

“As we look ahead, we remain committed to advancing healthcare in meaningful ways, ensuring that every patient receives the best possible care.”

— Marvin Smoot

A Year in Review

Guest Letter from Marvin Smoot

Dear Bothwell Team,

As I approach my first anniversary at Bothwell, I've spent some time reflecting on all that has transpired over the past 12 months. Looking back, I'm filled with pride and gratitude for all we've accomplished together. Our efforts and dedication have made an indelible impact on the health of our community and on the future of Bothwell Regional Health Center. I will take this moment to celebrate some of the incredible successes that are shaping our journey forward.

Over the past ten months, we've made remarkable strides in recruitment. We have successfully signed or onboarded 23 physicians and Advanced Practice Providers (APPs), thanks to the tireless work of our recruitment team. Among our new team members are a dermatologist, a Family Medicine physician with a Sports Medicine fellowship, a Family Medicine doctor with a fellowship in Osteopathic Manipulative Treatment (OMT), and several experienced APPs joining our walk-in clinic.



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601 East 14th Street
Sedalia, MO 65301

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EDITOR

Dana Kelchner

DESIGN

Callis & Associates

SUBMISSIONS

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each month for that month's issue
to dkelchner@ecallis.com or
dkelchner@brhc.org.

A Year in Review (Continued)

We are also pleased to announce that an internal medicine physician will join us in maintaining an ambulatory practice, ensuring continuous care for our patients' ongoing needs. Additionally, multiple physicians are already signed to start in 2025 and 2026, demonstrating our long-term commitment to meeting the healthcare needs of Pettis and Benton Counties. This growth represents both our strategic vision and a tangible step toward expanding access to high-quality care across our community.

In this season of transition, I recognize Dr. Bill Woolery, who will retire at the end of the year after an extraordinary 42 years of dedicated service. Dr. Woolery has touched countless lives and leaves a lasting legacy of compassion and excellence in patient care. We are grateful for his decades of commitment and wish him all the best in his well-deserved retirement.

This year has also seen significant developments in our facilities and services. We proudly introduced a new dermatology service, and the Wound Clinic earned the prestigious President's Award from Healogics for the first time—a testament to the exceptional care and dedication of our team. Furthermore, the purchase and renovation of both the Van Dyke and BFMA buildings have provided modernized spaces that enhance our capacity to serve our patients with greater comfort and accessibility.

In addition, the establishment of our Population Health team and the promotion of several directors have strengthened our clinic leadership and aligned our efforts across all clinic and hospital departments. These achievements underscore the importance of our clinics and the unity of purpose we share with the entire Bothwell Regional Health Center.

I thank each of you for the compassion, skill, and resilience you bring to our work every day. As we look ahead, we remain committed to advancing healthcare in meaningful ways, ensuring that every patient receives the best possible care. Let's continue to build on this year's successes and move forward with excitement and purpose.

Thank you for your dedication and for being part of this journey. Here's to a year of even greater accomplishments, new milestones, and continued alignment in serving our community.

Warm regards,

Marvin Smoot

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opportunity employer and accredited by the
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Safety Rounding Tracker

Period 1: 06/01/24 – 09/30/24



Since May 2021, the Senior Leadership Team (SLT) has been regularly rounding on all departments and clinics. SLT members connect with frontline staff and ask questions ... all with the goal to enhance a climate of trust, discuss progress on performance metrics, identify issues that need solutions, recognize accomplishments, remove barriers to communication and process improvements, strengthen accountability, and provide opportunity for SLT members to learn about quality and safety in all departments. The Rounding Tracker charts what was discussed and the status of solutions. The tracker will appear regularly in the Billboard.

ORIGINATING DEPARTMENT	ROUNDED	DESCRIPTION	ASSIGNED TO	ASSIGNED TO (ADDITIONAL)	PROGRESS	START	OUTCOME
WOUND CENTER	Dr. Phil	Below on 8 hours of provider staffing	Marvin	---		1/18/24	Marvin working out a solution with Dr. Dallo
EDUCATION	Steve	Installing cameras outside Education Center and Healing Arts Center	Bob	Nightwatch		1/30/24	Waiting on outside vendor. Bob will also create a camera assessment plan.
PCU	Dr. Phil	Difficulties charging drugs from Omnicell. The system will charge for two vials even if only one is pulled out. They suggested that the machine charge on scan instead of charge on dispense.	Dr. Phil	Cole S.		1/30/24	Dr. Phil talking to Cole about creating a multidisciplinary group and creating a charter
OR	Michele	Creation of a multidisciplinary group to develop a more permanent solution with directing OR patients in the morning	Michele	---		2/6/24	Sign was placed upfront, yet still needs additional work
DIETARY	Lisa	Staff would like a panic button to call for help at cash register, if needed.	Lisa	---		3/12/24	Waiting on quote for Lynxicon button
CCU	Michele	The three doors for entry do not have locks - safety concern.	Michele	---		7/9/24	
OB	Lori	Staff reported that they have had patients with two Spanish dialects that are not covered with our translation services.	Lori	Maggie		7/16/24	Maggie will see if Propio can provide translation services
CCU	Michele	Wallpaper is coming off the wall in CCU.	Michele	Rudy/Lucas		7/23/24	

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Safety Rounding Tracker (Continued)

Period 1: 06/01/24 – 09/30/24



ORIGINATING DEPARTMENT	ROUNDED	DESCRIPTION	ASSIGNED TO	ASSIGNED TO (ADDITIONAL)	PROGRESS	START	OUTCOME
WINCHESTER	Lori	Check in Kiosk	Lori	Tom		9/24/24	Lori gave Tom a note to see if there is a way to fix the reboot screen
WINCHESTER	Lori	Window seal broken	Lori	Rudy		9/24/24	Lori sent a picture to Rudy to get the seal fixed
WINCHESTER	Lori	Computer not logging into the intraweb	Lori	Tom		9/24/24	Computer was missing cable to connect to intraweb. Other computer had no speakers or headphones
BFMA	Lori	Temporary signs and keypad	Lori	Rudy			Rudy is getting signs and keypad
BFMA	Lori	Signage outside of BFM still has ENT/Neuro	Lori	---		9/24/24	Sign needs to be changed

ORIGINATING DEPARTMENT	ROUNDED	DESCRIPTION	ASSIGNED TO	ASSIGNED TO (ADDITIONAL)	PROGRESS	START	OUTCOME
OBGYN	Steve	Additional security hours	Lisa	---		5/22/24	Hired one PRN and full time officer
DME	Marvin	Safety is a concern, communication via email and knowing where the panic button is.	Marvin	---		9/18/24	Marvin is working with Kevin to maintain safety, communication via email and additional training on events.
HEALING ARTS	Steve	Cameras were installed outside of the Healing Arts Center	Bob	Nightwatch		10/15/24	

HOT TOPICS

Hot topics are the ones generating interest and debate in the Café, in break rooms, in offices or hallways. Whether you call them water-cooler conversations or “hey, what’s going on” questions, here’s where you’ll find answers and information.



LIVE UNITED



Pledge forms for the United Way campaign have been sent to each department and clinic and can be returned to Human Resources when completed. If you prefer to complete it electronically, use the QR code or PDF form. The campaign will run from **Nov. 1 to Jan. 3.**

Mark your calendars for the bake sale **Nov. 12 from 8 am – 2 pm.** Donations of baked goods are needed.

Planning for the Future

One of the most important elements of an organization’s brand is its Mission Statement, Vision Statement and Values. These fundamental ideals are the foundation needed to build a long term strategic plan. Over the last few weeks, many members of the Bothwell team have been meeting, sharing thoughts and ideas, creating and analyzing words and phrases that when paired together, have become our new mission, vision and values. A few days ago, the Board of Trustees formally adopted them, and going forward, you’re going to be seeing and hearing a lot more about them as they become our north star for the future.

WE ARE BOTHWELL.



Mission

Together, we work to provide compassionate and safe care to our family, friends and neighbors, while remaining proudly independent.

Vision

Our health care team will be our region’s first and most trusted choice for care.

