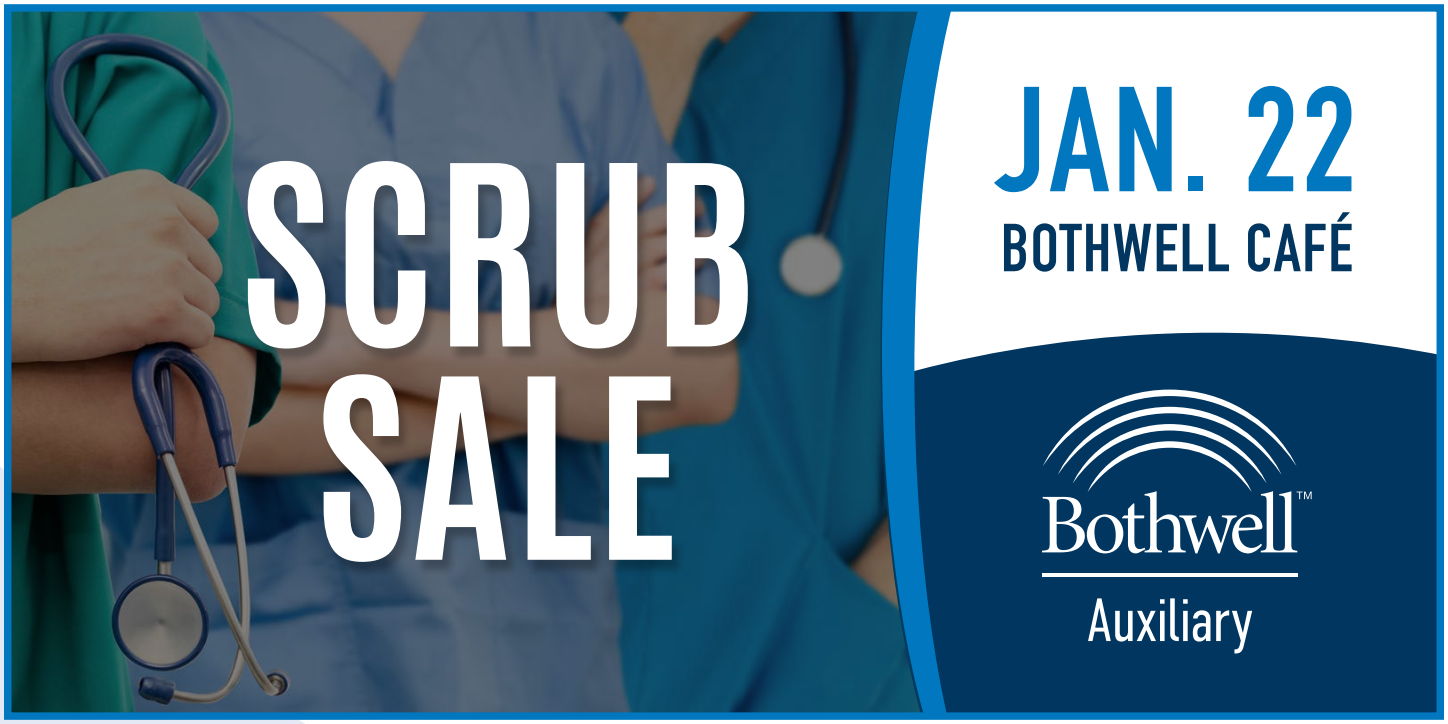
Kendra submitted a ToRCH home modification referral, and Rachelle Simon, United Way of Pettis County executive director, arranged for someone to visit the home to assess what was needed. The work was completed, and the woman now has a working bathroom and no longer needs to walk to Mercy to shower.

January Safety and Awareness Highlights

Human Resources

Kick off the new year with a quick refresh on a few safety and wellness basics:

- **Cybersecurity –** Phishing Awareness
  January is a prime time for phishing scams. Remind staff how to spot suspicious emails and links and when to report them.
- **Radon Awareness –** Indoor Air Quality
  January is Radon Awareness Month. Share information about radon, a silent indoor gas that comes from the soil, and why testing and mitigation in buildings matter.
- **Ergonomics and General Safety**
  Look out for ergonomic risks from repetitive tasks, especially when handling heavier winter gear or increased patient needs. Encourage “safety resolutions” like staying alert, using clear communication and committing to ongoing training throughout the year.



