JUNE 2021 BILLBOARD



A MONTHLY NEWSLETTER FOR EMPLOYEES AND FRIENDS OF BOTHWELL REGIONAL HEALTH CENTER



ENSURING SAFE PATIENT CARE A Letter from Lori

PATIENT SAFETY IS EVERYONE'S BUSINESS

On June 15, we received the final report from The Joint Commission after the surveyors visited June 2–4 to see how we are meeting the 254 standards, 1,500 elements of performance and 11 National Patient Safety Goals the organization measures. We will have another on-site survey between July 4 and 19 by which time we need to have completed specific items that will be re-surveyed. The complete plan of correction must be turned in by Aug. 12.

A recurring comment I heard leading up to the survey and during the three-day visit was, "Oh, they will find something; they always do." I think the inference was the surveyors look for any tiny issue to report with many inconsequential.

While it may seem that some of the findings such as signed, dated and timed consent forms and other documentation issues are trivial, the surveyors do look for important standards that have the potential for harm such as whether equipment has been properly cleaned and disinfected. These infection control processes and procedures directly affect safe patient care and should be important to all of us.

In fact, infection control is the No. 1 and No. 2 most frequently cited standard across all surveyed hospitals. And according to the Centers for Disease Control and Prevention, each year about 1 in 25 U.S. hospital patients is diagnosed with at least one infection related to hospital care alone, and additional infections occur in other health care settings.

READ MORE ON NEXT PAGE►



SEE WHAT'S

WELCOME DR. GABRIEL ANDERS HEALTHY SUMMER EATING TIPS WE'RE HERE TO VOLUNTEER CONGRATS MAY EMPLOYEE OF THE MONTH JULY SCRUB SALE



ENSURING SAFE PATIENT CARE A Letter from Lori

It's also estimated that about 99,000 deaths occur each year as result of healthcare-associated infections (HAIs). So, yes, infection control is a big deal.

When our patients come to the hospital or our clinics, they have an expectation they will be cared for safely. They sometimes can't and shouldn't have to ask the people caring for them, "Have you washed your hands?" or "Has this equipment been cleaned?" These are things we simply must do in order to provide the safest care possible. In addition to our plan of action in response to the final report, we will be moving from **having** safety policies to **practicing** safety policies. In order to do that, we will work to decrease the number of overall policies to increase our chances of being successful.

Ensuring safe patient care is not just The Joint Commission's business, it's the business of everyone who works in the hospital and in our clinics.

COVID-19 DELTA VARIANT

We are experiencing an upward trend of COVID hospitalizations, which mirrors what is happening in the state. On June 23, there were six patients hospitalized, which is the highest number of hospitalizations since early February. Of those six, only one had been vaccinated, and all were under 60 years of age.

Variants of the virus have been emerging and circulating throughout the pandemic. The latest, called Delta, has been declared a "variant of concern" by the World Health Organization, and cases are doubling about every two weeks. The Missouri Department of Health and Senior Services issued a Health Advisory June 23. An important takeaway from the advisory is that the initial symptoms of this variant are a little different from the original virus and other variants. According to the advisory, "The top symptoms are headache, followed by runny nose and sore throat, while fever and cough were less common; loss of smell was not in the top 10. Most cases have been in young people who had not yet been vaccinated and that the variant appeared to be far more transmissible with every person infecting several others. Implications of these findings is that infected persons may not perceive themselves as having COVID-19 symptoms and not seek health care." Delta has been found in neighboring Johnson County and in hotspots in the state near the Lake of the Ozarks. I think it's safe to assume that it is also here.

The good news is that vaccines are proving effective against this new strain. The bad news is we still have a low rate of vaccination in our community and among our employees.

We know that many people are still hesitant to receive the vaccine. It's OK to have questions and it's equally important to be informed. If you have questions about the vaccine, I encourage you to talk to your provider and get facts and answers about how it can protect you and your loved ones from serious illness and death. We continue to offer once-aweek vaccine clinics at the Healing Arts Center and Truman Lake clinic in Warsaw. Bothwell Family Medicine Associates recently began offering vaccine to patients and Bothwell TLC Pediatrics is working on their process.