Values

Our values inspire our behaviors, which create who we are to each other every day.



Community
*Our community
is our family*



Integrity
*Integrity is
our reputation*



Purpose
*Our purpose,
your care*



Joy
Joy is our strength

Why Hospital Employees Should Make Their Voices Heard In Elections

Voting Day is Nov. 5

Hospital employees play a crucial role in the health and well-being of their communities. Throughout Missouri's hospitals and health care systems, staff not only provide care for their patients but also advocate for them.

However, beyond the walls of the hospital, another place exists where health care workers' voices can make a huge difference in their patients' lives: the voting booth.

[READ MORE ►](#)

ON THE BALLOT IN 2024

- President of the United States
- 33 of 100 seats in the US Senate
- All 435 seats in the US House of Representatives
- Governor
- Lieutenant Governor
- State Representative
- Several State Constitutional Amendments

Your vote matters.

Source: I am a [voter](#).

A Lifelong Connection to Bothwell

A longtime patient and supporter of Bothwell Regional Health Center, Carolyn Thomas, recently visited with Carla Humphreys, Patient Access Clerk, and told of her decades of experiences she has had at the hospital. From her brother's birth in 1941 to broken bones, polio scares, appendicitis, the births of her two children, surgeries, emergency room visits and a number of other hospital memories, Carolyn and her family have seen Bothwell evolve over the years.

As a young child, she said she remembers walking the halls and seeing the iron lung, which was considered to be the best cure for polio. Carolyn's admiration for Bothwell providers and witness to the innovations we have made are a testament to the hard work of our staff each day.

Thanks, Carla, for making an impression on this patient and asking to hear her story.



Carolyn Thomas

Queen City CAPS



Hello everyone, my name is **Kelsey Thomas** and I am a 16-year-old junior! I'm born and raised in Sedalia and I attend Smith-Cotton High School.

From a very young age I have always been interested in the medical field. Whether it was pretending to bandage up my fake baby dolls, or helping take care of sick loved ones, I've always been passionate about this career field and helping others. From this experience, I hope to learn and potentially decide what I would like to truly pursue in the future! I hope I am able to learn and pick

out both my strengths and weaknesses as well as make strong connections throughout the hospital. In just a few short years I hope to attend State Fair Community College here in Sedalia! From there, the goal is to go through and pass their nursing program, and then find a job doing what I love.

I have always been extremely interested in pediatric nursing as well as women's health; however, this program has made me realize I am also extremely interested in everything mental health!

I have been lucky enough to experience some amazing preceptors throughout the hospital! Everyone has been so kind, welcoming and eager to teach. As a whole, us CAPS associates truly appreciate it! With that being said, shout out to the team down in the CCU – **Katie, Mattie and Wendy!** As well as **Kiwi and Jennifer** in Social Services. Again, thank you all!



My name is **Bridger Belnap**, I am 16 years old and in the 11th grade. I am originally from Rupert, Idaho, and currently live in Sedalia.

My dad has worked in health care for years, which sparked my interest in the field. I'm motivated by the opportunity to help people during challenging times and to see their progress in recovery. I want to gain essential medical knowledge, including anatomy and patient care techniques, as well as develop skills in communication and teamwork to effectively support patients in my future career.

I hope to attend the University of Missouri (Mizzou) because of its strong health care programs and research opportunities that will help me grow as a future health care professional.

Watching a procedure in the operating room with **Dr. Evan Stout** was an eye-opening experience. I was impressed by the precision and teamwork involved, and it highlighted the impact of surgical intervention on patient recovery. Dr. Stout was incredibly welcoming and explained each step of the procedure clearly. His passion for his work was evident, and he took the time to answer my questions, deepening my understanding of the field.

RECOGNITION

Recognition acknowledges exemplary individual and team efforts, how we volunteer in support of our community and kudos. From awards to shout-outs, this is the place to celebrate and show appreciation.



KEY AWARDS

SEPTEMBER

Joyce Woods
Kendra Baumgartner
Heather Woolery
Olga Silchuk
Shelda Jean
Esther Zimmerman
Melissa Dillon
Dee Dee Gilmore
Tina Wheeler
Rita Foster
Vlad Surguy
Alyson Wilson
Stacy Riley
Annabelle Isenburg
Shawna Asbury
Rebecca Calhoun
Carrie Boissoneau
Ramie Nesmith
Dr. Steven Eldenburg
Heather Hawkins
Rocio Rodriguez
Becky Leiter
Ronnie McClure
Stephanie Meyer
Katherine Paul
Clarissa Burke
Heidi Alejandro

Employee Recognition Luncheon

Human Resources recently hosted a luncheon to recognize employees who reached career milestones in 2023 and announce the 2023 Employee of the Year. Support staff, nurses, advanced practice providers and physicians were honored for their years of service to the organization and 12 employee of the month recipients were recognized. Members of the Bothwell Board of Trustees presented employees with service pins and certificates.

Congratulations to all!



5 Years – Front row, Becky Calhoun, Jen Hofstetter, Megan Ray, Shari Thomasson, Kay Schnack and Chele Trammell; back row, Todd Nappe, Justin May, Kaylei Gooch, Tanner Fuemmeler, Debbie Bredehoeft, Shelley Hotsenpiller and Jessica Moon; not pictured, Shelbi Bishop, Bob Blacklock, Katelyn Buxton, Cozetta Chalfant, Janna Crowder, Erick De Guzman, Ann DeFusco, Becky Eldenburg, Rachael Free, Nicole Griph, Katie Hill, Tim Jackson, Amelia Jacobs, Samantha Kelly, Amy Kirkman, Rosa Lairmore, Lee Anne Marquez De Guzman, Tabbatha May, Rachel Mittenburg, Bailey Norman, Audi Ruffel, Heather Sadler, Kirstin Stone, Dr. Evan Stout and Suzy Trapino



10 Years – Gerald Young, Stephanie Johnson, Diane Bergman, Courtney Price, Katy Kuschel, Patti Fitzpatrick, Brad Cluff and Gina Staus; not pictured, Brooke Allee, Clarissa Burke, Lauren Cox, Sarah Frederickson, Lori Garrett, Dawn Gehlken, Tammy Hankins, Michele Laas, Amber Meinershagen, Tara Przybylski, Lindsay Rasa, April Ream, Amy Ritzo, Kermit Stultz and Rockie Werneke



15 Years – Judy Davis, Emily Kullman, Becca Dowell, Joy Knox, Mackenzie Hoffman, Bev Crawford and Mary Holloman; not pictured, Carlos Alegarbes, Jr., Sarah Hopper, Christine Kinshella and Sonjia Sapp



20 Years – Robin Wagenknecht, Donna Cline, Linda Eckhoff, Leah Hermanson, Natalie Paxson, Kathy Woolery, Leslie Stevenson and Rod Perez; not pictured, Trudy Clawson and Pam Oswald



25 Years – Ray Ross; not pictured, Lori Bressie and Daryl McNew



30 Years – Joe Velando, Teresa Mitchell, Marc Dougherty, Teresa Frazier, Stephanie Gleason and Diana O'Connor



35 Years – Kerry Glenn, Mimi Johnson, Teresa Luyet and Dr. Jeffrey Sharp; not pictured, Melanie Davis, Dr. Kelly Edwards, Karla Heimsoth, Mark Johnson, Dr. Douglas Kiburz and Muffy Potts



40 Years – Eric Hopper, Regina Lawson, Jeanne Waters and Brad Nicholson



45 Years – Mike Simon and Teri Schilb



50 Years – Brenda Adams

2023 Employee of the Year

Congratulations, Christina Swank

As part of its Employee of the Month program, Bothwell recognizes employees for their excellence in supporting its commitment to exceptional, quality care and demonstrating the Four Key Basics: safety, courtesy, professionalism and efficiency.

Christina Swank, December 2023 Employee of the Month, was named the 2023 Employee of the Year at the annual employee recognition luncheon. Swank, RN, Emergency Department charge nurse, was nominated for her skillful, fast-acting patient care.