Paid Time Off Policy Updates

These PTO policy updates are intended to improve our organization's financial stability and align our PTO practices with those of other health care organizations. By making these adjustments, we can continue offering meaningful time-off benefits while ensuring Bothwell remains strong and sustainable for the future.

Why Make These Changes?

- Our current PTO structure has led to large accrued balances, creating financial liability for the organization. By adjusting eligibility, accrual caps and payout rules, we can better manage resources while continuing to provide meaningful time-off benefits for employees.

Effective Jan. 11, 2026

PTO Payout at Separation (Ending Employment):

- Employees must have at least five years of service to be eligible to be paid accrued PTO when leaving employment.
- Employees who are terminated from employment (fired) will not be paid out for accrued PTO time.
- Employees are required to provide adequate notice and work the entire notice period to be paid accrued PTO. Staff employees are required to provide a two-week notice. Leadership is required to provide 30 days' notice.
- Employees leaving employment at BRHC who meet all requirements will receive payment for accrued PTO time at 75% of the accrued PTO value.

PTO Cash-Out Eligibility:

- Employees must complete five years of employment to be eligible to cash out accrued PTO.
- Cash-outs remain at 75% of the accrued PTO value

PTO Accrual Change

- PTO will be accrued for worked hours only.

Effective April 5, 2026

Reduced PTO Accrual Caps:

- New PTO caps will apply
- PTO balances above the cap must be used before additional PTO can be earned
  - If an employee has a PTO balance over the new cap, the overage will be put in a "PTO LUMP" bank. PTO hours will be deducted from the PTO LUMP bank until the balance reaches zero. Once the PTO LUMP bank is exhausted, PTO hours will accrue and be used from the PTO bank
    - This means employees with balances above the new cap will not lose PTO hours.
    - PTO cash-outs are permitted if employed for at least five years.
    - Employees with PTO balances above the new cap are encouraged to schedule PTO time prior to April 5, 2025, proactively. Please work with your leadership team to plan time away that supports patient care and departmental scheduling needs.

We appreciate your understanding and commitment as we make these adjustments. These changes are intended to balance organizational sustainability with our ongoing dedication to supporting staff well-being and encouraging the use of earned PTO.

Accrual Rate per Worked Hour Effective Jan. 11, 2026
Maximum Accrual Cap Effective April 5, 2026

FULL-TIME ACCRUAL RATES: STAFF		
Years of Service	Accrual Rate Per 1 Hour Worked	Maximum Accrual**
0-5 years	0.0884	200
6-10 years	0.1076	300
11-15 years	0.1268	400
16-20 years	0.1345	400
21-25 years	0.1423	400
26-30 years	0.1461	400
Over 30 years	0.15	400
**No PTO hours will accrue beyond the maximum accruals listed.		

FULL-TIME ACCRUAL RATES: DIRECTORS		
Years of Service	Accrual Rate Per 1 Hour Worked	Maximum Accrual**
0-5 years	0.10	200
6-10 years	0.1191	300
11-15 years	0.1384	400
16-20 years	0.146	400
21-25 years	0.16	400
26-30 years	0.1576	400
Over 30	0.1614	400
**No PTO hours will accrue beyond the maximum accruals listed.		

SERVICE EXCELLENCE INITIATIVE

The SEI is our three-year journey to enhance patient satisfaction and boost employee morale by providing a 5-star hospital and clinic experience to our patients and a relationship-based, kindness-driven culture. This space will be used to share news, activities and progress toward our goals.

Our Goal

Be the best place to work, to practice, to receive care.

SERVICE EXCELLENCE INITIATIVE

PROVIDING A 5-STAR EXPERIENCE FOR ALL

Rehab Services DO IT Projects

Rehab Services staff are using DO IT projects to drive improvements in their department and across the hospital. Two groups of six employees meet to share ideas and select six projects each year, which lessens the time commitment for staff while keeping engagement high. Most projects focus on patient care, flow, efficiency of the workday and communication. After each group meets, members create an action plan, review it with their supervisor and identify any resources needed. Progress is shared weekly in daily huddles to support accountability and completion, and each employee is asked to bring a new DO IT project idea to their monthly one-on-one rounding.

