

JULY 2021

# BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



## COVID CASES SURGING AGAIN

A Letter from Lori

### **"DO NOT LET WHAT IS OUT OF YOUR CONTROL INTERFERE WITH ALL THE THINGS YOU CAN CONTROL."**

By now, you've read and heard the number of Covid cases in our community and our state has been rising, most certainly attributed to the Delta variant. Delta has been confirmed in three of Sedalia's wastewater treatment facilities, is more contagious and transmissible and has been labeled the "fastest and fittest" of previous coronavirus variants.

On Monday, the Pettis County Health Center reported at the Pettis County Task Force meeting there has been more than 200 new cases in the last week, and so far in July, the highest number of cases has been in people under 40 — 56 cases in 19 to 24 year olds; 25 in 13 to 18; 28 in 5 to 12; and 10 in 0 to 4. Just 29.6 percent of Pettis Countians have completed vaccination while 34.0 percent of Benton Countians are fully vaccinated.

These issues we cannot control. What we can control is being prepared for the surge that is again impacting our community and hospital at rates we haven't seen since November and December. A few weeks ago when cases started rising in southwest Missouri, members of the Senior Leadership Team watched a video panel discussion hosted by the Missouri Hospital Association.

[READ MORE ON NEXT PAGE ►](#)



## SEE WHAT'S INSIDE!

WELCOME DR. ALYSSA EMERY  
LINCOLN CLINIC JOINS BOTHWELL  
STAYING COOL IN THE HEAT  
CONGRATS JUNE EMPLOYEE  
OF THE MONTH  
VOLUNTEER AT THE FAIR

## COVID CASES SURGING AGAIN (CONTINUED)

### A Letter from Lori

The group included Steve Edwards, CoxHealth CEO; Erik Frederick, Mercy Hospital Springfield CAO; and Dane Henry, Lake Regional Health System CEO. Frankly, what we heard was heart-wrenching and sobering.

At the time of the presentation, CoxHealth had 127 Covid inpatients. Edwards said, "It took seven months of the first and second waves to get to that number; with Delta, we got there in seven weeks." He continued, saying, "Patients are sicker, younger and turning quicker."

Dane Henry was more blunt. "It's taking the right people dying to get people's attention," he said. "It's not people in their 80s, they're in their 30s, 40s and 50s. Sometimes people have to be shaken to the core to get the point. We've had 45 staff in the last day decide to get vaccinated."

Just as we took cues from what was happening on the east coast in March and April 2020, we took these cues to heart and reopened the Command Center and started preparing. We put up the temporary Covid walls again and made sure we have enough vents and other equipment. The number of our Covid hospitalized patients has steadily risen, and we've accepted patients from other communities that had nowhere else to go. The majority of them have been unvaccinated.

So, what's different between then and now? There are two things: lack of staff and we now have a vaccine available. This past weekend we were unable to accept three transfer requests because of staffing. Therefore, we are hiring travelers for 21 open positions and some have already started with others coming in August. For some positions requested there have been no responses.

We know everyone is working extremely hard to care for patients -- working extra shifts and multiple days in a row without breaks. Please know that we see you and we appreciate everything everyone is doing to cover staffing gaps. Caring for our patients the best we can is what we can control, and our community is counting us. We care whether we like them or they like us, whether we agree with them or whether we don't, and whether they're vaccinated or whether they're not. Because that is what we do, and who we are.

If you have been on the fence about being vaccinated, I can think of no more motivation than the Delta variant to push you over to the other side and be vaccinated.

#### EXTRA SHIFT INCENTIVE

- \$250 per additional shift for RNs (**NEW**)
- \$10 extra per hour for all other licensed staff
- \$5 extra per hour non-licensed staff
- PRN eligible when working beyond PRN level requirements

Talk to your director if you're interested in the extra shift incentives.

Stay well. Be well.



P.S. I have been told I have a competitive streak. I urge you to read about the first annual Sedalia Blood Drive Charity Challenge on pages 17 and 18 and then sign up to donate blood under the Bothwell Foundation. There's no reason why an organization with more than 900 employees (that's us) shouldn't win this challenge. #letswinit



*Dr. Alyssa Emery*

## WELCOME DR. ALYSSA EMERY

### New Physician To Join Bothwell Family Medicine Associates

Dr. Alyssa Emery will join Bothwell Family Medicine Associates Aug. 9.

As a family physician, Emery will provide care for people of all ages, including preventative services and treatments, short- and long-term illnesses and injuries, and obstetric care. She also will serve as a faculty member of the new Bothwell-University of Missouri Rural Family Medicine Residency program.

"I'll be doing a little bit of everything for patients at Bothwell Family Medicine Associates, including caring for pregnant women and delivering their babies and seeing children, adults and the elderly," Emery said. "I will also follow my patients and see them in the hospital if they have been admitted for additional care there."

