



WINTER 2018

Foundation News

Our mission is to develop relationships and resources to support Bothwell Regional Health Center's mission and improve the health of our communities



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Letter from the Board President



Stafford Swearingen
2018 Board President
Bothwell Foundation

“I cannot say thank you enough to all of those who have made this year one of the most productive in the short history of the Bothwell Foundation.”

What a year 2018 has been...from Lub Dub in April to the Bothwell Benefit last month and everything in between.

This year, thanks to sponsors of our events, participants, volunteers and the overall generosity of those in Pettis and Benton counties, we have been able to raise more than \$220,000. Lub Dub hosted a record number of participants this year. Almost daily, we get more Bothwell employees, Senior Leadership Team members and trustees to support the Foundation through annual donations and payroll deductions. The Bothwell Benefit tickets sold out well in advance of the event, and those who attended had giving in their heart and gave over \$106,000 in just one night.

So far this year, we have granted over \$30,000 for a variety of items, including scholarships, patient assistance, Ensure and gas cards for cancer patients, aid for hospice care and AEDs for Benton County facilities. We also sponsored the Cancer Center's survivor's day and a free 3-D mammography day. Both of these events were so successful that we are considering expanding our funding of them for next year. Gas cards for the wound center, iPads for stroke patients and white boards for 2 Southwest also received funding from our Foundation.

With the money raised from this year's Bothwell Benefit, Pinktober events, employee donations, and with donations we will solicit after the first of the year, the Foundation will purchase a Stereotactic Breast Biopsy system for the hospital. This will help our surgeons more expeditiously diagnose and treat our breast cancer patients.

I cannot say thank you enough to all of those who have made this year one of the most productive in the short history of the Bothwell Foundation. Because of you, we can make a difference in health care in Pettis and Benton counties. We are looking forward to doing even more in 2019.

Stafford Swearingen
2018 Board President

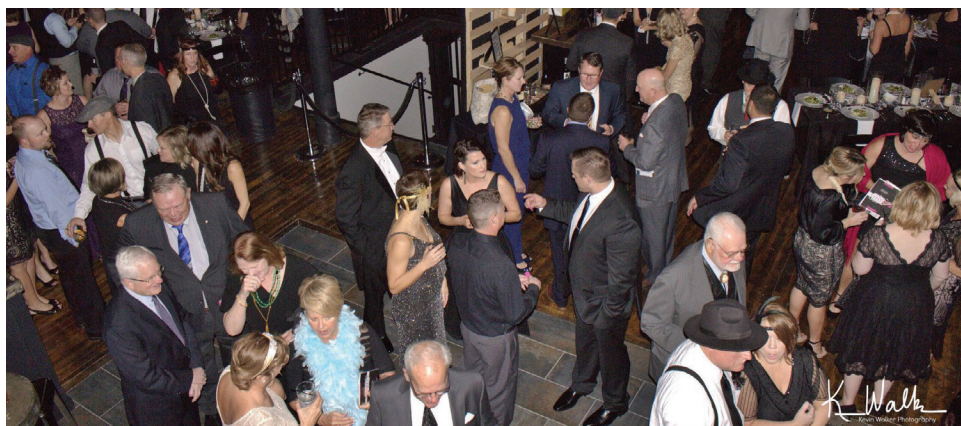
NOVEMBER 3, 2018

Bothwell Foundation Benefit



The 2018 Bothwell Foundation Benefit was held on Saturday, Nov. 3 at The Venue in Downtown Sedalia. Guests were able to view the brand new event venue (the old C.W. Flowers Building) while raising funds for the Bothwell Foundation's Stereotactic Campaign. Over 260 guests socialized and enjoyed dinner, drinks and a short program featuring the story of Bothwell Regional Health Center patient Dharma Leon. After the program, guests were entertained by magician Josh Farley.

This year's event set a new record by raising more than \$106,000 (net). Funds will be used towards purchasing a stereotactic breast biopsy table for Bothwell Regional Health Center. **Thank you for all that attended, volunteered and supported this year's event. We appreciate all you did!**



SPECIAL THANKS TO OUR SPONSORS

Meal Sponsor: Nucor

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Make-A-Difference Sponsor:
Central Bank of Sedalia

Photo Area Sponsor: ProEnergy

Bar Sponsor: Septagon

Champagne Toast Sponsor:
Starline Brass

Dessert Sponsor: BKD

Registration Sponsor: Kohl's

Supporters:

AFC Urgent Care
Bryant Motors
Ditzfeld Container & Trash
Thompson Hills Investment
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This year's event would not be possible without our planning committee.