Recent Rehab Services DO IT projects included:

- **Name badge buddy –** quick access to key information to support communication
- **Privacy sign and therapy in progress sign –** reduce interruptions and protect patient privacy and dignity
- **Announcement board –** organizes non–time critical information and reduces sign fatigue
- **Transfer training class signage –** improves communication and reduces late or missed classes
- **Meditech documentation updates –** standardizes workflow and reduces time spent reviewing and documenting in charts

These projects have shown how everyday staff ideas have turned into better care and stronger teamwork for their department. See the next page for examples of these projects.

Bothwell Regional Health Center

SERVICE EXCELLENCE COUNCIL

Michele Laas, Chair
Justin May, Vice Chair
Amber Allain, *OASIS Super Coach*
Maggie Schaffer, *LEAD Team Coordinator*
Kirsten Darrah, *SEA Super Coach*
Toni Catron, *Ambassador Super Coach*
Marvin Smoot, *Provider Super Coach*
Marc Dougherty, *Survey Super Coach*
Mike Shipp, *CLS Education Coordinator*
Kiwi Popyk, *Service Recovery Champion*
Wendy Fairfax, *Scribe*
Rob Wideman, *DO IT/Service Huddle Champion*
Shania Underwood, *Implementation Coordinator*
Lori Wightman, *CEO*
Lisa Irwin, *HR Liaison*

OASIS TEAMS

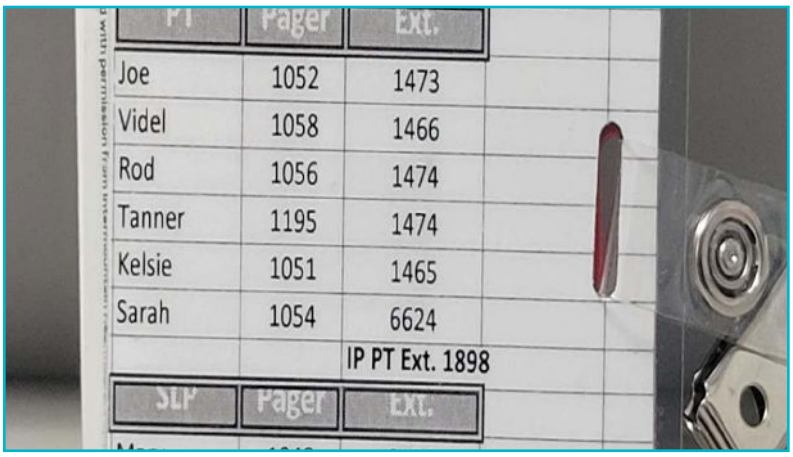
Referral and Onboarding
Retention
Service Standards/Internal Support
Awards and Recognition
Throughput

LEAD TEAMS

Transition of Care
CG-CAHPS
Denominators

SERVICE EXCELLENCE INITIATIVE ▶

Rehab Services DO IT Projects



Name badge buddy



Privacy sign



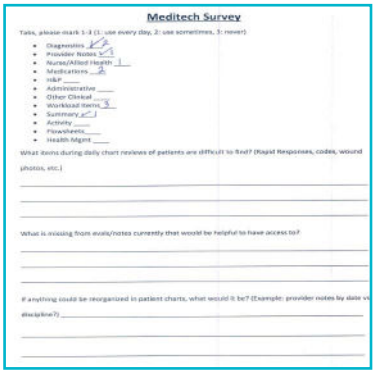
Therapy in progress sign



Announcement board



Transfer training class signage



Meditech documentation updates

Press Ganey Scores

Tracking Our Progress

Each month we share our latest patient experience scores by service line, plus a rolling average and our national percentile rank. These snapshots help us celebrate wins and stay focused on where to improve. Patient experience reflects the care we deliver, and posting the results keeps us accountable and aligned with our mission.

- **September Score:** Our most recent month's performance
- **Rolling Average:** Trend since June 2025
- **Percentile Rank:** How we compare nationally to similar hospitals and practices

SERVICE LINE	NOV. SCORE	ROLLING AVG (June–Nov. 2025)	PERCENTILE RANK (Nov.)
Outpatient	83%	82%	33rd
Inpatient	67%	64%	41st
Emergency Dept.	40%	53%	1st
Ambulatory Surgery	63%	77%	1st
Medical Practice (Mean Score)	94%	94%	41st

Press Ganey Star Ratings



Current Overall Rating

Bothwell's current **overall** Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) star rating is **3 out of 5.** This places us in the middle of the national comparison group, showing consistency in many areas while highlighting opportunities for growth in others.