Keith Morrow, Bothwell's Clinic Operations vice president, said Dr. Emery will be a great addition to Bothwell's family clinics' group of physicians.

"Dr. Emery is highly motivated by treating patients in smaller communities," he said. "She grew up in a rural community, trained in a rural clinic and understands the health care needs of the people she's going to care for here."

Dr. Emery received her bachelor's degree at University of Illinois at Urbana-Champaign in molecular and cellular biology and her medical degree from University of Illinois College of Medicine at Rockford. She completed three years of residency at University of Missouri (MU) Health Care. Dr. Emery said she was drawn to MU Health Care for its Family and Community Medicine Residency where she could focus on rural care.

"Mizzou was the best of both worlds because it allowed me to train at a large hospital but still practice in rural clinics," Emery said. "I had access to top resources and specialists while still fostering my passion to serve smaller community health settings."

During the last year of her residency at MU Health Care, Dr. Emery served as Chief Resident. While in residency, she managed patients in the hospital, intensive care unit and emergency department. She also cared for pregnant women, newborns and children at MU Health's Women's and Children's Hospital and served patients at Callaway Physicians in Fulton, Missouri.

Growing up in rural Girard, Illinois, Dr. Emery was used to driving 45 minutes one way for access to a hospital. She is proud to stick to her small-town roots and provide health care for people in the Sedalia area.

"I know there is a huge need for providers in rural communities. I'm excited to see patients and get to know the community," she said. "I have also been impressed by the number of subspecialties Bothwell has, and Sedalia is perfectly located in rural Missouri for my family and me."

Dr. Emery and her husband, Eddie, live in Sedalia with their son Gabe, 3, daughter Lucy, 10 months, and Golden Retriever, Dallas. As a family, they enjoy walking the Katy Trail, spending time at the park, and they are looking forward to watching their children grow up in Sedalia.

Dr. Emery will see patients at Bothwell Family Medicine Associates at 3401 W. 10th Street in Sedalia. The phone number is 660.827.2883, and office hours are 8:30 am to 5 pm Monday through Friday.

**Welcome to Bothwell Regional Health Center, Dr. Emery!**



*Dr. Alyssa Emery with her husband, Eddie, and children, Gabe and Lucy.*



## LINCOLN FAMILY MEDICINE TO JOIN BOTHWELL Merger Official Aug. 1

Lincoln Family Medicine will join Bothwell Regional Health Center effective Aug. 1, bringing Bothwell's number of family practices to six.

Lincoln Family Medicine, a primary care clinic in Benton County, is owned by Dr. Donald K. Allcorn, a long-time family physician.

Keith Morrow, Bothwell Clinic Operations vice president, said the clinic's new name will be Bothwell Lincoln Family Medicine and that the merger has been in the works for over a year.

"Dr. Allcorn has plans to retire and we have a new family physician joining the team who wants to practice rural medicine," Morrow said. "It is a win-win situation with the best part being that quality medical care will continue for Lincoln-area residents."

While ownership of the clinic is changing, all employees, the phone number and the location at 302 S. Highway 65 will remain the same. In addition to Dr. Allcorn, staff includes an office manager, nurse practitioner, two licensed practical nurses, a medical assistant/phlebotomist and a receptionist.

"Through the agreement, Dr. Allcorn and his team will become Bothwell employees," Morrow said. "He wants to stay involved for at least the next several months to ensure a smooth transition for his patients to the new physician and any new processes."

Matthew Roehrs, D.O. will begin practicing with Allcorn in early fall pending Roehrs' final Missouri medical licensure approval. Dr. Roehrs received a bachelor's degree in Biology in 2013 from Westminster College in Fulton, Missouri, and his Doctor of Osteopathic Medicine degree in 2018 from A.T. Still University in Kirksville, Missouri. He recently completed three years of family and community residency training at University of Missouri Health Care in Columbia. Dr. Roehrs is a Sedalia native, a Smith-Cotton High School graduate and the son of Dr. David Roehrs, chief radiologist at Bothwell Regional Health Center. He is married to Dr. Misty Todd, family practice and obstetric physician at Bothwell Cole Camp Clinic.

Morrow said the transition will be fairly seamless for patients who already know a change is coming.

"Dr. Roehrs is very familiar with the area and has trained specifically to practice family medicine in a rural setting," he said. "He's excited to meet and treat people."

Morrow said there will be minimal other changes affecting patients, including that their bill will come from Bothwell Regional Health Center rather than Lincoln Family Medicine.