Cara Canon, Melissa (Boeschen) Guffin, Katelin Hladik, Shelly Kempton, Vicki Oberkrom, Terri Paul, and Stafford Swearingen

DONOR SPOTLIGHT: Bothwell Foundation Remembers the Lovealls



Gene and Frances Loveall at a reception given in their honor for the \$100,000 donation they made to the Bothwell Foundation in 2011.

“The Lovealls knew firsthand how important these services are to the community, and their donation will help other patients who face the same health issues”

It is with heavy hearts that the Bothwell Foundation bids a fond farewell to Gene Loveall who passed in August this year. Gene and his wife Frances leave a legacy of kindness and generosity that will continue to make a difference in years to come.

In 2003 Frances suffered a stroke and after four long weeks of driving back and forth to Columbia, Gene was able to bring her back to Sedalia where she received care in the Skilled Nursing Unit and then by the Cardiac Rehabilitation department at Bothwell Regional Health Center.

Several years later in 2008 Gene received treatment himself at Bothwell when he battled prostate cancer. Gene had praised radiation oncologist Dr. William Decker and the staff of the Susan O'Brien Fischer Cancer Center for the treatment and care after his diagnosis.

Inspired by the care they both received at Bothwell, in 2011 the Lovealls decided to make a \$100,000 donation to the Bothwell Foundation. So the Frances Loveall Stroke Recovery Fund and the Gene Loveall Cancer Services Fund were established.

“The Lovealls knew firsthand how important these services are to the community, and their donation will help other patients who face the same health issues,” stated Dave Floyd, former Foundation board president.

And help other patients they have. Their donation was divided evenly between the two funds and was invested. Through the interest income earned off these investments as well as additional donations, these two funds have been able to provide various pieces of equipment and other items to benefit patients at the hospital. From iPads for stroke recovery patients to gas cards for patients who have to travel for cancer care, this couple's generous spirit continues to touch many lives.

The Lovealls were a rare and beautiful couple—poised and genteel while still being down to earth and warm. Their presence will be missed, but their legacy of generosity will continue for years to come. **Thank you, Gene and Frances!**

2018 Funding Recap

The Bothwell Foundation has been busy this year with numerous projects. With your support, we have been able to fund the following projects:

- Provided grants to Benton County Hospice and Crossroads Hospice, which serve patients in Pettis and Benton County.
- Awarded more than \$7,200 in scholarships.
- Funded AED's to be purchased for Benton County.
- Provided gas cards and Ensure for cancer patients.
- Sponsored Bothwell Regional Health Center's National Cancer Survivors Day reception on June 1, 2018.
- Provided over \$1,300 in patient assistance funding.
- Purchased iPad's to be used for stroke rehabilitation patients and in our Skilled Nursing Unit.
- Purchased 35 updated nursing whiteboards to be used in 2 Southwest and Pediatric units at Bothwell Regional Health Center.



The Gift of Giving

If there are those on your gift-giving list that have reached a stage in their lives where they don't want or need material gifts, why not make a donation in their honor to the Bothwell Foundation? Once a gift is made, the honoree will be notified regarding your gift.

Donations to the Bothwell Foundation help:

- Provide quality, state-of-the-art health care services right here at home
- Bring current health care technology and equipment to the communities we serve
- Educate the next generation of local health care professionals
- Provide assistance to patients that need help the most

To make a gift in someone's honor, please contact the Bothwell Foundation office at 660-829-7786.



Dollars Making Sense

- Oct. 20, the Bothwell Foundation hosted a celebration of National Mammography Day and provided free 3D mammograms to 16 area women.
- iPads have been purchased to assist patients who have suffered debilitating conditions, such as a stroke. These tablets will benefit patients with the use of the various hand-eye coordination apps on the iPad. It also can be used to play music and communicate with far-away family members through Skype.
- Through a grant from the Foundation given each year to the Cancer Center, cancer patients will be able to celebrate Christmas with a party that includes a catered meal, donated gifts and a time of festive fellowship. The party is lovingly organized by cancer center staff. Some patients have shared this is the only Christmas they get.

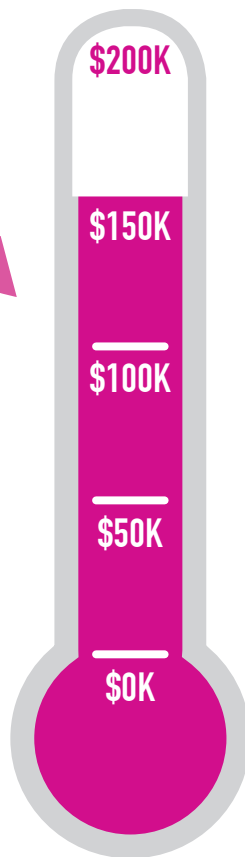




“

By purchasing the stereotactic breast biopsy system, Bothwell Regional Health Center will be the only facility with a full-time stereotactic unit between Kansas City and Columbia.”