Patient feedback provides a clear picture of where we are excelling and where we can do better. Our strongest ratings continue to be in areas such as nursing communication, staff responsiveness, discharge information and cleanliness. At the same time, scores related to physician communication, medication explanations, quietness and likelihood to recommend show opportunities for improvement. Reviewing these results helps us celebrate progress while focusing on actions that matter most to patients.

Individual Measure Ratings

MEASURE TYPE	MEASURE NAME	STAR RATING
Domain	Communication with Nurses	★★★☆☆
	Response of Hospital Staff	★★★☆☆
	Communication with Doctors	★★★☆☆
	Communication About Medicines	★★☆☆☆
	Discharge Information	★★★☆☆
Question	Cleanliness of Hospital Environment	★★★☆☆
	Quietness of Hospital Environment	★★★☆☆
	Rate Hospital 0–10	★★★☆☆
	Recommend the Hospital	★★★☆☆

Patient Kudos and Compliments

Positive reviews, comments and messages create powerful pictures of the Bothwell experience. The following feedback was recently received either as a Google or Facebook review, Facebook public comment or direct message, or from a patient satisfaction survey. Messages have been lightly edited for spelling and grammar.

Bothwell Orthopedics & Sports Medicine

"The whole staff was very caring and professional."

— Satisfied Patient

Bothwell OB/GYN Associates

"Megan Ray is the best. She is always professional, kind and caring."

— Satisfied Patient

Bothwell Health Center – Truman Lake

"Best staff ever!! From the receptionist to the lab girls and clinic. I literally left there feeling heard and cared about. I instantly recommended family and close friends because the care attentiveness and diagnosis was superb. One of the best experiences I've had going to see the doctor. I look forward to my next appointment!"

— Satisfied Patient

Online reviews help others feel good about choosing Bothwell. Every positive interaction with a patient is an opportunity to invite them to share their experience with others.

How to write a positive review on Google

The hospital and all the clinics each have Google Business Profile page. Search Bothwell Regional Health Center or the clinic name and when the page comes up on the right, scroll down and select "write a review."

How to write a positive review on Facebook

Go to the Bothwell Regional Health Center page at facebook.com/bothwellregional, select "Reviews" in the menu bar and answer yes to the question, "Do you recommend Bothwell Regional Health Center?" and then write your review.



GET PAID TO LEARN AND BE A CNA!

Want to be a Certified Nurse Assistant?

- Paid on-the-job training
- Classroom work from the comfort of your home
- Hands-on training
- Full- and part-time positions available

Next class starts Jan. 5

To apply or learn more information about classes, contact Becky Eldenburg reldenburg@brhc.org

OASIS Team Captains Reflect: Takeaways and Advice for Year III

Bothwell™ Regional Health Center

Our OASIS teams are finishing strong. Most projects are complete, and the rest are close, positioning us well for the work leading into 2026.

To capture what this work has meant on the ground, we asked each OASIS team captain to reflect on their experience. Their advice is practical, honest and intended to help Year III teams start with clarity, build momentum early and keep the focus where it belongs: the people we serve and the people we work alongside every day.

Awards and Recognition

Team Captain: Julie May

What was your experience like being an OASIS team leader this year?
My group continued from the first year and they insisted I remain the Captain in year two. I was honored that they felt that I was best for that position. Being a team captain was a lot of work; however, it takes someone that is organized and reliable because it is hard work making all the meetings and organizing your own meetings. I was proud of the work our team did in the two years; being team captain gave me an opportunity to work with people that I would otherwise not have much contact with. I made friends for life I am certain. It was an honor to be the center of some great improvements and responsible for making lasting changes that directly impacted our frontline staff.

What is your advice for teams in the upcoming year?
Do not take on so much at one time. We learned the hard way that one project at a time. Even though all of our ideas were tremendously important, there were a lot of them. Rolling from year one into year two gave us a way to tackle all that we wanted; however, we would never have been able to complete the great things we wanted to improve in one year. Think big, but not overwhelming. Take it by month to month; work on one or two things monthly that will eventually come together at your year's end.

Anything else you want to share?
People are full of great ideas and suggestions. It is important to maintain an open floor and listen to EVERYONE's ideas. But at the same time, when you share your ideas be respectful of everyone else's ideas too. Your group should work on pulling the best of ALL ideas and formulating a plan to make it successful. There are lots of projects out there that need improved. Pick a project that will make a difference to your frontline staff. I feel like this workshop was a way for frontline staff to be addressed and have things improved on personal levels. As someone who has been at BRHC for over 30 years, there have been multiple attempts and programs rolled out. This was a great one….finally! Keep it going; don't let this go by the wayside like so many before it.