"We will also be connecting the clinic to Bothwell's electronic medical records system, which will help with documentation efficiency and prescribing processes for staff," he said. "This will allow Bothwell staff to see a patient's clinic medical records if they visit our Emergency Department, are admitted to the hospital or see another physician within the Bothwell system, including the Walk In Clinic."

Bothwell has two other family practice clinics in Benton County, Bothwell Cole Camp Clinic and Bothwell Health Center-Truman Lake in Warsaw. Family practice clinics in Sedalia include Bothwell Family Health, Bothwell Family Medicine Associate and Bothwell Eldenburg Family Practice.

For more information about Bothwell Lincoln Family Medicine, call 660.547.3915.



## BOTHWELL TEAM IN ACTION

### OB/GYN Team Members Visit Whiteman AFB

Kirstie Schultz, Bothwell OB/GYN Associates LPN, Dr. Michael Carozza, Bothwell OB/GYN Associates medical director and Quincy Markham, summer administrative intern, staffed a tent July 1 at the Whiteman Air Force Base Independence Day celebration. The three represented the OB/GYN clinic and handed out information and giveaway items to attendees. Thank you for representing Bothwell!



## CONGRATULATIONS!

### Employees Become CNAs

Jade Stevenson and Kassidy Abney successfully completed the CNA course, passed the state exam and are now Certified Nursing Assistants.

This is a wonderful accomplishment, and we are so proud of them and glad they are at Bothwell!



Jade Stevenson



Kassidy Abney

## FOUNDATION NEWS

### 2021 Pinktober Shirts Coming Soon

Pinktober is a month-long, community-wide awareness campaign celebrated in October that helps people in the Sedalia area learn more about breast cancer prevention and treatment.

The Bothwell Foundation is working on an expanded list of activities as well as this year's shirt design. Keep an eye out for more details!

## FROM THE BOTHWELL{NESS} COMMITTEE Tackling Heat-Related Illnesses

Heat exhaustion or heat stroke are common illnesses that happen during the hot, summer months when the body is not able to cool itself down. Even though sweating normally cools the body down, during extreme heat the body may not be able to efficiently cool itself. Just like an air conditioner at home, it has to work harder on hotter days to keep an area cool.

Keep an eye out for signs and symptoms of heat related illnesses:

### Heat Stroke

- High body temp
- Hot, red, dry, or damp skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Loss of consciousness
- Shortness of breath
- Decreased urination
- Blood in urine
- Convulsions

### Heat Exhaustion

- Heavy sweating
- Cold, pale, clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Tiredness or weakness
- Dizziness
- Fainting
- Agitation
- Confusion
- Anxiety
- Excessive thirst

## BOTHWELLNESS



*\*High levels of humidity, obesity, fever, dehydration, prescription drug use, heart disease, mental illness, poor circulation, sunburn and alcohol use can all increase your risk of heat-related illnesses.*

## TIPS FOR PREVENTING HEAT-RELATED ILLNESS:

1. Choose lightweight, light-colored, loose-fitting clothing
2. Stay cool indoors
3. Limit your outdoor activity when it's the coolest (morning and evening hours)
4. Pace yourself outside when exercising
5. Use sunscreen to prevent sunburning
6. Avoid hot and heavy meals
7. Stay hydrated
8. Stay informed for extreme heat alerts in your area

### References:

<https://www.cdc.gov/disasters/extremeheat/index.html>

<https://www.webmd.com/first-aid/understanding-heat-related-illness-symptoms>

# BOTHWELLNESS



Front View



Back View

**\$15**



**BECOME  
RECHARGED  
IN YOUR  
HEALTH  
COMMITMENT**



Lanyard Clip

**\$5**

**Get recharged in 2021 looking and feeling good!**

## BothWellness t-shirts for sale

Turn \$ and forms in to Human Resources by September 30.

Funds raised will go in to the BothWellness Committee Fund to distribute prizes to participants throughout the year.

**Orders Due  
Sept. 30**

### ORDER INFORMATION

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Department: \_\_\_\_\_

#### Adult Shirt Size (unisex): \$15 each

☐ Small ☐ Medium ☐ Large ☐ XL ☐ 2XL ☐ 3XL ☐ 4XL

Shirt Quantity: \_\_\_\_\_

Badge Lanyard Clip \$5 each Quantity: \_\_\_\_\_

For questions about shirt orders contact x8876

### Payment Options:

☐ Cash ☐ Check OR

☐ Payroll Deduction—Will be deducted on June 11

Employee ID #: \_\_\_\_\_

Total Amount Due: \$ \_\_\_\_\_

Turn in completed form and payment to

**Human Resources**

If paying in cash—**EXACT CHANGE ONLY**

Make checks payable to:

BRHC and write "BothWellness Shirt" in memo



## PATIENT SAFETY INITIATIVE

### Choosing the Best-Fitting Walkers for Patients



**There are many factors to consider when choosing a walker. Walkers are not meant to be one size fits all. We tend to use the term “walker” to encompass every mobility assistance device, but there are standard walkers, wheeled walkers, hemi walkers and rollators, which have different features to suit different needs. Overall the height, weight, strength and width of the patient should be factors.**

#### Height

Most walkers can be adjusted to accommodate a patient 5'3" to 6'4" tall. If your patient is shorter than 5'5" tall you should consider a junior-sized walker that can typically be adjusted to patients 4'10" to 5'5" tall.