Just as we practice safe patient care standards to protect our patients, we should also protect patients by being vaccinated against COVID-19. We are the largest employer in the community, the major health care provider and a community leader. We need to ensure we are doing everything we can to keep our patients, our valued workforce and our communities safe.

Stay well. Be well.

WELCOME DR. GABRIEL ANDERS! Third Pulmonologist Joins Team

Bothwell Regional Health Center is pleased to announce Dr. Gabriel Anders, pulmonologist and board-certified sleep specialist, will join the medical team July 1.

Dr. Anders joins Dr. Dan Woolery at Bothwell Pulmonary Specialists and Dr. William Woolery at Bothwell Internal Medicine Specialists as the community's third pulmonologist. He will see patients with various types of lung diseases, breathing problems and sleep disorders.

Originally from Independence, Missouri, Dr. Anders received his Doctor of Osteopathic Medicine from A.T. Still University in Kirksville in May 2014 and completed three years of internal medicine residency at Mercy Medical Center in Des Moines, Iowa.

During residency rotations for intensive care, pulmonary and sleep medicine, Dr. Anders found his calling in pulmonology and sleep medicine. This prompted a fellowship in sleep medicine for one year at Mayo Clinic in Rochester, Minnesota, followed by three years at the University of Missouri-Kansas City. He said his interest in pulmonology and sleep disorders was founded from working in intensive care taking care of very sick patients with lung disease.



Dr. Gabriel Anders with his wife, Joy, and their children, Derek, Lexi and Ava. Anders joins Dr. Dan Woolery at Bothwell Pulmonary Specialists July 1.

"Lung disease can be very treatable," he said. "And knowing I can make a difference and help patients breathe better makes it very rewarding."

Dr. Anders is familiar with Bothwell and Sedalia as he did rotations here as a medical student in 2013 with Dr. Valtos in cardiology and Dr. Kuhlmann in sleep. He was drawn to practice in Sedalia because of proximity to family and Bothwell's diverse medical services, including progressive lung cancer services. He and his wife Joy, who is from Knob Noster, have three children, Derek, 8, Lexi, 5, and Ava, 4.

"Sedalia is the ideal spot for us," he said. "It's not the 'big city' and we are close to our families. We are looking forward to the new community center and currently enjoy hanging out as a family at Hubbard Park and Liberty Park pool. We're also excited to attend the Missouri State Fair."

EYEBOX[®] CONCUSSION ASSESSMENT TOOL Bothwell First in State to Offer New Eye-Tracking Technology

Last year, the FDA granted authorization for commercial use of the first tool that provides an **objective diagnosis of concussions.** Called EyeBOX®, the tool is the first and only FDA-authorized diagnostic for concussion that does not require a baseline test for children and adults. There are no language or age barriers to taking the assessment.

EyeBOX was developed by sisters Uzma and Rosina Samadani. Uzma was the chief of neurosurgery at Manhattan Veterans Administration Hospital when her research suggested a connection between brain injuries and restricted eye movement.



Administering the test is easy. The desktop-size EyeBOX has a video screen set

several inches away from a patient's chin and forehead and uses proprietary software to track eye movement as the patient watches a 220-second video. Eye movement is controlled by cranial nerves that are impeded by brain swelling after an injury.

During the test, the device collects and analyzes data to generate an individualized assessment called a BOX score. The numeric score is derived from the analysis of more than 100,000 data points collected during the exam and indicates whether abnormal eye movements are present. It not only diagnoses a concussion but can also suggest precisely where in the brain the injury has occurred, its severity and whether it's getting better or worse.

Implementation of the device is underway, and it will be housed initially at Bothwell Orthopedics & Sports Medicine. Lindsey Graham, certified physician assistant, will be the lead provider.



MAY EMPLOYEE OF THE MONTH Tammy Walker

Knowing the amount of physical, mental, emotional, social and financial baggage that accompanies cancer, Tammy Walker worked to help take over, rebuild and make Bothwell's cancer support group virtual.

Walker, Oncology Registered Nurse at Bothwell's Susan O'Brien Fischer Cancer Center is the May Employee of the Month. She was nominated by Kara Sheeley, Oncology Services director.