Service Standards/Internal Support

Team Captain: Kara Sheeley

What was your experience like being an OASIS team leader this year?
Being part of the OASIS team was truly inspirational. It was amazing to stand alongside such a diverse, dedicated group representing so many departments across BRHC. Watching everyone come together, each with different strengths, backgrounds, and perspectives but all committed to one shared goal was genuinely inspriational.

What stood out most was how naturally collaboration happened. No silos, no hesitation, just people stepping up, supporting one another, and making things happen. This experience was a powerful reminder of what we can accomplish when we work toward a common goal. OASIS didn't just reach its goals, it proved what's possible when passion and purpose align.

CONTINUED ON NEXT PAGE ▸

OASIS Team Captains Reflect: Takeaways and Advice for Year III (Continued)

Referral and Onboarding

Team Captain: Melanie Estes

What was your experience like being an OASIS team leader this year?
Serving as the Referral and Onboarding OASIS Team Leader this past year has helped me think outside the realm of my everyday job duties. It has been challenging and rewarding to know that my team, The Welcome Wizards, and I are making positive improvements in the Onboarding Process, specifically New Employee Orientation Day.

What is your advice for teams in the upcoming year?
My advice for OASIS teams in the upcoming year is to keep an open mind, share your thoughts (positive and negative), stay consistent and organized, and don't be scared to ask questions. Find a day/time/meeting place to meet consistently. Establish a clear goal for the team and set deadlines for success.

Anything else you want to share?
Through my experience as an OASIS Leader, I have strengthened my interpersonal skills as the team was comprised of leaders from various departments throughout the hospital. Communication and teamwork contribute to successful projects!

Retention

Team Captain: Jenny Force

What was your experience like being an OASIS team leader this year?
I really enjoyed serving as the Retention Team Leader this year. Working with other disciplines to help develop a Mentor program was very rewarding experience. I was lucky to have an awesome co-team leader in Bailey McGinnis, team members, Laura Weisenburger, RN, Kim Perez, RN, Mike Snow, RN, Cindy McKeon, Melissa Guffin and Steve Davis on our project. I would like to thank them for their teamwork, dedication and professionalism.

What is your advice for teams in the upcoming year?
My advice for teams in the upcoming year is to communicate openly, make sure everyone is on the same page, stay consistent with your meetings, treat each other with respect, celebrate the wins, and remember to have fun.

ED Throughput

Team Captain: Mike Shipp

What was your experience like being an OASIS team leader this year?
Overall the experience was very rewarding. Collaboration with Cone Health in North Carolina brought the group renewed vigor and ambition knowing that a similar sized hospital was able to overcome the hurdles causing delayed throughput in the ED.

What is your advice for teams in the upcoming year?
Collaborate!

Anything else you want to share?
This particular OASIS project is organization wide, there are so many moving parts contributing to the problem set of increased dwell times and decreased throughput. Coming together and working towards a common goal demonstrates the family unit concept of Bothwell.

Featured Key Topic

Your License to Please

Bothwell™ Regional Health Center

Seven game-changing best practices that empower every caregiver as owner:

1. **LOOK UP: THE SIX-FOOT RULE**
   Greeting everyone you meet with a welcoming smile and friendly "hello"

2. **FOLLOW UP: DO WHAT YOU CAN TO PLEASE**
   Following up with caregivers to make sure things are understood and completed in a timely fashion

3. **DON'T PASS UP: NO PASS ZONE**
   Actively looking for opportunities to help others

4. **ZIP UP: LICENSE TO SILENCE**
   Promoting a healing environment by being as quiet as possible, and when needed respectfully reminding others

5. **MANAGE UP: INTRODUCING OTHERS**
   Talking up caregivers and organization when speaking to others

6. **MESS UP? FESS UP AND DRESS UP: SERVICE RECOVERY**
   Quickly identifying issue(s), accepting responsibility to resolve the problem(s), and then working tirelessly to make sure the problem has been adequately addressed.

7. **CLEAN UP: FREEDOM TO CLEAN**
   Seeing something out of line (like trash on the floor), picking it up and discarding it appropriately

FROM THE FOUNDATION

Bothwell Regional Health Center has been at the center of healing for Pettis and Benton counties for generations. The Bothwell Foundation was formed in 2005 to assist the health center and provide resources to keep health care local, state-of-the-art and close to home.