Stereotactic Campaign Update



On Oct. 1, the Bothwell Foundation kicked-off a campaign to raise funds that will be used towards the purchase of a stereotactic breast biopsy system for Bothwell Regional Health Center. Purchasing this important piece of equipment will allow our patients to get results sooner and to receive care (from screenings to treatment) all within our own community.

This system, which currently is here only a couple days a month, will be used to biopsy suspicious spots that are found during a mammogram. The overall project cost to purchase a system is estimated at \$200,000. By purchasing the stereotactic breast biopsy system, Bothwell Regional Health Center will be the only facility with a full-time stereotactic unit between Kansas City and Columbia.

To make a donation to the campaign, complete and return the attached donation card or visit www.brhc.org/BeTheKeyDonation.

Bothwell Foundation hosts first employee giving drive!

The Bothwell Foundation hosted its first ever employee giving drive. Over \$22,000 was raised by Bothwell employees towards the stereotactic breast biopsy machine. A coffee bar was hosted on Oct. 1 for employees to kick-off the giving season. In spirit of the holidays, Bothwell employees' favorite coffee punch recipe is shared on page 8!



Between Bothwell Regional Health Center employees, the Bothwell Foundation Board of Directors and the Bothwell Regional Health Center Board of Trustees, over \$40,000 has been raised in donations and pledges for the stereotactic breast biopsy campaign.

Letter from the Executive Director

When you or a family member is ill or injured, where do you turn?

If you're like most in our community, you come to Bothwell Regional Health Center. Why?

Because you know you will be treated like family by dedicated, compassionate health professionals in a warm, caring environment. And you know you will receive exceptional care with some of the most up-to-date medical technology available in the state.

This year, the Bothwell Foundation has been tasked with raising funds for an important piece of equipment that would help area patients receive quicker access to diagnostic tools. Breast cancer is the second most treated cancer at Bothwell Regional Health Center, and with the addition of the stereotactic breast biopsy machine patients will be able to receive their care from start to finish at Bothwell in a timely manner.

The support that we have already received has surpassed our expectations and we are so thankful for all that has been done so far. We still have a little ways to go to reach our goal to fund the stereotactic system. At this time of giving, Bothwell counts on your support. Your gift is extremely important to Bothwell, because it provides resources that make an immediate impact.

Bothwell is your community hospital. We exist to serve you and your loved ones — to provide hope, healing and recovery.

As medical care advances, your hospital is committed to staying at the cutting edge — for you, for your loved ones, for every person in the community. Your contributions over the years have helped make this possible.

Thank you so much for your help.

Lauren Thiel
Executive Director



Lauren Thiel
Executive Director

“Our overall goal is to provide people in our community with exceptional health care, while staying close to home. We would not be able to provide services or achieve any of these things without the support from our many donors and volunteers.”



2018 Bothwell Foundation Events

OCTOBER 2018

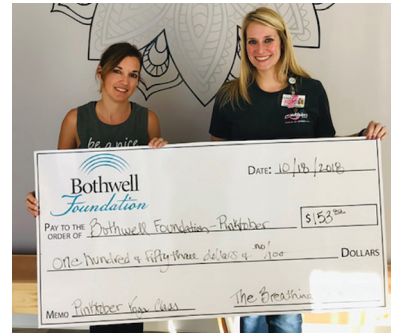
Pinktober



The Bothwell Foundation held its second annual Pinktober Campaign, which created awareness and raised funds for the stereotactic breast biopsy system campaign. Funds were raised by working with community partners and selling Pinktober shirts to Bothwell employees and to the community. This year, the campaign raised more than \$10,000.

Special thanks to our community partners that hosted Pinktober events:

Axis Salon
Benton County Enterprise
BodyWorks Day Spa
Callis Integrated Marketing
Central Bank of Sedalia
Employees of SFCC
Farmers Bank of Lincoln
Insurance & Benefits Group
KDRO
Kendra Scott – KC Plaza Store
Kohl's
Masonic Lodge #272
MC Power
Moore's Floral & Greenhouse
My Bloomin' Business
Printlynx
ResCare Workforce Services
Sedalia Aesthetics
Sedalia Visual Arts Association
Sierra Bullets
The Breathing Room
The Sedalia Diet Doc
Tyson
VonHolten Ranch
Yeager's Cycle



Coffee Punch Recipe

Ingredients

- 1/3 cup Instant Coffee
- 2 cups Granulated Sugar (can use less)
- 1 cup Water
- ½ Gallon Vanilla Ice Cream
- ½ Gallon Chocolate Ice Cream
- 1 Gallon Whole or 2% Milk

Directions

In small pan, combine instant coffee, sugar & water and heat until the sugar has dissolved and all the ingredients are well mixed and hot. Don't boil!