Minute differences in height can impact usage, even an inch or two in the wrong direction, whether up or down, can result in posture problems and difficulty using the walker. Moreover, a walker that is too short can cause a person to stumble while a walker that is too tall is just as hazardous.

With relaxed arms and fully standing in a walker, the person's wrist level should be at the height of the walker's handles. A patient should be able to grip the handles of the walker securely. This will allow a patient's elbows to bend at a loose 15 to 20 degree angle bend.

#### Weight

Weight plays an important factor when choosing a walker. If a heavier person uses a low-weight rating walker, it could present a fall hazard. The walker could bend or even snap, causing injury to the user. Therefore, paying close attention to weight limits is vital. Do not just go by size and width of equipment. A patient may fit in the device, but that does not always mean it will meet the correct weight capacity. Always check weight capacity.

[READ MORE ON NEXT PAGE ►](#)



## PATIENT SAFETY INITIATIVE (CONTINUED)

### Choosing the Best-Fitting Walkers for Patients

Most walkers accommodate a patient up to 300 pounds. Someone heavier or overweight needs a heavy-duty device. Every walker that is in use at Bothwell should have a yellow label on them to indicate the weight capacity. It is up to the department that orders the device to ensure the device is labeled with weight capacity. This should apply to walkers, wheelchairs and commodes. Bothwell has a few heavy weight walkers including:

- Three rated at 400 pounds
- Two rated at 500 pounds
- One rated at 650 pounds
- One rated at 700 pounds
- One rated at 750 pounds

#### Width

A walker needs to be wide enough that the user can walk within the supportive frame. Just like height and weight, there are different widths for walkers. To choose the right walker for a patient you will need to consider how and where the walker will be used. Some doorways and rooms are more narrow than others.

#### Strength

Muscle weakness or other conditions that leave patients weak should not be overlooked. Ensure patients have adequate strength to push the device, hold onto and steer a walker and operate hand brakes. Use your clinical judgment; if it takes two or more people to assist a patient, a mechanical device may need to be used.

If you decide your patient is in need of a walker during your admission assessment, please obtain one for the patient. Extra walkers are located in Ortho Room 358. Taking the time to determine the best-fit walker for your patient will give you peace of mind. If you are unsure which device is the best, please obtain an order for physical therapy to come and evaluate to establish the most appropriate device.

## CNA CLASSES FORMING SOON

### Limited Spots Available

Want to be a Certified Nurse Assistant? We offer paid on-the-job training, classroom work from the comfort of your home and hands-on training. Full- and part-time positions are available. To apply or learn more information about classes offered, visit [brhc.org](http://brhc.org) or call Laura Weisenburger, Nurse Education/Recruiter at 660.829.7758.

## EMPLOYEE ENGAGEMENT Bothwell Book Club Launched

The first Bothwell Book Club meeting was held July 26, 2021 at The Art Room. During the meeting, members discussed their first Book Club read, *The Silent Patient* by Alex Michaelides and enjoyed Italian appetizers from Toast the Host.

If you are interested in joining the Bothwell Book Club, contact Lauren Thiel-Payne, Bothwell Foundation executive director, at extension 7786 or [lthiel@brhc.org](mailto:lthiel@brhc.org).



*Pictured left to right: Rachel Umlauf, Tammy Jackson, Rachelle Joronen, Jenny Force, Brielle Mahannah, Rochelle Werneke, Shirley Schlobohm and Lauren Thiel-Payne.*



## JUNE EMPLOYEE OF THE MONTH Nicole Porter

Life-threatening injuries or illnesses causing a patient to be in the critical care unit (CCU) can be frightening and stressful for not only patients, but family members. Nicole Porter recently provided the needed communication to a patient and spouse putting everyone at ease.

Porter, CCU charge RN, is the June Employee of the Month. She was nominated by Sarah Hopper, PCU/CCU unit manager.

As the number of Covid-19 cases continues to climb, Bothwell has been under increased pressure to provide care for severely ill patients both from our community and from other communities. As a result, the virus has caused many patients and family members to be in the CCU. While visitor restrictions are in effect, nurses and staff become the support and care both family members and injured or ill patients need.