Bothwell Foundation

wear Red 02.27.26 for women

Bothwell Foundation

Presenting Sponsor: BTC BANK

SAVE THE DATE! FRIDAY, FEB. 27

Tickets will be available in January.









BOTHWELL FOUNDATION BOARD OF DIRECTORS

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Laura Weisenburger
Becky Williams

MEMORIALS

In memory of Larry Johnson Sr.
Mike and Joy Simon
In memory of Barbara Pile
Mike and Joy Simon
In memory of Lauretta Emerson
Mike and Joy Simon

Wear Red for Women

Wear Red for Women, a Bothwell Foundation committee, recently presented several automated external defibrillators (AEDs) to local organizations. An AED is a portable, lightweight device that helps individuals and first responders treat sudden cardiac arrest by analyzing the heart rhythm and, if necessary, delivering an electrical shock to restore normal function. Funds to purchase the devices were raised during the 2025 Wear Red for Women luncheon and auction. The committee's goal is to have AEDs in every place people work, learn, play or pray in Sedalia and Pettis County. Since the inception of the luncheon event in 2020, over 100 AEDs have been placed in or committed to various locations.

The 2026 Wear Red for Women event is Feb. 27, 2026, and tickets will be available in January.



Sedalia Seventh-Day Adventist Church received an AED from the Bothwell Foundation's Wear Red for Women committee. From left to right, Megan Elwood, committee member; Lori Wightman, Bothwell Regional Health Center CEO and committee co-chair; Lesley Jackson, committee member, Leisha Nakagawa, Bothwell Foundation specialist and volunteer coordinator; Rebecca Eldenburg, Church Sabbath School Council; Lauren Thiel-Payne, Bothwell Foundation executive director; and Dianne Simon, Thompson Hills Investment Corporation vice president and Wear Red Committee co-chair.



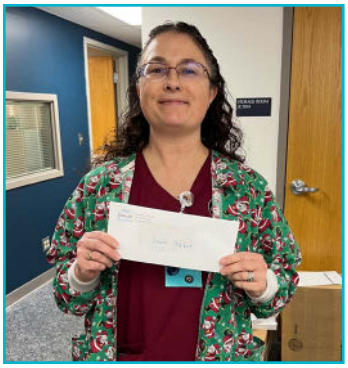
Bethany Baptist Church received an AED from the Bothwell Foundation's Wear Red for Women committee. Back row, from left to right, Lesley Jackson, committee member; Wayne Tucker, Church Safety Team; Marty Holdeman, Church Deacon; Scot Schultz, Church Safety Chairman; and Lauren Thiel-Payne, Bothwell Foundation executive director; front row, from left to right, Leisha Nakagawa, Bothwell Foundation specialist and volunteer coordinator; Travis Battershell, Church Pastor; and Dianne Simon, Thompson Hills Investment Corporation vice president and Wear Red Committee co-chair.



State Fair Community College received two AEDs from the Bothwell Foundation's Wear Red for Women committee for its Ellebracht Agriculture and Mechanics building. Front row, from left to right, Trish Henson, committee member; Lauren Thiel-Payne, Bothwell Foundation executive director; Jo Lynn Turley, SFCC Legislative Program manager and Bothwell Board of Trustees member; Misty Burnett, SFCC Technical Education and Workforce Innovation dean; Dr. Brent Bates, SFCC president; Allison Brosch, SFCC Health Sciences dean; and Darci McFail, SFCC interim Student Services dean; back row, from left to right, Keith Acuff, SFCC Finance and Administration vice president and Dr. Michael Murders, SFCC Academic and Student Success vice president and Bothwell Board of Trustees member

EPIC 12 Days of Christmas

Thank you to all our EPIC Club members, and congratulations to the EPIC 12 Days of Christmas winners!