According to the Centers of Disease Control and Prevention, each year more than 1.6 million people are diagnosed with cancer in the United States and nearly 600,000 die from it. As cancer numbers continue to rise, it's important to have access to the needed

support. While family members, friends and caregivers are a critical part of a patient's experience with cancer, support groups allow people to be with others who have been touched by the disease in similar experiences.

During the height of the COVID-19 pandemic, Walker organized Bothwell's support group to be virtual and accessible for anyone needing it. A few meetings have been held, and Tammy has done an outstanding job hosting support meetings where patients and caregivers have a space to speak through struggles and emotions.

"Tammy has a beautiful gift for this and has done such a great job creating and maintaining a safe space in these meetings for the participants to find the support they need," Sheeley said. "I cannot wait until we are able to safely meet in person with these patients and see how the group grows and builds even deeper in their relationships and conversations."

Congratulations Tammy on being named May Employee of the Month!



FROM THE BOTHWELL{NESS} COMMITTEE Eating Healthier This Summer



1. Go easy on sugary drinks.

Enjoy iced tea and lemonade in moderation. Commercially sweetened iced tea has 80 calories per glass, lemonade has 99 calories and most commercial fruit juices are about 80 calories per 8 ounces, which is roughly the same amount of calories as a regular cola. When you're craving a sweet drink, dilute 100% fruit juice with an equal portion of water.

2. Keep the fresh in fruit salad.

Fruit may seem like a good choice – and it is – but not if your salad is filled with canned fruit soaked in syrup, loaded with whipped cream and garnished with mini marshmallows, as it often is at summer picnics. Make it healthier by using fresh fruit rather than canned and opt for light whipped cream or plain yogurt providing extra protein. Replace the marshmallows with banana or melon slices to add more sweetness.

3. Stick with healthier carnival foods.

Hot dogs are high in saturated fat, calories and preservatives and loaded with sodium. If you desire a savory meal, go for the chicken, turkey gyro or chicken kabob options. Chicken on a stick is also a healthier option. To satisfy a sweet tooth, ditch fried, sugar-topped funnel cakes and snack on kettle corn samples instead.

4. Go easy on the toppings.

Ending the day with a dish of ice cream can put your daily calorie intake over the top, especially if you choose a variety with added mix-ins. Instead of a giant sundae with lots of toppings, get a cone, the lowest-calorie option. Moderation is key.

5. Mind your chips and dip.

It's easy to lose track of how many chips you've eaten, and the fat and calories add up quickly, especially when you dunk them into a creamy dip. An ounce of potato chips contains 150 calories, and it's easy to mindlessly eat two to three times this amount. For a healthier option, chow down on sliced veggies with hummus or a yogurt-based dip instead.

6. Keep summer salads light.

Salads can be a great, low-calorie food choice, but also a major calorie bomb. To keep things light, top summer salads with low-fat dressing. A great substitute for mayo is homemade Greek yogurt.

BOTHWELLNESS

HEALTHY RECIPE TIP Chicken Stir-Fry with Snow Peas and Mixed Bell Peppers

Serves: 4

Serving Size: 3 ounces chicken and ¾ cup vegetables Prep Time: 15 minutes Cooking Time: 12 minutes

Ingredients

1/2 cup fat-free, low-sodium chicken broth 2 tablespoons plain rice vinegar 1 ¹/₂ tablespoons soy sauce (lowest sodium available) 1 teaspoon grated peeled ginger root 2 medium garlic cloves, minced 1/4 teaspoon pepper Cooking spray 2 cups fresh or frozen snow peas or sugar snap peas, trimmed if fresh or thawed if frozen 1/3 cup chopped green onions 1/2 medium red bell pepper, chopped 1/2 medium green bell pepper, chopped 1/2 medium yellow bell pepper, chopped 2 teaspoons canola or corn oil 1 pound boneless, skinless chicken breasts, all visible fat discarded, cut into bite-size pieces 2 teaspoons cornstarch 1/4 cup water

Directions

In a small bowl, whisk together the broth, vinegar, soy sauce, ginger root, garlic, and pepper. Set aside.

Lightly spray a large skillet or wok with cooking spray. Cook the snow peas, green onions, and all the bell peppers over medium-high heat for 4–5 minutes, or until tender-crisp, stirring occasionally. Transfer to a plate.