Swank was nominated by Dr. Daren Olmsted, Emergency Department physician, who described her as “an ED hero” when a patient came to the ED with a traumatic hand injury. Swank provided care that prevented the need to transfer the patient to another facility for higher-level care.

“Christina did an excellent job caring for a trauma patient who had cut his hand with a chainsaw,” Olmsted said. “It was time-critical to remove the patient’s ring from his finger. The patient said we could never cut the ring due to its thickness and material composition. Christina was skillful, patient and methodical and saved the day.”



2023 Employees of the Month



From left, Rob Wideman, Christina Swank, Ann Martin, Shelby Osburn, Victorie Hoover, Lori Gano, Jessica Moon and Melissa Dillon; not pictured, Debbie Williams, Alexander Hoff and Megan Stampe

January

Shirley Schlobohm

Nurse Staffing Secretary
Nursing Administration

February

Melissa Dillon

Cancer Center Secretary
Bothwell Susan O'Brien Fischer
Cancer Center

March

Debbie Williams

Emergency Care Technician
Emergency Department

April

Jessica Moon

Pharmacist
Employee Pharmacy

May

Lori Gano

Registered Nurse
Bothwell Wound Center

June

Alexander Hoff

Building Maintenance Mechanic
Facilities Management

July

Megan Stamps

Registered Nurse
Progressive Care Unit

August

Victorie Hoover

Patient Access Specialist
Admitting

September

Shelby Osburn

Emergency Care Technician
Emergency Department

October

Rob Wideman

Chief Nuclear Medicine Technologist
Radiology

November

Ann Martin

Registered Nurse
Cath Lab

December

Christina Swank

Charge Registered Nurse
Emergency Department

Thanking Our Veterans

Veterans Day is **Nov. 11**, the day for honoring those who have served in the U.S. Armed Forces. It was originally named Armistice Day to celebrate peace and the end of World War I. In 1954, it was renamed Veterans Day to include all current and former members of the armed forces. We are pleased to recognize these Bothwell colleagues who served or are serving our wonderful country.

If you are a veteran or active-duty military and would like to be added to this list, please contact Melissa Guffin, Employee Engagement coordinator at extension 9406.

On behalf of everyone at Bothwell, we thank you for your service.

Rob Ayers

Administration: Chaplain
USAF, Sergeant E4
1987–1992

Lynh Best

Progressive Care Unit: RN
US Army Nurse Corps, Captain
1991–2001

Bob Blacklock

Security: Director
USAF, Senior Master Sergeant
1984–2012

Kenneth Blen

Security: Officer
US Army, Sergeant
2001–2022

Dr. Lara Briseno-Kenney

Oncology: Hematology Oncologist
US Army, Major
2004–2011

Jessica Bronson

Pathology: Section Lead
US Navy, E4
2001–2005

Kevin Butler

Bothwell Medical Equipment:
Medical Assistant
USAF, Technical Sergeant
1981–2003

Gerald Campbell

Plant Services:
Boiler Room Mechanic
US Navy, E5 MM2/SS
1989–1995

Dr. Michael Carozza

Bothwell OB/GYN Associates:
Physician
USAF, Major Physician
2006–2009

Brandon Cornine

Bothwell Infusion & Procedure
Center: RN
US Army, Sergeant
2003–2009

Shane Cowgill

Plant Services: Building
Maintenance Specialist
US Army National Guard, Sergeant
1996–2011

Cheryl Currier

Medical/Surgical Unit,
2 Southwest: RN
US Navy, E5 Rate Machine Repairman
1992–2005

Andrew Darrah

Information Systems: Hardware
Specialist
USAF, Technical Sergeant
1981–2003

Dr. William Decker

Oncology: Radiation Oncologist
USAF, Major
1991–2004

David Desmond

Security: K9 Officer
US Army, Specialist
2014–2019

Aaron DeVorss

Security: Officer
US Army, Specialist
1999–2002

Eva Eubanks

Clinic Billing: Coding/Compliance
Coordinator
US Navy, HM3
1979–1983

Tom Fairfax

Information Systems: Director
US Army, Staff Sergeant
1983–1990

Gwen Fields

Nursing Administration:
Patient Care Coordinator
US Army, PFC in Germany
1974–1976



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Thanking Our Veterans (Continued)

Dr. Steve Foster

Bothwell Urology Services: Physician
US Navy, Captain 0-6
1962–1994

Austin Freed

Admitting: Registration Manager
US Navy: E4
2017–2023

Khristian Green

Admitting: Patient Access Specialist
US Army, Specialist
2012–2023

Tyler Hanisch

Security: Officer
US Marine Corps
2012–2017

Eileen Hensley

Bothwell Internal Medicine
Specialists: Receptionist
USAF, A1C
1991

Rik Hill

Anesthesia: CRNA
US Army, Captain
1981–1994

Valerie Honoshofsky

Registration: Patient Access Specialist
USAF, E4
2016–2022

Timothy Jackson

Security: Officer
USAF, Technical Sergeant
2007–2019

Michael Jones

Lab: Medical Lab Tech
US Army, Sergeant
1991–2018

Alexander Kresse

Security: Officer
US Army, E4 Specialist
2016–2020

Bart Kuhns

Anesthesia: CRNA
US Marine Corps, Sergeant
1987–1991

Tony Labuary

Nursing Administration:
Patient Care Coordinator
US Navy, E5/HM2
1994–2002

Justin McCarthy

Bothwell Orthopedics and Sports
Medicine: Medical Assistant
USAF, Staff Sergeant
Active Duty

Brandon Mucke

Security: Officer
US Marine Corps, E5 Sergeant
Intel Analyst
2014–2023

Todd Nappe

Human Resources: Coordinator
USAF, Master Sergeant
1984–2010

Dr. Daron Olmsted

Emergency Department: Physician
USAF, Major
1996–2010

Bill Parris

Bothwell Orthopedics and Sports
Medicine: LPN
US Army, Staff Sergeant
1981–1995

Aaron Pate

Bothwell Neurology: LPN
USAF, Senior Airman
2002–2008

Stephen Ready

Medical/Surgical Unit,
2 Southwest: RN
USAF, Sargent
1967–1971

**Glenda Rice**

Quality Management:
Community Health Worker
US Navy: Petty Officer 2nd Class
1989–1996

Herbert Robertson

Bothwell Pain Clinic:
Medical Assistant
US Navy: E5/HM2 Corpsman
2010–2020

Karli Shockley

Nuclear Medicine: Technologist
US Army, Specialist
2014–2018

Mike Shipp

Emergency Department:
Physician's Assistant
USAF, Colonel
1982–2021

Karli Shockley

Nuclear Medicine: Technologist
US Army, Specialist
2014–2018

Randy Smith

Facilities: Project Manager
USAF, Sergeant
1979–1983

Michael Van Deusen

Security: K9 Officer
USAF, E7 Master Sergeant
2000–2020

Employee of the Month

October

Rita Foster, LPN at Bothwell Urology Services is our October Employee of the Month for helping to run the Urology clinic efficiently and with ease. Foster was nominated by Dena Jenkins, Family Nurse Practitioner.

"Recently my nurse, Rita, was out on leave and it was during this time when I recognized just how much she does for the physicians and me," Jenkins said. "She does prior authorizations for medications, reviews all patient test results, rooms the patients, assists with procedures, completes nursing procedures and so much more. Rita works well with her coworkers and the patients appreciate her."

Congratulations, Rita!



Employee of the Month
Electronic Nomination Form
LIVE NOW!

Scan the QR Code or
Find the Link on the IntraWeb



Healing Hero Award

Amy Pangburn, RN, Critical Care Unit, earned the August Healing Hero Award for entering the most care plans and being responsible for three charts passing simply because she completed all the required information at admission. She received a certificate and a \$20 Amazon gift card.



You Knocked Our Socks Off

CEO Lori Wightman caught up with **Savanna Bouldin**, RN, Women's Health and Newborn Care, to present her Socks award. Savanna was part of the Team Bragging Video planning team that included Vlad Surguy and Brittani Geml and was unable to attend the group presentation in September. Congrats, Savanna!