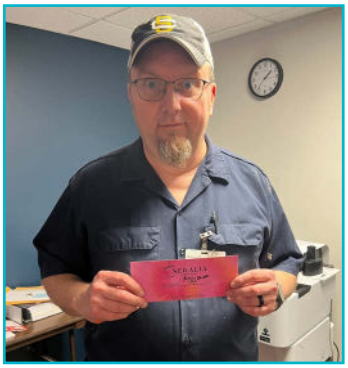
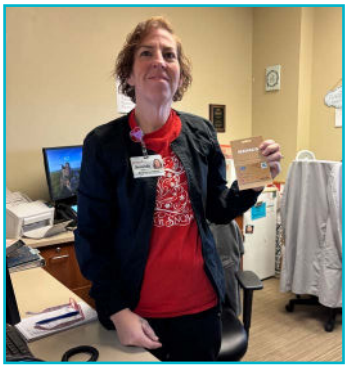
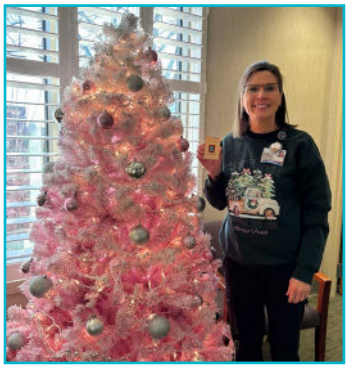


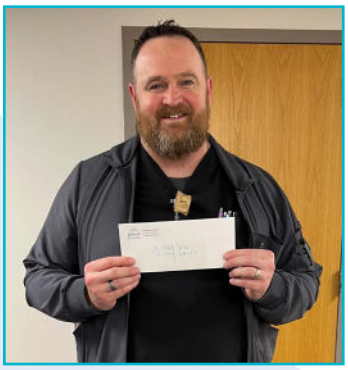












AUXILIARY NEWS

Our volunteers are a vital part of the services we provide to our patients and their families. Through their supportive and significant contributions, they add a personal touch to the hospital, making it a warm and friendly place.

Bothwell Auxiliary

Auxiliary Christmas Tea Brings Wishes to Life

This year's Auxiliary Christmas Tea on Dec. 11 was a reminder that local health care is powered by neighbors who show up. Thanks to a strong year of fundraising through the Gift Shop, special sales and the ice cream social, the Auxiliary granted staff "wish list" items and shared award announcements at the tea.

The Auxiliary recognized Sue Heckart for her many outstanding contributions, Board Chair Jackie Butler as she wraps up her term and Carlene Ficken and Karen Kay Taylor as they step down from the board this year. Thank you to every Auxiliary volunteer who gave their time and talent to support Bothwell Regional Health Center.



CONTINUED ON NEXT PAGE ▶

Thank You, Sue Heckart!

The Bothwell Auxiliary recognized Sue Heckart for her outstanding contributions at its Christmas Tea on Dec. 11. Heckart has served on the Auxiliary Scholarship Committee for many years and has helped strengthen the program through her leadership and steady support for future nurses. The Auxiliary presented her with a plaque in appreciation.




Bothwell
Auxiliary
DATE 12/11/2025
Bothwell Regional Health Center
$ 43,196.23
Forty-three thousand one hundred ninety-six and 23/100
Bothwell Auxiliary
GET WELL. STAY WELL. BOTHWELL.






CHOCOLATE PEPPERMINT COOKIES
DOUBLE CHOCOLATE & TOFFEE COOKIES








Bothwell




The DAISY Award

CALENDAR OF EVENTS

Designed to be an at-a-glance view of our upcoming events, activities or classes, check out what's on the Bothwell calendar in the next few months.

JANUARY

Pettis County Baby Café
Two hours each week
Bothwell Hospital
Women's Health and Newborn Care

For more details visit, www.facebook.com/PettisCountyBreastfeedingCoalition

Certified Nurse Assistant (CNA) Class
Jan. 5
On-site training for current employees who want to be CNAs

Contact Becky Eldenburg at reldenburg@brhc.org

Cancer Support Group
Jan. 20, 4 pm
Susan O'Brien Fischer Cancer Center

brhc.org/resources/classes-support-groups/cancer/

Scrub Sale
Jan. 22
Bothwell Café

Hosted by the Bothwell Auxiliary

FEBRUARY

Pettis County Baby Café
Two hours each week
Bothwell Hospital
Women's Health and Newborn Care

For more details visit, www.facebook.com/PettisCountyBreastfeedingCoalition

Cancer Support Group
Feb. 17, 4 pm
Susan O'Brien Fischer Cancer Center

brhc.org/resources/classes-support-groups/cancer/

Wear Red for Women
Feb. 27, 11:30 am – 1 pm
Auction and Luncheon at The Foundry

For more details visit brhc.org/wear-red



Tickets go on sale in January.