Porter goes above and beyond for all patients, but one recent situation stood out to Hopper. “She kept the patient calm and made sure everything was explained well to both patient and spouse,” she said.

Effective and appropriate communication plays a vital role in the healing process for not only patients but family members. As some patients are unable to communicate it is important to have that positive relationship with family members in case necessary decisions need to be made. Porter’s love and passion for patient care are evident every day.

“The patient’s spouse was very complimentary of Nicole, calling her caring, knowledgeable and experienced,” Hopper said. “I would say Nicole is the role model for professionalism and efficiency, and we appreciate her hard work.”

**Congratulations Nicole on being named June Employee of the Month!**



# WE'RE HERE TO VOLUNTEER



**Want free entry with a parking pass to the 2021 Missouri State Fair?  
Join us for Bothwell Volunteer Day at the fair from  
9 am – 9 pm, Saturday, Aug. 14.**

**AS A VOLUNTEER YOU WILL:**

- Get a free T-shirt
- Assist with water and souvenir sales
- Help Bothwell with community outreach
- Enjoy the Missouri State Fair!

To sign up for a four-hour shift, please contact Ann Green in Marketing at [agreen@brhc.org](mailto:agreen@brhc.org), ext. 8855 or click on the link <https://www.signupgenius.com/go/8050e49a9af2ca3fe3-bothwell3>



## KEY AWARDS

Dr. Stephanie Lind  
Michelle Potts  
Alexandria Schlobohm  
Donna Ramey  
Carrie Brown  
Stacey Nassar  
Ruth Ann Cramer  
Dakota Arnold  
Chris Trotter

Suzy Trapino  
Vicki Howard  
Bobbi Dorr  
Devin Niederwimmer  
Jessica Cathon  
Tina Prophetter  
Tyler Williams  
Madison McKeehan  
Kinna Cramer

Karla Heimsoth  
Jody Pritchard  
Peggy Rawdon

### FOUNDATION NEWS MEMORIALS AND DONATIONS

#### IN MEMORY OF NEVIN ALMQUIST

Robert Almquist

#### IN MEMORY OF LINDA SANDERS

Bothwell Auxiliary

#### IN MEMORY OF SHIRLEY KAISER

Bothwell Auxiliary

#### IN MEMORY OF SONJA CORCORAN

Bothwell Auxiliary

### NEW EMPLOYEES

June

**Kelsey Allen**  
*CT Scan*

**Cara Arender**  
*Same Day Surgery*

**Bethany Beeseley**  
*Cardiology*

**Samuel Blanchard**  
*Housekeeping*

**Shelby Bradshaw**  
*Emergency Department*

**Keyonna Buckner**  
*Dietary*

**Kelsey Buxton**  
*Nursing Administration*

**Alexandra Clark**  
*Housekeeping*

**Casey Coots**  
*2 Southwest*

**Melissa Dillion**  
*Cancer Center*

**Ellie Euer**  
*Rural Family Medicine  
Residency*

**Colin Farrell**  
*Dietary*

**Alessandra Felix**  
*Nursing Administration*

**Kirsten Finnell**  
*Admitting*

**Richard Hill**  
*Anesthesia*

**Jennifer Johnston**  
*Progressive Care Unit*

**Madison Littlejohn**  
*Pathology*

**Heather Moulder**  
*Bothwell Orthopedics &  
Sports Medicine*

**David Ryakhmyatullof**  
*Emergency Department*

**Cassieann Schmieg**  
*Housekeeping*

**Victoria Sharp**  
*Pathology*

**Cory Siewart**  
*2 Southwest*

**Megan Taber**  
*Surgery*

**Nolan Walker**  
*Radiology*

**Mary Wilson**  
*Housekeeping*



## AUGUST IS WORLD BREASTFEEDING MONTH

Employee Walk-Through Event is Aug. 3

# WE'RE HERE

## FOR BREASTFEEDING SUPPORT



## AUG. 1–7 IS WORLD BREASTFEEDING WEEK

World Breastfeeding Week raises awareness of the benefits of breastfeeding and supports pregnant and breastfeeding women all over the world.

### Why breastfeed?

- Breastfeeding significantly improves health, survival and well-being for both infants and mothers and provides unique health benefits for babies
- Breastfeeding helps save money and the environment
- Breastfeeding promotes bonding between mother and baby
- Breastfeeding isn't easy, but it is worth it

**In-person support and assistance is available at Bothwell from our certified lactation consultant and during Baby Café hours from 4–6 pm on Tuesdays!**



### Employee Breastfeeding Awareness Walk Thru Event

**Aug. 3, 4–6 pm**

Women's Health and Newborn Care Lobby  
Hospital First Floor

Stop by for refreshments and information about breastfeeding!