Refrigerate the mixture in an airtight container until you are ready to use. The liquid will be syrupy.

Before serving, pour the chilled syrup into a large punch bowl. Add the gallon of milk if punch bowl allows and stir well. Add ice cream by scoops into the punch. Stir gently to mix. The ice cream will keep the punch cold.

BOTHWELL FOUNDATION LUB DUB 5K/10K WALK/RUN



SAVE THE DATE

SATURDAY, APRIL 27, 2019

REGISTRATION OPENS FEBRUARY 1, 2019

FOR ADDITIONAL INFORMATION

VISIT brhc.org/LubDub **CALL** 660.829.7786

Proceeds benefit the Camye Callis Gaspard
Memorial Heart Fund.



2018 Bothwell Foundation Events

OCT. 6, 2018

Women Warriors Boot Camp

The Sedalia Diet Doc, Tanya Burton, hosted a Women Warriors Boot Camp at the SFCC Davis Multipurpose Center. Prior to the work-out, attendees had the option to get “warrior” face paint, pink hair highlights from Axis Salon and enjoy SC Fuel protein balls! \$1,000 was raised towards the Bothwell Foundation’s Pinktober efforts.



OCT. 22, 2018

Kendra Scott Shop

Kendra Scott came to Bothwell Regional Health Center and Sedalia Aesthetics on Oct. 22, 2018, to host a pop-up shopping event. Twenty percent of the sales came back to the Bothwell Foundation as part of our Pinktober efforts. In addition to the funds raised that day, Kendra Scott donated over \$4,300 in Rose Quartz jewelry — the stone of healing — to breast cancer patients at Bothwell Regional Health Center.



NOV. 1–30, 2018

KDRO – No Shave November

KDRO hosted its first No Shave November during the month of November to raise funds and awareness for the stereotactic breast biopsy system. KDRO morning show hosts Charlie Thomas and Ruthie Hart challenged individuals to let their beards (and leg hair!) grow during the month of November. The “reveal” event was held on Dec. 1 to show everyone the progress during November and to present the Bothwell Foundation with over \$1,600 in sponsorships and donations from the event.



2018 Donations

The Bothwell Foundation wants to extend a special "Thank You" to everyone who supported the Foundation from Jun. 1, 2018 through Dec. 31, 2018.

Ms. Dorsey Adams
Mr. and Mrs. Brad Akin
Mr. and Ms. Clayton Alcorn
Dr. and Mrs. Alan Allmon
Ms. Sarah Anderson
Ms. Dakota Arnold
Ms. Nichole Aulisio
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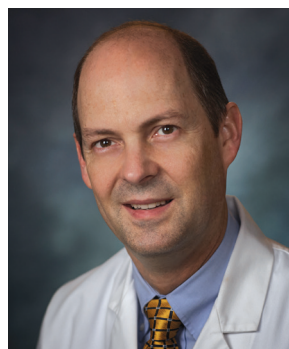
James P. Buckley



David Callis



Cara Canon



Dr. William Decker



David Floyd



Katelin Hladik



Vicki Oberkrom



John Warder

Bothwell Foundation Staff

Foundation support staff salaries are paid for by Bothwell Regional Health Center so that your full donation can be used to benefit healthcare needs.

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Lauren Thiel

Administrative support

Ann Green

Accounting support

Rachel Owens



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comments or to share your story.

We ♥ to hear from you!

660-829-7786 or LThiel@brhc.org

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Bothwell Foundation

How to Donate



[www.brhc.org/
DonateOnline](http://www.brhc.org/DonateOnline)



601 E. 14th St
Sedalia, MO 65301



660-829-7786

Our mission is to develop relationships and resources to support Bothwell Regional Health Center's mission and improve the health of our communities.

2019

SAVE THE DATE

February 1, 2019

Lub Dub Registration Opens

February 1 — 28, 2019

Heart Month

April 27, 2019

Lub Dub 5K/10K Run/Walk

May 6 — 12, 2019

Nurses Week & Hospital Week

October 1 — 31, 2019

Pinktober

November 2, 2019

Celebrity Bartender Event

November 26, 2019

Giving Tuesday