Shout Outs



Brianna Murray, LPN, Clinic Operations director, and **Saudi Robbins**, RN, Women's Health and Newborn Care charge nurse, recently graduated from the Missouri Hospital Association (MHA) Leadership Series. The eight-month program reinforced the importance of leadership within health care. Jon Doolittle, MHA president and CEO, describes leadership as "simply taking care of the people who take care of people."

From left, Daphney Partridge, MHA, Education vice president; Bri Murray; Jon Doolittle, MHA president and CEO; Saudi Robbins; and Alex Shikles, MHA Education director

Congratulations, Bri and Saudi, on completing this intensive program and continuing to be leaders in your roles and serving Bothwell.



"At its core, leadership is about supporting our teams, empowering and inspiring individuals, and finding new ways to make an impact because the journey is ongoing. I choose to continue to challenge myself, stay true to my values and lead with courageous authenticity and a servant's heart, while never forgetting why I started."

— Bri Murray



"Completing the Missouri Hospital Association's Leadership Series was an eye-opening experience and I was able to bring something back to share with my unit from every session. Leadership is not about the title, it is about influencing others, creating change and recognizing the impact you have on others."

— Saudi Robbins

Shout Outs

The Pettis County Real Estate Company has committed to recognizing an Inspiring Sedalia Community Member every Friday in 2024 on its Facebook page. **Kiwi Popyk-Wyatt**, licensed clinical social worker, was honored in October for her dedication to the community and compassionate approach to her work. The post also noted her recognition of the importance of support during difficult times, bringing comfort and stability to so many in our community.

Congratulations, Kiwi, on this recognition. We are proud of you!

[READ MORE ►](#)



Each year, there are recognition days, weeks or months that are created to bring awareness to medical professionals. Take some time in November to thank the people in these departments for the important work they do.

- Nov. 1-7** National Medical-Surgical Nurse Week
- Nov. 3-9** National Radiologic Technologist Week
- Nov. 6-10** National Medical Staff Services Awareness Week
- Nov. 10-16** National Nurse Practitioner Week
- Nov. 10-16** National Perioperative Nurse Week

The 2024 Sterile Processing State of the Industry Report is out! [Download the Report](#)

A screenshot of a Pure Processing website. The main image shows a group of healthcare workers in green scrubs and hairnets, smiling and posing for a photo. The photo is labeled 'BOTHWELL REGIONAL HEALTH CENTER Sedalia, MO'. The background of the website features a map of the United States with location pins and the text 'SOARING TO NEW HEIGHTS' and 'SPD 2024 STERILE PROCESSING WEEK'. There is a 'pure processing' logo in the bottom left and a 'Have a question? A team member will be happy to help!' chat bubble in the bottom right.

BOTHWELL REGIONAL HEALTH CENTER
Sedalia, MO

SOARING TO NEW HEIGHTS
SPD 2024 STERILE PROCESSING WEEK

pure processing

Have a question? A team member will be happy to help!

Sterile Processing Week- 2024 SPD Pins & Photo Contest

Just like the planes that soar across the sky, sterile processing lifts healthcare to

Submit your department's photos to be featured on the map & enter for a chance to win a ticket to HSPA 2025!

Bothwell's Sterile Processing team celebrated Sterile Processing week in online style. Their team photo was reposted by Pure Processing, a nationally-recognized sterile processing organization.

Bothwell in the Community

Pettis County Pride Picnic



Team members from Bothwell hosted a table at the Pettis County Pride Picnic on Oct. 7. Pictured from left, Marvin Smoot, Clinic Operations vice president; Kyle Hull, Radiology technician; and Kirsten Finnell, Admitting patient access specialist. Not pictured, Ray Ross, RN, Bothwell Family Health care coordinator, and Ashley Jones, Walk In Winchester clinic receptionist.

Chaplaincy in a Hospital



Pastor Rob Ayers spoke at Sedalia Rotary Club on Oct. 7 on the importance of a chaplaincy in a health center.

Stop the Bleed Presentation



Chief Nursing Officer Michele Laas presented a Stop the Bleed class to members of the International Airstream Rally on Oct. 9 on the Missouri State Fairgrounds. Over 30 people learned the steps to take in the case of a traumatic event where bleeding happens.



Bothwell in the Community

Emergency Department Simulation Lab



Through a partnership with the University of Missouri School of Medicine and its mobile simulation lab, Dr. Jared Ross, ED physician; Mike Shipp, ED director; and Jackson Rodgers, PA, taught chest tube insertions, difficult airways and trauma assessments to about 15 physicians and nurse practitioners on Oct. 9. Three CAPS associates also participated in the class.

Sedalia Area Chamber of Commerce Breakfast



Bothwell was the host of the chamber's October breakfast and Dr. Eduard Rasputkov was our speaker talking about his background, education and OMT practice.

PERSONNEL NEWS

Look here for updates on new hires, promotions, retirements, achievements, birthdays and other staff-related news. Our organization is a busy and vibrant place to work. Personnel news helps keep everyone informed about our greatest asset ... our people.



New Physicians and Advanced Practice Providers

Kayla Mather, NP

Bothwell Cole Camp Clinic

Education:

MS – Family Nurse Practitioner,

University of Central Missouri

BS – Nursing, Brigham Young University,

Rexburg, Idaho

About: Kayla and her husband of seven years enjoy spending time with one another and their families, camping, watching movies, attending local events and visiting antique malls. Kayla spends her free time reading, watercolor painting, serving in her church and crafting.

Fun Fact: Kayla is originally from the small town of Lima, Montana, though her husband is from Sedalia.



Jackson Rodgers, PA

Emergency Department

Education:

Fellowship – Emergency Medicine APC, TeamHealth

MS – Physician Assistant Studies, Southern Illinois University School of Medicine

BS – Health Sciences, University of Missouri

About: Jackson is passionate about emergency medicine and embraces the responsibility of high-level patient care. He and his wife, Karlee, were both born and raised in Missouri and came to Sedalia in search of a small-town, rural community. They enjoy cooking (and eating) good food, hosting game nights and any and all outdoor sports.

Fun Fact: Jackson has a healthy obsession with specialty coffees and loves to train in Brazilian Jiu Jitsu.



EMPLOYEE PERK!

The T-Mobile logo, featuring the word "T-Mobile" in white text on a magenta rectangular background.

The T-Mobile Employee Discount Program is up and running. To learn more about personal discounts available to Bothwell employees, promotional discounts, offering and incentives on equipment, please contact the T-Mobile Work Perks team at 855.570.9947 or visit t-mobile.com/perks.

Mention you are a Bothwell Regional Health Center employee to receive this offer.



New Physicians and Advanced Practice Providers

La'Chelle Moore, DNP

Hospitalist Program

Education:

DNP – Maryville University

MS – Nursing, Maryville University

BS – Nursing, University of Central Missouri

About: La'Chelle was an ICU nurse, charge nurse and ICU educator for eight years prior to becoming an ACNP. She graduated this year with her doctorate and has been a nurse practitioner for five years. She has a boyfriend and three bonus children ages 15, 13 and 10, as well as a loyal guard dog, Kilo, who is 13 years old. In her free time, La'Chelle enjoys camping, float trips, reading and traveling.

Fun Fact: La'Chelle does not hold an FNP degree, but instead an Adult-Gerontology Acute Care Nurse Practitioner certification (ACNPC-AG) and a doctorate geared toward adults and geriatrics. She chose this degree route because her passion is critical care and her home is the ICU.



Patricia Cox, MD

Hospitalist Program



EMPLOYEE REFERRAL PROGRAM

This is your opportunity to earn rewards while sharing the Bothwell love with friends and family!

- All employees can take part in this program with the exception of the Senior Leadership Team and HR personnel.
- Department/Clinic Directors are eligible if you refer someone to a position outside of your own department(s).
- Referring employees must be free of corrective action and have been employed by Bothwell for a minimum of six months.
- Referred candidates must be new to Bothwell and have not previously worked here within the past 36 months, not currently involved in any active recruitment processes and applying for a benefit-eligible position.

**Three payouts of \$250 each will be made to the referrer at the employee's 30-, 90- and 180-day milestones.*

This program was developed by the Referral and Onboarding OASIS team.