### Pettis County Breastfeeding Coalition Community Baby Shower\*

**Aug. 7, 10 am–noon**

Centennial Park Pavilion

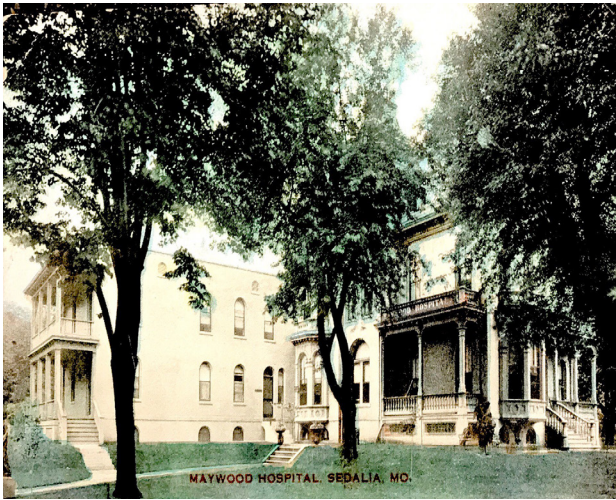
For families who are expecting or have children under age 2

*\*Bothwell Regional Health Center is an event sponsor*



**GET WELL. STAY WELL. BOTHWELL.**

To learn more, contact Janice Johnson, Bothwell certified lactation consultant, at [jjohnson@brhc.org](mailto:jjohnson@brhc.org).



## "REDISTRIBUTION OF HAPPINESS" One Postcard at a Time

A few weeks ago a letter arrived at the hospital and was opened by Annette Smith, administrative assistant to Rose McMullin, chief nursing officer. Smith read it and dropped it off with CEO Lori Wightman.

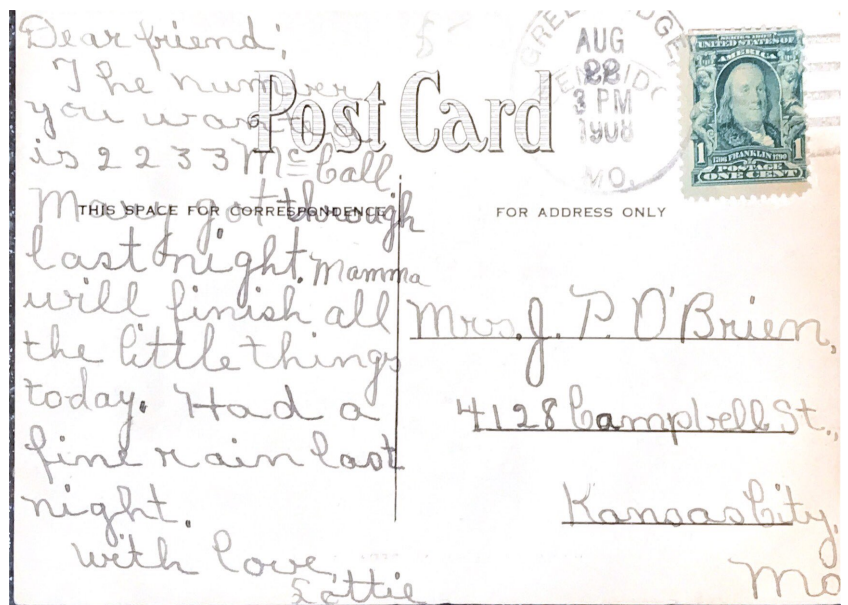
Smith sometimes receives personal letters from former patients or people in the community; however, this letter held a unique item — a 1908 postcard of Maywood Hospital, which operated in Sedalia from 1905 to 1915. It was located in the former mansion of A.D. Jaynes on the southwest corner of Broadway and Ohio. The letter writer was 93-year-old Lowell Joerg from Stockton, California.

Joerg's postscript was practically a dare in the age of the internet: "Oh, yes, my daughter says you can find me on GOOGLE but I never look."

Well, we looked and found an interesting story. Turns out Joerg has a unique hobby — collecting old postcards and returning them to recipients or someone connected to the image or cities of origin. One story written in 2015 said Joerg had been at his hobby for 25 years. Doing the math, he's now been finding and returning postcards for 31 years. Joerg said he calls his hobby a "redistribution of happiness."

The postcard, shown right, is addressed to Mrs. J.P. O'Brien of Kansas City, Missouri, and from "Lottie" with a postmark of Green Ridge, Missouri, and dated Aug. 22, 3 pm, 1908.

According to another story found by Google, only about 25 percent of people Joerg sends cards to replies. We plan to not only reply to thank him for sending the postcard but to share a bit of Bothwell's history and a few swag items. Plus, if you would like to donate \$10 to the Bothwell Foundation in Mr. Joerg's honor, we think he would get a kick out of knowing that his time and effort will ultimately support health care services in the community.