In the same skillet, heat the oil, swirling to coat the bottom. Cook the chicken for 4–5 minutes, or until no longer pink in the center, stirring frequently.

Return the snow pea mixture to the skillet. Stir in the broth mixture. Bring to a boil, still over medium-high heat. Boil for 1 minute, stirring occasionally.

Put the cornstarch in a small bowl. Add the water, stirring to dissolve the cornstarch. Stir into the chicken mixture. Cook for 45 seconds to 1 minute, or until thickened, stirring occasionally.

Source: https://www.knowdiabetesbyheart.org/ recipes/chicken-stir-fry-with-snow-peas-and-mixedbell-peppers/

RURAL LINC MEDICAL STUDENTS MU Students on Site for Year

Bothwell is pleased to welcome third-year medical students, Madison Bulger, Magdaleno (Mags) Gutierrez and Brittney Marshall as the first Longitudinal Integrated Clerkship (LINC) students. The three are in the University of Missouri School of Medicine Rural Track Pipeline Program and will live in Sedalia and work at Bothwell doing clinical training for one year. In contrast to a traditional block curriculum, the students will meet and follow their patients across multiple settings of care and different disciplines.

The rural LINC will include a variety of educational methods over the course of the year. Students will participate in the care of children and adults in outpatient clinics, the operating room and emergency department. They will be exposed to rural medicine and the unique challenges and benefits of providing care for the community.

LINC is a proven and successful method other medical schools across the United States have utilized for training medical students. Bothwell is the first to work with the University of Missouri, as LINC training is new in Missouri.

"It's a win-win opportunity and partnership for both Bothwell and MU," said Dr. Philip Fracica, Bothwell's chief medical officer. "The students' clinical goals will be met, and we have the opportunity to create relationships and show them what it's like to practice medicine in a rural setting."

The year of clinical training is meant to allow enduring learning relationships to develop with patients and physicianteachers. Additionally, there is less chance of burnout from medical students in this type of training, producing empathic, enthusiastic and caring health care providers patients want and need. Bulger, Gutierrez and Marshall all have an interest in caring for rural and medically-underserved populations and have a heart for these patients.

MEET THE LINC STUDENTS



Madison Bulger

Growing up in rural Harviell, Missouri, Bulger has seen firsthand when people in smaller communities are unable to access quality health care. She has always had a love for science, but in third grade her family was affected by the lack of medical care in her area. Her grandmother had lung cancer and was unable to receive the needed medical care in her region. This motivated Bulger to pursue medicine and learn as much as possible, especially through the opportunities LINC will present.

"I believe LINC will mimic real life more than the traditional block scheduling," Bulger said. She looks forward to establishing great connections with her preceptors at Bothwell while preparing for her fourth year and residency. Bulger is most interested in surgery, and is

eager for hands-on experience at Bothwell.

During her off time in Sedalia, Bulger plans to work out, research and learn more about surgery and spend time with her boyfriend in St. Louis.

READ MORE ON NEXT PAGE

RURAL LINC MEDICAL STUDENTS (CONTINUED) MU Students on Site for Year



Magdaleno (Mags) Gutierrez

Gutierrez has a unique perspective as he first attended law school and received his Juris Doctor from the University of North Dakota School of Law. While pursuing his degree, he took a health law class and wrote a paper on the new Affordable Care Act and its impact on providers and discovered he could better influence policy and have a direct benefit to patients' health by becoming a physician. Even though he is from the large city of Long Beach, California, his heart is with patients in rural America.

"LINC is a very patient-centered approach to medicine and it will help us as students to see a patient as a person, not as a diagnosis," Gutierrez said. "This way of learning will allow us to better maintain and grow our empathy, not lose it."

Guiterrez is excited to be in Sedalia during the duration of LINC as he can familiarize himself with where patients work, live and play. He enjoys being active through biking, hiking and working out. He likes to try new foods and is always open to restaurant recommendations.



Brittney Marshall

Marshall is amazed by science and the human body and has been since she was young. She comes from a family of caretakers in southwest Missouri, which helped support her love for people. Marshall completed the four-week Rural Track Summer Community Program at Bothwell in 2020, where she worked with Dr. Stephanie Lind at Bothwell TLC Pediatrics. She is excited to learn medicine from a holistic point of view versus a disjointed segmentation.