Welcome to these new team members!

Eddie Emery

Security

Zya Powell

*Women's Health and
Newborn Care*

Savannah Reed

Surgery

Michael Jones

Lab

Charlotte Lloyd

Clinic Billing

Ashley Van Deusen

Administration

Steven Starke

Environmental Services

Pattie Snapp

Housekeeping

Jessica Brown

Bothwell Pain Clinic

Nicole Gillespie

Admitting

Tommy Wallace

Linen

Abbie Foffel

Walk In Clinic

Mandy Simpson

Social Services

Orion Gay

Linen

Jennifer Walker

Population Health

Shandell Dailing

Radiology

Austin Perez

Dietary

Alaina Sermon

Bothwell Family Health

Julie Brunkhorst

Case Management

Ashley Fisher

Endoscopy

Remington Verts

*Bothwell Susan O'Brien
Fischer Cancer Center*

Oma Brooks

Critical Care Unit

Joshua Savage

Security

Katherine Diaz Salmeron

Radiology

Melissa Lemler

Emergency Department

Taryn Jensen

2 Southwest



Retirement

Karen Duensing, Health Information Management record tech, retired this month after 48 years of service. Cheers to a well-deserved retirement.



REASONS TO USE YOUR **BOTHWELL** EMPLOYEE PHARMACY!

- 1 SAVE MONEY
- 2 SCRIPT TRANSFER IS EASY
- 3 CONVENIENCE
- 4 IT'S FOR ALL EMPLOYEES
- 5 MORE THAN SCRIPTS

Want to learn more?

Call Pharmacist Jessica Moon at 660.827.9495 or stop by the pharmacy on the hospital's ground floor.

Hours are 7:30 am–4 pm Monday–Friday;
closed for lunch 11–11:30 am

HAPPY BIRTHDAY

November

Michelle Ekstrom	1	Mark Mahalovich	8	
Maria Hernandez	1	Steven Hughes.....	8	
Chasatee Keeran.....	2	Kirstin Stone	9	
Natalie Sims.....	2	Michael Marquez	9	
Dr. David Roehrs	2	Lauren Harris	9	
Skylar Haase	2	Emily Beltran	9	
Jamie Benton	3	Tammy Horn	10	
William Pratt	3	Erick De Guzman	10	Sherri Hopkins.....
Olga Kharabora.....	4	Kristy Kestner	10	Dr. Terry Robertson
Brittnie Bernhardt	4	Hailey Colvin.....	10	Dr. Evan Stout
Katie Touchstone.....	4	Amy Nichols.....	11	Desiree Denton
Kirby Cave	4	Dr. Meredith Norfleet.....	12	Vicki Monath
Dr. Eduard Rasputkov.....	4	Sienna Blaisdell.....	12	Dr. Steve Foster.....
Reni Dietrick	5	Dylan Young.....	13	Bill Parris.....
Annette Bauer	6	Christopher Moon.....	13	Jamie Barklage.....
Kimberly Oesterle.....	6	Pamela Eckhoff.....	14	Wayne Smither
Angela Leiter	7	Peggy Van Dyke	14	Kory Kephart
Laura Granados	7	Alena Talavera	14	Alaina Sermon
Steven Borum	7	CJ Palmer.....	15	Lisa Theisen
Danielle Howser	8	Joy Knox	17	Marilyn Seymore.....
Steve Hickman.....	8	Nicole Townsend	17	Nathaly Fuentes Garcia
Priscilla Tatman.....	8	Gabrielle Esser	17	Dr. Lisa Wadowski.....
		Liz Hackett	18	Melissa Smidt
		Margaret Benson	18	Teresa Frazier.....
		Margaret Bartley.....	19	Leah Mahin
		Josh Savage.....	19	Mattie Mergen.....
		Rebecca Starkey	20	Keisha Shaw
		Stephanie Koch	20	Bri Cherry.....
		Terri McCarthy	21	Ashley Van Deusen



COMMITTEE UPDATES

Meetings ... meetings ... meetings. There are currently over 50 standing committees working on a variety of topics and issues that keep Bothwell moving forward. From the Board of Trustees to the Patient Family Council, important work happens in committees every day.



Safety on the Job

Patient Safe Handling Committee

Proper body mechanics are essential to maintaining the health and wellness of both the patient and caregiver during transfers. When performing any task that involves physical effort, take a moment to think about these helpful considerations, in order to make the tasks as easy as possible.

General Considerations:

- Ensure you have all necessary equipment in the room prior to transfer. This includes the gait belt, non-skid socks and proper lift equipment. These should be applied prior to starting the transfer.
- Ensure the environment is clear of obstacles prior to initiating the lift. Make sure the floor is free of any obstacles or liquids.
- Allow the patient to help as much as possible.
- Estimate the patient's weight and mentally practice.
- Keep your feet shoulder width apart to give yourself a stable base to work with.
- Keep the person as close to your body as possible while still allowing the patient to lean forward as needed to assist with transfer.
- Tighten your stomach muscles.
- Bend knees and hips, and keep your back straight throughout the movement.
- Lift with your legs, NOT your back.
- Do not twist or rotate your back as you lift. To turn when lifting, pivot your feet.

If you have doubts, ask for help! If more than two people are needed, opt for a lift instead. Your back will appreciate it.



FOOTBALL FRIDAYS

On Fridays, we dress down for football!

For a \$1 donation to the Bothwell Foundation each week, wear your favorite team's logo wear to celebrate the football season!



Q4 Wellness Challenge

Bothwell{ness} Committee

October through December Challenge: ANNUAL WELLNESS VISITS

Getting your annual wellness check is crucial for maintaining optimal health and well-being. These check-ups allow for early detection of potential health issue before they become serious problems. Many conditions, such as high blood pressure or diabetes, can be asymptomatic in their early stages but are manageable if caught early. They also provide an opportunity for personalized health advice and preventative measures tailored to your specific needs, which can help you make informed decisions about your lifestyle and treatment options. Let us help you stay proactive about your health today by scheduling your annual visit!

Want to participate in this challenge? It's super easy!

1. Send us an email to let us know when you have completed your annual wellness visit to bothwellness@brhc.org by Dec. 31.
2. Receive a BONUS entry if you establish primary care with a Bothwell provider, please indicate if that is the case.
3. You'll be automatically entered in a prize drawing!

Participants will be entered into a drawing for prizes at the end of each quarter.

Call Centralized Scheduling at 660.829.8888 to establish care with one of our new practitioners and/or to set your appointment today.



STACEY DOBBS, FNP-BC



SAMANTHA KELLY, FNP



DALTON LOHSANDT, MD



EDUARD RASPUTKOV, DO



**BOTHWELL
HOSPITAL
EMPLOYEES
CREDIT UNION**

BECOME A MEMBER/OWNER TODAY!

What's Offered?

BHECU offers multiple account options to fit your needs AND low interest rates!

- Christmas Club
- Education
- Vacation
- Emergency
- Kids Accounts
- Certificate of Deposit (CD)



bhecu@iland.net



(660) 827-9518



600 E. 13th St.
Sedalia, MO 65301

Employee Engagement Committee

Trick or Treat Parade & Pumpkin Carving Contest

We had 7 entries for the pumpkin carving contest. Below are the top 3 Peoples Choice winners.

We had over 130 kids come through our first ever Halloween Parade. I'd like to thank our Halloween subcommittee members for all their hard work & dedication to pulling off a successful event. Jami Sleeper, Julie May, Jenny Force & Cindy McKeon.



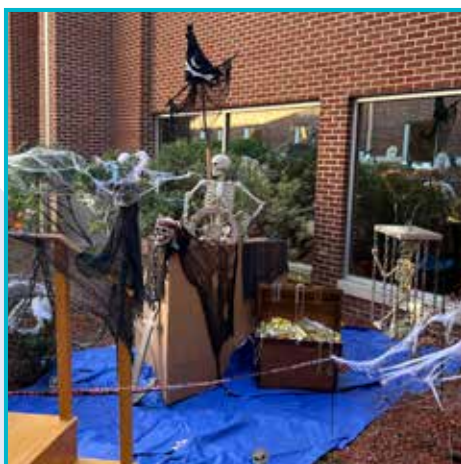
1ST PLACE: RT DEPARTMENT



2ND PLACE: SANDY STEPHENS (HR)



3RD PLACE: EMERGENCY DEPARTMENT



Don't Stop Be-Leafing Coloring Activity

Friendly reminder to participate in the kids coloring activity!