If you'd like to contribute, send your donation to Ann Green care of the Marketing/Foundation office on the second floor of the hospital by August 31. And Google Lowell Joerg. It will bring you a bit of happiness.

*Read Mr. Joerg's letter on the next page.*

July 13, 2021

Administrator  
Bothwell Regional Health Center  
601 E 14 St  
Sedalia MO 65301

Good Morning:

I was at an antique store some time ago and found this circa 1908 picture card showing your beautiful hospital of that era. I figured you might enjoy seeing it. How it got to California we'll never know.

At any rate, I hope it brightens your day.

The card itself is an old time classic. I said to myself, "By golly, I think I'll send it home where it can be appreciated." Our heritage is important to all of us. Lots of changes, I suppose. Enlarged and posted up it will create some nice conversation.

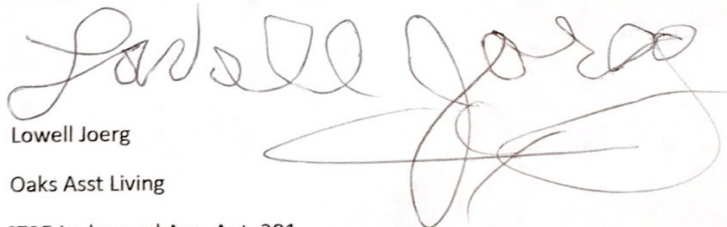
Well, I gave 6.00 for it so if you want it for 7.00 or 8.00 that would be o.k. with me. Throw in a little postage if you want, too. And yes, I do like souvenirs.

My wife used to laugh at me and say, "If you hear from them you'll have to take me to lunch."

On June 26<sup>th</sup> I celebrated my ninety-third birthday. I have to say "I just don't know where all that time went." But thankfully, I'm still going strong "as far as I know."

By the way, I like to call my little hobby a "Re-distribution of Happiness." Our world sure needs it.

Here's wishing you and your staff a happy and productive year,



Lowell Joerg  
Oaks Asst Living  
6725 Inglewood Ave, Apt. 201  
Stockton CA 95209

PS: Oh, yes, my daughter says you can find me on GOOGLE but I never look.



## PREGNANCY AND INFANT LOSS REMEMBRANCE DAY Pre-Order T-Shirts by Sept. 13



### Bothwell Foundation 2021 Pregnancy & Infant Loss Remembrance Shirts



\*T-shirts are unisex Bella brand shirts.

### Orders and Payment Due by September 13

Order online at <https://brhcfoundation.ejoinme.org/PILRD2021> or complete form below.

### Pregnancy & Infant Loss Remembrance T-shirt Order Form

Short sleeve shirts are \$15 and long sleeve are \$20. Orders due Monday, September 13.

Name: \_\_\_\_\_

Adult Shirt Size (unisex):

Department: \_\_\_\_\_

\_\_\_ Small \_\_\_ Medium \_\_\_ Large \_\_\_ XL

☐ Check here to pay with Payroll Deduction &

\_\_\_ 2XL \_\_\_ 3XL \_\_\_ 4XL

Provide Employee ID #: \_\_\_\_\_

Total Payment Due: \$ \_\_\_\_\_

Quantity / Style:

\_\_\_ Short Sleeve \$15 ea \_\_\_ Long Sleeve \$20 ea

Pay online at <https://brhcfoundation.ejoinme.org/PILRD2021> or turn in completed form and payment to the Bothwell Foundation/Marketing office or mailbox. Make checks payable to the Bothwell Foundation.

For more information, contact the Bothwell Foundation at ext. 7786.



## PREGNANCY AND INFANT LOSS REMEMBRANCE DAY

Save the Date, Friday, Oct. 15

October was named National Pregnancy and Infant Loss Awareness Month in 1988 by President Ronald Reagan. In 2006, Oct. 15 was declared a specific day of recognition following efforts by a group of miscarriage awareness activists led by Robyn Bear, who had six miscarriages of her own from 1997—1999.

At Bothwell Regional Health Center, staff in the Women's Health and Newborn Care unit have organized a local event to mark the day since 2019. That year, a lilac tree was planted west of the Education Center at 600 E. 14th Street.

This year's event is at 6:30 pm, Friday, Oct. 15 and will be held around the lilac tree. Refreshments will be available, and Dr. Michael Carozza with Bothwell OB/GYN Associates will give remarks. The lilac tree will be lit and attendees may light candles to remember all babies who are no longer here.

T-shirts are available to order using the order form (previous page) and proceeds will fund a paved stone path around the tree. Orders are due by Sept. 13.

While these babies' lives were brief, they were meaningful; and we will remember them together.