"We'll be able to follow a patient-unique perspective, which helps create connections and really allows us to get to know our patients," she said.

Marshall enjoys hiking and being outdoors and spending time with her dog and husband of one year. She looks forward to learning more about Sedalia and attending a concert or two at the Missouri State Fair.

COMMUNICATION CORNER Timed Order Issues Found on TJC Survey

During the recent Joint Commission survey, the surveyor reviewed multiple medical records and found a pattern with signing, dating and timing of consents. The Medicare Conditions of Participation state that, "A properly executed informed consent form for the operation must be in the patient's chart before surgery, except in emergencies".

In order to be "properly executed" the consent has to be signed, dated, and timed by the practitioner who is performing the procedure as this verifies that the patient is aware of the risks, benefits, alternative to treatment as discussed by the provider prior to the procedure.

PATIENT SAFE HANDLING INITIATIVE Effective Ways to Prevent Back Injuries

Health care workers have challenging, yet rewarding jobs. Unfortunately, work-related injuries do happen due to the physical demands of the job.

According to the Centers for Disease Control and Prevention, injuries among health care workers often happen because of the heavy lifting that's involved with repeatedly handling and lifting patients. However, this doesn't mean workers have to endure back problems. Here's a checklist of ways to prevent back injuries:

- · Perform environmental checks and nursing rounding
- Create and sustain a safe, clean environment
- Interdisciplinary communication regarding patient ability to transfer
- Anticipate and utilize safe handling equipment for both patient and staff safety
- Use non-skid socks
- Use a gait belt
- Utilize safe handling techniques and proper body mechanics

Body mechanics is defined as movements and exercises designed to improve posture, coordination and stamina. When those with poor body mechanics move, their spine is subjected to abnormal stress, which could cause spinal disc degeneration over time. That's why it is essential to utilize proper body mechanics, as listed below, when handling patient transfers.

- Suck in the belly and bottom to provide a muscular corset, stabilizing the spine
- Keep the back straight during transfers. Slouching and hyperextending can put pressure on the spinal nerves.
- Transfer to the patient's strong side, allowing the patient to assist more and resist less.
- Block at least one of the patient's knees during stand-pivot transfers. This gives the patient a "good leg to stand on" and prevents knees buckling.
- · Never twist the back when transfering.
- Reduce friction to prevent skin breakdown. Use a lift pad or lateral transfer mat as needed.
- Push instead of pull.
- Use your legs, not your back.
- Always remember, if it takes two people to transfer a patient, use a lift device.

To find more information and examples of lifting protocols and injuries preventions on the intraweb, go to the Patient Safe Handling Fall tab.

CNA CLASSES FORMING SOON Limited Spots Available

Want to be a Certified Nurse Assistant? We offer paid on-the-job training, classroom work from the comfort of your home and hands-on training. Full- and part-time positions are available. To apply or learn more information about classes offered, visit brhc.org or call Laura Weisenburger, Nurse Education/Recruiter at 660.829.7758.

EMPLOYEE ENGAGEMENT Join the Employee Engagement Committee

Formed in October 2020, the Employee Engagement Committee meets once a month to work together to create projects, activities and events to encourage employee engagement.

Projects we've successfully completed over the last eight months:

- Holiday sharing project benefitting Bothwell team members in need of assistance
- Gathered employees to assist with the Salvation Army bell ringing
- Hosted our own "Soup"er Bowl event to collect cans that were donated to Open Door
- Created a slideshow to honor our employed veterans
- Hosted our own March Madness and Luck of the Irish 50/50 raffles
- Planned and carried out Hospital Week
- Created a Facebook group for employees to buy, sell and trade items
- Held a 50/50 raffle fundraiser to benefit Mercy Rest Stop

The committee's next focus will be coordinating an Employee Service Awards event. Additionally, planning and building a float in the annual Sedalia Area Chamber of Commerce Christmas Parade is on the horizon.

We are looking to expand our number of committee members. If you are interested in joining, please contact Mary Holloman (ext. 9542) or Linda Watterson (ext. 9540).