2024 Winter Coat Drive

Now collecting new & gently used coats in the HR office for this winter season. Please drop your donations off in the month of November so that those that are in need are able to utilize them as the season turns colder.

Contact Melissa Guffin at Ext. 9406 or mguffin@brhc.org for more information!

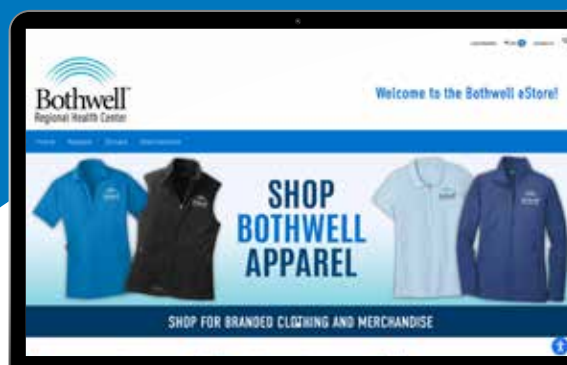
Christmas Parade Committee and Volunteers

Planning for the Christmas Parade is nearing and we need your help! To play a part in organizing the Christmas Parade and volunteering on the committee, contact Employee Engagement Coordinator Melissa Guffin at mguffin@brhc.org. Sedalia Christmas Parade will be held on December 7th at 6 pm.

Cookies and Cocoa with Santa

Join us **Saturday, Dec. 14** in the Bothwell Café for cookies and hot cocoa with Santa Claus. More information to come!

Logo Wear Website



Shop the Bothwell eStore for branded apparel and merch!

Shop for clothing, scrubs and hats at brhc.org/estore. The eStore link can also be found on the intraweb.

Site may not open in Internet Explorer; use Chrome or Firefox instead.

VISIT SITE ►

DEPARTMENT AND CLINIC NEWS



Find updates specific to particular departments including announcements on projects, achievements, changes and upcoming events. Communication between departments and to everyone in the organization is key to a well-oiled machine.

Situational Awareness – Important Skill to Stay Safe

Human Resources

Situational awareness is an on-the-job safety skill critical for hazard identification, effective decision making and accident prevention. It means paying attention and being aware of what is around you.

When you practice situational awareness at work, you remain alert and aware of such things as:

- What are potential hazards nearby?
- What are the safe procedures for the tasks you are completing?
- What changes are happening that might affect your actions?
- What is going on around you?

Situational awareness involves observation, comprehension and anticipation.

- You **observe** your environment.
- You **comprehend** the situation.
- You **anticipate** what could happen next based on what you understand to be occurring.

There are many factors that can reduce situational awareness, including:

- Rushing through a task
- Mental or physical fatigue
- Complacency
- Poor communication
- Distractions
- Daydreaming, loss of focus
- Stress

Use the SLAM method to increase situational awareness:

- **Stop** – Think before you act. Consider the task and ensure you understand what needs to be done.
- **Look** – Carefully observe the work area to find potential hazards.
- **Assess** – Evaluate the hazards and ensure you have the proper tools, training and PPE.
- **Manage** – Make changes, ask questions and take the actions needed to maintain safety.

EMPLOYEE PHARMACY

Open Monday – Friday

7:30 – 11 am and

11:30 am – 4 pm

Hospital Ground Floor

660.827.9495

CLINIC MEDICATION DELIVERIES

HELP US HELP YOU!

Please remember Terrance, our top-notch delivery driver (and others who fill in for him), has a schedule to follow to ensure time-sensitive materials are returned to the hospital on time.

1. If you receive a text message that your medication is ready, call ext. 9495 to tell us if you are working or not working that day.
2. If you are expecting medication and have not received a text message, call us.
3. If you have a new medication and want to start it the same day, call us. Morning deliveries go out by 8:30 am and afternoon deliveries go out by 12:30 pm. By notifying us, we can watch and get it processed ASAP. If not, we might miss seeing it sneak in.
4. If a new prescription is not received in time for same-day delivery, call us. We can put it on the inpatient pharmacy side for evening pickup. Inpatient pharmacy hours are 6:30 am – 10 pm Monday – Friday and 8 am – 4:30 pm on weekends.

SERVICE EXCELLENCE INITIATIVE



The SEI is our three-year journey to enhance patient satisfaction and boost employee morale by providing a 5-star hospital and clinic experience to our patients and a relationship-based, kindness-driven culture. This space will be used to share news, activities and progress toward our goals.

Our Goal

Be the best choice to work, to practice, to receive care.

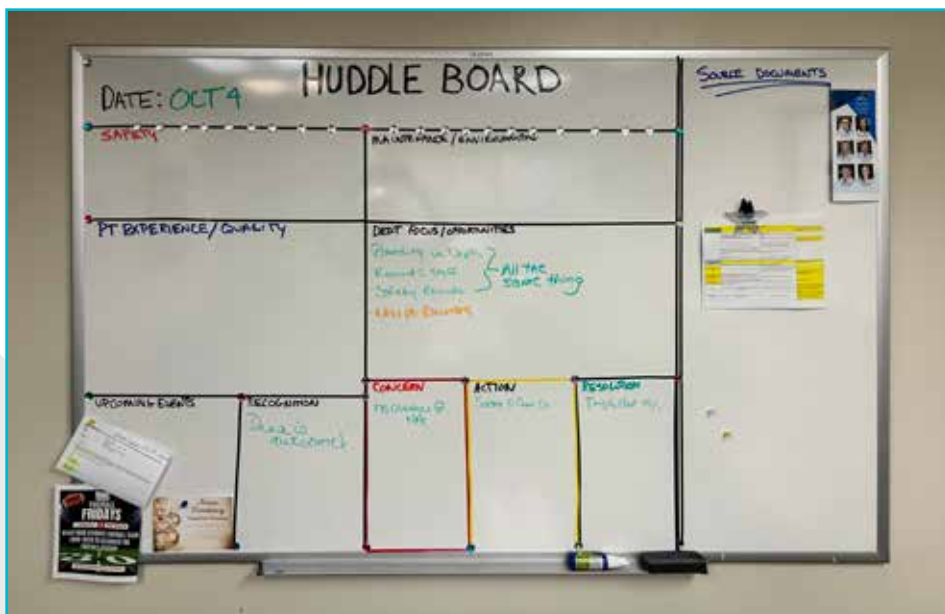


SERVICE EXCELLENCE INITIATIVE

PROVIDING A 5-STAR EXPERIENCE FOR ALL

Huddle Boards

Each department should have ordered and/or received their Huddle Board for their department. If you have not, please contact Rick Langdon to order those. We recommend you order a size convenient for the space available within your department. Rob Wideman and Marvin Smoot will bring the mock Huddle Board to department huddles.



SERVICE EXCELLENCE COUNCIL

Michele Laas, Chair

Brad Nicholson, Vice Chair

Amber Allain,
Oasis Super Coach

Heather Sadler,
SEA Super Coach

Marvin Smoot,
Provider Super Coach

Dianne Williams,
Survey Super Coach

Mike Shipp,
CLS Education Coordinator

Kiwi Popyk,
Service Recovery Champion

Wendy Fairfax, *Scribe*

Rob Wideman,
DO IT/Service Huddle Champion

Shania Underwood,
Implementation Coordinator

Lori Wightman, *CEO*

OASIS TEAMS

Referral and Onboarding

Retention

Keywords

**Service Standards/
Internal Support**

Awards and Recognition

**SERVICE EXCELLENCE
INITIATIVE ▶**

Caregiver Survey with CareSay

The Employee Engagement and Satisfaction (Caregiver) survey was published Oct. 10 and will close at the end of the day **Oct. 31**. The survey will establish baseline results for future improvements to the level of satisfaction and engagement of our employees within our organization.