## FOUNDATION NEWS

### Life-Saving Devices Donated

The Bothwell Foundation donated over \$15,000 to purchase 25 hand-held Doppler devices that will be placed on every crash cart in Bothwell Regional Health Center. During a code there are times that a Doppler ultrasound is needed to assess and verify the return of a pulse. Having a device for every cart ensures that during a code one can be easily found and used quickly.



*Sarah Hopper, PCU/CCU unit manager, and Tammy Jackson, CCU director, pose with the new Dopplers*

## FOUNDATION NEWS

### Donate Blood to Help the Bothwell Foundation

#### The Bothwell Foundation needs you!

Support two organizations at once by donating blood at the Community Blood Center and help the Bothwell Foundation have a chance to win \$1,000.

You can register to give blood for the Bothwell Foundation now:

1. Go to [savealifenow.org/group](https://savealifenow.org/group) or click [https://donate.savealifenow.org/donor/schedules/sponsor\\_code](https://donate.savealifenow.org/donor/schedules/sponsor_code)
2. Enter Group Code: **EH4K** and change the date to **9/15/2021**
3. You will see, "Our 1st Annual Community Challenge Drive at Our Savior Lutheran Church." Click on the word "Schedule" and then register for a time that works for you.

*Read more details about the challenge drive on the next page.*



# 1<sup>st</sup> Annual Sedalia Charity Challenge

Wed., Sept. 15 | 10AM-6PM

**Our Savior Lutheran Church - 3700 W.  
Broadway Blvd**

**The nonprofit that recruits the  
most donors wins \$1000!  
Second place wins \$500!**

Book your appointment today at  
**[savealifenow.org/group](https://savealifenow.org/group)**, enter **Group Code: EH4K**.  
For additional details contact Erica Petersen at  
660.596.7688 or [erica.petersen@centralbank.net](mailto:erica.petersen@centralbank.net).  
**Medical eligibility questions? Call 1.800.688.0900**



Appointments are preferred.  
Masks are required for donors who are not fully vaccinated.  
For full list of COVID-19 safety protocols, visit **[savealifenow.org/coronavirus](https://savealifenow.org/coronavirus)**.



877.468.6844 • [savealifenow.org](https://savealifenow.org)



## AUGUST BIRTHDAYS



Gia Kuhns.....	1
Robin Holsinger .....	1
Heather Kaneko.....	2
Chase Belnap.....	2
Julia Vykhovanets .....	2
Susan Roe .....	3
Jody Pritchard .....	3
Erica Kammerich .....	3
Lisa Wells .....	3
Odjie Bautista .....	3
Shayla Mitchell .....	3
Kaytee Winsor.....	3
Stephanie Mallory .....	4
Kim Hagan .....	5
Dover Biery .....	5
Samuel Blanchard .....	5
Jami Sleeper.....	6
Olga Jaquez.....	7
Beth Everts.....	7
Madison Merrill.....	7
Bonnie Talbott.....	8
Daryl McNew.....	10
Debra Williams.....	10
Laura Darrah.....	11
Myra Wooderson.....	11
David White.....	12
Sara Jones .....	12
Sherri McCracken .....	12

Keyonna Buckner .....	12
Christy Harms .....	13
Tori Routon .....	13
Jani Kempf.....	14
Ernie Lancaster.....	14
Maria Nguyen.....	14
Stacy Riley.....	14
Ellen Stevens .....	15
Danielle Slocum .....	15
Courtney Lawson .....	16
Tracey Arwood.....	16
Maria Fernandez-Mercado .....	16
Laura Weisenburger .....	17
Yelena Yakimenko.....	17
Irina Borynets .....	18
Brittney Williams .....	18
Rebecca Smith.....	18
Tammy Jackson.....	19
Caitlin Weller .....	19
Bobbi Dorr .....	20
David Jasper .....	20
Arielle Stager.....	20
Margie Hartford .....	21
Lori Naber .....	21
Ruth Ann Cramer .....	22
Rob Ayers .....	22
Kathleen Rothwell.....	22
Lexie Felix .....	22

Janet Kindler .....	24
Jesse Craig.....	24
Julie May.....	25
Macy Lakins .....	25
Heather Keith.....	25
Rebecca Clifton.....	26
Kirsten Finnell.....	26
Maggie Schaffer .....	27
Ed Smith .....	27
Heather Woolery .....	27
Rose McMullin.....	28
Tiffany Lumpe.....	28
Christina Schnackenberg.....	29
Shelby Carney.....	29
Madison Littlejohn .....	29
Angie Longan .....	30
Samantha Candela.....	30
Ashley Hill .....	30
Kevin Butler .....	30
Torie Gates.....	30
Quincy Markham .....	30
Mary Wilson .....	30
Rocio Rodriguez .....	31