Want free entry with a parking pass to the 2021 Missouri State Fair? Join us for Bothwell Volunteer Day at the fair from 9 am - 9 pm, Saturday, Aug. 14.

AS A VOLUNTEER YOU WILL:

- Get a free T-shirt
- Assist with water and souvenir sales
- Help Bothwell with community outreach
- Enjoy the Missouri State Fair!

To sign up, please contact Ann Green in Marketing at agreen@brhc.org, ext. 8855 or click on the link <u>https://www.signupgenius.com/</u> <u>go/8050e49a9af2ca3fe3-bothwell3</u>

WALK IN CLINIC VIRTUAL CARE VISIT WITH A PROVIDER ONLINE IN MINUTES!



Too busy? Can't leave your children? Unable to leave your home?

Try a virtual visit at Bothwell's Walk In Clinic!

See a physician or nurse practitioner in minutes for cold and flu symptoms, seasonal allergies, COVID-19 symptoms, ear and sinus infections, pink eye, UTIs, minor burns and rashes, insect bites, and more. It's a great option for care when your own provider isn't available!

Why choose a virtual visit?

- They're easy and convenient!
- ✓ They're private and secure!
- Visits are confidential, and none of your information is shared.
- ✓ Use your desktop, laptop, tablet or smartphone!*
- There's no software to download or account to create. *Internet connection, camera and microphone required



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660.827.7900 | brhc.org

Ask us how to schedule your virtual office visit!

WANT TO SAVE MONEY? NEED TO SAVE MINE MEET

DO BOTH BY SWITCHING YOUR SCRIPTS TO THE BOTHWELL EMPLOYEE PHARMACY

You can enjoy substantial savings and conveniences with the Bothwell Employee Pharmacy compared to other retail pharmacies.

- Diabetic medications have \$0 copays
- Albuterol inhalers are \$10 for a three-month supply
- Specialty medications (Humira, Taltz and more) are covered
- Generic blood pressure meds max cost of \$10 each
- We'll help you find coupons to save even more
- Over-the-counter items for your on-the-go needs
- Easy and confidential processes
- Hassle-free transfer; we do all the work!

Call Pharmacist Jessica Moon at 827.9495 or stop by the pharmacy location on the hospital's ground floor to learn how much money you could be saving.



Hospital Ground Floor | 660.827.9495 7 am–4:30 pm Monday–Friday | Closed for lunch 11–11:30 am

L HOW MUCH DO I LOVE THE Employee Pharmacy... Oh, let me count the Ways! 77

"In the change of a day my family went from no regular prescriptions to hundreds of dollars a month in pharmacy prescriptions. March 13, 2020, our daughter was diagnosed with type 1 diabetes. With two types of insulins, needles, testing supplies, and her continuous glucose monitor, we were spending well over \$300 per month in copays for diabetic medications and supplies at a "big box" pharmacy.

This January we transferred her prescriptions to the Employee Pharmacy, and it truly brought tears to my eyes. Not only have they been a dream to work with, but all of Mya's diabetic drugs and supplies are now covered at 100%!

On top of that amazing perk, I have utilized the Employee Pharmacy for other one-time fill prescriptions that have all been so much cheaper than the copay at the big box pharmacy and visited it for migraine relief during the day."

> — Kara Sheeley, BHS, RT (R)(T) Director of Oncology Services

AUXILIARY NEWS Cave Folk Creation Trees Again Available in Gift Shop

Trees range from \$35 to \$90 and are handcrafted and designed by Dr. Douglas Kiburz and Kevin Daniel. Cash, check or payroll deduction is available.

The Bothwell Gift Shop is open from 9 am–6 pm Monday-Friday, 10 am-2 pm Saturday, and 1–5 pm Sunday and is operated by the Bothwell Auxiliary. The revenues raised by sales are donated to the hospital for various projects and medical equipment. The Gift Shop is located on the first floor of the hospital near the main lobby, and the phone number is 660.827.9548.