Leadership Empowerment Survey

As part of the Service Excellence Initiative, the second Leadership Empowerment survey will be released Dec. 2 and will close at the end of the day **Dec. 20**. The survey will provide a confidential, real-time blueprint of opportunities for refinement and inspiration for our leaders. If you report to multiple managers, please expect to receive one survey for each of your direct managers—up to two surveys in total.

Accelerated Staffing Fix

The Accelerated Staffing Fix is a 16-week team-based process focused on staffing issues and turnover reduction. Project goals are focused on measurable improvement in recruitment, selection and retention. The team has decided on a name for the group – “Shift Happens,” and a dedicated board has been set up outside the mailroom to showcase the 30-60-90 day onboarding process for new RN employees on 2SW, CCU, PCU, OB/LD and ED.

The team is chaired by Chief Nursing Officer **Michele Laas** and members include:

- **Lisa Irwin**, Vice President Human Resources and Support Services
- **Ashley O’Bannon**, LPN, Health Care Informatics Manager
- **Michele Potts**, OB Technician, Women’s Health and Newborn Care
- **Margaret Benson**, RN, Medical/Surgical Unit/2SW
- **Saudi Robbins**, Charge RN, Women’s Health and Newborn Care
- **Katie Touchstone**, Charge RN, CCU
- **Heather Kaneko**, Charge RN, PCU
- **Leslie Jackson**, Nurse Recruiter, Nursing Education

HealthCare Service Excellence Conference

Members of the Service Excellence Initiative team are headed to Orlando, Florida, in November for the HealthCare Service Excellence Conference.

Bothwell Regional Health Center is a Summit Pinnacle Achiever and finalist to receive a Summit Award for “Outstanding First-Year Service Excellence Initiative” and **Liz Hackett**, RN, Same Day Surgery/PACU charge nurse, is a Summit Pinnacle Achiever and finalist to receive a Summit Award for “Exceptional Nurse.” The Summit Award recognizes outstanding achievements in customer service within health care. The Summit Awards will be presented on Nov. 6 during the HealthCare Service Excellence Conference.

What is Coming Up?

Nov. 4–6, 2024

Nov. 11, 2024

Dec. 16, 2024

Jan. 29–30, 2025

HealthCare Service Excellence Conference

Year 1 Accountability Audit

Transition Support Calls and Service Excellence
Ambassador Overview

Service Summit and Year 2 Program Start

Patient Kudos and Compliments

Positive reviews, comments and messages create powerful pictures of the Bothwell experience. The following feedback was recently received either as a Google or Facebook review, Facebook public comment or direct message, or from a patient satisfaction survey. Messages have been lightly edited for spelling and grammar.

OB/GYN Associates – *“As a new patient of Brittany Freeman, I found her to be exceptionally amiable and attentive. She took the time to address any and all of my concerns and made my husband and I feel more informed about the rest of my pregnancy.”*

Family Medicine Associates – *“Dr. Emery is the best physician out there. She is so kind, patient, compassionate, and always listens to what I have to say about my health. I would and have already recommended her to many friends and family members.”*

Family Health – *“Sherry is a very good provider and goes the extra distance to find the problem.”*

Lab – *“Michelle Riley is kind, professional and always gets my blood with one needle stick. The ladies at the registration desk are courteous, quick and helpful.”*

Same Day Surgery – *“Someone from Bothwell called me three days after my surgery to check on me and ensure I didn’t have any symptoms of infection. This was awesome!! It made me feel like they really cared. It isn’t the hospital itself that makes it great ... it’s the amazing people who work there!”*

Bothwell Sleep Center – *“They all work together as a team to always meet my health care needs. I’m always greeted with a smile and kindness when I come in. I appreciate each of them.”*

Susan O’Brien Fischer Cancer Center – *“Cancer Center nursing staff is fantastic. They are cheerful, helpful and want to make you comfortable. I had a CT and MRI and saw Dr. Kenney. She is fantastic.”*

Thank you for all you do to serve our patients and community each and every day. Each smile, touch, conversation and moment puts our patients at ease.

Online reviews help others feel good about choosing Bothwell. Every positive interaction with a patient is an opportunity to invite them to share their experience with others.



How to write a positive review on Google

The hospital and all the clinics each have Google Business Profile page. Search Bothwell Regional Health Center or the clinic name and when the page comes up on the right, scroll down and select “write a review.”



How to write a positive review on Facebook

Go to the Bothwell Regional Health Center page at facebook.com/bothwellregional, select “Reviews” in the menu bar and answer yes to the question, “Do you recommend Bothwell Regional Health Center?” and then write your review.

FROM THE FOUNDATION

Bothwell Regional Health Center has been at the center of healing for Pettis and Benton counties for generations. The Bothwell Foundation was formed in 2005 to assist the health center and provide resources to keep health care local, state-of-the-art and close to home.



Unveiling EPIC Club's Multi-Year Courtyard Remodel Project

This year, all funds raised through the EPIC Club, the employee giving arm of the Bothwell Foundation, will be allocated toward remodeling the courtyard space located on the ground floor of the hospital. The club hopes to transform the courtyard area into a relaxing place for employees, patients and visitors to enjoy. The multi-year project will cost around \$100,000 with an estimated completion date of spring 2026. Below is the rendering and plans for the courtyard remodel.

In addition to the remodeled courtyard, the EPIC Club hopes to raise additional funds to create serene, outdoor spaces at each of the clinics with comfortable furniture for employees to enjoy.

Not an EPIC Club member? Join by completing an EPIC pledge card found in the Bothwell Foundation office on the hospital's second floor or get one from any EPIC Club member. Questions? Contact the Bothwell Foundation at ext. 7786.



BOTHWELL FOUNDATION BOARD OF DIRECTORS

James Mahlon White, President

Cliff Callis, Vice President

James P. Buckley

Heather Cantrell

Jackie Butler, Auxiliary President

Lori Wightman, Bothwell CEO

Gregory Doak, MD,

Board of Trustees Liaison

Sarah Anderson

Lindsey Benbrook

Cara Canon

Dr. William Decker

Erica Eisenmenger

Katelin Hladik

Shelly Kempton

Stafford Swearingen

Laura Weisenburger

Becky Williams

MEMORIALS AND DONATIONS

In Memory of

Mr. and Mrs. William A. Schien

David and Libby Callis

Melissa and Michael Barkyoub

In Memory of Eleanor Elliott

Bothwell Auxiliary

Bomgaars Ladies Night Out

Stop by Bomgaars at 2424 S. Limit in Sedalia for a ladies night out from **5–8 pm on Nov. 3** to enjoy discounts and giveaways, and visit the Bothwell Foundation booth to enter your name in a drawing for a \$50 Bomgaars gift card. Five percent of all proceeds from the evening will be donated to the foundation. Thanks for your support!



Making New Friends: Airstream Rally Donation

The 2024 Airstream Club International Rally was hosted at the Missouri State Fairgrounds from Oct. 5–10. The rally brought in over 1,300 Airstream campers and 2,600 rallygoers who selected the Bothwell Foundation as one of their community service projects. Between Pinktober shirt sales, collecting donations and selling quilt raffle tickets, over \$21,000 was raised for the Bothwell Foundation. In addition, the Wally Byam Caravan Club International, a nonprofit organization that promotes adventure, fellowship and fun for people who enjoy traveling in an Airstream, awarded the foundation \$8,000.

The group is leaving its mark on our community by sponsoring an entire room remodel with the raised funds. We are grateful for the opportunity to have played a role in this year's rally.



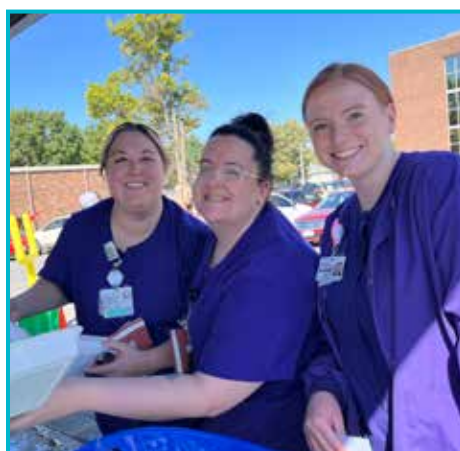
November Sunshine Award

Carol Perkins

Carol Perkins is the November Sunshine Award recipient and was nominated by Bothwell CEO Lori Wightman for making a point to stop by her office to say “hello.” Wightman said Carol went out of her way to greet her, when most people typically run past her door. This is a prime example of being ‘caught in the act’ and shows how the Service Excellence Initiative training is making a difference in staff and volunteers. Thank you, Carol, for your warm smile and providing a little bit of “sunshine” at Bothwell Regional Health Center!



EPIC Tailgate Party



EPIC Tailgate Party



What Your Mama Never Told You

- **Dee Dee Gilmore**, FNP, Bothwell Susan O'Brien Fischer Cancer Center
- **Brittany Freeman**, CNM, Bothwell OB/GYN Associates
- **Megan Ray**, WHNP, Bothwell OB/GYN Associates
- **Dr. Julie Cahill**, Bothwell Family Medicine Associates
- **Jen Dickinson**, PT, DPT, Mid-Missouri Pelvic Health

The Bothwell Foundation Community Relations Committee hosted its second "What Your Mama Never Told You" seminar on Oct. 17 at The Venue in Downtown Sedalia. There were over 40 women in attendance where guests were able to ask questions and learn more about a wide range of different women's health topics.



Ice Cream Social

Thanks to the support of our community and hospital employees, we raised \$10,000 at the Bothwell Auxiliary Ice Cream Social, which had over 522 participants. Funds raised will go directly toward helping provide scholarships and purchase essential medical equipment for Bothwell Regional Health Center.

A big thank you to our sponsors, event volunteers and everyone who generously donated baked goods—your contributions were key to the event's success. We appreciate your support and are looking forward to next year!



Blue Jeans for Bothwell



AUXILIARY NEWS

Our volunteers are a vital part of the services we provide to our patients and their families. Through their supportive and significant contributions, they add a personal touch to the hospital, making it a warm and friendly place.



November's Amazing Volunteer

Dianne Pilant

Auxiliary member Dianne Pilant is our November Amazing Volunteer for her commitment to health care throughout her entire adult life. Dianne has served over 800 hours in the Bothwell gift shop over the course of a couple years.

Dianne is a retired nurse and worked as the Pettis County Health Nurse and an administrator of a home health agency prior to becoming a nurse at Bothwell in the Stress Unit for 17 years. After the Stress Unit closed, she was a nurse on 2SW until she retired.

In her free time, she loves to read and listen to good country music. If she's traveling, it's likely to her hometown of Sioux City, Iowa to visit her family. Dianne is a committed Auxiliary member and you can find her working in the Gift Shop two days a week.

Congratulations, Dianne! The Bothwell Auxiliary is privileged to have you serving our patients and staff.



NEW Scholarship Announcement



As a result of the successful Auxiliary Ice Cream Social this year, the Auxiliary Board has approved scholarships for all Bothwell employees, excluding nursing.

One or more **\$2,000 scholarships** will be awarded to qualified applicants who are currently or beginning January 2025, accepted and enrolled in a program at an accredited college that will enhance their education in their field of employment or qualify them for a promotion.

Application forms are available in the Gift Shop. Applications must be completed and returned to the Gift Shop by **Nov. 30, 2024**. Any employee who is interested can apply now.

The Auxiliary has awarded nursing scholarships since 2003, and in August 2024 three nursing scholarships were awarded. The Auxiliary nursing scholarship program will continue in 2025.

CALENDAR OF EVENTS

Designed to be an at-a-glance view of our upcoming events, activities or classes, check out what's on the Bothwell calendar in the next few months.



NOVEMBER

Sports Injury Clinics

Nov. 2, 9–10 am

Bothwell PEAK Sport and Spine
3222 W. 16th St., Sedalia

The Nutman Co. Sale

Nov. 6, 8 am–4 pm

Nov. 7, 8 am–2 pm

Bothwell Café

Proceeds benefit United Way of Pettis County

Blood Drive

Nov. 8, 10:30 am–3 pm

Education Center
600 E. 14th St.

To make an appointment, visit https://donate.savealifenow.org/donor/schedules/sponsor_code and enter Group Code: **CP**

Game Changer

On Demand Nov. 11–15, 8–4 pm

Education Auditorium
More details on next page

Stop the Bleed Training Class

Nov. 22, 8 am - Noon

Education Center
600 E. 14th St.

FREE

Register at classes@brhc.org or call 660.827.9516.

Luxury Linen Sale

Nov. 19, 7:30 am–4 pm

Bothwell Café

Hosted by the Bothwell Auxiliary

DECEMBER

Sunrise Sale

Dec. 4, 6–9 am

Bothwell Café
Hosted by the Bothwell Auxiliary

Non-Clinical Heartsaver Adult AED Class

For employees

Dec. 6

Register in Healthstream

Book Fair Mike

Dec. 10, 9 am–5 pm

Bothwell Café
Hosted by the Bothwell Auxiliary

CPR/AED and First Aid Classes

For community members

**Dec. 14, 8 am–12:30 pm (CPR/AED)
12:30–3:30 (First Aid)**

Education Center
\$45 each or \$60 for both
Register at classes@brhc.org or call 660.827.9516.

Submit events by the 15th of each month to dkelchner@brhc.org.



ON DEMAND

AVAILABLE NOVEMBER 11-15, 2024

OUR WATCH PARTY DETAILS:

Education Auditorium 8 a.m. - 4 p.m.

Watch 2 Keynote Speakers and get a

chance to WIN FREE MOVIE TICKETS!

**NOV.
11-15**

MEET OUR LEGENDARY HEROES

All mainstage sessions from the 24th Annual HealthCare Service Excellence Conference will be available for Watch Party viewing beginning Monday, November 11 in the Education Auditorium



8-9 a.m.

Game Changer

Brian Lee CSP, HoF

Drive your own 5 Star improvements to the patient experience, employee engagement, and workforce recruitment and retention by mastering the three attributes of unlimited possibilities: Rejuvenate, Reenergize, Reengage.



12-1 p.m.

Livin' Life Large

Tyler Hayden CSP

Get ready for game-changing solutions designed to create long-term work/life satisfaction by making the most of every moment. Learn how to support one another, set meaningful goals, build strong relationships, and seize opportunities.



9-10 a.m.

Rules for Amazement

Jon Petz CSP, CPAE

Unlock the secrets to creating extraordinary value in every interaction and leave with the essential Rules for Amazement to elevate engagement and retention to transform your professional and personal endeavors.



1-2 p.m.

Compassion Is Action

Marcus Engel MS, CPXP, CSP

In this heartwarming account, audiences will come away with a renewed sense of purpose, a keen understanding of compassion and empathy, and a reinvigorated desire to serve those at the bedside.



10-11 a.m.

Mobilizing a Team in the Staffing Game

Clint Maun CSP

Discover practical methods for achieving an accelerated staffing fix through team-based approaches. Gain insights from proven results that showcase how to enhance staffing success effectively.



2-3 p.m.

Compassionate Accountability

Nate Regier PhD

Join Nate to discover the possibilities when compassion and accountability come together through the three switches of The Compassion Mindset. Leave with more hope, energy, and practical tools you can implement immediately.



**11 a.m. -
12 p.m.**

Keeping Your Team in Tune

Patrick Henry CSP

Join Patrick for an entertaining and insightful presentation that combines music, humor, and practical strategies to enhance team dynamics, improve the workplace environment, and elevate the patient experience.



3-4 p.m.

Thriving and Not Just Surviving

Mira Rollins OTR

Dive into the 7 areas of wellness to identify areas most negatively impacted by professional schedules and roles. Identify strategies for burn out reduction and leave with a plan that can be immediately implemented.

Registration not required - A sign-in sheet will be available in Auditorium

For questions please contact Shania Underwood ext. 9515