MEMORIALS AND DONATIONS

IN MEMORY OF MARTHA BRIDGES Bothwell Auxiliary IN MEMORY OF JANICE CAVE Bothwell Auxiliary IN MEMORY OF ANNA CRAIG Bothwell Auxiliary

NEW EMPLOYEES May

Kassidy Abney Nursing Administration

Esther Bush *Progressive Care Unit*

Kristi Cornell Bothwell Orthopedics and Sports Medicine

Bailey Coyer Nursing Administration

Tammy Cruciotti CT Scan

Vickie Eads Clinic Billing

Morgan Fiest Radiology

Mahogeny Foster Dietary **Chloe Fuhrman** Nursing Administration

Trinity Green *Nursing Administration*

Madison Hendricks Same Day Surgery

Rik Hill Anesthesia

Shannon Hoey *Case Management*

Shaina Howatt Bothwell Family Medicine Associates

Kevin Kares Plant Services

Sylvia Lawson-Cook Social Services Jorge Marcos Dietary

Quincy Markham *Administration*

Danielle Mefford Centralized Scheduling

Fadia Mohamed Laundry

Erin Purchase Bothwell TLC Pediatrics

Shari Riley *Emergency Department*

Rebecca Smith Laundry

Arielle Stager Surgery **Rebecca Starkey** Health Information Management

Dillon Uhls Nuclear Medicine

Mindy Vesperman Emergency Department

Sarah Wandersee Nursing Administration

Tracy Ward *Patient Financial Services*

Caitlin Weller Bothwell Orthopedics and Sports Medicine

KEY AWARDS

Josefina Theisen Stacey Nassar Carrie Brown Cassie Deitt Amanda Newsom Todd Nappe Randy Kriesel Daniel French Sandra Jerome

\$25

Ashley Barnes Clarissa Burke Carly Hovendick Brenda Adams Kaela Reeves Rachel Gammill Deana Goalder Priscilla Tatman Susan Lamb Chelsey Pottorff Anna Herring Erica Kammerich Whitney Wessing Dakota Arnold Nathan Porter Steven Privett James Neal Alex Kresse

\$15

FOUNDATION NEWS Reserve Your Umbrella and Auto Shade

Bothwell Umbrella

Stay dry with a 62" dual canopy umbrella, with a soft-grip handle. Get one while they last!

Bothwell Auto Shade

Keep your vehicle cool on those hot days with this new item. Supplies will be limited, so order one now and beat the heat!

Complete and send your order form to reserve your umbrella or auto shade today!

https://www.brhc.org/foundation-giving/logo-wear/

GET WELL. STAY WELL. BOTHWELL.

Bothwell



N'STYLE UNIFORMS SCRUB SALE



July 22 9 am – 5 pm Bothwell Café

Melissa Rice | N'Style Uniforms Mobile & Online Uniform Sales | 816.716.3196 | nstyleuniforms.com

GET WELL. STAY WELL. BOTHWELL.

APPLY NOW \$2,500 Scholarship

FINANCIAL SUPPORT TO EARN YOUR DEGREE!

One \$2,500 Nursing scholarship will be awarded from the Bothwell Regional Health Center Auxiliary.

Applications are available beginning June 1 in the Bothwell Regional Health Center Gift Shop. The deadline to apply is July 30.



GET WELL. STAY WELL. BOTHWELL.

BIRTHDAYS

Randy Kreisel1
Tristan Rother 2
Amber Meinershagen 3
Mary Mittenburg3
Maggie Sparks3
Randy Smith 4
Julie Snow 4
Alex Schlobohm4
Dena Jenkins5
Christy Wilckens 5
Connie Roll6
Mark Harms 6
Mike Ashford6
Tanner Fuemmeler 6
Jonathan Beckman6
Kerry Glenn7
Hazel Ortiz Lopez8
Patty Bock9
Sarah Wandersee10
Jennie Vanderlinden 10
Larry Whipple 10
Barb Grechus 10
Crystal Hoyes 10
Ashely Walters10
lesha Sayers10
Stephanie Bass 11
Bailey Norman11
Bailee Vinson 11



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Adam Schreck23
Helen Thoele 24
Dr. Steven Eldenburg24
Daniel French25
Amy Pangburn 25
Alicia Staus25
Ray Ross25
Casey Marker 25
Chelsey Pottorff25
Morgan Shockley25
Kristen McCullough 26
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